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List of Publications by Year in descending order

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840776 839539 30 365 11 18 citations h-index g-index papers 30 30 30 636 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Moderate Effects of School-Based Time Increasing Physical Education Intervention on Physical Fitness and Activity of 7-Year Pupils—A Report from a Follow-Up of a HCSC Study. Children, 2022, 9, 882.	1.5	1
2	Combined Analysis of Blood Ammonia and Lactate Levels as a Practical Tool to Assess the Metabolic Response to Training Sessions in Male and Female Sprinters. Journal of Strength and Conditioning Research, 2021, 35, 2591-2598.	2.1	4
3	Victims and Perpetrators of Bullying in Physical Education Lessons: The Role of Peer Support, Weight Status, Gender, and Age in Polish Adolescents. Journal of Interpersonal Violence, 2021, , 088626052110172.	2.0	4
4	Effects of Velocity-Based Training on Strength and Power in Elite Athletes—A Systematic Review. International Journal of Environmental Research and Public Health, 2021, 18, 5257.	2.6	17
5	Physical activity of children and adolescents from the Czech Republic, Hungary, Poland, and Slovakia: A systematic review. Annals of Agricultural and Environmental Medicine, 2021, 28, 385-390.	1.0	9
6	Temperature and creatine kinase changes during a 10d taper period in sprinters. Physiological Measurement, 2021, 42, 124001.	2.1	3
7	The Effect of a 7-Week Training Period on Changes in Skin NADH Fluorescence in Highly Trained Athletes. Applied Sciences (Switzerland), 2020, 10, 5133.	2.5	5
8	Are There Any Differences between First Grade Boys and Girls in Physical Fitness, Physical Activity, BMI, and Sedentary Behavior? Results of HCSC Study. International Journal of Environmental Research and Public Health, 2020, 17, 1109.	2.6	10
9	The Breast Size Satisfaction Survey (BSSS): Breast size dissatisfaction and its antecedents and outcomes in women from 40 nations. Body Image, 2020, 32, 199-217.	4.3	27
10	Polish Adaptation of the Yale Physical Activity Survey: Measurement Properties. International Journal of Environmental Research and Public Health, 2019, 16, 2401.	2.6	4
11	Consumption of dietary supplements to support weight reduction in adults according to sociodemographic background, body mass index, waist-hip ratio, body fat and physical activity. Journal of Health, Population and Nutrition, 2019, 38, 31.	2.0	11
12	Validity and Reliability of the Polish Adaptation of the CHAMPS Physical Activity Questionnaire. BioMed Research International, 2019, 2019, 1-7.	1.9	5
13	The Effect of Exercise on the Skin Content of the Reduced Form of NAD and Its Response to Transient Ischemia and Reperfusion in Highly Trained Athletes. Frontiers in Physiology, 2019, 10, 600.	2.8	22
14	The Physical Activity Questionnaire for the Elderly (PAQE): A Polish Adaptation. International Journal of Environmental Research and Public Health, 2019, 16, 4947.	2.6	1
15	Understanding the Motives of Undertaking Physical Activity with Different Levels of Intensity among Adolescents: Results of the INDARES Study. BioMed Research International, 2018, 2018, 1-8.	1.9	15
16	Body Image of Highly Trained Female Athletes Engaged in Different Types of Sport. BioMed Research International, 2018, 2018, 1-8.	1.9	32
17	Comparative Study on Self-Assessment of Teaching Competencies of PE Student Teachers from Poland and Kosovo. Baltic Journal of Sport & Health Sciences, 2018, 3, .	0.1	2
18	Is Underweight Associated with more Positive Body Image? Results of a Cross-Sectional Study in Adolescent Girls and Boys. Spanish Journal of Psychology, 2017, 20, E8.	2.1	22

#	Article	IF	CITATIONS
19	Positive effect of pedometer-based walking intervention on body image and physical activity enjoyment in adolescent girls. Biomedical Human Kinetics, 2017, 9, 34-42.	0.6	8
20	Physical activity in the therapy of overweight and obesity in children and adolescents. Needs and recommendations for intervention programs. Medycyna Wieku Rozwojowego, 2017, 21, 224-234.	0.2	7
21	Changes in body surface temperature during speed endurance work-out in highly-trained male sprinters. Infrared Physics and Technology, 2016, 78, 209-213.	2.9	14
22	Blood ammonia and lactate responses to incremental exercise in highly-trained male sprinters and triathletes. Biomedical Human Kinetics, 2016, 8, 32-38.	0.6	11
23	PE Teacher and Classmate Support in Level of Physical Activity: The Role of Sex and BMI Status in Adolescents from Kosovo. BioMed Research International, 2015, 2015, 1-8.	1.9	13
24	Body image, BMI, and physical activity in girls and boys aged 14–16 years. Body Image, 2015, 15, 40-43.	4.3	78
25	Physical activity of female children and adolescents based on step counts: meeting the recommendation and relation to BMI. Biomedical Human Kinetics, 2015, 7, .	0.6	6
26	Physical activity of Poles – Critical analysis ofÂresearch 2010–2014. Annals of Agricultural and Environmental Medicine, 2014, 21, 839-843.	1.0	6
27	Daily step counts and selected biological and psychological variables in 16-18-year-old girls. Baltic Journal of Health and Physical Activity, 2014, 6, .	0.5	1
28	Underweight in 14 to 16 year-old girls and boys: prevalence and associations with physical activity and sedentary activities. Annals of Agricultural and Environmental Medicine, 2014, 21, 114-9.	1.0	13
29	Physical activity of underweight, normal weight and overweight Polish adolescents. European Physical Education Review, 2013, 19, 347-359.	2.0	12
30	Health-related intensity profiles of Physical Education classes at different phases of the teaching/learning process. Biomedical Human Kinetics, 2009, 1, 86-91.	0.6	2