

# David Daniel Ebert

## List of Publications by Year in descending order

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Version: 2024-02-01

207  
papers

15,195  
citations

18482

62  
h-index

26613

107  
g-index

247  
all docs

247  
docs citations

247  
times ranked

12101  
citing authors

#	ARTICLE	IF	CITATIONS
1	WHO World Mental Health Surveys International College Student Project: Prevalence and distribution of mental disorders.. Journal of Abnormal Psychology, 2018, 127, 623-638.	1.9	1,140
2	Mental disorders among college students in the World Health Organization World Mental Health Surveys. Psychological Medicine, 2016, 46, 2955-2970.	4.5	866
3	Internet and Computer-Based Cognitive Behavioral Therapy for Anxiety and Depression in Youth: A Meta-Analysis of Randomized Controlled Outcome Trials. PLoS ONE, 2015, 10, e0119895.	2.5	407
4	Blending Face-to-Face and Internet-Based Interventions for the Treatment of Mental Disorders in Adults: Systematic Review. Journal of Medical Internet Research, 2017, 19, e306.	4.3	354
5	Preventing the onset of major depressive disorder: A meta-analytic review of psychological interventions. International Journal of Epidemiology, 2014, 43, 318-329.	1.9	347
6	The Benefit of Web- and Computer-Based Interventions for Stress: A Systematic Review and Meta-Analysis. Journal of Medical Internet Research, 2017, 19, e32.	4.3	319
7	Standalone smartphone apps for mental health—a systematic review and meta-analysis. Npj Digital Medicine, 2019, 2, 118.	10.9	301
8	Deficits in emotion-regulation skills predict alcohol use during and after cognitive-behavioral therapy for alcohol dependence.. Journal of Consulting and Clinical Psychology, 2011, 79, 307-318.	2.0	299
9	Internet- and Mobile-Based Psychological Interventions: Applications, Efficacy, and Potential for Improving Mental Health. European Psychologist, 2018, 23, 167-187.	3.1	289
10	Consensus statement on defining and measuring negative effects of Internet interventions. Internet Interventions, 2014, 1, 12-19.	2.7	267
11	Internet interventions for mental health in university students: A systematic review and meta-analysis. International Journal of Methods in Psychiatric Research, 2019, 28, e1759.	2.1	253
12	Increasing the acceptance of internet-based mental health interventions in primary care patients with depressive symptoms. A randomized controlled trial. Journal of Affective Disorders, 2015, 176, 9-17.	4.1	241
13	Do guided internet-based interventions result in clinically relevant changes for patients with depression? An individual participant data meta-analysis. Clinical Psychology Review, 2018, 63, 80-92.	11.4	239
14	Emotion Regulation Skills Training Enhances the Efficacy of Inpatient Cognitive Behavioral Therapy for Major Depressive Disorder: A Randomized Controlled Trial. Psychotherapy and Psychosomatics, 2013, 82, 234-245.	8.8	234
15	Effectiveness of Guided and Unguided Low-Intensity Internet Interventions for Adult Alcohol Misuse: A Meta-Analysis. PLoS ONE, 2014, 9, e99912.	2.5	222
16	Suicidal Thoughts and Behaviors Among First-Year College Students: Results From the WMH-ICS Project. Journal of the American Academy of Child and Adolescent Psychiatry, 2018, 57, 263-273.e1.	0.5	203
17	Attitudes towards digital treatment for depression: A European stakeholder survey. Internet Interventions, 2017, 8, 1-9.	2.7	201
18	Barriers of mental health treatment utilization among first-year college students: First cross-national results from the WHO World Mental Health International College Student Initiative. International Journal of Methods in Psychiatric Research, 2019, 28, e1782.	2.1	195

#	ARTICLE	IF	CITATIONS
19	Effect of a Web-Based Guided Self-help Intervention for Prevention of Major Depression in Adults With Subthreshold Depression. <i>JAMA - Journal of the American Medical Association</i> , 2016, 315, 1854.	7.4	188
20	Prevention of Mental Health Disorders Using Internet- and Mobile-Based Interventions: A Narrative Review and Recommendations for Future Research. <i>Frontiers in Psychiatry</i> , 2017, 8, 116.	2.6	186
21	Effectiveness and treatment moderators of internet interventions for adult problem drinking: An individual patient data meta-analysis of 19 randomised controlled trials. <i>PLoS Medicine</i> , 2018, 15, e1002714.	8.4	186
22	Effects of Internet-Based Cognitive Behavioral Therapy in Routine Care for Adults in Treatment for Depression and Anxiety: Systematic Review and Meta-Analysis. <i>Journal of Medical Internet Research</i> , 2020, 22, e18100.	4.3	180
23	Testing a machine-learning algorithm to predict the persistence and severity of major depressive disorder from baseline self-reports. <i>Molecular Psychiatry</i> , 2016, 21, 1366-1371.	7.9	179
24	Web-Based and Mobile Stress Management Intervention for Employees: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2016, 18, e21.	4.3	173
25	How much psychotherapy is needed to treat depression? A metaregression analysis. <i>Journal of Affective Disorders</i> , 2013, 149, 1-13.	4.1	170
26	Reliability and Validity of Assessing User Satisfaction With Web-Based Health Interventions. <i>Journal of Medical Internet Research</i> , 2016, 18, e234.	4.3	165
27	Self-guided internet-based and mobile-based stress management for employees: results of a randomised controlled trial. <i>Occupational and Environmental Medicine</i> , 2016, 73, 315-323.	2.8	152
28	Effectiveness of an Internet- and App-Based Intervention for College Students With Elevated Stress: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2018, 20, e136.	4.3	144
29	Efficacy of a Web-Based Intervention With Mobile Phone Support in Treating Depressive Symptoms in Adults With Type 1 and Type 2 Diabetes: A Randomized Controlled Trial. <i>Diabetes Care</i> , 2015, 38, 776-783.	8.6	143
30	Log in and breathe out: internet-based recovery training for sleepless employees with work-related strain – results of a randomized controlled trial. <i>Scandinavian Journal of Work, Environment and Health</i> , 2015, 41, 164-174.	3.4	137
31	Does Internet-based guided-self-help for depression cause harm? An individual participant data meta-analysis on deterioration rates and its moderators in randomized controlled trials. <i>Psychological Medicine</i> , 2016, 46, 2679-2693.	4.5	129
32	Severe role impairment associated with mental disorders: Results of the WHO World Mental Health Surveys International College Student Project. <i>Depression and Anxiety</i> , 2018, 35, 802-814.	4.1	122
33	Lifetime and 12-month treatment for mental disorders and suicidal thoughts and behaviors among first year college students. <i>International Journal of Methods in Psychiatric Research</i> , 2019, 28, e1764.	2.1	119
34	Restoring depleted resources: Efficacy and mechanisms of change of an internet-based unguided recovery training for better sleep and psychological detachment from work.. <i>Health Psychology</i> , 2015, 34, 1240-1251.	1.6	118
35	European COMPARative Effectiveness research on blended Depression treatment versus treatment-as-usual (E-COMPARED): study protocol for a randomized controlled, non-inferiority trial in eight European countries. <i>Trials</i> , 2016, 17, 387.	1.6	118
36	Barriers and facilitators for the implementation of blended psychotherapy for depression: A qualitative pilot study of therapists' perspective. <i>Internet Interventions</i> , 2018, 12, 150-164.	2.7	115

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37	Impact of an acceptance facilitating intervention on diabetes patients's acceptance of Internet-based interventions for depression: A randomized controlled trial. <i>Diabetes Research and Clinical Practice</i> , 2014, 105, 30-39.	2.8	113
38	Using patient self-reports to study heterogeneity of treatment effects in major depressive disorder. <i>Epidemiology and Psychiatric Sciences</i> , 2017, 26, 22-36.	3.9	111
39	Was Eysenck right after all? A reassessment of the effects of psychotherapy for adult depression. <i>Epidemiology and Psychiatric Sciences</i> , 2019, 28, 21-30.	3.9	111
40	Adherence to Internet-Based Mobile-Supported Stress Management: A Pooled Analysis of Individual Participant Data From Three Randomized Controlled Trials. <i>Journal of Medical Internet Research</i> , 2016, 18, e146.	4.3	111
41	Impact of an Acceptance Facilitating Intervention on Patients's Acceptance of Internet-based Pain Interventions. <i>Clinical Journal of Pain</i> , 2015, 31, 528-535.	1.9	107
42	Practitioner Review: Unguided and guided self-help interventions for common mental health disorders in children and adolescents: a systematic review and meta-analysis. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2019, 60, 828-847.	5.2	106
43	Emotion regulation mediates the effect of childhood trauma on depression. <i>Journal of Affective Disorders</i> , 2016, 198, 189-197.	4.1	98
44	Internet- and mobile-based stress management for employees with adherence-focused guidance: efficacy and mechanism of change. <i>Scandinavian Journal of Work, Environment and Health</i> , 2016, 42, 382-394.	3.4	97
45	Personalized Psychotherapy for Adult Depression: A Meta-Analytic Review. <i>Behavior Therapy</i> , 2016, 47, 966-980.	2.4	94
46	Internet-Based Cognitive Behavioral Therapy for Insomnia: A Health Economic Evaluation. <i>Sleep</i> , 2016, 39, 1769-1778.	1.1	91
47	Prediction of major depressive disorder onset in college students. <i>Depression and Anxiety</i> , 2019, 36, 294-304.	4.1	90
48	Overcome procrastination: Enhancing emotion regulation skills reduce procrastination. <i>Learning and Individual Differences</i> , 2016, 52, 10-18.	2.7	88
49	The World Health Organization World Mental Health International College Student initiative: An overview. <i>International Journal of Methods in Psychiatric Research</i> , 2019, 28, e1761.	2.1	88
50	Effectiveness of a Web-Based Cognitive Behavioural Intervention for Subthreshold Depression: Pragmatic Randomised Controlled Trial. <i>Psychotherapy and Psychosomatics</i> , 2015, 84, 348-358.	8.8	87
51	Public Attitudes Toward Guided Internet-Based Therapies: Web-Based Survey Study. <i>JMIR Mental Health</i> , 2018, 5, e10735.	3.3	87
52	Recommendations for policy and practice of telepsychotherapy and e-mental health in Europe and beyond. <i>Journal of Psychotherapy Integration</i> , 2020, 30, 160-173.	1.1	85
53	Turning Good Intentions Into Actions by Using the Health Action Process Approach to Predict Adherence to Internet-Based Depression Prevention: Secondary Analysis of a Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2018, 20, e9.	4.3	85
54	PSYCHOLOGICAL TREATMENT OF DEPRESSION IN COLLEGE STUDENTS: A METAANALYSIS. <i>Depression and Anxiety</i> , 2016, 33, 400-414.	4.1	84

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55	Increasing intentions to use mental health services among university students. Results of a pilot randomized controlled trial within the World Health Organization's World Mental Health International College Student Initiative. <i>International Journal of Methods in Psychiatric Research</i> , 2019, 28, e1754.	2.1	84
56	The 6-month effectiveness of Internet-based guided self-help for depression in adults with Type 1 and 2 diabetes mellitus. <i>Diabetic Medicine</i> , 2017, 34, 99-107.	2.3	82
57	Problem-solving therapy for adult depression: An updated meta-analysis. <i>European Psychiatry</i> , 2018, 48, 27-37.	0.2	82
58	Efficacy of an internet-based problem-solving training for teachers: results of a randomized controlled trial. <i>Scandinavian Journal of Work, Environment and Health</i> , 2014, 40, 582-596.	3.4	82
59	Mental disorder comorbidity and suicidal thoughts and behaviors in the World Health Organization World Mental Health Surveys International College Student initiative. <i>International Journal of Methods in Psychiatric Research</i> , 2019, 28, e1752.	2.1	80
60	Suicidal thoughts and behaviors among college students and same-aged peers: results from the World Health Organization World Mental Health Surveys. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2018, 53, 279-288.	3.1	79
61	A Web-Based Acceptance-Facilitating Intervention for Identifying Patients' Acceptance, Uptake, and Adherence of Internet- and Mobile-Based Pain Interventions: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2018, 20, e244.	4.3	78
62	A Transdiagnostic Internet-Based Maintenance Treatment Enhances the Stability of Outcome after Inpatient Cognitive Behavioral Therapy: A Randomized Controlled Trial. <i>Psychotherapy and Psychosomatics</i> , 2013, 82, 246-256.	8.8	77
63	Short- and long-term effects of digital prevention and treatment interventions for cannabis use reduction: A systematic review and meta-analysis. <i>Drug and Alcohol Dependence</i> , 2019, 200, 82-94.	3.2	75
64	The German Version of the Perceived Stress Scale (PSS-10): Evaluation of Dimensionality, Validity, and Measurement Invariance With Exploratory and Confirmatory Bifactor Modeling. <i>Assessment</i> , 2019, 26, 1246-1259.	3.1	74
65	Efficacy and cost-effectiveness of minimal guided and unguided internet-based mobile supported stress-management in employees with occupational stress: a three-armed randomised controlled trial. <i>BMC Public Health</i> , 2014, 14, 807.	2.9	72
66	Efficacy and cost-effectiveness of a web-based and mobile stress-management intervention for employees: design of a randomized controlled trial. <i>BMC Public Health</i> , 2013, 13, 655.	2.9	71
67	Implementing and up-scaling evidence-based eMental health in Europe: The study protocol for the MasterMind project. <i>Internet Interventions</i> , 2015, 2, 399-409.	2.7	69
68	Interformat reliability of the patient health questionnaire: Validation of the computerized version of the PHQ-9. <i>Internet Interventions</i> , 2016, 5, 1-4.	2.7	68
69	Best Practices and Recommendations for Digital Interventions to Improve Engagement and Adherence in Chronic Illness Sufferers. <i>European Psychologist</i> , 2019, 24, 49-67.	3.1	66
70	Efficacy of a web-based intervention with and without guidance for employees with risky drinking: results of a three-arm randomized controlled trial. <i>Addiction</i> , 2018, 113, 635-646.	3.3	64
71	Preventing Depression in Adults With Subthreshold Depression: Health-Economic Evaluation Alongside a Pragmatic Randomized Controlled Trial of a Web-Based Intervention. <i>Journal of Medical Internet Research</i> , 2017, 19, e5.	4.3	62
72	Patient's experience with blended video- and internet based cognitive behavioural therapy service in routine care. <i>Internet Interventions</i> , 2018, 12, 165-175.	2.7	61

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73	Effectiveness of Web- and Mobile-Based Treatment of Subthreshold Depression With Adherence-Focused Guidance: A Single-Blind Randomized Controlled Trial. <i>Behavior Therapy</i> , 2018, 49, 71-83.	2.4	60
74	Efficacy of an unguided internet-based self-help intervention for social anxiety disorder in university students: A randomized controlled trial. <i>International Journal of Methods in Psychiatric Research</i> , 2019, 28, e1766.	2.1	60
75	Efficacy and Moderators of Internet-Based Interventions in Adults with Subthreshold Depression: An Individual Participant Data Meta-Analysis of Randomized Controlled Trials. <i>Psychotherapy and Psychosomatics</i> , 2021, 90, 94-106.	8.8	59
76	Evaluating the efficacy and cost-effectiveness of web-based indicated prevention of major depression: design of a randomised controlled trial. <i>BMC Psychiatry</i> , 2014, 14, 25.	2.6	55
77	For Whom Does It Work? Moderators of Outcome on the Effect of a Transdiagnostic Internet-Based Maintenance Treatment After Inpatient Psychotherapy: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2013, 15, e191.	4.3	55
78	Negative effects of psychotherapies for adult depression: A meta-analysis of deterioration rates. <i>Journal of Affective Disorders</i> , 2018, 239, 138-145.	4.1	54
79	An Internet based intervention for improving resilience and coping strategies in university students: Study protocol for a randomized controlled trial. <i>Internet Interventions</i> , 2019, 16, 43-51.	2.7	54
80	Adherence Reporting in Randomized Controlled Trials Examining Manualized Multisession Online Interventions: Systematic Review of Practices and Proposal for Reporting Standards. <i>Journal of Medical Internet Research</i> , 2019, 21, e14181.	4.3	54
81	Efficacy and cost-effectiveness of a web-based intervention with mobile phone support to treat depressive symptoms in adults with diabetes mellitus type 1 and type 2: design of a randomised controlled trial. <i>BMC Psychiatry</i> , 2013, 13, 306.	2.6	52
82	The role impairment associated with mental disorder risk profiles in the WHO World Mental Health International College Student Initiative. <i>International Journal of Methods in Psychiatric Research</i> , 2019, 28, e1750.	2.1	52
83	Non-suicidal self-injury among first-year college students and its association with mental disorders: results from the World Mental Health International College Student (WMH-ICS) initiative. <i>Psychological Medicine</i> , 2023, 53, 875-886.	4.5	50
84	A health economic outcome evaluation of an internet-based mobile-supported stress management intervention for employees. <i>Scandinavian Journal of Work, Environment and Health</i> , 2018, 44, 171-182.	3.4	48
85	Cost effectiveness of guided Internet-based interventions for depression in comparison with control conditions: An individual-participant data meta-analysis. <i>Depression and Anxiety</i> , 2018, 35, 209-219.	4.1	47
86	Internet-Based Interventions in Chronic Somatic Disease. <i>Deutsches A&amp;#x0308;rztblatt International</i> , 2018, 115, 659-665.	0.9	47
87	Dimensionality of the system usability scale among professionals using internet-based interventions for depression: a confirmatory factor analysis. <i>BMC Psychiatry</i> , 2020, 20, 218.	2.6	45
88	Effectiveness and cost-effectiveness of a guided and unguided internet-based Acceptance and Commitment Therapy for chronic pain: Study protocol for a three-armed randomised controlled trial. <i>Internet Interventions</i> , 2015, 2, 7-16.	2.7	43
89	Web-based intervention for depressive symptoms in adults with types 1 and 2 diabetes mellitus: a health economic evaluation. <i>British Journal of Psychiatry</i> , 2018, 212, 199-206.	2.8	41
90	Stress management interventions for college students: A systematic review and meta-analysis. <i>Clinical Psychology: Science and Practice</i> , 2023, 30, 423-444.	0.9	41



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91	Efficacy and cost-effectiveness of guided and unguided internet- and mobile-based indicated transdiagnostic prevention of depression and anxiety (iCare Prevent): A three-armed randomized controlled trial in four European countries. <i>Internet Interventions</i> , 2019, 16, 52-64.	2.7	40
92	Introduction to the special issue: The WHO World Mental Health International College Student (WMH-ICS) initiative. <i>International Journal of Methods in Psychiatric Research</i> , 2019, 28, e1762.	2.1	40
93	The more I got, the less I need? Efficacy of Internet-based guided self-help compared to online psychoeducation for major depressive disorder. <i>Journal of Affective Disorders</i> , 2019, 246, 695-705.	4.1	40
94	Patients' experiences in a guided Internet- and App-based stress intervention for college students: A qualitative study. <i>Internet Interventions</i> , 2018, 12, 130-140.	2.7	39
95	Validation of the Behavioral Activation for Depression Scale (BADSD) – Psychometric properties of the long and short form. <i>Comprehensive Psychiatry</i> , 2016, 66, 209-218.	3.1	38
96	Effectiveness and cost-effectiveness of a guided Internet- and mobile-based intervention for the indicated prevention of major depression in patients with chronic back pain – study protocol of the PROD-BP multicenter pragmatic RCT. <i>BMC Psychiatry</i> , 2017, 17, 36.	2.6	38
97	An Internet-Based Guided Self-Help Intervention for Panic Symptoms: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2013, 15, e154.	4.3	38
98	Effects of self-guided stress management interventions in college students: A systematic review and meta-analysis. <i>Internet Interventions</i> , 2022, 28, 100503.	2.7	35
99	GET.ON Mood Enhancer: efficacy of Internet-based guided self-help compared to psychoeducation for depression: an investigator-blinded randomised controlled trial. <i>Trials</i> , 2014, 15, 39.	1.6	33
100	Impact of an acceptance facilitating intervention on psychotherapists' acceptance of blended therapy. <i>PLoS ONE</i> , 2020, 15, e0236995.	2.5	33
101	Effect of an internet- and app-based stress intervention compared to online psychoeducation in university students with depressive symptoms: Results of a randomized controlled trial. <i>Internet Interventions</i> , 2021, 24, 100374.	2.7	33
102	Efficacy of an internet and app-based gratitude intervention in reducing repetitive negative thinking and mechanisms of change in the intervention's effect on anxiety and depression: Results from a randomized controlled trial. <i>Behaviour Research and Therapy</i> , 2019, 119, 103415.	3.1	31
103	Digital Interventions for Mental Disorders: Key Features, Efficacy, and Potential for Artificial Intelligence Applications. <i>Advances in Experimental Medicine and Biology</i> , 2019, 1192, 583-627.	1.6	31
104	Efficacy of a Self-Help Web-Based Recovery Training in Improving Sleep in Workers: Randomized Controlled Trial in the General Working Population. <i>Journal of Medical Internet Research</i> , 2020, 22, e13346.	4.3	30
105	Log in and breathe out: efficacy and cost-effectiveness of an online sleep training for teachers affected by work-related strain - study protocol for a randomized controlled trial. <i>Trials</i> , 2013, 14, 169.	1.6	29
106	Reactivity to smartphone-based ecological momentary assessment of depressive symptoms (MoodMonitor): protocol of a randomised controlled trial. <i>BMC Psychiatry</i> , 2016, 16, 359.	2.6	28
107	A Web- and Mobile-Based Intervention for Comorbid, Recurrent Depression in Patients With Chronic Back Pain on Sick Leave (Get.Back): Pilot Randomized Controlled Trial on Feasibility, User Satisfaction, and Effectiveness. <i>JMIR Mental Health</i> , 2020, 7, e16398.	3.3	28
108	Efficacy of an internet-based self-help intervention to reduce co-occurring alcohol misuse and depression symptoms in adults: study protocol of a three-arm randomised controlled trial. <i>BMJ Open</i> , 2016, 6, e011457.	1.9	27

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109	Internet-Based Guided Self-Help for Vaginal Penetration Difficulties: Results of a Randomized Controlled Pilot Trial. <i>Journal of Sexual Medicine</i> , 2017, 14, 238-254.	0.6	27
110	Internet-Based Self-help Interventions for Depression in Routine Care. <i>JAMA Psychiatry</i> , 2017, 74, 852.	11.0	27
111	Examining the effectiveness of a web-based intervention for symptoms of depression and anxiety in college students: study protocol of a randomised controlled trial. <i>BMJ Open</i> , 2019, 9, e028739.	1.9	27
112	Severely Burdened Individuals Do Not Need to Be Excluded From Internet-Based and Mobile-Based Stress Management: Effect Modifiers of Treatment Outcomes From Three Randomized Controlled Trials. <i>Journal of Medical Internet Research</i> , 2018, 20, e211.	4.3	27
113	Targeting Procrastination Using Psychological Treatments: A Systematic Review and Meta-Analysis. <i>Frontiers in Psychology</i> , 2018, 9, 1588.	2.1	26
114	More Light? Opportunities and Pitfalls in Digitalized Psychotherapy Process Research. <i>Frontiers in Psychology</i> , 2021, 12, 544129.	2.1	26
115	Tailored implementation of internet-based cognitive behavioural therapy in the multinational context of the ImpleMentAll project: a study protocol for a stepped wedge cluster randomized trial. <i>Trials</i> , 2020, 21, 893.	1.6	25
116	Unraveling the Black Box: Exploring Usage Patterns of a Blended Treatment for Depression in a Multicenter Study. <i>JMIR Mental Health</i> , 2019, 6, e12707.	3.3	25
117	For whom are internet-based occupational mental health interventions effective? Moderators of internet-based problem-solving training outcome. <i>Internet Interventions</i> , 2015, 2, 39-47.	2.7	24
118	Effectiveness of a transdiagnostic individually tailored Internet-based and mobile-supported intervention for the indicated prevention of depression and anxiety (ICare Prevent) in Dutch college students: study protocol for a randomised controlled trial. <i>Trials</i> , 2018, 19, 118.	1.6	23
119	Children of Mentally Ill Parents at Risk Evaluation (COMPARE): Design and Methods of a Randomized Controlled Multicenter Studyâ€”Part I. <i>Frontiers in Psychiatry</i> , 2019, 10, 128.	2.6	23
120	Effectiveness and cost-effectiveness of a guided internet- and mobile-based depression intervention for individuals with chronic back pain: protocol of a multi-centre randomised controlled trial. <i>BMJ Open</i> , 2017, 7, e015226.	1.9	22
121	Efficacy of a hybrid online training for panic symptoms and agoraphobia: study protocol for a randomized controlled trial. <i>Trials</i> , 2014, 15, 427.	1.6	21
122	Does SMS-Support Make a Difference? Effectiveness of a Two-Week Online-Training to Overcome Procrastination. A Randomized Controlled Trial. <i>Frontiers in Psychology</i> , 2018, 9, 1103.	2.1	21
123	Transdiagnostic Internet Intervention for Indonesian University Students With Depression and Anxiety: Evaluation of Feasibility and Acceptability. <i>JMIR Mental Health</i> , 2021, 8, e20036.	3.3	21
124	The Contribution of â€œIndividual Participant Dataâ€•Meta-Analyses of Psychotherapies for Depression to the Development of Personalized Treatments: A Systematic Review. <i>Journal of Personalized Medicine</i> , 2022, 12, 93.	2.5	21
125	Internet-based treatment of major depression for patients on a waiting list for inpatient psychotherapy: protocol for a multi-centre randomised controlled trial. <i>BMC Psychiatry</i> , 2013, 13, 318.	2.6	20
126	Deficits in general emotion regulation skillsâ€”Evidence of a transdiagnostic factor. <i>Journal of Clinical Psychology</i> , 2018, 74, 1017-1033.	1.9	20



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127	Evaluation of a text-message-based maintenance intervention for Major Depressive Disorder after inpatient cognitive behavioral therapy. <i>Journal of Affective Disorders</i> , 2018, 227, 305-312.	4.1	20
128	Effectiveness and acceptance of a web-based depression intervention during waiting time for outpatient psychotherapy: study protocol for a randomized controlled trial. <i>Trials</i> , 2018, 19, 285.	1.6	20
129	A guided and unguided internet- and mobile-based intervention for chronic pain: health economic evaluation alongside a randomised controlled trial. <i>BMJ Open</i> , 2019, 9, e023390.	1.9	20
130	Effectiveness of an internet-based intervention for procrastination in college students (StudiCare) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 100245.	2.7	20
131	Psychological interventions to improve sleep in college students: A meta-analysis of randomized controlled trials. <i>Journal of Sleep Research</i> , 2021, 30, e13097.	3.2	20
132	A qualitative study of university students' experience of Internet-based CBT for depression. <i>Counselling and Psychotherapy Research</i> , 2021, 21, 792-804.	3.2	20
133	Efficacy and moderators of psychological interventions in treating subclinical symptoms of depression and preventing major depressive disorder onsets: protocol for an individual patient data meta-analysis of randomised controlled trials. <i>BMJ Open</i> , 2018, 8, e018582.	1.9	19
134	COMPARE Family (Children of Mentally Ill Parents at Risk Evaluation): A Study Protocol for a Preventive Intervention for Children of Mentally Ill Parents (Triple P, Evidence-Based Program That) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 Multicenter RCTâ€”Part II. <i>Frontiers in Psychiatry</i> , 2019, 10, 54.	2.6	19
135	Web-based indicated prevention of common mental disorders in university students in four European countries â€” Study protocol for a randomised controlled trial. <i>Internet Interventions</i> , 2019, 16, 35-42.	2.7	19
136	Successful Application of Adaptive Emotion Regulation Skills Predicts the Subsequent Reduction of Depressive Symptom Severity but neither the Reduction of Anxiety nor the Reduction of General Distress during the Treatment of Major Depressive Disorder. <i>PLoS ONE</i> , 2014, 9, e108288.	2.5	18
137	Evaluating the (cost-)effectiveness of guided and unguided Internet-based self-help for problematic alcohol use in employees - a three arm randomized controlled trial. <i>BMC Public Health</i> , 2015, 15, 1043.	2.9	18
138	Transdiagnostic Tailored Internet- and Mobile-Based Guided Treatment for Major Depressive Disorder and Comorbid Anxiety: Study Protocol of a Randomized Controlled Trial. <i>Frontiers in Psychiatry</i> , 2018, 9, 274.	2.6	18
139	Psychological interventions as an alternative and add-on to antidepressant medication to prevent depressive relapse: systematic review and meta-analysis. <i>British Journal of Psychiatry</i> , 2021, 219, 538-545.	2.8	17
140	Effectiveness of guided internet-based interventions in the indicated prevention of depression in green professions (PROD-A): Results of a pragmatic randomized controlled trial. <i>Journal of Affective Disorders</i> , 2021, 278, 658-671.	4.1	17
141	ADHD Comorbidity Structure and Impairment: Results of the WHO World Mental Health Surveys International College Student Project (WMH-ICS). <i>Journal of Attention Disorders</i> , 2022, 26, 1078-1096.	2.6	17
142	19.1 World Health Organization World Mental Health Surveys International College Student Project (WMH-ICS): Prevalence and Distribution of Mental Disorders. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 2018, 57, S297.	0.5	16
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