

# Thomas Kubiak

## List of Publications by Year in descending order

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Version: 2024-02-01

102  
papers

3,966  
citations

172457

29  
h-index

138484

58  
g-index

118  
all docs

118  
docs citations

118  
times ranked

5105  
citing authors

| #  | ARTICLE                                                                                                                                                                                                                                                                                  | IF   | CITATIONS |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------|
| 1  | Variability in negative affect is an important feature of neuroticism above mean negative affect once measurement issues are accounted for. <i>European Journal of Personality</i> , 2023, 37, 338-351.                                                                                  | 3.1  | 3         |
| 2  | Emotion regulation dynamics in daily life: Adaptive strategy use may be variable without being unstable and predictable without being autoregressive.. <i>Emotion</i> , 2022, 22, 1487-1504.                                                                                             | 1.8  | 10        |
| 3  | How much variance can event intensity and emotion regulation strategies explain in momentary affect in daily life?. <i>Emotion</i> , 2022, 22, 1969-1979.                                                                                                                                | 1.8  | 6         |
| 4  | Meta-review of implementation determinants for policies promoting healthy diet and physically active lifestyle: application of the Consolidated Framework for Implementation Research. <i>Implementation Science</i> , 2022, 17, 2.                                                      | 6.9  | 20        |
| 5  | Frameworks for implementation of policies promoting healthy nutrition and physically active lifestyle: systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2022, 19, 16.                                                                     | 4.6  | 10        |
| 6  | Study Protocol for an Ecological Momentary Assessment Study: TempRes – Temporal Variability of Risk and Resilience Factors for Suicidal Ideation. <i>Frontiers in Psychiatry</i> , 2022, 13, 877283.                                                                                     | 2.6  | 1         |
| 7  | A Multilab Replication of the Ego Depletion Effect. <i>Social Psychological and Personality Science</i> , 2021, 12, 14-24.                                                                                                                                                               | 3.9  | 73        |
| 8  | Like clouds in a windy sky: Mindfulness training reduces negative affect reactivity in daily life in a randomized controlled trial. <i>Stress and Health</i> , 2021, 37, 232-242.                                                                                                        | 2.6  | 4         |
| 9  | Examining five pathways on how self-control is associated with emotion regulation and affective well-being in daily life. <i>Journal of Personality</i> , 2021, 89, 451-467.                                                                                                             | 3.2  | 18        |
| 10 | Diabetes technologies in people with type 1 diabetes mellitus and disordered eating: A systematic review on continuous subcutaneous insulin infusion, continuous glucose monitoring and automated insulin delivery. <i>Diabetic Medicine</i> , 2021, 38, e14581.                         | 2.3  | 17        |
| 11 | Data on diabetes-specific distress are needed to improve the quality of diabetes care. <i>Lancet, The</i> , 2021, 397, 2149.                                                                                                                                                             | 13.7 | 4         |
| 12 | A round peg in a square hole: strategy-situation fit of intra- and interpersonal emotion regulation strategies and controllability. <i>Cognition and Emotion</i> , 2020, 34, 1003-1009.                                                                                                  | 2.0  | 8         |
| 13 | Comparative characteristics of older people with type 1 diabetes treated with continuous subcutaneous insulin infusion or insulin injection therapy: data from the German/Austrian DPV registry. <i>Diabetic Medicine</i> , 2020, 37, 856-862.                                           | 2.3  | 10        |
| 14 | Neuroticism may reflect emotional variability when correcting for the confound with the mean. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2020, 117, 32857-32858.                                                                           | 7.1  | 7         |
| 15 | Comment on: Comparative characteristics of older people with type 1 diabetes treated with continuous subcutaneous insulin infusion or insulin injection therapy: data from the German/Austrian DPV registry. Reply to Rigalleau et al .. <i>Diabetic Medicine</i> , 2020, 37, 1209-1210. | 2.3  | 0         |
| 16 | Increases of negative affect following daily hassles are not moderated by neuroticism: An ecological momentary assessment study. <i>Stress and Health</i> , 2020, 36, 615-628.                                                                                                           | 2.6  | 6         |
| 17 | How mindfulness shapes the situational use of emotion regulation strategies in daily life. <i>Cognition and Emotion</i> , 2020, 34, 1408-1422.                                                                                                                                           | 2.0  | 16        |
| 18 | Setbacks in Self-Control: Failing Not Mere Resisting Impairs Subsequent Self-Control. <i>Social Psychological and Personality Science</i> , 2020, 11, 782-790.                                                                                                                           | 3.9  | 8         |

| #  | ARTICLE                                                                                                                                                                                                                                                                            | IF   | CITATIONS |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------|
| 19 | Psychosocial aspects of diabetes technology. <i>Diabetic Medicine</i> , 2020, 37, 448-454.                                                                                                                                                                                         | 2.3  | 22        |
| 20 | A mind full of happiness: How mindfulness shapes affect dynamics in daily life.. <i>Emotion</i> , 2020, 20, 436-451.                                                                                                                                                               | 1.8  | 20        |
| 21 | Assessment of Microstressors in Adults: Questionnaire Development and Ecological Validation of the Mainz Inventory of Microstressors. <i>JMIR Mental Health</i> , 2020, 7, e14566.                                                                                                 | 3.3  | 34        |
| 22 | Effects of an Ultra-brief Computer-based Mindfulness Training on Mindfulness and Self-control: a Randomised Controlled Trial Using a 40-Day Ecological Momentary Assessment. <i>Mindfulness</i> , 2019, 10, 2312-2326.                                                             | 2.8  | 13        |
| 23 | The Role of Self-Control and the Presence of Enactment Models on Sugar-Sweetened Beverage Consumption: A Pilot Study. <i>Frontiers in Psychology</i> , 2019, 10, 1511.                                                                                                             | 2.1  | 6         |
| 24 | Comment on Umpierrez and Klonoff. Diabetes Technology Update: Use of Insulin Pumps and Continuous Glucose Monitoring in the Hospital. <i>Diabetes Care</i> 2018;41:1579-1589. <i>Diabetes Care</i> , 2019, 42, e64-e65.                                                            | 8.6  | 1         |
| 25 | Elderly Patients With Diabetes: Special Aspects to Consider. <i>Journal of Diabetes Science and Technology</i> , 2019, 13, 611-613.                                                                                                                                                | 2.2  | 2         |
| 26 | Gamification and Behavior Change Techniques in Diabetes Self-Management Apps. <i>Journal of Diabetes Science and Technology</i> , 2019, 13, 954-958.                                                                                                                               | 2.2  | 31        |
| 27 | 3. Der geriatrische Mensch mit Diabetes mellitus. , 2019, , 13-68.                                                                                                                                                                                                                 |      | 0         |
| 28 | Connecting Domainsâ€”Ecological Momentary Assessment in a Mobile Sensing Framework. <i>Studies in Neuroscience, Psychology and Behavioral Economics</i> , 2019, , 201-207.                                                                                                         | 0.3  | 18        |
| 29 | The Limits of Ego Depletion. <i>Social Psychology</i> , 2019, 50, 292-304.                                                                                                                                                                                                         | 0.7  | 10        |
| 30 | The Effects of Self-Control on Glucose Utilization in a Hyperinsulinemic Euglycemic Glucose Clamp. <i>European Journal of Health Psychology</i> , 2019, 26, 111-119.                                                                                                               | 0.6  | 1         |
| 31 | Fear of hypoglycemia in patients with type 2 diabetes: The role of interoceptive accuracy and prior episodes of hypoglycemia. <i>Journal of Psychosomatic Research</i> , 2018, 105, 58-63.                                                                                         | 2.6  | 21        |
| 32 | Music Listening and Stress in Daily Lifeâ€”a Matter of Timing. <i>International Journal of Behavioral Medicine</i> , 2018, 25, 223-230.                                                                                                                                            | 1.7  | 23        |
| 33 | Intervention studies to foster resilience â€” A systematic review and proposal for a resilience framework in future intervention studies. <i>Clinical Psychology Review</i> , 2018, 59, 78-100.                                                                                    | 11.4 | 364       |
| 34 | Are glucose profiles well-controlled within the targets recommended by the International diabetes Federation in type 2 diabetes? A meta-analysis of results from continuous glucose monitoring based studies. <i>Diabetes Research and Clinical Practice</i> , 2018, 146, 289-299. | 2.8  | 5         |
| 35 | Experiencing anger in a social interaction: The role of personality. <i>Personality and Individual Differences</i> , 2018, 132, 45-51.                                                                                                                                             | 2.9  | 47        |
| 36 | Population-based validation of a German version of the Brief Resilience Scale. <i>PLoS ONE</i> , 2018, 13, e0192761.                                                                                                                                                               | 2.5  | 138       |

| #  | ARTICLE                                                                                                                                                                                                                                                                                 | IF   | CITATIONS |
|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------|
| 37 | Adaptive modes of rumination: the role of subjective anger. <i>Cognition and Emotion</i> , 2017, 31, 580-589.                                                                                                                                                                           | 2.0  | 11        |
| 38 | The power of status: What determines one's reactions to anger in a social situation?. <i>Personality and Individual Differences</i> , 2017, 114, 61-68.                                                                                                                                 | 2.9  | 2         |
| 39 | The resilience framework as a strategy to combat stress-related disorders. <i>Nature Human Behaviour</i> , 2017, 1, 784-790.                                                                                                                                                            | 12.0 | 420       |
| 40 | Focus group study to identify the central facets of fear of hypoglycaemia in people with Type 2 diabetes mellitus. <i>Diabetic Medicine</i> , 2017, 34, 1765-1772.                                                                                                                      | 2.3  | 12        |
| 41 | Experiences from a Wearable-Mobile Acquisition System for Ambulatory Assessment of Diet and Activity. , 2017, , .                                                                                                                                                                       |      | 4         |
| 42 | Determinants of diet and physical activity (DEDIPAC): a summary of findings. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 150.                                                                                                                | 4.6  | 59        |
| 43 | The Benefits of Self-Set Goals: Is Ego Depletion Really a Result of Self-Control Failure?. <i>PLoS ONE</i> , 2016, 11, e0157009.                                                                                                                                                        | 2.5  | 4         |
| 44 | Response: Commentary: Heart rate variability and self-control—A meta-analysis. <i>Frontiers in Psychology</i> , 2016, 7, 1070.                                                                                                                                                          | 2.1  | 13        |
| 45 | Diabetes Technology and the Human Factor. <i>Diabetes Technology and Therapeutics</i> , 2016, 18, S-101-S-111.                                                                                                                                                                          | 4.4  | 8         |
| 46 | The effects of computer-based mindfulness training on Self-control and Mindfulness within Ambulatorily assessed network Systems across Health-related domains in a healthy student population (SMASH): study protocol for a randomized controlled trial. <i>Trials</i> , 2016, 17, 570. | 1.6  | 12        |
| 47 | Psychosocial Aspects of Continuous Glucose Monitoring. <i>Journal of Diabetes Science and Technology</i> , 2016, 10, 859-863.                                                                                                                                                           | 2.2  | 29        |
| 48 | Glucose metabolism and self-regulation — Is insulin resistance a valid proxy of self-control?. <i>Personality and Individual Differences</i> , 2016, 99, 38-45.                                                                                                                         | 2.9  | 4         |
| 49 | Restrained eating predicts effortful self-control as indicated by heart rate variability during food exposure. <i>Appetite</i> , 2016, 96, 502-508.                                                                                                                                     | 3.7  | 22        |
| 50 | Self-Control in Daily Life. <i>Social Psychological and Personality Science</i> , 2016, 7, 195-203.                                                                                                                                                                                     | 3.9  | 9         |
| 51 | Continuous Glucose Monitoring in Type 1 Diabetes. <i>Journal of Diabetes Science and Technology</i> , 2016, 10, 633-639.                                                                                                                                                                | 2.2  | 35        |
| 52 | Heart rate variability and self-control—A meta-analysis. <i>Biological Psychology</i> , 2016, 115, 9-26.                                                                                                                                                                                | 2.2  | 112       |
| 53 | Ambulatory assessment as a means of longitudinal phenotypes characterization in psychiatric disorders. <i>Neuroscience Research</i> , 2016, 102, 13-21.                                                                                                                                 | 1.9  | 7         |
| 54 | PsychDT Working Group. <i>Journal of Diabetes Science and Technology</i> , 2015, 9, 925-928.                                                                                                                                                                                            | 2.2  | 13        |

| #  | ARTICLE                                                                                                                                                                                                                                                      | IF  | CITATIONS |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 55 | Diabetes: Psychosocial Aspects. , 2015, , 337-341.                                                                                                                                                                                                           |     | 0         |
| 56 | Patient-Reported Outcomes and Continuous Glucose Monitoring: Can We Do Better With Artificial Pancreas Devices?. Diabetes Care, 2015, 38, e70-e70.                                                                                                           | 8.6 | 10        |
| 57 | Affective consequences of optimism and pessimism in the face of failure: Evidence of a moderation by attribution. Personality and Individual Differences, 2015, 83, 154-157.                                                                                 | 2.9 | 3         |
| 58 | Curb your neuroticism â€“ Mindfulness mediates the link between neuroticism and subjective well-being. Personality and Individual Differences, 2015, 80, 68-75.                                                                                              | 2.9 | 50        |
| 59 | Positive Beliefs about Rumination Are Associated with Ruminative Thinking and Affect in Daily Life: Evidence for a Metacognitive View on Depression. Behavioural and Cognitive Psychotherapy, 2014, 42, 568-576.                                             | 1.2 | 15        |
| 60 | Towards the integration and development of a cross-European research network and infrastructure: the DETERminants of Diet and Physical ACTivity (DEDIPAC) Knowledge Hub. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 143. | 4.6 | 68        |
| 61 | Positive affect and self-control: Attention to self-control demands mediates the influence of positive affect on consecutive self-control. Cognition and Emotion, 2014, 28, 747-755.                                                                         | 2.0 | 13        |
| 62 | Disentangling the effects of optimism and attributions on feelings of success. Personality and Individual Differences, 2014, 56, 78-82.                                                                                                                      | 2.9 | 1         |
| 63 | Correlation between cell free DNA levels and medical evaluation of disease progression in systemic lupus erythematosus patients. Cellular Immunology, 2014, 292, 32-39.                                                                                      | 3.0 | 58        |
| 64 | Psychological insulin resistance in geriatric patients with diabetes mellitus. Patient Education and Counseling, 2014, 94, 417-422.                                                                                                                          | 2.2 | 45        |
| 65 | Direct Quantification of Cell-Free, Circulating DNA from Unpurified Plasma. PLoS ONE, 2014, 9, e87838.                                                                                                                                                       | 2.5 | 115       |
| 66 | Spezielle Situationen. , 2014, , 261-300.                                                                                                                                                                                                                    |     | 0         |
| 67 | Cooperation between community pharmacists and general practitioners in eastern Germany: attitudes and needs. International Journal of Clinical Pharmacy, 2013, 35, 584-592.                                                                                  | 2.1 | 20        |
| 68 | Cardiac vagal tone is associated with social engagement and self-regulation. Biological Psychology, 2013, 93, 279-286.                                                                                                                                       | 2.2 | 239       |
| 69 | Prognosis of Patients Listed for a Heart Transplant During the Pretransplant Period: Does Diabetes Matter?. Diabetes Care, 2013, 36, e45-e46.                                                                                                                | 8.6 | 3         |
| 70 | The Differential Relations between Perceived Social Support and Rumination-Associated Goals. Journal of Social and Clinical Psychology, 2013, 32, 1075-1094.                                                                                                 | 0.5 | 2         |
| 71 | Understanding the limits of self-control: Positive affect moderates the impact of task switching on consecutive self-control performance. European Journal of Social Psychology, 2013, 43, 175-184.                                                          | 2.4 | 15        |
| 72 | Ambulatory Monitoring of Biobehavioral Processes in Health and Disease. Psychosomatic Medicine, 2012, 74, 325-326.                                                                                                                                           | 2.0 | 24        |

| #  | ARTICLE                                                                                                                                                                                                        | IF  | CITATIONS |
|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 73 | Trait anger moderates the impact of anger-associated rumination on social well-being. <i>Personality and Individual Differences</i> , 2011, 51, 769-774.                                                       | 2.9 | 16        |
| 74 | The more the better? The relationship between mismatches in social support and subjective well-being in daily life. <i>Journal of Health Psychology</i> , 2011, 16, 621-631.                                   | 2.3 | 45        |
| 75 | Habitual Goals and Strategies in Anger Regulation. <i>Journal of Individual Differences</i> , 2011, 32, 1-13.                                                                                                  | 1.0 | 66        |
| 76 | The impact of heart rate variability on subjective well-being is mediated by emotion regulation. <i>Personality and Individual Differences</i> , 2010, 49, 723-728.                                            | 2.9 | 194       |
| 77 | Continuous Glucose Monitoring Reveals Associations of Glucose Levels with QT Interval Length. <i>Diabetes Technology and Therapeutics</i> , 2010, 12, 283-286.                                                 | 4.4 | 24        |
| 78 | Analysis of GlucoMen®Day: A Novel Microdialysis-Based Continuous Glucose Monitor. <i>Journal of Diabetes Science and Technology</i> , 2010, 4, 1193-1194.                                                      | 2.2 | 0         |
| 79 | Long-Term Effect of an Education Program (HyPOS) on the Incidence of Severe Hypoglycemia in Patients With Type 1 Diabetes. <i>Diabetes Care</i> , 2010, 33, e36-e36.                                           | 8.6 | 42        |
| 80 | Development and Testing of the Insulin Treatment Experience Questionnaire (ITEQ). <i>Patient</i> , 2010, 3, 45-58.                                                                                             | 2.7 | 8         |
| 81 | The Decade of Behavior Revisited. <i>European Journal of Psychological Assessment</i> , 2010, 26, 151-153.                                                                                                     | 3.0 | 9         |
| 82 | Ambulatory Assessment. <i>European Psychologist</i> , 2009, 14, 95-97.                                                                                                                                         | 3.1 | 22        |
| 83 | Heart rate variability predicts self-control in goal pursuit. <i>European Journal of Personality</i> , 2009, 23, 623-633.                                                                                      | 3.1 | 44        |
| 84 | SGS: a structured treatment and teaching programme for older patients with diabetes mellitus—a prospective randomised controlled multi-centre trial. <i>Age and Ageing</i> , 2009, 38, 390-396.                | 1.6 | 71        |
| 85 | Effects of metabolic control, patient education and initiation of insulin therapy on the quality of life of patients with type 2 diabetes mellitus. <i>Patient Education and Counseling</i> , 2008, 73, 50-59. | 2.2 | 44        |
| 86 | Daily hassles and emotional eating in obese adolescents under restricted dietary conditions—The role of ruminative thinking. <i>Appetite</i> , 2008, 51, 206-209.                                              | 3.7 | 47        |
| 87 | Applying Circular Statistics to the Analysis of Monitoring Data. <i>European Journal of Psychological Assessment</i> , 2007, 23, 227-237.                                                                      | 3.0 | 23        |
| 88 | Clinical Depression Versus Distress Among Patients With Type 2 Diabetes: Not Just a Question of Semantics: Response to Fisher et al.. <i>Diabetes Care</i> , 2007, 30, e100-e100.                              | 8.6 | 5         |
| 89 | PDB78 COMPARISONS BETWEEN ITEQ AND DTSQ IN A SAMPLE OF TYPE 2 DIABETES MELLITUS PATIENTS. <i>Value in Health</i> , 2007, 10, A278-A279.                                                                        | 0.3 | 0         |
| 90 | The effect of an education programme (HyPOS) to treat hypoglycaemia problems in patients with type 1 diabetes. <i>Diabetes/Metabolism Research and Reviews</i> , 2007, 23, 528-538.                            | 4.0 | 58        |

| #   | ARTICLE                                                                                                                                                                                                                                                                             | IF  | CITATIONS |
|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 91  | Association of glucose levels and glucose variability with mood in type 1 diabetic patients. <i>Diabetologia</i> , 2007, 50, 930-933.                                                                                                                                               | 6.3 | 57        |
| 92  | Psychological and Psychophysiological Ambulatory Monitoring. <i>European Journal of Psychological Assessment</i> , 2007, 23, 214-226.                                                                                                                                               | 3.0 | 67        |
| 93  | Behandlung psychischer Störungen bei Diabetes mellitus. , 2007, , 111-123.                                                                                                                                                                                                          |     | 1         |
| 94  | How to screen for depression and emotional problems in patients with diabetes: comparison of screening characteristics of depression questionnaires, measurement of diabetes-specific emotional problems and standard clinical assessment. <i>Diabetologia</i> , 2006, 49, 469-477. | 6.3 | 271       |
| 95  | Evaluation of a self-management-based patient education program for the treatment and prevention of hypoglycemia-related problems in type 1 diabetes. <i>Patient Education and Counseling</i> , 2006, 60, 228-234.                                                                  | 2.2 | 25        |
| 96  | Microdialysis-Based 48-Hour Continuous Glucose Monitoring with GlucoDay <sup>®</sup> : Clinical Performance and Patients' Acceptance. <i>Diabetes Technology and Therapeutics</i> , 2006, 8, 570-575.                                                                               | 4.4 | 32        |
| 97  | Affective and anxiety disorders in a German sample of diabetic patients: prevalence, comorbidity and risk factors. <i>Diabetic Medicine</i> , 2005, 22, 293-300.                                                                                                                    | 2.3 | 149       |
| 98  | Memory Impairments Associated With Postprandial Hyperglycemia and Glycemic Control: Comment on Greenwood et al.. <i>Diabetes Care</i> , 2004, 27, 633-634.                                                                                                                          | 8.6 | 1         |
| 99  | Reversible cognitive deterioration after a single episode of severe hypoglycaemia: a case report. <i>Diabetic Medicine</i> , 2004, 21, 1366-1367.                                                                                                                                   | 2.3 | 8         |
| 100 | Assessment of hypoglycaemia awareness using continuous glucose monitoring. <i>Diabetic Medicine</i> , 2004, 21, 487-490.                                                                                                                                                            | 2.3 | 50        |
| 101 | Emotional changes during experimentally induced hypoglycaemia in type 1 diabetes. <i>Biological Psychology</i> , 2003, 63, 15-44.                                                                                                                                                   | 2.2 | 28        |
| 102 | Ambulatory Monitoring and Ambulatory Assessment in Personality Research. , 0, , 305-316.                                                                                                                                                                                            |     | 3         |