Mark Andrew Tarnopolsky

List of Publications by Year in descending order

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359 papers 21,705 citations

80 h-index 132 g-index

369 all docs

369 docs citations

369 times ranked

21831 citing authors

#	Article	IF	CITATIONS
1	Short-term sprint intervalversustraditional endurance training: similar initial adaptations in human skeletal muscle and exercise performance. Journal of Physiology, 2006, 575, 901-911.	2.9	772
2	Differential effects of resistance and endurance exercise in the fed state on signalling molecule phosphorylation and protein synthesis in human muscle. Journal of Physiology, 2008, 586, 3701-3717.	2.9	494
3	A practical model of low-volume high-intensity interval training induces mitochondrial biogenesis in human skeletal muscle: potential mechanisms. Journal of Physiology, 2010, 588, 1011-1022.	2.9	479
4	Consumption of fluid skim milk promotes greater muscle protein accretion after resistance exercise than does consumption of an isonitrogenous and isoenergetic soy-protein beverage. American Journal of Clinical Nutrition, 2007, 85, 1031-1040.	4.7	433
5	Diagnosis and management of mitochondrial disease: a consensus statement from the Mitochondrial Medicine Society. Genetics in Medicine, 2015, 17, 689-701.	2.4	414
6	Consumption of fat-free fluid milk after resistance exercise promotes greater lean mass accretion than does consumption of soy or carbohydrate in young, novice, male weightlifters. American Journal of Clinical Nutrition, 2007, 86, 373-381.	4.7	400
7	AMP-activated protein kinase (AMPK) $\hat{l}^2\hat{l}^2\hat{l}^2$ muscle null mice reveal an essential role for AMPK in maintaining mitochondrial content and glucose uptake during exercise. Proceedings of the National Academy of Sciences of the United States of America, 2011, 108, 16092-16097.	7.1	357
8	Influence of endurance exercise training and sex on intramyocellular lipid and mitochondrial ultrastructure, substrate use, and mitochondrial enzyme activity. American Journal of Physiology - Regulatory Integrative and Comparative Physiology, 2007, 292, R1271-R1278.	1.8	338
9	Postactivation potentiation, fiber type, and twitch contraction time in human knee extensor muscles. Journal of Applied Physiology, 2000, 88, 2131-2137.	2.5	333
10	Endurance exercise rescues progeroid aging and induces systemic mitochondrial rejuvenation in mtDNA mutator mice. Proceedings of the National Academy of Sciences of the United States of America, 2011, 108, 4135-4140.	7.1	313
11	The potential of endurance exercise-derived exosomes to treat metabolic diseases. Nature Reviews Endocrinology, 2016, 12, 504-517.	9.6	313
12	Resistance Exercise Reverses Aging in Human Skeletal Muscle. PLoS ONE, 2007, 2, e465.	2.5	267
13	Exercise Increases Mitochondrial PGC-1α Content and Promotes Nuclear-Mitochondrial Cross-talk to Coordinate Mitochondrial Biogenesis. Journal of Biological Chemistry, 2011, 286, 10605-10617.	3.4	267
14	An acute bout of high-intensity interval training increases the nuclear abundance of PGC- $1\hat{l}\pm$ and activates mitochondrial biogenesis in human skeletal muscle. American Journal of Physiology - Regulatory Integrative and Comparative Physiology, 2011, 300, R1303-R1310.	1.8	252
15	Twelve Weeks of Sprint Interval Training Improves Indices of Cardiometabolic Health Similar to Traditional Endurance Training despite a Five-Fold Lower Exercise Volume and Time Commitment. PLoS ONE, 2016, 11, e0154075.	2.5	246
16	Beneficial effects of creatine, CoQ10, and lipoic acid in mitochondrial disorders. Muscle and Nerve, 2007, 35, 235-242.	2.2	235
17	Potential for creatine and other therapies targeting cellular energy dysfunction in neurological disorders. Annals of Neurology, 2001, 49, 561-574.	5.3	230
18	Genetic risk factors associated with lipid-lowering drug-induced myopathies. Muscle and Nerve, 2006, 34, 153-162.	2.2	226

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19	Sex Differences in Exercise Metabolism and the Role of 17-Beta Estradiol. Medicine and Science in Sports and Exercise, 2008, 40, 648-654.	0.4	223
20	Massage Therapy Attenuates Inflammatory Signaling After Exercise-Induced Muscle Damage. Science Translational Medicine, 2012, 4, 119ra13.	12.4	223
21	The Effect of Aging on Human Skeletal Muscle Mitochondrial and Intramyocellular Lipid Ultrastructure. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2010, 65A, 119-128.	3.6	207
22	Oxidative stress and the mitochondrial theory of aging in human skeletal muscle. Experimental Gerontology, 2004, 39, 1391-1400.	2.8	204
23	Protein requirements for endurance athletes. Nutrition, 2004, 20, 662-668.	2.4	195
24	Creatine Supplementation Enhances Isometric Strength and Body Composition Improvements Following Strength Exercise Training in Older Adults. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2003, 58, B11-B19.	3.6	193
25	<i>GRIN2B</i> encephalopathy: novel findings on phenotype, variant clustering, functional consequences and treatment aspects. Journal of Medical Genetics, 2017, 54, 460-470.	3.2	190
26	miRNA in the Regulation of Skeletal Muscle Adaptation to Acute Endurance Exercise in C57Bl/6J Male Mice. PLoS ONE, 2009, 4, e5610.	2.5	189
27	Creatine monohydrate increases strength in patients with neuromuscular disease. Neurology, 1999, 52, 854-854.	1.1	188
28	Real-time RT-PCR analysis of housekeeping genes in human skeletal muscle following acute exercise. Physiological Genomics, 2004, 18, 226-231.	2.3	183
29	Suctionâ€modified Bergström muscle biopsy technique: Experience with 13,500 procedures. Muscle and Nerve, 2011, 43, 716-725.	2.2	183
30	Endurance exercise training attenuates leucine oxidation and BCOAD activation during exercise in humans. American Journal of Physiology - Endocrinology and Metabolism, 2000, 278, E580-E587.	3.5	178
31	Myostatin inhibitor ACEâ€031 treatment of ambulatory boys with Duchenne muscular dystrophy: Results of a randomized, placeboâ€controlled clinical trial. Muscle and Nerve, 2017, 55, 458-464.	2.2	176
32	Expanding the Boundaries of RNA Sequencing as a Diagnostic Tool for Rare Mendelian Disease. American Journal of Human Genetics, 2019, 104, 466-483.	6.2	176
33	Aberrant Mitochondrial Homeostasis in the Skeletal Muscle of Sedentary Older Adults. PLoS ONE, 2010, 5, e10778.	2.5	173
34	Patient care standards for primary mitochondrial disease: a consensus statement from the Mitochondrial Medicine Society. Genetics in Medicine, 2017, 19, 1380-1397.	2.4	173
35	Acute creatine loading increases fat-free mass, but does not affect blood pressure, plasma creatinine, or CK activity in men and women. Medicine and Science in Sports and Exercise, 2000, 32, 291.	0.4	164
36	Resistance exercise training decreases oxidative damage to DNA and increases cytochrome oxidase activity in older adults. Experimental Gerontology, 2005, 40, 173-180.	2.8	164

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37	Caffeine potentiates low frequency skeletal muscle force in habitual and nonhabitual caffeine consumers. Journal of Applied Physiology, 2000, 89, 1719-1724.	2.5	161
38	Superior mitochondrial adaptations in human skeletal muscle after interval compared to continuous singleâ€leg cycling matched for total work. Journal of Physiology, 2017, 595, 2955-2968.	2.9	148
39	Limb Immobilization Induces a Coordinate Down-Regulation of Mitochondrial and Other Metabolic Pathways in Men and Women. PLoS ONE, 2009, 4, e6518.	2.5	147
40	Antioxidant enzyme activity is up-regulated after unilateral resistance exercise training in older adults. Free Radical Biology and Medicine, 2005, 39, 289-295.	2.9	145
41	Genomeâ€wide <scp>DNA</scp> methylation changes with age in diseaseâ€free human skeletal muscle. Aging Cell, 2014, 13, 360-366.	6.7	145
42	Association of depression & amp; health related quality of life with body composition in children and youth with obesity. Journal of Affective Disorders, 2015, 172, 18-23.	4.1	143
43	Myostatin is associated with ageâ€related human muscle stem cell dysfunction. FASEB Journal, 2012, 26, 2509-2521.	0.5	139
44	Exosomes as Mediators of the Systemic Adaptations to Endurance Exercise. Cold Spring Harbor Perspectives in Medicine, 2018, 8, a029827.	6.2	136
45	Contraction-induced muscle damage is unaffected by vitamin E supplementation. Medicine and Science in Sports and Exercise, 2002, 34, 798-805.	0.4	134
46	Three Minutes of All-Out Intermittent Exercise per Week Increases Skeletal Muscle Oxidative Capacity and Improves Cardiometabolic Health. PLoS ONE, 2014, 9, e111489.	2.5	134
47	Menstrual cycle phase and sex influence muscle glycogen utilization and glucose turnover during moderate-intensity endurance exercise. American Journal of Physiology - Regulatory Integrative and Comparative Physiology, 2006, 291, R1120-R1128.	1.8	133
48	The Psychiatric Manifestations of Mitochondrial Disorders. Journal of Clinical Psychiatry, 2012, 73, 506-512.	2.2	131
49	Adipocyte Hypertrophy, Fatty Liver and Metabolic Risk Factors in South Asians: The Molecular Study of Health and Risk in Ethnic Groups (mol-SHARE). PLoS ONE, 2011, 6, e22112.	2.5	128
50	Acute endurance exercise increases the nuclear abundance of PGC-1α in trained human skeletal muscle. American Journal of Physiology - Regulatory Integrative and Comparative Physiology, 2010, 298, R912-R917.	1.8	126
51	Effects of high-intensity endurance exercise training in the G93A mouse model of amyotrophic lateral sclerosis. Muscle and Nerve, 2004, 29, 656-662.	2.2	125
52	Diagnostic Utility of Genome-wide DNA Methylation Testing in Genetically Unsolved Individuals with Suspected Hereditary Conditions. American Journal of Human Genetics, 2019, 104, 685-700.	6.2	125
53	Effect of protein source on resistive-training-induced changes in body composition and muscle size in older men. American Journal of Clinical Nutrition, 2002, 76, 511-517.	4.7	124
54	Sex-based differences in skeletal muscle function and morphology with short-term limb immobilization. Journal of Applied Physiology, 2005, 99, 1085-1092.	2.5	124

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55	Dysfunctional Nrf2–Keap1 redox signaling in skeletal muscle of the sedentary old. Free Radical Biology and Medicine, 2010, 49, 1487-1493.	2.9	124
56	Gender differences in carbohydrate loading are related to energy intake. Journal of Applied Physiology, 2001, 91, 225-230.	2.5	123
57	Exerciseâ€stimulated interleukinâ€15 is controlled by <scp>AMPK</scp> and regulates skin metabolism and aging. Aging Cell, 2015, 14, 625-634.	6.7	123
58	Effect of caffeine on the neuromuscular system â€" potential as an ergogenic aid. Applied Physiology, Nutrition and Metabolism, 2008, 33, 1284-1289.	1.9	121
59	Creatine Monohydrate and Conjugated Linoleic Acid Improve Strength and Body Composition Following Resistance Exercise in Older Adults. PLoS ONE, 2007, 2, e991.	2.5	120
60	Caffeine and Endurance Performance. Sports Medicine, 1994, 18, 109-125.	6.5	118
61	Global and targeted gene expression and protein content in skeletal muscle of young men following short-term creatine monohydrate supplementation. Physiological Genomics, 2008, 32, 219-228.	2.3	116
62	Fluvastatin Causes NLRP3 Inflammasome-Mediated Adipose Insulin Resistance. Diabetes, 2014, 63, 3742-3747.	0.6	116
63	Protein Requirements for Endurance Athletes. European Journal of Sport Science, 2004, 4, 1-15.	2.7	114
64	Mitochondrial Myopathies: Diagnosis, Exercise Intolerance, and Treatment Options. Medicine and Science in Sports and Exercise, 2005, 37, 2086-2093.	0.4	114
65	Estrogen Supplementation Reduces Whole Body Leucine and Carbohydrate Oxidation and Increases Lipid Oxidation in Men during Endurance Exercise. Journal of Clinical Endocrinology and Metabolism, 2005, 90, 3592-3599.	3.6	114
66	A randomized trial of coenzyme Q ₁₀ in mitochondrial disorders. Muscle and Nerve, 2010, 42, 739-748.	2.2	112
67	Patients with dystrophinopathy show evidence of increased oxidative stress. Free Radical Biology and Medicine, 2003, 34, 1217-1220.	2.9	103
68	Childhood amyotrophic lateral sclerosis caused by excess sphingolipid synthesis. Nature Medicine, 2021, 27, 1197-1204.	30.7	96
69	Contractionâ€induced muscle damage in humans following calcium channel blocker administration. Journal of Physiology, 2002, 544, 849-859.	2.9	94
70	Perspectives on Exertional Rhabdomyolysis. Sports Medicine, 2017, 47, 33-49.	6.5	94
71	Endurance training without weight loss lowers systemic, but not muscle, oxidative stress with no effect on inflammation in lean and obese women. Free Radical Biology and Medicine, 2008, 45, 503-511.	2.9	92
72	Hypotension following mild bouts of resistance exercise and submaximal dynamic exercise. European Journal of Applied Physiology, 1999, 79, 148-154.	2.5	91

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73	Intermittent and continuous highâ€intensity exercise training induce similar acute but different chronic muscle adaptations. Experimental Physiology, 2014, 99, 782-791.	2.0	91
74	Effect of oral creatine supplementation on muscle [PCr] and short-term maximum power output. Medicine and Science in Sports and Exercise, 1997, 29, 216-219.	0.4	91
7 5	Potential Side Effects of Oral Creatine Supplementation. Clinical Journal of Sport Medicine, 1998, 8, 298-304.	1.8	90
76	Caffeine and Creatine Use in Sport. Annals of Nutrition and Metabolism, 2010, 57, 1-8.	1.9	88
77	Low intensity training decreases markers of oxidative stress in skeletal muscle of mdx mice. Free Radical Biology and Medicine, 2007, 43, 145-154.	2.9	87
78	Hepatocyte growth factor (HGF) and the satellite cell response following muscle lengthening contractions in humans. Muscle and Nerve, 2008, 38, 1434-1442.	2.2	87
79	Influence of gender, menstrual phase, and oral contraceptive use on immunological changes in response to prolonged cycling. Journal of Applied Physiology, 2005, 99, 979-985.	2.5	86
80	Metabolic Myopathies: Update 2009. Journal of Clinical Neuromuscular Disease, 2009, 10, 97-121.	0.7	85
81	Effect of Endurance Exercise on Hepatic Lipid Content, Enzymes, and Adiposity in Men and Women. Obesity, 2008, 16, 2281-2288.	3.0	84
82	BAFopathies' DNA methylation epi-signatures demonstrate diagnostic utility and functional continuum of Coffin–Siris and Nicolaides–Baraitser syndromes. Nature Communications, 2018, 9, 4885.	12.8	83
83	Creatine Monohydrate Supplementation Enhances High-Intensity Exercise Performance in Males and Females International Journal of Sport Nutrition and Exercise Metabolism, 2000, 10, 452-463.	2.1	79
84	Substrate Utilization during Exercise Performed with and Without Glucose Ingestion in Female and Male Endurance-Trained Athletes. International Journal of Sport Nutrition and Exercise Metabolism, 2003, 13, 407-421.	2.1	76
85	Eccentric Exercise Increases Satellite Cell Content in Type II Muscle Fibers. Medicine and Science in Sports and Exercise, 2013, 45, 230-237.	0.4	76
86	Creatine for treating muscle disorders. The Cochrane Library, 2013, 2013, CD004760.	2.8	76
87	Sex Differences in Global mRNA Content of Human Skeletal Muscle. PLoS ONE, 2009, 4, e6335.	2.5	75
88	Physiological responses to caffeine during endurance running in habitual caffeine users. Medicine and Science in Sports and Exercise, 1989, 21, 418???424.	0.4	74
89	Myofibrillar disruption following acute concentric and eccentric resistance exercise in strength-trained men. Canadian Journal of Physiology and Pharmacology, 2000, 78, 656-661.	1.4	74
90	Satellite cell number and cell cycle kinetics in response to acute myotrauma in humans: immunohistochemistry <i>versus</i> flow cytometry. Journal of Physiology, 2010, 588, 3307-3320.	2.9	73

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91	Caloric restriction transiently improves motor performance but hastens clinical onset of disease in the Cu/Zn-superoxide dismutase mutant G93A mouse. Muscle and Nerve, 2005, 31, 214-220.	2.2	72
92	Mitochondrial Encephalopathy With Lactic Acidosis and Stroke-like Episodes (MELAS) May Respond to Adjunctive Ketogenic Diet. Pediatric Neurology, 2014, 50, 498-502.	2.1	72
93	Altered mitochondrial bioenergetics and ultrastructure in the skeletal muscle of young adults with type 1 diabetes. Diabetologia, 2018, 61, 1411-1423.	6.3	72
94	Nutritional therapy improves function and complements corticosteroid intervention inmdx mice. Muscle and Nerve, 2006, 33, 66-77.	2.2	71
95	Oxidative stress and antioxidant enzyme upregulation in SOD1-G93A mouse skeletal muscle. Muscle and Nerve, 2006, 33, 809-816.	2.2	71
96	Endurance Training Modulates Intramyocellular Lipid Compartmentalization and Morphology in Skeletal Muscle of Lean and Obese Women. Journal of Clinical Endocrinology and Metabolism, 2013, 98, 4852-4862.	3.6	71
97	Molecular characterization of NRXN1 deletions from 19,263 clinical microarray cases identifies exons important for neurodevelopmental disease expression. Genetics in Medicine, 2017, 19, 53-61.	2.4	70
98	Evidence for the contribution of muscle stem cells to nonhypertrophic skeletal muscle remodeling in humans. FASEB Journal, 2013, 27, 4596-4605.	0.5	69
99	Elevated SOCS3 and altered IL-6 signaling is associated with age-related human muscle stem cell dysfunction. American Journal of Physiology - Cell Physiology, 2013, 304, C717-C728.	4.6	69
100	Loss of the sphingolipid desaturase DEGS1 causes hypomyelinating leukodystrophy. Journal of Clinical Investigation, 2019, 129, 1240-1256.	8.2	68
101	Exercise, sex, menstrual cycle phase, and $17\hat{l}^2$ -estradiol influence metabolism-related genes in human skeletal muscle. Physiological Genomics, 2009, 40, 34-47.	2.3	67
102	IMCL area density, but not IMCL utilization, is higher in women during moderate-intensity endurance exercise, compared with men. American Journal of Physiology - Regulatory Integrative and Comparative Physiology, 2007, 293, R2336-R2342.	1.8	66
103	Long-term Aerobic Exercise Is Associated With Greater Muscle Strength Throughout the Life Span. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2013, 68, 631-638.	3.6	65
104	Creatine monohydrate supplementation does not increase muscle strength, lean body mass, or muscle phosphocreatine in patients with myotonic dystrophy type 1. Muscle and Nerve, 2004, 29, 51-58.	2.2	64
105	The Psychiatric Presentation of Mitochondrial Disorders in Adults. Journal of Neuropsychiatry and Clinical Neurosciences, 2012, 24, 394-409.	1.8	64
106	$17\hat{l}^2$ -Estradiol Supplementation Decreases Glucose Rate of Appearance and Disappearance with No Effect on Glycogen Utilization during Moderate Intensity Exercise in Men. Journal of Clinical Endocrinology and Metabolism, 2005, 90, 6218-6225.	3.6	63
107	Men supplemented with $17\hat{l}^2$ -estradiol have increased \hat{l}^2 -oxidation capacity in skeletal muscle. Physiological Genomics, 2010, 42, 342-347.	2.3	63
108	Digital PCR methods improve detection sensitivity and measurement precision of low abundance mtDNA deletions. Scientific Reports, 2016, 6, 25186.	3.3	63

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109	Perilipin family (PLIN) proteins in human skeletal muscle: the effect of sex, obesity, and endurance training. Applied Physiology, Nutrition and Metabolism, 2012, 37, 724-735.	1.9	61
110	Creatine-dextrose and protein-dextrose induce similar strength gains during training. Medicine and Science in Sports and Exercise, 2001, 33, 2044-2052.	0.4	60
111	Body-weight-support treadmill training improves blood glucose regulation in persons with incomplete spinal cord injury. Journal of Applied Physiology, 2004, 97, 716-724.	2.5	60
112	Caloric Restriction Shortens Lifespan through an Increase in Lipid Peroxidation, Inflammation and Apoptosis in the G93A Mouse, an Animal Model of ALS. PLoS ONE, 2010, 5, e9386.	2.5	60
113	Lifelong aerobic exercise protects against inflammaging and cancer. PLoS ONE, 2019, 14, e0210863.	2.5	60
114	Sex differences in carbohydrate metabolism. Current Opinion in Clinical Nutrition and Metabolic Care, 2001, 4, 521-526.	2.5	59
115	Mitochondria and Aging—The Role of Exercise as a Countermeasure. Biology, 2019, 8, 40.	2.8	58
116	The unfolded protein response is triggered following a single, unaccustomed resistance-exercise bout. American Journal of Physiology - Regulatory Integrative and Comparative Physiology, 2014, 307, R664-R669.	1.8	57
117	Salsalate (Salicylate) Uncouples Mitochondria, Improves Glucose Homeostasis, and Reduces Liver Lipids Independent of AMPK-121. Diabetes, 2016, 65, 3352-3361.	0.6	57
118	Myoadenylate deaminase deficiency does not affect muscle anaplerosis during exhaustive exercise in humans. Journal of Physiology, 2001, 533, 881-889.	2.9	56
119	Diagnostic utility of a modified forearm ischemic exercise test and technical issues relevant to exercise testing. Muscle and Nerve, 2003, 27, 359-366.	2.2	55
120	Solid organ transplantation in primary mitochondrial disease: Proceed with caution. Molecular Genetics and Metabolism, 2016, 118, 178-184.	1.1	55
121	Pompe Disease: Diagnosis and Management. Evidence-Based Guidelines from a Canadian Expert Panel. Canadian Journal of Neurological Sciences, 2016, 43, 472-485.	0.5	54
122	Clinical Use of Creatine in Neuromuscular and Neurometabolic Disorders. , 2007, 46, 183-204.		54
123	Women Have Higher Protein Content of \hat{l}^2 -Oxidation Enzymes in Skeletal Muscle than Men. PLoS ONE, 2010, 5, e12025.	2.5	53
124	Defects in mitochondrial DNA replication and oxidative damage in muscle of mtDNA mutator mice. Free Radical Biology and Medicine, 2014, 75, 241-251.	2.9	53
125	Naproxen does not alter indices of muscle damage in resistance-exercise trained men. Medicine and Science in Sports and Exercise, 1999, 31, 4-9.	0.4	53
126	Resistance training exercise and creatine in patients with Charcot-Marie-Tooth disease. Muscle and Nerve, 2004, 30, 69-76.	2.2	52

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127	Transgenerational effects of fetal and neonatal exposure to nicotine. Endocrine, 2007, 31, 254-259.	2.2	52
128	Potential benefits of creatine monohydrate supplementation in the elderly. Current Opinion in Clinical Nutrition and Metabolic Care, 2000, 3, 497-502.	2.5	51
129	Nutritional and exercise-based therapies in the treatment of mitochondrial disease. Current Opinion in Clinical Nutrition and Metabolic Care, 2002, 5, 619-629.	2.5	51
130	Satellite cell activity, without expansion, after nonhypertrophic stimuli. American Journal of Physiology - Regulatory Integrative and Comparative Physiology, 2015, 309, R1101-R1111.	1.8	49
131	Clinical variability in maternally inherited leber hereditary optic neuropathy with the G14459A mutation. American Journal of Medical Genetics Part A, 2004, 124A, 372-376.	2.4	48
132	Novel SCO2 mutation (G1521A) presenting as a spinal muscular atrophy type I phenotype. American Journal of Medical Genetics Part A, 2004, 125A, 310-314.	2.4	47
133	De novo mutations in CSNK2A1 are associated with neurodevelopmental abnormalities and dysmorphic features. Human Genetics, 2016, 135, 699-705.	3.8	47
134	Myopathies Related to Glycogen Metabolism Disorders. Neurotherapeutics, 2018, 15, 915-927.	4.4	47
135	Nutrition for Special Populations: Young, Female, and Masters Athletes. International Journal of Sport Nutrition and Exercise Metabolism, 2019, 29, 220-227.	2.1	47
136	Caffeine blocks SREBP2-induced hepatic PCSK9 expression to enhance LDLR-mediated cholesterol clearance. Nature Communications, 2022, 13, 770.	12.8	47
137	A Five-Ingredient Nutritional Supplement and Home-Based Resistance Exercise Improve Lean Mass and Strength in Free-Living Elderly. Nutrients, 2020, 12, 2391.	4.1	45
138	The Effect of Aging on Anaerobic and Aerobic Enzyme Activities in Human Skeletal Muscle. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2006, 61, 339-344.	3.6	44
139	Attenuation of free radical production and paracrystalline inclusions by creatine supplementation in a patient with a novel cytochromeb mutation. Muscle and Nerve, 2004, 29, 537-547.	2.2	43
140	Spinocerebellar ataxia type 29 due to mutations in ITPR1: a case series and review of this emerging congenital ataxia. Orphanet Journal of Rare Diseases, 2017, 12, 121.	2.7	42
141	Diagnosis of â€~possible' mitochondrial disease: an existential crisis. Journal of Medical Genetics, 2019, 56, 123-130.	3.2	42
142	Nutrition for distance events. Journal of Sports Sciences, 2007, 25, S29-S38.	2.0	41
143	Leigh syndrome associated with mitochondrial complex I deficiency due to novel mutations In NDUFV1 and NDUFS2. Gene, 2013, 516, 162-167.	2.2	41
144	Sodium bicarbonate ingestion augments the increase in PGC-1α mRNA expression during recovery from intense interval exercise in human skeletal muscle. Journal of Applied Physiology, 2015, 119, 1303-1312.	2.5	41

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145	Exercise testing as a diagnostic entity in mitochondrial myopathies. Mitochondrion, 2004, 4, 529-542.	3.4	40
146	Exercise as a Therapeutic Strategy for Primary Mitochondrial Cytopathies. Journal of Child Neurology, 2014, 29, 1225-1234.	1.4	40
147	Title is missing!. Molecular and Cellular Biochemistry, 2003, 244, 159-166.	3.1	39
148	The potential benefits of creatine and conjugated linoleic acid as adjuncts to resistance training in older adults. Applied Physiology, Nutrition and Metabolism, 2008, 33, 213-227.	1.9	39
149	Eccentric Exercise Activates Novel Transcriptional Regulation of Hypertrophic Signaling Pathways Not Affected by Hormone Changes. PLoS ONE, 2010, 5, e10695.	2.5	39
150	Truncating Mutations in UBAP1 Cause Hereditary Spastic Paraplegia. American Journal of Human Genetics, 2019, 104, 767-773.	6.2	39
151	Markers of Skeletal Muscle Mitochondrial Function and Lipid Accumulation Are Moderately Associated with the Homeostasis Model Assessment Index of Insulin Resistance in Obese Men. PLoS ONE, 2013, 8, e66322.	2.5	37
152	Exercise training enhances the skeletal muscle response to radiationâ€induced oxidative stress. Muscle and Nerve, 2011, 43, 58-64.	2.2	36
153	Effects of age and unaccustomed resistance exercise on mitochondrial transcript and protein abundance in skeletal muscle of men. American Journal of Physiology - Regulatory Integrative and Comparative Physiology, 2015, 308, R734-R741.	1.8	36
154	Decreased Satellite Cell Number and Function in Humans and Mice With Type 1 Diabetes Is the Result of Altered Notch Signaling. Diabetes, 2016, 65, 3053-3061.	0.6	36
155	The Influence of Post-exercise Macronutrient Intake on Energy Balance and Protein Metabolism in Active Females Participating in Endurance Training. International Journal of Sport Nutrition and Exercise Metabolism, 2002, 12, 172-188.	2.1	35
156	Xin Is a Marker of Skeletal Muscle Damage Severity in Myopathies. American Journal of Pathology, 2013, 183, 1703-1709.	3.8	35
157	Variability in Estimating Eccentric Contraction-Induced Muscle Damage and Inflammation in Humans. Applied Physiology, Nutrition, and Metabolism, 2002, 27, 516-526.	1.7	34
158	Effect of α-Lipoic Acid Combined with Creatine Monohydrate on Human Skeletal Muscle Creatine and Phosphagen Concentration. International Journal of Sport Nutrition and Exercise Metabolism, 2003, 13, 294-302.	2.1	34
159	Creatine Monohydrate Increases Bone Mineral Density in Young Sprague-Dawley Rats. Medicine and Science in Sports and Exercise, 2007, 39, 816-820.	0.4	34
160	Metabolomic analysis of exercise effects in the POLG mitochondrial DNA mutator mouse brain. Neurobiology of Aging, 2015, 36, 2972-2983.	3.1	34
161	Aberrant Drp1-mediated mitochondrial division presents in humans with variable outcomes. Human Molecular Genetics, 2018, 27, 3710-3719.	2.9	34
162	Targeting cellular energy production in neurological disorders. Expert Opinion on Investigational Drugs, 2003, 12, 1655-1679.	4.1	33

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163	Bacterial overgrowth syndrome in myotonic muscular dystrophy is potentially treatable. Muscle and Nerve, 2010, 42, 853-855.	2.2	33
164	Supplementation with \hat{l}_{\pm} -Lipoic Acid, CoQ10, and Vitamin E Augments Running Performance and Mitochondrial Function in Female Mice. PLoS ONE, 2013, 8, e60722.	2.5	33
165	Nutritional needs of elite endurance athletes. Part I: Carbohydrate and fluid requirements. European Journal of Sport Science, 2005, 5, 3-14.	2.7	32
166	Intracellular calcium leak as a therapeutic target for RYR1-related myopathies. Acta Neuropathologica, 2020, 139, 1089-1104.	7.7	32
167	Plasma Malondialdehyde Increases Transiently after Ischemic Forearm Exercise. Medicine and Science in Sports and Exercise, 2003, 35, 1859-1865.	0.4	31
168	Creatine for treating muscle disorders. , 2011, , CD004760.		31
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