

# Rosa Baños

## List of Publications by Year in descending order

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Version: 2024-02-01

296  
papers

10,138  
citations

38742

50  
h-index

58581

82  
g-index

319  
all docs

319  
docs citations

319  
times ranked

9913  
citing authors

#	ARTICLE	IF	CITATIONS
1	Disentangling the role of interoceptive sensibility in alexithymia, emotion dysregulation, and depression in healthy individuals. <i>Current Psychology</i> , 2023, 42, 20570-20582.	2.8	1
2	Can Avatar Appearance Influence Physical Activity? User-Avatar Similarity and Proteus Effects on Cardiac Frequency and Step Counts. <i>Health Communication</i> , 2022, 37, 222-229.	3.1	20
3	Exploring the Heterogeneity and Trajectories of Positive Functioning Variables, Emotional Distress, and Post-traumatic Growth During Strict Confinement Due to COVID-19. <i>Journal of Happiness Studies</i> , 2022, 23, 1683-1708.	3.2	18
4	Effect of Sleep Disturbance Symptoms on Treatment Outcome in Blended Cognitive Behavioral Therapy for Depression (E-COMPARED Study): Secondary Analysis. <i>Journal of Medical Internet Research</i> , 2022, 24, e30231.	4.3	2
5	What is the Current and Future Status of Digital Mental Health Interventions?. <i>Spanish Journal of Psychology</i> , 2022, 25, e5.	2.1	21
6	Impact of Mindfulness Training on Spanish Police Officers' Mental and Emotional Health: a Non-Randomized Pilot Study. <i>Mindfulness</i> , 2022, 13, 695-711.	2.8	9
7	Are Peripheral Biomarkers Determinants of Eating Styles in Childhood and Adolescence Obesity? A Cross-Sectional Study. <i>Nutrients</i> , 2022, 14, 305.	4.1	1
8	Spanish Validation of the Multidimensional Existential Meaning Scale: Which Dimension of Meaning in Life Is More Associated With Psychopathology in People With Mental Disorders?. <i>Frontiers in Psychiatry</i> , 2022, 13, 832934.	2.6	5
9	Psychometric properties of the Spanish version of the Patient Health Questionnaire-9 in users of the Ecuadorian public health care system. <i>Revista Latinoamericana De Psicología</i> , 2022, 53, .	0.3	5
10	Predictors of the Sense of Embodiment of a Female Victim of Sexual Harassment in a Male Sample Through 360-Degree Video-Based Virtual Reality. <i>Frontiers in Human Neuroscience</i> , 2022, 16, .	2.0	7
11	Family connections vs treatment at usual optimized in the treatment of relatives of people with suicidal behavior disorder: study protocol of a randomized control trial. <i>BMC Psychiatry</i> , 2022, 22, 335.	2.6	4
12	The Impact of a Web-Based Lifestyle Educational Program (‘‘Living Better’’) Reintervention on Hypertensive Overweight or Obese Patients. <i>Nutrients</i> , 2022, 14, 2235.	4.1	4
13	Expressed Emotion and Health Care Use in Borderline Personality Disorder Patients and Relatives. <i>Journal of Social and Clinical Psychology</i> , 2022, 41, 199-216.	0.5	0
14	Interpersonal Emotion Regulation. <i>Advances in Logistics, Operations, and Management Science Book Series</i> , 2022, , 243-272.	0.4	0
15	Eating behaviors, eating styles and body mass index during COVID-19 confinement in a college sample: a predictive model. <i>Journal of Eating Disorders</i> , 2022, 10, .	2.7	1
16	Exploring the Effectiveness of Dialectical Behavior Therapy Versus Systems Training for Emotional Predictability and Problem Solving in a Sample of Patients With Borderline Personality Disorder. <i>Journal of Personality Disorders</i> , 2021, 35, 1-18.	1.4	4
17	My Best Self in the Past, Present or Future: Results of Two Randomized Controlled Trials. <i>Journal of Happiness Studies</i> , 2021, 22, 955-980.	3.2	2
18	Interventions for Family Members and Carers of Patients with Borderline Personality Disorder: A Systematic Review. <i>Family Process</i> , 2021, 60, 134-144.	2.6	23

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19	Adolescent Motivation Toward Physical Exercise: The Role of Sex, Age, Enjoyment, and Anxiety. <i>Psychological Reports</i> , 2021, 124, 1049-1069.	1.7	5
20	Past, present, and future life satisfaction: The role of age, positive and negative mood. <i>Current Psychology</i> , 2021, 40, 629-638.	2.8	8
21	Leaning forward to increase approach motivation! The role of joy, exercise, and posture in achieving goals. <i>Current Psychology</i> , 2021, 40, 2390-2399.	2.8	3
22	How Does It Feel to Be a Woman Victim of Sexual Harassment? The Effect of 360°-Video-Based Virtual Reality on Empathy and Related Variables. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2021, 24, 258-266.	3.9	28
23	The association between depression symptoms, psychological burden caused by Covid-19 and physical activity: An investigation in Germany, Italy, Russia, and Spain. <i>Psychiatry Research</i> , 2021, 295, 113596.	3.3	71
24	Exploring the Role of Explicit and Implicit Self-Esteem and Self-Compassion in Anxious and Depressive Symptomatology Following Acquired Brain Injury. <i>Mindfulness</i> , 2021, 12, 899-910.	2.8	1
25	Cultural adaptation of the Smiling is Fun program for the treatment of depression in the Ecuadorian public health care system: A study protocol for a randomized controlled trial. <i>Internet Interventions</i> , 2021, 23, 100352.	2.7	7
26	Meaning-making as a mediator of anxiety and depression reduction during cognitive behavioral therapy intervention in participants with adjustment disorders. <i>Clinical Psychology and Psychotherapy</i> , 2021, 28, 325-333.	2.7	16
27	Towards a Comprehensive Understanding of Body Image: Integrating Positive Body Image, Embodiment and Self-Compassion. <i>Psychologica Belgica</i> , 2021, 61, 248-261.	1.9	21
28	Positive Psychological Interventions and Information and Communication Technologies. , 2021, , 1648-1668.		1
29	The impact of strict and forced confinement due to the COVID-19 pandemic on positive functioning variables, emotional distress, and posttraumatic growth in a Spanish sample. <i>Högskole Utbildning</i> , 2021, 12, 1918900.	3.0	7
30	Negative and Positive Affect Regulation in a Transdiagnostic Internet-Based Protocol for Emotional Disorders: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2021, 23, e21335.	4.3	16
31	Predictors of Adherence in Three Low-Intensity Intervention Programs Applied by ICTs for Depression in Primary Care. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1774.	2.6	7
32	Meaning in Life Mediates Between Emotional Deregulation and Eating Disorders Psychopathology: A Research From the Meaning-Making Model of Eating Disorders. <i>Frontiers in Psychology</i> , 2021, 12, 635742.	2.1	8
33	Dispositional Mindfulness and Inflammatory Bowel Disease: Mindful Awareness Mediates the Relation Between Severity and Quality of Life, Stress, and Fatigue. <i>Mindfulness</i> , 2021, 12, 1524-1533.	2.8	6
34	El modelo de elaboración del sentido en personas con trastornos alimentarios (MESTA): un análisis preliminar del modelo. <i>Psicología Conductual</i> , 2021, 29, 5-28.	0.3	0
35	The relationship between social media use, anxiety and burden caused by coronavirus (COVID-19) in Spain. <i>Current Psychology</i> , 2021, , 1-7.	2.8	13
36	Assessing self-criticism and self-reassurance: Examining psychometric properties and clinical usefulness of the Short-Form of the Forms of Self-Criticizing/Attacking & Self-Reassuring Scale (FSCRS-SF) in Spanish sample. <i>PLoS ONE</i> , 2021, 16, e0252089.	2.5	4

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37	Influence of Resilience and Optimism on Distress and Intention to Self-Isolate: Contrasting Lower and Higher COVID-19 Illness Risk Samples From an Extended Health Belief Model. <i>Frontiers in Psychology</i> , 2021, 12, 662395.	2.1	7
38	Confirmatory factor analysis and psychometric properties of the Emotion Regulation Questionnaire in participants with personality disorders. <i>Clinical Psychology and Psychotherapy</i> , 2021, 28, 1598-1606.	2.7	4
39	Compassion-Based Meditation Quality Practice and Its Impact on the Positive Attitudes Toward Others. <i>Mindfulness</i> , 2021, 12, 1940-1953.	2.8	4
40	Resilience as a predictor of quality of life in participants with borderline personality disorder before and after treatment. <i>BMC Psychiatry</i> , 2021, 21, 305.	2.6	6
41	Stakeholders's™ views on online interventions to prevent common mental health disorders in adults implemented into existing healthcare systems in Europe. <i>European Journal of Public Health</i> , 2021, 31, i55-i63.	0.3	9
42	Online prevention programmes for university students: stakeholder perspectives from six European countries. <i>European Journal of Public Health</i> , 2021, 31, i64-i70.	0.3	7
43	Integrating virtual realities and psychotherapy: SWOT analysis on VR and MR based treatments of anxiety and stress-related disorders. <i>Cognitive Behaviour Therapy</i> , 2021, 50, 509-526.	3.5	16
44	Un programa de entrenamiento para familiares de pacientes con trastorno límite de la personalidad basado en la terapia dialéctica comportamental. <i>Psicología Conductual</i> , 2021, 29, 219-236.	0.3	1
45	Effectiveness of a Blended Internet-Based Mindfulness Intervention in Inflammatory Bowel Disease Patients: a Mixed-Methods Non-randomized Controlled Trial. <i>Mindfulness</i> , 2021, 12, 2767-2780.	2.8	3
46	Exploring the mediator role of self-critical rumination between emotion regulation and psychopathology: A validation study of the Self-Critical Rumination Scale (SCRS) in a Spanish-speaking sample. <i>Personality and Individual Differences</i> , 2021, 183, 111115.	2.9	6
47	Compassionate Embodied Virtual Experience Increases the Adherence to Meditation Practice. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 1276.	2.5	9
48	Changes in the Semantic Construction of Compassion after the Cognitively-Based Compassion Training (CBCT®) in Women Breast Cancer Survivors. <i>Spanish Journal of Psychology</i> , 2021, 24, e34.	2.1	5
49	Meaning in Life Buffers the Association between Perceived Burdensomeness, Thwarted Belongingness, and Frequency of Non-Suicidal Self-Injuries in Spanish Adolescents. <i>Journal of Clinical Medicine</i> , 2021, 10, 4867.	2.4	8
50	Elena+ Care for COVID-19, a Pandemic Lifestyle Care Intervention: Intervention Design and Study Protocol. <i>Frontiers in Public Health</i> , 2021, 9, 625640.	2.7	9
51	Transdiagnostic Perspective of Impulsivity and Compulsivity in Obesity: From Cognitive Profile to Self-Reported Dimensions in Clinical Samples with and without Diabetes. <i>Nutrients</i> , 2021, 13, 4426.	4.1	7
52	Examining the Theoretical Framework of Behavioral Activation for Major Depressive Disorder: Smartphone-Based Ecological Momentary Assessment Study. <i>JMIR Mental Health</i> , 2021, 8, e32007.	3.3	5
53	Psychometric properties of the Weight Locus of Control Scale (MWLCS): study with Spanish individuals of different anthropometric nutritional status. <i>Eating and Weight Disorders</i> , 2020, 25, 1533-1542.	2.5	3
54	How and for whom does a positive affect intervention work in fibromyalgia: An analysis of mediators and moderators. <i>European Journal of Pain</i> , 2020, 24, 248-262.	2.8	11

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55	A Low-Intensity Internet-Based Intervention Focused on the Promotion of Positive Affect for the Treatment of Depression in Spanish Primary Care: Secondary Analysis of a Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8094.	2.6	1
56	Efficacy of an Internet-Based Intervention to Promote a Healthy Lifestyle on the Reproductive Parameters of Overweight and Obese Women: Study Protocol for a Randomised Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8312.	2.6	5
57	Technological Interventions for Pain Management. , 2020, , .		2
58	Virtual Reality as a Medium to Elicit Empathy: A Meta-Analysis. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2020, 23, 667-676.	3.9	70
59	Working Alliance Inventory for Online Interventions-Short Form (WAI-TECH-SF): The Role of the Therapeutic Alliance between Patient and Online Program in Therapeutic Outcomes. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6169.	2.6	26
60	Understanding the Influence of Eating Patterns on Binge Drinking: A Mediation Model. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9451.	2.6	10
61	Consensus statement on the problem of terminology in psychological interventions using the internet or digital components. <i>Internet Interventions</i> , 2020, 21, 100331.	2.7	45
62	Efficacy of "Family Connections", a program for relatives of people with borderline personality disorder, in the Spanish population: study protocol for a randomized controlled trial. <i>BMC Psychiatry</i> , 2020, 20, 302.	2.6	4
63	Providing Psychological and Emotional Support After Perinatal Loss: Protocol for a Virtual Reality-Based Intervention. <i>Frontiers in Psychology</i> , 2020, 11, 1262.	2.1	5
64	Manipulating Self-Avatar Body Dimensions in Virtual Worlds to Complement an Internet-Delivered Intervention to Increase Physical Activity in Overweight Women. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4045.	2.6	17
65	Positive and Negative Affect Schedule (PANAS): psychometric properties of the online Spanish version in a clinical sample with emotional disorders. <i>BMC Psychiatry</i> , 2020, 20, 56.	2.6	91
66	Effect of an upright (vs. stooped) posture on interpretation bias, imagery, and emotions. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2020, 68, 101560.	1.2	6
67	The effect of a mindfulness-based therapy on different biomarkers among patients with inflammatory bowel disease: a randomised controlled trial. <i>Scientific Reports</i> , 2020, 10, 6071.	3.3	30
68	Efficacy of a self-applied online program to promote resilience and coping skills in university students in four Spanish-speaking countries: study protocol for a randomized controlled trial. <i>BMC Psychiatry</i> , 2020, 20, 148.	2.6	8
69	Binge Eating and Binge Drinking: A Two-Way Road? An Integrative Review. <i>Current Pharmaceutical Design</i> , 2020, 26, 2402-2415.	1.9	17
70	Impact of a Web-Based Exercise and Nutritional Education Intervention in Patients Who Are Obese With Hypertension: Randomized Wait-List Controlled Trial. <i>Journal of Medical Internet Research</i> , 2020, 22, e14196.	4.3	29
71	Efficacy of Three Low-Intensity, Internet-Based Psychological Interventions for the Treatment of Depression in Primary Care: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2020, 22, e15845.	4.3	20
72	Efficacy and acceptability of a web platform to teach nutrition education to children. <i>Nutricion Hospitalaria</i> , 2020, 37, 1107-1117.	0.3	1

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73	Technological Interventions for Anxiety Disorders. , 2020, , .		0
74	Mindfulness, promoÃ§Ã£o da saÃºde e semiÃ³tica: bases para modelos comunicacionais em saÃºde online. SMAD Revista EletrÃ³nica SaÃºde Mental Ãcool E Drogas (EdiÃ§Ã£o Em PortuguÃs), 2020, 16, 14-22.	0.2	0
75	Efficacy and cost-effectiveness of guided and unguided internet- and mobile-based indicated transdiagnostic prevention of depression and anxiety (ICare Prevent): A three-armed randomized controlled trial in four European countries. Internet Interventions, 2019, 16, 52-64.	2.7	40
76	Deterioration rates in Virtual Reality Therapy: An individual patient data level meta-analysis. Journal of Anxiety Disorders, 2019, 61, 3-17.	3.2	64
77	Editorial: Positive Technology: Designing E-experiences for Positive Change. Frontiers in Psychology, 2019, 10, 1571.	2.1	26
78	Is comfort food actually comforting for emotional eaters? A (moderated) mediation analysis. Physiology and Behavior, 2019, 211, 112671.	2.1	40
79	Effects of the Best Possible Self intervention: A systematic review and meta-analysis. PLoS ONE, 2019, 14, e0222386.	2.5	54
80	Associations between neuropsychological performance and appetite-regulating hormones in anorexia nervosa and healthy controls: Ghrelin's putative role as a mediator of decision-making. Molecular and Cellular Endocrinology, 2019, 497, 110441.	3.2	24
81	A narrative review of positive psychology interventions for women during the perinatal period. Journal of Obstetrics and Gynaecology, 2019, 39, 889-895.	0.9	10
82	Putting Oneself in the Body of Others: A Pilot Study on the Efficacy of an Embodied Virtual Reality System to Generate Self-Compassion. Frontiers in Psychology, 2019, 10, 1521.	2.1	36
83	Reduced Plasma Orexin-A Concentrations are Associated with Cognitive Deficits in Anorexia Nervosa. Scientific Reports, 2019, 9, 7910.	3.3	26
84	Exploring the Relationship Between the Acceptability of an Internet-Based Intervention for Depression in Primary Care and Clinical Outcomes: Secondary Analysis of a Randomized Controlled Trial. Frontiers in Psychiatry, 2019, 10, 325.	2.6	25
85	Qualitative analysis of the Best Possible Self intervention: Underlying mechanisms that influence its efficacy. PLoS ONE, 2019, 14, e0216896.	2.5	10
86	Protocol for a randomized controlled dismantling study of an internet-based intervention for depressive symptoms: exploring the contribution of behavioral activation and positive psychotherapy strategies. BMC Psychiatry, 2019, 19, 133.	2.6	3
87	Capturing the Severity and Impairment Associated With Depression: The Overall Depression Severity and Impairment Scale (ODSIS) Validation in a Spanish Clinical Sample. Frontiers in Psychiatry, 2019, 10, 180.	2.6	14
88	Efficacy of an internet-based exposure treatment for flying phobia (NO-FEAR Airlines) with and without therapist guidance: a randomized controlled trial. BMC Psychiatry, 2019, 19, 86.	2.6	21
89	The Binge Eating Scale: Structural Equation Competitive Models, Invariance Measurement Between Sexes, and Relationships With Food Addiction, Impulsivity, Binge Drinking, and Body Mass Index. Frontiers in Psychology, 2019, 10, 530.	2.1	28
90	Psychometric properties of the Spanish version of the involvement evaluation questionnaire in caregivers of patients with borderline personality disorders. Clinical Psychology and Psychotherapy, 2019, 26, 378-387.	2.7	2

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91	Efficacy of a blended low-intensity internet-delivered psychological programme in patients with multimorbidity in primary care: study protocol for a randomized controlled trial. <i>BMC Psychiatry</i> , 2019, 19, 66.	2.6	5
92	Immersive Versus Non-immersive Experience: Exploring the Feasibility of Memory Assessment Through 360° Technology. <i>Frontiers in Psychology</i> , 2019, 10, 2509.	2.1	78
93	Analysis of the efficacy of an internet-based self-administered intervention (‘‘Living Better’’) to promote healthy habits in a population with obesity and hypertension: An exploratory randomized controlled trial. <i>International Journal of Medical Informatics</i> , 2019, 124, 13-23.	3.3	31
94	Efficacy of a cognitive and behavioral treatment for childhood obesity supported by the ETIOBE web platform. <i>Psychology, Health and Medicine</i> , 2019, 24, 703-713.	2.4	16
95	Virtual Reality, Augmented Reality, and In Vivo Exposure Therapy: A Preliminary Comparison of Treatment Efficacy in Small Animal Phobia. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2019, 22, 31-38.	3.9	56
96	An adaptive virtual reality system for the treatment of adjustment disorder and complicated grief: 1-year follow-up efficacy data. <i>Clinical Psychology and Psychotherapy</i> , 2019, 26, 204-217.	2.7	15
97	Upregulating Positive Affectivity in the Transdiagnostic Treatment of Emotional Disorders: A Randomized Pilot Study. <i>Behavior Modification</i> , 2019, 43, 26-55.	1.6	7
98	An Internet based intervention for improving resilience and coping strategies in university students: Study protocol for a randomized controlled trial. <i>Internet Interventions</i> , 2019, 16, 43-51.	2.7	54
99	Healthy Teens @ School: Evaluating and disseminating transdiagnostic preventive interventions for eating disorders and obesity for adolescents in school settings. <i>Internet Interventions</i> , 2019, 16, 65-75.	2.7	23
100	Assessing the costs and cost-effectiveness of ICare internet-based interventions (protocol). <i>Internet Interventions</i> , 2019, 16, 12-19.	2.7	8
101	Virtual Reality and Anxiety Disorders Treatment: Evolution and Future Perspectives. <i>Virtual Reality Technologies for Health and Clinical Applications</i> , 2019, , 47-84.	0.8	5
102	Exploring the assessment of Adjustment Disorders: Differences between a general and a clinical sample. <i>Psicothema</i> , 2019, 31, 17-23.	0.9	4
103	Interventions of computerized psychotherapies for depression in Primary Care in Spain. <i>Actas Espanolas De Psiquiatria</i> , 2019, 47, 236-46.	0.1	4
104	Efficacy of an adaptation of the Best Possible Self intervention implemented through positive technology: a randomized control trial. <i>Applied Research in Quality of Life</i> , 2018, 13, 671-689.	2.4	18
105	Dialectical Behavior Therapy in the Treatment of Borderline Personality Disorder and Eating Disorders Comorbidity: A Pilot Study in a Naturalistic Setting. <i>Cognitive Therapy and Research</i> , 2018, 42, 636-649.	1.9	23
106	Visual Data Mining With Self-organizing Maps for ‘‘Self-monitoring’’ Data Analysis. <i>Sociological Methods and Research</i> , 2018, 47, 492-506.	6.8	7
107	Economic Impact of Third-Wave Cognitive Behavioral Therapies: A Systematic Review and Quality Assessment of Economic Evaluations in Randomized Controlled Trials. <i>Behavior Therapy</i> , 2018, 49, 124-147.	2.4	39
108	Effect of a web-based positive psychology intervention on prenatal well-being: A case series study. <i>Women and Birth</i> , 2018, 31, e1-e8.	2.0	32

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109	Effects of a Brief Mindful Eating Induction on Food Choices and Energy Intake: External Eating and Mindfulness State as Moderators. <i>Mindfulness</i> , 2018, 9, 750-760.	2.8	35
110	How Does Mindfulness Work? Exploring a Theoretical Model Using Samples of Meditators and Non-meditators. <i>Mindfulness</i> , 2018, 9, 860-870.	2.8	29
111	Adherence predictors in an Internet-based Intervention program for depression. <i>Cognitive Behaviour Therapy</i> , 2018, 47, 246-261.	3.5	19
112	Increasing physical activity through an Internet-based motivational intervention supported by pedometers in a sample of sedentary students: A randomised controlled trial. <i>Psychology and Health</i> , 2018, 33, 465-482.	2.2	23
113	Subjective, behavioral, and physiological responses to the rubber hand illusion do not vary with age in the adult phase. <i>Consciousness and Cognition</i> , 2018, 58, 90-96.	1.5	21
114	Assessing the Relationship Between Attitudinal and Perceptual Component of Body Image Disturbance Using Virtual Reality. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2018, 21, 679-686.	3.9	20
115	Exploring the Incorporation of a Positive Psychology Component in a Cognitive Behavioral Internet-Based Program for Depressive Symptoms. Results Throughout the Intervention Process. <i>Frontiers in Psychology</i> , 2018, 9, 2360.	2.1	15
116	Direct Experience While Eating in a Sample With Eating Disorders and Obesity. <i>Frontiers in Psychology</i> , 2018, 9, 1373.	2.1	0
117	A brief online transdiagnostic measure: Psychometric properties of the Overall Anxiety Severity and Impairment Scale (OASIS) among Spanish patients with emotional disorders. <i>PLoS ONE</i> , 2018, 13, e0206516.	2.5	32
118	The acceptability of an Internet-based exposure treatment for flying phobia with and without therapist guidance: patients's expectations, satisfaction, treatment preferences, and usability. <i>Neuropsychiatric Disease and Treatment</i> , 2018, Volume 14, 879-892.	2.2	21
119	Relationship between effortful control and facets of mindfulness in meditators, non-meditators and individuals with borderline personality disorder. <i>Personality and Mental Health</i> , 2018, 12, 265-278.	1.2	6
120	Implementation of a Positive Technology Application in Patients With Eating Disorders: A Pilot Randomized Control Trial. <i>Frontiers in Psychology</i> , 2018, 9, 934.	2.1	6
121	Users's Opinion About a Virtual Reality System as an Adjunct to Psychological Treatment for Stress-Related Disorders: A Quantitative and Qualitative Mixed-Methods Study. <i>Frontiers in Psychology</i> , 2018, 9, 1038.	2.1	27
122	Home-exercise Childhood Obesity Intervention: A Randomized Clinical Trial Comparing Print Versus Web-based (Move It) Platforms. <i>Journal of Pediatric Nursing</i> , 2018, 42, e79-e84.	1.5	12
123	Cognitively-Based Compassion Training (CBCT) in Breast Cancer Survivors: A Randomized Clinical Trial Study. <i>Integrative Cancer Therapies</i> , 2018, 17, 684-696.	2.0	61
124	Efficacy and cost-effectiveness of a blended cognitive behavioral therapy for depression in Spanish primary health care: study protocol for a randomised non-inferiority trial. <i>BMC Psychiatry</i> , 2018, 18, 74.	2.6	5
125	Expand your body when you look at yourself: The role of the posture in a mirror exposure task. <i>PLoS ONE</i> , 2018, 13, e0194686.	2.5	7
126	Validación psicométrica del cuestionario de regulación emocional (ERQ-CA) en población adolescente española. <i>Revista De Psicología Clínica Con Niños Y Adolescentes</i> , 2018, 5, 9-15.	0.4	14



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127	Clients'™ Experiences With Internet-Based Psychological Treatments for Mental Disorders: Protocol for a Metasynthesis of Qualitative Studies. JMIR Research Protocols, 2018, 7, e183.	1.0	0
128	Understanding Dispositional Hope in General and Clinical Populations. Applied Research in Quality of Life, 2017, 12, 439-450.	2.4	12
129	Assessing future expectations and the two-dimensional model of affect in an Italian population. Psychiatry Research, 2017, 249, 226-231.	3.3	1
130	Body schema plasticity after stroke: Subjective and neurophysiological correlates of the rubber hand illusion. Neuropsychologia, 2017, 96, 61-69.	1.6	37
131	Positive Technologies for Improving Health and Well-Being. , 2017, , 219-234.		10
132	Exploring relations among mindfulness facets and various meditation practices: Do they work in different ways?. Consciousness and Cognition, 2017, 49, 172-180.	1.5	30
133	Recent Progress in Virtual Reality Exposure Therapy for Phobias: A Systematic Review. Current Psychiatry Reports, 2017, 19, 42.	4.5	282
134	Emotional eating as a mediator between anxiety and cholesterol in population with overweight and hypertension. Psychology, Health and Medicine, 2017, 22, 911-918.	2.4	5
135	Positive Technologies for Understanding and Promoting Positive Emotions. Spanish Journal of Psychology, 2017, 20, E50.	2.1	9
136	Dropping out of a transdiagnostic online intervention: A qualitative analysis of client's experiences. Internet Interventions, 2017, 10, 29-38.	2.7	50
137	Efficacy of a Transdiagnostic internet-based treatment for emotional disorders with a specific component to address positive affect: Study protocol for a randomized controlled trial. BMC Psychiatry, 2017, 17, 145.	2.6	19
138	A New Racket Sport That Provokes Similar Heart Rate As Soccer And Basketball In Children. Medicine and Science in Sports and Exercise, 2017, 49, 881.	0.4	0
139	Online Positive Interventions to Promote Well-being and Resilience in the Adolescent Population: A Narrative Review. Frontiers in Psychiatry, 2017, 8, 10.	2.6	51
140	Virtual Reality and Other Realities. , 2017, , 551-590.		8
141	An increase in visceral fat is associated with a decrease in the taste and olfactory capacity. PLoS ONE, 2017, 12, e0171204.	2.5	70
142	An Internet-based program for depressive symptoms using human and automated support: a randomized controlled trial. Neuropsychiatric Disease and Treatment, 2017, Volume 13, 987-1006.	2.2	66
143	Economic evaluation of a guided and unguided internet-based CBT intervention for major depression: Results from a multi-center, three-armed randomized controlled trial conducted in primary care. PLoS ONE, 2017, 12, e0172741.	2.5	59
144	¿Lo bueno dura poco? disminuir las emociones positivas influye en nuestros niveles de optimismo. Anales De Psicología, 2016, 32, 704.	0.7	3

#	ARTICLE	IF	CITATIONS
145	An Internet-based program for depression using activity and physiological sensors: efficacy, expectations, satisfaction, and ease of use. <i>Neuropsychiatric Disease and Treatment</i> , 2016, 12, 393.	2.2	34
146	Decision Making Impairment: A Shared Vulnerability in Obesity, Gambling Disorder and Substance Use Disorders?. <i>PLoS ONE</i> , 2016, 11, e0163901.	2.5	34
147	Maximizing the Impact of e-Therapy and Serious Gaming: Time for a Paradigm Shift. <i>Frontiers in Psychiatry</i> , 2016, 7, 65.	2.6	138
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