

# Sandra E Sephton

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7460886/publications.pdf>

Version: 2024-02-01

65  
papers

6,198  
citations

101543

36  
h-index

110387

64  
g-index

66  
all docs

66  
docs citations

66  
times ranked

6214  
citing authors

#	ARTICLE	IF	CITATIONS
1	Depressive symptoms and shorter survival in lung cancer: the role of leukocyte telomere length. <i>Psychology and Health</i> , 2023, 38, 1649-1664.	2.2	2
2	Association of Stress-Health Factors among Parkinsonâ€™s Disease Patient/Caregiving-Partner Dyads. <i>Archives of Clinical Neuropsychology</i> , 2022, 37, 12-18.	0.5	2
3	A Pilot Randomized Controlled Trial Investigating MBSR for Parkinsonâ€™s Disease Patients and Their Caregiving Partners: Effects on Distress, Social support, Cortisol, and Inflammation. <i>Mindfulness</i> , 2022, 13, 1271-1280.	2.8	0
4	Mindfulness, self-reported health, and cortisol: A latent profile analysis. <i>Journal of Health Psychology</i> , 2021, 26, 2719-2729.	2.3	1
5	Depressive symptoms among patients with lung cancer: Elucidating the roles of shame, guilt, and self-compassion. <i>Journal of Health Psychology</i> , 2021, , 135910532098833.	2.3	11
6	The role of the circadian clock in cancer hallmark acquisition and immune-based cancer therapeutics. <i>Journal of Experimental and Clinical Cancer Research</i> , 2021, 40, 119.	8.6	23
7	Impact of coping strategies on perceived stress, depression, and cortisol profiles among gynecologic cancer patients. <i>Journal of Health Psychology</i> , 2020, 25, 993-1003.	2.3	14
8	The association between history of traumatic events and health-related quality of life among lung cancer patients. <i>Journal of Psychosocial Oncology</i> , 2020, 38, 627-634.	1.2	3
9	ELISA-based detection of Open Reading Frame protein 1 in patients at risk of developing lung cancer. <i>Clinica Chimica Acta</i> , 2020, 507, 1-6.	1.1	6
10	Dispositional mindfulness is associated with lower basal sympathetic arousal and less psychological stress.. <i>International Journal of Stress Management</i> , 2020, 27, 88-92.	1.2	9
11	The role of dispositional mindfulness in a stress-health pathway among Parkinsonâ€™s disease patients and caregiving partners. <i>Quality of Life Research</i> , 2019, 28, 2705-2716.	3.1	11
12	Depressive symptoms predict head and neck cancer survival: Examining plausible behavioral and biological pathways. <i>Cancer</i> , 2018, 124, 1053-1060.	4.1	50
13	Distress and quality of life in an ethnically diverse sample awaiting breast cancer surgery. <i>Journal of Health Psychology</i> , 2018, 23, 1438-1451.	2.3	9
14	Intraindividual variability in cortisol: Approaches, illustrations, and recommendations. <i>Psychoneuroendocrinology</i> , 2017, 78, 114-124.	2.7	20
15	Salivary Cortisol and Regional Brain Volumes Among Veterans With and Without Posttraumatic Stress Disorder. <i>Biological Psychiatry: Cognitive Neuroscience and Neuroimaging</i> , 2017, 2, 372-379.	1.5	6
16	Endogenous Cortisol Exposure and Declarative Verbal Memory. <i>Psychosomatic Medicine</i> , 2016, 78, 182-191.	2.0	15
17	Association of Dispositional Mindfulness with Stress, Cortisol, and Well-Being Among University Undergraduate Students. <i>Mindfulness</i> , 2016, 7, 874-885.	2.8	40
18	Psychological and social resources relate to biomarkers of allostasis in newly admitted nursing home residents. <i>Aging and Mental Health</i> , 2016, 20, 88-99.	2.8	16

#	ARTICLE	IF	CITATIONS
19	Circadian disruption and biomarkers of tumor progression in breast cancer patients awaiting surgery. <i>Brain, Behavior, and Immunity</i> , 2015, 48, 102-114.	4.1	56
20	Stress and Cortisol in Disaster Evacuees: An Exploratory Study on Associations with Social Protective Factors. <i>Applied Psychophysiology Biofeedback</i> , 2015, 40, 33-44.	1.7	6
21	Mindfulness Meditation Alleviates Fibromyalgia Symptoms in Women: Results of a Randomized Clinical Trial. <i>Annals of Behavioral Medicine</i> , 2015, 49, 319-330.	2.9	108
22	Learning with interactive computer graphics in the undergraduate neuroscience classroom. <i>Advances in Health Sciences Education</i> , 2014, 19, 507-528.	3.3	10
23	Variability and reliability of diurnal cortisol in younger and older adults: Implications for design decisions. <i>Psychoneuroendocrinology</i> , 2014, 49, 299-309.	2.7	86
24	Diurnal cortisol rhythm as a predictor of lung cancer survival. <i>Brain, Behavior, and Immunity</i> , 2013, 30, S163-S170.	4.1	261
25	Disentangling sources of individual differences in diurnal salivary $\alpha$ -amylase: Reliability, stability and sensitivity to context. <i>Psychoneuroendocrinology</i> , 2013, 38, 367-375.	2.7	56
26	Exploring patterns in cortisol synchrony among anxious and nonanxious mother and child dyads: A preliminary study. <i>Biological Psychology</i> , 2013, 93, 287-295.	2.2	38
27	Stress, Coping, and Circadian Disruption Among Women Awaiting Breast Cancer Surgery. <i>Annals of Behavioral Medicine</i> , 2012, 44, 10-20.	2.9	54
28	Depression May Mediate the Relationship between Sense of Coherence and Quality of Life in Lung Cancer Patients. <i>Journal of Health Psychology</i> , 2011, 16, 249-257.	2.3	19
29	Extreme Weather-Related Events: Implications for Mental Health and Well-Being. <i>Fundamental and Applied Catalysis</i> , 2011, , 57-78.	0.9	19
30	Circadian effects in cancer-relevant psychoneuroendocrine and immune pathways. <i>Psychoneuroendocrinology</i> , 2010, 35, 963-976.	2.7	75
31	Diurnal cortisol dysregulation, functional disability, and depression in women with ovarian cancer. <i>Cancer</i> , 2010, 116, 4410-4419.	4.1	102
32	Optimistic Expectancies and Cell-Mediated Immunity. <i>Psychological Science</i> , 2010, 21, 448-455.	3.3	143
33	Aberrant regulation of endogenous ouabain-like factor in bipolar subjects. <i>Psychiatry Research</i> , 2010, 178, 116-120.	3.3	22
34	Yoga and Mindfulness: Clinical Aspects of an Ancient Mind/Body Practice. <i>Cognitive and Behavioral Practice</i> , 2009, 16, 59-72.	1.5	165
35	Mindfulness Meditation for Symptom Reduction in Fibromyalgia: Psychophysiological Correlates. <i>Journal of Clinical Psychology in Medical Settings</i> , 2009, 16, 200-207.	1.4	83
36	Depression, cortisol, and suppressed cell-mediated immunity in metastatic breast cancer. <i>Brain, Behavior, and Immunity</i> , 2009, 23, 1148-1155.	4.1	131

#	ARTICLE	IF	CITATIONS
37	Interleukin-6, Cortisol, and Depressive Symptoms in Ovarian Cancer Patients. <i>Journal of Clinical Oncology</i> , 2008, 26, 4820-4827.	1.6	172
38	Mindfulness meditation alleviates depressive symptoms in women with fibromyalgia: Results of a randomized clinical trial. <i>Arthritis and Rheumatism</i> , 2007, 57, 77-85.	6.7	316
39	Ethnicity, Stress, and Cortisol Function in Hispanic and Non-Hispanic White Women: A Preliminary Study of Family Dementia Caregivers and Noncaregivers. <i>American Journal of Geriatric Psychiatry</i> , 2006, 14, 334-342.	1.2	83
40	Emotional expression and diurnal cortisol slope in women with metastatic breast cancer in supportive-expressive group therapy: A preliminary study. <i>Biological Psychology</i> , 2006, 73, 190-198.	2.2	44
41	Depression and Stress Reactivity in Metastatic Breast Cancer. <i>Psychosomatic Medicine</i> , 2006, 68, 675-683.	2.0	97
42	The influence of bio-behavioural factors on tumour biology: pathways and mechanisms. <i>Nature Reviews Cancer</i> , 2006, 6, 240-248.	28.4	812
43	Childhood trauma and diurnal cortisol disruption in fibromyalgia syndrome. <i>Psychoneuroendocrinology</i> , 2006, 31, 312-324.	2.7	131
44	Improving methods of assessing natural killer cell cytotoxicity. <i>International Journal of Methods in Psychiatric Research</i> , 2006, 15, 12-21.	2.1	9
45	Chronic stress, depression and immunity in spouses of metastatic breast cancer patients. <i>Clinical Psychologist</i> , 2005, 9, 59-63.	0.8	9
46	Engagement and Arousal: Optimism's Effects During a Brief Stressor. <i>Personality and Social Psychology Bulletin</i> , 2005, 31, 111-120.	3.0	109
47	A biobehavioral perspective of tumor biology. <i>Discovery Medicine</i> , 2005, 5, 520-6.	0.5	13
48	Cytotoxic T Lymphocyte Count and Survival Time in Women with Metastatic Breast Cancer. <i>Breast Journal</i> , 2004, 10, 195-199.	1.0	32
49	Flattened cortisol rhythms in metastatic breast cancer patients. <i>Psychoneuroendocrinology</i> , 2004, 29, 1082-1092.	2.7	248
50	Mindfulness meditation in clinical practice. <i>Cognitive and Behavioral Practice</i> , 2004, 11, 434-446.	1.5	101
51	The interaction of social network size and stressful life events predict delayed-type hypersensitivity among women with metastatic breast cancer. <i>International Journal of Psychophysiology</i> , 2004, 54, 241-249.	1.0	14
52	Religiosity May Help Preserve the Cortisol Rhythm in Women with Stress-Related Illness. <i>International Journal of Psychiatry in Medicine</i> , 2004, 34, 61-77.	1.8	59
53	Repression and High Anxiety Are Associated With Aberrant Diurnal Cortisol Rhythms in Women With Metastatic Breast Cancer.. <i>Health Psychology</i> , 2004, 23, 645-650.	1.6	110
54	Circadian disruption in cancer: a neuroendocrine-immune pathway from stress to disease?. <i>Brain, Behavior, and Immunity</i> , 2003, 17, 321-328.	4.1	313

#	ARTICLE	IF	CITATIONS
55	Dissociative Symptoms and Cortisol Responses to Recounting Traumatic Experiences Among Childhood Sexual Abuse Survivors with PTSD. <i>Journal of Trauma and Dissociation</i> , 2003, 4, 29-46.	1.9	21
56	Biological and Psychological Factors Associated With Memory Function in Fibromyalgia Syndrome.. <i>Health Psychology</i> , 2003, 22, 592-597.	1.6	66
57	Re: Night Shift Work, Light at Night, and Risk of Breast Cancer. <i>Journal of the National Cancer Institute</i> , 2002, 94, 530-530.	6.3	21
58	Sleep Disturbances in Women With Metastatic Breast Cancer. <i>Breast Journal</i> , 2002, 8, 362-370.	1.0	134
59	Mindfulness-Based Stress Reduction and Sense of Coherence Among Women with Fibromyalgia. <i>Journal of Clinical Psychology in Medical Settings</i> , 2002, 9, 297-307.	1.4	145
60	Spiritual Expression and Immune Status in Women with Metastatic Breast Cancer: An Exploratory Study. <i>Breast Journal</i> , 2001, 7, 345-353.	1.0	78
61	Psychoneuroimmune and endocrine pathways in cancer: Effects of stress and support. <i>Seminars in Clinical Neuropsychiatry</i> , 2001, 6, 252-265.	1.9	75
62	Social Support and Salivary Cortisol in Women With Metastatic Breast Cancer. <i>Psychosomatic Medicine</i> , 2000, 62, 337-345.	2.0	205
63	Diurnal Cortisol Rhythm as a Predictor of Breast Cancer Survival. <i>Journal of the National Cancer Institute</i> , 2000, 92, 994-1000.	6.3	900
64	Effects of Psychosocial Treatment in Prolonging Cancer Survival May Be Mediated by Neuroimmune Pathways. <i>Annals of the New York Academy of Sciences</i> , 1998, 840, 674-683.	3.8	84
65	Effects of Prenatal Testosterone on Sexual Behavior, Reproductive Morphology and LH Secretion in the Female Rat. <i>Developmental Neuroscience</i> , 1997, 19, 430-437.	2.0	98