

Ashley E Mason

List of Publications by Year in descending order

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Version: 2024-02-01

49
papers

1,802
citations

331670

21
h-index

276875

41
g-index

54
all docs

54
docs citations

54
times ranked

2863
citing authors

#	ARTICLE	IF	CITATIONS
1	An Online Intervention Comparing a Very Low-Carbohydrate Ketogenic Diet and Lifestyle Recommendations Versus a Plate Method Diet in Overweight Individuals With Type 2 Diabetes: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2017, 19, e36.	4.3	190
2	Twelve-month outcomes of a randomized trial of a moderate-carbohydrate versus very low-carbohydrate diet in overweight adults with type 2 diabetes mellitus or prediabetes. <i>Nutrition and Diabetes</i> , 2017, 7, 304.	3.2	154
3	Effects of a mindfulness-based intervention on mindful eating, sweets consumption, and fasting glucose levels in obese adults: data from the SHINE randomized controlled trial. <i>Journal of Behavioral Medicine</i> , 2016, 39, 201-213.	2.1	124
4	Excessive Sugar Consumption May Be a Difficult Habit to Break: A View From the Brain and Body. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015, 100, 2239-2247.	3.6	108
5	Feasibility of continuous fever monitoring using wearable devices. <i>Scientific Reports</i> , 2020, 10, 21640.	3.3	99
6	Chronic stress increases vulnerability to diet-related abdominal fat, oxidative stress, and metabolic risk. <i>Psychoneuroendocrinology</i> , 2014, 46, 14-22.	2.7	98
7	An Intricate Dance: Life Experience, Multisystem Resiliency, and Rate of Telomere Decline Throughout the Lifespan. <i>Social and Personality Psychology Compass</i> , 2012, 6, 807-825.	3.7	94
8	Reduced reward-driven eating accounts for the impact of a mindfulness-based diet and exercise intervention on weight loss: Data from the SHINE randomized controlled trial. <i>Appetite</i> , 2016, 100, 86-93.	3.7	90
9	Systematic and Cell Type-Specific Telomere Length Changes in Subsets of Lymphocytes. <i>Journal of Immunology Research</i> , 2016, 2016, 1-9.	2.2	84
10	A Mitochondrial Health Index Sensitive to Mood and Caregiving Stress. <i>Biological Psychiatry</i> , 2018, 84, 9-17.	1.3	82
11	Testing a mobile mindful eating intervention targeting craving-related eating: feasibility and proof of concept. <i>Journal of Behavioral Medicine</i> , 2018, 41, 160-173.	2.1	69
12	The Reward-Based Eating Drive Scale: A Self-Report Index of Reward-Based Eating. <i>PLoS ONE</i> , 2014, 9, e101350.	2.5	67
13	Can Mindfulness Address Maladaptive Eating Behaviors? Why Traditional Diet Plans Fail and How New Mechanistic Insights May Lead to Novel Interventions. <i>Frontiers in Psychology</i> , 2018, 9, 1418.	2.1	46
14	Facing a breakup: Electromyographic responses moderate self-concept recovery following a romantic separation. <i>Personal Relationships</i> , 2012, 19, 551-568.	1.5	35
15	Improving Assessment of the Spectrum of Reward-Related Eating: The RED-13. <i>Frontiers in Psychology</i> , 2017, 8, 795.	2.1	35
16	Anger Is Associated with Increased IL-6 Stress Reactivity in Women, But Only Among Those Low in Social Support. <i>International Journal of Behavioral Medicine</i> , 2014, 21, 936-945.	1.7	34
17	Acute responses to opioidergic blockade as a biomarker of hedonic eating among obese women enrolled in a mindfulness-based weight loss intervention trial. <i>Appetite</i> , 2015, 91, 311-320.	3.7	34
18	Expressive Writing Can Impede Emotional Recovery Following Marital Separation. <i>Clinical Psychological Science</i> , 2013, 1, 120-134.	4.0	32

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19	Association of a Workplace Sales Ban on Sugar-Sweetened Beverages With Employee Consumption of Sugar-Sweetened Beverages and Health. <i>JAMA Internal Medicine</i> , 2020, 180, 9.	5.1	28
20	Preparation of pure populations of covalently stabilized amyloid β -protein oligomers of specific sizes. <i>Analytical Biochemistry</i> , 2017, 518, 78-85.	2.4	26
21	Stress resilience: Narrative identity may buffer the longitudinal effects of chronic caregiving stress on mental health and telomere shortening. <i>Brain, Behavior, and Immunity</i> , 2019, 77, 101-109.	4.1	24
22	Weight Loss Maintenance and Cellular Aging in the Supporting Health Through Nutrition and Exercise Study. <i>Psychosomatic Medicine</i> , 2018, 80, 609-619.	2.0	23
23	Putting the brakes on the "drive to eat": Pilot effects of naltrexone and reward-based eating on food cravings among obese women. <i>Eating Behaviors</i> , 2015, 19, 53-56.	2.0	20
24	Metrics from Wearable Devices as Candidate Predictors of Antibody Response Following Vaccination against COVID-19: Data from the Second TemPredict Study. <i>Vaccines</i> , 2022, 10, 264.	4.4	16
25	Thin-Slicing Divorce. <i>Psychological Science</i> , 2010, 21, 1420-1422.	3.3	15
26	Chronic stress is associated with reduced circulating hematopoietic progenitor cell number: A maternal caregiving model. <i>Brain, Behavior, and Immunity</i> , 2017, 59, 245-252.	4.1	15
27	Sleep complaints predict increases in resting blood pressure following marital separation.. <i>Health Psychology</i> , 2014, 33, 1204-1213.	1.6	14
28	A Rural-Urban Comparison in Emergency Department Visits for U.S. Children with Autism Spectrum Disorder. <i>Journal of Autism and Developmental Disorders</i> , 2017, 47, 590-598.	2.7	14
29	Impact of a Mindfulness-Based Weight-Loss Intervention on Sleep Quality Among Adults with Obesity: Data from the SHINE Randomized Controlled Trial. <i>Journal of Alternative and Complementary Medicine</i> , 2017, 23, 188-195.	2.1	14
30	A Randomized Controlled Trial of a Mindfulness-Based Weight Loss Intervention on Cardiovascular Reactivity to Social-Evaluative Threat Among Adults with Obesity. <i>Mindfulness</i> , 2019, 10, 2583-2595.	2.8	14
31	Do stress eating or compulsive eating influence metabolic health in a mindfulness-based weight loss intervention?. <i>Health Psychology</i> , 2020, 39, 147-158.	1.6	12
32	Examining the Effects of Mindful Eating Training on Adherence to a Carbohydrate-Restricted Diet in Patients With Type 2 Diabetes (the DELISH Study): Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2019, 8, e11002.	1.0	12
33	Rapid Assessment of Reward-Related Eating: The RED-X5. <i>Obesity</i> , 2019, 27, 325-331.	3.0	11
34	Chronic Stress and Impulsive Risk-Taking Predict Increases in Visceral Fat over 18 Months. <i>Obesity</i> , 2018, 26, 869-876.	3.0	9
35	Maternal caregivers have confluence of altered cortisol, high reward-driven eating, and worse metabolic health. <i>PLoS ONE</i> , 2019, 14, e0216541.	2.5	9
36	Intervention Enhancement Strategies Among Adults With Type 2 Diabetes in a Very Low-Carbohydrate Web-Based Program: Evaluating the Impact With a Randomized Trial. <i>JMIR Diabetes</i> , 2020, 5, e15835.	1.9	8

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37	The contemptuous separation: Facial expressions of emotion and breakups in young adulthood. <i>Personal Relationships</i> , 2017, 24, 453-469.	1.5	7
38	Lipid findings from the Diabetes Education to Lower Insulin, Sugars, and Hunger (DELISH) Study. <i>Nutrition and Metabolism</i> , 2019, 16, 58.	3.0	7
39	Preparation of Pure Populations of Amyloid β -Protein Oligomers of Defined Size. <i>Methods in Molecular Biology</i> , 2018, 1779, 3-12.	0.9	6
40	Sweet cognition: The differential effects of glucose consumption on attentional food bias in individuals of lean and obese status. <i>Physiology and Behavior</i> , 2019, 206, 264-273.	2.1	6
41	Prospective associations among approach coping, alcohol misuse and psychiatric symptoms among veterans receiving a brief alcohol intervention. <i>Journal of Substance Abuse Treatment</i> , 2014, 46, 553-560.	2.8	5
42	A Pilot Study Comparing the Effects of Consuming 100% Orange Juice or Sucrose-Sweetened Beverage on Risk Factors for Cardiometabolic Disease in Women. <i>Nutrients</i> , 2021, 13, 760.	4.1	3
43	Negative Mood and Food Craving Strength Among Women with Overweight: Implications for Targeting Mechanisms Using a Mindful Eating Intervention. <i>Mindfulness</i> , 2021, 12, 2997-3010.	2.8	3
44	A Brief Motivational Intervention Differentially Reduces Sugar-sweetened Beverage (SSB) Consumption. <i>Annals of Behavioral Medicine</i> , 2021, 55, 1116-1129.	2.9	2
45	Increases in Mindful Eating Predict Reductions in Consumption of Sweets and Desserts: Data from the Supporting Health by Integrating Nutrition and Exercise (SHINE) Clinical Trial. <i>Journal of Alternative and Complementary Medicine</i> , 2014, 20, A17-A17.	2.1	1
46	Longer Leukocyte Telomere Length Predicts Stronger Response to a Workplace Sugar-Sweetened Beverage Sales Ban: An Exploratory Study. <i>Current Developments in Nutrition</i> , 2021, 5, nzab084.	0.3	1
47	Authors' Reply: Comment on "An Online Intervention Comparing a Very Low-Carbohydrate Ketogenic Diet and Lifestyle Recommendations Versus a Plate Method Diet in Overweight Individuals With Type 2 Diabetes: A Randomized Controlled Trial". <i>Journal of Medical Internet Research</i> , 2018, 20, e181.	4.3	1
48	The burden of being poor: Stress at the belly of the matter. <i>Brain, Behavior, and Immunity</i> , 2019, 79, 14-15.	4.1	0
49	Feasibility and acceptability of a Whole-Body hyperthermia (WBH) protocol. <i>International Journal of Hyperthermia</i> , 2021, 38, 1529-1535.	2.5	0