

Theodoros M Bampouras

List of Publications by Year in descending order

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Version: 2024-02-01

54
papers

964
citations

567281

15
h-index

477307

29
g-index

56
all docs

56
docs citations

56
times ranked

1208
citing authors

#	ARTICLE	IF	CITATIONS
1	Frailty and chronic kidney disease: current evidence and continuing uncertainties. CKJ: Clinical Kidney Journal, 2018, 11, 236-245.	2.9	130
2	A Comparison of Isokinetic and Functional Methods of Assessing Bilateral Strength Imbalance. Journal of Strength and Conditioning Research, 2010, 24, 1553-1558.	2.1	83
3	Effect of Back Squat Depth on Lower-Body Postactivation Potentiation. Journal of Strength and Conditioning Research, 2013, 27, 2997-3000.	2.1	62
4	The effect of acute taurine ingestion on 3-km running performance in trained middle-distance runners. Amino Acids, 2013, 44, 555-561.	2.7	57
5	Postactivation Potentiation Following Different Modes of Exercise. Journal of Strength and Conditioning Research, 2010, 24, 1911-1916.	2.1	51
6	Muscle activation assessment: Effects of method, stimulus number, and joint angle. Muscle and Nerve, 2006, 34, 740-746.	2.2	49
7	Effect of Different Types of Conditioning Contraction on Upper Body Postactivation Potentiation. Journal of Strength and Conditioning Research, 2011, 25, 143-148.	2.1	47
8	Eye Movements Affect Postural Control in Young and Older Females. Frontiers in Aging Neuroscience, 2016, 8, 216.	3.4	41
9	Diagnostic Accuracy of Frailty Screening Methods in Advanced Chronic Kidney Disease. Nephron, 2019, 141, 147-155.	1.8	41
10	Frailty is independently associated with worse health-related quality of life in chronic kidney disease: a secondary analysis of the Frailty Assessment in Chronic Kidney Disease study. CKJ: Clinical Kidney Journal, 2020, 13, 85-94.	2.9	39
11	Performance analytic processes in elite sport practice: An exploratory investigation of the perspectives of a sport scientist, coach and athlete. International Journal of Performance Analysis in Sport, 2012, 12, 468-483.	1.1	38
12	Mechanisms of head stability during gait initiation in young and older women: A neuro-mechanical analysis. Journal of Electromyography and Kinesiology, 2018, 38, 103-110.	1.7	24
13	Ankle dorsiflexion range of motion is associated with kinematic but not kinetic variables related to bilateral drop-landing performance at various drop heights. Human Movement Science, 2019, 64, 320-328.	1.4	22
14	Should All Minimal Access Surgery Be Robot-Assisted? A Systematic Review into the Musculoskeletal and Cognitive Demands of Laparoscopic and Robot-Assisted Laparoscopic Surgery. Journal of Gastrointestinal Surgery, 2022, 26, 1520-1530.	1.7	21
15	Home-based exercise for people living with frailty and chronic kidney disease: A mixed-methods pilot randomised controlled trial. PLoS ONE, 2021, 16, e0251652.	2.5	17
16	Carrying shopping bags does not alter static postural stability and gait parameters in healthy older females. Gait and Posture, 2016, 46, 81-85.	1.4	15
17	The role of agonist and antagonist muscles in explaining isometric knee extension torque variation with hip joint angle. European Journal of Applied Physiology, 2017, 117, 2039-2045.	2.5	15
18	Comparison of Two Anaerobic Water Polo-Specific Tests With the Wingate Test. Journal of Strength and Conditioning Research, 2009, 23, 336-340.	2.1	14

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19	Intraday Reliability and Sensitivity of Four Functional Ability Tests in Older Women. American Journal of Physical Medicine and Rehabilitation, 2014, 93, 703-707.	1.4	13
20	Scottish Country Dance: Benefits to Functional Ability in Older Women. Journal of Aging and Physical Activity, 2014, 22, 146-153.	1.0	13
21	Validity and Reliability of Two Field-Based Leg Stiffness Devices: Implications for Practical Use. Journal of Applied Biomechanics, 2016, 32, 415-419.	0.8	12
22	The EX-FRAIL CKD trial: a study protocol for a pilot randomised controlled trial of a home-based EXercise programme for pre-frail and FRAIL, older adults with Chronic Kidney Disease. BMJ Open, 2020, 10, e035344.	1.9	11
23	High Intensity Interval Training (HIIT) as a Potential Countermeasure for Phenotypic Characteristics of Sarcopenia: A Scoping Review. Frontiers in Physiology, 2021, 12, 715044.	2.8	11
24	Validity and reliability of the Myotest Pro wireless accelerometer in squat jumps. Isokinetics and Exercise Science, 2013, 21, 101-105.	0.4	10
25	Is maximum stimulation intensity required in the assessment of muscle activation capacity?. Journal of Electromyography and Kinesiology, 2012, 22, 873-877.	1.7	9
26	The effect of beach volleyball training on muscle performance of indoor volleyball players. Journal of Sports Medicine and Physical Fitness, 2018, 58, 1240-1246.	0.7	9
27	Outcomes of viscocanalostomy and phaco-viscocanalostomy in patients with advanced glaucoma. Graefes's Archive for Clinical and Experimental Ophthalmology, 2018, 256, 1481-1487.	1.9	9
28	Head flexion and different walking speeds do not affect gait stability in older females. Human Movement Science, 2017, 55, 87-93.	1.4	8
29	Heuristic Reasoning and the Observer's View: The Influence of Example-Availability on <i>ad-hoc</i> Frequency Judgments in Sport. Journal of Applied Sport Psychology, 2012, 24, 290-302.	2.3	7
30	Postural Stability of Older Female Scottish Country Dancers in Comparison With Physically Active Controls. Journal of Aging and Physical Activity, 2015, 23, 128-132.	1.0	7
31	Resistance Training for Distance Running. Strength and Conditioning Journal, 2007, 29, 28-35.	1.4	6
32	Test-Retest Reliability and Sensitivity of the Concept2 Dyno Dynamometer. Journal of Strength and Conditioning Research, 2014, 28, 1381-1385.	2.1	6
33	Reliability of two-dimensional measures associated with bilateral drop-landing performance. Movement and Sports Sciences - Science Et Motricite, 2020, , 39-47.	0.3	6
34	WITHIN-SESSION RELIABILITY FOR INTER-LIMB ASYMMETRIES IN ANKLE DORSIFLEXION RANGE OF MOTION MEASURED DURING THE WEIGHT-BEARING LUNGE TEST. International Journal of Sports Physical Therapy, 2020, 15, 64-73.	1.3	6
35	Homogeneity of fascicle architecture following repeated contractions in the human gastrocnemius medialis. Journal of Electromyography and Kinesiology, 2015, 25, 870-875.	1.7	5
36	Visually fixating or tracking another person decreases balance control in young and older females walking in a real-world scenario. Neuroscience Letters, 2018, 677, 78-83.	2.1	5

#	ARTICLE	IF	CITATIONS
37	A Comparison of Bilateral Muscular Imbalance Ratio Calculations Using Functional Tests. Journal of Strength and Conditioning Research, 2018, 32, 2216-2220.	2.1	5
38	Restricted Unilateral Ankle Dorsiflexion Movement Increases Interlimb Vertical Force Asymmetries in Bilateral Bodyweight Squatting. Journal of Strength and Conditioning Research, 2020, 34, 332-336.	2.1	5
39	Reliability of independent kinetic variables and measures of inter-limb asymmetry associated with bilateral drop-landing performance. International Journal of Physical Education Fitness and Sports, 2018, 7, 32-47.	0.2	5
40	Interplay between body stabilisation and quadriceps muscle activation capacity. Journal of Electromyography and Kinesiology, 2017, 34, 44-49.	1.7	4
41	Improved Ankle Mobility After a 4-Week Training Program Affects Landing Mechanics: A Randomized Controlled Trial. Journal of Strength and Conditioning Research, 2022, 36, 1875-1883.	2.1	4
42	Smooth pursuits decrease balance control during locomotion in young and older healthy females. Experimental Brain Research, 2017, 235, 2661-2668.	1.5	3
43	Validation of a LiDAR-based player tracking system during football-specific tasks. Sports Engineering, 2022, 25, .	1.1	3
44	Weighted vests in CrossFit increase physiological stress during walking and running without changes in spatiotemporal gait parameters. Ergonomics, 2021, , 1-12.	2.1	2
45	Upper limb muscle strength and knee frontal plane projection angle asymmetries in female water-polo players. Sports Biomechanics, 2021, , 1-12.	1.6	2
46	An Off-season Plyometric and Resistance Training Programme to Improve Vertical Jump Height in Adolescent Female Volleyball Players. Journal of Science in Sport and Exercise, 2022, 4, 213-220.	1.0	2
47	Bodyweight squats can induce post-activation performance enhancement on jumping performance: a brief report. International Journal of Physical Education Fitness and Sports, 0, , 31-36.	0.2	2
48	Effect of environmental temperature change on the neuromechanical function of the quadriceps muscle. European Journal of Sport Science, 2021, 21, 1394-1402.	2.7	1
49	P0958THE EX-FRAIL CKD TRIAL: A PILOT RANDOMISED CONTROLLED TRIAL OF A HOME-BASED EXERCISE PROGRAMME FOR PRE-FRAIL AND FRAIL, OLDER ADULTS WITH CHRONIC KIDNEY DISEASE. Nephrology Dialysis Transplantation, 2020, 35, .	0.7	1
50	Restrictions in Ankle Dorsiflexion Range of Motion Alter Landing Kinematics But Not Movement Strategy When Fatigued. Journal of Sport Rehabilitation, 2021, 30, 911-919.	1.0	1
51	Loaded and Unloaded Marching: Implications for Fluid Replacement. The Open Sports Sciences Journal, 2014, 7, 16-21.	0.4	0
52	WITHIN-SESSION RELIABILITY FOR INTER-LIMB ASYMMETRIES IN ANKLE DORSIFLEXION RANGE OF MOTION MEASURED DURING THE WEIGHT-BEARING LUNGE TEST. International Journal of Sports Physical Therapy, 2020, 15, 64-73.	1.3	0
53	The EX-FRAIL CKD trial: A pilot RCT of a home-based Exercise programme for pre-FRAIL and FRAIL, older adults with CKD. Physiotherapy, 2021, 113, e7-e8.	0.4	0
54	What is the effect of ankle disk training and taping on proprioception deficit after lateral ankle sprains among active populations? â€” A systematic review. Journal of Bodywork and Movement Therapies, 2022, , .	1.2	0