

Ian Lahart

List of Publications by Year in descending order

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Version: 2024-02-01

39
papers

1,544
citations

430874

18
h-index

345221

36
g-index

41
all docs

41
docs citations

41
times ranked

2809
citing authors

#	ARTICLE	IF	CITATIONS
1	Physical activity, risk of death and recurrence in breast cancer survivors: A systematic review and meta-analysis of epidemiological studies. <i>Acta Oncologica</i> , 2015, 54, 635-654.	1.8	410
2	Cancer cachexia prevention via physical exercise: molecular mechanisms. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2013, 4, 111-124.	7.3	149
3	The Effects of Green Exercise on Physical and Mental Wellbeing: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 1352.	2.6	148
4	Physical activity for women with breast cancer after adjuvant therapy. <i>The Cochrane Library</i> , 2018, 2018, CD011292.	2.8	133
5	Exercise, or exercise and diet for the management of polycystic ovary syndrome: a systematic review and meta-analysis. <i>Systematic Reviews</i> , 2019, 8, 51.	5.3	72
6	Moving Sport and Exercise Science Forward: A Call for the Adoption of More Transparent Research Practices. <i>Sports Medicine</i> , 2020, 50, 449-459.	6.5	61
7	The Effects of Continuous Compared to Accumulated Exercise on Health: A Meta-Analytic Review. <i>Sports Medicine</i> , 2019, 49, 1585-1607.	6.5	57
8	Randomised controlled trial of a home-based physical activity intervention in breast cancer survivors. <i>BMC Cancer</i> , 2016, 16, 234.	2.6	56
9	Scaling waist girth for differences in body size reveals a new improved index associated with cardiometabolic risk. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 1470-1476.	2.9	40
10	Postdiagnosis sedentary behavior and health outcomes in cancer survivors: A systematic review and meta-analysis. <i>Cancer</i> , 2020, 126, 861-869.	4.1	34
11	Physical Activity Levels of Adolescents with Type 1 Diabetes Physical Activity in T1D. <i>Pediatric Exercise Science</i> , 2017, 29, 213-219.	1.0	33
12	Effects of physical activity on the link between PGC-1a and FNDC5 in muscle, circulating irisin and UCP1 of white adipocytes in humans: A systematic review. <i>F1000Research</i> , 2017, 6, 286.	1.6	33
13	Energy Expenditure in the Race Across America (RAAM). <i>International Journal of Sports Medicine</i> , 2010, 31, 463-467.	1.7	29
14	Effects of physical activity on the link between PGC-1a and FNDC5 in muscle, circulating irisin and UCP1 of white adipocytes in humans: A systematic review. <i>F1000Research</i> , 2017, 6, 286.	1.6	29
15	Challenges in Maintaining Emotion Regulation in a Sleep and Energy Deprived State Induced by the 4800Km Ultra-Endurance Bicycle Race; The Race Across America (RAAM). <i>Journal of Sports Science and Medicine</i> , 2013, 12, 481-8.	1.6	27
16	Chronic Physiological Effects of Swim Training Interventions in Non-Elite Swimmers: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2018, 48, 337-359.	6.5	25
17	Environmental Influences on Elite Sport Athletes Well Being: From Gold, Silver, and Bronze to Blue Green and Gold. <i>Frontiers in Psychology</i> , 2016, 7, 1167.	2.1	24
18	The effects of a home-based physical activity intervention on cardiorespiratory fitness in breast cancer survivors; a randomised controlled trial. <i>Journal of Sports Sciences</i> , 2018, 36, 1077-1086.	2.0	24

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19	Survival at 10 years following lower extremity amputations in patients with diabetic foot disease. <i>Endocrine</i> , 2020, 69, 100-106.	2.3	19
20	The effects of different passive static stretching intensities on recovery from unaccustomed eccentric exercise – a randomized controlled trial. <i>Applied Physiology, Nutrition and Metabolism</i> , 2018, 43, 806-815.	1.9	17
21	Seasonal variation in trauma admissions to a level III trauma unit over 10 years. <i>Injury</i> , 2020, 51, 2209-2218.	1.7	14
22	A Unique Case Series of Novel Biomarkers of Cardiac Damage in Cyclists Completing the 4800 km Race Across America (RAAM). <i>Current Medicinal Chemistry</i> , 2011, 18, 3446-3451.	2.4	13
23	Physical Activity Levels in Women Attending Breast Screening, Receiving Chemotherapy and Post-Breast Cancer Treatment; A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2014, 11, 5487-5496.	2.6	12
24	Modelling the association between weight status and social deprivation in English school children: Can physical activity and fitness affect the relationship?. <i>Annals of Human Biology</i> , 2016, 43, 497-504.	1.0	11
25	The effects of physical exercise on cardiometabolic outcomes in women with polycystic ovary syndrome not taking the oral contraceptive pill: a systematic review and meta-analysis. <i>Journal of Diabetes and Metabolic Disorders</i> , 2019, 18, 597-612.	1.9	10
26	A study protocol for a clustered randomised controlled trial to evaluate the effectiveness of a peer-led school-based walking intervention on adolescent girls' physical activity: the Walking In Schools (WISH) study. <i>BMC Public Health</i> , 2020, 20, 541.	2.9	10
27	Primary hyperparathyroidism: findings from the retrospective evaluation of cases over a 6-year period from a regional UK centre. <i>Endocrine</i> , 2018, 62, 174-181.	2.3	8
28	Cardiorespiratory fitness and activity explains the obesity-deprivation relationship in children. <i>Health Promotion International</i> , 2018, 33, daw106.	1.8	6
29	The effects of exercise on cardiometabolic outcomes in women with polycystic ovary syndrome not taking the oral contraceptive pill: protocol for a systematic review and meta-analysis. <i>Systematic Reviews</i> , 2019, 8, 116.	5.3	6
30	Physical activity and awareness in breast screening attendees in Black Country, UK. <i>Health Promotion International</i> , 2016, 31, dau053.	1.8	5
31	Physical activity for women with breast cancer after adjuvant therapy. <i>The Cochrane Library</i> , 0, , .	2.8	5
32	Scaling children's waist circumference for differences in body size. <i>American Journal of Human Biology</i> , 2017, 29, e23037.	1.6	4
33	Non-functioning pituitary macroadenomas: factors affecting postoperative recurrence, and pre- and post-surgical endocrine and visual function. <i>Endocrine</i> , 2021, 73, 407-415.	2.3	4
34	Perioperative exercise training for patients with gastrointestinal cancer undergoing surgery: A systematic review and meta-analysis. <i>European Journal of Surgical Oncology</i> , 2021, 47, 3028-3039.	1.0	4
35	Rising to the challenge: designing, implementing and reporting exercise oncology trials in understudied populations. <i>British Journal of Cancer</i> , 2020, 123, 173-175.	6.4	4
36	Do I focus on the process of cycling or try to put my mind elsewhere? A comparison of concentration strategies for use in pacing by novice riders. <i>Progress in Brain Research</i> , 2018, 240, 127-140.	1.4	2

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37	Socio-demographic differences in Colombian children's muscular fitness: Does scaling for differences in body size present a challenge to conventional thinking?. American Journal of Human Biology, 2018, 30, e23128.	1.6	1
38	Parathyroidectomy for adults with primary hyperparathyroidism. The Cochrane Library, 0, , .	2.8	1
39	Implausible discussions in saturated fat "research"; definitive solutions won't come from another million editorials (or a million views of one). British Journal of Sports Medicine, 2019, 53, 1512-1513.	6.7	0