

Theodoros M Bampouras

List of Publications by Year in descending order

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Version: 2024-02-01

54
papers

964
citations

567281

15
h-index

477307

29
g-index

56
all docs

56
docs citations

56
times ranked

1208
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 1 | An Off-season Plyometric and Resistance Training Programme to Improve Vertical Jump Height in Adolescent Female Volleyball Players. <i>Journal of Science in Sport and Exercise</i> , 2022, 4, 213-220. | 1.0 | 2 |
| 2 | Improved Ankle Mobility After a 4-Week Training Program Affects Landing Mechanics: A Randomized Controlled Trial. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 1875-1883. | 2.1 | 4 |
| 3 | What is the effect of ankle disk training and taping on proprioception deficit after lateral ankle sprains among active populations? " A systematic review. <i>Journal of Bodywork and Movement Therapies</i> , 2022, , . | 1.2 | 0 |
| 4 | Should All Minimal Access Surgery Be Robot-Assisted? A Systematic Review into the Musculoskeletal and Cognitive Demands of Laparoscopic and Robot-Assisted Laparoscopic Surgery. <i>Journal of Gastrointestinal Surgery</i> , 2022, 26, 1520-1530. | 1.7 | 21 |
| 5 | Validation of a LiDAR-based player tracking system during football-specific tasks. <i>Sports Engineering</i> , 2022, 25, . | 1.1 | 3 |
| 6 | Effect of environmental temperature change on the neuromechanical function of the quadriceps muscle. <i>European Journal of Sport Science</i> , 2021, 21, 1394-1402. | 2.7 | 1 |
| 7 | Home-based exercise for people living with frailty and chronic kidney disease: A mixed-methods pilot randomised controlled trial. <i>PLoS ONE</i> , 2021, 16, e0251652. | 2.5 | 17 |
| 8 | High Intensity Interval Training (HIIT) as a Potential Countermeasure for Phenotypic Characteristics of Sarcopenia: A Scoping Review. <i>Frontiers in Physiology</i> , 2021, 12, 715044. | 2.8 | 11 |
| 9 | Weighted vests in CrossFit increase physiological stress during walking and running without changes in spatiotemporal gait parameters. <i>Ergonomics</i> , 2021, , 1-12. | 2.1 | 2 |
| 10 | Restrictions in Ankle Dorsiflexion Range of Motion Alter Landing Kinematics But Not Movement Strategy When Fatigued. <i>Journal of Sport Rehabilitation</i> , 2021, 30, 911-919. | 1.0 | 1 |
| 11 | Upper limb muscle strength and knee frontal plane projection angle asymmetries in female water-polo players. <i>Sports Biomechanics</i> , 2021, , 1-12. | 1.6 | 2 |
| 12 | The EX-FRAIL CKD trial: A pilot RCT of a home-based Exercise programme for pre-FRAIL and FRAIL, older adults with CKD. <i>Physiotherapy</i> , 2021, 113, e7-e8. | 0.4 | 0 |
| 13 | Frailty is independently associated with worse health-related quality of life in chronic kidney disease: a secondary analysis of the Frailty Assessment in Chronic Kidney Disease study. <i>CKJ: Clinical Kidney Journal</i> , 2020, 13, 85-94. | 2.9 | 39 |
| 14 | Restricted Unilateral Ankle Dorsiflexion Movement Increases Interlimb Vertical Force Asymmetries in Bilateral Bodyweight Squatting. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 332-336. | 2.1 | 5 |
| 15 | P0958THE EX-FRAIL CKD TRIAL: A PILOT RANDOMISED CONTROLLED TRIAL OF A HOME-BASED EXERCISE PROGRAMME FOR PRE-FRAIL AND FRAIL, OLDER ADULTS WITH CHRONIC KIDNEY DISEASE. <i>Nephrology Dialysis Transplantation</i> , 2020, 35, . | 0.7 | 1 |
| 16 | Reliability of two-dimensional measures associated with bilateral drop-landing performance. <i>Movement and Sports Sciences - Science Et Motricite</i> , 2020, , 39-47. | 0.3 | 6 |
| 17 | The EX-FRAIL CKD trial: a study protocol for a pilot randomised controlled trial of a home-based EXercise programme for pre-frail and FRAIL, older adults with Chronic Kidney Disease. <i>BMJ Open</i> , 2020, 10, e035344. | 1.9 | 11 |
| 18 | WITHIN-SESSION RELIABILITY FOR INTER-LIMB ASYMMETRIES IN ANKLE DORSIFLEXION RANGE OF MOTION MEASURED DURING THE WEIGHT-BEARING LUNGE TEST. <i>International Journal of Sports Physical Therapy</i> , 2020, 15, 64-73. | 1.3 | 6 |

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| 19 | WITHIN-SESSION RELIABILITY FOR INTER-LIMB ASYMMETRIES IN ANKLE DORSIFLEXION RANGE OF MOTION MEASURED DURING THE WEIGHT-BEARING LUNGE TEST. <i>International Journal of Sports Physical Therapy</i> , 2020, 15, 64-73. | 1.3 | 0 |
| 20 | Ankle dorsiflexion range of motion is associated with kinematic but not kinetic variables related to bilateral drop-landing performance at various drop heights. <i>Human Movement Science</i> , 2019, 64, 320-328. | 1.4 | 22 |
| 21 | Diagnostic Accuracy of Frailty Screening Methods in Advanced Chronic Kidney Disease. <i>Nephron</i> , 2019, 141, 147-155. | 1.8 | 41 |
| 22 | Frailty and chronic kidney disease: current evidence and continuing uncertainties. <i>CKJ: Clinical Kidney Journal</i> , 2018, 11, 236-245. | 2.9 | 130 |
| 23 | Visually fixating or tracking another person decreases balance control in young and older females walking in a real-world scenario. <i>Neuroscience Letters</i> , 2018, 677, 78-83. | 2.1 | 5 |
| 24 | A Comparison of Bilateral Muscular Imbalance Ratio Calculations Using Functional Tests. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 2216-2220. | 2.1 | 5 |
| 25 | Mechanisms of head stability during gait initiation in young and older women: A neuro-mechanical analysis. <i>Journal of Electromyography and Kinesiology</i> , 2018, 38, 103-110. | 1.7 | 24 |
| 26 | The effect of beach volleyball training on muscle performance of indoor volleyball players. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 1240-1246. | 0.7 | 9 |
| 27 | Outcomes of viscocanalostomy and phaco-viscocanalostomy in patients with advanced glaucoma. <i>Graefe's Archive for Clinical and Experimental Ophthalmology</i> , 2018, 256, 1481-1487. | 1.9 | 9 |
| 28 | Reliability of independent kinetic variables and measures of inter-limb asymmetry associated with bilateral drop-landing performance. <i>International Journal of Physical Education Fitness and Sports</i> , 2018, 7, 32-47. | 0.2 | 5 |
| 29 | Interplay between body stabilisation and quadriceps muscle activation capacity. <i>Journal of Electromyography and Kinesiology</i> , 2017, 34, 44-49. | 1.7 | 4 |
| 30 | Head flexion and different walking speeds do not affect gait stability in older females. <i>Human Movement Science</i> , 2017, 55, 87-93. | 1.4 | 8 |
| 31 | The role of agonist and antagonist muscles in explaining isometric knee extension torque variation with hip joint angle. <i>European Journal of Applied Physiology</i> , 2017, 117, 2039-2045. | 2.5 | 15 |
| 32 | Smooth pursuits decrease balance control during locomotion in young and older healthy females. <i>Experimental Brain Research</i> , 2017, 235, 2661-2668. | 1.5 | 3 |
| 33 | Eye Movements Affect Postural Control in Young and Older Females. <i>Frontiers in Aging Neuroscience</i> , 2016, 8, 216. | 3.4 | 41 |
| 34 | Validity and Reliability of Two Field-Based Leg Stiffness Devices: Implications for Practical Use. <i>Journal of Applied Biomechanics</i> , 2016, 32, 415-419. | 0.8 | 12 |
| 35 | Carrying shopping bags does not alter static postural stability and gait parameters in healthy older females. <i>Gait and Posture</i> , 2016, 46, 81-85. | 1.4 | 15 |
| 36 | Postural Stability of Older Female Scottish Country Dancers in Comparison With Physically Active Controls. <i>Journal of Aging and Physical Activity</i> , 2015, 23, 128-132. | 1.0 | 7 |

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|----|--|-----|-----------|
| 37 | Homogeneity of fascicle architecture following repeated contractions in the human gastrocnemius medialis. <i>Journal of Electromyography and Kinesiology</i> , 2015, 25, 870-875. | 1.7 | 5 |
| 38 | Intraday Reliability and Sensitivity of Four Functional Ability Tests in Older Women. <i>American Journal of Physical Medicine and Rehabilitation</i> , 2014, 93, 703-707. | 1.4 | 13 |
| 39 | Scottish Country Dance: Benefits to Functional Ability in Older Women. <i>Journal of Aging and Physical Activity</i> , 2014, 22, 146-153. | 1.0 | 13 |
| 40 | Test-Retest Reliability and Sensitivity of the Concept2 Dyno Dynamometer. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 1381-1385. | 2.1 | 6 |
| 41 | Loaded and Unloaded Marching: Implications for Fluid Replacement. <i>The Open Sports Sciences Journal</i> , 2014, 7, 16-21. | 0.4 | 0 |
| 42 | The effect of acute taurine ingestion on 3-km running performance in trained middle-distance runners. <i>Amino Acids</i> , 2013, 44, 555-561. | 2.7 | 57 |
| 43 | Effect of Back Squat Depth on Lower-Body Postactivation Potentiation. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 2997-3000. | 2.1 | 62 |
| 44 | Validity and reliability of the Myotest Pro wireless accelerometer in squat jumps. <i>Isokinetics and Exercise Science</i> , 2013, 21, 101-105. | 0.4 | 10 |
| 45 | Performance analytic processes in elite sport practice: An exploratory investigation of the perspectives of a sport scientist, coach and athlete. <i>International Journal of Performance Analysis in Sport</i> , 2012, 12, 468-483. | 1.1 | 38 |
| 46 | Heuristic Reasoning and the Observer's View: The Influence of Example-Availability on <i>ad-hoc</i> Frequency Judgments in Sport. <i>Journal of Applied Sport Psychology</i> , 2012, 24, 290-302. | 2.3 | 7 |
| 47 | Is maximum stimulation intensity required in the assessment of muscle activation capacity?. <i>Journal of Electromyography and Kinesiology</i> , 2012, 22, 873-877. | 1.7 | 9 |
| 48 | Effect of Different Types of Conditioning Contraction on Upper Body Postactivation Potentiation. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 143-148. | 2.1 | 47 |
| 49 | A Comparison of Isokinetic and Functional Methods of Assessing Bilateral Strength Imbalance. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 1553-1558. | 2.1 | 83 |
| 50 | Postactivation Potentiation Following Different Modes of Exercise. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 1911-1916. | 2.1 | 51 |
| 51 | Comparison of Two Anaerobic Water Polo-Specific Tests With the Wingate Test. <i>Journal of Strength and Conditioning Research</i> , 2009, 23, 336-340. | 2.1 | 14 |
| 52 | Resistance Training for Distance Running. <i>Strength and Conditioning Journal</i> , 2007, 29, 28-35. | 1.4 | 6 |
| 53 | Muscle activation assessment: Effects of method, stimulus number, and joint angle. <i>Muscle and Nerve</i> , 2006, 34, 740-746. | 2.2 | 49 |
| 54 | Bodyweight squats can induce post-activation performance enhancement on jumping performance: a brief report. <i>International Journal of Physical Education Fitness and Sports</i> , 0, , 31-36. | 0.2 | 2 |