

# Adrienne S Juarascio

## List of Publications by Year in descending order

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Version: 2024-02-01

57  
papers

1,747  
citations

279798

23  
h-index

302126

39  
g-index

61  
all docs

61  
docs citations

61  
times ranked

2038  
citing authors

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 1  | A Randomized Controlled Trial of CBT+: A Clinician-Controlled, Just-In-Time, Adjunctive Intervention for Bulimia-Spectrum Disorders. <i>Behavior Modification</i> , 2023, 47, 551-572.   | 1.6 | 10        |
| 2  | Latent trajectories of symptom change during cognitive-behavior therapy predict post-treatment worsening of symptoms: a preliminary examination among outpatients with bulimia-spectrum eating disorders. <i>Eating and Weight Disorders</i> , 2022, 27, 2257-2264.                | 2.5 | 3         |
| 3  | Associations between fear of weight gain and exercise in binge-spectrum eating disorders. <i>Eating and Weight Disorders</i> , 2022, 27, 2121-2128.  | 2.5 | 5         |
| 4  | Momentary associations between fear of weight gain and dietary restriction among individuals with binge-spectrum eating disorders. <i>International Journal of Eating Disorders</i> , 2022, 55, 541-552.   | 4.0 | 3         |
| 5  | Self-regulation deficits moderate treatment outcomes in a clinical trial evaluating just-in-time adaptive interventions as an augmentation to cognitive-behavioral therapy for bulimia-spectrum eating disorders. <i>International Journal of Eating Disorders</i> , 2022, . . .   | 4.0 | 1         |
| 6  | Associations between emotion regulation and remission following cognitive behavioural therapy for adults with bulimia nervosa. <i>European Eating Disorders Review</i> , 2022, 30, 426-434.  | 4.1 | 3         |
| 7  | Using virtual reality to train inhibitory control and reduce binge eating: A proof-of-concept study. <i>Appetite</i> , 2021, 157, 104988.  | 3.7 | 17        |
| 8  | The project COMPASS protocol: Optimizing mindfulness and acceptance-based behavioral treatment for binge-eating spectrum disorders. <i>International Journal of Eating Disorders</i> , 2021, 54, 451-458.  | 4.0 | 7         |
| 9  | Elevated cognitive dietary restraint mediates the relationship between greater impulsivity and more frequent binge eating in individuals with binge-spectrum eating disorders. <i>Eating and Weight Disorders</i> , 2021, 26, 2795-2800.   | 2.5 | 6         |
| 10 | Mindfulness and acceptance-based behavioral treatment for bulimia-spectrum disorders: A pilot feasibility randomized trial. <i>International Journal of Eating Disorders</i> , 2021, 54, 1270-1277.  | 4.0 | 16        |
| 11 | State emotion modulation and loss-of-control eating in individuals with obesity: A preliminary ecological momentary assessment study. <i>Eating Behaviors</i> , 2021, 41, 101478.  | 2.0 | 4         |
| 12 | A Clinician-Controlled Just-in-time Adaptive Intervention System (CBT+) Designed to Promote Acquisition and Utilization of Cognitive Behavioral Therapy Skills in Bulimia Nervosa: Development and Preliminary Evaluation Study. <i>JMIR Formative Research</i> , 2021, 5, e18261. | 1.4 | 23        |
| 13 | Comparing ecological momentary assessment to sensor-based approaches in predicting dietary lapse. <i>Translational Behavioral Medicine</i> , 2021, 11, 2099-2109.  | 2.4 | 8         |
| 14 | Validation of the food craving Acceptance and action questionnaire (FAAQ) in a weight loss-seeking sample. <i>Appetite</i> , 2021, 168, 105680.  | 3.7 | 1         |
| 15 | Be ACTIVE! mindfulness and acceptance-based interventions for physical activity engagement in adolescents. <i>Translational Behavioral Medicine</i> , 2021, . . .  | 2.4 | 1         |
| 16 | Characterizing reasons for exercise in binge-spectrum eating disorders. <i>Eating Behaviors</i> , 2021, 43, 101558.  | 2.0 | 14        |
| 17 | COVID-19 and binge eating: Patient perceptions of eating disorder symptoms, tele-therapy, and treatment implications. <i>Current Psychology</i> , 2021, 40, 6249-6258.   | 2.8 | 33        |
| 18 | Do momentary changes in body dissatisfaction predict binge eating episodes? An ecological momentary assessment study. <i>Eating and Weight Disorders</i> , 2021, 26, 395-400.  | 2.5 | 14        |

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|----|---|-----|-----------|
| 19 | Eating expectancies and hedonic hunger among individuals with bulimia spectrum eating disorders who plan binge eating episodes. <i>International Journal of Eating Disorders</i> , 2021, 55, 120.                                       | 4.0 | 0         |
| 20 | Differences in eating disorder symptoms and affect regulation for residential eating disorder patients with problematic substance use. <i>Eating and Weight Disorders</i> , 2020, 25, 1805-1811.  | 2.5 | 3         |
| 21 | Examining intra-individual variability in food-related inhibitory control and negative affect as predictors of binge eating using ecological momentary assessment. <i>Journal of Psychiatric Research</i> , 2020, 120, 137-143.         | 3.1 | 44        |
| 22 | Comprehensive Cognitive-Behavioral Interventions Augment Diaphragmatic Breathing for Rumination Syndrome: A Proof-of-Concept Trial. <i>Digestive Diseases and Sciences</i> , 2020, 66, 3461-3469.                                       | 2.3 | 10        |
| 23 | The application of continuous glucose monitoring technology to eating disorders research: An idea worth researching. <i>International Journal of Eating Disorders</i> , 2020, 53, 1901-1905.  | 4.0 | 9         |
| 24 | Hedonic hunger as a mechanism of action in outpatient cognitive behavioral therapy for bulimia nervosa. <i>International Journal of Eating Disorders</i> , 2020, 53, 1539-1543.   | 4.0 | 1         |
| 25 | The momentary interplay of affect, attention bias, and expectancies as predictors of binge eating in the natural environment. <i>International Journal of Eating Disorders</i> , 2020, 53, 586-594.                                     | 4.0 | 36        |
| 26 | An exploratory component analysis of emotion regulation strategies for improving emotion regulation and emotional eating. <i>Appetite</i> , 2020, 150, 104634.  | 3.7 | 19        |
| 27 | Development and validation of a progress monitoring tool tailored for use in intensive eating disorder treatment. <i>European Eating Disorders Review</i> , 2020, 28, 223-236.  | 4.1 | 7         |
| 28 | Momentary changes in heart rate variability can detect risk for emotional eating episodes. <i>Appetite</i> , 2020, 152, 104698.   | 3.7 | 18        |
| 29 | Can the artificial intelligence technique of reinforcement learning use continuously-monitored digital data to optimize treatment for weight loss?. <i>Journal of Behavioral Medicine</i> , 2019, 42, 276-290.                          | 2.1 | 28        |
| 30 | Moving beyond self-report data collection in the natural environment: A review of the past and future directions for ambulatory assessment in eating disorders. <i>International Journal of Eating Disorders</i> , 2019, 52, 1157-1175. | 4.0 | 24        |
| 31 | Diagnosis and Treatment of Rumination Syndrome: A Critical Review. <i>American Journal of Gastroenterology</i> , 2019, 114, 562-578.  | 0.4 | 54        |
| 32 | Randomized controlled trial of OnTrack, a just-in-time adaptive intervention designed to enhance weight loss. <i>Translational Behavioral Medicine</i> , 2019, 9, 989-1001.   | 2.4 | 46        |
| 33 | Impulsivity and affect reactivity prospectively predict disordered eating attitudes in adolescents: a 6-year longitudinal study. <i>European Child and Adolescent Psychiatry</i> , 2019, 28, 1193-1202.                                 | 4.7 | 12        |
| 34 | From Ecological Momentary Assessment (EMA) to Ecological Momentary Intervention (EMI): Past and Future Directions for Ambulatory Assessment and Interventions in Eating Disorders. <i>Current Psychiatry Reports</i> , 2019, 21, 53.    | 4.5 | 51        |
| 35 | Mechanisms and moderators in mindfulness and acceptance based treatments for binge eating spectrum disorders: A systematic review. <i>European Eating Disorders Review</i> , 2019, 27, 352-380.   | 4.1 | 20        |
| 36 | Developing more efficient, effective, and disseminable treatments for eating disorders: an overview of the multiphase optimization strategy. <i>Eating and Weight Disorders</i> , 2019, 24, 983-995.                                    | 2.5 | 7         |

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|----|--|-----|-----------|
| 37 | OnTrack: development and feasibility of a smartphone app designed to predict and prevent dietary lapses. <i>Translational Behavioral Medicine</i> , 2019, 9, 236-245.  | 2.4 | 50        |
| 38 | Just-in-time adaptive interventions: A novel approach for enhancing skill utilization and acquisition in cognitive behavioral therapy for eating disorders. <i>International Journal of Eating Disorders</i> , 2018, 51, 826-830.                              | 4.0 | 48        |
| 39 | A pilot study of an acceptance-based behavioral treatment for binge eating disorder. <i>Journal of Contextual Behavioral Science</i> , 2017, 6, 1-7.   | 2.6 | 13        |
| 40 | Return of the JITAI: Applying a Just-in-Time Adaptive Intervention Framework to the Development of m-Health Solutions for Addictive Behaviors. <i>International Journal of Behavioral Medicine</i> , 2017, 24, 673-682.  | 1.7 | 69        |
| 41 | An investigation of negative affect, reactivity, and distress tolerance as predictors of disordered eating attitudes across adolescence. <i>Journal of Adolescence</i> , 2016, 49, 91-98.  | 2.4 | 16        |
| 42 | Does impulsivity predict outcome in treatment for binge eating disorder? A multimodal investigation. <i>Appetite</i> , 2016, 105, 172-179.   | 3.7 | 47        |
| 43 | Experiential acceptance, motivation for recovery, and treatment outcome in eating disorders. <i>Eating and Weight Disorders</i> , 2016, 21, 205-210.   | 2.5 | 21        |
| 44 | Slowing down and taking a second look: Inhibitory deficits associated with binge eating are not food-specific. <i>Appetite</i> , 2016, 96, 555-559.  | 3.7 | 57        |
| 45 | Shame among people living with HIV: a literature review. <i>AIDS Care - Psychological and Socio-Medical Aspects of AIDS/HIV</i> , 2016, 28, 87-91.   | 1.2 | 62        |
| 46 | Do executive functioning deficits underpin binge eating disorder? A comparison of overweight women with and without binge eating pathology. <i>International Journal of Eating Disorders</i> , 2015, 48, 677-683.  | 4.0 | 80        |
| 47 | The independent and interacting effects of hedonic hunger and executive function on binge eating. <i>Appetite</i> , 2015, 89, 16-21.   | 3.7 | 44        |
| 48 | Perceptions of the feasibility and acceptability of a smartphone application for the treatment of binge eating disorders: Qualitative feedback from a user population and clinicians. <i>International Journal of Medical Informatics</i> , 2015, 84, 808-816. | 3.3 | 65        |
| 49 | Acceptance-based treatment and quality of life among patients with an eating disorder. <i>Journal of Contextual Behavioral Science</i> , 2015, 4, 42-47.   | 2.6 | 7         |
| 50 | Could training executive function improve treatment outcomes for eating disorders?. <i>Appetite</i> , 2015, 90, 187-193.   | 3.7 | 81        |
| 51 | Review of Smartphone Applications for the Treatment of Eating Disorders. <i>European Eating Disorders Review</i> , 2015, 23, 1-11.   | 4.1 | 114       |
| 52 | Acceptance and Commitment Therapy as a Novel Treatment for Eating Disorders. <i>Behavior Modification</i> , 2013, 37, 459-489.   | 1.6 | 116       |
| 53 | Baseline eating disorder severity predicts response to an acceptance and commitment therapy-based group treatment. <i>Journal of Contextual Behavioral Science</i> , 2013, 2, 74-78.   | 2.6 | 8         |
| 54 | Implicit internalization of the thin ideal as a predictor of increases in weight, body dissatisfaction, and disordered eating. <i>Eating Behaviors</i> , 2011, 12, 207-213.  | 2.0 | 39        |

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|----|---|-----|-----------|
| 55 | A Pilot Study of Acceptance and Commitment Therapy for Promotion of Physical Activity. <i>Journal of Physical Activity and Health</i> , 2011, 8, 516-522. | 2.0 | 120       |
| 56 | Moderators of the Relationship Between Body Image Dissatisfaction and Disordered Eating. <i>Eating Disorders</i> , 2011, 19, 346-354.                     | 3.0 | 38        |
| 57 | Pro-Eating Disorder Communities on Social Networking Sites: A Content Analysis. <i>Eating Disorders</i> , 2010, 18, 393-407.                              | 3.0 | 91        |