

# Hugo Hesser

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/7054666/publications.pdf>

Version: 2024-02-01

48  
papers

2,337  
citations

257450

24  
h-index

223800

46  
g-index

48  
all docs

48  
docs citations

48  
times ranked

2285  
citing authors

| #  | ARTICLE                                                                                                                                                                                                                                                         | IF   | CITATIONS |
|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------|
| 1  | A systematic review and meta-analysis of randomized controlled trials of cognitive-behavioral therapy for tinnitus distress. <i>Clinical Psychology Review</i> , 2011, 31, 545-553.                                                                             | 11.4 | 259       |
| 2  | A randomized controlled trial of internet-delivered cognitive behavior therapy and acceptance and commitment therapy in the treatment of tinnitus. <i>Journal of Consulting and Clinical Psychology</i> , 2012, 80, 649-661.                                    | 2.0  | 206       |
| 3  | Acceptance and commitment therapy for the treatment of stress among social workers: A randomized controlled trial. <i>Behaviour Research and Therapy</i> , 2011, 49, 389-398.                                                                                   | 3.1  | 180       |
| 4  | Internet-Delivered Exposure-Based Treatment vs. Stress Management for Irritable Bowel Syndrome: A Randomized Trial. <i>American Journal of Gastroenterology</i> , 2011, 106, 1481-1491.                                                                         | 0.4  | 170       |
| 5  | Acceptance and Commitment Therapy versus Tinnitus Retraining Therapy in the treatment of tinnitus: A randomised controlled trial. <i>Behaviour Research and Therapy</i> , 2011, 49, 737-747.                                                                    | 3.1  | 155       |
| 6  | Modeling individual differences in randomized experiments using growth models: Recommendations for design, statistical analysis and reporting of results of internet interventions. <i>Internet Interventions</i> , 2015, 2, 110-120.                           | 2.7  | 142       |
| 7  | Provoking symptoms to relieve symptoms: A randomized controlled dismantling study of exposure therapy in irritable bowel syndrome. <i>Behaviour Research and Therapy</i> , 2014, 55, 27-39.                                                                     | 3.1  | 102       |
| 8  | Usage of a Responsible Gambling Tool: A Descriptive Analysis and Latent Class Analysis of User Behavior. <i>Journal of Gambling Studies</i> , 2016, 32, 889-904.                                                                                                | 1.6  | 78        |
| 9  | Affect-focused psychodynamic psychotherapy for depression and anxiety through the Internet: a randomized controlled trial. <i>PeerJ</i> , 2013, 1, e102.                                                                                                        | 2.0  | 76        |
| 10 | Effectiveness of Internet-based cognitive-behavior therapy for social anxiety disorder in clinical psychiatry. <i>Journal of Consulting and Clinical Psychology</i> , 2015, 83, 902-914.                                                                        | 2.0  | 75        |
| 11 | The effect of waiting: A meta-analysis of wait-list control groups in trials for tinnitus distress. <i>Journal of Psychosomatic Research</i> , 2011, 70, 378-384.                                                                                               | 2.6  | 74        |
| 12 | Mechanisms of change in an exposure-based treatment for irritable bowel syndrome. <i>Journal of Consulting and Clinical Psychology</i> , 2013, 81, 1113-1126.                                                                                                   | 2.0  | 74        |
| 13 | Clients' in-session acceptance and cognitive defusion behaviors in acceptance-based treatment of tinnitus distress. <i>Behaviour Research and Therapy</i> , 2009, 47, 523-528.                                                                                  | 3.1  | 71        |
| 14 | The role of anxiety sensitivity and behavioral avoidance in tinnitus disability. <i>International Journal of Audiology</i> , 2009, 48, 295-299.                                                                                                                 | 1.7  | 65        |
| 15 | Acceptance as a mediator in internet-delivered acceptance and commitment therapy and cognitive behavior therapy for tinnitus. <i>Journal of Behavioral Medicine</i> , 2014, 37, 756-767.                                                                        | 2.1  | 48        |
| 16 | Therapeutic Alliance in Internet-Delivered Cognitive Behaviour Therapy for Depression or Generalized Anxiety. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 451-461.                                                                                 | 2.7  | 47        |
| 17 | How does exposure therapy work? A comparison between generic and gastrointestinal anxiety-specific mediators in a dismantling study of exposure therapy for irritable bowel syndrome. <i>Journal of Consulting and Clinical Psychology</i> , 2018, 86, 254-267. | 2.0  | 40        |
| 18 | Working alliance as a predictor of change in depression during blended cognitive behaviour therapy. <i>Cognitive Behaviour Therapy</i> , 2019, 48, 285-299.                                                                                                     | 3.5  | 39        |

| #  | ARTICLE                                                                                                                                                                                                                                                   | IF   | CITATIONS |
|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------|
| 19 | Internet-based acceptance and commitment therapy for psychological distress experienced by people with hearing problems: a pilot randomized controlled trial. <i>Cognitive Behaviour Therapy</i> , 2018, 47, 169-184.                                     | 3.5  | 38        |
| 20 | Predicting Response to Therapist-Assisted Internet-Delivered Cognitive Behavior Therapy for Depression or Anxiety Within an Open Dissemination Trial. <i>Behavior Therapy</i> , 2016, 47, 155-165.                                                        | 2.4  | 34        |
| 21 | Consequences of controlling background sounds: The effect of experiential avoidance on tinnitus interference.. <i>Rehabilitation Psychology</i> , 2009, 54, 381-389.                                                                                      | 1.3  | 33        |
| 22 | The role of catastrophizing in recent onset tinnitus: Its nature and association with tinnitus distress and medical utilization. <i>International Journal of Audiology</i> , 2013, 52, 177-188.                                                           | 1.7  | 31        |
| 23 | Experiences of Playscan: Interviews with users of a responsible gambling tool. <i>Internet Interventions</i> , 2017, 8, 53-62.                                                                                                                            | 2.7  | 30        |
| 24 | Acceptance of Tinnitus: Validation of the Tinnitus Acceptance Questionnaire. <i>Cognitive Behaviour Therapy</i> , 2013, 42, 100-115.                                                                                                                      | 3.5  | 29        |
| 25 | Acceptance of Tinnitus As an Independent Correlate of Tinnitus Severity. <i>Ear and Hearing</i> , 2015, 36, e176-e182.                                                                                                                                    | 2.1  | 27        |
| 26 | Preventing intimate partner violence via the Internet: A randomized controlled trial of emotion regulation and conflict management training for individuals with aggression problems. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 1163-1177. | 2.7  | 27        |
| 27 | Therapist-Guided Internet-Delivered Cognitive Behavioral Therapy vs Internet-Delivered Supportive Therapy for Children and Adolescents With Social Anxiety Disorder. <i>JAMA Psychiatry</i> , 2021, 78, 705.                                              | 11.0 | 23        |
| 28 | Breaking the vicious circle of fear and avoidance in children with abdominal pain: A mediation analysis. <i>Journal of Psychosomatic Research</i> , 2021, 140, 110287.                                                                                    | 2.6  | 22        |
| 29 | Factor Structure of the Difficulties in Emotion Regulation Scale in Treatment Seeking Adults with Eating Disorders. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2020, 42, 111-126.                                                      | 1.2  | 21        |
| 30 | Autobiographical Memory Specificity in Patients with Tinnitus Versus Patients with Depression and Normal Controls. <i>Cognitive Behaviour Therapy</i> , 2013, 42, 116-126.                                                                                | 3.5  | 20        |
| 31 | Costs of Suppressing Emotional Sound and Countereffects of a Mindfulness Induction: An Experimental Analog of Tinnitus Impact. <i>PLoS ONE</i> , 2013, 8, e64540.                                                                                         | 2.5  | 14        |
| 32 | Longitudinal, bidirectional relationships of insomnia symptoms and musculoskeletal pain across adolescence: the mediating role of mood. <i>Pain</i> , 2022, 163, 287-298.                                                                                 | 4.2  | 13        |
| 33 | Methodological considerations in treatment evaluations of tinnitus distress: A call for guidelines. <i>Journal of Psychosomatic Research</i> , 2010, 69, 305-307.                                                                                         | 2.6  | 12        |
| 34 | Behavioral avoidance moderates the effect of exposure therapy for irritable bowel syndrome: A secondary analysis of results from a randomized component trial. <i>Behaviour Research and Therapy</i> , 2021, 141, 103862.                                 | 3.1  | 10        |
| 35 | Estimating causal effects of internet interventions in the context of nonadherence. <i>Internet Interventions</i> , 2020, 21, 100346.                                                                                                                     | 2.7  | 9         |
| 36 | Identifying subgroups of patients with eating disorders based on emotion dysregulation profiles: A factor mixture modeling approach to classification.. <i>Psychological Assessment</i> , 2022, 34, 367-378.                                              | 1.5  | 9         |

| #  | ARTICLE                                                                                                                                                                                                                              | IF  | CITATIONS |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 37 | Internet-Based Acceptance and Commitment Therapy for Psychological Distress Experienced by People With Hearing Problems: Study Protocol for a Randomized Controlled Trial. <i>American Journal of Audiology</i> , 2015, 24, 307-310. | 1.2 | 7         |
| 38 | Mediators of treatment effect in minimal-contact cognitive behaviour therapy for severe health anxiety: A theory-driven analysis based on a randomised controlled trial. <i>Journal of Anxiety Disorders</i> , 2020, 69, 102172.     | 3.2 | 7         |
| 39 | Dimensional or Categorical Approach to Tinnitus Severity: an Item Response Mixture Modeling Analysis of Tinnitus Handicap. <i>International Journal of Behavioral Medicine</i> , 2014, 21, 982-988.                                  | 1.7 | 4         |
| 40 | Factor structure and clinical correlates of the original and 16-item version of the Difficulties In Emotion Regulation Scale in adolescent girls with eating disorders. <i>Journal of Clinical Psychology</i> , 2022, 78, 1201-1219. | 1.9 | 3         |
| 41 | Prior information can alter how sounds are perceived and emotionally regulated. <i>Heliyon</i> , 2022, 8, e09793.                                                                                                                    | 3.2 | 3         |
| 42 | Therapist-guided online metacognitive intervention for excessive worry: a randomized controlled trial with mediation analysis. <i>Cognitive Behaviour Therapy</i> , 2022, 51, 21-41.                                                 | 3.5 | 2         |
| 43 | Return on investment of internet delivered exposure therapy for irritable bowel syndrome: a randomized controlled trial. <i>BMC Gastroenterology</i> , 2021, 21, 289.                                                                | 2.0 | 2         |
| 44 | Identifying causal mechanisms in psychotherapy: What can we learn from causal mediation analysis?. <i>Clinical Psychology and Psychotherapy</i> , 2022, 29, 1050-1058.                                                               | 2.7 | 2         |
| 45 | No sound is more distracting than the one you're trying not to hear: delayed costs of mental control of task-irrelevant neutral and emotional sounds. <i>BMC Psychology</i> , 2022, 10, 33.                                          | 2.1 | 2         |
| 46 | Special Issue on Tinnitus. <i>Cognitive Behaviour Therapy</i> , 2013, 42, 81-83.                                                                                                                                                     | 3.5 | 1         |
| 47 | Further Exploration of the Psychometric Properties of GamTest: A Rasch Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4824.                                                          | 2.6 | 1         |
| 48 | Psychological Acceptance in Adults With Hearing Loss—Psychometric Evaluation and Validation of the Hearing Acceptance Questionnaire. <i>Ear and Hearing</i> , 0, Publish Ahead of Print, .                                           | 2.1 | 0         |