

# Lluís Serra Majem

## List of Publications by Year in descending order

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Version: 2024-02-01

572  
papers

51,148  
citations

3325

91  
h-index

2116

203  
g-index

640  
all docs

640  
docs citations

640  
times ranked

50007  
citing authors

#	ARTICLE	IF	CITATIONS
1	Prevalencia de obesidad y obesidad abdominal en la población española de 65 y más años de edad: estudio ENPE. <i>Medicina Clínica</i> , 2022, 158, 49-57.	0.3	3
2	Prevalencia de obesidad y factores de riesgo cardiovascular asociados en la población general española: estudio ENPE. <i>Revista Española De Cardiología</i> , 2022, 75, 232-241.	0.6	16
3	Factors associated with successful dietary changes in an energy-reduced Mediterranean diet intervention: a longitudinal analysis in the PREDIMED-Plus trial. <i>European Journal of Nutrition</i> , 2022, 61, 1457-1475.	1.8	8
4	Prevalence of obesity and abdominal obesity in Spanish population aged 65 years and over: ENPE study. <i>Medicina Clínica (English Edition)</i> , 2022, 158, 49-57.	0.1	2
5	Combined Body Mass Index and Waist-to-Height Ratio and Its Association with Lifestyle and Health Factors among Spanish Children: The PASOS Study. <i>Nutrients</i> , 2022, 14, 234.	1.7	3
6	Integrative development of a short screening questionnaire of highly processed food consumption (sQ-HPF). <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2022, 19, 6.	2.0	1
7	Adopting a High-Polyphenolic Diet Is Associated with an Improved Glucose Profile: Prospective Analysis within the PREDIMED-Plus Trial. <i>Antioxidants</i> , 2022, 11, 316.	2.2	5
8	Determinants of Adherence to the Mediterranean Diet in Spanish Children and Adolescents: The PASOS Study. <i>Nutrients</i> , 2022, 14, 738.	1.7	12
9	Contribution of cardio-vascular risk factors to depressive status in the PREDIMED-PLUS Trial. A cross-sectional and a 2-year longitudinal study. <i>PLoS ONE</i> , 2022, 17, e0265079.	1.1	3
10	One-year changes in fruit and vegetable variety intake and cardiometabolic risk factors changes in a middle-aged Mediterranean population at high cardiovascular risk. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 1393-1402.	1.3	6
11	Human biomonitoring of persistent and non-persistent pollutants in a representative sample of the general population from Cape Verde: Results from the PERVEMAC-II study. <i>Environmental Pollution</i> , 2022, 306, 119331.	3.7	5
12	Association of Sugar-Sweetened Beverages, Low/No-Calorie Beverages and Fruit Juice Intakes with Non-alcoholic Fatty Liver Disease: The SWEET Project. <i>Current Developments in Nutrition</i> , 2022, 6, 934.	0.1	0
13	Assessment of SARS-CoV-2 Infection According to Previous Metabolic Status and Its Association with Mortality and Post-Acute COVID-19. <i>Nutrients</i> , 2022, 14, 2925.	1.7	4
14	Inanimate Surfaces as a Source of Hospital Infections Caused by Fungi, Bacteria and Viruses with Particular Emphasis on SARS-CoV-2. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 8121.	1.2	17
15	Association between coffee consumption and total dietary caffeine intake with cognitive functioning: cross-sectional assessment in an elderly Mediterranean population. <i>European Journal of Nutrition</i> , 2021, 60, 2381-2396.	1.8	22
16	Fibromyalgia and Nutrition: An Updated Review. <i>Journal of the American College of Nutrition</i> , 2021, 40, 665-678.	1.1	15
17	Leisure time physical activity is associated with improved HDL functionality in high cardiovascular risk individuals: a cohort study. <i>European Journal of Preventive Cardiology</i> , 2021, 28, 1392-1401.	0.8	10
18	Low serum iron levels and risk of cardiovascular disease in high risk elderly population: Nested case-control study in the PREVENCIÓN con Dieta MEDiterránea (PREDIMED) trial. <i>Clinical Nutrition</i> , 2021, 40, 496-504.	2.3	10

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19	Human biomonitoring of persistent organic pollutants in elderly people from the Canary Islands (Spain): A temporal trend analysis from the PREDIMED and PREDIMED-Plus cohorts. <i>Science of the Total Environment</i> , 2021, 758, 143637.	3.9	12
20	Choline Metabolism and Risk of Atrial Fibrillation and Heart Failure in the PREDIMED Study. <i>Clinical Chemistry</i> , 2021, 67, 288-297.	1.5	31
21	Plasma Metabolomic Profiles of Glycemic Index, Glycemic Load, and Carbohydrate Quality Index in the PREDIMED Study. <i>Journal of Nutrition</i> , 2021, 151, 50-58.	1.3	10
22	Dietary folate intake and metabolic syndrome in participants of PREDIMED-Plus study: a cross-sectional study. <i>European Journal of Nutrition</i> , 2021, 60, 1125-1136.	1.8	12
23	Patterns of Change in Dietary Habits and Physical Activity during Lockdown in Spain Due to the COVID-19 Pandemic. <i>Nutrients</i> , 2021, 13, 300.	1.7	100
24	Role of gastronomy and new technologies in shaping healthy diets. , 2021, , 19-34.		2
25	Mediterranean diet and antihypertensive drug use: a randomized controlled trial. <i>Journal of Hypertension</i> , 2021, 39, 1230-1237.	0.3	3
26	Screen Time and Parents' Education Level Are Associated with Poor Adherence to the Mediterranean Diet in Spanish Children and Adolescents: The PASOS Study. <i>Journal of Clinical Medicine</i> , 2021, 10, 795.	1.0	29
27	Effect of an Intensive Weight-Loss Lifestyle Intervention on Kidney Function: A Randomized Controlled Trial. <i>American Journal of Nephrology</i> , 2021, 52, 45-58.	1.4	12
28	Mediterranean Diet Maintained Platelet Count within a Healthy Range and Decreased Thrombocytopenia-Related Mortality Risk: A Randomized Controlled Trial. <i>Nutrients</i> , 2021, 13, 559.	1.7	3
29	Anthropometric Variables as Mediators of the Association of Changes in Diet and Physical Activity With Inflammatory Profile. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, 76, 2021-2029.	1.7	1
30	When Industrial Policies Conflict With Population Health: Potential Impact of Removing Food Subsidies on Obesity Rates. <i>Value in Health</i> , 2021, 24, 336-343.	0.1	6
31	Moderate Consumption of Beer and Its Effects on Cardiovascular and Metabolic Health: An Updated Review of Recent Scientific Evidence. <i>Nutrients</i> , 2021, 13, 879.	1.7	33
32	High Fruit and Vegetable Consumption and Moderate Fat Intake Are Associated with Higher Carotenoid Concentration in Human Plasma. <i>Antioxidants</i> , 2021, 10, 473.	2.2	7
33	Prevalence of obesity and associated cardiovascular risk factors in the Spanish population: the ENPE study. <i>Revista Espanola De Cardiologia (English Ed )</i> , 2021, 75, 232-232.	0.4	9
34	Mediterranean Diet and Physical Activity Decrease the Initiation of Cardiovascular Drug Use in High Cardiovascular Risk Individuals: A Cohort Study. <i>Antioxidants</i> , 2021, 10, 397.	2.2	1
35	Consumption of caffeinated beverages and kidney function decline in an elderly Mediterranean population with metabolic syndrome. <i>Scientific Reports</i> , 2021, 11, 8719.	1.6	13
36	The Economic Impact of the SARS-COV-2 (COVID-19) Pandemic in Spain. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4708.	1.2	35

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37	Variety in fruits and vegetables, diet quality and lifestyle in an older adult mediterranean population. <i>Clinical Nutrition</i> , 2021, 40, 1510-1518.	2.3	27
38	Energy Balance and Risk of Mortality in Spanish Older Adults. <i>Nutrients</i> , 2021, 13, 1545.	1.7	3
39	Dietary vitamin D intake and colorectal cancer risk: a longitudinal approach within the PREDIMED study. <i>European Journal of Nutrition</i> , 2021, 60, 4367-4378.	1.8	5
40	Glycolysis Metabolites and Risk of Atrial Fibrillation and Heart Failure in the PREDIMED Trial. <i>Metabolites</i> , 2021, 11, 306.	1.3	4
41	Fruit consumption and cardiometabolic risk in the PREDIMED-plus study: A cross-sectional analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 1702-1713.	1.1	14
42	Factors Associated to Weight Gain During Confinement Due to COVID-19 Pandemic in a Sample of Adults in Spain. <i>Current Developments in Nutrition</i> , 2021, 5, 244.	0.1	0
43	Urea Cycle Metabolites and Atrial Fibrillation or Heart Failure Risk: Two Case-Control Studies in the PREDIMED Trial. <i>Current Developments in Nutrition</i> , 2021, 5, 18.	0.1	1
44	Baseline drinking water consumption and changes in body weight and waist circumference at 2-years of follow-up in a senior Mediterranean population. <i>Clinical Nutrition</i> , 2021, 40, 3982-3991.	2.3	6
45	Mediterranean Diet and White Blood Cell Count—A Randomized Controlled Trial. <i>Foods</i> , 2021, 10, 1268.	1.9	5
46	Use of Different Food Classification Systems to Assess the Association between Ultra-Processed Food Consumption and Cardiometabolic Health in an Elderly Population with Metabolic Syndrome (PREDIMED-Plus Cohort). <i>Nutrients</i> , 2021, 13, 2471.	1.7	46
47	Review: Nudge interventions to promote healthy diets and physical activity. <i>Food Policy</i> , 2021, 102, 102103.	2.8	23
48	Polyphenol intake and cardiovascular risk in the PREDIMED-Plus trial. A comparison of different risk equations. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2021, , .	0.4	2
49	Validity, reliability, and calibration of the physical activity unit 7 item screener (PAU-7S) at population scale. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 98.	2.0	11
50	Metabolomics of the tryptophan—kynurenine degradation pathway and risk of atrial fibrillation and heart failure: potential modification effect of Mediterranean diet. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 1646-1654.	2.2	20
51	Urinary Tartaric Acid, a Biomarker of Wine Intake, Correlates with Lower Total and LDL Cholesterol. <i>Nutrients</i> , 2021, 13, 2883.	1.7	9
52	Validity of the energy-restricted Mediterranean Diet Adherence Screener. <i>Clinical Nutrition</i> , 2021, 40, 4971-4979.	2.3	57
53	Physical activity and metabolic syndrome severity among older adults at cardiovascular risk: 1-Year trends. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 2870-2886.	1.1	6
54	Simple sugar intake and cancer incidence, cancer mortality and all-cause mortality: A cohort study from the PREDIMED trial. <i>Clinical Nutrition</i> , 2021, 40, 5269-5277.	2.3	14

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55	Tricarboxylic acid cycle related-metabolites and risk of atrial fibrillation and heart failure. <i>Metabolism: Clinical and Experimental</i> , 2021, 125, 154915.	1.5	19
56	Glycemic Dysregulations Are Associated With Worsening Cognitive Function in Older Participants at High Risk of Cardiovascular Disease: Two-Year Follow-up in the PREDIMED-Plus Study. <i>Frontiers in Endocrinology</i> , 2021, 12, 754347.	1.5	8
57	Transdiagnostic Perspective of Impulsivity and Compulsivity in Obesity: From Cognitive Profile to Self-Reported Dimensions in Clinical Samples with and without Diabetes. <i>Nutrients</i> , 2021, 13, 4426.	1.7	7
58	Plasma acylcarnitines and risk of incident heart failure and atrial fibrillation: the Prevenci3n con dieta mediterr3nea study. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2021, , .	0.4	2
59	Diet quality and nutrient density in subjects with metabolic syndrome: Influence of socioeconomic status and lifestyle factors. A cross-sectional assessment in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2020, 39, 1161-1173.	2.3	28
60	Adherence to a priori dietary indexes and baseline prevalence of cardiovascular risk factors in the PREDIMED-Plus randomised trial. <i>European Journal of Nutrition</i> , 2020, 59, 1219-1232.	1.8	24
61	High sleep variability predicts a blunted weight loss response and short sleep duration a reduced decrease in waist circumference in the PREDIMED-Plus Trial. <i>International Journal of Obesity</i> , 2020, 44, 330-339.	1.6	22
62	Fluid and total water intake in a senior mediterranean population at high cardiovascular risk: demographic and lifestyle determinants in the PREDIMED-Plus study. <i>European Journal of Nutrition</i> , 2020, 59, 1595-1606.	1.8	4
63	Nutrient adequacy and diet quality in a Mediterranean population with metabolic syndrome: A cross-sectional study. <i>Clinical Nutrition</i> , 2020, 39, 853-861.	2.3	3
64	Effect of changes in adherence to Mediterranean diet on nutrient density after 1-year of follow-up: results from the PREDIMED-Plus Study. <i>European Journal of Nutrition</i> , 2020, 59, 2395-2409.	1.8	11
65	Impact of Life's Simple 7 on the incidence of major cardiovascular events in high-risk Spanish adults in the PREDIMED study cohort. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2020, 73, 205-211.	0.4	9
66	Cross-sectional association between non-soy legume consumption, serum uric acid and hyperuricemia: the PREDIMED-Plus study. <i>European Journal of Nutrition</i> , 2020, 59, 2195-2206.	1.8	8
67	Association between dairy product consumption and hyperuricemia in an elderly population with metabolic syndrome. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020, 30, 214-222.	1.1	14
68	Carbohydrate quality changes and concurrent changes in cardiovascular risk factors: a longitudinal analysis in the PREDIMED-Plus randomized trial. <i>American Journal of Clinical Nutrition</i> , 2020, 111, 291-306.	2.2	50
69	Study protocol of a population-based cohort investigating Physical Activity, Sedentarism, lifestyles and Obesity in Spanish youth: the PASOS study. <i>BMJ Open</i> , 2020, 10, e036210.	0.8	22
70	Mediterranean Diet and Atherothrombosis Biomarkers: A Randomized Controlled Trial. <i>Molecular Nutrition and Food Research</i> , 2020, 64, e2000350.	1.5	14
71	Dietary Quality Changes According to the Preceding Maximum Weight: A Longitudinal Analysis in the PREDIMED-Plus Randomized Trial. <i>Nutrients</i> , 2020, 12, 3023.	1.7	4
72	Relationship between olive oil consumption and ankle-brachial pressure index in a population at high cardiovascular risk. <i>Atherosclerosis</i> , 2020, 314, 48-57.	0.4	6

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73	Mediterranean diet: A long journey toward intangible cultural heritage and sustainability. , 2020, , 13-24.		0
74	Nutritional adequacy of the Mediterranean diet. , 2020, , 119-128.		3
75	Remnant Cholesterol, Not LDL Cholesterol, Is Associated With Incident Cardiovascular Disease. Journal of the American College of Cardiology, 2020, 76, 2712-2724.	1.2	240
76	Updating the Mediterranean Diet Pyramid towards Sustainability: Focus on Environmental Concerns. International Journal of Environmental Research and Public Health, 2020, 17, 8758.	1.2	167
77	Adherence to the Mediterranean Lifestyle and Desired Body Weight Loss in a Mediterranean Adult Population with Overweight: A PREDIMED-Plus Study. Nutrients, 2020, 12, 2114.	1.7	20
78	High Plasma Glutamate and a Low Glutamine-to-Glutamate Ratio Are Associated with Increased Risk of Heart Failure but Not Atrial Fibrillation in the Prevenci3n con Dieta Mediterr3nea (PREDIMED) Study. Journal of Nutrition, 2020, 150, 2882-2889.	1.3	14
79	Mediterranean Diet Decreases the Initiation of Use of Vitamin K Epoxide Reductase Inhibitors and Their Associated Cardiovascular Risk: A Randomized Controlled Trial. Nutrients, 2020, 12, 3895.	1.7	5
80	Impact of sandstorm and carnival celebrations on SARS-CoV-2 spreading in Tenerife and Gran Canaria (Canary Islands, Spain). Gaceta Sanitaria, 2020, 35, 565-568.	0.6	2
81	Plasma Metabolomics Profiles are Associated with the Amount and Source of Protein Intake: A Metabolomics Approach within the PREDIMED Study. Molecular Nutrition and Food Research, 2020, 64, e2000178.	1.5	17
82	Adolescent motherhood in Mozambique. Consequences for pregnant women and newborns. PLoS ONE, 2020, 15, e0233985.	1.1	5
83	Dietary Polyphenol Intake is Associated with HDL-Cholesterol and A Better Profile of other Components of the Metabolic Syndrome: A PREDIMED-Plus Sub-Study. Nutrients, 2020, 12, 689.	1.7	59
84	High fat diets for weight loss among subjects with elevated fasting glucose levels: The PREDIMED study. Obesity Medicine, 2020, 18, 100210.	0.5	1
85	Plate Waste Generated by Spanish Households and Out-of-Home Consumption: Results from the ANIBES Study. Nutrients, 2020, 12, 1641.	1.7	4
86	Association Between Lifestyle and Hypertriglyceridemic Waist Phenotype in the PREDIMED4Plus Study. Obesity, 2020, 28, 537-543.	1.5	18
87	Physical fitness and physical activity association with cognitive function and quality of life: baseline cross-sectional analysis of the PREDIMED-Plus trial. Scientific Reports, 2020, 10, 3472.	1.6	47
88	Glycolysis/gluconeogenesis- and tricarboxylic acid cycle4related metabolites, Mediterranean diet, and type 2 diabetes. American Journal of Clinical Nutrition, 2020, 111, 835-844.	2.2	56
89	Active Commuting, Physical Activity, and Sedentary Behaviors in Children and Adolescents from Spain: Findings from the ANIBES Study. International Journal of Environmental Research and Public Health, 2020, 17, 668.	1.2	29
90	Dysfunctional High-Density Lipoproteins Are Associated With a Greater Incidence of Acute Coronary Syndrome in a Population at High Cardiovascular Risk. Circulation, 2020, 141, 444-453.	1.6	54

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91	Prevalence of overweight, obesity and abdominal obesity in the Spanish population aged 3 to 24 years. The ENPE study. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2020, 73, 290-299.	0.4	27
92	Association between the 2018 WCRF/AICR and the Low-Risk Lifestyle Scores with Colorectal Cancer Risk in the Predimed Study. <i>Journal of Clinical Medicine</i> , 2020, 9, 1215.	1.0	19
93	Leisure-Time Physical Activity, Sedentary Behaviour and Diet Quality are Associated with Metabolic Syndrome Severity: The PREDIMED-Plus Study. <i>Nutrients</i> , 2020, 12, 1013.	1.7	48
94	Prospective association of physical activity and inflammatory biomarkers in older adults from the PREDIMED-Plus study with overweight or obesity and metabolic syndrome. <i>Clinical Nutrition</i> , 2020, 39, 3092-3098.	2.3	18
95	Impacto de Life's Simple 7 en la incidencia de eventos cardiovasculares mayores en adultos españoles con alto riesgo de la cohorte del estudio PREDIMED. <i>Revista Espanola De Cardiologia</i> , 2020, 73, 205-211.	0.6	25
96	Metabolic Syndrome Features and Excess Weight Were Inversely Associated with Nut Consumption after 1-Year Follow-Up in the PREDIMED-Plus Study. <i>Journal of Nutrition</i> , 2020, 150, 3161-3170.	1.3	19
97	The Effect of Physical Activity and High Body Mass Index on Health-Related Quality of Life in Individuals with Metabolic Syndrome. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3728.	1.2	7
98	Effect of a Lifestyle Intervention Program With Energy-Restricted Mediterranean Diet and Exercise on Weight Loss and Cardiovascular Risk Factors: One-Year Results of the PREDIMED-Plus Trial. <i>Diabetes Care</i> , 2019, 42, 777-788.	4.3	239
99	Dietary inflammatory index and all-cause mortality in large cohorts: The SUN and PREDIMED studies. <i>Clinical Nutrition</i> , 2019, 38, 1221-1231.	2.3	87
100	Changes in arginine are inversely associated with type 2 diabetes: A case-cohort study in the PREDIMED trial. <i>Diabetes, Obesity and Metabolism</i> , 2019, 21, 397-401.	2.2	16
101	High plasma glutamate and low glutamine-to-glutamate ratio are associated with type 2 diabetes: Case-cohort study within the PREDIMED trial. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019, 29, 1040-1049.	1.1	58
102	Plasma Metabolites Associated with Frequent Red Wine Consumption: A Metabolomics Approach within the PREDIMED Study. <i>Molecular Nutrition and Food Research</i> , 2019, 63, e1900140.	1.5	20
103	Long Daytime Napping Is Associated with Increased Adiposity and Type 2 Diabetes in an Elderly Population with Metabolic Syndrome. <i>Journal of Clinical Medicine</i> , 2019, 8, 1053.	1.0	21
104	Role of HDL function and LDL atherogenicity on cardiovascular risk: A comprehensive examination. <i>PLoS ONE</i> , 2019, 14, e0218533.	1.1	34
105	Total and Subtypes of Dietary Fat Intake and Its Association with Components of the Metabolic Syndrome in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , 2019, 11, 1493.	1.7	41
106	Benefits of the Mediterranean diet: Epidemiological and molecular aspects. <i>Molecular Aspects of Medicine</i> , 2019, 67, 1-55.	2.7	141
107	Sodium Intake from Foods Exceeds Recommended Limits in the Spanish Population: The ANIBES Study. <i>Nutrients</i> , 2019, 11, 2451.	1.7	24
108	Effect of a Nutritional and Behavioral Intervention on Energy-Reduced Mediterranean Diet Adherence Among Patients With Metabolic Syndrome. <i>JAMA - Journal of the American Medical Association</i> , 2019, 322, 1486.	3.8	100

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109	Adequacy of Critical Nutrients Affecting the Quality of the Spanish Diet in the ANIBES Study. <i>Nutrients</i> , 2019, 11, 2328.	1.7	13
110	Increased Consumption of Virgin Olive Oil, Nuts, Legumes, Whole Grains, and Fish Promotes HDL Functions in Humans. <i>Molecular Nutrition and Food Research</i> , 2019, 63, e1800847.	1.5	23
111	Updating the Food-Based Dietary Guidelines for the Spanish Population: The Spanish Society of Community Nutrition (SENC) Proposal. <i>Nutrients</i> , 2019, 11, 2675.	1.7	65
112	Lysine pathway metabolites and the risk of type 2 diabetes and cardiovascular disease in the PREDIMED study: results from two case-cohort studies. <i>Cardiovascular Diabetology</i> , 2019, 18, 151.	2.7	34
113	Adherence to the Mediterranean Diet and Bone Fracture Risk in Middle-Aged Women: A Case Control Study. <i>Nutrients</i> , 2019, 11, 2508.	1.7	19
114	Associations between neuropsychological performance and appetite-regulating hormones in anorexia nervosa and healthy controls: Ghrelin's putative role as a mediator of decision-making. <i>Molecular and Cellular Endocrinology</i> , 2019, 497, 110441.	1.6	24
115	Effects of a Mediterranean Eating Plan on the Need for Glucose-Lowering Medications in Participants With Type 2 Diabetes: A Subgroup Analysis of the PREDIMED Trial. <i>Diabetes Care</i> , 2019, 42, 1390-1397.	4.3	34
116	Zinc Intake and Status and Risk of Type 2 Diabetes Mellitus: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2019, 11, 1027.	1.7	73
117	Effect of a high-fat Mediterranean diet on bodyweight and waist circumference: a prespecified secondary outcomes analysis of the PREDIMED randomised controlled trial. <i>Lancet Diabetes and Endocrinology</i> , 2019, 7, e6-e17.	5.5	90
118	Dietary Diversity and Nutritional Adequacy among an Older Spanish Population with Metabolic Syndrome in the PREDIMED-Plus Study: A Cross-Sectional Analysis. <i>Nutrients</i> , 2019, 11, 958.	1.7	35
119	Nutritional Adequacy Assessment. , 2019, , 236-242.		1
120	Mediterranean Diet and Cardiometabolic Risk: A Systematic Review through Evidence-Based Answers to Key Clinical Questions. <i>Nutrients</i> , 2019, 11, 655.	1.7	83
121	National Diet Recommendations. , 2019, , 275-282.		0
122	Sleep Duration is Inversely Associated with Serum Uric Acid Concentrations and Uric Acid to Creatinine Ratio in an Elderly Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , 2019, 11, 761.	1.7	14
123	Nut Consumptions as a Marker of Higher Diet Quality in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , 2019, 11, 754.	1.7	11
124	Association Between Fatty Acids of Blood Cell Membranes and Incidence of Coronary Heart Disease. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2019, 39, 819-825.	1.1	13
125	Metabolites related to purine catabolism and risk of type 2 diabetes incidence; modifying effects of the TCF7L2-rs7903146 polymorphism. <i>Scientific Reports</i> , 2019, 9, 2892.	1.6	36
126	The Comparison of Selected Types of Municipal Sewage Sludge Filtrates Toxicity in Different Biological Models: From Bacterial Strains to Mammalian Cells. Preliminary Study. <i>Water (Switzerland)</i> , 2019, 11, 2353.	1.2	6



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127	Associations between Dietary Polyphenols and Type 2 Diabetes in a Cross-Sectional Analysis of the PREDIMED-Plus Trial: Role of Body Mass Index and Sex. <i>Antioxidants</i> , 2019, 8, 537.	2.2	31
128	The Analysis of Bifenox and Dichlobenil Toxicity in Selected Microorganisms and Human Cancer Cells. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4137.	1.2	18
129	Current Food Consumption amongst the Spanish ANIBES Study Population. <i>Nutrients</i> , 2019, 11, 2663.	1.7	57
130	Isotemporal substitution of inactive time with physical activity and time in bed: cross-sectional associations with cardiometabolic health in the PREDIMED-Plus study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 137.	2.0	21
131	Longitudinal association of changes in diet with changes in body weight and waist circumference in subjects at high cardiovascular risk: the PREDIMED trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 139.	2.0	25
132	Experimental Outcomes of the Mediterranean Diet: Lessons Learned from the Predimed Randomized Controlled Trial. <i>Nutrients</i> , 2019, 11, 2991.	1.7	27
133	MetProc: Separating Measurement Artifacts from True Metabolites in an Untargeted Metabolomics Experiment. <i>Journal of Proteome Research</i> , 2019, 18, 1446-1450.	1.8	7
134	Cohort Profile: Design and methods of the PREDIMED-Plus randomized trial. <i>International Journal of Epidemiology</i> , 2019, 48, 387-388o.	0.9	179
135	Plasma Acylcarnitines and Risk of Type 2 Diabetes in a Mediterranean Population at High Cardiovascular Risk. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2019, 104, 1508-1519.	1.8	60
136	Dieta mediterránea hipocalórica y factores de riesgo cardiovascular: análisis transversal de PREDIMED-Plus. <i>Revista Espanola De Cardiologia</i> , 2019, 72, 925-934.	0.6	28
137	Nutrients 2009–2019: The Present and the Future of Nutrition. <i>Nutrients</i> , 2019, 11, 88.	1.7	2
138	Public Health Nutrition, Preventive Nutrition, Community Nutrition. , 2019, , 214-222.		0
139	Mediterranean Diet. , 2019, , 292-301.		7
140	Hunger and Malnutrition. , 2019, , 315-335.		4
141	Adherence to an Energy-restricted Mediterranean Diet Score and Prevalence of Cardiovascular Risk Factors in the PREDIMED-Plus: A Cross-sectional Study. <i>Revista Espanola De Cardiologia (English Ed )</i> , 2019, 72, 925-934.	0.4	26
142	Dairy products intake and the risk of incident cataracts surgery in an elderly Mediterranean population: results from the PREDIMED study. <i>European Journal of Nutrition</i> , 2019, 58, 619-627.	1.8	7
143	Legume consumption and risk of all-cause, cardiovascular, and cancer mortality in the PREDIMED study. <i>Clinical Nutrition</i> , 2019, 38, 348-356.	2.3	74
144	Multiple approaches to associations of physical activity and adherence to the Mediterranean diet with all-cause mortality in older adults: the PREvención con Dieta MEDiterránea study. <i>European Journal of Nutrition</i> , 2019, 58, 1569-1578.	1.8	16

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170	Impact of dietary Arthrospira (Spirulina) biomass consumption on human health: main health targets and systematic review. <i>Journal of Applied Phycology</i> , 2018, 30, 2403-2423.	1.5	48
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