

# Allison G Harvey

## List of Publications by Year in descending order

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Version: 2024-02-01

233  
papers

18,662  
citations

8755

75  
h-index

15732

125  
g-index

244  
all docs

244  
docs citations

244  
times ranked

13549  
citing authors

#	ARTICLE	IF	CITATIONS
1	Chronic pain and posttraumatic stress disorder: mutual maintenance?. <i>Clinical Psychology Review</i> , 2001, 21, 857-877.	11.4	633
2	Sleep and Circadian Rhythms in Bipolar Disorder: Seeking Synchrony, Harmony, and Regulation. <i>American Journal of Psychiatry</i> , 2008, 165, 820-829.	7.2	474
3	Sleep disturbance as transdiagnostic: Consideration of neurobiological mechanisms. <i>Clinical Psychology Review</i> , 2011, 31, 225-235.	11.4	440
4	The relationship between acute stress disorder and posttraumatic stress disorder: A prospective evaluation of motor vehicle accident survivors.. <i>Journal of Consulting and Clinical Psychology</i> , 1998, 66, 507-512.	2.0	425
5	Insomnia disorder. <i>Nature Reviews Disease Primers</i> , 2015, 1, 15026.	30.5	425
6	(Mis)perception of sleep in insomnia: A puzzle and a resolution.. <i>Psychological Bulletin</i> , 2012, 138, 77-101.	6.1	372
7	Sleep-Related Functioning in Euthymic Patients With Bipolar Disorder, Patients With Insomnia, and Subjects Without Sleep Problems. <i>American Journal of Psychiatry</i> , 2005, 162, 50-57.	7.2	337
8	The Sleep and Technology Use of Americans: Findings from the National Sleep Foundation's 2011 Sleep in America Poll. <i>Journal of Clinical Sleep Medicine</i> , 2013, 09, 1291-1299.	2.6	325
9	The Subjective Meaning of Sleep Quality: A Comparison of Individuals with and without Insomnia. <i>Sleep</i> , 2008, 31, 383-393.	1.1	312
10	Sleep deprivation in adolescents and adults: Changes in affect.. <i>Emotion</i> , 2010, 10, 831-841.	1.8	311
11	Sleep disturbance and psychiatric disorders. <i>Lancet Psychiatry</i> , 2020, 7, 628-637.	7.4	295
12	Relationship Between Acute Stress Disorder and Posttraumatic Stress Disorder Following Mild Traumatic Brain Injury. <i>American Journal of Psychiatry</i> , 1998, 155, 625-629.	7.2	289
13	Sleep and posttraumatic stress disorder: a review. <i>Clinical Psychology Review</i> , 2003, 23, 377-407.	11.4	286
14	Pre-sleep cognitive activity: A comparison of sleep-onset insomniacs and good sleepers. <i>British Journal of Clinical Psychology</i> , 2000, 39, 275-286.	3.5	276
15	Interactions between mothers and infants: Impact of maternal anxiety. , 2007, 30, 161-167.		234
16	INSOMNIA: SYMPTOM OR DIAGNOSIS?. <i>Clinical Psychology Review</i> , 2001, 21, 1037-1059.	11.4	220
17	A Specific and Rapid Neural Signature for Parental Instinct. <i>PLoS ONE</i> , 2008, 3, e1664.	2.5	216
18	Cognitive approaches to insomnia. <i>Clinical Psychology Review</i> , 2005, 25, 593-611.	11.4	210

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19	Avoidant coping style and post-traumatic stress following motor vehicle accidents. <i>Behaviour Research and Therapy</i> , 1995, 33, 631-635.	3.1	208
20	Treating insomnia improves mood state, sleep, and functioning in bipolar disorder: A pilot randomized controlled trial.. <i>Journal of Consulting and Clinical Psychology</i> , 2015, 83, 564-577.	2.0	196
21	Hypersomnia across mood disorders: A review and synthesis. <i>Sleep Medicine Reviews</i> , 2009, 13, 275-285.	8.5	190
22	Sleep and Circadian Functioning: Critical Mechanisms in the Mood Disorders?. <i>Annual Review of Clinical Psychology</i> , 2011, 7, 297-319.	12.3	180
23	An open trial of cognitive therapy for chronic insomnia. <i>Behaviour Research and Therapy</i> , 2007, 45, 2491-2501.	3.1	178
24	Cognitive behaviour therapy for posttraumatic stress disorder. <i>Clinical Psychology Review</i> , 2003, 23, 501-522.	11.4	177
25	Effects of Cognitive Arousal and Physiological Arousal on Sleep Perception. <i>Sleep</i> , 2004, 27, 69-78.	1.1	177
26	Acute stress disorder: A synthesis and critique.. <i>Psychological Bulletin</i> , 2002, 128, 886-902.	6.1	174
27	The management of unwanted pre-sleep thoughts in insomnia: distraction with imagery versus general distraction. <i>Behaviour Research and Therapy</i> , 2002, 40, 267-277.	3.1	172
28	Later Emotional and Behavioral Problems Associated With Sleep Problems in Toddlers. <i>JAMA Pediatrics</i> , 2015, 169, 575.	6.2	171
29	Postconcussive Symptoms and Posttraumatic Stress Disorder after Mild Traumatic Brain Injury. <i>Journal of Nervous and Mental Disease</i> , 1999, 187, 302-305.	1.0	170
30	Efficacy of cognitive behavioural therapy for sleep improvement in patients with persistent delusions and hallucinations (BEST): a prospective, assessor-blind, randomised controlled pilot trial. <i>Lancet Psychiatry</i> , 2015, 2, 975-983.	7.4	169
31	Insomnia, Psychiatric Disorders, and the Transdiagnostic Perspective. <i>Current Directions in Psychological Science</i> , 2008, 17, 299-303.	5.3	165
32	Social anxiety and self-impression: cognitive preparation enhances the beneficial effects of video feedback following a stressful social task. <i>Behaviour Research and Therapy</i> , 2000, 38, 1183-1192.	3.1	155
33	Processing threatening information in posttraumatic stress disorder.. <i>Journal of Abnormal Psychology</i> , 1995, 104, 537-541.	1.9	150
34	Assessing acute stress disorder: Psychometric properties of a structured clinical interview.. <i>Psychological Assessment</i> , 1998, 10, 215-220.	1.5	150
35	Comparative efficacy of behavior therapy, cognitive therapy, and cognitive behavior therapy for chronic insomnia: A randomized controlled trial.. <i>Journal of Consulting and Clinical Psychology</i> , 2014, 82, 670-683.	2.0	150
36	Correcting distorted perception of sleep in insomnia: a novel behavioural experiment?. <i>Behaviour Research and Therapy</i> , 2004, 42, 27-39.	3.1	149

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37	Evidence-based psychological treatments for mental disorders: Modifiable barriers to access and possible solutions. <i>Behaviour Research and Therapy</i> , 2015, 68, 1-12.	3.1	146
38	Sleep and academic performance in later adolescence: results from a large population-based study. <i>Journal of Sleep Research</i> , 2016, 25, 318-324.	3.2	144
39	Sleep problems and depression in adolescence: results from a large population-based study of Norwegian adolescents aged 16-18 years. <i>European Child and Adolescent Psychiatry</i> , 2014, 23, 681-689.	4.7	142
40	The Effects of Bedtime and Sleep Duration on Academic and Emotional Outcomes in a Nationally Representative Sample of Adolescents. <i>Journal of Adolescent Health</i> , 2014, 54, 350-356.	2.5	136
41	Hooked on a feeling: Rumination about positive and negative emotion in inter-episode bipolar disorder.. <i>Journal of Abnormal Psychology</i> , 2011, 120, 956-961.	1.9	135
42	Attentional bias in posttraumatic stress disorder. <i>Journal of Traumatic Stress</i> , 1997, 10, 635-644.	1.8	134
43	Cognitive-behavioral treatment of insomnia and depression in adolescents: A pilot randomized trial. <i>Behaviour Research and Therapy</i> , 2015, 69, 111-118.	3.1	132
44	Cognitive behaviour therapy for primary insomnia: Can we rest yet?. <i>Sleep Medicine Reviews</i> , 2003, 7, 237-262.	8.5	131
45	Prevalence and clinical correlates of co-occurring insomnia and hypersomnia symptoms in depression. <i>Journal of Affective Disorders</i> , 2014, 167, 93-97.	4.1	127
46	Evaluating sleep in bipolar disorder: comparison between actigraphy, polysomnography, and sleep diary. <i>Bipolar Disorders</i> , 2012, 14, 870-879.	1.9	125
47	Improving Outcome of Psychosocial Treatments by Enhancing Memory and Learning. <i>Perspectives on Psychological Science</i> , 2014, 9, 161-179.	9.0	124
48	Prevalence and Functional Consequences of Severe Insomnia Symptoms in Mood and Anxiety Disorders: Results from a Nationally Representative Sample. <i>Sleep</i> , 2012, 35, 1367-1375.	1.1	122
49	Double trouble? The effects of sleep deprivation and chronotype on adolescent affect. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2012, 53, 660-667.	5.2	119
50	A qualitative investigation of the organization of traumatic memories. <i>British Journal of Clinical Psychology</i> , 1999, 38, 401-405.	3.5	118
51	Catastrophic worry in primary insomnia. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2003, 34, 11-23.	1.2	118
52	Mental health problems in adolescents with delayed sleep phase: results from a large population-based study in Norway. <i>Journal of Sleep Research</i> , 2015, 24, 11-18.	3.2	118
53	Sleep functioning in relation to mood, function, and quality of life at entry to the Systematic Treatment Enhancement Program for Bipolar Disorder (STEP-BD). <i>Journal of Affective Disorders</i> , 2009, 114, 41-49.	4.1	117
54	A Cognitive Theory and Therapy for Chronic Insomnia. <i>Journal of Cognitive Psychotherapy</i> , 2005, 19, 41-59.	0.4	113

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55	Sleep matters: Sleep functioning and course of illness in bipolar disorder. <i>Journal of Affective Disorders</i> , 2011, 134, 416-420.	4.1	109
56	Insomnia as a Transdiagnostic Process in Psychiatric Disorders. <i>Current Psychiatry Reports</i> , 2014, 16, 471.	4.5	109
57	The Complex Role of Sleep in Adolescent Depression. <i>Child and Adolescent Psychiatric Clinics of North America</i> , 2012, 21, 385-400.	1.9	108
58	The organisation and content of trauma memories in survivors of road traffic accidents. <i>Behaviour Research and Therapy</i> , 2007, 45, 151-162.	3.1	106
59	Sleep disturbance in bipolar disorder across the lifespan.. <i>Clinical Psychology: Science and Practice</i> , 2009, 16, 256-277.	0.9	105
60	The effect of attempted thought suppression in acute stress disorder. <i>Behaviour Research and Therapy</i> , 1998, 36, 583-590.	3.1	103
61	Reflective and ruminative processing of positive emotional memories in bipolar disorder and healthy controls. <i>Behaviour Research and Therapy</i> , 2009, 47, 697-704.	3.1	100
62	Gender Differences in the Relationship Between Acute Stress Disorder and Posttraumatic Stress Disorder Following Motor Vehicle Accidents. <i>Australian and New Zealand Journal of Psychiatry</i> , 2003, 37, 226-229.	2.3	99
63	When trying is not enough: Emotion regulation and the effortâ€“success gap in bipolar disorder.. <i>Emotion</i> , 2012, 12, 997-1003.	1.8	97
64	Behavioral Treatment of Insomnia in Bipolar Disorder. <i>American Journal of Psychiatry</i> , 2013, 170, 716-720.	7.2	93
65	Sleep in Children and Adolescents with Behavioral and Emotional Disorders. <i>Sleep Medicine Clinics</i> , 2007, 2, 501-511.	2.6	92
66	The Effect of Sleep Deprivation on Vocal Expression of Emotion in Adolescents and Adults. <i>Sleep</i> , 2011, 34, 1233-1241.	1.1	90
67	Sleep patterns and insomnia in young adults: A national survey of Norwegian university students. <i>Journal of Sleep Research</i> , 2019, 28, e12790.	3.2	90
68	Hypersomnia in inter-episode bipolar disorder: Does it have prognostic significance?. <i>Journal of Affective Disorders</i> , 2011, 132, 438-444.	4.1	89
69	Trajectories and Predictors of Nocturnal Awakenings and Sleep Duration in Infants. <i>Journal of Developmental and Behavioral Pediatrics</i> , 2014, 35, 309-316.	1.1	89
70	The influence of traumatic brain injury on acute stress disorder and post-traumatic stress disorder following motor vehicle accidents. <i>Brain Injury</i> , 1999, 13, 15-22.	1.2	88
71	Modifying the Impact of Eveningness Chronotype (â€œNight-Owlsâ€) in Youth: A Randomized Controlled Trial. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 2018, 57, 742-754.	0.5	88
72	Predictors of acute stress following mild traumatic brain injury. <i>Brain Injury</i> , 1998, 12, 147-154.	1.2	87

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73	Delayed-Onset Posttraumatic Stress Disorder: A Prospective Evaluation. Australian and New Zealand Journal of Psychiatry, 2002, 36, 205-209.	2.3	86
74	Overanxious and underslept. Nature Human Behaviour, 2020, 4, 100-110.	12.0	86
75	Insomnia before and after treatment for anxiety and depression. Journal of Affective Disorders, 2014, 168, 415-421.	4.1	83
76	A composite measure of sleep health predicts concurrent mental and physical health outcomes in adolescents prone to eveningness. Sleep Health, 2019, 5, 166-174.	2.5	83
77	Altering misperception of sleep in insomnia: Behavioral experiment versus verbal feedback.. Journal of Consulting and Clinical Psychology, 2006, 74, 767-776.	2.0	82
78	Tired and Apprehensive: Anxiety Amplifies the Impact of Sleep Loss on Aversive Brain Anticipation. Journal of Neuroscience, 2013, 33, 10607-10615.	3.6	81
79	Misperception of sleep can adversely affect daytime functioning in insomnia. Behaviour Research and Therapy, 2005, 43, 843-856.	3.1	80
80	Preconscious processing of threat in posttraumatic stress disorder. Cognitive Therapy and Research, 1996, 20, 613-623.	1.9	78
81	Barriers to Treatment Seeking in Primary Insomnia in the United Kingdom: A Cross-Sectional Perspective. Sleep, 2006, 29, 1643-1646.	1.1	78
82	I CAN'T SLEEP, MY MIND IS RACING! AN INVESTIGATION OF STRATEGIES OF THOUGHT CONTROL IN INSOMNIA Allison G. Harvey. Behavioural and Cognitive Psychotherapy, 2001, 29, 3-11.	1.2	77
83	Acute psychophysiological arousal and posttraumatic stress disorder: A two-year prospective study. Journal of Traumatic Stress, 2003, 16, 439-443.	1.8	76
84	Attempts to control unwanted thoughts in the night: development of the thought control questionnaire-insomnia revised (TCQI-R). Behaviour Research and Therapy, 2005, 43, 985-998.	3.1	75
85	A Transdiagnostic Approach to Treating Sleep Disturbance in Psychiatric Disorders. Cognitive Behaviour Therapy, 2009, 38, 35-42.	3.5	74
86	Predictors of acute stress following motor vehicle accidents. Journal of Traumatic Stress, 1999, 12, 519-525.	1.8	73
87	Investigating Safety Behaviours in Insomnia: The Development of the Sleep-related Behaviours Questionnaire (SRBQ). Behaviour Change, 2004, 21, 26-36.	1.3	73
88	Sleep and circadian rhythms in children and adolescents with bipolar disorder. Development and Psychopathology, 2006, 18, 1147-68.	2.3	73
89	What goes up can come down? A preliminary investigation of emotion reactivity and emotion recovery in bipolar disorder. Journal of Affective Disorders, 2011, 133, 457-466.	4.1	72
90	Sleep disturbances in sexual abuse victims: A systematic review. Sleep Medicine Reviews, 2012, 16, 15-25.	8.5	71

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91	A test of the bidirectional association between sleep and mood in bipolar disorder and insomnia.. Journal of Abnormal Psychology, 2012, 121, 39-50.	1.9	70
92	Acute Stress Disorder after Mild Traumatic Brain Injury. Journal of Nervous and Mental Disease, 1998, 186, 333-337.	1.0	70
93	Transdiagnostic emotion regulation processes in bipolar disorder and insomnia. Behaviour Research and Therapy, 2008, 46, 1096-1100.	3.1	68
94	Memory for Acute Stress Disorder Symptoms. Journal of Nervous and Mental Disease, 2000, 188, 602-607.	1.0	68
95	The Attempted Suppression of Presleep Cognitive Activity in Insomnia. Cognitive Therapy and Research, 2003, 27, 593-602.	1.9	67
96	Monitoring for Sleep-Related Threat: A Pilot Study of the Sleep Associated Monitoring Index (SAMI). Psychosomatic Medicine, 2004, 66, 242-250.	2.0	66
97	Cardiovascular autonomic dysfunction in insomnia patients with objective short sleep duration. Journal of Sleep Research, 2018, 27, e12663.	3.2	65
98	Coexistence of posttraumatic stress disorder and traumatic brain injury: Towards a resolution of the paradox. Journal of the International Neuropsychological Society, 2003, 9, 663-676.	1.8	64
99	Sleep Disturbance and Depressive Symptoms in Adolescence: The Role of Catastrophic Worry. Journal of Youth and Adolescence, 2013, 42, 1223-1233.	3.5	63
100	Effects of digital cognitive behavioural therapy for insomnia on insomnia severity: a large-scale randomised controlled trial. The Lancet Digital Health, 2020, 2, e397-e406.	12.3	63
101	The effect of mood on sleep onset latency and REM sleep in interepisode bipolar disorder.. Journal of Abnormal Psychology, 2009, 118, 448-458.	1.9	62
102	A Transdiagnostic Intervention for Youth Sleep and Circadian Problems. Cognitive and Behavioral Practice, 2016, 23, 341-355.	1.5	61
103	Trajectories of sleep problems from childhood to adolescence: a population-based longitudinal study from Norway. Journal of Sleep Research, 2017, 26, 55-63.	3.2	61
104	Insomnia Comorbid to Severe Psychiatric Illness. Sleep Medicine Clinics, 2013, 8, 361-371.	2.6	60
105	Risk Behaviors and Negative Health Outcomes for Adolescents with Late Bedtimes. Journal of Youth and Adolescence, 2015, 44, 478-488.	3.5	60
106	Suicide attempts and non-suicidal self-harm among university students: prevalence study. BJPsych Open, 2019, 5, e26.	0.7	59
107	Acute stress response: a comparison of head injured and non-head injured patients. Psychological Medicine, 1995, 25, 869-873.	4.5	58
108	Sleeping with the enemy: Clock monitoring in the maintenance of insomnia. Journal of Behavior Therapy and Experimental Psychiatry, 2007, 38, 40-55.	1.2	58

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109	Sleep, illness course, and concurrent symptoms in inter-episode bipolar disorder. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2010, 41, 145-149.	1.2	57
110	Restless pillow, ruffled mind: Sleep and affect coupling in interepisode bipolar disorder.. <i>Journal of Abnormal Psychology</i> , 2012, 121, 863-873.	1.9	57
111	The patient experience of sleep problems and their treatment in the context of current delusions and hallucinations. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2016, 89, 181-193.	2.5	56
112	Change in Dysfunctional Beliefs About Sleep in Behavior Therapy, Cognitive Therapy, and Cognitive-Behavioral Therapy for Insomnia. <i>Behavior Therapy</i> , 2016, 47, 102-115.	2.4	55
113	IDENTIFYING SAFETY BEHAVIORS IN INSOMNIA. <i>Journal of Nervous and Mental Disease</i> , 2002, 190, 16-21.	1.0	54
114	An investigation of monitoring for sleep-related threat in primary insomnia. <i>Behaviour Research and Therapy</i> , 2004, 42, 1403-1420.	3.1	54
115	Treating Sleep Problems in Young People at Ultra-High Risk of Psychosis: A Feasibility Case Series. <i>Behavioural and Cognitive Psychotherapy</i> , 2018, 46, 276-291.	1.2	53
116	The Efficacy of a Pennebaker-Like Writing Intervention for Poor Sleepers. <i>Behavioral Sleep Medicine</i> , 2003, 1, 115-124.	2.1	52
117	Life-time history of insomnia and hypersomnia symptoms as correlates of alcohol, cocaine and heroin use and relapse among adults seeking substance use treatment in the United States from 1991 to 1994. <i>Addiction</i> , 2017, 112, 1104-1111.	3.3	52
118	Cognitive and Affective Control in Insomnia. <i>Frontiers in Psychology</i> , 2011, 2, 349.	2.1	49
119	Daily Actigraphy Profiles Distinguish Depressive and Interepisode States in Bipolar Disorder. <i>Clinical Psychological Science</i> , 2016, 4, 641-650.	4.0	49
120	Traumatic brain injury, dissociation, and posttraumatic stress disorder in road traffic accident survivors. <i>Journal of Traumatic Stress</i> , 2005, 18, 181-191.	1.8	48
121	Psychological impairment following motor vehicle accidents. <i>Australian Journal of Public Health</i> , 1995, 19, 185-188.	0.2	48
122	Time Estimation Ability and Distorted Perception of Sleep in Insomnia. <i>Behavioral Sleep Medicine</i> , 2005, 3, 134-150.	2.1	47
123	A preliminary study of sleep in adolescents with bipolar disorder, ADHD, and non-patient controls. <i>Bipolar Disorders</i> , 2011, 13, 425-432.	1.9	47
124	Evidence for a Possible Link between Bedtime and Change in Body Mass Index. <i>Sleep</i> , 2015, 38, 1523-1527.	1.1	47
125	Posttraumatic stress reactions in volunteer firefighters. <i>Journal of Traumatic Stress</i> , 1996, 9, 51-62.	1.8	46
126	Sleep architecture as correlate and predictor of symptoms and impairment in inter-episode bipolar disorder: taking on the challenge of medication effects. <i>Journal of Sleep Research</i> , 2010, 19, 516-524.	3.2	45



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127	Memory for therapy in bipolar disorder and comorbid insomnia.. Journal of Consulting and Clinical Psychology, 2015, 83, 92-102.	2.0	45
128	Development and Validation of the Sleep Inertia Questionnaire (SIQ) and Assessment of Sleep Inertia in Analogue and Clinical Depression. Cognitive Therapy and Research, 2015, 39, 601-612.	1.9	45
129	Academic performance in adolescents with delayed sleep phase. Sleep Medicine, 2015, 16, 1084-1090.	1.6	45
130	Improving outcome for mental disorders by enhancing memory for treatment. Behaviour Research and Therapy, 2016, 81, 35-46.	3.1	45
131	Dissociative symptoms in acute stress disorder. Journal of Traumatic Stress, 1999, 12, 673-680.	1.8	44
132	Obligate symbiosis: Sleep and affect. Sleep Medicine Reviews, 2010, 14, 215-217.	8.5	41
133	Psychometric Properties of an Insomnia-Specific Measure of Worry: The Anxiety and Preoccupation about Sleep Questionnaire. Cognitive Behaviour Therapy, 2011, 40, 65-76.	3.5	41
134	The differential functions of imagery and verbal thought in insomnia.. Journal of Abnormal Psychology, 2002, 111, 665-669.	1.9	38
135	An Investigation of Interpretive Bias in Insomnia: An Analog Study Comparing Normal and Poor Sleepers. Sleep, 2006, 29, 1359-1362.	1.1	38
136	A randomized controlled trial of the Transdiagnostic Intervention for Sleep and Circadian Dysfunction (TranS-C) to improve serious mental illness outcomes in a community setting.. Journal of Consulting and Clinical Psychology, 2021, 89, 537-550.	2.0	37
137	Reconstructing trauma memories: A prospective study of "Amnesic" trauma survivors. Journal of Traumatic Stress, 2001, 14, 277-282.	1.8	36
138	The association between insomnia-related sleep disruptions and cognitive dysfunction during the inter-episode phase of bipolar disorder. Journal of Psychiatric Research, 2017, 88, 80-88.	3.1	35
139	Traumatic memories and pseudomemories in posttraumatic stress disorder. Applied Cognitive Psychology, 1998, 12, 81-88.	1.6	34
140	Cognitive processes and their association with persistence and remission of insomnia: Findings from a longitudinal study in the general population. Behaviour Research and Therapy, 2014, 54, 38-48.	3.1	34
141	Physical activity and sleep: Day-to-day associations among individuals with and without bipolar disorder. Mental Health and Physical Activity, 2014, 7, 183-190.	1.8	34
142	The Adverse Consequences of Sleep Disturbance in Pediatric Bipolar Disorder: Implications for Intervention. Child and Adolescent Psychiatric Clinics of North America, 2009, 18, 321-338.	1.9	33
143	Catastrophizing and symptoms of sleep disturbances in children. Journal of Sleep Research, 2010, 19, 175-182.	3.2	33
144	Circadian rhythms and psychiatric illness. Current Opinion in Psychiatry, 2013, 26, 566-571.	6.3	33

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145	Impact of comorbid anxiety and depressive disorders on treatment response to cognitive behavior therapy for insomnia.. Journal of Consulting and Clinical Psychology, 2016, 84, 659-667.	2.0	33
146	Rise and shine: A treatment experiment testing a morning routine to decrease subjective sleep inertia in insomnia and bipolar disorder. Behaviour Research and Therapy, 2018, 111, 106-112.	3.1	32
147	A transdiagnostic sleep and circadian treatment to improve severe mental illness outcomes in a community setting: study protocol for a randomized controlled trial. Trials, 2016, 17, 606.	1.6	31
148	Social support and social strain in inter-episode bipolar disorder. Bipolar Disorders, 2012, 14, 628-640.	1.9	30
149	Learning cognitive behavior therapy. Journal of Behavior Therapy and Experimental Psychiatry, 2015, 48, 164-169.	1.2	30
150	Title is missing!. Cognitive Therapy and Research, 2003, 27, 403-414.	1.9	29
151	Memory support strategies and bundles: A pathway to improving cognitive therapy for depression?. Journal of Consulting and Clinical Psychology, 2017, 85, 187-199.	2.0	29
152	Internet-delivered cognitive-behavioral therapy for insomnia and comorbid symptoms. Internet Interventions, 2018, 12, 11-15.	2.7	29
153	Interventions for Sleep Disturbance in Bipolar Disorder. Sleep Medicine Clinics, 2015, 10, 101-105.	2.6	28
154	The Impact of Sleep Improvement on Food Choices in Adolescents With Late Bedtimes. Journal of Adolescent Health, 2017, 60, 570-576.	2.5	28
155	Trajectories of sleep problems from adolescence to adulthood. Linking two population-based studies from Norway. Sleep Medicine, 2020, 75, 411-417.	1.6	26
156	Mediators and treatment matching in behavior therapy, cognitive therapy and cognitive behavior therapy for chronic insomnia.. Journal of Consulting and Clinical Psychology, 2017, 85, 975-987.	2.0	26
157	A transdiagnostic sleep and circadian intervention for adolescents: six-month follow-up of a randomized controlled trial. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2020, 61, 653-661.	5.2	25
158	Is improving sleep and circadian problems in adolescence a pathway to improved health? A mediation analysis.. Journal of Consulting and Clinical Psychology, 2019, 87, 757-771.	2.0	25
159	Associations Between Psychological Factors and Nighttime/Daytime Symptomatology in Insomnia. Cognitive Behaviour Therapy, 2012, 41, 273-287.	3.5	24
160	Interpretive Biases in Chronic Insomnia: An Investigation Using a Priming Paradigm. Behavior Therapy, 2006, 37, 248-258.	2.4	23
161	The Epidemiology of Insomnia and Sleep Duration Across Mental and Physical Health: The SHoT Study. Frontiers in Psychology, 2021, 12, 662572.	2.1	23
162	Learning History in Social Phobia. Behavioural and Cognitive Psychotherapy, 2005, 33, 257-271.	1.2	21

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163	Cognitive Mechanisms in Chronic Insomnia: Processes and Prospects. <i>Sleep Medicine Clinics</i> , 2009, 4, 541-548.	2.6	21
164	Treatment agreement, adherence, and outcome in cognitive behavioral treatments for insomnia.. <i>Journal of Consulting and Clinical Psychology</i> , 2018, 86, 294-299.	2.0	21
165	Anxiety Treatment and Targeted Sleep Enhancement to Address Sleep Disturbance in Pre/Early Adolescents with Anxiety. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2019, 48, S284-S297.	3.4	20
166	Development and validation of the Hypersomnia Severity Index (HSI): A measure to assess hypersomnia severity and impairment in psychiatric disorders. <i>Psychiatry Research</i> , 2019, 281, 112547.	3.3	20
167	Patient recall of specific cognitive therapy contents predicts adherence and outcome in adults with major depressive disorder. <i>Behaviour Research and Therapy</i> , 2017, 97, 189-199.	3.1	19
168	Do improved patient recall and the provision of memory support enhance treatment adherence?. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2017, 54, 219-228.	1.2	19
169	Adolescent Sleep Barriers: Profiles within a Diverse Sample of Urban Youth. <i>Journal of Youth and Adolescence</i> , 2018, 47, 2169-2180.	3.5	19
170	Dim Light Melatonin Onset and Affect in Adolescents With an Evening Circadian Preference. <i>Journal of Adolescent Health</i> , 2018, 62, 94-99.	2.5	19
171	Treating sleep and circadian problems to promote mental health: perspectives on comorbidity, implementation science and behavior change. <i>Sleep</i> , 2022, 45, .	1.1	19
172	Sleep problems among adolescents within child and adolescent mental health services. An epidemiological study with registry linkage. <i>European Child and Adolescent Psychiatry</i> , 2022, 31, 121-131.	4.7	18
173	Delayed sleepâ€“wake phase disorder in young adults: prevalence and correlates from a national survey of Norwegian university students. <i>Sleep Medicine</i> , 2021, 77, 184-191.	1.6	18
174	An experimental investigation of daytime monitoring for sleep-related threat in primary insomnia. <i>Cognition and Emotion</i> , 2007, 21, 146-161.	2.0	17
175	Comparing internet-delivered cognitive therapy and behavior therapy with telephone support for insomnia disorder: a randomized controlled trial. <i>Sleep</i> , 2020, 43, .	1.1	17
176	The development and validation of the Memory Support Rating Scale.. <i>Psychological Assessment</i> , 2016, 28, 715-725.	1.5	17
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