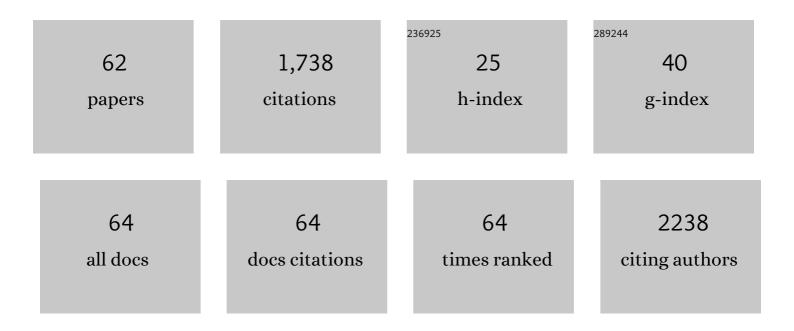
List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Lipotoxicity: Effects of Dietary Saturated and Transfatty Acids. Mediators of Inflammation, 2013, 2013, 1-13.	3.0	133
2	Short- and long-term beneficial effects of a multidisciplinary therapy for the control of metabolic syndrome in obese adolescents. Metabolism: Clinical and Experimental, 2007, 56, 1293-1300.	3.4	81
3	Relationship between nonalcoholic fatty liver disease prevalence and visceral fat in obese adolescents. Digestive and Liver Disease, 2008, 40, 132-139.	0.9	75
4	Metabolic and Nutritional Profile of Obese Adolescents With Nonalcoholic Fatty Liver Disease. Journal of Pediatric Gastroenterology and Nutrition, 2007, 44, 446-452.	1.8	73
5	Long-term effects of aerobic plus resistance training on the adipokines and neuropeptides in nonalcoholic fatty liver disease obese adolescents. European Journal of Gastroenterology and Hepatology, 2012, 24, 1.	1.6	68
6	The role of pro/anti-inflammatory adipokines on bone metabolism in NAFLD obese adolescents: effects of long-term interdisciplinary therapy. Endocrine, 2012, 42, 146-156.	2.3	66
7	Aerobic plus resistance training was more effective in improving the visceral adiposity, metabolic profile and inflammatory markers than aerobic training in obese adolescents. Journal of Sports Sciences, 2014, 32, 1-11.	2.0	59
8	Longâ€Term Effects of Aerobic Plus Resistance Training on the Metabolic Syndrome and Adiponectinemia in Obese Adolescents. Journal of Clinical Hypertension, 2011, 13, 343-350.	2.0	58
9	Treatment of Obese Adolescents: The Influence of Periodization Models and ACE Genotype. Obesity, 2010, 18, 766-772.	3.0	56
10	Visceral fat decreased by long-term interdisciplinary lifestyle therapy correlated positively with interleukin-6 and tumor necrosis factor–1± and negatively with adiponectin levels in obese adolescents. Metabolism: Clinical and Experimental, 2011, 60, 359-365.	3.4	56
11	Interdisciplinary therapy improves biomarkers profile and lung function in asthmatic obese adolescents. Pediatric Pulmonology, 2012, 47, 8-17.	2.0	56
12	The effect of weight loss magnitude on proâ€∤antiâ€inflammatory adipokines and carotid intima–media thickness in obese adolescents engaged in interdisciplinary weight loss therapy. Clinical Endocrinology, 2013, 79, 55-64.	2.4	53
13	Relationship between bone mineral density, leptin and insulin concentration in Brazilian obese adolescents. Journal of Bone and Mineral Metabolism, 2009, 27, 613-619.	2.7	50
14	Quality of life in Brazilian obese adolescents: effects of a long-term multidisciplinary lifestyle therapy. Health and Quality of Life Outcomes, 2009, 7, 61.	2.4	49
15	Aerobic Plus Resistance Training Improves Bone Metabolism and Inflammation in Adolescents who Are Obese. Journal of Strength and Conditioning Research, 2014, 28, 758-766.	2.1	49
16	Multidisciplinary Approach to the Treatment of Obese Adolescents: Effects on Cardiovascular Risk Factors, Inflammatory Profile, and Neuroendocrine Regulation of Energy Balance. International Journal of Endocrinology, 2013, 2013, 1-10.	1.5	46
17	The role of multicomponent therapy in the metabolic syndrome, inflammation and cardiovascular risk in obese adolescents. British Journal of Nutrition, 2015, 113, 1920-1930.	2.3	39
18	Hyperleptinemia in obese adolescents deregulates neuropeptides during weight loss. Peptides, 2011, 32, 1384-1391.	2.4	36

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19	Improvement in HOMA-IR is an independent predictor of reduced carotid intima-media thickness in obese adolescents participating in an interdisciplinary weight-loss program. Hypertension Research, 2011, 34, 232-238.	2.7	36
20	The Role of PAI-1 and Adiponectin on the Inflammatory State and Energy Balance in Obese Adolescents with Metabolic Syndrome. Inflammation, 2012, 35, 944-951.	3.8	35
21	Association of nonalcoholic fatty liver disease with cardiovascular risk factors in obese adolescents: The role of interdisciplinary therapy. Journal of Clinical Lipidology, 2014, 8, 265-272.	1.5	35
22	Linear and undulating periodized strength plus aerobic training promote similar benefits and lead to improvement of insulin resistance on obese adolescents. Journal of Diabetes and Its Complications, 2015, 29, 258-264.	2.3	27
23	The role of free fatty acids in the inflammatory and cardiometabolic profile in adolescents with metabolic syndrome engaged in interdisciplinary therapy. Journal of Nutritional Biochemistry, 2016, 33, 136-144.	4.2	27
24	Long-Term Effects of Metformin and Lifestyle Modification on Nonalcoholic Fatty Liver Disease Obese Adolescents. Journal of Obesity, 2010, 2010, 1-6.	2.7	26
25	The role of anorexigenic and orexigenic neuropeptides and peripheral signals on quartiles of weight loss in obese adolescents. Neuropeptides, 2010, 44, 467-474.	2.2	25
26	Negative correlation between neuropeptide Y/agouti-related protein concentration and adiponectinemia in nonalcoholic fatty liver disease obese adolescents submitted to a long-term interdisciplinary therapy. Metabolism: Clinical and Experimental, 2010, 59, 613-619.	3.4	24
27	Long-term interdisciplinary therapy reduces endotoxin level and insulin resistance in obese adolescents. Nutrition Journal, 2012, 11, 74.	3.4	24
28	Hyperleptinemia: Implications on the Inflammatory State and Vascular Protection in Obese Adolescents Submitted to an Interdisciplinary Therapy. Inflammation, 2014, 37, 35-43.	3.8	23
29	Influence of visceral and subcutaneous fat in bone mineral density of obese adolescents. Arquivos Brasileiros De Endocrinologia E Metabologia, 2012, 56, 12-18.	1.3	22
30	Hormonal Alteration in Obese Adolescents with Eating Disorder: Effects of Multidisciplinary Therapy. Hormone Research, 2008, 70, 79-84.	1.8	21
31	The role of nutritional profile in the orexigenic neuropeptide secretion in nonalcoholic fatty liver disease obese adolescents. European Journal of Gastroenterology and Hepatology, 2010, 22, 557-563.	1.6	20
32	The role of orexigenic and anorexigenic factors in an interdisciplinary weight loss therapy for obese adolescents with symptoms of eating disorders. International Journal of Clinical Practice, 2010, 64, 784-790.	1.7	18
33	Obese adolescents with eating disorders: Analysis of metabolic and inflammatory states. Physiology and Behavior, 2012, 105, 175-180.	2.1	18
34	Beneficial Effects of a Multifaceted 1-Year Lifestyle Intervention on Metabolic Abnormalities in Obese Adolescents With and Without Sleep-Disordered Breathing. Metabolic Syndrome and Related Disorders, 2015, 13, 110-118.	1.3	18
35	Eating disorders in adolescents: Correlations between symptoms and central control of eating behavior. Eating Behaviors, 2011, 12, 78-82.	2.0	17
36	The Role of Pro-inflammatory and Anti-inflammatory Adipokines on Exercise-Induced Bronchospasm in Obese Adolescents Undergoing Treatment. Respiratory Care, 2012, 57, 572-582.	1.6	17

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37	Interaction of bone mineral density, adipokines and hormones in obese adolescents girls submitted in an interdisciplinary therapy. Journal of Pediatric Endocrinology and Metabolism, 2013, 26, 663-8.	0.9	17
38	Reduction in saturated fat intake improves cardiovascular risks in obese adolescents during interdisciplinary therapy. International Journal of Clinical Practice, 2015, 69, 560-570.	1.7	17
39	Weight loss probiotic supplementation effect in overweight and obesity subjects: A review. Clinical Nutrition, 2020, 39, 694-704.	5.0	17
40	Plaqueta e leptina em adolescentes com obesidade. Jornal De Pediatria, 2008, 84, 516-521.	2.0	15
41	Platelet and leptin in obese adolescents. Jornal De Pediatria, 2008, 84, 516-21.	2.0	15
42	Long-term multidisciplinary therapy decreases predictors and prevalence of metabolic syndrome in obese adolescents. Nutrition, Metabolism and Cardiovascular Diseases, 2007, 17, e11-e13.	2.6	14
43	Saturated Fatty Acid Intake Can Influence Increase in Plasminogen Activator Inhibitor-1 in Obese Adolescents. Hormone and Metabolic Research, 2014, 46, 245-251.	1.5	14
44	Effects of long-term multidisciplinary inpatient therapy on body composition of severely obese adolescents. Jornal De Pediatria, 2009, 85, 243-248.	2.0	14
45	LEPR polymorphism may affect energy balance during weight loss among Brazilians obese adolescents. Neuropeptides, 2017, 66, 18-24.	2.2	10
46	Alterations in Downstream Mediators Involved in Central Control of Eating Behavior in Obese Adolescents Submitted to a Multidisciplinary Therapy. Journal of Adolescent Health, 2011, 49, 300-305.	2.5	9
47	Resistência insulÃnica pode prejudicar a redução da espessura mediointimal em adolescentes obesos. Arquivos Brasileiros De Cardiologia, 2012, 99, 892-899.	0.8	9
48	Impact of actions of food and nutrition education program in a population of adolescents. Revista De Nutricao, 2016, 29, 65-75.	0.4	9
49	The impact of adiponectin levels on biomarkers of inflammation among adolescents with obesity. Obesity Medicine, 2017, 5, 4-10.	0.9	7
50	Homeostasis Model Assessment-Adiponectin: the role of different types of physical exercise in obese adolescents. Journal of Sports Medicine and Physical Fitness, 2017, 57, 831-838.	0.7	7
51	The Long-Term Impact of High Levels of Alpha-Melanocyte-Stimulating Hormone in Energy Balance Among Obese Adolescents. Annals of Nutrition and Metabolism, 2018, 72, 279-286.	1.9	7
52	Nonalcoholic Fatty Liver Disease (NAFLD), a Manifestation of the Metabolic Syndrome: New Perspectives on the Nutritional Therapy. Endocrinology & Metabolic Syndrome: Current Research, 2014, 03, .	0.7	4
53	Evaluation of sleep characteristics of children and adolescents with type 1 diabetes mellitus. Revista Paulista De Pediatria, 2021, 40, e2020407.	1.0	4
54	Serum myristic fatty acid negatively correlates with anti-inflammatory adiponectin/leptin ratio in obese adolescents: effects of long- term therapy. Mundo Da Saude, 2017, 40, 537-554.	0.1	3

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55	Associação entre o padrão de sono e marcadores de risco cardiometabólicos de adolescentes. DEMETRA: Alimentação, Nutrição & Saúde, 0, 15, e45177.	0.2	3
56	Influence of behavior and maternal perception on their children's eating and nutritional status. Mundo Da Saude, 2017, 41, 180-193.	0.1	2
57	Visceral adiposity cut-off points to indicate risk factor to develop the nonalcoholic fatty liver disease in Brazilian and Italian obese adolescents. European E-journal of Clinical Nutrition and Metabolism, 2010, 5, e238-e242.	0.4	1
58	The Effects of Soy Products and Isoflavones in Metabolic Syndrome and Nonalcoholic Fatty Liver Disease. , 2019, , 121-136.		1
59	Nutritional And Clinical Strategies On Prevention And Treatment Of Nafld And Metabolic Syndrome. , 2009, , 113-130.		1
60	Relação entre comportamentos de risco para ortorexia nervosa, mÃdias sociais e dietas em estudantes de nutrição. Saúde E Pesquisa, 2021, 14, 1-15.	0.1	1
61	Checagem corporal, busca pela muscularidade e compromisso com exercÃcio em ingressantes da Força Aérea Brasileira. Revista Brasileira De Psicologia Do Esporte, 2020, 10, .	0.1	0
62	Nutritional profile of sugar-sweetened beverages destined to the youngsters marketed in Brazil and Portugal. Revista De Nutricao, 0, 33, .	0.4	0