Shiva Faghih

List of Publications by Year in descending order

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623734 677142 43 581 14 22 citations g-index h-index papers 44 44 44 1007 docs citations times ranked citing authors all docs

#	Article	IF	Citations
1	Comparison of the effects of flaxseed oil and sunflower seed oil consumption on serum glucose, lipid profile, blood pressure, and lipid peroxidation in patients with metabolic syndrome. Journal of Clinical Lipidology, 2018, 12, 70-77.	1.5	49
2	Comparison of blood lipid-lowering effects of olive oil and other plant oils: A systematic review and metaâ€analysis of 27 randomized placeboâ€controlled clinical trials. Critical Reviews in Food Science and Nutrition, 2019, 59, 2110-2124.	10.3	43
3	Rice bran oil and canola oil improve blood lipids compared to sunflower oil in women with type 2 diabetes: A randomized, single-blind, controlled trial. Journal of Clinical Lipidology, 2016, 10, 299-305.	1.5	39
4	Kefir drink causes a significant yet similar improvement in serum lipid profile, compared with low-fat milk, in a dairy-rich diet in overweight or obese premenopausal women: A randomized controlled trial. Journal of Clinical Lipidology, 2017, 11, 136-146.	1.5	36
5	Effects of Canola Oil Consumption on Lipid Profile: A Systematic Review and Meta-Analysis of Randomized Controlled Clinical Trials. Journal of the American College of Nutrition, 2019, 38, 185-196.	1.8	34
6	Kefir drink leads to a similar weight loss, compared with milk, in a dairy-rich non-energy-restricted diet in overweight or obese premenopausal women: a randomized controlled trial. European Journal of Nutrition, 2016, 55, 295-304.	3.9	33
7	A Western dietary pattern is associated with higher blood pressure in Iranian adolescents. European Journal of Nutrition, 2017, 56, 399-408.	4.6	33
8	Prevalence of vitamin d deficiency and its related factors among university students in shiraz, iran. International Journal of Preventive Medicine, 2014, 5, 796-9.	0.4	26
9	Western Dietary Pattern, But not Mediterranean Dietary Pattern, Increases the Risk of Prostate Cancer. Nutrition and Cancer, 2018, 70, 851-859.	2.0	23
10	Substitution of red meat with soybean but not non- soy legumes improves inflammation in patients with type 2 diabetes; a randomized clinical trial. Journal of Diabetes and Metabolic Disorders, 2018, 17, 111-116.	1.9	20
11	Improving diet quality among adolescents, using health belief model in a collaborative learning context: a randomized field trial study. Health Education Research, 2019, 34, 279-288.	1.9	20
12	Adherence to the dietary approaches to stop hypertension (DASH) dietary pattern and mental health in Iranian university students. European Journal of Nutrition, 2020, 59, 1001-1011.	3.9	17
13	Effect of short- and long-term protein consumption on appetite and appetite-regulating gastrointestinal hormones, a systematic review and meta-analysis of randomized controlled trials. Physiology and Behavior, 2020, 226, 113123.	2.1	17
14	The effects of canola and olive oils on insulin resistance, inflammation and oxidative stress in women with type 2 diabetes: a randomized and controlled trial. Journal of Diabetes and Metabolic Disorders, 2018, 17, 85-91.	1.9	15
15	Moderate Consumption of Red Meat, Compared to Soy or Non-Soy Legume, Has No Adverse Effect on Cardio-Metabolic Factors in Patients with Type 2 Diabetes. Experimental and Clinical Endocrinology and Diabetes, 2021, 129, 429-437.	1.2	14
16	Greater adherence to the dietary approaches to stop hypertension (DASH) dietary pattern is associated with lower blood pressure in healthy Iranian primary school children. European Journal of Nutrition, 2018, 57, 1449-1458.	3.9	12
17	Thermal Stability and Kinetic Study on Thermal Degradation of Vitamin D ₃ in Fortified Canola Oil. Journal of Food Science, 2019, 84, 2475-2481.	3.1	12
18	Association between overweight/obesity and eating habits while watching television among primary-school children in the city of Shiraz, Iran. Public Health Nutrition, 2018, 21, 571-579.	2.2	11

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19	The associations between dietary patterns and cardiovascular risk factors among adults: A cross-sectional study. Clinical Nutrition ESPEN, 2020, 40, 300-308.	1.2	10
20	Association of vitamin D status and metabolic syndrome components in Iranian children. International Journal of Preventive Medicine, 2019, 10, 77.	0.4	10
21	Pre-meal screen-time activities increase subjective emotions, but not food intake in young girls. Appetite, 2017, 111, 32-37.	3.7	9
22	Association between plant and animal proteins intake with lipid profile and anthropometric indices: A cross-sectional study. Nutrition and Health, 0, , 026010602211043.	1.5	9
23	Effects of biscuit fortified with whey protein isolate and wheat bran on weight loss, energy intake, appetite score, and appetite regulating hormones among overweight or obese adults. Journal of Functional Foods, 2020, 70, 103743.	3.4	7
24	A Comparative Study of the Effect of Flaxseed Oil and Sunflower Oil on the Coagulation Score, Selected Oxidative and Inflammatory Parameters in Metabolic Syndrome Patients. Clinical Nutrition Research, 2020, 9, 63.	1.2	7
25	Effect of Dietary Fiber on Serum Leptin Level: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Experimental and Clinical Endocrinology and Diabetes, 2021, 129, 322-333.	1.2	7
26	Effect of flaxseed consumption on central obesity, serum lipids, and adiponectin level in overweight or obese women: A randomised controlled clinical trial. International Journal of Clinical Practice, 2021, 75, e14592.	1.7	7
27	Influence of Storage Conditions on the Stability of Vitamin D3 and Kinetic Study of the Vitamin Degradation in Fortified Canola Oil during the Storage. Journal of Food Quality, 2021, 2021, 1-9.	2.6	7
28	Association between Dietary Inflammatory Index and Prostate Cancer in Shiraz Province of Iran. Asian Pacific Journal of Cancer Prevention, 2018, 19, 415-420.	1.2	7
29	Comparison of Appetite-regulating Hormones and Body Composition in Pediatric Patients in Predialysis Stage of Chronic Kidney Disease and Healthy Control Group. Iranian Journal of Medical Sciences, 2015, 40, 27-33.	0.4	6
30	Household Food Waste Quantification and Cross-Examining the Official Figures: A Study on Household Wheat Bread Waste in Shiraz, Iran. Foods, 2022, 11, 1188.	4.3	6
31	No adverse effects of dairy products on lipid profile: A systematic review and meta-analysis of randomized controlled clinical trials. Diabetes and Metabolic Syndrome: Clinical Research and Reviews, 2021, 15, 102279.	3.6	5
32	Effects of vitamin D-fortified oil intake versus vitamin D supplementation on vitamin D status and bone turnover factors: A double blind randomized clinical trial. Clinical Nutrition ESPEN, 2022, 47, 28-35.	1.2	5
33	Eating breakfast and snacks while television viewing are associated with some cardio metabolic risk factors among Iranian children. Diabetes and Metabolic Syndrome: Clinical Research and Reviews, 2018, 12, 235-243.	3.6	4
34	Comparing Lab-Measured and Surveyed Bread Waste Data: A Possible Hybrid Approach to Correct the Underestimation of Household Food Waste Self-Assessment Surveys. Sustainability, 2021, 13, 3472.	3.2	4
35	Prevalence of sarcopenic obesity and association with metabolic syndrome in an adult Iranian cohort: The Fasa PERSIAN cohort study. Clinical Obesity, 2021, 11, e12459.	2.0	4
36	Healthy Plant Foods Intake Could Protect Against Prostate Cancer Risk: A Case-Control Study. Asian Pacific Journal of Cancer Prevention, 2017, 18, 1905-1912.	1.2	4

#	Article	IF	CITATIONS
37	The effect of calcium supplement intake on lipid profile: a systematic review and meta-analysis of randomized controlled clinical trials. Critical Reviews in Food Science and Nutrition, 2020, , 1-10.	10.3	3
38	Evaluating the effects of dark chocolate formulated with microâ€encapsulated fermented garlic extract on cardioâ€metabolic indices in hypertensive patients: A crossover, tripleâ€blind placeboâ€controlled randomized clinical trial. Phytotherapy Research, 2022, , .	5 . 8	3
39	The Association between Dietary Diversity Score and Risk of Prostate Cancer: (A Case-Control Study). Nutrition and Cancer, 2021, , 1-9.	2.0	2
40	The effects of nutritional support baskets on growth parameters of under five years old children with malnutrition and low socio-economic status. Journal of Tropical Pediatrics, 2021, 67, .	1.5	0
41	Dietary energy density and risk of prostate cancer: (A case–control study). Clinical Nutrition ESPEN, 2021, 43, 342-347.	1.2	0
42	Independent and Combined Effects of Calcium and Vitamin D Supplementation on Blood Lipids in Overweight or Obese Premenopausal Women: A Triple-Blind Randomized Controlled Clinical Trial. International Journal of Preventive Medicine, 2021, 12, 52.	0.4	0
43	The effects of formal nutrition education on anthropometric indices, lipid profile, and glycemic control of patients with type 2 diabetes: a systematic review and meta-analysis. International Journal of Diabetes in Developing Countries, 0, , 1.	0.8	0