

# Bente Klarlund Pedersen

## List of Publications by Year in descending order

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577  
papers

70,072  
citations

587

125  
h-index

906

241  
g-index

641  
all docs

641  
docs citations

641  
times ranked

55327  
citing authors

#	ARTICLE	IF	CITATIONS
1	Gut Microbiota in Human Adults with Type 2 Diabetes Differs from Non-Diabetic Adults. PLoS ONE, 2010, 5, e9085.	1.1	2,309
2	The anti-inflammatory effect of exercise. Journal of Applied Physiology, 2005, 98, 1154-1162.	1.2	2,278
3	Exercise as medicine – evidence for prescribing exercise as therapy in 26 different chronic diseases. Scandinavian Journal of Medicine and Science in Sports, 2015, 25, 1-72.	1.3	2,111
4	Muscles, exercise and obesity: skeletal muscle as a secretory organ. Nature Reviews Endocrinology, 2012, 8, 457-465.	4.3	1,972
5	IL-6 mediates hypoferrremia of inflammation by inducing the synthesis of the iron regulatory hormone hepcidin. Journal of Clinical Investigation, 2004, 113, 1271-1276.	3.9	1,809
6	Muscle as an Endocrine Organ: Focus on Muscle-Derived Interleukin-6. Physiological Reviews, 2008, 88, 1379-1406.	13.1	1,683
7	Exercise and the Immune System: Regulation, Integration, and Adaptation. Physiological Reviews, 2000, 80, 1055-1081.	13.1	1,233
8	Evidence for prescribing exercise as therapy in chronic disease. Scandinavian Journal of Medicine and Science in Sports, 2006, 16, 3-63.	1.3	1,003
9	Position statement. Part one: Immune function and exercise. Exercise Immunology Review, 2011, 17, 6-63.	0.4	876
10	IL-6 enhances plasma IL-1ra, IL-10, and cortisol in humans. American Journal of Physiology - Endocrinology and Metabolism, 2003, 285, E433-E437.	1.8	837
11	Production of interleukin-6 in contracting human skeletal muscles can account for the exercise-induced increase in plasma interleukin-6. Journal of Physiology, 2000, 529, 237-242.	1.3	777
12	Pro- and anti-inflammatory cytokine balance in strenuous exercise in humans. Journal of Physiology, 1999, 515, 287-291.	1.3	767
13	Muscle-derived interleukin-6: mechanisms for activation and possible biological roles. FASEB Journal, 2002, 16, 1335-1347.	0.2	717
14	Evidence for a release of brain-derived neurotrophic factor from the brain during exercise. Experimental Physiology, 2009, 94, 1062-1069.	0.9	709
15	Interleukin-6 Increases Insulin-Stimulated Glucose Disposal in Humans and Glucose Uptake and Fatty Acid Oxidation In Vitro via AMP-Activated Protein Kinase. Diabetes, 2006, 55, 2688-2697.	0.3	699
16	Role of myokines in exercise and metabolism. Journal of Applied Physiology, 2007, 103, 1093-1098.	1.2	613
17	Exercise and IL-6 infusion inhibit endotoxin-induced TNF $\alpha$ production in humans. FASEB Journal, 2003, 17, 1-10.	0.2	612
18	Interleukin-6 Stimulates Lipolysis and Fat Oxidation in Humans. Journal of Clinical Endocrinology and Metabolism, 2003, 88, 3005-3010.	1.8	609

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19	Aging and proinflammatory cytokines. <i>Current Opinion in Hematology</i> , 2001, 8, 131-136.	1.2	593
20	Voluntary Running Suppresses Tumor Growth through Epinephrine- and IL-6-Dependent NK Cell Mobilization and Redistribution. <i>Cell Metabolism</i> , 2016, 23, 554-562.	7.2	572
21	Brain-derived neurotrophic factor (BDNF) and type 2 diabetes. <i>Diabetologia</i> , 2007, 50, 431-438.	2.9	571
22	Interleukin-6 myokine signaling in skeletal muscle: a double-edged sword?. <i>FEBS Journal</i> , 2013, 280, 4131-4148.	2.2	550
23	Brain-derived neurotrophic factor is produced by skeletal muscle cells in response to contraction and enhances fat oxidation via activation of AMP-activated protein kinase. <i>Diabetologia</i> , 2009, 52, 1409-1418.	2.9	535
24	Evidence that interleukin-6 is produced in human skeletal muscle during prolonged running. <i>Journal of Physiology</i> , 1998, 508, 949-953.	1.3	533
25	Age-related inflammatory cytokines and disease. <i>Immunology and Allergy Clinics of North America</i> , 2003, 23, 15-39.	0.7	504
26	Tumor Necrosis Factor- $\alpha$ Induces Skeletal Muscle Insulin Resistance in Healthy Human Subjects via Inhibition of Akt Substrate 160 Phosphorylation. <i>Diabetes</i> , 2005, 54, 2939-2945.	0.3	503
27	Muscles and their myokines. <i>Journal of Experimental Biology</i> , 2011, 214, 337-346.	0.8	498
28	The disease of physical inactivity " and the role of myokines in muscle-fat cross talk. <i>Journal of Physiology</i> , 2009, 587, 5559-5568.	1.3	488
29	A Classical Brown Adipose Tissue mRNA Signature Partly Overlaps with Brite in the Supraclavicular Region of Adult Humans. <i>Cell Metabolism</i> , 2013, 17, 798-805.	7.2	474
30	Exercise and the immune system: a model of the stress response?. <i>Trends in Immunology</i> , 1994, 15, 382-387.	7.5	450
31	Muscle-derived interleukin-6: possible biological effects. <i>Journal of Physiology</i> , 2001, 536, 329-337.	1.3	442
32	Muscle-Organ Crosstalk: The Emerging Roles of Myokines. <i>Endocrine Reviews</i> , 2020, 41, 594-609.	8.9	428
33	Searching for the exercise factor: is IL-6 a candidate?. <i>Journal of Muscle Research and Cell Motility</i> , 2003, 24, 113-119.	0.9	416
34	A High Plasma Concentration of TNF- $\alpha$ Is Associated With Dementia in Centenarians. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 1999, 54, M357-M364.	1.7	410
35	Anti-inflammatory effects of exercise: role in diabetes and cardiovascular disease. <i>European Journal of Clinical Investigation</i> , 2017, 47, 600-611.	1.7	408
36	Muscle as a Secretary Organ. , 2013, 3, 1337-1362.		403

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37	Physical activity and muscle-brain crosstalk. <i>Nature Reviews Endocrinology</i> , 2019, 15, 383-392.	4.3	402
38	Transcriptional activation of the IL-6 gene in human contracting skeletal muscle: influence of muscle glycogen content. <i>FASEB Journal</i> , 2001, 15, 1-15.	0.2	385
39	Exercise as a Mean to Control Low-Grade Systemic Inflammation. <i>Mediators of Inflammation</i> , 2008, 2008, 1-6.	1.4	374
40	Interleukin-6 Is a Novel Factor Mediating Glucose Homeostasis During Skeletal Muscle Contraction. <i>Diabetes</i> , 2004, 53, 1643-1648.	0.3	352
41	Exercise as an anti-inflammatory therapy for rheumatic diseases-myokine regulation. <i>Nature Reviews Rheumatology</i> , 2015, 11, 86-97.	3.5	352
42	Interleukin-6 production in contracting human skeletal muscle is influenced by pre-exercise muscle glycogen content. <i>Journal of Physiology</i> , 2001, 537, 633-639.	1.3	348
43	Exercise-induced increase in serum interleukin-6 in humans is related to muscle damage. <i>Journal of Physiology</i> , 1997, 499, 833-841.	1.3	333
44	Molecular Mechanisms Linking Exercise to Cancer Prevention and Treatment. <i>Cell Metabolism</i> , 2018, 27, 10-21.	7.2	333
45	Ageing, tumour necrosis factor-alpha (TNF- $\alpha$ ) and atherosclerosis. <i>Clinical and Experimental Immunology</i> , 2000, 121, 255-260.	1.1	328
46	Altered DNA Methylation and Differential Expression of Genes Influencing Metabolism and Inflammation in Adipose Tissue From Subjects With Type 2 Diabetes. <i>Diabetes</i> , 2014, 63, 2962-2976.	0.3	326
47	IL-6 and TNF- $\alpha$ expression in, and release from, contracting human skeletal muscle. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2002, 283, E1272-E1278.	1.8	322
48	Exercise and Immune Function. <i>Sports Medicine</i> , 1999, 27, 73-80.	3.1	312
49	Contraction-Induced Myokine Production and Release: Is Skeletal Muscle an Endocrine Organ?. <i>Exercise and Sport Sciences Reviews</i> , 2005, 33, 114-119.	1.6	306
50	Exercise, nutrition and immune function. <i>Journal of Sports Sciences</i> , 2004, 22, 115-125.	1.0	296
51	Using molecular classification to predict gains in maximal aerobic capacity following endurance exercise training in humans. <i>Journal of Applied Physiology</i> , 2010, 108, 1487-1496.	1.2	296
52	A trauma-like elevation of plasma cytokines in humans in response to treadmill running. <i>Journal of Physiology</i> , 1998, 513, 889-894.	1.3	294
53	The Role of Exercise-Induced Myokines in Muscle Homeostasis and the Defense against Chronic Diseases. <i>Journal of Biomedicine and Biotechnology</i> , 2010, 2010, 1-6.	3.0	294
54	Circulating levels of TNF-alpha and IL-6-relation to truncal fat mass and muscle mass in healthy elderly individuals and in patients with type-2 diabetes. <i>Mechanisms of Ageing and Development</i> , 2003, 124, 495-502.	2.2	288

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55	Effects of <i>Lactobacillus acidophilus</i> NCFM on insulin sensitivity and the systemic inflammatory response in human subjects. <i>British Journal of Nutrition</i> , 2010, 104, 1831-1838.	1.2	288
56	Beneficial health effects of exercise – the role of IL-6 as a myokine. <i>Trends in Pharmacological Sciences</i> , 2007, 28, 152-156.	4.0	283
57	BDNF is a novel marker of cognitive function in ageing women: The DR <sup>TM</sup> s EXTRA Study. <i>Neurobiology of Learning and Memory</i> , 2008, 90, 596-603.	1.0	282
58	The Effects of Free-Living Interval-Walking Training on Glycemic Control, Body Composition, and Physical Fitness in Type 2 Diabetic Patients. <i>Diabetes Care</i> , 2013, 36, 228-236.	4.3	280
59	Exercise-induced myokines and their role in chronic diseases. <i>Brain, Behavior, and Immunity</i> , 2011, 25, 811-816.	2.0	277
60	Effects of exercise on lymphocytes and cytokines. <i>British Journal of Sports Medicine</i> , 2000, 34, 246-251.	3.1	276
61	Muscle specific microRNAs are regulated by endurance exercise in human skeletal muscle. <i>Journal of Physiology</i> , 2010, 588, 4029-4037.	1.3	273
62	Physical activity and plasma interleukin-6 in humans - effect of intensity of exercise. <i>European Journal of Applied Physiology</i> , 2000, 83, 512-515.	1.2	272
63	Elevated levels of tumor necrosis factor alpha and mortality in centenarians. <i>American Journal of Medicine</i> , 2003, 115, 278-283.	0.6	270
64	Exerkines in health, resilience and disease. <i>Nature Reviews Endocrinology</i> , 2022, 18, 273-289.	4.3	268
65	The anti-inflammatory effect of exercise: its role in diabetes and cardiovascular disease control. <i>Essays in Biochemistry</i> , 2006, 42, 105-117.	2.1	260
66	Dynamics of the Skeletal Muscle Secretome during Myoblast Differentiation. <i>Molecular and Cellular Proteomics</i> , 2010, 9, 2482-2496.	2.5	248
67	The miRNA Plasma Signature in Response to Acute Aerobic Exercise and Endurance Training. <i>PLoS ONE</i> , 2014, 9, e87308.	1.1	247
68	Human Endotoxemia as a Model of Systemic Inflammation. <i>Current Medicinal Chemistry</i> , 2008, 15, 1697-1705.	1.2	244
69	AMPK activity is diminished in tissues of IL-6 knockout mice: the effect of exercise. <i>Biochemical and Biophysical Research Communications</i> , 2004, 320, 449-454.	1.0	242
70	Metabolic Responses to Reduced Daily Steps in Healthy Nonexercising Men. <i>JAMA - Journal of the American Medical Association</i> , 2008, 299, 1261.	3.8	241
71	Predicting death from tumour necrosis factor-alpha and interleukin-6 in 80-year-old people. <i>Clinical and Experimental Immunology</i> , 2003, 132, 24-31.	1.1	238
72	Acute IL-6 treatment increases fatty acid turnover in elderly humans in vivo and in tissue culture in vitro. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2005, 288, E155-E162.	1.8	238

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73	A 2-wk reduction of ambulatory activity attenuates peripheral insulin sensitivity. <i>Journal of Applied Physiology</i> , 2010, 108, 1034-1040.	1.2	236
74	Sarcopenia and Postoperative Complication Risk in Gastrointestinal Surgical Oncology. <i>Annals of Surgery</i> , 2018, 268, 58-69.	2.1	232
75	Skeletal muscle adaptation: training twice every second day vs. training once daily. <i>Journal of Applied Physiology</i> , 2005, 98, 93-99.	1.2	228
76	Exercise-Induced Changes in Visceral Adipose Tissue Mass Are Regulated by IL-6 Signaling: A Randomized Controlled Trial. <i>Cell Metabolism</i> , 2019, 29, 844-855.e3.	7.2	228
77	Exercise and cytokines. <i>Immunology and Cell Biology</i> , 2000, 78, 532-535.	1.0	225
78	Integration of microRNA changes in vivo identifies novel molecular features of muscle insulin resistance in type 2 diabetes. <i>Genome Medicine</i> , 2010, 2, 9.	3.6	225
79	NK cell response to physical activity: possible mechanisms of action. <i>Medicine and Science in Sports and Exercise</i> , 1994, 26, 140-146.	0.2	217
80	Role of exercise-induced brain-derived neurotrophic factor production in the regulation of energy homeostasis in mammals. <i>Experimental Physiology</i> , 2009, 94, 1153-1160.	0.9	217
81	Supplementation with vitamins C and E inhibits the release of interleukin-6 from contracting human skeletal muscle. <i>Journal of Physiology</i> , 2004, 558, 633-645.	1.3	216
82	The metabolic role of IL-6 produced during exercise: is IL-6 an exercise factor?. <i>Proceedings of the Nutrition Society</i> , 2004, 63, 263-267.	0.4	211
83	Muscle contractions induce interleukin-6 mRNA production in rat skeletal muscles. <i>Journal of Physiology</i> , 2000, 528, 157-163.	1.3	210
84	Expression of interleukin-15 in human skeletal muscle – effect of exercise and muscle fibre type composition. <i>Journal of Physiology</i> , 2007, 584, 305-312.	1.3	200
85	Exercise-induced muscle-derived cytokines inhibit mammary cancer cell growth. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2011, 301, E504-E510.	1.8	196
86	The cytokine response to strenuous exercise. <i>Canadian Journal of Physiology and Pharmacology</i> , 1998, 76, 505-511.	0.7	191
87	Evidence that the effect of physical exercise on NK cell activity is mediated by epinephrine. <i>Journal of Applied Physiology</i> , 1991, 70, 2530-2534.	1.2	189
88	Influence of pre-exercise muscle glycogen content on exercise-induced transcriptional regulation of metabolic genes. <i>Journal of Physiology</i> , 2002, 541, 261-271.	1.3	189
89	Serum level of soluble urokinase-type plasminogen activator receptor is a strong and independent predictor of survival in human immunodeficiency virus infection. <i>Blood</i> , 2000, 96, 4091-4095.	0.6	185
90	Edward F. Adolph Distinguished Lecture: Muscle as an endocrine organ: IL-6 and other myokines. <i>Journal of Applied Physiology</i> , 2009, 107, 1006-1014.	1.2	184

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91	Exercise and type 2 diabetes: focus on metabolism and inflammation. <i>Immunology and Cell Biology</i> , 2016, 94, 146-150.	1.0	182
92	Fibroblast Growth Factor-21 Is Induced in Human Skeletal Muscles by Hyperinsulinemia. <i>Diabetes</i> , 2009, 58, 2797-2801.	0.3	177
93	Muscle-derived interleukin-6: lipolytic, anti-inflammatory and immune regulatory effects. <i>Pflugers Archiv European Journal of Physiology</i> , 2003, 446, 9-16.	1.3	175
94	Skeletal muscle action of estrogen receptor $\hat{1}\pm$ is critical for the maintenance of mitochondrial function and metabolic homeostasis in females. <i>Science Translational Medicine</i> , 2016, 8, 334ra54.	5.8	174
95	Cytokine response to eccentric exercise in young and elderly humans. <i>American Journal of Physiology - Cell Physiology</i> , 2002, 283, C289-C295.	2.1	171
96	Bicycle exercise enhances plasma IL-6 but does not change IL-1 alpha, IL-1 beta, IL-6, or TNF-alpha pre-mRNA in BMNC. <i>Journal of Applied Physiology</i> , 1994, 77, 93-97.	1.2	170
97	Fat-specific Protein 27 Regulates Storage of Triacylglycerol. <i>Journal of Biological Chemistry</i> , 2008, 283, 14355-14365.	1.6	169
98	Association between Interleukin-15 and Obesity: Interleukin-15 as a Potential Regulator of Fat Mass. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2008, 93, 4486-4493.	1.8	169
99	Physiological roles of muscle-derived interleukin-6 in response to exercise. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2007, 10, 265-271.	1.3	167
100	The biological roles of exercise-induced cytokines: IL-6, IL-8, and IL-15. <i>Applied Physiology, Nutrition and Metabolism</i> , 2007, 32, 833-839.	0.9	167
101	Muscle-derived interleukin-6 "A possible link between skeletal muscle, adipose tissue, liver, and brain. <i>Brain, Behavior, and Immunity</i> , 2005, 19, 371-376.	2.0	166
102	The effect of graded exercise on IL-6 release and glucose uptake in human skeletal muscle. <i>Journal of Physiology</i> , 2003, 546, 299-305.	1.3	164
103	Defective natural immunity: an early manifestation of human immunodeficiency virus infection.. <i>Journal of Experimental Medicine</i> , 1995, 182, 789-799.	4.2	162
104	Plasma levels of interleukin-6 and C-reactive protein are associated with physical inactivity independent of obesity. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2006, 17, 061120070736003-???	1.3	162
105	Exercise and interleukin-6. <i>Current Opinion in Hematology</i> , 2001, 8, 137-141.	1.2	161
106	Low-dose endotoxemia and human neuropsychological functions. <i>Brain, Behavior, and Immunity</i> , 2005, 19, 453-460.	2.0	159
107	Interleukin-6 Regulation of AMP-Activated Protein Kinase: Potential Role in the Systemic Response to Exercise and Prevention of the Metabolic Syndrome. <i>Diabetes</i> , 2006, 55, S48-S54.	0.3	158
108	IL-6 selectively stimulates fat metabolism in human skeletal muscle. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2010, 299, E832-E840.	1.8	156

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109	Interleukin-6 release from the human brain during prolonged exercise. <i>Journal of Physiology</i> , 2002, 542, 991-995.	1.3	155
110	Glucose Ingestion Attenuates Interleukin-6 Release from Contracting Skeletal Muscle in Humans. <i>Journal of Physiology</i> , 2003, 549, 607-612.	1.3	154
111	Effect of an Intensive Lifestyle Intervention on Glycemic Control in Patients With Type 2 Diabetes. <i>JAMA - Journal of the American Medical Association</i> , 2017, 318, 637.	3.8	154
112	Exercise induces hepatosplanchnic release of heat shock protein 72 in humans. <i>Journal of Physiology</i> , 2002, 544, 957-962.	1.3	153
113	Exercise Induces a Marked Increase in Plasma Follistatin: Evidence That Follistatin Is a Contraction-Induced Hepatokine. <i>Endocrinology</i> , 2011, 152, 164-171.	1.4	152
114	IL-6 signalling in exercise and disease. <i>Biochemical Society Transactions</i> , 2007, 35, 1295-1297.	1.6	151
115	Antioxidant Supplementation Does Not Alter Endurance Training Adaptation. <i>Medicine and Science in Sports and Exercise</i> , 2010, 42, 1388-1395.	0.2	150
116	Strenuous exercise decreases the percentage of type 1 T cells in the circulation. <i>Journal of Applied Physiology</i> , 2001, 91, 1708-1712.	1.2	148
117	Interleukin-6 does/does not have a beneficial role in insulin sensitivity and glucose homeostasis. <i>Journal of Applied Physiology</i> , 2007, 102, 814-816.	1.2	148
118	Elderly Humans Show Prolonged In Vivo Inflammatory Activity during Pneumococcal Infections. <i>Journal of Infectious Diseases</i> , 1999, 180, 551-554.	1.9	147
119	Muscular Interleukin-6 and Its Role as an Energy Sensor. <i>Medicine and Science in Sports and Exercise</i> , 2012, 44, 392-396.	0.2	143
120	Smoking impairs muscle protein synthesis and increases the expression of myostatin and MAFbx in muscle. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2007, 293, E843-E848.	1.8	141
121	Impaired production of proinflammatory cytokines in response to lipopolysaccharide (LPS) stimulation in elderly humans. <i>Clinical and Experimental Immunology</i> , 1999, 118, 235-241.	1.1	137
122	Associations between insulin resistance and TNF- $\alpha$ in plasma, skeletal muscle and adipose tissue in humans with and without type 2 diabetes. <i>Diabetologia</i> , 2007, 50, 2562-2571.	2.9	137
123	Effect of exercise, training, and glycogen availability on IL-6 receptor expression in human skeletal muscle. <i>Journal of Applied Physiology</i> , 2005, 99, 2075-2079.	1.2	136
124	Reduced glycogen availability is associated with an elevation in HSP72 in contracting human skeletal muscle. <i>Journal of Physiology</i> , 2002, 538, 911-917.	1.3	135
125	Insulin stimulates interleukin-6 and tumor necrosis factor- $\alpha$ gene expression in human subcutaneous adipose tissue. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2004, 286, E234-E238.	1.8	134
126	Leisure time physical activity during pregnancy and impact on gestational diabetes mellitus, pre-eclampsia, preterm delivery and birth weight: a review. <i>Acta Obstetrica Et Gynecologica Scandinavica</i> , 2007, 86, 1290-1296.	1.3	132



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127	ROS and myokines promote muscle adaptation to exercise. Trends in Endocrinology and Metabolism, 2009, 20, 95-99.	3.1	132
128	Is ageing associated with a shift in the balance between Type 1 and Type 2 cytokines in humans?. Clinical and Experimental Immunology, 2002, 127, 107-114.	1.1	131
129	Influence of TNF- $\alpha$ and IL-6 infusions on insulin sensitivity and expression of IL-18 in humans. American Journal of Physiology - Endocrinology and Metabolism, 2006, 291, E108-E114.	1.8	131
130	TGF- $\beta$ 2 is an exercise-induced adipokine that regulates glucose and fatty acid metabolism. Nature Metabolism, 2019, 1, 291-303.	5.1	128
131	Plasma YKL-40. Diabetes, 2008, 57, 3078-3082.	0.3	127
132	Effect of vitamin supplementation on cytokine response and on muscle damage after strenuous exercise. American Journal of Physiology - Cell Physiology, 2001, 280, C1570-C1575.	2.1	126
133	Exercise-Induced Immunomodulation - Possible Roles of Neuroendocrine and Metabolic Factors. International Journal of Sports Medicine, 1997, 18, S2-S7.	0.8	125
134	Immunohistochemical detection of interleukin-6 in human skeletal muscle fibers following exercise. FASEB Journal, 2003, 17, 1-11.	0.2	125
135	The role of IL-6 in mediating the anti-inflammatory effects of exercise. Journal of Physiology and Pharmacology, 2006, 57 Suppl 10, 43-51.	1.1	125
136	Ageing Is Associated with a Prolonged Fever Response in Human Endotoxemia. Vaccine Journal, 2001, 8, 333-338.	2.6	124
137	Endurance training reduces the contraction-induced interleukin-6 mRNA expression in human skeletal muscle. American Journal of Physiology - Endocrinology and Metabolism, 2004, 287, E1189-E1194.	1.8	124
138	The cytokine response to strenuous exercise. Canadian Journal of Physiology and Pharmacology, 1998, 76, 505-11.	0.7	124
139	Modulation of Natural Killer Cell Activity in Peripheral Blood by Physical Exercise. Scandinavian Journal of Immunology, 1988, 27, 673-678.	1.3	122
140	The effect on glycaemic control of low-volume high-intensity interval training versus endurance training in individuals with type 2 diabetes. Diabetes, Obesity and Metabolism, 2018, 20, 1131-1139.	2.2	122
141	The Bipolar Illness Onset study: research protocol for the BIO cohort study. BMJ Open, 2017, 7, e015462.	0.8	119
142	Body Composition Is the Main Determinant for the Difference in Type 2 Diabetes Pathophysiology Between Japanese and Caucasians. Diabetes Care, 2014, 37, 796-804.	4.3	118
143	Exercise-Induced Catecholamines Activate the Hippo Tumor Suppressor Pathway to Reduce Risks of Breast Cancer Development. Cancer Research, 2017, 77, 4894-4904.	0.4	117
144	Production of Chemokines in Human Immunodeficiency Virus (HIV) Infection: Evidence that High Levels of Macrophage Inflammatory Protein-1 $\beta$ Are Associated with a Decreased Risk of HIV Disease Progression. Journal of Infectious Diseases, 1998, 177, 331-336.	1.9	116

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145	Bimodal Effect on Pancreatic $\beta$ -Cells of Secretory Products From Normal or Insulin-Resistant Human Skeletal Muscle. <i>Diabetes</i> , 2011, 60, 1111-1121.	0.3	115
146	Effect of Physical Exercise on Blood Mononuclear Cell Subpopulations and in Vitro Proliferative Responses. <i>Scandinavian Journal of Immunology</i> , 1989, 29, 383-389.	1.3	114
147	The Effect of Strength and Endurance Training on Insulin Sensitivity and Fat Distribution in Human Immunodeficiency Virus-Infected Patients with Lipodystrophy. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2008, 93, 3860-3869.	1.8	114
148	Cardiolipin Synthesis in Brown and Beige Fat Mitochondria Is Essential for Systemic Energy Homeostasis. <i>Cell Metabolism</i> , 2018, 28, 159-174.e11.	7.2	114
149	How Physical Exercise Influences the Establishment of Infections. <i>Sports Medicine</i> , 1995, 19, 393-400.	3.1	113
150	LIF is a contraction-induced myokine stimulating human myocyte proliferation. <i>Journal of Applied Physiology</i> , 2011, 111, 251-259.	1.2	112
151	Proteome- and Transcriptome-Driven Reconstruction of the Human Myocyte Metabolic Network and Its Use for Identification of Markers for Diabetes. <i>Cell Reports</i> , 2015, 11, 921-933.	2.9	112
152	Chemokines are elevated in plasma after strenuous exercise in humans. <i>European Journal of Applied Physiology</i> , 2001, 84, 244-245.	1.2	111
153	Effect of hyperglycemia and hyperinsulinemia on the response of IL-6, TNF- $\alpha$ , and FFAs to low-dose endotoxemia in humans. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2004, 286, E766-E772.	1.8	111
154	THIS ARTICLE HAS BEEN RETRACTED Exercise induces interleukin-8 expression in human skeletal muscle. <i>Journal of Physiology</i> , 2005, 563, 507-516.	1.3	111
155	Hypoxemia increases serum interleukin-6 in humans. <i>European Journal of Applied Physiology</i> , 1997, 76, 480-482.	1.2	110
156	Influence of Physical Activity on the Cellular Immune System: Mechanisms of Action. <i>International Journal of Sports Medicine</i> , 1991, 12, S23-S29.	0.8	109
157	Plasma interleukin-6 during strenuous exercise: role of epinephrine. <i>American Journal of Physiology - Cell Physiology</i> , 2001, 281, C1001-C1004.	2.1	109
158	Interleukin-6 production by contracting human skeletal muscle: autocrine regulation by IL-6. <i>Biochemical and Biophysical Research Communications</i> , 2003, 310, 550-554.	1.0	109
159	Proteomics-Based Comparative Mapping of the Secretomes of Human Brown and White Adipocytes Reveals EPDR1 as a Novel Adipokine. <i>Cell Metabolism</i> , 2019, 30, 963-975.e7.	7.2	109
160	Acute interleukin-6 administration does not impair muscle glucose uptake or whole-body glucose disposal in healthy humans. <i>Journal of Physiology</i> , 2003, 548, 631-638.	1.3	106
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