

# Valmor Tricoli

## List of Publications by Year in descending order

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132  
papers

4,097  
citations

136950

32  
h-index

138484

58  
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132  
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132  
docs citations

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times ranked

3720  
citing authors

#	ARTICLE	IF	CITATIONS
1	Strength Training with Blood Flow Restriction Diminishes Myostatin Gene Expression. <i>Medicine and Science in Sports and Exercise</i> , 2012, 44, 406-412.	0.4	324
2	The countermovement jump to monitor neuromuscular status: A meta-analysis. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, 397-402.	1.3	279
3	Resistance training-induced changes in integrated myofibrillar protein synthesis are related to hypertrophy only after attenuation of muscle damage. <i>Journal of Physiology</i> , 2016, 594, 5209-5222.	2.9	236
4	Comparisons Between Low-Intensity Resistance Training With Blood Flow Restriction and High-Intensity Resistance Training on Quadriceps Muscle Mass and Strength in Elderly. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 1071-1076.	2.1	183
5	Effects of exercise intensity and occlusion pressure after 12 weeks of resistance training with blood-flow restriction. <i>European Journal of Applied Physiology</i> , 2015, 115, 2471-2480.	2.5	153
6	Early resistance training-induced increases in muscle cross-sectional area are concomitant with edema-induced muscle swelling. <i>European Journal of Applied Physiology</i> , 2016, 116, 49-56.	2.5	131
7	Short-Term Effects on Lower-Body Functional Power Development: Weightlifting vs. Vertical Jump Training Programs. <i>Journal of Strength and Conditioning Research</i> , 2005, 19, 433.	2.1	126
8	Effects of Strength Training and Vascular Occlusion. <i>International Journal of Sports Medicine</i> , 2008, 29, 664-667.	1.7	124
9	Acute Effect of a Ballistic and a Static Stretching Exercise Bout on Flexibility and Maximal Strength. <i>Journal of Strength and Conditioning Research</i> , 2009, 23, 304-308.	2.1	111
10	Minimum rest period for strength recovery during a common isokinetic testing protocol. <i>Medicine and Science in Sports and Exercise</i> , 2002, 34, 1018-1022.	0.4	106
11	Effects of different intensities of resistance training with equated volume load on muscle strength and hypertrophy. <i>European Journal of Sport Science</i> , 2018, 18, 772-780.	2.7	99
12	Effect of Concurrent Training with Blood Flow Restriction in the Elderly. <i>International Journal of Sports Medicine</i> , 2015, 36, 395-399.	1.7	87
13	Determining the Optimum Power Load in Jump Squat Using the Mean Propulsive Velocity. <i>PLoS ONE</i> , 2015, 10, e0140102.	2.5	82
14	Resistance Training with Instability for Patients with Parkinson's Disease. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 1678-1687.	0.4	67
15	Effects of Strength and Power Training on Neuromuscular Variables in Older Adults. <i>Journal of Aging and Physical Activity</i> , 2012, 20, 171-185.	1.0	66
16	Changes in Exercises Are More Effective Than in Loading Schemes to Improve Muscle Strength. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 3085-3092.	2.1	60
17	The effect of carbohydrate mouth rinse on maximal strength and strength endurance. <i>European Journal of Applied Physiology</i> , 2011, 111, 2381-2386.	2.5	54
18	Acute Effect of Two Aerobic Exercise Modes on Maximum Strength and Strength Endurance. <i>Journal of Strength and Conditioning Research</i> , 2007, 21, 1286.	2.1	53

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19	Effects of resistance training on neuromuscular characteristics and pacing during 10-km running time trial. <i>European Journal of Applied Physiology</i> , 2015, 115, 1513-1522.	2.5	52
20	Influence of Training Background on Jumping Height. <i>Journal of Strength and Conditioning Research</i> , 2007, 21, 848.	2.1	52
21	Creatine but not betaine supplementation increases muscle phosphorylcreatine content and strength performance. <i>Amino Acids</i> , 2012, 42, 2299-2305.	2.7	45
22	Effects of Different Combinations of Strength, Power, and Plyometric Training on the Physical Performance of Elite Young Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 1468-1476.	2.1	44
23	Muscle Fiber Hypertrophy and Myonuclei Addition: A Systematic Review and Meta-analysis. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 1385-1393.	0.4	44
24	Postactivation Potentiation on Repeated-Sprint Ability in Elite Handball Players. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 662-668.	2.1	43
25	Resistance Training Improves Sleep Quality in Subjects With Moderate Parkinson's Disease. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 2270-2277.	2.1	42
26	Early- and later-phases satellite cell responses and myonuclear content with resistance training in young men. <i>PLoS ONE</i> , 2018, 13, e0191039.	2.5	42
27	The Effect of Cuff Width on Muscle Adaptations after Blood Flow Restriction Training. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 920-925.	0.4	41
28	Blood flow restriction increases metabolic stress but decreases muscle activation during high-load resistance exercise. <i>Muscle and Nerve</i> , 2018, 57, 107-111.	2.2	40
29	Maximal Strength, Number of Repetitions, and Total Volume Are Differently Affected by Static-, Ballistic-, and Proprioceptive Neuromuscular Facilitation Stretching. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 2432-2437.	2.1	37
30	Muscle Failure Promotes Greater Muscle Hypertrophy in Low-Load but Not in High-Load Resistance Training. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 346-351.	2.1	37
31	Molecular Adaptations to Concurrent Training. <i>International Journal of Sports Medicine</i> , 2013, 34, 207-213.	1.7	36
32	Resistance training in young men induces muscle transcriptome-wide changes associated with muscle structure and metabolism refining the response to exercise-induced stress. <i>European Journal of Applied Physiology</i> , 2018, 118, 2607-2616.	2.5	36
33	Expression of genes related to muscle plasticity after strength and power training regimens. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 216-225.	2.9	35
34	Influence of Strength Training Background on Postactivation Potentiation Response. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 2496-2502.	2.1	35
35	Combination of General and Specific Warm-Ups Improves Leg-Press One Repetition Maximum Compared With Specific Warm-Up in Trained Individuals. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 2242-2245.	2.1	34
36	Tensiomyography parameters and jumping and sprinting performance in Brazilian elite soccer players. <i>Sports Biomechanics</i> , 2015, 14, 340-350.	1.6	33

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37	Effect of different resistance-training regimens on the WNT-signaling pathway. <i>European Journal of Applied Physiology</i> , 2011, 111, 2535-2545.	2.5	32
38	Effect of eccentric contraction velocity on muscle damage in repeated bouts of elbow flexor exercise. <i>Applied Physiology, Nutrition and Metabolism</i> , 2010, 35, 534-540.	1.9	30
39	Perceived Exertion in Coaches and Young Swimmers With Different Training Experience. <i>International Journal of Sports Physiology and Performance</i> , 2014, 9, 212-216.	2.3	30
40	Effects of weightlifting exercise, traditional resistance and plyometric training on countermovement jump performance: a meta-analysis. <i>Journal of Sports Sciences</i> , 2018, 36, 2038-2044.	2.0	30
41	Different Loading Schemes in Power Training During the Preseason Promote Similar Performance Improvements in Brazilian Elite Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1791-1797.	2.1	29
42	Association between neuromuscular tests and kumite performance on the brazilian karate national team. <i>Journal of Sports Science and Medicine</i> , 2009, 8, 20-4.	1.6	29
43	Effects of Concurrent Strength and Endurance Training on Genes Related to Myostatin Signaling Pathway and Muscle Fiber Responses. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 3215-3223.	2.1	27
44	Effects of Strength and Power Training on Neuromuscular Adaptations and Jumping Movement Pattern and Performance. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 3335-3344.	2.1	26
45	Transference of Traditional Versus Complex Strength and Power Training to Sprint Performance. <i>Journal of Human Kinetics</i> , 2014, 41, 265-273.	1.5	26
46	Acute Effect of High-Intensity Aerobic Exercise Performed on Treadmill and Cycle Ergometer on Strength Performance. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 1077-1082.	2.1	25
47	Effects of resisted sprint training on sprinting ability and change of direction speed in professional soccer players. <i>Journal of Sports Sciences</i> , 2018, 36, 1923-1929.	2.0	25
48	Salivary Hormone and Immune Responses to Three Resistance Exercise Schemes in Elite Female Athletes. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 2322-2327.	2.1	24
49	Differential Effects of 30- Vs. 60-Second Static Muscle Stretching on Vertical Jump Performance. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 3440-3446.	2.1	24
50	Auto-Regulated Exercise Selection Training Regimen Produces Small Increases in Lean Body Mass and Maximal Strength Adaptations in Strength-trained Individuals. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 1133-1140.	2.1	24
51	Effect of eccentric exercise velocity on akt/mtor/p70s6ksignaling in human skeletal muscle. <i>Applied Physiology, Nutrition and Metabolism</i> , 2011, 36, 283-290.	1.9	23
52	Effects of far infrared rays emitting clothing on recovery after an intense plyometric exercise bout applied to elite soccer players: a randomized double-blind placebo-controlled trial. <i>Biology of Sport</i> , 2016, 33, 277-283.	3.2	23
53	Resistance training with instability is more effective than resistance training in improving spinal inhibitory mechanisms in Parkinson's disease. <i>Journal of Applied Physiology</i> , 2017, 122, 1-10.	2.5	23
54	Validity of the Handheld Doppler to Determine Lower-Limb Blood Flow Restriction Pressure for Exercise Protocols. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 2693-2696.	2.1	22

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55	Training at the optimum power zone produces similar performance improvements to traditional strength training. <i>Journal of Sports Science and Medicine</i> , 2013, 12, 109-115.	1.6	22
56	Different Patterns in Muscular Strength and Hypertrophy Adaptations in Untrained Individuals Undergoing Nonperiodized and Periodized Strength Regimens. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 1238-1244.	2.1	21
57	Incidence of adverse events associated with percutaneous muscular biopsy among healthy and diseased subjects. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2012, 22, 175-178.	2.9	20
58	Distinct Temporal Organizations of the Strength- and Power-Training Loads Produce Similar Performance Improvements. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 188-194.	2.1	19
59	Strength-Training with Whole-Body Vibration in Long-Distance Runners: A Randomized Trial. <i>International Journal of Sports Medicine</i> , 2013, 34, 917-923.	1.7	18
60	Effects of different strength training frequencies during reduced training period on strength and muscle cross-sectional area. <i>European Journal of Sport Science</i> , 2017, 17, 665-672.	2.7	18
61	Effects of Strength Training Associated With Whole-Body Vibration Training on Running Economy and Vertical Stiffness. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 2215-2220.	2.1	17
62	Early adaptations to six weeks of non-periodized and periodized strength training regimens in recreational males. <i>Journal of Sports Science and Medicine</i> , 2014, 13, 604-9.	1.6	17
63	Instability Resistance Training Improves Neuromuscular Outcome in Parkinson's Disease. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 652-660.	0.4	16
64	Post-Activation Potentiation: Is there an Optimal Training Volume and Intensity to Induce Improvements in Vertical Jump Ability in Highly-Trained Subjects?. <i>Journal of Human Kinetics</i> , 2019, 69, 239-247.	1.5	16
65	Efeitos da suplementação de creatina sobre força e hipertrofia muscular: atualização. <i>Revista Brasileira De Medicina Do Esporte</i> , 2010, 16, 219-223.	0.2	15
66	Bioenergetics and Neuromuscular Determinants of the Time to Exhaustion at Velocity Corresponding to $V_{O2max}$ in Recreational Long-Distance Runners. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 2096-2102.	2.1	15
67	An inability to distinguish edematous swelling from true hypertrophy still prevents a completely accurate interpretation of the time course of muscle hypertrophy. <i>European Journal of Applied Physiology</i> , 2016, 116, 445-446.	2.5	15
68	Differential muscle hypertrophy and edema responses between high-load and low-load exercise with blood flow restriction. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 1713-1726.	2.9	15
69	The Influence of Familiarization Sessions on the Stability of Ramp and Ballistic Isometric Torque in Older Adults. <i>Journal of Aging and Physical Activity</i> , 2010, 18, 390-400.	1.0	14
70	Self-selected Rest Interval Improves Vertical Jump Postactivation Potentiation. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 91-96.	2.1	14
71	Treinamento físico: considerações práticas e científicas. <i>Revista Brasileira De Educação Física E Esporte: RBEFE</i> , 2011, 25, 53-65.	0.1	13
72	Hemodynamic Responses to Blood Flow Restriction and Resistance Exercise to Muscular Failure. <i>International Journal of Sports Medicine</i> , 2017, 38, 134-140.	1.7	13

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73	The Effects of Different Intensities and Durations of the General Warm-up on Leg Press 1RM. Journal of Strength and Conditioning Research, 2013, 27, 1009-1013.	2.1	12
74	Similar Muscular Adaptations in Resistance Training Performed Two Versus Three Days Per Week. Journal of Human Kinetics, 2019, 68, 135-143.	1.5	12
75	SHORT-TERM EFFECTS ON LOWER-BODY FUNCTIONAL POWER DEVELOPMENT. Journal of Strength and Conditioning Research, 2005, 19, 433-437.	2.1	11
76	Multivariate Analysis in the Maximum Strength Performance. International Journal of Sports Medicine, 2012, 33, 970-974.	1.7	11
77	Perceptual and Neuromuscular Responses Adapt Similarly Between High-Load Resistance Training and Low-Load Resistance Training With Blood Flow Restriction. Journal of Strength and Conditioning Research, 2020, Publish Ahead of Print, .	2.1	11
78	Is Acute Static Stretching Able to Reduce the Time to Exhaustion at Power Output Corresponding to Maximal Oxygen Uptake?. Journal of Strength and Conditioning Research, 2010, 24, 1650-1656.	2.1	10
79	Influence of Different Resistance Exercise Loading Schemes on Mechanical Power Output in Work to Rest Ratio " Equated and " Nonequated Conditions. Journal of Strength and Conditioning Research, 2012, 26, 1308-1312.	2.1	10
80	Different Resistance-Training Regimens Evoked a Similar Increase in Myostatin Inhibitors Expression. International Journal of Sports Medicine, 2015, 36, 761-768.	1.7	10
81	Low-intensity resistance training with partial blood flow restriction and high-intensity resistance training induce similar changes in skeletal muscle transcriptome in elderly humans. Applied Physiology, Nutrition and Metabolism, 2019, 44, 216-220.	1.9	10
82	Post-Activation Potentiation: Is there an Optimal Training Volume and Intensity to Induce Improvements in Vertical Jump Ability in Highly-Trained Subjects?. Journal of Human Kinetics, 2019, 66, 195-203.	1.5	10
83	Acute effects of aerobic exercise performed with different volumes on strength performance and neuromuscular parameters. European Journal of Sport Science, 2019, 19, 287-294.	2.7	9
84	Fit-Climbing Test. Journal of Strength and Conditioning Research, 2012, 26, 1558-1563.	2.1	8
85	Blood Pressure Response During Resistance Training of Different Work-to-Rest Ratio. Journal of Strength and Conditioning Research, 2019, 33, 399-407.	2.1	8
86	Efeito do número e intensidade das séries excêntricas nos indicadores de dano muscular. Revista Brasileira De Medicina Do Esporte, 2011, 17, 401-404.	0.2	7
87	Estratégia de corrida em média e longa distância: como ocorrem os ajustes de velocidade ao longo da prova?. Revista Brasileira De Educação Física E Esporte: RBEFE, 2012, 26, 351-363.	0.1	7
88	Blood Flow Restriction Does Not Promote Additional Effects on Muscle Adaptations When Combined With High-Load Resistance Training Regardless of Blood Flow Restriction Protocol. Journal of Strength and Conditioning Research, 2021, 35, 1194-1200.	2.1	6
89	Resistance training with instability in multiple system atrophy: a case report. Journal of Sports Science and Medicine, 2014, 13, 597-603.	1.6	6
90	ACUTE EFFECT OF TWO AEROBIC EXERCISE MODES ON MAXIMUM STRENGTH AND STRENGTH ENDURANCE. Journal of Strength and Conditioning Research, 2007, 21, 1286-1290.	2.1	5

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91	Efeito da massagem clássica na percepção subjetiva de dor, edema, amplitude articular e força máxima após dor muscular tardia induzida pelo exercício. Revista Brasileira De Medicina Do Esporte, 2010, 16, 36-40.	0.2	5
92	Efeito da ordem dos exercícios no número de repetições e na percepção subjetiva de esforço em homens treinados em força. Revista Brasileira De Educação Física E Esporte: RBEFE, 2011, 25, 127-135.	0.1	5
93	A fisiologia em educação física e esporte. Revista Brasileira De Educação Física E Esporte: RBEFE, 2011, 25, 7-13.	0.1	5
94	Efeito da familiarização na estabilização dos valores de 1RM para homens e mulheres. Motriz Revista De Educacao Fisica, 2011, 17, 610-617.	0.2	5
95	Do whole-body vibration exercise and resistance exercise modify concentrations of salivary cortisol and immunoglobulin A?. Brazilian Journal of Medical and Biological Research, 2011, 44, 592-597.	1.5	5
96	The acute effects of strength, endurance and concurrent exercises on the Akt/mTOR/p70S6K1 and AMPK signaling pathway responses in rat skeletal muscle. Brazilian Journal of Medical and Biological Research, 2013, 46, 343-347.	1.5	5
97	Determining the Peak Power Output for Weightlifting Derivatives Using Body Mass Percentage: A Practical Approach. Frontiers in Sports and Active Living, 2021, 3, 628068.	1.8	5
98	Session Rating of Perceived Exertion as an Efficient Tool for Individualized Resistance Training Progression. Journal of Strength and Conditioning Research, 2022, 36, 971-976.	2.1	5
99	Can plyometric training change the pacing behaviour during 10km running?. European Journal of Sport Science, 2023, 23, 18-27.	2.7	5
100	INTERMITTENT EXERCISE AS A CONDITIONING ACTIVITY TO INDUCE POSTACTIVATION POTENTIATION. Journal of Strength and Conditioning Research, 2007, 21, 837-840.	2.1	4
101	Efeito agudo dos exercícios de flexibilidade no desempenho de força máxima e resistência de membros inferiores e superiores. Motriz Revista De Educacao Fisica, 2012, 18, 345-355.	0.2	4
102	Influence of an Enforced Fast Start on 10-km-Running Performance. International Journal of Sports Physiology and Performance, 2016, 11, 736-741.	2.3	4
103	The acute effects of varying strength exercises bouts on 5Km running. Journal of Sports Science and Medicine, 2011, 10, 565-70.	1.6	4
104	Comparison of physical performance among Brazilian elite soccer players of different age-categories. Journal of Sports Medicine and Physical Fitness, 2016, 56, 376-82.	0.7	4
105	The Effect of Low-intensity Aerobic Training Combined with Blood Flow Restriction on Maximal Strength, Muscle Mass, and Cycling Performance in a Cyclist with Knee Displacement. International Journal of Environmental Research and Public Health, 2022, 19, 2993.	2.6	4
106	INFLUENCE OF TRAINING BACKGROUND ON JUMPING HEIGHT. Journal of Strength and Conditioning Research, 2007, 21, 848-852.	2.1	3
107	Effect of eccentric action velocity on expression of genes related to myostatin signaling pathway in human skeletal muscle. Biology of Sport, 2018, 35, 111-119.	3.2	3
108	Concurrent Training and the Acute Interference Effect on Strength. Strength and Conditioning Journal, 2021, Publish Ahead of Print, .	1.4	3

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109	O treinamento de força com e sem o uso da plataforma vibratória capaz de modular a variabilidade da frequência cardíaca em repouso?. Motriz Revista De Educacao Fisica, 2012, 18, 526-532.	0.2	3
110	Influência do nível de força máxima na produção e manutenção da potência muscular. Revista Brasileira De Medicina Do Esporte, 2010, 16, 422-426.	0.2	2
111	Low-load Resistance Exercise with Blood Flow Restriction Changes Hypoxia-induced Genes Expression. FASEB Journal, 2018, 32, 855.23.	0.5	2
112	É possível determinar a economia de corrida através do teste progressivo até a exaustão?. Revista Brasileira De Educação Física E Esporte: RBEFE, 2010, 24, 373-378.	0.1	1
113	Análise do desempenho em atletas de elite no "Ironman" Brasil entre os anos de 2003 a 2010. Revista Brasileira De Educação Física E Esporte: RBEFE, 2014, 28, 57-64.	0.1	1
114	Efeito da ordem dos exercícios de força sobre o volume, o lactato e o desempenho. Revista Brasileira De Medicina Do Esporte, 2017, 23, 194-199.	0.2	1
115	Commentaries on Viewpoint: Resistance training and exercise tolerance during high-intensity exercise: moving beyond just running economy and muscle strength. Journal of Applied Physiology, 2018, 124, 529-535.	2.5	1
116	Blood Pressure Increase in Hypertensive Individuals During Resistance Training Protocols With Equated Work to Rest Ratio. Frontiers in Physiology, 2020, 11, 481.	2.8	1
117	Risco de fadiga prematura, percepção subjetiva de esforço e estratégia de prova durante uma corrida de 10 km. Revista Brasileira De Educação Física E Esporte: RBEFE, 2015, 29, 197-205.	0.1	1
118	Diversidade e eficiência das dinâmicas de criação de espaço e grau de cooperação entre as equipes de basquetebol paulistas: efeito da faixa etária. Revista Brasileira De Educação Física E Esporte: RBEFE, 2011, 25, 693-705.	0.1	1
119	Comparação de inibições medulares entre indivíduos com doença de Parkinson e saudáveis. Revista Brasileira De Educação Física E Esporte: RBEFE, 2013, 27, 187-197.	0.1	1
120	Concurrent Validity and Reliability of the Load-Velocity Relationship to Predict the One-Repetition Maximum during Three Weightlifting Derivatives. Kinesiology, 2021, 53, 215-225.	0.6	1
121	The laboratory-assessed performance predictors of elite cross-country marathon mountain bikers. Kinesiology, 2021, 53, 262-270.	0.6	1
122	Effect of an Acute Bout of Eccentric Exercise at Different Velocities on Muscle Hypertrophy Signaling. Medicine and Science in Sports and Exercise, 2010, 42, 293.	0.4	0
123	Short Term Concurrent Training Does Not Impair Muscle Hypertrophy Even With Slight Changes In mTOR Gene Expression. Medicine and Science in Sports and Exercise, 2010, 42, 500.	0.4	0
124	Parkinson Disease And Neuromuscular Performance. Medicine and Science in Sports and Exercise, 2014, 46, 551-552.	0.4	0
125	Free Communication/Slide " Injury Patterns. Medicine and Science in Sports and Exercise, 2006, 38, 52.	0.4	0
126	The Influence of Strength Training Experience on Explosive Strength Potentiation. Medicine and Science in Sports and Exercise, 2006, 38, S299.	0.4	0



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127	Effects of the Rate of Force Development on Fatigue Onset and Location. <i>Medicine and Science in Sports and Exercise</i> , 2006, 38, S443-S444.	0.4	0
128	Influence of Training Background on Jumping Height. <i>Medicine and Science in Sports and Exercise</i> , 2006, 38, S297.	0.4	0
129	The Effect Of Different Restrictive Pressure Levels On Muscular Blood Flow Reduction. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 821.	0.4	0
130	Resistance Training With Blood Flow Restriction Associated To Endurance Training In Elderly. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 442-443.	0.4	0
131	Resistance Training with Instability Increase Levels of Spinal Inhibition and Decrease the Motor Symptoms of Parkinsonians. <i>FASEB Journal</i> , 2015, 29, 677.15.	0.5	0
132	Strength and power training improve skill performance in volleyball players. <i>Motriz Revista De Educacao Fisica</i> , 2020, 26, .	0.2	0