

Michael V Vitiello

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7073766/publications.pdf>

Version: 2024-02-01

206
papers

21,864
citations

18482

62
h-index

9861

141
g-index

218
all docs

218
docs citations

218
times ranked

18825
citing authors

#	ARTICLE	IF	CITATIONS
1	A systematic review and meta-analysis of long term physical and mental sequelae of COVID-19 pandemic: call for research priority and action. <i>Molecular Psychiatry</i> , 2023, 28, 423-433.	7.9	107
2	Rest-Activity Rhythm Fragmentation and Weaker Circadian Strength Are Associated With Cognitive Impairment in Survivors of Acute Respiratory Failure. <i>Biological Research for Nursing</i> , 2023, 25, 5-13.	1.9	4
3	Long-term improvements in sleep, pain, depression, and fatigue in older adults with comorbid osteoarthritis pain and insomnia. <i>Sleep</i> , 2022, 45, .	1.1	7
4	Cost-effectiveness of telephone cognitive behavioral therapy for osteoarthritis-related insomnia. <i>Journal of the American Geriatrics Society</i> , 2022, 70, 188-199.	2.6	7
5	Eating habits are associated with subjective sleep quality outcomes among university students: findings of a cross-sectional study. <i>Sleep and Breathing</i> , 2022, 26, 1365-1376.	1.7	15
6	Another high-quality year past and more good things to come. <i>Sleep Medicine Reviews</i> , 2022, 61, 101585.	8.5	0
7	Sleep disturbances during the COVID-19 pandemic: A systematic review, meta-analysis, and meta-regression. <i>Sleep Medicine Reviews</i> , 2022, 62, 101591.	8.5	154
8	Sleep in Alzheimer's disease: a systematic review and meta-analysis of polysomnographic findings. <i>Translational Psychiatry</i> , 2022, 12, 136.	4.8	41
9	Comparative polysomnography parameters between narcolepsy type 1/type 2 and idiopathic hypersomnia: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2022, 63, 101610.	8.5	6
10	Sleep in Normal Aging. <i>Sleep Medicine Clinics</i> , 2022, 17, 161-171.	2.6	14
11	A systematic review and meta-analysis on prevalence of and risk factors associated with depression, anxiety and insomnia in infectious diseases, including COVID-19: a call to action. <i>Molecular Psychiatry</i> , 2022, 27, 3214-3222.	7.9	81
12	Sleep dissatisfaction is a potential marker for nomophobia in adults. <i>Sleep Medicine</i> , 2022, 98, 152-157.	1.6	7
13	ISI-3: evaluation of a brief screening tool for insomnia. <i>Sleep Medicine</i> , 2021, 82, 104-109.	1.6	19
14	Maintaining a tradition of excellence. <i>Sleep Medicine Reviews</i> , 2021, 55, 101396.	8.5	1
15	Sleep problems during the COVID-19 pandemic by population: a systematic review and meta-analysis. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 299-313.	2.6	472
16	The Association between Symptoms of Nomophobia, Insomnia and Food Addiction among Young Adults: Findings of an Exploratory Cross-Sectional Survey. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 711.	2.6	31
17	Extended Work Shifts and Neurobehavioral Performance in Resident-Physicians. <i>Pediatrics</i> , 2021, 147, .	2.1	18
18	Prevalence of posttraumatic stress disorder after infectious disease pandemics in the twenty-first century, including COVID-19: a meta-analysis and systematic review. <i>Molecular Psychiatry</i> , 2021, 26, 4982-4998.	7.9	189

#	ARTICLE	IF	CITATIONS
19	Effect of Telephone Cognitive Behavioral Therapy for Insomnia in Older Adults With Osteoarthritis Pain. <i>JAMA Internal Medicine</i> , 2021, 181, 530.	5.1	40
20	Eight-week high-intensity interval training is associated with improved sleep quality and cardiorespiratory fitness in patients with depressive disorders. <i>Sleep and Breathing</i> , 2021, , 1.	1.7	4
21	Open-loop Audio-Visual Stimulation for sleep promotion in older adults with comorbid insomnia and osteoarthritis pain: results of a pilot randomized controlled trial. <i>Sleep Medicine</i> , 2021, 82, 37-42.	1.6	8
22	Adverse impact of polyphasic sleep patterns in humans: Report of the National Sleep Foundation sleep timing and variability consensus panel. <i>Sleep Health</i> , 2021, 7, 293-302.	2.5	10
23	Daily-level effects of alcohol, marijuana, and simultaneous use on young adults's perceived sleep health. <i>Sleep</i> , 2021, 44, .	1.1	17
24	Sleep disturbances during pregnancy and adverse maternal and fetal outcomes: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2021, 58, 101436.	8.5	81
25	A Feasibility Study of Primary Care Liaisons: Linking Older Adults to Community Resources. <i>American Journal of Preventive Medicine</i> , 2021, 61, e305-e312.	3.0	7
26	Increased use of digital tools in sleep disorders research in response to the COVID-19 challenge: implications for the present and future. <i>Sleep Medicine</i> , 2021, 86, 118-119.	1.6	1
27	Nomophobia is Associated with Insomnia but Not with Age, Sex, BMI, or Mobile Phone Screen Size in Young Adults. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 1931-1941.	2.7	17
28	Changes in dysfunctional beliefs about sleep after cognitive behavioral therapy for insomnia: A systematic literature review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2020, 49, 101230.	8.5	63
29	Continuing to strive for timeliness, quality and impact. <i>Sleep Medicine Reviews</i> , 2020, 49, 101236.	8.5	0
30	Polygenic evidence and overlapped brain functional connectivities for the association between chronic pain and sleep disturbance. <i>Translational Psychiatry</i> , 2020, 10, 252.	4.8	15
31	Association of Longitudinal Patterns of Habitual Sleep Duration With Risk of Cardiovascular Events and All-Cause Mortality. <i>JAMA Network Open</i> , 2020, 3, e205246.	5.9	64
32	Effect on Patient Safety of a Resident Physician Schedule without 24-Hour Shifts. <i>New England Journal of Medicine</i> , 2020, 382, 2514-2523.	27.0	55
33	Sleep and Circadian Rhythms in Survivors of Acute Respiratory Failure. <i>Frontiers in Neurology</i> , 2020, 11, 94.	2.4	19
34	Characterizing Behavioral Activity Rhythms in Older Adults Using Actigraphy. <i>Sensors</i> , 2020, 20, 549.	3.8	29
35	Effects of Osteoarthritis Pain and Concurrent Insomnia and Depression on Health Care Use in a Primary Care Population of Older Adults. <i>Arthritis Care and Research</i> , 2019, 71, 748-757.	3.4	18
36	Telephone interventions for co-morbid insomnia and osteoarthritis pain: The OsteoArthritis and Therapy for Sleep (OATS) randomized trial design. <i>Contemporary Clinical Trials</i> , 2019, 87, 105851.	1.8	6

#	ARTICLE	IF	CITATIONS
37	Effects on resident work hours, sleep duration, and work experience in a randomized order safety trial evaluating resident-physician schedules (ROSTERS). <i>Sleep</i> , 2019, 42, .	1.1	22
38	Improving pain and sleep in middle-aged and older adults: the promise of behavioral sleep interventions. <i>Pain</i> , 2019, 160, 529-534.	4.2	25
39	Open-Loop Audiovisual Stimulation Induces Delta EEG Activity in Older Adults With Osteoarthritis Pain and Insomnia. <i>Biological Research for Nursing</i> , 2019, 21, 307-317.	1.9	5
40	0403 Older Adults with Sleep Onset Insomnia Are More Responsive to Open-Loop Audio-Visual Stimulation Based Delta Induction Than Are Those with Sleep Maintenance Insomnia. <i>Sleep</i> , 2019, 42, A163-A163.	1.1	1
41	0955 Subjectively Reported Barriers to Sleep in People with Spinal Cord Injuries. <i>Sleep</i> , 2019, 42, A384-A384.	1.1	0
42	Another year of change, growing impact and widening readership. <i>Sleep Medicine Reviews</i> , 2019, 43, 129-130.	8.5	0
43	Implications of sleep disturbance and inflammation for Alzheimer's disease dementia. <i>Lancet Neurology</i> , The, 2019, 18, 296-306.	10.2	273
44	Reply to Sanguankeo and Upala on "Sleep disturbances increase the risk of dementia: A systematic review and meta-analysis". <i>Sleep Medicine Reviews</i> , 2019, 43, 133-134.	8.5	0
45	Validity of a single PTSD checklist item to screen for insomnia in survivors of critical illness. <i>Heart and Lung: Journal of Acute and Critical Care</i> , 2018, 47, 87-92.	1.6	4
46	A provisional tool for the measurement of sleep satisfaction. <i>Sleep Health</i> , 2018, 4, 6-12.	2.5	17
47	A heartfelt goodbye and a continuing mission. <i>Sleep Medicine Reviews</i> , 2018, 37, 1-2.	8.5	0
48	Sleep disturbances increase the risk of dementia: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2018, 40, 4-16.	8.5	563
49	Prevalence of restless legs syndrome during pregnancy: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2018, 40, 43-54.	8.5	92
50	Predictors of Adherence to Psychological Treatment for Insomnia and Pain. <i>Clinical Journal of Pain</i> , 2018, 34, 375-382.	1.9	14
51	Sleep in Normal Aging. <i>Sleep Medicine Clinics</i> , 2018, 13, 1-11.	2.6	372
52	Effects of Pain, Insomnia, and Depression on Psychoactive Medication Supply in Older Adults With Osteoarthritis. <i>Medical Care</i> , 2018, 56, 1024-1031.	2.4	6
53	Growth Hormone-Releasing Hormone Modulation of Neuronal Exosome Biomarkers in Mild Cognitive Impairment. <i>Journal of Alzheimer's Disease</i> , 2018, 66, 971-981.	2.6	33
54	The interrelationship of sleep and depression: new answers but many questions remain. <i>Sleep Medicine</i> , 2018, 52, 230-231.	1.6	6

#	ARTICLE	IF	CITATIONS
55	Project ECHO-Geriatrics: Training Future Primary Care Providers to Meet the Needs of Older Adults. <i>Journal of Graduate Medical Education</i> , 2018, 10, 311-315.	1.3	30
56	Sleep Health and Appropriate Use of OTC Sleep Aids in Older Adultsâ€™ Recommendations of a Gerontological Society of America Workgroup. <i>Gerontologist</i> , The, 2017, 57, gnv139.	3.9	30
57	National Sleep Foundation's sleep quality recommendations: first report. <i>Sleep Health</i> , 2017, 3, 6-19.	2.5	729
58	Continued growth, a new metric, same high quality!. <i>Sleep Medicine Reviews</i> , 2017, 31, 1-2.	8.5	1
59	Cognitiveâ€™behavioural therapy for insomnia is effective, safe and highly deployable. <i>Evidence-based Nursing</i> , 2017, 20, 92-92.	0.2	3
60	Sleep Disturbance in Smokers with Preserved Pulmonary Function and with Chronic Obstructive Pulmonary Disease. <i>Annals of the American Thoracic Society</i> , 2017, 14, 1836-1843.	3.2	9
61	Differential predictors of nighttime and daytime sleep complaints in older adults with comorbid insomnia and osteoarthritis pain. <i>Journal of Psychosomatic Research</i> , 2017, 100, 22-28.	2.6	10
62	Feasibility and Efficacy of a Shared Yoga Intervention for Sleep Disturbance in Older Adults With Osteoarthritis. <i>Journal of Gerontological Nursing</i> , 2017, 43, 45-52.	0.6	3
63	Comparison of Sleep Problems in Individuals with Spinal Cord Injury and Multiple Sclerosis. <i>Journal of Clinical Sleep Medicine</i> , 2016, 12, 695-701.	2.6	9
64	Sleep Duration and Area-Level Deprivation in Twins. <i>Sleep</i> , 2016, 39, 67-77.	1.1	23
65	P4â€™17: Growth Hormoneâ€™Releasing Hormone (GHRH) Administration in Mild Cognitive Impairment Modulates Phosphorylated Tau in Neuronallyâ€™Derived Exosomes. <i>Alzheimer's and Dementia</i> , 2016, 12, P1057.	0.8	0
66	Entering our twentieth year and still growing!. <i>Sleep Medicine Reviews</i> , 2016, 25, A1-A2.	8.5	0
67	Cognitiveâ€™behavioural therapy for insomnia: effective, long-lasting and safe. <i>Evidence-Based Mental Health</i> , 2016, 19, e2-e2.	4.5	6
68	The effect of meditative movement on sleep quality: A systematic review. <i>Sleep Medicine Reviews</i> , 2016, 30, 43-52.	8.5	44
69	Information without Implementation: A Practical Example for Developing a Best Practice Education Control Group. <i>Behavioral Sleep Medicine</i> , 2016, 14, 514-527.	2.1	13
70	Open-Loop Audio-Visual Stimulation (AVS): A Useful Tool for Management of Insomnia?. <i>Applied Psychophysiology Biofeedback</i> , 2016, 41, 39-46.	1.7	18
71	Mitochondrial DNA Copy Number in Sleep Duration Discordant Monozygotic Twins. <i>Sleep</i> , 2015, 38, 1655-1658.	1.1	8
72	National Sleep Foundationâ€™s sleep time duration recommendations: methodology and results summary. <i>Sleep Health</i> , 2015, 1, 40-43.	2.5	2,675

#	ARTICLE	IF	CITATIONS
73	Can't stop growing!. <i>Sleep Medicine Reviews</i> , 2015, 19, 1-2.	8.5	0
74	Comparison of Self-Report Sleep Measures for Individuals With Multiple Sclerosis and Spinal Cord Injury. <i>Archives of Physical Medicine and Rehabilitation</i> , 2015, 96, 478-483.	0.9	14
75	Insomnia is associated with quality of life impairment in medical-surgical intensive care unit survivors. <i>Heart and Lung: Journal of Acute and Critical Care</i> , 2015, 44, 89-94.	1.6	26
76	Open-Loop Neurofeedback Audiovisual Stimulation: A Pilot Study of Its Potential for Sleep Induction in Older Adults. <i>Applied Psychophysiology Biofeedback</i> , 2015, 40, 183-188.	1.7	23
77	National Sleep Foundation's updated sleep duration recommendations: final report. <i>Sleep Health</i> , 2015, 1, 233-243.	2.5	1,327
78	Insomnia (primary) in older people: non-drug treatments. <i>Clinical Evidence</i> , 2015, 2015, .	0.2	5
79	Sleep Measures Predict Next-Day Symptoms in Women with Irritable Bowel Syndrome. <i>Journal of Clinical Sleep Medicine</i> , 2014, 10, 1003-1009.	2.6	59
80	A Pilot Study of Audio-Visual Stimulation as a Self-Care Treatment for Insomnia in Adults with Insomnia and Chronic Pain. <i>Applied Psychophysiology Biofeedback</i> , 2014, 39, 219-225.	1.7	21
81	Item Level Comparison of Self-Report Sleep Measures for Individuals With Chronic Central Nervous System Dysfunction. <i>Archives of Physical Medicine and Rehabilitation</i> , 2014, 95, e34.	0.9	0
82	Short-term improvement in insomnia symptoms predicts long-term improvements in sleep, pain, and fatigue in older adults with comorbid osteoarthritis and insomnia. <i>Pain</i> , 2014, 155, 1547-1554.	4.2	136
83	Tales of leaving plateaus and scaling new heights!. <i>Sleep Medicine Reviews</i> , 2014, 18, 1-2.	8.5	3
84	Sleep in Older Adults. <i>Clinics in Geriatric Medicine</i> , 2014, 30, 591-627.	2.6	141
85	Who Benefits From CBT for Insomnia in Primary Care? Important Patient Selection and Trial Design Lessons from Longitudinal Results of the Lifestyles Trial. <i>Sleep</i> , 2014, 37, 299-308.	1.1	46
86	Sleep Duration and Depressive Symptoms: A Gene-Environment Interaction. <i>Sleep</i> , 2014, 37, 351-358.	1.1	80
87	Growth Hormone-Releasing Hormone Effects on Brain γ -Aminobutyric Acid Levels in Mild Cognitive Impairment and Healthy Aging. <i>JAMA Neurology</i> , 2013, 70, 883.	9.0	35
88	Neuropsychiatric symptoms in Alzheimer's disease: Past progress and anticipation of the future. <i>Alzheimer's and Dementia</i> , 2013, 9, 602-608.	0.8	292
89	The Sleep Medicine Reviews hits just keep coming!. <i>Sleep Medicine Reviews</i> , 2013, 17, 1.	8.5	1
90	Growth Hormone-Releasing Hormone Improves Cognitive Function in Older Adults: Sleep On It! Reply. <i>JAMA Neurology</i> , 2013, 70, 529.	9.0	3

#	ARTICLE	IF	CITATIONS
91	Cognitive Behavioral Treatment for Comorbid Insomnia and Osteoarthritis Pain in Primary Care: The Lifestyles Randomized Controlled Trial. <i>Journal of the American Geriatrics Society</i> , 2013, 61, 947-956.	2.6	129
92	The Future of Cognitive Behavioral Therapy for Insomnia: What Important Research Remains to Be Done?. <i>Journal of Clinical Psychology</i> , 2013, 69, 1013-1021.	1.9	49
93	Concordance of Polysomnographic and Actigraphic Measurement of Sleep and Wake in Older Women with Insomnia. <i>Journal of Clinical Sleep Medicine</i> , 2013, 09, 217-225.	2.6	56
94	Perceived Insufficient Rest or Sleep among Veterans: Behavioral Risk Factor Surveillance System 2009. <i>Journal of Clinical Sleep Medicine</i> , 2013, 09, 577-584.	2.6	30
95	Sleep Duration and Body Mass Index in Twins: A Gene-Environment Interaction. <i>Sleep</i> , 2012, 35, 597-603.	1.1	60
96	Sleep in Normal Aging. <i>Sleep Medicine Clinics</i> , 2012, 7, 539-544.	2.6	13
97	Epidemiology of restless legs syndrome: A synthesis of the literature. <i>Sleep Medicine Reviews</i> , 2012, 16, 283-295.	8.5	477
98	Group interventions for co-morbid insomnia and osteoarthritis pain in primary care: The lifestyles cluster randomized trial design. <i>Contemporary Clinical Trials</i> , 2012, 33, 759-768.	1.8	26
99	Effects of Growth Hormone Releasing Hormone on Cognitive Function in Adults With Mild Cognitive Impairment and Healthy Older Adults. <i>Archives of Neurology</i> , 2012, 69, 1420.	4.5	106
100	Sleep Disturbance Among Older Adults in Long-Term Care: A Significant Problem in an Important Clinical Setting. <i>American Journal of Geriatric Psychiatry</i> , 2012, 20, 457-459.	1.2	5
101	Post-discharge insomnia symptoms are associated with quality of life impairment among survivors of acute lung injury. <i>Sleep Medicine</i> , 2012, 13, 1106-1109.	1.6	35
102	A Step Toward Solving the Sleep/Pain Puzzle. <i>Sleep</i> , 2012, 35, 593-594.	1.1	3
103	Is circadian type associated with sleep duration in twins?. <i>Sleep and Biological Rhythms</i> , 2012, 10, 61-68.	1.0	7
104	Yoga for Osteoarthritis: Nursing and Research Considerations. <i>Journal of Gerontological Nursing</i> , 2012, 38, 26-35.	0.6	5
105	The Effective Assessment and Management of Sleep Disturbances in Community-Dwelling and Institutionalized Older Adults. <i>Intelligent Systems, Control and Automation: Science and Engineering</i> , 2012, , 245-259.	0.5	0
106	2011 NIH Sleep Disorders Research Plan: A Rising Tide that Lifts all Boats. <i>Journal of Clinical Sleep Medicine</i> , 2012, 08, 7-8.	2.6	0
107	Frequency of comorbid insomnia, pain, and depression in older adults with osteoarthritis: Predictors of enrollment in a randomized treatment trial. <i>Journal of Psychosomatic Research</i> , 2011, 71, 296-299.	2.6	53
108	Another milestone. <i>Sleep Medicine Reviews</i> , 2011, 15, 1-1.	8.5	2

#	ARTICLE	IF	CITATIONS
109	A pilot study of gentle yoga for sleep disturbance in women with osteoarthritis. <i>Sleep Medicine</i> , 2011, 12, 512-517.	1.6	53
110	Increasing Walking and Bright Light Exposure to Improve Sleep in Community-Dwelling Persons with Alzheimer's Disease: Results of a Randomized, Controlled Trial. <i>Journal of the American Geriatrics Society</i> , 2011, 59, 1393-1402.	2.6	176
111	Insomnia (primary) in older people. <i>Clinical Evidence</i> , 2011, 2011, .	0.2	5
112	Pharmacokinetics of valerianic acid after single and multiple doses of valerian in older women. <i>Phytotherapy Research</i> , 2010, 24, 1442-1446.	5.8	18
113	A Twin Study of Sleep Duration and Body Mass Index. <i>Journal of Clinical Sleep Medicine</i> , 2010, 06, 11-17.	2.6	83
114	Predictors of Short- and Long-Term Adherence to a Daily Walking Program in Persons With Alzheimer's Disease. <i>American Journal of Alzheimer's Disease and Other Dementias</i> , 2010, 25, 505-512.	1.9	21
115	Naps, cognition and performance. <i>Sleep Medicine Reviews</i> , 2010, 14, 249-258.	8.5	139
116	Excelsior!. <i>Sleep Medicine Reviews</i> , 2010, 14, 1-2.	8.5	0
117	Using difficulty resuming sleep to define nocturnal awakenings. <i>Sleep Medicine</i> , 2010, 11, 236-241.	1.6	34
118	A twin study of sleep duration and body mass index. <i>Journal of Clinical Sleep Medicine</i> , 2010, 6, 11-7.	2.6	45
119	Cognitive Behavioral Therapy for Insomnia Improves Sleep and Decreases Pain in Older Adults with Co-Morbid Insomnia and Osteoarthritis. <i>Journal of Clinical Sleep Medicine</i> , 2009, 05, 355-362.	2.6	230
120	Recent Advances in Understanding Sleep and Sleep Disturbances in Older Adults. <i>Current Directions in Psychological Science</i> , 2009, 18, 316-320.	5.3	42
121	Evidence-Based Recommendations for the Assessment and Management of Sleep Disorders in Older Persons. <i>Journal of the American Geriatrics Society</i> , 2009, 57, 761-789.	2.6	385
122	A randomized clinical trial of valerian fails to improve self-reported, polysomnographic, and actigraphic sleep in older women with insomnia. <i>Sleep Medicine</i> , 2009, 10, 319-328.	1.6	81
123	Nocturia and disturbed sleep in the elderly. <i>Sleep Medicine</i> , 2009, 10, 540-548.	1.6	221
124	Circadian Rhythm Sleep Disorder: Irregular Sleep Wake Rhythm. <i>Sleep Medicine Clinics</i> , 2009, 4, 213-218.	2.6	85
125	Insomnia in Caregivers of Persons with Dementia: Who is at Risk and What Can be Done About It?. <i>Sleep Medicine Clinics</i> , 2009, 4, 519-526.	2.6	46
126	Cognitive behavioral therapy for insomnia improves sleep and decreases pain in older adults with co-morbid insomnia and osteoarthritis. <i>Journal of Clinical Sleep Medicine</i> , 2009, 5, 355-62.	2.6	128

#	ARTICLE	IF	CITATIONS
127	We Have Much More to Learn About the Relationships Between Napping and Health in Older Adults. <i>Journal of the American Geriatrics Society</i> , 2008, 56, 1753-1755.	2.6	20
128	Effects of Moderate-Intensity Exercise on Polysomnographic and Subjective Sleep Quality in Older Adults With Mild to Moderate Sleep Complaints. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2008, 63, 997-1004.	3.6	175
129	Factors Associated with Concordance and Variability of Sleep Quality in Persons with Alzheimer's Disease and their Caregivers. <i>Sleep</i> , 2008, 31, 741-748.	1.1	55
130	Circadian Rhythm Sleep Disorders: Part I, Basic Principles, Shift Work and Jet Lag Disorders. <i>Sleep</i> , 2007, 30, 1460-1483.	1.1	514
131	Evidence-based psychological treatments for insomnia in older adults.. <i>Psychology and Aging</i> , 2007, 22, 18-27.	1.6	142
132	Circadian Rhythm Sleep Disorders: Part II, Advanced Sleep Phase Disorder, Delayed Sleep Phase Disorder, Free-Running Disorder, and Irregular Sleep-Wake Rhythm. <i>Sleep</i> , 2007, 30, 1484-1501.	1.1	458
133	Management of obstructive sleep apnea in acromegaly. <i>Sleep Medicine</i> , 2007, 8, 539-540.	1.6	7
134	Sleep disturbances in caregivers of persons with dementia: Contributing factors and treatment implications. <i>Sleep Medicine Reviews</i> , 2007, 11, 143-153.	8.5	241
135	A systematic review of valerian as a sleep aid: Safe but not effective. <i>Sleep Medicine Reviews</i> , 2007, 11, 209-230.	8.5	137
136	Frequent Napping Is Associated With Excessive Daytime Sleepiness, Depression, Pain, and Nocturia in Older Adults: Findings From the National Sleep Foundation's 2003 Sleep in America™ Poll. <i>American Journal of Geriatric Psychiatry</i> , 2007, 15, 344-350.	1.2	204
137	Sleep, ghrelin, leptin and changes in body weight during a 1-year moderate-intensity physical activity intervention. <i>International Journal of Obesity</i> , 2007, 31, 466-475.	3.4	75
138	Growing Old Should Not Mean Sleeping Poorly: Recognizing and Properly Treating Sleep Disorders in Older Adults. <i>Journal of the American Geriatrics Society</i> , 2007, 55, 1882-1883.	2.6	13
139	Digital Analysis and Technical Specifications. <i>Journal of Clinical Sleep Medicine</i> , 2007, 03, 109-120.	2.6	79
140	Digital analysis and technical specifications. <i>Journal of Clinical Sleep Medicine</i> , 2007, 3, 109-20.	2.6	29
141	Drs. Vitiello and Ancoli-Israel Reply. <i>American Journal of Geriatric Psychiatry</i> , 2006, 14, 986-987.	1.2	1
142	Sleep in Dementia. <i>American Journal of Geriatric Psychiatry</i> , 2006, 14, 91-94.	1.2	32
143	Sleep in Normal Aging. <i>Sleep Medicine Clinics</i> , 2006, 1, 171-176.	2.6	87
144	Factors Associated With Caregiver Reports of Sleep Disturbances in Persons With Dementia. <i>American Journal of Geriatric Psychiatry</i> , 2006, 14, 112-120.	1.2	81

#	ARTICLE	IF	CITATIONS
145	Growth hormone releasing hormone improves the cognition of healthy older adults. <i>Neurobiology of Aging</i> , 2006, 27, 318-323.	3.1	61
146	Year tenâ€™ and things could not look brighter!. <i>Sleep Medicine Reviews</i> , 2006, 10, 1-2.	8.5	2
147	Nighttime Insomnia Treatment and Education for Alzheimer's Disease: A Randomized, Controlled Trial. <i>Journal of the American Geriatrics Society</i> , 2005, 53, 793-802.	2.6	292
148	Pharmacokinetics of valerianic acid after administration of valerian in healthy subjects. <i>Phytotherapy Research</i> , 2005, 19, 801-803.	5.8	35
149	Alzheimer's Dementia. , 2005, , 773-781.		0
150	Factors associated with objective (actigraphic) and subjective sleep quality in young adult women. <i>Journal of Psychosomatic Research</i> , 2005, 59, 11-19.	2.6	94
151	Qualityâ€™ in breadthâ€™ in depthâ€™ andâ€™ in demand!. <i>Sleep Medicine Reviews</i> , 2005, 9, 3-4.	8.5	0
152	Treatment of sleep and nighttime disturbances in Alzheimer's disease: a behavior management approach. <i>Sleep Medicine</i> , 2004, 5, 373-377.	1.6	36
153	Pharmacotherapy for excessive daytime sleepiness. <i>Sleep Medicine Reviews</i> , 2004, 8, 339-354.	8.5	62
154	Age-related sleep change. <i>Journal of Psychosomatic Research</i> , 2004, 56, 503-510.	2.6	282
155	Meta-Analysis of Quantitative Sleep Parameters From Childhood to Old Age in Healthy Individuals: Developing Normative Sleep Values Across the Human Lifespan. <i>Sleep</i> , 2004, 27, 1255-1273.	1.1	2,608
156	Growth Hormone-Releasing Hormone and Growth Hormone Secretagogues in Normal Aging. <i>Endocrine</i> , 2003, 22, 41-48.	2.2	27
157	Training Caregivers to Change the Sleep Hygiene Practices of Patients with Dementia: The NITE-AD Project. <i>Journal of the American Geriatrics Society</i> , 2003, 51, 1455-1460.	2.6	72
158	Development of Diagnostic Criteria for Defining Sleep Disturbance in Alzheimer's Disease. <i>Journal of Geriatric Psychiatry and Neurology</i> , 2003, 16, 131-139.	2.3	109
159	Effects of a Yearlong Moderate-Intensity Exercise and a Stretching Intervention on Sleep Quality in Postmenopausal Women. <i>Sleep</i> , 2003, 26, 830-836.	1.1	138
160	Sleep complaints cosegregate with illness in older adults. <i>Journal of Psychosomatic Research</i> , 2002, 53, 555-559.	2.6	192
161	Dawn simulation and bright light in the treatment of SAD: a controlled study. <i>Biological Psychiatry</i> , 2001, 50, 205-216.	1.3	108
162	Sleep Disturbances in Patients with Alzheimer's Disease. <i>CNS Drugs</i> , 2001, 15, 777-796.	5.9	231

#	ARTICLE	IF	CITATIONS
163	Growth Hormone Releasing Hormone Treatment in Normal Aging. <i>Rejuvenation Research</i> , 2001, 4, 331-343.	0.2	3
164	Estrogen Replacement Therapy Moderates the Sleep Disruption Associated with Nocturnal Blood Sampling. <i>Sleep</i> , 2001, 24, 886-894.	1.1	49
165	Effective treatment of sleep disturbances in older adults. <i>Clinical Cornerstone</i> , 2000, 2, 16-24.	0.7	26
166	Treatment of sleep disturbance in Alzheimer's disease. <i>Sleep Medicine Reviews</i> , 2000, 4, 603-628.	8.5	162
167	Such stuff as dreams are made of. <i>Sleep Medicine Reviews</i> , 1999, 3, 1-2.	8.5	5
168	Successful Behavioral Treatment for Reported Sleep Problems in Elderly Caregivers of Dementia Patients: A Controlled Study. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 1998, 53B, P122-P129.	3.9	126
169	Circadian temperature and cortisol rhythms during a constant routine are phase-delayed in hypersomnic winter depression. <i>Biological Psychiatry</i> , 1997, 41, 1109-1123.	1.3	102
170	Sleep, alcohol and alcohol abuse. <i>Addiction Biology</i> , 1997, 2, 151-158.	2.6	94
171	Potential applications of GH secretagogues in the evaluation and treatment of the age-related decline in growth hormone secretion. <i>Endocrine</i> , 1997, 7, 49-52.	2.2	14
172	Objective Sleep Quality of Healthy Older Men and Women Is Differentially Disrupted by Nighttime Periodic Blood Sampling via Indwelling Catheter. <i>Sleep</i> , 1996, 19, 304-311.	1.1	40
173	Sleep disorders and aging. <i>Current Opinion in Psychiatry</i> , 1996, 9, 284-289.	6.3	19
174	Effects of endurance training on the circadian rhythm of fibrinolysis in men and women. <i>Medicine and Science in Sports and Exercise</i> , 1996, 28, 647-655.	0.4	23
175	A Note on the Night-to-Night Stability of Stages 3 + 4 Sleep in Healthy Older Adults: A Comparison of Visual and Spectral Evaluations of Stages 3 + 4 Sleep. <i>Sleep</i> , 1995, , .	1.1	7
176	Sleep/wake patterns In Alzheimer's disease: relationships with cognition and function. <i>Journal of Sleep Research</i> , 1995, 4, 15-20.	3.2	155
177	Age trends in the sleep EEG of healthy older men and women. <i>Journal of Sleep Research</i> , 1995, 4, 160-172.	3.2	31
178	C STAGE, Automated Sleep Scoring: Development and Comparison With Human Sleep Scoring for Healthy Older Men and Women. <i>Sleep</i> , 1994, , .	1.1	11
179	Entrained Body Temperature Rhythms Are Similar in Mild Alzheimer's Disease, Geriatric Onset Depression, and Normal Aging. <i>Topics in Geriatrics</i> , 1992, 5, 65-71.	0.8	17
180	Letter matching: Effects of age, Alzheimer's disease, and major depression. <i>Neuropsychology, Development and Cognition Section A: Journal of Clinical and Experimental Neuropsychology</i> , 1992, 14, 478-498.	1.1	6

#	ARTICLE	IF	CITATIONS
181	EEG markers of early Alzheimer's disease in computer selected tonic REM sleep. <i>Electroencephalography and Clinical Neurophysiology</i> , 1992, 83, 36-43.	0.3	42
182	Healthy Elderly Women and Men Have Different Entrained Circadian Temperature Rhythms. <i>Journal of the American Geriatrics Society</i> , 1991, 39, 383-387.	2.6	66
183	Sleep in Alzheimer's disease and other dementing disorders.. <i>Canadian Journal of Psychology</i> , 1991, 45, 221-239.	0.8	51
184	Nighttime Hypoxemia Is Increased in Abstaining Chronic Alcoholic Men. <i>Alcoholism: Clinical and Experimental Research</i> , 1990, 14, 38-41.	2.4	16
185	Sleep Disorders and Aging. <i>New England Journal of Medicine</i> , 1990, 323, 520-526.	27.0	303
186	Sleep is undisturbed in elderly, depressed individuals who have not sought health care. <i>Biological Psychiatry</i> , 1990, 27, 431-440.	1.3	22
187	Alzheimer's Disease: Sleep and Sleep/Wake Patterns. <i>Clinics in Geriatric Medicine</i> , 1989, 5, 289-299.	2.6	132
188	Initiation and Perseveration as a Subscale of the Dementia Rating Scale. <i>Clinical Gerontologist</i> , 1989, 8, 27-41.	2.2	2
189	History of Chronic Alcohol Abuse Is Associated with Increased Nighttime Hypoxemia in Older Men. <i>Alcoholism: Clinical and Experimental Research</i> , 1987, 11, 368-371.	2.4	21
190	Circadian temperature rhythms in young adult and aged men. <i>Neurobiology of Aging</i> , 1986, 7, 97-100.	3.1	156
191	Functional decline in the early stages of Alzheimer's disease.. <i>Psychology and Aging</i> , 1986, 1, 41-46.	1.6	34
192	The clinical utility of the Dementia Rating Scale for assessing Alzheimer patients. <i>Journal of Chronic Diseases</i> , 1984, 37, 743-753.	1.2	126
193	Sodium-Restricted Diet Increases Nighttime Plasma Norepinephrine and Impairs Sleep Patterns in Man*. <i>Journal of Clinical Endocrinology and Metabolism</i> , 1983, 56, 553-556.	3.6	31
194	Loss of Circadian Rhythmicity in Blood Testosterone Levels with Aging in Normal Men*. <i>Journal of Clinical Endocrinology and Metabolism</i> , 1983, 56, 1278-1281.	3.6	699
195	Sleep Apnea: Relationship to Age, Sex, and Alzheimer's Dementia. <i>Sleep</i> , 1983, 6, 16-22.	1.1	119
196	Sleep, EEG and mental function changes in senile dementia of the Alzheimer's type. <i>Neurobiology of Aging</i> , 1982, 3, 361-370.	3.1	325
197	Obstructive apnea: Sympathetic activity, respiration and sleep, a case report. <i>Neurobiology of Aging</i> , 1982, 3, 263-266.	3.1	12
198	On the use of repeated measures designs in psychopharmacology. <i>Psychopharmacology</i> , 1981, 72, 247-249.	3.1	10

#	ARTICLE	IF	CITATIONS
199	Effect of phenobarbital on sleep and nighttime plasma growth hormone and Cortisol levels. Canadian Journal of Physiology and Pharmacology, 1981, 59, 1139-1145.	1.4	11
200	Effects of interference stimuli on the acquisition of learned aversions to foods in the rat.. Journal of Comparative and Physiological Psychology, 1980, 94, 921-931.	1.8	43
201	Effects of tumor growth on taste-aversion learning produced by antitumor drugs in the rat. Physiological Psychology, 1980, 8, 51-55.	0.8	10
202	The small intestine and the control of meal patterns of the rat. Physiology and Behavior, 1978, 20, 417-422.	2.1	42
203	Conditioned insulin secretion and meal feeding in rats.. Journal of Comparative and Physiological Psychology, 1977, 91, 128-133.	1.8	150
204	Evidence for withdrawal from caffeine by rats. Pharmacology Biochemistry and Behavior, 1977, 6, 553-555.	2.9	26
205	Caffeine: Preferential consumption by rats. Pharmacology Biochemistry and Behavior, 1975, 3, 147-149.	2.9	23
206	The effects of adaptation to square-wave gratings as a function of grating orientation. Perception & Psychophysics, 1974, 15, 475-478.	2.3	1