Alexandros N Vgontzas

List of Publications by Year
in descending order

164	15,496	26630 56	17592 121
papers	citations	h-index	g-index

167	167	167	11329
all docs	docs citations	times ranked	citing authors

#	Article	IF	Citations
1	Sleep Apnea and Daytime Sleepiness and Fatigue: Relation to Visceral Obesity, Insulin Resistance, and Hypercytokinemia. Journal of Clinical Endocrinology and Metabolism, 2000, 85, 1151-1158.	3.6	1,024
2	Elevation of Plasma Cytokines in Disorders of Excessive Daytime Sleepiness: Role of Sleep Disturbance and Obesity. Journal of Clinical Endocrinology and Metabolism, 1997, 82, 1313-1316.	3.6	841
3	Chronic Insomnia Is Associated with Nyctohemeral Activation of the Hypothalamic-Pituitary-Adrenal Axis: Clinical Implications. Journal of Clinical Endocrinology and Metabolism, 2001, 86, 3787-3794.	3.6	705
4	Insomnia with Objective Short Sleep Duration is Associated with a High Risk for Hypertension. Sleep, 2009, 32, 491-497.	1.1	629
5	Insomnia with objective short sleep duration: The most biologically severe phenotype of the disorder. Sleep Medicine Reviews, 2013, 17, 241-254.	8.5	572
6	Sleep Disordered Breathing in Children in a General Population Sample: Prevalence and Risk Factors. Sleep, 2009, 32, 731-736.	1.1	531
7	Sleep apnea is a manifestation of the metabolic syndrome. Sleep Medicine Reviews, 2005, 9, 211-224.	8.5	468
8	Association of Hypertension and Sleep-Disordered Breathing. Archives of Internal Medicine, 2000, 160, 2289.	3.8	442
9	Insomnia With Objective Short Sleep Duration Is Associated With Type 2 Diabetes. Diabetes Care, 2009, 32, 1980-1985.	8.6	442
10	Circadian Interleukin-6 Secretion and Quantity and Depth of Sleep. Journal of Clinical Endocrinology and Metabolism, 1999, 84, 2603-2607.	3.6	423
11	Chronic insomnia and activity of the stress system. Journal of Psychosomatic Research, 1998, 45, 21-31.	2.6	346
12	Sleep Apnea and Sleep Disruption in Obese Patients. Archives of Internal Medicine, 1994, 154, 1705.	3.8	344
13	Sleep Apnea and Daytime Sleepiness and Fatigue: Relation to Visceral Obesity, Insulin Resistance, and Hypercytokinemia. Journal of Clinical Endocrinology and Metabolism, 2000, 85, 1151-1158.	3.6	335
14	Insomnia with Short Sleep Duration and Mortality: The Penn State Cohort. Sleep, 2010, 33, 1159-1164.	1.1	331
15	Insomnia With Objective Short Sleep Duration and Incident Hypertension. Hypertension, 2012, 60, 929-935.	2.7	329
16	Sleep, the hypothalamicâ€“pituitaryâ€“adrenal axis, and cytokines: multiple interactions and disturbances in sleep disorders. Endocrinology and Metabolism Clinics of North America, 2002, 31, 15-36.	3.2	309
17	Polycystic Ovary Syndrome Is Associated with Obstructive Sleep Apnea and Daytime Sleepiness: Role of Insulin Resistance¹. Journal of Clinical Endocrinology and Metabolism, 2001, 86, 517-520.	3.6	284
18	Obesity Without Sleep Apnea Is Associated With Daytime Sleepiness. Archives of Internal Medicine, 1998, 158, 1333.	3.8	272

#	Article	IF	Citations
19	Risk factors for incident chronic insomnia: A general population prospective study. Sleep Medicine, 2012, 13, 346-353.	1.6	213
20	Chronic Insomnia and the Stress System. Sleep Medicine Clinics, 2007, 2, 279-291.	2.6	212
21	Impaired Nighttime Sleep in Healthy OldVersusYoung Adults Is Associated with Elevated Plasma Interleukin-6 and Cortisol Levels: Physiologic and Therapeutic Implications. Journal of Clinical Endocrinology and Metabolism, 2003, 88, 2087-2095.	3.6	211
22	Sleep Misperception and Chronic Insomnia in the General Population: Role of Objective Sleep Duration and Psychological Profiles. Psychosomatic Medicine, 2011, 73, 88-97.	2.0	204
23	Sleep deprivation effects on the activity of the hypothalamicâ€“pituitaryâ€“adrenal and growth axes: potential clinical implications. Clinical Endocrinology, 1999, 51, 205-215.	2.4	203
24	Insomnia and its Impact on Physical and Mental Health. Current Psychiatry Reports, 2013, 15, 418.	4.5	199
25	Insomnia with Objective Short Sleep Duration is Associated with Deficits in Neuropsychological Performance: A General Population Study. Sleep, 2010, 33, 459-465.	1.1	196
26	Cognitive-Emotional Hyperarousal as a Premorbid Characteristic of Individuals Vulnerable to Insomnia. Psychosomatic Medicine, 2010, 72, 397-403.	2.0	193
27	Obesity-Related Sleepiness and Fatigue: The Role of the Stress System and Cytokines. Annals of the New York Academy of Sciences, 2006, 1083, 329-344.	3.8	179
28	Prevalence of insomnia symptoms in a general population sample of young children and preadolescents: gender effects. Sleep Medicine, 2014, 15, 91-95.	1.6	174
29	Insomnia and psychological reactions during the COVID-19 outbreak in China. Journal of Clinical Sleep Medicine, 2020, 16, 1417-1418.	2.6	168
30	Does obesity play a major role in the pathogenesis of sleep apnoea and its associated manifestations via inflammation, visceral adiposity, and insulin resistance?. Archives of Physiology and Biochemistry, 2008, 114, 211-223.	2.1	161
31	Chronic Insomnia Is Associated with Nyctohemeral Activation of the Hypothalamic-Pituitary-Adrenal Axis: Clinical Implications. Journal of Clinical Endocrinology and Metabolism, 2001, 86, 3787-3794.	3.6	159
32	Obstructive sleep apnea and the metabolic syndrome: The road to clinically-meaningful phenotyping, improved prognosis, and personalized treatment. Sleep Medicine Reviews, 2018, 42, 211-219.	8.5	148
33	Blood Pressure Associated With Sleep-Disordered Breathing in a Population Sample of Children. Hypertension, 2008, 52, 841-846.	2.7	140
34	Middle-Aged Men Show Higher Sensitivity of Sleep to the Arousing Effects of Corticotropin-Releasing Hormone Than Young Men: Clinical Implications. Journal of Clinical Endocrinology and Metabolism, 2001, 86, 1489-1495.	3.6	119
35	Prevalence and Risk Factors of Excessive Daytime Sleepiness in a Community Sample of Young Children: The Role of Obesity, Asthma, Anxiety/Depression, and Sleep. Sleep, 2011, 34, 503-507.	1.1	116
36	Insomnia and incident depression: role of objective sleep duration and natural history. Journal of Sleep Research, 2015, 24, 390-398.	3.2	116

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37	Insomnia With Physiological Hyperarousal Is Associated With Hypertension. Hypertension, 2015, 65, 644-650.	2.7	113
38	Natural History of Excessive Daytime Sleepiness: Role of Obesity, Weight Loss, Depression, and Sleep Propensity. Sleep, 2015, 38, 351-360.	1.1	106
39	Insomnia symptoms with objective short sleep duration are associated with systemic inflammation in adolescents. Brain, Behavior, and Immunity, 2017, 61, 110-116.	4.1	106
40	Sleep is increased in mice with obesity induced by high-fat food. Physiology and Behavior, 2006, 87, 255-262.	2.1	104
41	Leptin and hunger levels in young healthy adults after one night of sleep loss. Journal of Sleep Research, 2010, 19, 552-558.	3.2	104
42	Clinical and Polysomnographic Predictors of the Natural History of Poor Sleep in the General Population. Sleep, 2012, 35, 689-697.	1.1	104
43	Sleep apnoea, sleepiness, inflammation and insulin resistance in middle-aged males and females. European Respiratory Journal, 2014, 43, 145-155.	6.7	104
44	Plasma interleukin 6 levels are elevated in polycystic ovary syndrome independently of obesity or sleep apnea. Metabolism: Clinical and Experimental, 2006, 55, 1076-1082.	3.4	103
45	Lack of Regular Exercise, Depression, and Degree of Apnea are Predictors of Excessive Daytime Sleepiness in Patients with Sleep Apnea: Sex Differences. Journal of Clinical Sleep Medicine, 2008, 4, 19-25.	2.6	103
46	Insomnia is Associated with Cortical Hyperarousal as Early as Adolescence. Sleep, 2016, 39, 1029-1036.	1.1	100
47	Sleep apnoea and visceral adiposity in middle-aged male and female subjects. European Respiratory Journal, 2013, 41, 601-609.	6.7	99
48	Persistent Insomnia: the Role of Objective Short Sleep Duration and Mental Health. Sleep, 2012, 35, 61-68.	1.1	94
49	Sleep-Disordered Breathing in Obese Children Is Associated with Prevalent Excessive Daytime Sleepiness, Inflammation, and Metabolic Abnormalities. Journal of Clinical Endocrinology and Metabolism, 2010, 95, 143-150.	3.6	82
50	Effects of lovastatin and pravastatin on sleep efficiency and sleep stages. Clinical Pharmacology and Therapeutics, 1991, 50, 730-737.	4.7	73
51	Differences in Nocturnal and Daytime Sleep Between Primary and Psychiatric Hypersomnia: Diagnostic and Treatment Implications. Psychosomatic Medicine, 2000, 62, 220-226.	2.0	73
52	Relationship of sleep abnormalities to patient genotypes in Prader-Willi syndrome. , 1996, 67, 478-482.		69
53	Altered ultradian cortisol rhythmicity as a potential neurobiologic substrate for chronic insomnia. Sleep Medicine Reviews, 2018, 41, 234-243.	8.5	67
54	Daytime Sleepines and Rem Abrormalities in Prader-Willi Syndrome: Evidence of Generalized Hypoarousal. International Journal of Neuroscience, 1996, 87, 127-139.	1.6	66

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55	Sleep apnoea and the hypothalamicâ€“pituitaryâ€“adrenal axis in men and women: effects of continuous positive airway pressure. European Respiratory Journal, 2016, 47, 531-540.	6.7	66
56	Objective, but Not Subjective, Sleepiness is Associated With Inflammation in Sleep Apnea. Sleep, 2017, 40, .	1.1	64
57	Obesity and sleep disturbances: Meaningful sub-typing of obesity. Archives of Physiology and Biochemistry, 2008, 114, 224-236.	2.1	63
58	Sleep Disorders and Medical Conditions in Women. Journal of Women's Health, 2008, 17, 1191-1199.	3.3	57
59	Insomnia With Short Sleep Duration. Sleep Medicine Clinics, 2013, 8, 309-322.	2.6	57
60	Insomnia symptoms, objective sleep duration and hypothalamicâ€pituitaryâ€adrenal activity in children. European Journal of Clinical Investigation, 2014, 44, 493-500.	3.4	56
61	Inflammation mediates the association between visceral adiposity and obstructive sleep apnea in adolescents. American Journal of Physiology - Endocrinology and Metabolism, 2016, 311, E851-E858.	3.5	56
62	Natural history of sleep disordered breathing in prepubertal children transitioning to adolescence. European Respiratory Journal, 2016, 47, 1402-1409.	6.7	56
63	Cognitiveâ€“emotional hyperarousal in the offspring of parents vulnerable to insomnia: a nuclear family study. Journal of Sleep Research, 2014, 23, 489-498.	3.2	53
64	Nighttime sleep and daytime functioning correlates of the insomnia complaint in young adults. Journal of Adolescence, 2009, 32, 1059-1074.	2.4	51
65	Rapid Eye Movement Sleep Correlates with the Overall Activities of the Hypothalamic-Pituitary-Adrenal Axis and Sympathetic System in Healthy Humans. Journal of Clinical Endocrinology and Metabolism, 1997, 82, 3278-3280.	3.6	50
66	Sleep Is Increased By Weight Gain and Decreased By Weight Loss in Mice. Sleep, 2008, 31, 627-633.	1.1	50
67	Lack of regular exercise, depression, and degree of apnea are predictors of excessive daytime sleepiness in patients with sleep apnea: sex differences. Journal of Clinical Sleep Medicine, 2008, 4, 19-25.	2.6	50
68	Short- and Long-Term Sleep Stability in Insomniacs and Healthy Controls. Sleep, 2015, 38, 1727-1734.	1.1	43
69	Prenatal and Perinatal Complications: Is It the Link Between Race and SES and Childhood Sleep Disordered Breathing?. Journal of Clinical Sleep Medicine, 2010, 06, 264-269.	2.6	43
70	Sleep Apnea and its Association with the Stress System, Inflammation, Insulin Resistance and Visceral Obesity. Sleep Medicine Clinics, 2007, 2, 251-261.	2.6	42
71	Middle-Aged Men Show Higher Sensitivity of Sleep to the Arousing Effects of Corticotropin-Releasing Hormone Than Young Men: Clinical Implications. Journal of Clinical Endocrinology and Metabolism, 2001, 86, 1489-1495.	3.6	42
72	Impact of the Metabolic Syndrome on Mortality is Modified by Objective Short Sleep Duration. Journal of the American Heart Association, 2017, 6, .	3.7	40

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73	Sleep duration and metabolic syndrome: An updated systematic review and meta-analysis. Sleep Medicine Reviews, 2021, 59, 101451.	8.5	40
74	Validity and Clinical Utility of Sleep Laboratory Criteria for Insomnia. International Journal of Neuroscience, 1994, 77, 11-21.	1.6	38
75	Sleep variability and cardiac autonomic modulation in adolescents â€“ Penn State Child Cohort (PSCC) study. Sleep Medicine, 2015, 16, 67-72.	1.6	37
76	Gender differences in the association of sleep apnea and inflammation. Brain, Behavior, and Immunity, 2015, 47, 211-217.	4.1	37
77	Usefulness of Polysomnographic Studies in the Differential Diagnosis of Insomniaa. International Journal of Neuroscience, 1995, 82, 47-60.	1.6	36
78	Mild-to-moderate sleep apnea is associated with incident hypertension: age effect. Sleep, 2019, 42, .	1.1	36
79	No Relationship between Neurocognitive Functioning and Mild Sleep Disordered Breathing in a Community Sample of Children. Journal of Clinical Sleep Medicine, 2009, 05, 228-234.	2.6	36
80	Insomnia Phenotypes Based on Objective Sleep Duration in Adolescents: Depression Risk and Differential Behavioral Profiles. Brain Sciences, 2016, 6, 59.	2.3	35
81	Interplay of Objective Sleep Duration and Cardiovascular and Cerebrovascular Diseases on Causeâ€Specific Mortality. Journal of the American Heart Association, 2019, 8, e013043.	3.7	35
82	Effects of trazodone versus cognitive behavioral therapy in the insomnia with short sleep duration phenotype: a preliminary study. Journal of Clinical Sleep Medicine, 2020, 16, 2009-2019.	2.6	33
83	Behavioral Profiles Associated with Objective Sleep Duration in Young Children with Insomnia Symptoms. Journal of Abnormal Child Psychology, 2017, 45, 337-344.	3.5	32
84	Obesity and Sleep: A Bidirectional Association?. Sleep, 2010, 33, 573-574.	1.1	31
85	Metabolic syndrome burden in apparently healthy adolescents is adversely associated with cardiac autonomic modulationâ€"Penn State Children Cohort. Metabolism: Clinical and Experimental, 2015, 64, 626-632.	3.4	30
86	Objective short sleep duration increases the risk of all-cause mortality associated with possible vascular cognitive impairment. Sleep Health, 2020, 6, 71-78.	2.5	29
87	Association of Pediatric Obstructive Sleep Apnea With Elevated Blood Pressure and Orthostatic Hypertension in Adolescence. JAMA Cardiology, 2021, 6, 1144.	6.1	29
88	CrossTalk proposal: Metabolic syndrome causes sleep apnoea. Journal of Physiology, 2016, 594, 4687-4690.	2.9	28
89	Am I (hyper)aroused or anxious? Clinical significance of preâ€sleep somatic arousal in young adults. Journal of Sleep Research, 2019, 28, e12829.	3.2	28
90	Clinical Significance and Cut-Off Scores for the Pre-Sleep Arousal Scale in Chronic Insomnia Disorder: A Replication in a Clinical Sample. Behavioral Sleep Medicine, 2020, 18, 705-718.	2.1	26

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91	Increased inflammation from childhood to adolescence predicts sleep apnea in boys: A preliminary study. Brain, Behavior, and Immunity, 2017, 64, 259-265.	4.1	25
92	Insomnia with objective short sleep duration is associated with cognitive impairment: a first look at cardiometabolic contributors to brain health. Sleep, 2021, 44, .	1.1	25
93	Medical Complaints Are More Common in Young School-Aged Children with Parent Reported Insomnia Symptoms. Journal of Clinical Sleep Medicine, 2009, 05, 549-553.	2.6	25
94	Short sleep and obesity: are poor sleep, chronic stress, and unhealthy behaviors the link?. Sleep, 2008, 31, 1203.	1.1	25
95	Prenatal and perinatal complications: is it the link between race and SES and childhood sleep disordered breathing?. Journal of Clinical Sleep Medicine, 2010, 6, 264-9.	2.6	21
96	Objective short sleep duration modifies the relationship between hypertension and all-cause mortality. Journal of Hypertension, 2017, 35, 830-836.	0.5	20
97	Natural history of insomnia symptoms in the transition from childhood to adolescence: population rates, health disparities, and risk factors. Sleep, 2021, 44, .	1.1	20
98	Chronic fatigue syndrome and fibromyalgia in diagnosed sleep disorders: a further test of the â€˜unitaryâ€™ hypothesis. BMC Neurology, 2015, 15, 53.	1.8	19
99	Neurocognitive and behavioral significance of periodic limb movements during sleep in adolescents with attention-deficit/hyperactivity disorder. Sleep, 2018, 41, .	1.1	19
100	Moderate sleep apnoea: a â€œsilentâ€•disorder, or not a disorder at all?. European Respiratory Journal, 2016, 47, 23-26.	6.7	16
101	Trajectories of Insomnia Symptoms From Childhood Through Young Adulthood. Pediatrics, 2022, 149, .	2.1	15
102	The Diagnosis and Treatment of Chronic Insomnia in Adults. Sleep, 2005, 28, 1047-1048.	1.1	14
103	Insomnia and Hypertension. Sleep, 2009, 32, 1547-1547.	1.1	13
104	Short Sleep and Obesity: Are Poor Sleep, Chronic Stress, and Unhealthy Behaviors the Link?. Sleep, 2008, , .	1.1	12
105	Obstructive sleep apnoea and depression: is there an association?. European Respiratory Journal, 2017, 49, 1700858.	6.7	12
106	Childhood highâ€frequency EEG activity during sleep is associated with incident insomnia symptoms in adolescence. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2019, 60, 742-751.	5.2	12
107	Effect of Continuous Positive Airway Pressure on Weight and Local Adiposity in Adults with Obstructive Sleep Apnea: A Meta-Analysis. Annals of the American Thoracic Society, 2021, 18, 1717-1727.	3.2	12
108	Rapid Eye Movement Sleep Correlates with the Overall Activities of the Hypothalamic-Pituitary-Adrenal Axis and Sympathetic System in Healthy Humans. Journal of Clinical Endocrinology and Metabolism, 1997, 82, 3278-3280.	3.6	12

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109	Subjective short sleep duration: what does it mean?. Sleep Medicine Reviews, 2014, 18, 291-292.	8.5	11
110	Sex and Pubertal Differences in the Maturational Trajectories of Sleep Spindles in the Transition from Childhood to Adolescence: A Population-Based Study. ENeuro, 2021, 8, ENEURO.0257-21.2021.	1.9	11
111	Fatigue or Daytime Sleepiness?. Journal of Clinical Sleep Medicine, 2010, 06, 405-405.	2.6	11
112	Sleep disorders in Wilson disease: a systematic review and meta-analysis. Journal of Clinical Sleep Medicine, 2020, 16, 219-230.	2.6	11
113	Medical complaints are more common in young school-aged children with parent reported insomnia symptoms. Journal of Clinical Sleep Medicine, 2009, 5, 549-53.	2.6	11
114	Hypothalamicâ€“pituitaryâ€“adrenal (HPA) axis response to exogenous corticotropinâ€releasing hormone (CRH) is attenuated in men with chronic insomnia. Journal of Sleep Research, 2022, 31, e13526.	3.2	11
115	C-reactive protein improves the ability to detect cardiometabolic risk in mild-to-moderate obstructive sleep apnea. Physiological Reports, 2017, 5, e13454.	1.7	10
116	Association of visceral adiposity and systemic inflammation with sleep disordered breathing in normal weight, never obese adolescents. Sleep Medicine, 2020, 69, 103-108.	1.6	10
117	Maturational trajectories of non-rapid eye movement slow wave activity and odds ratio product in a population-based sample of youth. Sleep Medicine, 2021, 83, 271-279.	1.6	10
118	Basal Cortisol Levels Are Increased in Patients with Mild Cognitive Impairment: Role of Insomnia and Short Sleep Duration. Journal of Alzheimer's Disease, 2022, 87, 933-944.	2.6	8
119	Effect of trazodone versus cognitiveâ€behavioural treatment on highâ€and slowâ€frequency activity during nonâ€rapid eye movement sleep in chronic insomnia: A pilot, randomized clinical trial. Journal of Sleep Research, 2021, 30, e13324.	3.2	7
120	Behavioral, neurocognitive, polysomnographic and cardiometabolic profiles associated with obstructive sleep apnea in adolescents with ADHD. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2022, 63, 544-552.	5.2	7
121	Association of insomnia phenotypes based on polysomnography-measured sleep duration with suicidal ideation and attempts. Sleep Health, 2022, , 712.	2.5	7
122	Obesity and Self-Reported Short Sleep Duration: A Marker of Sleep Complaints and Chronic Psychosocial Stress. Sleep Medicine Clinics, 2009, 4, 65-75.	2.6	6
123	Is there a link between mild sleep disordered breathing and psychiatric and psychosomatic disorders?. Sleep Medicine Reviews, 2011, 15, 403-405.	8.5	6
124	Insomnia Symptoms and Sleep Duration Are Associated with Impaired Cardiac Autonomic Modulation in Children. Neuroscience and Medicine, 2011, 02, 288-294.	0.2	6
125	Objective Measures are Useful in Subtyping Chronic Insomnia. Sleep, 2013, 36, 1125-1126.	1.1	5
126	Poor Diet, Long Sleep, and Lack of Physical Activity Are Associated with Inflammation among Non-Demented Community-Dwelling Elderly. Healthcare (Switzerland), 2022, 10, 143.	2.0	5

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127	Insomnia and Mortality. Sleep, 2011, 34, 557-558.	1.1	4
128	Arousability as a trait predisposition to insomnia: multidimensional structure and clinical utility of the Spanish and English versions of the Arousal Predisposition Scale. Sleep Medicine, 2021, 81, 235-243.	1.6	4
129	Neurobiological Disturbances in Insomnia: Clinical Utility of Objective Measures of Sleep. Medical Psychiatry, 2010, , 65-76.	0.2	4
130	Insomnia and Health. , 2017, , 794-803.e5.		3
131	Fatigue or daytime sleepiness?. Journal of Clinical Sleep Medicine, 2010, 6, 405.	2.6	3
132	Association of a novel EEG metric of sleep depth/intensity with attention-deficit/hyperactivity, learning, and internalizing disorders and their pharmacotherapy in adolescence. Sleep, 2022, 45, .	1.1	2
133	Insomnia with Objective Short Sleep Duration is Associated with a High Risk for Hypertension. Sleep, 2009, , .	1.1	1
134	Response to Poor Sleep With Normal Sleep Duration: A Preventive Effect on Incident Hypertension. Hypertension, 2013, 61, e12.	2.7	1
135	0504 Mortality Risk Associated with Mild-to-Moderate Sleep Apnea is Modified by Age. Sleep, 2019, 42, A202-A202.	1.1	1
136	Obesity and Sleep Disturbances. , 2019, , 123-142.		1
137	0355 Insomnia with Objective Short Sleep Duration is Associated with Cognitive Impairment: A Closer Look at Cardiometabolic Brain Health. Sleep, 2019, 42, A145-A145.	1.1	1
138	NOT ALL BENZODIAZEPINES ARE ALIKE: UPDATE 1993. , 1994, , .		1
139	Short Telomere Length and Endophenotypes in Sleep Medicine. Journal of Clinical Sleep Medicine, 2018, 14, 1975-1977.	2.6	1
140	Evidence of a maturational disruption in non-rapid eye movement sleep slow wave activity in youth with attention-deficit/hyperactivity, learning and internalizing disorders. Sleep Medicine, 2022, 90, 230-237.	1.6	1
141	Abstract MP56: Sleep Regularity Modifies The Association Of Visceral Adiposity With Elevated Blood Pressure In Adolescents. Circulation, 2022, 145, .	1.6	1
142	Abstract 039: Association Of A Cumulative Exposure To Sleep Disordered Breathing From Childhood Through Young Adulthood With Carotid Intima-media Thickness. Circulation, 2022, 145, .	1.6	1
143	Endocrine and Metabolic Disorders and Sleep. , 2005, , 745-757.		0
144	Rebuttal from Alexandros N. Vgontzas, Jordan Gaines, Silke Ryan and Walter T. McNicholas. Journal of Physiology, 2016, 594, 4695-4695.	2.9	0

#	Article	IF	Citations
145	0735 Longitudinal Association of the Natural Course of Childhood Overweight with Sleep Disordered Breathing in the Transition to Adolescence: The Penn State Child Cohort. Sleep, 2019, 42, A295-A295.	1.1	0
146	0864 Objective Short Sleep Duration Increases the Risk of All-Cause and Cause-Specific Mortality Associated with Cognitive Impairment. Sleep, 2019, 42, A346-A348.	1.1	0
147	0354 Trait and State Arousal in Insomnia: Utility of Patient-reported Emotional Reactivity and Somatic Arousal in Clinical Samples. Sleep, 2019, 42, A144-A145.	1.1	0
148	0758 Natural History of Insomnia Symptoms from Childhood through Adolescence into Young Adulthood: The Penn State Child Cohort. Sleep, 2019, 42, A304-A305.	1.1	0
149	0437 Differences of Electroencephalogram Activity during Nonrapid Eye Movement Sleep between Objective and Subjective Daytime Sleepiness in Sleep Apnea Patients. Sleep, 2019, 42, A176-A177.	1.1	0
150	0488 Poor Sleep and Daytime Sleepiness Increase the Risk of Hypertension Associated with Mild-to-Moderate Obstructive Sleep Apnea: Age Effect. Sleep, 2019, 42, A195-A196.	1.1	0
151	Response to: Real effect vs placebo effect. Journal of Clinical Sleep Medicine, 2021, 17, 1143-1144.	2.6	0
152	Short-term and Intermediate-term Fine Particulate Air Pollution are Synergistically Associated with Habitual Sleep Variability in Adolescents. ISEE Conference Abstracts, 2021, 2021, .	0.0	0
153	Obesity and Sleep. , 2012, , 291-301.		0
154	Abstract MP94: Short Sleep Duration Modifies the Relationship Between Cognitive Impairment Associated with Cardiovascular Disease and All-cause Mortality. Circulation, 2016, 133, .	1.6	0
155	Abstract MP085: Cognitive Impairment Mediates the Impact of Short Sleep Duration on Mortality in Individuals with Cardiovascular or Cerebrovascular Disease. Circulation, 2017, 135, .	1.6	0
156	Abstract P129: Association Between Blood Pressure and DNA Methylation in Blood Pressure-related Genes in Adolescents. Circulation, 2018, 137, .	1.6	0
157	Abstract P337: Adolescent Sleep is Associated With Physical Activity and Sedentary Behavior Patterns. Circulation, 2018, 137, .	1.6	0
158	Abstract P343: Sex Differences in Cardiovascular/Cerebrovascular Mortality Risk Associated With Chronic Insomnia. Circulation, 2018, 137, .	1.6	0
159	Abstract P339: Impaired Cardiac Autonomic Modulation in Adolescents: Role of Insomnia Symptoms, Objective Short Sleep Duration and Night-To-Night Sleep Variability. Circulation, 2018, 137, .	1.6	0
160	Abstract MP26: Visceral Obesity and Systemic Inflammation Predict Sleep Disordered Breathing in Normal Weight, Never Obese Adolescents: A Longitudinal, Population-Based Study. Circulation, 2019, 139, .	1.6	0
161	Abstract P275: Objective Short Sleep Duration Increases the Risk of Cancer Mortality Associated With Cardiovascular and Cerebrovascular Disease. Circulation, 2019, 139, .	1.6	0
162	Abstract MP52: Racial Disparity in Habitual Sleep Pattern Among Adolescents is Modified by Caloric Intake. Circulation, 2019, 139, .	1.6	0

#	Article	IF	Citations
163	Abstract MP23: Interplay of Cognitive Impairment and Short Sleep Duration on Cardiovascular and Cerebrovascular Mortality. Circulation, 2020, 141, .	1.6	0
164	Abstract P354: Objective Short Sleep Duration Increases the Risk of Mortality Associated with the Metabolic Syndrome. Circulation, 2017, 135, .	1.6	0