

Sandra E Sephton

List of Publications by Year in descending order

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Version: 2024-02-01

65
papers

6,198
citations

101543

36
h-index

110387

64
g-index

66
all docs

66
docs citations

66
times ranked

6214
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|--|------|-----------|
| 1 | Diurnal Cortisol Rhythm as a Predictor of Breast Cancer Survival. <i>Journal of the National Cancer Institute</i> , 2000, 92, 994-1000. | 6.3 | 900 |
| 2 | The influence of bio-behavioural factors on tumour biology: pathways and mechanisms. <i>Nature Reviews Cancer</i> , 2006, 6, 240-248. | 28.4 | 812 |
| 3 | Mindfulness meditation alleviates depressive symptoms in women with fibromyalgia: Results of a randomized clinical trial. <i>Arthritis and Rheumatism</i> , 2007, 57, 77-85. | 6.7 | 316 |
| 4 | Circadian disruption in cancer: a neuroendocrine-immune pathway from stress to disease?. <i>Brain, Behavior, and Immunity</i> , 2003, 17, 321-328. | 4.1 | 313 |
| 5 | Diurnal cortisol rhythm as a predictor of lung cancer survival. <i>Brain, Behavior, and Immunity</i> , 2013, 30, S163-S170. | 4.1 | 261 |
| 6 | Flattened cortisol rhythms in metastatic breast cancer patients. <i>Psychoneuroendocrinology</i> , 2004, 29, 1082-1092. | 2.7 | 248 |
| 7 | Social Support and Salivary Cortisol in Women With Metastatic Breast Cancer. <i>Psychosomatic Medicine</i> , 2000, 62, 337-345. | 2.0 | 205 |
| 8 | Interleukin-6, Cortisol, and Depressive Symptoms in Ovarian Cancer Patients. <i>Journal of Clinical Oncology</i> , 2008, 26, 4820-4827. | 1.6 | 172 |
| 9 | Yoga and Mindfulness: Clinical Aspects of an Ancient Mind/Body Practice. <i>Cognitive and Behavioral Practice</i> , 2009, 16, 59-72. | 1.5 | 165 |
| 10 | Mindfulness-Based Stress Reduction and Sense of Coherence Among Women with Fibromyalgia. <i>Journal of Clinical Psychology in Medical Settings</i> , 2002, 9, 297-307. | 1.4 | 145 |
| 11 | Optimistic Expectancies and Cell-Mediated Immunity. <i>Psychological Science</i> , 2010, 21, 448-455. | 3.3 | 143 |
| 12 | Sleep Disturbances in Women With Metastatic Breast Cancer. <i>Breast Journal</i> , 2002, 8, 362-370. | 1.0 | 134 |
| 13 | Childhood trauma and diurnal cortisol disruption in fibromyalgia syndrome. <i>Psychoneuroendocrinology</i> , 2006, 31, 312-324. | 2.7 | 131 |
| 14 | Depression, cortisol, and suppressed cell-mediated immunity in metastatic breast cancer. <i>Brain, Behavior, and Immunity</i> , 2009, 23, 1148-1155. | 4.1 | 131 |
| 15 | Repression and High Anxiety Are Associated With Aberrant Diurnal Cortisol Rhythms in Women With Metastatic Breast Cancer.. <i>Health Psychology</i> , 2004, 23, 645-650. | 1.6 | 110 |
| 16 | Engagement and Arousal: Optimism's Effects During a Brief Stressor. <i>Personality and Social Psychology Bulletin</i> , 2005, 31, 111-120. | 3.0 | 109 |
| 17 | Mindfulness Meditation Alleviates Fibromyalgia Symptoms in Women: Results of a Randomized Clinical Trial. <i>Annals of Behavioral Medicine</i> , 2015, 49, 319-330. | 2.9 | 108 |
| 18 | Diurnal cortisol dysregulation, functional disability, and depression in women with ovarian cancer. <i>Cancer</i> , 2010, 116, 4410-4419. | 4.1 | 102 |

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|----|--|-----|-----------|
| 19 | Mindfulness meditation in clinical practice. <i>Cognitive and Behavioral Practice</i> , 2004, 11, 434-446. | 1.5 | 101 |
| 20 | Effects of Prenatal Testosterone on Sexual Behavior, Reproductive Morphology and LH Secretion in the Female Rat. <i>Developmental Neuroscience</i> , 1997, 19, 430-437. | 2.0 | 98 |
| 21 | Depression and Stress Reactivity in Metastatic Breast Cancer. <i>Psychosomatic Medicine</i> , 2006, 68, 675-683. | 2.0 | 97 |
| 22 | Variability and reliability of diurnal cortisol in younger and older adults: Implications for design decisions. <i>Psychoneuroendocrinology</i> , 2014, 49, 299-309. | 2.7 | 86 |
| 23 | Effects of Psychosocial Treatment in Prolonging Cancer Survival May Be Mediated by Neuroimmune Pathways. <i>Annals of the New York Academy of Sciences</i> , 1998, 840, 674-683. | 3.8 | 84 |
| 24 | Ethnicity, Stress, and Cortisol Function in Hispanic and Non-Hispanic White Women: A Preliminary Study of Family Dementia Caregivers and Noncaregivers. <i>American Journal of Geriatric Psychiatry</i> , 2006, 14, 334-342. | 1.2 | 83 |
| 25 | Mindfulness Meditation for Symptom Reduction in Fibromyalgia: Psychophysiological Correlates. <i>Journal of Clinical Psychology in Medical Settings</i> , 2009, 16, 200-207. | 1.4 | 83 |
| 26 | Spiritual Expression and Immune Status in Women with Metastatic Breast Cancer: An Exploratory Study. <i>Breast Journal</i> , 2001, 7, 345-353. | 1.0 | 78 |
| 27 | Circadian effects in cancer-relevant psychoneuroendocrine and immune pathways. <i>Psychoneuroendocrinology</i> , 2010, 35, 963-976. | 2.7 | 75 |
| 28 | Psychoneuroimmune and endocrine pathways in cancer: Effects of stress and support. <i>Seminars in Clinical Neuropsychiatry</i> , 2001, 6, 252-265. | 1.9 | 75 |
| 29 | Biological and Psychological Factors Associated With Memory Function in Fibromyalgia Syndrome.. <i>Health Psychology</i> , 2003, 22, 592-597. | 1.6 | 66 |
| 30 | Religiosity May Help Preserve the Cortisol Rhythm in Women with Stress-Related Illness. <i>International Journal of Psychiatry in Medicine</i> , 2004, 34, 61-77. | 1.8 | 59 |
| 31 | Disentangling sources of individual differences in diurnal salivary α -amylase: Reliability, stability and sensitivity to context. <i>Psychoneuroendocrinology</i> , 2013, 38, 367-375. | 2.7 | 56 |
| 32 | Circadian disruption and biomarkers of tumor progression in breast cancer patients awaiting surgery. <i>Brain, Behavior, and Immunity</i> , 2015, 48, 102-114. | 4.1 | 56 |
| 33 | Stress, Coping, and Circadian Disruption Among Women Awaiting Breast Cancer Surgery. <i>Annals of Behavioral Medicine</i> , 2012, 44, 10-20. | 2.9 | 54 |
| 34 | Depressive symptoms predict head and neck cancer survival: Examining plausible behavioral and biological pathways. <i>Cancer</i> , 2018, 124, 1053-1060. | 4.1 | 50 |
| 35 | Emotional expression and diurnal cortisol slope in women with metastatic breast cancer in supportive-expressive group therapy: A preliminary study. <i>Biological Psychology</i> , 2006, 73, 190-198. | 2.2 | 44 |
| 36 | Association of Dispositional Mindfulness with Stress, Cortisol, and Well-Being Among University Undergraduate Students. <i>Mindfulness</i> , 2016, 7, 874-885. | 2.8 | 40 |

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|----|---|-----|-----------|
| 37 | Exploring patterns in cortisol synchrony among anxious and nonanxious mother and child dyads: A preliminary study. <i>Biological Psychology</i> , 2013, 93, 287-295. | 2.2 | 38 |
| 38 | Cytotoxic T Lymphocyte Count and Survival Time in Women with Metastatic Breast Cancer. <i>Breast Journal</i> , 2004, 10, 195-199. | 1.0 | 32 |
| 39 | The role of the circadian clock in cancer hallmark acquisition and immune-based cancer therapeutics. <i>Journal of Experimental and Clinical Cancer Research</i> , 2021, 40, 119. | 8.6 | 23 |
| 40 | Aberrant regulation of endogenous ouabain-like factor in bipolar subjects. <i>Psychiatry Research</i> , 2010, 178, 116-120. | 3.3 | 22 |
| 41 | Re: Night Shift Work, Light at Night, and Risk of Breast Cancer. <i>Journal of the National Cancer Institute</i> , 2002, 94, 530-530. | 6.3 | 21 |
| 42 | Dissociative Symptoms and Cortisol Responses to Recounting Traumatic Experiences Among Childhood Sexual Abuse Survivors with PTSD. <i>Journal of Trauma and Dissociation</i> , 2003, 4, 29-46. | 1.9 | 21 |
| 43 | Intraindividual variability in cortisol: Approaches, illustrations, and recommendations. <i>Psychoneuroendocrinology</i> , 2017, 78, 114-124. | 2.7 | 20 |
| 44 | Depression May Mediate the Relationship between Sense of Coherence and Quality of Life in Lung Cancer Patients. <i>Journal of Health Psychology</i> , 2011, 16, 249-257. | 2.3 | 19 |
| 45 | Extreme Weather-Related Events: Implications for Mental Health and Well-Being. <i>Fundamental and Applied Catalysis</i> , 2011, , 57-78. | 0.9 | 19 |
| 46 | Psychological and social resources relate to biomarkers of allostasis in newly admitted nursing home residents. <i>Aging and Mental Health</i> , 2016, 20, 88-99. | 2.8 | 16 |
| 47 | Endogenous Cortisol Exposure and Declarative Verbal Memory. <i>Psychosomatic Medicine</i> , 2016, 78, 182-191. | 2.0 | 15 |
| 48 | The interaction of social network size and stressful life events predict delayed-type hypersensitivity among women with metastatic breast cancer. <i>International Journal of Psychophysiology</i> , 2004, 54, 241-249. | 1.0 | 14 |
| 49 | Impact of coping strategies on perceived stress, depression, and cortisol profiles among gynecologic cancer patients. <i>Journal of Health Psychology</i> , 2020, 25, 993-1003. | 2.3 | 14 |
| 50 | A biobehavioral perspective of tumor biology. <i>Discovery Medicine</i> , 2005, 5, 520-6. | 0.5 | 13 |
| 51 | The role of dispositional mindfulness in a stress-health pathway among Parkinson's disease patients and caregiving partners. <i>Quality of Life Research</i> , 2019, 28, 2705-2716. | 3.1 | 11 |
| 52 | Depressive symptoms among patients with lung cancer: Elucidating the roles of shame, guilt, and self-compassion. <i>Journal of Health Psychology</i> , 2021, , 135910532098833. | 2.3 | 11 |
| 53 | Learning with interactive computer graphics in the undergraduate neuroscience classroom. <i>Advances in Health Sciences Education</i> , 2014, 19, 507-528. | 3.3 | 10 |
| 54 | Chronic stress, depression and immunity in spouses of metastatic breast cancer patients. <i>Clinical Psychologist</i> , 2005, 9, 59-63. | 0.8 | 9 |

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|----|---|-----|-----------|
| 55 | Improving methods of assessing natural killer cell cytotoxicity. <i>International Journal of Methods in Psychiatric Research</i> , 2006, 15, 12-21. | 2.1 | 9 |
| 56 | Distress and quality of life in an ethnically diverse sample awaiting breast cancer surgery. <i>Journal of Health Psychology</i> , 2018, 23, 1438-1451. | 2.3 | 9 |
| 57 | Dispositional mindfulness is associated with lower basal sympathetic arousal and less psychological stress.. <i>International Journal of Stress Management</i> , 2020, 27, 88-92. | 1.2 | 9 |
| 58 | Stress and Cortisol in Disaster Evacuees: An Exploratory Study on Associations with Social Protective Factors. <i>Applied Psychophysiology Biofeedback</i> , 2015, 40, 33-44. | 1.7 | 6 |
| 59 | Salivary Cortisol and Regional Brain Volumes Among Veterans With and Without Posttraumatic Stress Disorder. <i>Biological Psychiatry: Cognitive Neuroscience and Neuroimaging</i> , 2017, 2, 372-379. | 1.5 | 6 |
| 60 | ELISA-based detection of Open Reading Frame protein 1 in patients at risk of developing lung cancer. <i>Clinica Chimica Acta</i> , 2020, 507, 1-6. | 1.1 | 6 |
| 61 | The association between history of traumatic events and health-related quality of life among lung cancer patients. <i>Journal of Psychosocial Oncology</i> , 2020, 38, 627-634. | 1.2 | 3 |
| 62 | Association of Stress-Health Factors among Parkinsonâ€™s Disease Patient/Caregiving-Partner Dyads. <i>Archives of Clinical Neuropsychology</i> , 2022, 37, 12-18. | 0.5 | 2 |
| 63 | Depressive symptoms and shorter survival in lung cancer: the role of leukocyte telomere length. <i>Psychology and Health</i> , 2023, 38, 1649-1664. | 2.2 | 2 |
| 64 | Mindfulness, self-reported health, and cortisol: A latent profile analysis. <i>Journal of Health Psychology</i> , 2021, 26, 2719-2729. | 2.3 | 1 |
| 65 | A Pilot Randomized Controlled Trial Investigating MBSR for Parkinsonâ€™s Disease Patients and Their Caregiving Partners: Effects on Distress, Social support, Cortisol, and Inflammation. <i>Mindfulness</i> , 2022, 13, 1271-1280. | 2.8 | 0 |