

# Simon Rosenbaum, Aep

## List of Publications by Year in descending order

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Version: 2024-02-01

226  
papers

16,684  
citations

28274

55  
h-index

19190

118  
g-index

236  
all docs

236  
docs citations

236  
times ranked

14383  
citing authors

#	ARTICLE	IF	CITATIONS
1	The (over)use of SMART goals for physical activity promotion: A narrative review and critique. <i>Health Psychology Review</i> , 2023, 17, 211-226.	8.6	21
2	Implementation of physical activity interventions in a community-based youth mental healthcare service: A case study of context, strategies, and outcomes. <i>Microbial Biotechnology</i> , 2023, 17, 212-222.	1.7	1
3	Feasibility of an online, mental health-informed lifestyle program for people aged 60+ years during the COVID-19 pandemic. <i>Health Promotion Journal of Australia</i> , 2022, 33, 545-552.	1.2	6
4	Physical and mental health impact of COVID-19 on children, adolescents, and their families: The Collaborative Outcomes study on Health and Functioning during Infection Times - Children and Adolescents (COH-FIT-C&A). <i>Journal of Affective Disorders</i> , 2022, 299, 367-376.	4.1	33
5	Web-based exercise interventions for patients with depressive and anxiety disorders: a systematic review of randomized controlled trials. <i>Revista Brasileira De Psiquiatria</i> , 2022, 44, 331-341.	1.7	14
6	Mental contrasting and implementation of physical activity intentions in Ugandan primary care patients with mental health problems: A real-world intervention involving support partners. <i>Psychiatry Research</i> , 2022, 307, 114335.	3.3	5
7	Outcome assessments used in studies examining the effect of prescribed exercise interventions for people living with severe mental illness, a scoping review. <i>Mental Health and Physical Activity</i> , 2022, 22, 100438.	1.8	2
8	Social media interventions targeting exercise and diet behaviours in people with noncommunicable diseases (NCDs): A systematic review. <i>Internet Interventions</i> , 2022, 27, 100497.	2.7	15
9	Evaluating telehealth lifestyle therapy versus telehealth psychotherapy for reducing depression in adults with COVID-19 related distress: the curbing anxiety and depression using lifestyle medicine (CALM) randomised non-inferiority trial protocol. <i>BMC Psychiatry</i> , 2022, 22, 219.	2.6	3
10	Exercise and PTSD Symptoms in Emergency Service and Frontline Medical Workers: A Systematic Review. <i>Translational Journal of the American College of Sports Medicine</i> , 2022, 7, .	0.6	2
11	Implementing experience-based co-design to develop a physical activity programme in recovery-focused outpatient mental health services. <i>International Journal of Therapy and Rehabilitation</i> , 2022, 29, 1-16.	0.3	3
12	Integration of Mental Health into Emergency Preparedness and Response Planning for the Monsoon Season in Bangladesh. <i>Intervention</i> , 2022, 20, 114.	0.9	0
13	Promoting physical activity for mental health: an updated evidence review and practical guide. <i>Current Opinion in Psychiatry</i> , 2022, 35, 270-276.	6.3	11
14	Effects of yoga on depressive symptoms in people with mental disorders: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2021, 55, 992-1000.	6.7	67
15	Redefining mental healthcare: going multidisciplinary to manage multimorbidity. <i>British Journal of Sports Medicine</i> , 2021, 55, 7-8.	6.7	11
16	Relationship between sedentary behaviours and loneliness: Mediating role of fast food and soft drink consumption. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2021, 110, 907-908.	1.5	0
17	Self-Reported Physical and Mental Health of Informal Caregivers of Emergency Service Workers. <i>Journal of Loss and Trauma</i> , 2021, 26, 507-518.	1.5	6
18	The efficacy of meditation-based mind-body interventions for mental disorders: A meta-review of 17 meta-analyses of randomized controlled trials. <i>Journal of Psychiatric Research</i> , 2021, 134, 181-191.	3.1	35

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19	Updating goal-setting theory in physical activity promotion: a critical conceptual review. <i>Health Psychology Review</i> , 2021, 15, 34-50.	8.6	64
20	Reliability and Convergent Validity of Self-Reported Physical Activity Questionnaires for People With Mental Disorders: A Systematic Review and Meta-Analysis. <i>Journal of Physical Activity and Health</i> , 2021, 18, 109-115.	2.0	0
21	Key stakeholder perspectives on the development and real-world implementation of a home-based physical activity program for mothers at risk of postnatal depression: a qualitative study. <i>BMC Public Health</i> , 2021, 21, 361.	2.9	13
22	Test-retest reliability, concurrent validity and correlates of the two-minute walk test in outpatients with alcohol use disorder. <i>Alcohol</i> , 2021, 90, 74-79.	1.7	2
23	Dropout from exercise randomized controlled trials among people with anxiety and stress-related disorders: A meta-analysis and meta-regression. <i>Journal of Affective Disorders</i> , 2021, 282, 996-1004.	4.1	33
24	Mental Health Considerations for Exercise Practitioners Delivering Telehealth Services. <i>Bioengineered</i> , 2021, 10, 20-28.	3.2	3
25	A Mental Healthâ€œInformed Physical Activity Intervention for First Responders and Their Partners Delivered Using Facebook: Mixed Methods Pilot Study. <i>JMIR Formative Research</i> , 2021, 5, e23432.	1.4	14
26	Trauma and Mental Health Awareness in Emergency Service Workers: A Qualitative Evaluation of the Behind the Seen Education Workshops. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4418.	2.6	9
27	Exercise interventions for people diagnosed with cancer: a systematic review of implementation outcomes. <i>BMC Cancer</i> , 2021, 21, 643.	2.6	15
28	Exercise recommendations and referral patterns of oncology professionals. <i>Asia-Pacific Journal of Clinical Oncology</i> , 2021, , .	1.1	1
29	Editorial: Sports and Active Living During the Covid-19 Pandemic. <i>Frontiers in Sports and Active Living</i> , 2021, 3, 714986.	1.8	5
30	The anxiolytic effects of exercise for people with anxiety and related disorders: An update of the available meta-analytic evidence. <i>Psychiatry Research</i> , 2021, 302, 114046.	3.3	42
31	Feasibility of a mental health informed physical activity intervention for the carers of children with developmental and epileptic encephalopathy. <i>Epilepsy and Behavior</i> , 2021, 121, 108022.	1.7	2
32	Dose-dependent and joint associations between screen time, physical activity, and mental wellbeing in adolescents: an international observational study. <i>The Lancet Child and Adolescent Health</i> , 2021, 5, 729-738.	5.6	45
33	The experiences of peer-facilitators delivering a physical activity intervention for emergency service workers and their families. <i>Mental Health and Physical Activity</i> , 2021, 21, 100414.	1.8	5
34	Association between physical activity and leisure-time sedentary behavior among 140,808 adolescents aged 12 to 15 from 47 low- and middle-income countries. <i>Public Health</i> , 2021, 199, 1-9.	2.9	4
35	Barriers, Attitudes, Confidence and Knowledge of Mental Health and Psychosocial Humanitarian Staff in Coxâ€™s Bazar in Responding to Suicide Risk. <i>Intervention</i> , 2021, 19, 242.	0.9	2
36	Self-reported physical activity levels of the 2017 Royal Australian and New Zealand College of Psychiatrists (RANZCP) conference delegates and their exercise referral practices. <i>Journal of Mental Health</i> , 2020, 29, 565-572.	1.9	12

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37	Feeling states of people experiencing depression, anxiety, or comorbid depression and anxiety symptoms during a multi-day charity cycling ride: An ecological momentary assessment study. <i>Psychology of Sport and Exercise</i> , 2020, 47, 101489.	2.1	1
38	From impact factors to real impact: translating evidence on lifestyle interventions into routine mental health care. <i>Translational Behavioral Medicine</i> , 2020, 10, 1070-1073.	2.4	41
39	Exercise as Medicine for Mental and Substance Use Disorders: A Meta-review of the Benefits for Neuropsychiatric and Cognitive Outcomes. <i>Sports Medicine</i> , 2020, 50, 151-170.	6.5	222
40	Get Moving: Physical Activity and Exercise for Mental Health. , 2020, , 493-510.		0
41	Sedentary behavior and depression among community-dwelling adults aged ≥50 years: Results from the Irish longitudinal study on Ageing. <i>Journal of Affective Disorders</i> , 2020, 262, 389-396.	4.1	31
42	Does physical activity reduce the risk of psychosis? A systematic review and meta-analysis of prospective studies. <i>Psychiatry Research</i> , 2020, 284, 112675.	3.3	26
43	Stepping up early treatment for help-seeking youth with at-risk mental states: Feasibility and acceptability of a real-world exercise program. <i>Microbial Biotechnology</i> , 2020, 14, 450-462.	1.7	18
44	Keeping the body in mind: A qualitative analysis of the experiences of people experiencing first episode psychosis participating in a lifestyle intervention programme. <i>International Journal of Mental Health Nursing</i> , 2020, 29, 278-289.	3.8	21
45	Do we need physical activity guidelines for mental health: What does the evidence tell us?. <i>Mental Health and Physical Activity</i> , 2020, 18, 100315.	1.8	161
46	Implementing Exercise in Healthcare Settings: The Potential of Implementation Science. <i>Sports Medicine</i> , 2020, 50, 1-14.	6.5	35
47	High Intensity Interval training (HIIT) for people with severe mental illness: A systematic review & meta-analysis of intervention studies considering diverse approaches for mental and physical recovery. <i>Psychiatry Research</i> , 2020, 284, 112601.	3.3	36
48	Effectiveness of a brief lifestyle intervention targeting mental health staff: analysis of physical fitness and activity in the Keeping Our Staff in Mind study. <i>BMJ Open Sport and Exercise Medicine</i> , 2020, 6, e000761.	2.9	4
49	Australian exercise physiology student attitudes and knowledge towards people living with mental illness. <i>Journal of Mental Health Training, Education and Practice</i> , 2020, 15, 193-205.	0.7	2
50	Keeping our staff in mind: Dietary results of a lifestyle intervention targeting mental health staff. <i>Health Promotion Journal of Australia</i> , 2020, 32, 451-457.	1.2	3
51	An open trial of the RECONNECT exercise program for NSW Police Officers with posttraumatic stress disorder or psychological injury. <i>Health Promotion Journal of Australia</i> , 2020, , .	1.2	4
52	A meta-review of "lifestyle psychiatry": the role of exercise, smoking, diet and sleep in the prevention and treatment of mental disorders. <i>World Psychiatry</i> , 2020, 19, 360-380.	10.4	424
53	Obesity, physical activity and sleep quality in patients admitted to a posttraumatic stress inpatient ward. <i>Australasian Psychiatry</i> , 2020, 28, 270-273.	0.7	6
54	Feasibility and Acceptability of a Student-Led Lifestyle (Diet and Exercise) Intervention Within a Residential Rehabilitation Setting for People With Severe Mental Illness, GO HEART (Group) Tj ETQq0 0 0 rgBT /Overclock 10 Tfz50 57 Td		

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55	Upskilling Mental Health Nurses to Address the Burden of Poor Metabolic Health: A Mixed Method Evaluation. <i>Issues in Mental Health Nursing</i> , 2020, 41, 925-931.	1.2	2
56	Assessing physical activity in people with mental illness: 23-country reliability and validity of the simple physical activity questionnaire (SIMPAQ). <i>BMC Psychiatry</i> , 2020, 20, 108.	2.6	73
57	Test-retest reliability of the Italian version of the BACK questionnaire to assess the barriers, attitudes, confidence, and knowledge of mental health staff regarding metabolic health of psychiatric patients. <i>Brain and Behavior</i> , 2020, 10, e01491.	2.2	1
58	COVID-19: An Australian Perspective. <i>Journal of Loss and Trauma</i> , 2020, 25, 662-672.	1.5	54
59	Supporting better mental health services for rural Australians: Secondary analysis from the Australian National Social Survey. <i>Australian Journal of Rural Health</i> , 2020, 28, 122-123.	1.5	2
60	Changing health workforce attitudes to promote improved physical health in mental health service users: Keeping our Staff in Mind (KoSiM). <i>Health Promotion Journal of Australia</i> , 2020, 31, 447-455.	1.2	15
61	Is change in mental distress among adolescents predicted by sedentary behaviour or screen time? Results from the longitudinal population study The TromsÅ Study: Fit Futures. <i>BMJ Open</i> , 2020, 10, e035549.	1.9	9
62	Do exercise trials for adults with depression account for comorbid anxiety? A systematic review. <i>Mental Health and Physical Activity</i> , 2020, 18, 100320.	1.8	8
63	Test-retest reliability and correlates of the Simple Physical Activity Questionnaire in Ugandan out-patients with psychosis. <i>African Health Sciences</i> , 2020, 20, 1438-1445.	0.7	1
64	Test-retest reliability and correlates of the Simple Physical Activity Questionnaire in Ugandan out-patients with psychosis. <i>African Health Sciences</i> , 2020, 20, 1438-1445.	0.7	4
65	Dietary Intake, Adherence to Mediterranean Diet and Lifestyle-Related Factors in People with Schizophrenia. <i>Issues in Mental Health Nursing</i> , 2019, 40, 851-860.	1.2	11
66	Cannabis use and leisure-time sedentary behavior among 94,035 adolescents aged 12-15 years from 24 low- and middle-income countries. <i>Addictive Behaviors</i> , 2019, 99, 106104.	3.0	2
67	General strength and conditioning versus motor control with manual therapy for improving depressive symptoms in chronic low back pain: A randomised feasibility trial. <i>PLoS ONE</i> , 2019, 14, e0220442.	2.5	9
68	The Lancet Psychiatry Commission: a blueprint for protecting physical health in people with mental illness. <i>Lancet Psychiatry</i> , 2019, 6, 675-712.	7.4	815
69	Physical activity and loneliness among adults aged 50 years or older in six low- and middle-income countries. <i>International Journal of Geriatric Psychiatry</i> , 2019, 34, 1855-1864.	2.7	19
70	Prevalence of Chronic Health Conditions in Australian Adults with Depression and/or Anxiety. <i>Issues in Mental Health Nursing</i> , 2019, 40, 902-907.	1.2	12
71	Change in physical activity is not associated with change in mental distress among adolescents: the TromsÅ study: Fit Futures. <i>BMC Public Health</i> , 2019, 19, 916.	2.9	20
72	Protecting physical health in people with mental illness - Authors' reply. <i>Lancet Psychiatry</i> , 2019, 6, 890-891.	7.4	48

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73	Temporal trends in exercise physiology services in Australiaâ€”Implications for rural and remote service provision. <i>Australian Journal of Rural Health</i> , 2019, 27, 514-519.	1.5	0
74	Correlates of physical activity among 142,118 adolescents aged 12â€“15 years from 48 low- and middle-income countries. <i>Preventive Medicine</i> , 2019, 127, 105819.	3.4	26
75	Embedding an exercise professional within an inpatient mental health service: A qualitative study. <i>Mental Health and Physical Activity</i> , 2019, 17, 100300.	1.8	5
76	Physical activity protects from incident anxiety: A meta-analysis of prospective cohort studies. <i>Depression and Anxiety</i> , 2019, 36, 846-858.	4.1	226
77	The effectiveness of the Keeping the Body in Mind Xtend pilot lifestyle program on dietary intake in first-episode psychosis: Two-year outcomes. <i>Obesity Research and Clinical Practice</i> , 2019, 13, 214-216.	1.8	17
78	Mental health informed physical activity for first responders and their support partner: a protocol for a stepped-wedge evaluation of an online, codesigned intervention. <i>BMJ Open</i> , 2019, 9, e030668.	1.9	16
79	Correlates of leisure-time sedentary behavior among 181,793 adolescents aged 12-15 years from 66 low- and middle-income countries. <i>PLoS ONE</i> , 2019, 14, e0224339.	2.5	20
80	Implementation barriers and facilitators of an integrated multidisciplinary lifestyle enhancing treatment for inpatients with severe mental illness: the MULTI study IV. <i>BMC Health Services Research</i> , 2019, 19, 740.	2.2	31
81	Associations between ability to recognise a mental health disorder and lived experience of mental illness in an Australian sample.. <i>Psychiatry Research</i> , 2019, 272, 206-208.	3.3	9
82	Health benefits, safety and cost of physical activity interventions for mental health conditions: A meta-review to inform translation efforts. <i>Mental Health and Physical Activity</i> , 2019, 16, 140-151.	1.8	60
83	Exercise and mental health literacy in an Australian adult population. <i>Depression and Anxiety</i> , 2019, 36, 465-472.	4.1	8
84	Does exercise improve sleep quality in individuals with mental illness? A systematic review and meta-analysis. <i>Journal of Psychiatric Research</i> , 2019, 109, 96-106.	3.1	83
85	Sedentary Behavior and Quality of Life in People with Psychotic Disorders from a Low Income Country: A Study from Uganda. <i>Community Mental Health Journal</i> , 2019, 55, 714-720.	2.0	1
86	Validity and correlates of the International Physical Activity Questionnaire in first-episode psychosis. <i>Microbial Biotechnology</i> , 2019, 13, 562-567.	1.7	11
87	Physical activity as a psychosocial intervention among Rohingya refugees in Bangladesh: a rapid ecological community assessment. <i>Intervention</i> , 2019, 17, 140.	0.9	3
88	Investigating Exercise for Anxiety and Depression Treatment: A Case Report. <i>Bioengineered</i> , 2019, 8, 115-120.	3.2	0
89	Cardio-metabolic risk and its management in a cohort of clozapine-treated outpatients. <i>Schizophrenia Research</i> , 2018, 199, 367-373.	2.0	34
90	Grip Strength Is Associated With Cognitive Performance in Schizophrenia and the General Population: A UK Biobank Study of 476559 Participants. <i>Schizophrenia Bulletin</i> , 2018, 44, 728-736.	4.3	62

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91	Physical Activity and Incident Depression: A Meta-Analysis of Prospective Cohort Studies. <i>American Journal of Psychiatry</i> , 2018, 175, 631-648.	7.2	933
92	Adjunctive nutrients in first-episode psychosis: A systematic review of efficacy, tolerability and neurobiological mechanisms. <i>Microbial Biotechnology</i> , 2018, 12, 774-783.	1.7	17
93	Improving the health of mental health staff through exercise interventions: a systematic review. <i>Journal of Mental Health</i> , 2018, 27, 184-191.	1.9	32
94	2-year follow-up: Still keeping the body in mind. <i>Australian and New Zealand Journal of Psychiatry</i> , 2018, 52, 602-603.	2.3	11
95	Adherence to physical activity recommendations and physical and mental health risk in people with severe mental illness in Uganda. <i>Psychiatry Research</i> , 2018, 260, 236-240.	3.3	11
96	Is autonomous motivation the key to maintaining an active lifestyle in first-episode psychosis?. <i>Microbial Biotechnology</i> , 2018, 12, 821-827.	1.7	27
97	Physical activity correlates among people with psychosis: Data from 47 low- and middle-income countries. <i>Schizophrenia Research</i> , 2018, 193, 412-417.	2.0	25
98	Implementation in action: how Australian Exercise Physiologists approach exercise prescription for people with mental illness. <i>Journal of Mental Health</i> , 2018, 27, 150-156.	1.9	22
99	The Validity and Value of Self-reported Physical Activity and Accelerometry in People With Schizophrenia: A Population-Scale Study of the UK Biobank. <i>Schizophrenia Bulletin</i> , 2018, 44, 1293-1300.	4.3	77
100	Treating depression with physical activity in adolescents and young adults: a systematic review and meta-analysis of randomised controlled trials. <i>Psychological Medicine</i> , 2018, 48, 1068-1083.	4.5	204
101	Physical activity and suicidal ideation: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2018, 225, 438-448.	4.1	140
102	Do we need to reconsider best practice in goal setting for physical activity promotion?. <i>British Journal of Sports Medicine</i> , 2018, 52, 485-486.	6.7	17
103	Gender differences in motives for physical activity across the stages of change in Ugandan outpatients with psychosis. <i>Schizophrenia Research</i> , 2018, 197, 568-569.	2.0	4
104	Sport-Related Concussion and Mental Health Outcomes in Elite Athletes: A Systematic Review. <i>Sports Medicine</i> , 2018, 48, 447-465.	6.5	134
105	Differential Experimental Effects of a Short Bout of Walking, Meditation, or Combination of Walking and Meditation on State Anxiety Among Young Adults. <i>American Journal of Health Promotion</i> , 2018, 32, 949-958.	1.7	18
106	Effect of aerobic exercise on hippocampal volume in humans: A systematic review and meta-analysis. <i>NeuroImage</i> , 2018, 166, 230-238.	4.2	334
107	A Novel Landscape for Understanding Physical and Mental Health: Body Mapping Research with Youth Experiencing Psychosis. <i>Art/Research International</i> , 2018, 3, 236-261.	0.1	14
108	Physical activity and mental health. <i>Lancet Psychiatry</i> , 2018, 5, 873.	7.4	46

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109	The utility of two interview-based physical activity questionnaires in healthy young adults: Comparison with accelerometer data. PLoS ONE, 2018, 13, e0203525.	2.5	23
110	Exercise Interventions in Secure and Forensic Services. , 2018, , 209-216.		1
111	Research and Evaluation in Exercise and Mental Health. , 2018, , 301-317.		0
112	Association of lifestyle-related factors and psychological factors on quality of life in people with schizophrenia. Psychiatry Research, 2018, 267, 382-393.	3.3	23
113	Evaluating the Feasibility of a Pilot Exercise Intervention Implemented Within a Residential Rehabilitation Unit for People With Severe Mental Illness: GO HEART: (Group Occupational Health) Tj ETQq1 1 0.784314 rgBT18Overlook	1.0	1
114	Exercise and Posttraumatic Stress Disorder. , 2018, , 375-387.		1
115	The Role of Sport, Exercise, and Physical Activity in Closing the Life Expectancy Gap for People with Mental Illness: An International Consensus Statement by Exercise and Sports Science Australia, American College of Sports Medicine, British Association of Sport and Exercise Science, and Sport and Exercise Science New Zealand. Translational Journal of the American College of Sports Medicine, 2018, 2, 72-79.	0.6	27
116	Physical Activity Levels and Psychosis: A Mediation Analysis of Factors Influencing Physical Activity Target Achievement Among 204 186 People Across 46 Low- and Middle-Income Countries. Schizophrenia Bulletin, 2017, 43, sbw111.	4.3	49
117	Aerobic Exercise Improves Cognitive Functioning in People With Schizophrenia: A Systematic Review and Meta-Analysis. Schizophrenia Bulletin, 2017, 43, sbw115.	4.3	270
118	Tackling mental health: the role of professional football clubs. Sport in Society, 2017, 20, 281-291.	1.2	19
119	Cardiorespiratory Fitness in Severe Mental Illness: A Systematic Review and Meta-analysis. Sports Medicine, 2017, 47, 343-352.	6.5	170
120	A critical review of exercise as a treatment for clinically depressed adults: time to get pragmatic. Acta Neuropsychiatrica, 2017, 29, 65-71.	2.1	42
121	Chronic physical conditions, multimorbidity and physical activity across 46 low- and middle-income countries. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 6.	4.6	115
122	An examination of the anxiolytic effects of exercise for people with anxiety and stress-related disorders: A meta-analysis. Psychiatry Research, 2017, 249, 102-108.	3.3	402
123	Are people with schizophrenia adherent to diabetes medication? A comparative meta-analysis. Psychiatry Research, 2017, 250, 17-24.	3.3	19
124	The effects of vitamin and mineral supplementation on symptoms of schizophrenia: a systematic review and meta-analysis. Psychological Medicine, 2017, 47, 1515-1527.	4.5	58
125	Movement for movement: exercise as everybody's business?. British Journal of Sports Medicine, 2017, 51, 767-768.	6.7	29
126	Can smartphone mental health interventions reduce symptoms of anxiety? A meta-analysis of randomized controlled trials. Journal of Affective Disorders, 2017, 218, 15-22.	4.1	552



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127	Physical activity and sedentary behavior in people with major depressive disorder: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2017, 210, 139-150.	4.1	411
128	Perceived Stress and Its Relationship With Chronic Medical Conditions and Multimorbidity Among 229,293 Community-Dwelling Adults in 44 Low- and Middle-Income Countries. <i>American Journal of Epidemiology</i> , 2017, 186, 979-989.	3.4	62
129	Higher cardio-respiratory fitness is associated with increased mental and physical quality of life in people with bipolar disorder: A controlled pilot study. <i>Psychiatry Research</i> , 2017, 256, 219-224.	3.3	16
130	Embedding exercise interventions as routine mental health care: implementation strategies in residential, inpatient and community settings. <i>Australasian Psychiatry</i> , 2017, 25, 451-455.	0.7	61
131	Physical activity correlates among 24,230 people with depression across 46 low- and middle-income countries. <i>Journal of Affective Disorders</i> , 2017, 221, 81-88.	4.1	21
132	Exercise works for depression: bridging the implementation gap and making exercise a core component of treatment. <i>Acta Neuropsychiatrica</i> , 2017, 29, 124-126.	2.1	6
133	Solving a weighty problem: Systematic review and meta-analysis of nutrition interventions in severe mental illness. <i>British Journal of Psychiatry</i> , 2017, 210, 110-118.	2.8	153
134	Sedentary behavior and physical activity levels in people with schizophrenia, bipolar disorder and major depressive disorder: a global systematic review and meta-analysis. <i>World Psychiatry</i> , 2017, 16, 308-315.	10.4	600
135	The efficacy of smartphone-based mental health interventions for depressive symptoms: a meta-analysis of randomized controlled trials. <i>World Psychiatry</i> , 2017, 16, 287-298.	10.4	755
136	Role Of Physical Activity In Closing The Life Expectancy Gap of People With Mental Illness. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 842-843.	0.4	5
137	Is the link between movement and mental health a two-way street? Prospective associations between physical activity, sedentary behaviour and depressive symptoms among women living in socioeconomically disadvantaged neighbourhoods. <i>Preventive Medicine</i> , 2017, 102, 72-78.	3.4	29
138	Modifiable cardiometabolic risk factors in youth with at-risk mental states: A cross-sectional pilot study. <i>Psychiatry Research</i> , 2017, 257, 424-430.	3.3	14
139	Comorbidity of depression and anxiety in exercise research. <i>Lancet Psychiatry</i> , 2017, 4, 519.	7.4	12
140	Lifestyle interventions to reduce premature mortality in schizophrenia. <i>Lancet Psychiatry</i> , 2017, 4, e14.	7.4	10
141	Physical activity and anxiety: A perspective from the World Health Survey. <i>Journal of Affective Disorders</i> , 2017, 208, 545-552.	4.1	211
142	Physical fitness in people with posttraumatic stress disorder: a systematic review. <i>Disability and Rehabilitation</i> , 2017, 39, 2461-2467.	1.8	36
143	The Validity and Reliability Characteristics of the M-BACK Questionnaire to Assess the Barriers, Attitudes, Confidence, and Knowledge of Mental Health Staff Regarding Metabolic Health of Mental Health Service Users. <i>Frontiers in Public Health</i> , 2017, 5, 321.	2.7	14
144	O Exercício como Uma Ferramenta Terapêutica Essencial na Saúde Mental: Encurtando a Diferença Entre a Pesquisa e a Prática, Uma Perspetiva Portuguesa. <i>Acta Medica Portuguesa</i> , 2017, 30, 354.	0.4	4

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145	Exercise and Posttraumatic Stress Disorder. , 2017, , 1-13.		0
146	The Effect of Exercise on Mental Health in Medicine and Allied Health Students. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 1054.	0.4	0
147	The Roles of Exercise and Yoga in Ameliorating Depression as a Risk Factor for Cognitive Decline. <i>Evidence-based Complementary and Alternative Medicine</i> , 2016, 2016, 1-9.	1.2	13
148	Breaking down the silos of treatment for post-traumatic stress disorder: integrating mind and body. <i>Medical Journal of Australia</i> , 2016, 204, 337-338.	1.7	3
149	Exercise for depression in older adults: a meta-analysis of randomized controlled trials adjusting for publication bias. <i>Revista Brasileira De Psiquiatria</i> , 2016, 38, 247-254.	1.7	160
150	Type 2 Diabetes Among People With Posttraumatic Stress Disorder. <i>Psychosomatic Medicine</i> , 2016, 78, 465-473.	2.0	73
151	Among Inpatients, Posttraumatic Stress Disorder Symptom Severity Is Negatively Associated With Time Spent Walking. <i>Journal of Nervous and Mental Disease</i> , 2016, 204, 15-19.	1.0	16
152	How can we increase physical activity and exercise among youth experiencing first-episode psychosis? A systematic review of intervention variables. <i>Microbial Biotechnology</i> , 2016, 10, 435-440.	1.7	22
153	Preventing antipsychotic-induced weight gain in first-episode psychosis: Transitioning dietitians into routine care. <i>Nutrition and Dietetics</i> , 2016, 73, 303-304.	1.8	3
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