

# Esther garcÃ- a-esquinas

## List of Publications by Year in descending order

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Version: 2024-02-01

114  
papers

3,120  
citations

159585

30  
h-index

206112

48  
g-index

116  
all docs

116  
docs citations

116  
times ranked

5072  
citing authors

#	ARTICLE	IF	CITATIONS
1	The Inflammatory Potential of Diet and Pain Incidence: A Cohort Study in Older Adults. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2023, 78, 267-276.	3.6	1
2	Pain Characteristics, Cardiovascular Risk Factors, and Cardiovascular Disease. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2022, 77, 204-213.	3.6	8
3	Mediterranean Diet and Changes in Frequency, Severity, and Localization of Pain in Older Adults: The Seniors-ENRICA Cohorts. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2022, 77, 122-130.	3.6	16
4	A Mediterranean Lifestyle and Frailty Incidence in Older Adults: The Seniors-ENRICA-1 Cohort. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2022, 77, 1845-1852.	3.6	11
5	Association of prolonged nightly fasting with cardiovascular, renal, inflammation, and nutritional status biomarkers in community-dwelling older adults. <i>American Journal of Clinical Nutrition</i> , 2022, 115, 1282-1289.	4.7	2
6	Alcohol consumption patterns and growth differentiation factor 15 among lifetime drinkers aged 65+ years in Spain: a cross-sectional study. <i>Addiction</i> , 2022, 117, 1647-1657.	3.3	5
7	Associations of device-measured sleep, sedentariness and physical activity with growth differentiation factor 15 in older adults. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2022, , .	7.3	4
8	Alcohol consumption patterns and unhealthy aging among older lifetime drinkers from Spain. <i>Drug and Alcohol Dependence</i> , 2022, 235, 109444.	3.2	2
9	Adherence to a Mediterranean Lifestyle and Changes in Frequency, Severity, and Localization of Pain in Older Adults. <i>Mayo Clinic Proceedings</i> , 2022, 97, 1282-1293.	3.0	3
10	Causal effects of physical activity and sedentary behaviour on health deficits accumulation in older adults. <i>International Journal of Epidemiology</i> , 2021, 50, 852-865.	1.9	5
11	Development of a common scale for measuring healthy ageing across the world: results from the ATHLOS consortium. <i>International Journal of Epidemiology</i> , 2021, 50, 880-892.	1.9	32
12	Association of Physical Activity, Sedentary Behavior, and Sleep With Unhealthy Aging: Consistent Results for Device-Measured and Self-reported Behaviors Using Isotemporal Substitution Models. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, 76, 85-94.	3.6	13
13	Selenium and impaired physical function in US and Spanish older adults. <i>Redox Biology</i> , 2021, 38, 101819.	9.0	24
14	Association between the Mediterranean lifestyle, metabolic syndrome and mortality: a whole-country cohort in Spain. <i>Cardiovascular Diabetology</i> , 2021, 20, 5.	6.8	35
15	DNA methylation and cancer incidence: lymphatic/hematopoietic versus solid cancers in the Strong Heart Study. <i>Clinical Epigenetics</i> , 2021, 13, 43.	4.1	8
16	The Southern European Atlantic Diet and all-cause mortality in older adults. <i>BMC Medicine</i> , 2021, 19, 36.	5.5	23
17	Social Network and Risk of Poor Sleep Outcomes in Older Adults: Results from a Spanish Prospective Cohort Study. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 399-409.	2.7	5
18	Healthy dietary patterns are associated with lower concentrations of growth differentiation factor 15 in older adults. <i>American Journal of Clinical Nutrition</i> , 2021, 113, 1619-1626.	4.7	9

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19	Joy is short-lived in the house of the poor. <i>Journal of Epidemiology and Community Health</i> , 2021, 75, 608-609.	3.7	1
20	Metabolic syndrome and Growth Differentiation Factor 15 in older adults. <i>GeroScience</i> , 2021, , 1.	4.6	13
21	Blood cadmium and physical function limitations in older adults. <i>Environmental Pollution</i> , 2021, 276, 116748.	7.5	7
22	The salivary proteome reflects some traits of dietary habits in diabetic and non-diabetic older adults. <i>European Journal of Nutrition</i> , 2021, 60, 4331-4344.	3.9	4
23	Incidence, Clinical Characteristics and Management of Inflammatory Bowel Disease in Spain: Large-Scale Epidemiological Study. <i>Journal of Clinical Medicine</i> , 2021, 10, 2885.	2.4	38
24	Toxic metals in toenails as biomarkers of exposure: A review. <i>Environmental Research</i> , 2021, 197, 111028.	7.5	39
25	Prognostic models for mortality after cardiac surgery in patients with infective endocarditis: a systematic review and aggregation of prediction models. <i>Clinical Microbiology and Infection</i> , 2021, 27, 1422-1430.	6.0	11
26	Changes in Health Behaviors, Mental and Physical Health among Older Adults under Severe Lockdown Restrictions during the COVID-19 Pandemic in Spain. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7067.	2.6	53
27	Cross-sectional and prospective associations of sleep, sedentary and active behaviors with mental health in older people: a compositional data analysis from the Seniors-ENRICA-2 study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 124.	4.6	7
28	Consumption of food fried in olive oil and unhealthy aging in a Mediterranean country. <i>Clinical Nutrition</i> , 2021, 40, 277-285.	5.0	3
29	Cadmium exposure and growth differentiation factor-15 (GDF-15) levels in non-smoking older adults. <i>Environmental Research</i> , 2021, 206, 112250.	7.5	1
30	Adherence to the Mediterranean Diet and Physical Resilience in Older Adults: The Seniors-ENRICA Cohort. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, 76, 505-512.	3.6	5
31	Physical activity less than the recommended amount may prevent the onset of major biological risk factors for cardiovascular disease: a cohort study of 198,919 adults. <i>British Journal of Sports Medicine</i> , 2020, 54, 238-244.	6.7	18
32	The inflammatory potential of diet is related to incident frailty and slow walking in older adults. <i>Clinical Nutrition</i> , 2020, 39, 185-191.	5.0	35
33	Changes in Dietary Intake of Animal and Vegetable Protein and Unhealthy Aging. <i>American Journal of Medicine</i> , 2020, 133, 231-239.e7.	1.5	25
34	Education and wealth inequalities in healthy ageing in eight harmonised cohorts in the ATHLOS consortium: a population-based study. <i>Lancet Public Health</i> , The, 2020, 5, e386-e394.	10.0	77
35	The role of overweight in the association between the Mediterranean diet and the risk of type 2 diabetes mellitus: a mediation analysis among 21,585 UK biobank participants. <i>International Journal of Epidemiology</i> , 2020, 49, 1582-1590.	1.9	18
36	Are legume-based recipes an appropriate source of nutrients for healthy ageing? A prospective cohort study. <i>British Journal of Nutrition</i> , 2020, 124, 943-951.	2.3	2

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37	Health Decline Is Associated with Reports of No Coffee Consumption Years After Reporting Coffee Consumption Among Older Adults in Spain. <i>Journal of Nutrition</i> , 2020, 150, 1916-1923.	2.9	0
38	Alcohol Drinking and Health in Ageing: A Global Scale Analysis of Older Individual Data through the Harmonised Dataset of ATHLOS. <i>Nutrients</i> , 2020, 12, 1746.	4.1	6
39	Prediction of cardiovascular health by non-exercise estimated cardiorespiratory fitness. <i>Heart</i> , 2020, 106, 1832-1838.	2.9	7
40	Alcohol consumption and all-cause mortality in older adults in Spain: an analysis accounting for the main methodological issues. <i>Addiction</i> , 2019, 114, 59-68.	3.3	41
41	Influence of Changes in Diet Quality on Unhealthy Aging: The Seniors-ENRICA Cohort. <i>American Journal of Medicine</i> , 2019, 132, 1091-1102.e9.	1.5	23
42	Changes in Alcohol Consumption and Associated Variables among Older Adults in Spain: A population-based cohort study. <i>Scientific Reports</i> , 2019, 9, 10401.	3.3	10
43	Toenails as biomarker of exposure to essential trace metals: A review.. <i>Environmental Research</i> , 2019, 179, 108787.	7.5	62
44	Gender Differences in Pain Risk in Old Age: Magnitude and Contributors. <i>Mayo Clinic Proceedings</i> , 2019, 94, 1707-1717.	3.0	16
45	Dietary n-3 polyunsaturated fatty acids, fish intake and healthy ageing. <i>International Journal of Epidemiology</i> , 2019, 48, 1914-1924.	1.9	20
46	EpidemIBD: rationale and design of a large-scale epidemiological study of inflammatory bowel disease in Spain. <i>Therapeutic Advances in Gastroenterology</i> , 2019, 12, 175628481984703.	3.2	18
47	Habitual coffee consumption and risk of falls in 2 European cohorts of older adults. <i>American Journal of Clinical Nutrition</i> , 2019, 109, 1431-1438.	4.7	11
48	Association between sleep characteristics and antihypertensive treatment in older adults. <i>Geriatrics and Gerontology International</i> , 2019, 19, 537-540.	1.5	6
49	Trajectories of Accumulation of Health Deficits in Older Adults: Are There Variations According to Health Domains?. <i>Journal of the American Medical Directors Association</i> , 2019, 20, 710-717.e6.	2.5	21
50	Physical activity without weight loss reduces the development of cardiovascular disease risk factors â€” a prospective cohort study of more than one hundred thousand adults. <i>Progress in Cardiovascular Diseases</i> , 2019, 62, 522-530.	3.1	30
51	Dietary Zinc and Risk of Prostate Cancer in Spain: MCC-Spain Study. <i>Nutrients</i> , 2019, 11, 18.	4.1	13
52	Changes in health status predict changes in alcohol consumption in older adults: the Seniors-ENRICA cohort. <i>Journal of Epidemiology and Community Health</i> , 2019, 73, 123-129.	3.7	9
53	Frequency, intensity and localization of pain as risk factors for frailty in older adults. <i>Age and Ageing</i> , 2019, 48, 74-80.	1.6	29
54	Exposure to secondhand tobacco smoke is associated with reduced muscle strength in US adults. <i>Ageing</i> , 2019, 11, 12674-12684.	3.1	9

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55	Cigarrillos electrónicos en aeropuertos y en vuelos: Europa y EEUU. Revista De Psicología De La Salud, 2019, 31, 196.	0.5	1
56	Prospective association between added sugars and frailty in older adults. American Journal of Clinical Nutrition, 2018, 107, 772-779.	4.7	32
57	Housing conditions and risk of physical function limitations: a prospective study of community-dwelling older adults. Journal of Public Health, 2018, 40, e252-e259.	1.8	8
58	Alfabetización en salud y resultados de salud en pacientes muy ancianos con insuficiencia cardiaca. Revista Espanola De Cardiología, 2018, 71, 178-184.	1.2	12
59	The Association Between Diabetes and Olfactory Function in Adults. Chemical Senses, 2018, 43, 59-64.	2.0	25
60	Frailty, Disability, and Ambulatory Blood Pressure in Older Adults. Journal of the American Medical Directors Association, 2018, 19, 433-438.	2.5	23
61	Association between serum uric acid concentrations and grip strength: Is there effect modification by age?. Clinical Nutrition, 2018, 37, 566-572.	5.0	15
62	Physical Activity Attenuates Total and Cardiovascular Mortality Associated With Physical Disability: A National Cohort of Older Adults. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2018, 73, 240-247.	3.6	17
63	Blood and urine cadmium concentrations and walking speed in middle-aged and older U.S. adults. Environmental Pollution, 2018, 232, 97-104.	7.5	23
64	Physical activity attenuates the impact of poor physical, mental, and social health on total and cardiovascular mortality in older adults: a population-based prospective cohort study. Quality of Life Research, 2018, 27, 3293-3302.	3.1	17
65	Impact of declining exposure to secondhand tobacco smoke in public places to decreasing smoking-related cancer mortality in the US population. Environment International, 2018, 117, 260-267.	10.0	12
66	LDL Cholesterol Rises With BMI Only in Lean Individuals: Cross-sectional U.S. and Spanish Representative Data. Diabetes Care, 2018, 41, 2195-2201.	8.6	28
67	Sedentary behaviors, physical activity, and changes in depression and psychological distress symptoms in older adults. Depression and Anxiety, 2018, 35, 884-897.	4.1	45
68	Physical Activity, Sitting Time, and Mortality From Inflammatory Diseases in Older Adults. Frontiers in Physiology, 2018, 9, 898.	2.8	17
69	Moderate alcohol drinking is not associated with risk of depression in older adults. Scientific Reports, 2018, 8, 11512.	3.3	28
70	Tobacco Smoke Exposure in Indoor and Outdoor Locations in Airports Across Europe and the United States: A Cross-Sectional Study. Nicotine and Tobacco Research, 2017, 19, ntw238.	2.6	5
71	Alcohol drinking patterns and risk of functional limitations in two cohorts of older adults. Clinical Nutrition, 2017, 36, 831-838.	5.0	20
72	Physical Activity and the Effect of Multimorbidity on All-Cause Mortality in Older Adults. Mayo Clinic Proceedings, 2017, 92, 376-382.	3.0	34

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73	Environmental Pollutants, Limitations in Physical Functioning, and Frailty in Older Adults. <i>Current Environmental Health Reports</i> , 2017, 4, 12-20.	6.7	22
74	Short-term variability and nocturnal decline in ambulatory blood pressure in normotension, white-coat hypertension, masked hypertension and sustained hypertension: a population-based study of older individuals in Spain. <i>Hypertension Research</i> , 2017, 40, 613-619.	2.7	15
75	Household pet exposure, allergic sensitization, and rhinitis in the U.S. population. <i>International Forum of Allergy and Rhinology</i> , 2017, 7, 645-651.	2.8	13
76	Chemical quality of tap water in Madrid: multicase control cancer study in Spain (MCC-Spain). <i>Environmental Science and Pollution Research</i> , 2017, 24, 4755-4764.	5.3	7
77	Television viewing time as a risk factor for frailty and functional limitations in older adults: results from 2 European prospective cohorts. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 54.	4.6	48
78	Desigualdades sociales en los factores de riesgo cardiovascular de los adultos mayores de España: estudio ENRICA-Seniors. <i>Revista Espanola De Cardiologia</i> , 2017, 70, 145-154.	1.2	17
79	Watching TV has a distinct sociodemographic and lifestyle profile compared with other sedentary behaviors: A nationwide population-based study. <i>PLoS ONE</i> , 2017, 12, e0188836.	2.5	19
80	A Cross-Sectional Study of Tobacco Advertising, Promotion, and Sponsorship in Airports across Europe and the United States. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 959.	2.6	0
81	Serum uric acid concentrations and risk of frailty in older adults. <i>Experimental Gerontology</i> , 2016, 82, 160-165.	2.8	19
82	Unhealthy eating behaviors and weight gain: A prospective study in young and middle age adults. <i>Obesity</i> , 2016, 24, 1178-1184.	3.0	24
83	Perinatal and childhood factors and risk of prostate cancer in adulthood: MCC-Spain case-control study. <i>Cancer Epidemiology</i> , 2016, 43, 49-55.	1.9	8
84	Social support and ambulatory blood pressure in older people. <i>Journal of Hypertension</i> , 2016, 34, 2045-2052.	0.5	10
85	Housing conditions and limitations in physical function among older adults. <i>Journal of Epidemiology and Community Health</i> , 2016, 70, 954-960.	3.7	15
86	Consumption of fruit and vegetables and risk of frailty: a dose-response analysis of 3 prospective cohorts of community-dwelling older adults. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 132-142.	4.7	97
87	Distribution of energy intake throughout the day and weight gain: a population-based cohort study in Spain. <i>British Journal of Nutrition</i> , 2016, 115, 2003-2010.	2.3	41
88	Ideal Cardiovascular Health and Risk of Frailty in Older Adults. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2016, 9, 239-245.	2.2	35
89	Association of diabetes and diabetes treatment with incidence of breast cancer. <i>Acta Diabetologica</i> , 2016, 53, 99-107.	2.5	30
90	Patterns of alcohol consumption and health-related quality of life in older adults. <i>Drug and Alcohol Dependence</i> , 2016, 159, 166-173.	3.2	22

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91	Contribution of health behaviours and clinical factors to socioeconomic differences in frailty among older adults. <i>Journal of Epidemiology and Community Health</i> , 2016, 70, 354-360.	3.7	47
92	Macronutrients Intake and Incident Frailty in Older Adults: A Prospective Cohort Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2016, 71, 1329-1334.	3.6	76
93	Perinatal and childhood factors and risk of breast cancer subtypes in adulthood. <i>Cancer Epidemiology</i> , 2016, 40, 22-30.	1.9	13
94	Patterns of Alcohol Consumption and Risk of Frailty in Community-dwelling Older Adults. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2016, 71, 251-258.	3.6	57
95	Exposure to secondhand smoke in the home and mental health in children: a population-based study. <i>Tobacco Control</i> , 2016, 25, 307-312.	3.2	33
96	Tobacco Smoke Exposure and Eustachian Tube Disorders in US Children and Adolescents. <i>PLoS ONE</i> , 2016, 11, e0163926.	2.5	24
97	Obesity, fat distribution, and risk of frailty in two population-based cohorts of older adults in Spain. <i>Obesity</i> , 2015, 23, 847-855.	3.0	81
98	Allergic sensitization, rhinitis, and tobacco smoke exposure in U.S. children and adolescents. <i>International Forum of Allergy and Rhinology</i> , 2015, 5, 471-476.	2.8	34
99	Allergic Sensitization, Rhinitis and Tobacco Smoke Exposure in US Adults. <i>PLoS ONE</i> , 2015, 10, e0131957.	2.5	31
100	Association of lead and cadmium exposure with frailty in US older adults. <i>Environmental Research</i> , 2015, 137, 424-431.	7.5	55
101	Lead exposure and increased food allergic sensitization in U.S. children and adults. <i>International Forum of Allergy and Rhinology</i> , 2015, 5, 214-220.	2.8	12
102	Major dietary patterns and risk of frailty in older adults: a prospective cohort study. <i>BMC Medicine</i> , 2015, 13, 11.	5.5	141
103	Diabetes and Risk of Frailty and Its Potential Mechanisms: A Prospective Cohort Study of Older Adults. <i>Journal of the American Medical Directors Association</i> , 2015, 16, 748-754.	2.5	118
104	Exposure to secondhand tobacco smoke and the frailty syndrome in US older adults. <i>Age</i> , 2015, 37, 26.	3.0	16
105	Association of diabetes and cancer mortality in American Indians: the Strong Heart Study. <i>Cancer Causes and Control</i> , 2015, 26, 1551-1560.	1.8	18
106	Cadmium Exposure and Cancer Mortality in a Prospective Cohort: The Strong Heart Study. <i>Environmental Health Perspectives</i> , 2014, 122, 363-370.	6.0	143
107	Newborns and low to moderate prenatal environmental lead exposure: might fathers be the key?. <i>Environmental Science and Pollution Research</i> , 2014, 21, 7886-98.	5.3	7
108	Lead, mercury and cadmium in umbilical cord blood and its association with parental epidemiological variables and birth factors. <i>BMC Public Health</i> , 2013, 13, 841.	2.9	82

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109	Kidney Function and Tobacco Smoke Exposure in US Adolescents. <i>Pediatrics</i> , 2013, 131, e1415-e1423.	2.1	52
110	Arsenic Exposure and Cancer Mortality in a US-Based Prospective Cohort: The Strong Heart Study. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2013, 22, 1944-1953.	2.5	172
111	Secondhand Tobacco Smoke: A Source of Lead Exposure in US Children and Adolescents. <i>American Journal of Public Health</i> , 2012, 102, 714-722.	2.7	82
112	Mercury, lead and cadmium in human milk in relation to diet, lifestyle habits and sociodemographic variables in Madrid (Spain). <i>Chemosphere</i> , 2011, 85, 268-276.	8.2	93
113	Gastric cancer mortality trends in Spain, 1976-2005, differences by autonomous region and sex. <i>BMC Cancer</i> , 2009, 9, 346.	2.6	24
114	Alterations in the Oral Microbiome Associated With Diabetes, Overweight, and Dietary Components. <i>Frontiers in Nutrition</i> , 0, 9, .	3.7	9