

# Michael D Leveritt

## List of Publications by Year in descending order

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Version: 2024-02-01

100  
papers

3,912  
citations

126907

33  
h-index

138484

58  
g-index

103  
all docs

103  
docs citations

103  
times ranked

4511  
citing authors

#	ARTICLE	IF	CITATIONS
1	Physical activity, sedentary behavior and educational outcomes in university students: A systematic review. <i>Journal of American College Health</i> , 2022, 70, 2184-2209.	1.5	4
2	High intensity interval training does not result in short- or long-term dietary compensation in cardiac rehabilitation: Results from the FITR heart study. <i>Appetite</i> , 2021, 158, 105021.	3.7	8
3	Does the Time-of-Day of Exercise Influence the Total Volume of Exercise? A Cross-Sectional Analysis of Objectively Monitored Physical Activity Among Active Individuals. <i>Journal of Physical Activity and Health</i> , 2021, 18, 1029-1036.	2.0	4
4	Enhancing healthy eating patterns among Hong Kong young adults. <i>Health Promotion International</i> , 2020, 35, 386-396.	1.8	3
5	Short-term and Long-term Feasibility, Safety, and Efficacy of High-Intensity Interval Training in Cardiac Rehabilitation. <i>JAMA Cardiology</i> , 2020, 5, 1382.	6.1	55
6	Effect of High-Intensity Interval Training on Visceral and Liver Fat in Cardiac Rehabilitation: A Randomized Controlled Trial. <i>Obesity</i> , 2020, 28, 1245-1253.	3.0	12
7	Short- And Long-term Effects Of High Intensity Interval Training On Dietary Intake In Cardiac Rehabilitation. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 1079-1080.	0.4	0
8	The feasibility and acceptability of morning versus evening exercise for overweight and obese adults: A randomized controlled trial. <i>Contemporary Clinical Trials Communications</i> , 2019, 14, 100320.	1.1	17
9	Physical profiles of elite, sub-elite, regional and age-group netballers. <i>Journal of Sports Sciences</i> , 2019, 37, 1212-1219.	2.0	14
10	Women Experience the Same Ergogenic Response to Caffeine as Men. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 1195-1202.	0.4	46
11	Changing Diet and Physical Activity in Nurses: A Pilot Study and Process Evaluation Highlighting Challenges in Workplace Health Promotion. <i>Journal of Nutrition Education and Behavior</i> , 2018, 50, 1015-1025.	0.7	31
12	Combined Carbohydrate and Protein Ingestion During Australian Rules Football Matches and Training Sessions Does Not Reduce Fatigue or Accelerate Recovery Throughout a Weeklong Junior Tournament. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 344-355.	2.1	2
13	Tear osmolarity is sensitive to exercise-induced fluid loss but is not associated with common hydration measures in a field setting. <i>Journal of Sports Sciences</i> , 2018, 36, 1220-1227.	2.0	4
14	The Chronic Effect of Interval Training on Energy Intake: A Systematic Review and Meta-Analysis. <i>Journal of Obesity</i> , 2018, 2018, 1-13.	2.7	15
15	Promoting Diet and Physical Activity in Nurses. <i>American Journal of Health Promotion</i> , 2017, 31, 19-27.	1.7	40
16	Prevalence, knowledge and attitudes relating to $\beta$ -alanine use among professional footballers. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, 12-16.	1.3	17
17	Nutrition therapy with high intensity interval training to improve prostate cancer-related fatigue in men on androgen deprivation therapy: a study protocol. <i>BMC Cancer</i> , 2017, 17, 1.	2.6	229
18	Fluid, energy and nutrient recovery via ad libitum intake of different fluids and food. <i>Physiology and Behavior</i> , 2017, 171, 228-235.	2.1	14

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19	Using logic models to enhance the methodological quality of primary health-care interventions: guidance from an intervention to promote nutrition care by general practitioners and practice nurses. <i>Australian Journal of Primary Health</i> , 2017, 23, 53.	0.9	14
20	Seasonal Changes in Soccer Players' Body Composition and Dietary Intake Practices. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 3319-3326.	2.1	25
21	Development and pilot testing of a parent-reported health-related quality of life measure for children on the ketogenic diet: The <scp>KetoQoL</scp>. <i>Nutrition and Dietetics</i> , 2017, 74, 521-528.	1.8	8
22	The Influence of Drinking Fluid on Endurance Cycling Performance: A Meta-Analysis. <i>Sports Medicine</i> , 2017, 47, 2269-2284.	6.5	31
23	Developing research priorities in Australian primary health care: a focus on nutrition and physical activity. <i>Australian Journal of Primary Health</i> , 2017, 23, 554.	0.9	2
24	Study protocol for the FITR Heart Study: Feasibility, safety, adherence, and efficacy of high intensity interval training in a hospital-initiated rehabilitation program for coronary heart disease. <i>Contemporary Clinical Trials Communications</i> , 2017, 8, 181-191.	1.1	15
25	The Effect of Dietary Nitrate Supplementation on Endurance Exercise Performance in Healthy Adults: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2017, 47, 735-756.	6.5	143
26	Dietary Intake, Body Composition, and Nutrition Knowledge of Australian Football and Soccer Players: Implications for Sports Nutrition Professionals in Practice. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2017, 27, 130-138.	2.1	85
27	The Effect of Caffeine on Repeat-High-Intensity-Effort Performance in Rugby League Players. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 206-210.	2.3	8
28	Acute Effects of Nitrate-Rich Beetroot Juice on Blood Pressure, Hemostasis and Vascular Inflammation Markers in Healthy Older Adults: A Randomized, Placebo-Controlled Crossover Study. <i>Nutrients</i> , 2017, 9, 1270.	4.1	53
29	General practitioners's™ views on providing nutrition care to patients with chronic disease: a focus group study. <i>Journal of Primary Health Care</i> , 2016, 8, 357.	0.6	21
30	The nutrition care needs of patients newly diagnosed with type 2 diabetes: informing dietetic practice. <i>Journal of Human Nutrition and Dietetics</i> , 2016, 29, 487-494.	2.5	21
31	Passive interventions in primary healthcare waiting rooms are effective in promoting healthy lifestyle behaviours: an integrative review. <i>Australian Journal of Primary Health</i> , 2016, 22, 198.	0.9	12
32	Factors Influencing Changes in Eating Patterns Among Hong Kong Young Adults Transitioning to Tertiary Education. <i>Asia-Pacific Journal of Public Health</i> , 2016, 28, 347-355.	1.0	7
33	Diet and physical activity behaviour in nurses: a qualitative study. <i>International Journal of Health Promotion and Education</i> , 2016, 54, 268-282.	0.9	33
34	The Effect of Ad Libitum Consumption of a Milk-Based Liquid Meal Supplement vs. a Traditional Sports Drink on Fluid Balance After Exercise. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2016, 26, 347-355.	2.1	10
35	Understanding the nutrition care needs of patients newly diagnosed with type 2 diabetes: a need for open communication and patient-focussed consultations. <i>Australian Journal of Primary Health</i> , 2016, 22, 416.	0.9	25
36	Utilization and preference of nutrition information sources in Australia. <i>Health Expectations</i> , 2015, 18, 2288-2295.	2.6	40

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37	The Effects of Red Bull Energy Drink Compared with Caffeine on Cycling Time-Trial Performance. <i>International Journal of Sports Physiology and Performance</i> , 2015, 10, 897-901.	2.3	26
38	Manipulations to the Alcohol and Sodium Content of Beer for Postexercise Rehydration. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2015, 25, 262-270.	2.1	13
39	Group facilitators' perceptions of the attributes that contribute to the effectiveness of group-based chronic disease self-management education programs. <i>Nutrition and Dietetics</i> , 2015, 72, 347-355.	1.8	13
40	New Zealand Medical Students Have Positive Attitudes and Moderate Confidence in Providing Nutrition Care: A Cross-Sectional Survey. <i>Journal of Biomedical Education</i> , 2015, 2015, 1-7.	0.6	17
41	Doctors' attitudes and confidence towards providing nutrition care in practice: Comparison of New Zealand medical students, general practice registrars and general practitioners. <i>Journal of Primary Health Care</i> , 2015, 7, 244.	0.6	32
42	Development of a validated questionnaire to measure the self-perceived competence of primary health professionals in providing nutrition care to patients with chronic disease. <i>Family Practice</i> , 2015, 32, cmv073.	1.9	21
43	Effect of nutrition care provided by primary health professionals on adults' dietary behaviours: a systematic review. <i>Family Practice</i> , 2015, 32, cmv067.	1.9	35
44	Doctors' attitudes and confidence towards providing nutrition care in practice: Comparison of New Zealand medical students, general practice registrars and general practitioners. <i>Journal of Primary Health Care</i> , 2015, 7, 244-50.	0.6	10
45	Impact of an undergraduate course on medical students' self-perceived nutrition intake and self-efficacy to improve their health behaviours and counselling practices. <i>Journal of Primary Health Care</i> , 2014, 6, 101.	0.6	17
46	Attendance, weight and waist circumference outcomes of patients with type 2 diabetes receiving Medicare-subsidised dietetic services. <i>Australian Journal of Primary Health</i> , 2014, 20, 291.	0.9	10
47	Direct observation of the nutrition care practices of Australian general practitioners. <i>Journal of Primary Health Care</i> , 2014, 6, 143.	0.6	9
48	Sports Dietitians Australia Position Statement: Sports Nutrition for the Adolescent Athlete. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2014, 24, 570-584.	2.1	117
49	The Effect of a Caffeinated Mouth-Rinse on Endurance Cycling Time-Trial Performance. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2014, 24, 90-97.	2.1	44
50	Evaluation of a curriculum initiative designed to enhance the research training of dietetics graduates. <i>Nutrition and Dietetics</i> , 2014, 71, 57-63.	1.8	11
51	The self-perceived knowledge, skills and attitudes of Australian practice nurses in providing nutrition care to patients with chronic disease. <i>Family Practice</i> , 2014, 31, 201-208.	1.9	30
52	Obesity Bias Among Health and Non-Health Students Attending an Australian University and Their Perceived Obesity Education. <i>Journal of Nutrition Education and Behavior</i> , 2014, 46, 390-395.	0.7	23
53	Effect of caffeine on cycling time-trial performance in the heat. <i>Journal of Science and Medicine in Sport</i> , 2014, 17, 445-449.	1.3	24
54	Mild to Moderate Dehydration Combined With Moderate Alcohol Consumption Has No Influence on Simulated Driving Performance. <i>Traffic Injury Prevention</i> , 2014, 15, 652-662.	1.4	12

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55	Acute Exercise and Hormones Related to Appetite Regulation: A Meta-Analysis. <i>Sports Medicine</i> , 2014, 44, 387-403.	6.5	155
56	Coffee for morning hunger pangs. An examination of coffee and caffeine on appetite, gastric emptying, and energy intake. <i>Appetite</i> , 2014, 83, 317-326.	3.7	19
57	Comparing the rehydration potential of different milk-based drinks to a carbohydrate-electrolyte beverage. <i>Applied Physiology, Nutrition and Metabolism</i> , 2014, 39, 1366-1372.	1.9	33
58	Caffeine consumption around an exercise bout: effects on energy expenditure, energy intake, and exercise enjoyment. <i>Journal of Applied Physiology</i> , 2014, 117, 745-754.	2.5	36
59	Acute Exercise and Hormones Related Appetite Regulation: Comparison of Meta-analytical Methods. <i>Sports Medicine</i> , 2014, 44, 1167-1168.	6.5	3
60	Factors influencing serum caffeine concentrations following caffeine ingestion. <i>Journal of Science and Medicine in Sport</i> , 2014, 17, 516-520.	1.3	28
61	Nutritional intakes of patients at risk of pressure ulcers in the clinical setting. <i>Nutrition</i> , 2014, 30, 841-846.	2.4	17
62	Australian practice nurses' perceptions of their role and competency to provide nutrition care to patients living with chronic disease. <i>Australian Journal of Primary Health</i> , 2014, 20, 203.	0.9	38
63	An exploration of individuals' preferences for nutrition care from Australian primary care health professionals. <i>Australian Journal of Primary Health</i> , 2014, 20, 113.	0.9	59
64	Coffee For Morning Hunger Pangs. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 14.	0.4	0
65	Impact of an undergraduate course on medical students' self-perceived nutrition intake and self-efficacy to improve their health behaviours and counselling practices. <i>Journal of Primary Health Care</i> , 2014, 6, 101-7.	0.6	6
66	Direct observation of the nutrition care practices of Australian general practitioners. <i>Journal of Primary Health Care</i> , 2014, 6, 143-7.	0.6	2
67	Acute exercise and subsequent energy intake. A meta-analysis. <i>Appetite</i> , 2013, 63, 92-104.	3.7	185
68	Influence of carbohydrate on serum caffeine concentrations following caffeine ingestion. <i>Journal of Science and Medicine in Sport</i> , 2013, 16, 343-347.	1.3	21
69	Health professionals' views of the effectiveness of nutrition care in general practice setting. <i>Nutrition and Dietetics</i> , 2013, 70, 35-41.	1.8	20
70	Glycemic response to carbohydrate and the effects of exercise and protein. <i>Nutrition</i> , 2013, 29, 881-885.	2.4	15
71	Coinciding exercise with peak serum caffeine does not improve cycling performance. <i>Journal of Science and Medicine in Sport</i> , 2013, 16, 54-59.	1.3	42
72	The effects of dehydration, moderate alcohol consumption, and rehydration on cognitive functions. <i>Alcohol</i> , 2013, 47, 203-213.	1.7	24

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73	Coingestion of carbohydrate and protein during training reduces training stress and enhances subsequent exercise performance. <i>Applied Physiology, Nutrition and Metabolism</i> , 2013, 38, 597-604.	1.9	18
74	Students' Perceptions of an Experiential Learning Activity Designed to Develop Knowledge of Food and Food Preparation Methods. <i>Journal of Food Science Education</i> , 2013, 12, 56-60.	1.0	11
75	Beer as a Sports Drink? Manipulating Beer's Ingredients to Replace Lost Fluid. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2013, 23, 593-600.	2.1	19
76	General practitioners can offer effective nutrition care to patients with lifestyle-related chronic disease. <i>Journal of Primary Health Care</i> , 2013, 5, 59.	0.6	57
77	General practitioners can offer effective nutrition care to patients with lifestyle-related chronic disease. <i>Journal of Primary Health Care</i> , 2013, 5, 59-69.	0.6	22
78	Patients' perceptions of their general practitioner's health and weight influences their perceptions of nutrition and exercise advice received. <i>Journal of Primary Health Care</i> , 2013, 5, 301-7.	0.6	8
79	Patients' perceptions of nutrition care provided by general practitioners: focus on Type 2 diabetes. <i>Family Practice</i> , 2012, 29, 719-725.	1.9	37
80	The effects of different doses of caffeine on endurance cycling time trial performance. <i>Journal of Sports Sciences</i> , 2012, 30, 115-120.	2.0	78
81	Multidisciplinary evaluation of a critical care enteral feeding algorithm. <i>Nutrition and Dietetics</i> , 2012, 69, 242-249.	1.8	9
82	Alcohol pharmacokinetics and risk-taking behaviour following exercise-induced dehydration. <i>Pharmacology Biochemistry and Behavior</i> , 2012, 101, 609-616.	2.9	6
83	Nutrition beyond drugs and devices: a review of the approaches to enhance the capacity of nutrition care provision by general practitioners. <i>Australian Journal of Primary Health</i> , 2012, 18, 90.	0.9	15
84	A study of clinical dietetic workforce recruitment and retention in Queensland. <i>Nutrition and Dietetics</i> , 2011, 68, 70-76.	1.8	8
85	Student food insecurity: The skeleton in the university closet. <i>Nutrition and Dietetics</i> , 2011, 68, 27-32.	1.8	123
86	Caffeine withdrawal and high-intensity endurance cycling performance. <i>Journal of Sports Sciences</i> , 2011, 29, 509-515.	2.0	73
87	Thermoregulatory responses to ice-slush beverage ingestion and exercise in the heat. <i>European Journal of Applied Physiology</i> , 2010, 110, 1163-1173.	2.5	63
88	Nutrition in general practice: role and workforce preparation expectations of medical educators. <i>Australian Journal of Primary Health</i> , 2010, 16, 304.	0.9	65
89	Dose Response of Caffeine on 2000-m Rowing Performance. <i>Medicine and Science in Sports and Exercise</i> , 2010, 42, 571-576.	0.4	53
90	Caffeine, Cycling Performance, and Exogenous CHO Oxidation. <i>Medicine and Science in Sports and Exercise</i> , 2009, 41, 1744-1751.	0.4	63

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91	Well-Trained Endurance Athletes' Knowledge, Insight, and Experience of Caffeine Use. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2007, 17, 328-339.	2.1	44
92	Drink-Flavor Change's Lack of Effect on Endurance Cycling Performance in Trained Athletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2007, 17, 315-327.	2.1	6
93	An examination of consumer exposure to caffeine from retail coffee outlets. <i>Food and Chemical Toxicology</i> , 2007, 45, 1588-1592.	3.6	51
94	Awareness and Use of Caffeine by Athletes Competing at the 2005 Ironman Triathlon World Championships. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2006, 16, 545-558.	2.1	57
95	Physiological Role of Carnosine in Contracting Muscle. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2005, 15, 493-514.	2.1	74
96	Long-Term Metabolic and Skeletal Muscle Adaptations to Short-Sprint Training. <i>Sports Medicine</i> , 2001, 31, 1063-1082.	6.5	195
97	Neural Influences on Sprint Running. <i>Sports Medicine</i> , 2001, 31, 409-425.	6.5	174
98	Adaptation to chronic eccentric exercise in humans: the influence of contraction velocity. <i>European Journal of Applied Physiology</i> , 2001, 85, 466-471.	2.5	93
99	Changes in leg strength 8 and 32 h after endurance exercise. <i>Journal of Sports Sciences</i> , 2000, 18, 865-871.	2.0	38
100	Concurrent Strength and Endurance Training. <i>Sports Medicine</i> , 1999, 28, 413-427.	6.5	216