Valmor Tricoli

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/6708932/publications.pdf Version: 2024-02-01

]	136950	13	38484
4,097	32		58
itations	h-index		g-index
132	132		3720
cs citations	times ranked		citing authors
	4,097 itations 132 es citations	4,097 32 itations h-index 132 132 es citations times ranked	4,097 itations 132 132 cs citations 1300 130 130 132 132 times ranked

#	Article	IF	CITATIONS
1	Can plyometric training change the pacing behaviour during 10â€km running?. European Journal of Sport Science, 2023, 23, 18-27.	2.7	5
2	Muscle Failure Promotes Greater Muscle Hypertrophy in Low-Load but Not in High-Load Resistance Training. Journal of Strength and Conditioning Research, 2022, 36, 346-351.	2.1	37
3	Session Rating of Perceived Exertion as an Efficient Tool for Individualized Resistance Training Progression. Journal of Strength and Conditioning Research, 2022, 36, 971-976.	2.1	5
4	The Effect of Low-intensity Aerobic Training Combined with Blood Flow Restriction on Maximal Strength, Muscle Mass, and Cycling Performance in a Cyclist with Knee Displacement. International Journal of Environmental Research and Public Health, 2022, 19, 2993.	2.6	4
5	Self-selected Rest Interval Improves Vertical Jump Postactivation Potentiation. Journal of Strength and Conditioning Research, 2021, 35, 91-96.	2.1	14
6	Blood Flow Restriction Does Not Promote Additional Effects on Muscle Adaptations When Combined With High-Load Resistance Training Regardless of Blood Flow Restriction Protocol. Journal of Strength and Conditioning Research, 2021, 35, 1194-1200.	2.1	6
7	Determining the Peak Power Output for Weightlifting Derivatives Using Body Mass Percentage: A Practical Approach. Frontiers in Sports and Active Living, 2021, 3, 628068.	1.8	5
8	Concurrent Training and the Acute Interference Effect on Strength. Strength and Conditioning Journal, 2021, Publish Ahead of Print, .	1.4	3
9	Concurrent Validity and Reliability of the Load-Velocity Relationship to Predict the One-Repetition Maximum during Three Weightlifting Derivatives. Kinesiology, 2021, 53, 215-225.	0.6	1
10	The laboratory-assessed performance predictors of elite cross-country marathon mountain bikers. Kinesiology, 2021, 53, 262-270.	0.6	1
11	Auto-Regulated Exercise Selection Training Regimen Produces Small Increases in Lean Body Mass and Maximal Strength Adaptations in Strength-trained Individuals. Journal of Strength and Conditioning Research, 2020, 34, 1133-1140.	2.1	24
12	Validity of the Handheld Doppler to Determine Lower-Limb Blood Flow Restriction Pressure for Exercise Protocols. Journal of Strength and Conditioning Research, 2020, 34, 2693-2696.	2.1	22
13	Blood Pressure Increase in Hypertensive Individuals During Resistance Training Protocols With Equated Work to Rest Ratio. Frontiers in Physiology, 2020, 11, 481.	2.8	1
14	Perceptual and Neuromuscular Responses Adapt Similarly Between High-Load Resistance Training and Low-Load Resistance Training With Blood Flow Restriction. Journal of Strength and Conditioning Research, 2020, Publish Ahead of Print, .	2.1	11
15	Strength and power training improve skill performance in volleyball players. Motriz Revista De Educacao Fisica, 2020, 26, .	0.2	0
16	Acute effects of aerobic exercise performed with different volumes on strength performance and neuromuscular parameters. European Journal of Sport Science, 2019, 19, 287-294.	2.7	9
17	Low-intensity resistance training with partial blood flow restriction and high-intensity resistance training induce similar changes in skeletal muscle transcriptome in elderly humans. Applied Physiology, Nutrition and Metabolism, 2019, 44, 216-220.	1.9	10
18	Differential muscle hypertrophy and edema responses between highâ€load and lowâ€load exercise with blood flow restriction. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 1713-1726.	2.9	15

#	Article	IF	CITATIONS
19	Post-Activation Potentiation: Is there an Optimal Training Volume and Intensity to Induce Improvements in Vertical Jump Ability in Highly-Trained Subjects?. Journal of Human Kinetics, 2019, 66, 195-203.	1.5	10
20	Blood Pressure Response During Resistance Training of Different Work-to-Rest Ratio. Journal of Strength and Conditioning Research, 2019, 33, 399-407.	2.1	8
21	Postâ€Activation Potentiation: Is there an Optimal Training Volume and Intensity to Induce Improvements in Vertical Jump Ability in Highlyâ€Trained Subjects?. Journal of Human Kinetics, 2019, 69, 239-247.	1.5	16
22	Similar Muscular Adaptations in Resistance Training Performed Two Versus Three Days Per Week. Journal of Human Kinetics, 2019, 68, 135-143.	1.5	12
23	Muscle Fiber Hypertrophy and Myonuclei Addition: A Systematic Review and Meta-analysis. Medicine and Science in Sports and Exercise, 2018, 50, 1385-1393.	0.4	44
24	Different Patterns in Muscular Strength and Hypertrophy Adaptations in Untrained Individuals Undergoing Nonperiodized and Periodized Strength Regimens. Journal of Strength and Conditioning Research, 2018, 32, 1238-1244.	2.1	21
25	Effects of weightlifting exercise, traditional resistance and plyometric training on countermovement jump performance: a meta-analysis. Journal of Sports Sciences, 2018, 36, 2038-2044.	2.0	30
26	Effects of resisted sprint training on sprinting ability and change of direction speed in professional soccer players. Journal of Sports Sciences, 2018, 36, 1923-1929.	2.0	25
27	Effects of different intensities of resistance training with equated volume load on muscle strength and hypertrophy. European Journal of Sport Science, 2018, 18, 772-780.	2.7	99
28	Blood flow restriction increases metabolic stress but decreases muscle activation during highâ€load resistance exercise. Muscle and Nerve, 2018, 57, 107-111.	2.2	40
29	Resistance training in young men induces muscle transcriptome-wide changes associated with muscle structure and metabolism refining the response to exercise-induced stress. European Journal of Applied Physiology, 2018, 118, 2607-2616.	2.5	36
30	Commentaries on Viewpoint: Resistance training and exercise tolerance during high-intensity exercise: moving beyond just running economy and muscle strength. Journal of Applied Physiology, 2018, 124, 529-535.	2.5	1
31	Effect of eccentric action velocity on expression of genes related to myostatin signaling pathway in human skeletal muscle. Biology of Sport, 2018, 35, 111-119.	3.2	3
32	Early- and later-phases satellite cell responses and myonuclear content with resistance training in young men. PLoS ONE, 2018, 13, e0191039.	2.5	42
33	Lowâ€load Resistance Exercise with Blood Flow Restriction Changes Hypoxiaâ€Induced Genes Expression. FASEB Journal, 2018, 32, 855.23.	0.5	2
34	Resistance training with instability is more effective than resistance training in improving spinal inhibitory mechanisms in Parkinson's disease. Journal of Applied Physiology, 2017, 122, 1-10.	2.5	23
35	Resistance Training Improves Sleep Quality in Subjects With Moderate Parkinson's Disease. Journal of Strength and Conditioning Research, 2017, 31, 2270-2277.	2.1	42
36	Instability Resistance Training Improves Neuromuscular Outcome in Parkinson's Disease. Medicine and Science in Sports and Exercise, 2017, 49, 652-660.	0.4	16

#	Article	IF	CITATIONS
37	Effects of Different Combinations of Strength, Power, and Plyometric Training on the Physical Performance of Elite Young Soccer Players. Journal of Strength and Conditioning Research, 2017, 31, 1468-1476.	2.1	44
38	Effects of different strength training frequencies during reduced training period on strength and muscle crossâ€sectional area. European Journal of Sport Science, 2017, 17, 665-672.	2.7	18
39	Hemodynamic Responses to Blood Flow Restriction and Resistance Exercise to Muscular Failure. International Journal of Sports Medicine, 2017, 38, 134-140.	1.7	13
40	The countermovement jump to monitor neuromuscular status: A meta-analysis. Journal of Science and Medicine in Sport, 2017, 20, 397-402.	1.3	279
41	Efeito da ordem dos exercÃcios de força sobre o volume, o lactato e o desempenho. Revista Brasileira De Medicina Do Esporte, 2017, 23, 194-199.	0.2	1
42	Effects of far infrared rays emitting clothing on recovery after an intense plyometric exercise bout applied to elite soccer players: a randomized double-blind placebo-controlled trial. Biology of Sport, 2016, 33, 277-283.	3.2	23
43	The Effect of Cuff Width on Muscle Adaptations after Blood Flow Restriction Training. Medicine and Science in Sports and Exercise, 2016, 48, 920-925.	0.4	41
44	Resistance Training with Instability for Patients with Parkinson's Disease. Medicine and Science in Sports and Exercise, 2016, 48, 1678-1687.	0.4	67
45	Resistance trainingâ€induced changes in integrated myofibrillar protein synthesis are related to hypertrophy only after attenuation of muscle damage. Journal of Physiology, 2016, 594, 5209-5222.	2.9	236
46	Influence of an Enforced Fast Start on 10-km-Running Performance. International Journal of Sports Physiology and Performance, 2016, 11, 736-741.	2.3	4
47	An inability to distinguish edematous swelling from true hypertrophy still prevents a completely accurate interpretation of the time course of muscle hypertrophy. European Journal of Applied Physiology, 2016, 116, 445-446.	2.5	15
48	Early resistance training-induced increases in muscle cross-sectional area are concomitant with edema-induced muscle swelling. European Journal of Applied Physiology, 2016, 116, 49-56.	2.5	131
49	Comparison of physical performance among Brazilian elite soccer players of different age-categories. Journal of Sports Medicine and Physical Fitness, 2016, 56, 376-82.	0.7	4
50	Acute Effect of High-Intensity Aerobic Exercise Performed on Treadmill and Cycle Ergometer on Strength Performance. Journal of Strength and Conditioning Research, 2015, 29, 1077-1082.	2.1	25
51	Effects of Strength Training Associated With Whole-Body Vibration Training on Running Economy and Vertical Stiffness. Journal of Strength and Conditioning Research, 2015, 29, 2215-2220.	2.1	17
52	Comparisons Between Low-Intensity Resistance Training With Blood Flow Restriction and High-Intensity Resistance Training on Quadriceps Muscle Mass and Strength in Elderly. Journal of Strength and Conditioning Research, 2015, 29, 1071-1076.	2.1	183
53	Determining the Optimum Power Load in Jump Squat Using the Mean Propulsive Velocity. PLoS ONE, 2015, 10, e0140102.	2.5	82
54	Effects of resistance training on neuromuscular characteristics and pacing during 10-km running time trial. European Journal of Applied Physiology, 2015, 115, 1513-1522.	2.5	52

#	Article	IF	CITATIONS
55	Effect of Concurrent Training with Blood Flow Restriction in the Elderly. International Journal of Sports Medicine, 2015, 36, 395-399.	1.7	87
56	Different Resistance-Training Regimens Evoked a Similar Increase in Myostatin Inhibitors Expression. International Journal of Sports Medicine, 2015, 36, 761-768.	1.7	10
57	Tensiomyography parameters and jumping and sprinting performance in Brazilian elite soccer players. Sports Biomechanics, 2015, 14, 340-350.	1.6	33
58	Effects of exercise intensity and occlusion pressure after 12Âweeks of resistance training with blood-flow restriction. European Journal of Applied Physiology, 2015, 115, 2471-2480.	2.5	153
59	Risco de fadiga prematura, percepção subjetiva de esforço e estratégia de prova durante uma corrida de 10 km. Revista Brasileira De Educação FÃsica E Esporte: RBEFE, 2015, 29, 197-205.	0.1	1
60	Resistance Training with Instability Increase Levels of Spinal Inhibition and Decrease the Motor Symptoms of Parkinsonians. FASEB Journal, 2015, 29, 677.15.	0.5	0
61	Análise do desempenho em atletas de elite no "Ironman" Brasil entre os anos de 2003 a 2010. Revista Brasileira De Educação FÃsica E Esporte: RBEFE, 2014, 28, 57-64.	0.1	1
62	Parkinson Disease And Neuromuscular Performance. Medicine and Science in Sports and Exercise, 2014, 46, 551-552.	0.4	0
63	Differential Effects of 30- Vs. 60-Second Static Muscle Stretching on Vertical Jump Performance. Journal of Strength and Conditioning Research, 2014, 28, 3440-3446.	2.1	24
64	Effects of Concurrent Strength and Endurance Training on Genes Related to Myostatin Signaling Pathway and Muscle Fiber Responses. Journal of Strength and Conditioning Research, 2014, 28, 3215-3223.	2.1	27
65	Changes in Exercises Are More Effective Than in Loading Schemes to Improve Muscle Strength. Journal of Strength and Conditioning Research, 2014, 28, 3085-3092.	2.1	60
66	Transference of Traditional Versus Complex Strength and Power Training to Sprint Performance. Journal of Human Kinetics, 2014, 41, 265-273.	1.5	26
67	Perceived Exertion in Coaches and Young Swimmers With Different Training Experience. International Journal of Sports Physiology and Performance, 2014, 9, 212-216.	2.3	30
68	The Effect Of Different Restrictive Pressure Levels On Muscular Blood Flow Reduction. Medicine and Science in Sports and Exercise, 2014, 46, 821.	0.4	0
69	Resistance Training With Blood Flow Restriction Associated To Endurance Training In Elderly. Medicine and Science in Sports and Exercise, 2014, 46, 442-443.	0.4	0
70	Resistance training with instability in multiple system atrophy: a case report. Journal of Sports Science and Medicine, 2014, 13, 597-603.	1.6	6
71	Early adaptations to six weeks of non-periodized and periodized strength training regimens in recreational males. Journal of Sports Science and Medicine, 2014, 13, 604-9.	1.6	17
72	Strength-Training with Whole-Body Vibration in Long-Distance Runners: A Randomized Trial. International Journal of Sports Medicine, 2013, 34, 917-923.	1.7	18

#	Article	IF	CITATIONS
73	Molecular Adaptations to Concurrent Training. International Journal of Sports Medicine, 2013, 34, 207-213.	1.7	36
74	The Effects of Different Intensities and Durations of the General Warm-up on Leg Press 1RM. Journal of Strength and Conditioning Research, 2013, 27, 1009-1013.	2.1	12
75	Different Loading Schemes in Power Training During the Preseason Promote Similar Performance Improvements in Brazilian Elite Soccer Players. Journal of Strength and Conditioning Research, 2013, 27, 1791-1797.	2.1	29
76	Postactivation Potentiation on Repeated-Sprint Ability in Elite Handball Players. Journal of Strength and Conditioning Research, 2013, 27, 662-668.	2.1	43
77	Distinct Temporal Organizations of the Strength- and Power-Training Loads Produce Similar Performance Improvements. Journal of Strength and Conditioning Research, 2013, 27, 188-194.	2.1	19
78	The acute effects of strength, endurance and concurrent exercises on the Akt/mTOR/p70S6K1 and AMPK signaling pathway responses in rat skeletal muscle. Brazilian Journal of Medical and Biological Research, 2013, 46, 343-347.	1.5	5
79	Comparação de inibições medulares entre indivÃduos com doença de Parkinson e saudáveis. Revista Brasileira De Educação FÁsica E Esporte: RBEFE, 2013, 27, 187-197.	0.1	1
80	Training at the optimum power zone produces similar performance improvements to traditional strength training. Journal of Sports Science and Medicine, 2013, 12, 109-15.	1.6	22
81	Multivariate Analysis in the Maximum Strength Performance. International Journal of Sports Medicine, 2012, 33, 970-974.	1.7	11
82	Strength Training with Blood Flow Restriction Diminishes Myostatin Gene Expression. Medicine and Science in Sports and Exercise, 2012, 44, 406-412.	0.4	324
83	Maximal Strength, Number of Repetitions, and Total Volume Are Differently Affected by Static-, Ballistic-, and Proprioceptive Neuromuscular Facilitation Stretching. Journal of Strength and Conditioning Research, 2012, 26, 2432-2437.	2.1	37
84	Fit-Climbing Test. Journal of Strength and Conditioning Research, 2012, 26, 1558-1563.	2.1	8
85	Influence of Different Resistance Exercise Loading Schemes on Mechanical Power Output in Work to Rest Ratio – Equated and – Nonequated Conditions. Journal of Strength and Conditioning Research, 2012, 26, 1308-1312.	2.1	10
86	Effects of Strength and Power Training on Neuromuscular Adaptations and Jumping Movement Pattern and Performance. Journal of Strength and Conditioning Research, 2012, 26, 3335-3344.	2.1	26
87	Bioenergetics and Neuromuscular Determinants of the Time to Exhaustion at Velocity Corresponding to V[Combining Dot Above]O2max in Recreational Long-Distance Runners. Journal of Strength and Conditioning Research, 2012, 26, 2096-2102.	2.1	15
88	Effects of Strength and Power Training on Neuromuscular Variables in Older Adults. Journal of Aging and Physical Activity, 2012, 20, 171-185.	1.0	66
89	Estratégia de corrida em média e longa distância: como ocorrem os ajustes de velocidade ao longo da prova?. Revista Brasileira De Educação FÃsica E Esporte: RBEFE, 2012, 26, 351-363.	0.1	7
90	Efeito agudo dos exercÃcios de flexibilidade no desempenho de força máxima e resistência de força de membros inferiores e superiores. Motriz Revista De Educacao Fisica, 2012, 18, 345-355.	0.2	4

#	Article	IF	CITATIONS
91	Creatine but not betaine supplementation increases muscle phosphorylcreatine content and strength performance. Amino Acids, 2012, 42, 2299-2305.	2.7	45
92	Incidence of adverse events associated with percutaneous muscular biopsy among healthy and diseased subjects. Scandinavian Journal of Medicine and Science in Sports, 2012, 22, 175-178.	2.9	20
93	O treinamento de força com e sem o uso da plataforma vibratória é capaz de modular a variabilidade da frequência cardÃaca em repouso?. Motriz Revista De Educacao Fisica, 2012, 18, 526-532.	0.2	3
94	Effect of eccentric exercise velocity on akt/mtor/p70s6ksignaling in human skeletal muscle. Applied Physiology, Nutrition and Metabolism, 2011, 36, 283-290.	1.9	23
95	Efeito da ordem dos exercÃcios no número de repetições e na percepção subjetiva de esforço em homens treinados em força. Revista Brasileira De Educação FÃsica E Esporte: RBEFE, 2011, 25, 127-135.	0.1	5
96	A fisiologia em educação fÃsica e esporte. Revista Brasileira De Educação FÃsica E Esporte: RBEFE, 2011, 25, 7-13.	0.1	5
97	Efeito do número e intensidade das ações excêntricas nos indicadores de dano muscular. Revista Brasileira De Medicina Do Esporte, 2011, 17, 401-404.	0.2	7
98	Efeito da familiarização na estabilização dos valores de 1RM para homens e mulheres. Motriz Revista De Educacao Fisica, 2011, 17, 610-617.	0.2	5
99	Treinamento fÃsico: considerações práticas e cientÃficas. Revista Brasileira De Educação FÃsica E Esporte: RBEFE, 2011, 25, 53-65.	0.1	13
100	Do whole-body vibration exercise and resistance exercise modify concentrations of salivary cortisol and immunoglobulin A?. Brazilian Journal of Medical and Biological Research, 2011, 44, 592-597.	1.5	5
101	Salivary Hormone and Immune Responses to Three Resistance Exercise Schemes in Elite Female Athletes. Journal of Strength and Conditioning Research, 2011, 25, 2322-2327.	2.1	24
102	Influence of Strength Training Background on Postactivation Potentiation Response. Journal of Strength and Conditioning Research, 2011, 25, 2496-2502.	2.1	35
103	Combination of General and Specific Warm-Ups Improves Leg-Press One Repetition Maximum Compared With Specific Warm-Up in Trained Individuals. Journal of Strength and Conditioning Research, 2011, 25, 2242-2245.	2.1	34
104	The effect of carbohydrate mouth rinse on maximal strength and strength endurance. European Journal of Applied Physiology, 2011, 111, 2381-2386.	2.5	54
105	Effect of different resistance-training regimens on the WNT-signaling pathway. European Journal of Applied Physiology, 2011, 111, 2535-2545.	2.5	32
106	Diversidade e eficiência das dinâmicas de criação de espaço e grau de cooperação entre as equipes de basquetebol paulistas: efeito da faixa etária. Revista Brasileira De Educação FÃsica E Esporte: RBEFE, 2011, 25, 693-705.	0.1	1
107	The acute effects of varying strength exercises bouts on 5Km running. Journal of Sports Science and Medicine, 2011, 10, 565-70.	1.6	4
108	Expression of genes related to muscle plasticity after strength and power training regimens. Scandinavian Journal of Medicine and Science in Sports, 2010, 20, 216-225.	2.9	35

#	Article	IF	CITATIONS
109	Is Acute Static Stretching Able to Reduce the Time to Exhaustion at Power Output Corresponding to Maximal Oxygen Uptake?. Journal of Strength and Conditioning Research, 2010, 24, 1650-1656.	2.1	10
110	Effect of an Acute Bout of Eccentric Exercise at Different Velocities on Muscle Hypertrophy Signaling. Medicine and Science in Sports and Exercise, 2010, 42, 293.	0.4	0
111	The Influence of Familiarization Sessions on the Stability of Ramp and Ballistic Isometric Torque in Older Adults. Journal of Aging and Physical Activity, 2010, 18, 390-400.	1.0	14
112	Short Term Concurrent Training Does Not Impair Muscle Hypertrophy Even With Slight Changes In mTOR Gene Expression. Medicine and Science in Sports and Exercise, 2010, 42, 500.	0.4	0
113	Efeito da massagem clÃ _i ssica na percepção subjetiva de dor, edema, amplitude articular e força máxima após dor muscular tardia induzida pelo exercÃcio. Revista Brasileira De Medicina Do Esporte, 2010, 16, 36-40.	0.2	5
114	Efeitos da suplementação de creatina sobre força e hipertrofia muscular: atualizações. Revista Brasileira De Medicina Do Esporte, 2010, 16, 219-223.	0.2	15
115	É possÃvel determinar a economia de corrida através do teste progressivo até a exaustão?. Revista Brasileira De Educação FÃsica E Esporte: RBEFE, 2010, 24, 373-378.	0.1	1
116	Influência do nÃvel de força mÃixima na produção e manutenção da potência muscular. Revista Brasileira De Medicina Do Esporte, 2010, 16, 422-426.	0.2	2
117	Effect of eccentric contraction velocity on muscle damage in repeated bouts of elbow flexor exercise. Applied Physiology, Nutrition and Metabolism, 2010, 35, 534-540.	1.9	30
118	Acute Effect of a Ballistic and a Static Stretching Exercise Bout on Flexibility and Maximal Strength. Journal of Strength and Conditioning Research, 2009, 23, 304-308.	2.1	111
119	Association between neuromuscular tests and kumite performance on the brazilian karate national team. Journal of Sports Science and Medicine, 2009, 8, 20-4.	1.6	29
120	Effects of Strength Training and Vascular Occlusion. International Journal of Sports Medicine, 2008, 29, 664-667.	1.7	124
121	ACUTE EFFECT OF TWO AEROBIC EXERCISE MODES ON MAXIMUM STRENGTH AND STRENGTH ENDURANCE. Journal of Strength and Conditioning Research, 2007, 21, 1286-1290.	2.1	5
122	INTERMITTENT EXERCISE AS A CONDITIONING ACTIVITY TO INDUCE POSTACTIVATION POTENTIATION. Journal of Strength and Conditioning Research, 2007, 21, 837-840.	2.1	4
123	INFLUENCE OF TRAINING BACKGROUND ON JUMPING HEIGHT. Journal of Strength and Conditioning Research, 2007, 21, 848-852.	2.1	3
124	Influence of Training Background on Jumping Height. Journal of Strength and Conditioning Research, 2007, 21, 848.	2.1	52
125	Acute Effect of Two Aerobic Exercise Modes on Maximum Strength and Strength Endurance. Journal of Strength and Conditioning Research, 2007, 21, 1286.	2.1	53
126	Free Communication/Slide – Injury Patterns. Medicine and Science in Sports and Exercise, 2006, 38, 52.	0.4	0

#	Article	IF	CITATIONS
127	The Influence of Strength Training Experience on Explosive Strength Potentiation. Medicine and Science in Sports and Exercise, 2006, 38, S299.	0.4	0
128	Effects of the Rate of Force Development on Fatigue Onset and Location. Medicine and Science in Sports and Exercise, 2006, 38, S443-S444.	0.4	0
129	Influence of Training Background on Jumping Height. Medicine and Science in Sports and Exercise, 2006, 38, S297.	0.4	0
130	SHORT-TERM EFFECTS ON LOWER-BODY FUNCTIONAL POWER DEVELOPMENT. Journal of Strength and Conditioning Research, 2005, 19, 433-437.	2.1	11
131	Short-Term Effects on Lower-Body Functional Power Development: Weightlifting vs. Vertical Jump Training Programs. Journal of Strength and Conditioning Research, 2005, 19, 433.	2.1	126
132	Minimum rest period for strength recovery during a common isokinetic testing protocol. Medicine and Science in Sports and Exercise, 2002, 34, 1018-1022.	0.4	106