

# BÄrrbel KnÄruper

## List of Publications by Year in descending order

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Version: 2024-02-01

74  
papers

4,076  
citations

126907

33  
h-index

123424

61  
g-index

76  
all docs

76  
docs citations

76  
times ranked

4809  
citing authors

#	ARTICLE	IF	CITATIONS
1	Development and Validation of the Four Facet Mindful Eating Scale (FFaMES). <i>Appetite</i> , 2022, 168, 105689.	3.7	15
2	Efficacy of ACT-based treatments for dysregulated eating behaviours: A systematic review and meta-analysis. <i>Appetite</i> , 2022, 171, 105929.	3.7	8
3	Paying Attention to the Self: a Systematic Review of the Study of the Self in Mindfulness Research. <i>Mindfulness</i> , 2022, 13, 1373-1386.	2.8	2
4	A Scoping Review of Mindful Eating Interventions for Obesity Management. <i>Mindfulness</i> , 2022, 13, 1387-1402.	2.8	6
5	Group-based trajectories and predictors of adherence to physical distancing during the COVID-19 pandemic. <i>Psychology and Health</i> , 2022, 37, 1492-1510.	2.2	7
6	Differences and similarities of physical activity determinants between older adults who have and have not experienced a fall: Testing an extended health belief model. <i>Archives of Gerontology and Geriatrics</i> , 2021, 92, 104247.	3.0	15
7	Mindfulness and equanimity moderate approach/avoidance motor responses. <i>Cognition and Emotion</i> , 2021, 35, 1085-1098.	2.0	8
8	Socio-demographic, social, cognitive, and emotional correlates of adherence to physical distancing during the COVID-19 pandemic: a cross-sectional study. <i>Canadian Journal of Public Health</i> , 2021, 112, 17-28.	2.3	46
9	A 1-day acceptance and commitment therapy workshop leads to reductions in emotional eating in adults. <i>Eating and Weight Disorders</i> , 2020, 25, 1399-1411.	2.5	5
10	The effects of if-then plans on weight loss: results of the 24-month follow-up of the McGill CHIP Healthy Weight Program randomized controlled trial. <i>Trials</i> , 2020, 21, 40.	1.6	7
11	Weight cycling is associated with adverse cardiometabolic markers in a cross-sectional representative US sample. <i>Journal of Epidemiology and Community Health</i> , 2020, 74, jech-2019-213419.	3.7	7
12	Promoting medication adherence from the perspective of adolescent and young adult kidney transplant recipients, parents, and health care professionals: A TAKE-IT TOO study. <i>Pediatric Transplantation</i> , 2020, 24, e13709.	1.0	10
13	Lessons Learned from an ACT-Based Physician-Delivered Weight Loss Intervention: A Pilot RCT Demonstrates Limits to Feasibility. <i>Open Psychology</i> , 2020, 2, 22-39.	0.3	1
14	Habit strength as a moderator of the association between symptoms of poor mental health and unintentional non-adherence to oral hypoglycemic medication in adults with type 2 diabetes. <i>Journal of Health Psychology</i> , 2019, 24, 321-326.	2.3	7
15	The vaccine hesitancy scale: Psychometric properties and validation. <i>Vaccine</i> , 2018, 36, 660-667.	3.8	289
16	Emotional Eating and Weight in Adults: a Review. <i>Current Psychology</i> , 2018, 37, 924-933.	2.8	163
17	Attachment and eating: A meta-analytic review of the relevance of attachment for unhealthy and healthy eating behaviors in the general population. <i>Appetite</i> , 2018, 123, 410-438.	3.7	70
18	Perceived Healthiness of Breakfasts in Women with Overweight or Obesity Match Expert Recommendations. <i>Open Psychology</i> , 2018, 1, 25-35.	0.3	3

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19	Using an integrated conceptual framework to investigate parents' HPV vaccine decision for their daughters and sons. <i>Preventive Medicine</i> , 2018, 116, 203-210.	3.4	42
20	Emotional eating and weight regulation: a qualitative study of compensatory behaviors and concerns. <i>Journal of Eating Disorders</i> , 2018, 6, 23.	2.7	53
21	The Effects of Ifâ€™Then Plans on Weight Loss: Results of the McGill CHIP Healthy Weight Program Randomized Controlled Trial. <i>Obesity</i> , 2018, 26, 1285-1295.	3.0	10
22	Embodied Mindfulness. <i>Mindfulness</i> , 2017, 8, 1160-1171.	2.8	77
23	The short and long of adolescent sleep: the unique impact of day length. <i>Sleep Medicine</i> , 2017, 38, 31-36.	1.6	7
24	A Longitudinal Investigation of Anxiety and Depressive Symptomatology and Exercise Behaviour Among Adults With Type 2 Diabetes Mellitus. <i>Canadian Journal of Diabetes</i> , 2017, 41, 73-81.	0.8	9
25	Effectiveness of traditional meditation retreats: A systematic review and meta-analysis. <i>Journal of Psychosomatic Research</i> , 2017, 92, 16-25.	2.6	82
26	Combining Cognitive Therapy With Acceptance and Commitment Therapy for Depression: A Group Therapy Feasibility Study. <i>Journal of Cognitive Psychotherapy</i> , 2017, 31, 171-190.	0.4	6
27	How aging affects self-reports. <i>European Journal of Ageing</i> , 2016, 13, 185-193.	2.8	82
28	Protective and risk factors associated with adolescent sleep: findings from Australia, Canada, and The Netherlands. <i>Sleep Medicine</i> , 2016, 26, 97-103.	1.6	36
29	Acceptance and Commitment Therapy and Implementation Intentions Increase Exercise Enjoyment and Long-Term Exercise Behavior Among Low-Active Women. <i>Current Psychology</i> , 2016, 35, 108-114.	2.8	16
30	Combining Cognitive Therapy with Acceptance and Commitment Therapy for depression: A manualized group therapy.. <i>Journal of Psychotherapy Integration</i> , 2016, 26, 186-201.	1.1	7
31	Measuring Mindful Responding in Daily Life: Validation of the Daily Mindful Responding Scale (DMRS). <i>Mindfulness</i> , 2015, 6, 1422-1436.	2.8	15
32	Unintended Messages in Online Advertising to Youth: Illicit Drug Imagery in a Canadian Sports Marketing Campaign. <i>Journal of Adolescent Health</i> , 2015, 56, 429-432.	2.5	0
33	Acceptance and Commitment Therapy Improves Exercise Tolerance in Sedentary Women. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 1251-1258.	0.4	38
34	Parentsâ€™ decision-making about the human papillomavirus vaccine for their daughters: I. Quantitative results. <i>Human Vaccines and Immunotherapeutics</i> , 2015, 11, 322-329.	3.3	62
35	The effects of three mindfulness skills on chocolate cravings. <i>Appetite</i> , 2014, 76, 101-112.	3.7	88
36	What Motivational and Awareness Variables are Associated with Adolescentsâ€™ Intentions to Go to Bed Earlier?. <i>Current Psychology</i> , 2014, 33, 113-129.	2.8	10

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37	Increasing the effectiveness of the Diabetes Prevention Program through if-then plans: study protocol for the randomized controlled trial of the McGill CHIP Healthy Weight Program. <i>BMC Public Health</i> , 2014, 14, 470.	2.9	6
38	Using Acceptance-based Techniques To Improve Exercise Tolerance And Affective Responses To High-intensity Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 269.	0.4	0
39	School-based sleep promotion programs: Effectiveness, feasibility and insights for future research. <i>Sleep Medicine Reviews</i> , 2013, 17, 207-214.	8.5	91
40	Increasing the Effectiveness of The Diabetes Prevention Program Through If-then Plans and Mental Practice: Study Protocol for a Parallel Randomized Controlled Trial. <i>Canadian Journal of Diabetes</i> , 2013, 37, S268.	0.8	0
41	Human papillomavirus vaccination intentions and uptake in college women.. <i>Health Psychology</i> , 2012, 31, 685-693.	1.6	80
42	Motivation and goal attainment. The role of compensatory beliefs. <i>Appetite</i> , 2012, 58, 608-615.	3.7	28
43	Fruitful plans: Adding targeted mental imagery to implementation intentions increases fruit consumption. <i>Psychology and Health</i> , 2011, 26, 601-617.	2.2	136
44	Replacing craving imagery with alternative pleasant imagery reduces craving intensity. <i>Appetite</i> , 2011, 57, 173-178.	3.7	41
45	Compensatory beliefs and intentions contribute to the prediction of caloric intake in dieters. <i>Appetite</i> , 2011, 57, 435-438.	3.7	34
46	Smoking-specific compensatory health beliefs and the readiness to stop smoking in adolescents. <i>British Journal of Health Psychology</i> , 2011, 16, 610-625.	3.5	33
47	The impact of intolerance of uncertainty on anxiety after receiving an informational intervention about HPV: A randomised controlled study. <i>Psychology and Health</i> , 2010, 25, 651-668.	2.2	31
48	Interactive effects of reward sensitivity and residential fast-food restaurant exposure on fast-food consumption. <i>American Journal of Clinical Nutrition</i> , 2010, 91, 771-776.	4.7	60
49	Temptations elicit compensatory intentions. <i>Appetite</i> , 2010, 54, 398-401.	3.7	40
50	Compensatory beliefs about glucose testing are associated with low adherence to treatment and poor metabolic control in adolescents with type 1 diabetes. <i>Health Education Research</i> , 2009, 24, 890-896.	1.9	28
51	A Scenario-Based Dieting Self-Efficacy Scale. <i>Assessment</i> , 2009, 16, 16-30.	3.1	26
52	Brief Research Report: Uncertainty-Inducing and Reassuring Facts About HPV: A Descriptive Study of French Canadian Women. <i>Health Care for Women International</i> , 2009, 30, 892-902.	1.1	3
53	Using Mental Imagery to Enhance the Effectiveness of Implementation Intentions. <i>Current Psychology</i> , 2009, 28, 181-186.	2.8	124
54	Development and validation of the revised Children's Dysfunctional Attitudes Scale. <i>British Journal of Clinical Psychology</i> , 2009, 48, 287-308.	3.5	15

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55	A Little Uncertainty Goes a Long Way: State and Trait Differences in Uncertainty Interact to Increase Information Seeking but Also Increase Worry. <i>Health Communication</i> , 2009, 24, 228-238.	3.1	127
56	Predicting attention and avoidance: When do avoiders attend?. <i>Psychology and Health</i> , 2009, 24, 729-747.	2.2	2
57	Towards a brain-to-society systems model of individual choice. <i>Marketing Letters</i> , 2008, 19, 323-336.	2.9	18
58	Stretched Rating Scales Cause Guided Responding. <i>Health Communication</i> , 2008, 23, 253-258.	3.1	2
59	Do individual differences in intolerance of uncertainty affect health monitoring?. <i>Psychology and Health</i> , 2007, 22, 413-430.	2.2	47
60	The eternal quest for optimal balance between maximizing pleasure and minimizing harm: The compensatory health beliefs model. <i>British Journal of Health Psychology</i> , 2006, 11, 139-153.	3.5	128
61	Motivation Influences the Underestimation of Cumulative Risk. <i>Personality and Social Psychology Bulletin</i> , 2005, 31, 1511-1523.	3.0	23
62	Self-set dieting rules: Adherence and prediction of weight loss success. <i>Appetite</i> , 2005, 44, 283-288.	3.7	38
63	Compensatory health beliefs: scale development and psychometric properties. <i>Psychology and Health</i> , 2004, 19, 607-624.	2.2	165
64	Measuring health: improving the validity of health assessments. <i>Quality of Life Research</i> , 2003, 12, 81-89.	3.1	71
65	The Impact of Age and Education on Response Order Effects in Attitude Measurement. <i>Public Opinion Quarterly</i> , 1999, 63, 347.	1.6	74
66	Improving accuracy of major depression age-of-onset reports in the US National Comorbidity Survey. <i>International Journal of Methods in Psychiatric Research</i> , 1999, 8, 39-48.	2.1	152
67	Methodological studies of the Composite International Diagnostic Interview (CIDI) in the US national comorbidity survey (NCS). <i>International Journal of Methods in Psychiatric Research</i> , 1998, 7, 33-55.	2.1	445
68	Filter Questions and Question Interpretation: Presuppositions at Work. <i>Public Opinion Quarterly</i> , 1998, 62, 70.	1.6	17
69	Looking back at anger: Reference periods change the interpretation of emotion frequency questions.. <i>Journal of Personality and Social Psychology</i> , 1998, 75, 719-728.	2.8	77
70	Lifetime Risk of Depression. <i>British Journal of Psychiatry</i> , 1994, 165, 16-22.	2.8	131
71	Diagnosing major depression in the elderly: Evidence for response bias in standardized diagnostic interviews?. <i>Journal of Psychiatric Research</i> , 1994, 28, 147-164.	3.1	173
72	Rating Scales: Numeric Values May Change the Meaning of Scale Labels. <i>Public Opinion Quarterly</i> , 1991, 55, 570.	1.6	293

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73	Treating others as we treat ourselves: A qualitative study of the influence of psychotherapistsâ€™ mindfulness meditation practice on their psychotherapeutic work. <i>Current Psychology</i> , 0, , 1.	2.8	2
74	Adherence to a caloric budget and body weight change vary by season, gender, and BMI: an observational study of daily users of a mobile health app. <i>Obesity Science and Practice</i> , 0, , .	1.9	0