Sonia Lippke

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/6353866/publications.pdf

Version: 2024-02-01

201 papers 7,224 citations

66343 42 h-index 72 g-index

261 all docs

261 docs citations

times ranked

261

6048 citing authors

#	Article	IF	CITATIONS
1	Distress, loneliness, and mental health during the COVIDâ€19 pandemic: Test of the extension of the Evolutionary Theory of Loneliness. Applied Psychology: Health and Well-Being, 2023, 15, 24-48.	3.0	24
2	Health Behavior Change. , 2022, , 95-117.	_	4
3	Predictors of employees' self-reported future learning ability and disengagement at work. Journal of Workplace Learning, 2022, 34, 277-294.	1.7	3
4	Web-Based Versus Print-Based Physical Activity Intervention for Community-Dwelling Older Adults: Crossover Randomized Trial. JMIR MHealth and UHealth, 2022, 10, e32212.	3.7	13
5	The Effectiveness of Sequentially Delivered Web-Based Interventions on Promoting Physical Activity and Fruit-Vegetable Consumption Among Chinese College Students: Mixed Methods Study. Journal of Medical Internet Research, 2022, 24, e30566.	4.3	12
6	Distinct physical activity and sedentary behavior trajectories in older adults during participation in a physical activity intervention: a latent class growth analysis. European Review of Aging and Physical Activity, 2022, 19, 1.	2.9	5
7	Preventable Adverse Events in Obstetricsâ€"Systemic Assessment of Their Incidence and Linked Risk Factors. Healthcare (Switzerland), 2022, 10, 97.	2.0	6
8	Hygiene Behaviors and SARS-CoV-2-Preventive Behaviors in the Face of the COVID-19 Pandemic: Self-Reported Compliance and Associations with Fear, SARS-CoV-2 Risk, and Mental Health in a General Population vs. a Psychosomatic Patients Sample in Germany. Hygiene, 2022, 2, 28-43.	1.7	11
9	Birthing under the Condition of the COVID-19 Pandemic in Germany: Interviews with Mothers, Partners, and Obstetric Health Care Workers. International Journal of Environmental Research and Public Health, 2022, 19, 1486.	2.6	12
10	Psychological Intervention to Improve Communication and Patient Safety in Obstetrics: Examination of the Health Action Process Approach. Frontiers in Psychology, 2022, 13, 771626.	2.1	8
11	Impact of Activity Tracker Usage in Combination with a Physical Activity Intervention on Physical and Cognitive Parameters in Healthy Adults Aged 60+: A Randomized Controlled Trial. International Journal of Environmental Research and Public Health, 2022, 19, 3785.	2.6	5
12	A WeChat Mini Program-Based Intervention for Physical Activity, Fruit and Vegetable Consumption Among Chinese Cardiovascular Patients in Home-Based Rehabilitation: A Study Protocol. Frontiers in Public Health, 2022, 10, 739100.	2.7	10
13	Ecological Predictors of Older Adults' Participation and Retention in a Physical Activity Intervention. International Journal of Environmental Research and Public Health, 2022, 19, 3190.	2.6	2
14	Health Status Stability of Patients in a Medical Rehabilitation Program: What Are the Roles of Time, Physical Fitness Level, and Self-efficacy?. International Journal of Behavioral Medicine, 2022, 29, 624-637.	1.7	2
15	Study protocol for â€the effects of multimodal training of cognitive and/or physical functions on cognition and physical fitness of older adults: a cluster randomized controlled trial'. BMC Geriatrics, 2022, 22, 398.	2.7	О
16	Mitigating Feelings of Loneliness and Depression by Means of Web-Based or Print-Based Physical Activity Interventions: Pooled Analysis of 2 Community-Based Intervention Trials. JMIR Aging, 2022, 5, e36515.	3.0	3
17	Association of Social-Cognitive Factors with Individual Preventive Behaviors of COVID-19 among a Mixed-Sample of Older Adults from China and Germany. International Journal of Environmental Research and Public Health, 2022, 19, 6364.	2.6	6
18	Health Behaviors and Behavior Change during Pregnancy: Theory-Based Investigation of Predictors and Interrelations. Sexes, 2022, 3, 351-366.	1.0	7

#	Article	IF	CITATIONS
19	Cardiopulmonary capacity and psychological factors are related to return to work in orthopedic rehabilitation patients. Journal of Health Psychology, 2021, 26, 2505-2519.	2.3	4
20	Social Participation during the Transition to Retirement: Findings on Work, Health and Physical Activity beyond Retirement from an Interview Study over the Course of 3 Years. Activities, Adaptation and Aging, 2021, 45, 135-158.	2.4	11
21	An 8â€Week Study on Socialâ€Cognitive Variables for Physical Activity and Fruit and Vegetable Intake: Are there Stage Transitions?. Applied Psychology: Health and Well-Being, 2021, 13, 109-128.	3.0	2
22	Pace of life and perceived stress in international students. PsyCh Journal, 2021, 10, 425-436.	1.1	7
23	Modelle gesundheitsbezogenen Handelns und VerhaltensÄ ¤ derung. The Springer Reference Pflegerapie, Gesundheit, 2021, , 77-93.	0.3	0
24	AnsÃæe zur Förderung gesunder ErnÃĦrung und Bewegung. , 2021, , 1-20.		1
25	Physical Activity, Loneliness, and Meaning of Friendship in Young Individuals – A Mixed-Methods Investigation Prior to and During the COVID-19 Pandemic With Three Cross-Sectional Studies. Frontiers in Psychology, 2021, 12, 617267.	2.1	45
26	To What Extent is Internet Activity Predictive of Psychological Well-Being?. Psychology Research and Behavior Management, 2021, Volume 14, 207-219.	2.8	23
27	Effectiveness of Communication Interventions in Obstetrics—A Systematic Review. International Journal of Environmental Research and Public Health, 2021, 18, 2616.	2.6	22
28	Development of the perceptions of preventable adverse events assessment tool (PPAEAT): measurement properties and patients' mental health status. International Journal for Quality in Health Care, 2021, 33, .	1.8	8
29	Psychosomatic Rehabilitation Patients and the General Population During COVID-19: Online Cross-sectional and Longitudinal Study of Digital Trainings and Rehabilitation Effects. JMIR Mental Health, 2021, 8, e30610.	3.3	7
30	Implementing Digital Trainings within Medical Rehabilitations: Improvement of Mental Health and Synergetic Outcomes with Healthcare Service. International Journal of Environmental Research and Public Health, 2021, 18, 8936.	2.6	3
31	Harmonious personality and work–family conflicts: The multiple mediating roles of social support and selfâ€control. PsyCh Journal, 2021, 10, 889-897.	1.1	4
32	Improving professional health literacy in hospitals: study protocol of a participatory codesign and implementation study. BMJ Open, 2021, 11, e045835.	1.9	3
33	Health-related lifestyle and dropout from a web-based physical activity intervention trial in older adults: A latent profile analysis Health Psychology, 2021, 40, 481-490.	1.6	8
34	Barriers and Facilitators of Safe Communication in Obstetrics: Results from Qualitative Interviews with Physicians, Midwives and Nurses. International Journal of Environmental Research and Public Health, 2021, 18, 915.	2.6	21
35	The Mediation Effect of Phobic Anxiety on the Treatment Outcome of Activity and Participation across Age: Comparison between Online and Face-to-Face Rehabilitation Aftercare of an RCT. International Journal of Environmental Research and Public Health, 2021, 18, 10919.	2.6	1
36	Adherence With Online Therapy vs Face-to-Face Therapy and With Online Therapy vs Care as Usual: Secondary Analysis of Two Randomized Controlled Trials. Journal of Medical Internet Research, 2021, 23, e31274.	4.3	17

#	Article	IF	CITATIONS
37	Acting Instead of Reacting—Ensuring Employee Retention during Successful Introduction of i4.0. Applied System Innovation, 2021, 4, 97.	4.6	8
38	Effects of Two Webâ€Based Interventions and Mediating Mechanisms on Stage of Change Regarding Physical Activity in Older Adults. Applied Psychology: Health and Well-Being, 2020, 12, 77-100.	3.0	22
39	Obstetric Healthcare Workers' Adherence to Hand Hygiene Recommendations during the COVIDâ€19 Pandemic: Observations and Socialâ€Cognitive Determinants. Applied Psychology: Health and Well-Being, 2020, 12, 1286-1305.	3.0	35
40	Requirements for (web-based) physical activity interventions targeting adults above the age of 65 years – qualitative results regarding acceptance and needs of participants and non-participants. BMC Public Health, 2020, 20, 907.	2.9	19
41	Problematic Internet Use and Perceived Quality of Life: Findings from a Cross-Sectional Study Investigating Work-Time and Leisure-Time Internet Use. International Journal of Environmental Research and Public Health, 2020, 17, 4056.	2.6	26
42	Temporary Disability Pension, RTW-Intentions, and RTW-Behavior: Expectations and Experiences of Disability Pensioners over 17 Months. International Journal of Environmental Research and Public Health, 2020, 17, 238.	2.6	12
43	Self-Efficacy Theory. , 2020, , 4722-4727.		12
44	Assessing physical activity through questionnaires – A consensus of best practices and future directions. Psychology of Sport and Exercise, 2020, 50, 101715.	2.1	44
45	Implementation and Effects of Information Technology-Based and Print-Based Interventions to Promote Physical Activity Among Community-Dwelling Older Adults: Protocol for a Randomized Crossover Trial. JMIR Research Protocols, 2020, 9, e15168.	1.0	13
46	The Mediator Roles of Problematic Internet Use and Perceived Stress Between Health Behaviors and Work-Life Balance Among Internet Users in Germany and China: Web-Based Cross-Sectional Study. Journal of Medical Internet Research, 2020, 22, e16468.	4.3	3
47	Multiple Health Behaviors across Age: Physical Activity and Internet Use. American Journal of Health Behavior, 2020, 44, 333-344.	1.4	7
48	Outcome Expectation. , 2020, , 3379-3381.		1
49	Enactive Mastery Experience. , 2020, , 1362-1365.		1
50	Self-Efficacy Expectation., 2020,, 4719-4722.		0
51	Self-Efficacy., 2020, , 4713-4719.		3
52	Predictors for Loneliness Perceived by the Interviewer or the Individual: Findings from Limited Disability Pensioners and Medical Rehabilitation Patients. Acta De InvestigaciÁ³n Psicológica, 2020, 10, 114-130.	0.1	0
53	Latent user groups of an eHealth physical activity behaviour change intervention for people interested in reducing their cardiovascular risk. Research in Sports Medicine, 2019, 27, 34-49.	1.3	13
54	A web-based lifestyle intervention program for Chinese college students: study protocol and baseline characteristics of a randomized placebo-controlled trial. BMC Public Health, 2019, 19, 1097.	2.9	23

#	Article	IF	CITATIONS
55	Effects of two web-based interventions promoting physical activity among older adults compared to a delayed intervention control group in Northwestern Germany: Results of the PROMOTE community-based intervention trial. Preventive Medicine Reports, 2019, 15, 100958.	1.8	38
56	Future orientation buffers depression in daily and specific stress. PsyCh Journal, 2019, 8, 342-352.	1.1	17
57	Restoring meaning in life by meaningâ€focused coping: The role of selfâ€distancing. PsyCh Journal, 2019, 8, 386-396.	1.1	9
58	Using Photo Stories to Support Doctor-Patient Communication: Evaluating a Communicative Health Literacy Intervention for Older Adults. International Journal of Environmental Research and Public Health, 2019, 16, 3726.	2.6	5
59	Predicting Self-Disclosure in Recruitment in the Context of Social Media Screening. Employee Responsibilities and Rights Journal, 2019, 31, 99-112.	1.4	4
60	Communication and patient safety in gynecology and obstetrics - study protocol of an intervention study. BMC Health Services Research, 2019, 19, 908.	2.2	34
61	Sozial-kognitive Theorien und Modelle des Gesundheitsverhaltens – Problemlagen und Potenziale in der Gesundheitsförderung und Präention fÃ⅓r Menschen mit Demenz. , 2019, , 75-90.		0
62	Putting psychology into telerehabilitation: Coping planning as an example for how to integrate behavior change techniques into clinical practice. AIMS Medical Science, 2019, 6, 13-32.	0.4	2
63	Modelle gesundheitsbezogenen Handelns und VerhaltensÄ r derung. The Springer Reference Pflegerapie, Gesundheit, 2019, , 1-17.	0.3	1
64	Modelle gesundheitsbezogenen Handelns und VerhaltensÄ ¤ derung. The Springer Reference Pflegerapie, Gesundheit, 2019, , 299-310.	0.3	1
65	Fruit and Vegetable Intake: the Interplay of Planning, Social Support, and Sex. International Journal of Behavioral Medicine, 2018, 25, 421-430.	1.7	12
66	Health Education and Health Promotion: Key Concepts and Exemplary Evidence to Support Them., 2018, , 489-532.		8
67	Understanding the Positive Associations of Sleep, Physical Activity, Fruit and Vegetable Intake as Predictors of Quality of Life and Subjective Health Across Age Groups: A Theory Based, Cross-Sectional Web-Based Study. Frontiers in Psychology, 2018, 9, 977.	2.1	41
68	Associations among Sleep, Diet, Quality of Life, and Subjective Health. Health Behavior and Policy Review, 2018, 5, 46-58.	0.4	8
69	Sex differential mediation effects of planning within the health behavior change process. Social Science and Medicine, 2018, 211, 137-146.	3.8	7
70	Rehabilitants' conscientiousness as a moderator of the intention–planning-behavior chain Rehabilitation Psychology, 2018, 63, 460-467.	1.3	8
71	The Mediating Role of Perceived Social Support Between Physical Activity Habit Strength and Depressive Symptoms in People Seeking to Decrease Their Cardiovascular Risk: Cross-Sectional Study. JMIR Mental Health, 2018, 5, e11124.	3.3	5
72	Evaluation of a Web-Based Intervention for Multiple Health Behavior Changes in Patients With Coronary Heart Disease in Home-Based Rehabilitation: Pilot Randomized Controlled Trial. Journal of Medical Internet Research, 2018, 20, e12052.	4.3	70

#	Article	lF	CITATIONS
73	Testing a Photo Story Intervention in Paper Versus Electronic Tablet Format Compared to a Traditional Brochure Among Older Adults in Germany: Randomized Controlled Trial. JMIR Aging, 2018, 1, e12145.	3.0	4
74	E-Health als zentrale Komponente des digitalen Betrieblichen Gesundheitsmanagements – psychologische AnsÃæe, Erkenntnisse und Evaluationsmethoden. , 2018, , 119-136.		2
75	Brief report: Compensatory health beliefs are negatively associated with intentions for regular fruit and vegetable consumption when self-efficacy is low. Journal of Health Psychology, 2017, 22, 1094-1100.	2.3	16
76	Physical activity across the life-span: Does feeling physically younger help you to plan physical activities?. Journal of Health Psychology, 2017, 22, 324-335.	2.3	12
77	Physical Activity Behavior and Competing Activities: Interrelations in 55- to 70-Year-Old Germans. Journal of Aging and Physical Activity, 2017, 25, 576-586.	1.0	9
78	Put two (and two) together to make the most of physical activity and healthy nutrition – A longitudinal online study examining cross-behavioural mechanisms in multiple health behaviour change. Research in Sports Medicine, 2017, 25, 357-372.	1.3	9
79	What contributes to action plan enactment? Examining characteristics of physical activity plans. British Journal of Health Psychology, 2017, 22, 940-957.	3.5	37
80	Investigating acculturation orientations of patients with an immigration background and doctors in Canada: implications for medical advice adherence. Quality of Life Research, 2017, 26, 1223-1232.	3.1	4
81	Motivational and Volitional Correlates of Physical Activity in Participants Reporting No, Past, and Current Hypertension: Findings from a Cross-Sectional Observation Study. International Journal of Behavioral Medicine, 2017, 24, 908-914.	1.7	6
82	Development and evaluation of two web-based interventions for the promotion of physical activity in older adults: study protocol for a community-based controlled intervention trial. BMC Public Health, 2017, 17, 512.	2.9	33
83	Future directions of multiple behavior change research. Journal of Behavioral Medicine, 2017, 40, 194-202.	2.1	110
84	The Importance of Team Health Climate for Health-Related Outcomes of White-Collar Workers. Frontiers in Psychology, 2017, 08, 74.	2.1	39
85	How to Tackle Key Challenges in the Promotion of Physical Activity among Older Adults (65+): The AEQUIPA Network Approach. International Journal of Environmental Research and Public Health, 2017, 14, 379.	2.6	49
86	Outcome Expectation. , 2017, , 1-2.		3
87	Social-cognitive factors of long-term physical exercise 7 years after orthopedic treatment Rehabilitation Psychology, 2017, 62, 89-99.	1.3	13
88	Web-Based Intervention for Physical Activity and Fruit and Vegetable Intake Among Chinese University Students: A Randomized Controlled Trial. Journal of Medical Internet Research, 2017, 19, e106.	4.3	109
89	Self-Efficacy., 2017, , 1-7.		1
90	Physical exercise, sickness absence and subjective employability: An 8-year longitudinal observational study among musculoskeletal patients. Journal of Rehabilitation Medicine, 2016, 48, 541-546.	1.1	11

#	Article	IF	Citations
91	A Rolling Stone Gathers No Moss–The Long Way from Good Intentions to Physical Activity Mediated by Planning, Social Support, and Self-Regulation. Frontiers in Psychology, 2016, 7, 1024.	2.1	11
92	Intervention Engagement Moderates the Dose–Response Relationships in a Dietary Intervention. Dose-Response, 2016, 14, 155932581663751.	1.6	11
93	Testing principle working mechanisms of the health action process approach for subjective physical age groups. Research in Sports Medicine, 2016, 24, 67-83.	1.3	16
94	Testing the validity of a stage assessment on health enhancing physical activity in a chinese university student sample. BMC Public Health, 2016, 16, 260.	2.9	8
95	Generating and predicting high quality action plans to facilitate physical activity and fruit and vegetable consumption: results from an experimental arm of a randomised controlled trial. BMC Public Health, 2016, 16, 317.	2.9	28
96	Effectiveness of a Web-Based Computer-Tailored Multiple-Lifestyle Intervention for People Interested in Reducing their Cardiovascular Risk: A Randomized Controlled Trial. Journal of Medical Internet Research, 2016, 18, e78.	4.3	46
97	Using Visual Analogue Scales in eHealth: Non-Response Effects in a Lifestyle Intervention. Journal of Medical Internet Research, 2016, 18, e126.	4.3	12
98	Investigating patients with an immigration background in Canada: relationships between individual immigrant attitudes, the doctor-patient relationship, and health outcomes. BMC Public Health, 2015, 16, 23.	2.9	17
99	The interplay of intention, autonomy, and sex with dietary planning: A conditional process model to predict fruit and vegetable intake. British Journal of Health Psychology, 2015, 20, 859-876.	3.5	12
100	Promoting action control and coping planning to improve hand hygiene. BMC Public Health, 2015, 15, 964.	2.9	10
101	Direct effects of a domain-specific subjective age measure on self-reported physical activity – Is it more important how old you are or how old you feel?. Health Psychology Report, 2015, 3, 131-139.	0.9	17
102	The Possible Antecedents and Consequences of Matching of Food Intake: Examining the Role of Trait Self-Esteem and Interpersonal Closeness. Frontiers in Psychology, 2015, 6, 1920.	2.1	2
103	Evaluating brief motivational and self-regulatory hand hygiene interventions: a cross-over longitudinal design. BMC Public Health, 2015, 15, 79.	2.9	74
104	Cross-behavior associations and multiple health behavior change: A longitudinal study on physical activity and fruit and vegetable intake. Journal of Health Psychology, 2015, 20, 525-534.	2.3	68
105	Modelling of food intake in Brazil and Germany: Examining the effects of self-construals. Eating Behaviors, 2015, 19, 127-132.	2.0	6
106	A Computerized Lifestyle Application to Promote Multiple Health Behaviors at the Workplace: Testing Its Behavioral and Psychological Effects. Journal of Medical Internet Research, 2015, 17, e225.	4.3	30
107	Physical activity among adults with obesity: Testing the health action process approach Rehabilitation Psychology, 2014, 59, 42-49.	1.3	64
108	Positive Exercise Experience Facilitates Behavior Change via Self-Efficacy. Health Education and Behavior, 2014, 41, 414-422.	2.5	20

#	Article	IF	Citations
109	â€~Sticking to a healthy diet is easier for me when I exercise regularly': Cognitive transfer between physical exercise and healthy nutrition. Psychology and Health, 2014, 29, 1361-1372.	2.2	55
110	Testing two principles of the Health Action Process Approach in individuals with type 2 diabetes Health Psychology, 2014, 33, 77-84.	1.6	34
111	MODELLING AND SUPPORTING COMPLEX BEHAVIOR CHANGE RELATED TO OBESITY AND DIABETES PREVENTION AND MANAGEMENT WITH THE COMPENSATORY CARRY-OVER ACTION MODEL. Journal of Diabetes and Obesity, 2014, 1, 1-5.	0.2	50
112	Investigating and Promoting the Decision towards Signing an Organ Donation Card. Open Journal of Medical Psychology, 2014, 03, 189-201.	0.5	2
113	Effects of Additional Yoga, Meditation and Homework: A Randomized Controlled Trial Evaluating Sleep Problems with a University Student Sample. British Journal of Education Society & Behavioural Science, 2014, 4, 1687-1702.	0.1	0
114	Planning Skills Moderate the Intention–Planning Cognitions–Behaviour Relation: A Longitudinal Study on Physical Activity in Chinese Adolescents. Research in Sports Medicine, 2013, 21, 12-23.	1.3	5
115	From intentions via planning and behavior to physical exercise habits. Psychology of Sport and Exercise, 2013, 14, 632-639.	2.1	103
116	Designing a theory- and evidence-based tailored eHealth rehabilitation aftercare program in Germany and the Netherlands: study protocol. BMC Public Health, 2013, 13, 1081.	2.9	20
117	Positive experience, selfâ€efficacy, and action control predict physical activity changes: A moderated mediation analysis. British Journal of Health Psychology, 2013, 18, 395-406.	3.5	56
118	Effects of a self-regulation intervention on exercise are moderated by depressive symptoms: A quasi-experimental study. International Journal of Clinical and Health Psychology, 2013, 13, 1-8.	5.1	26
119	Relationship between health climate and affective commitment in the workplace. International Journal of Health Promotion and Education, 2013, 51, 172-179.	0.9	8
120	A mediator model to predict workplace influenza vaccination behaviour – an application of the health action process approach. Psychology and Health, 2013, 28, 579-592.	2.2	30
121	Promoting exercise maintenance: How interventions with booster sessions improve long-term rehabilitation outcomes Rehabilitation Psychology, 2013, 58, 323-333.	1.3	88
122	â€I do not need a flu shot because I lead a healthy lifestyle': Compensatory health beliefs make vaccination less likely. Journal of Health Psychology, 2013, 18, 825-836.	2.3	34
123	Self-regulation prompts can increase fruit consumption: A one-hour randomised controlled online trial. Psychology and Health, 2013, 28, 533-545.	2.2	29
124	Changes in social-cognitive variables are associated with stage transitions in physical activity. Health Education Research, 2012, 27, 129-140.	1.9	19
125	Facilitating Sunscreen Use in Women by a Theory-Based Online Intervention: A Randomized Controlled Trial. Journal of Health Psychology, 2012, 17, 207-216.	2.3	36
126	Synergistic Effects of Planning and Self-Efficacy on Physical Activity. Health Education and Behavior, 2012, 39, 152-158.	2.5	39

#	Article	IF	Citations
127	Enhancing planning strategies for sunscreen use at different stages of change. Health Education Research, 2012, 27, 857-867.	1.9	19
128	Depressive symptoms interfere with post-rehabilitation exercise: Outcome expectancies and experience as mediators. Psychology, Health and Medicine, 2012, 17, 698-708.	2.4	17
129	Translating intentions into sunscreen use: An interaction of self-efficacy and appearance norms. Psychology, Health and Medicine, 2012, 17, 447-456.	2.4	7
130	A combined planning and self-efficacy intervention to promote physical activity: A multiple mediation analysis. Psychology, Health and Medicine, 2012, 17, 488-498.	2.4	40
131	Efficacy of a text messaging (SMS) based smoking cessation intervention for adolescents and young adults: Study protocol of a cluster randomised controlled trial. BMC Public Health, 2012, 12, 51.	2.9	53
132	Multiple plans and memory performance: results of a randomized controlled trial targeting fruit and vegetable intake. Journal of Behavioral Medicine, 2012, 35, 387-392.	2.1	39
133	Planning and self-efficacy can increase fruit and vegetable consumption: a randomized controlled trial. Journal of Behavioral Medicine, 2012, 35, 443-451.	2.1	80
134	Future Time Perspective and Health Behaviors: Temporal Framing of Self-Regulatory Processes in Physical Exercise and Dietary Behaviors. Annals of Behavioral Medicine, 2012, 43, 208-218.	2.9	75
135	Health-Promoting and Health-Risk Behaviors: Theory-Driven Analyses of Multiple Health Behavior Change in Three International Samples. International Journal of Behavioral Medicine, 2012, 19, 1-13.	1.7	149
136	A Mediator Model of Sunscreen Use: A Longitudinal Analysis of Social-Cognitive Predictors and Mediators. International Journal of Behavioral Medicine, 2012, 19, 65-72.	1.7	48
137	Self-efficacy as a moderator of the planning–behaviour relationship in interventions designed to promote physical activity. Psychology and Health, 2011, 26, 151-166.	2.2	171
138	Testing two stage assessments in a Chinese college student sample: Correspondences and discontinuity patterns across stages. Psychology of Sport and Exercise, 2011, 12, 306-313.	2.1	15
139	Exercise maintenance after rehabilitation: How experience can make a difference. Psychology of Sport and Exercise, 2011, 12, 293-299.	2.1	38
140	The More the Better? The Number of Plans Predicts Health Behaviour Change. Applied Psychology: Health and Well-Being, 2011, 3, 87-106.	3.0	41
141	Wahrgenommene Zielkonflikte zwischen Gesundheitszielen: Ergebnisse einer Intervention zur FĶrderung von kĶrperlicher AktivitĤund ErnÄĦrung. Zeitschrift Fuer Medizinische Psychologie, 2011, 20, 60-71.	0.1	0
142	Meat Label Information: Effects of Separate Versus Conjoint Presentation on Product Evaluation1. Journal of Applied Social Psychology, 2011, 41, 1947-1957.	2.0	2
143	Intervention effects of exercise self-regulation on physical exercise and eating fruits and vegetables: A longitudinal study in orthopedic and cardiac rehabilitation. Preventive Medicine, 2011, 53, 182-187.	3.4	118
144	How planning facilitates behaviour change: Additive and interactive effects of a randomized controlled trial. European Journal of Social Psychology, 2011, 41, 42-51.	2.4	42

#	Article	IF	CITATIONS
145	Awareness of Canada's Physical Activity Guide to Healthy Active Living in a Large Community Sample. American Journal of Health Promotion, 2011, 25, 294-297.	1.7	21
146	Who Participates in Seasonal Influenza Vaccination? Past Behavior Moderates the Prediction of Adherence. Advances in Preventive Medicine, 2011, 2011, 1-6.	2.7	16
147	The Importance of Autonomous Regulation for Students' Successful Translation of Intentions into Behavior Change via Planning. Advances in Preventive Medicine, 2011, 2011, 1-6.	2.7	3
148	Mechanisms of health behavior change in persons with chronic illness or disability: The Health Action Process Approach (HAPA) Rehabilitation Psychology, 2011, 56, 161-170.	1.3	514
149	Intervention–Engagement and Its Role in the Effectiveness of Stage-Matched Interventions Promoting Physical Exercise. Research in Sports Medicine, 2011, 19, 145-161.	1.3	12
150	Validity of a stage algorithm for physical activity in participants recruited from orthopedic and cardiac rehabilitation clinics Rehabilitation Psychology, 2010, 55, 398-408.	1.3	37
151	Protection motivation theory and the prediction of physical activity among adults with type 1 or type 2 diabetes in a large population sample. British Journal of Health Psychology, 2010, 15, 643-661.	3.5	60
152	Physical Activity and Stages of Change: A Longitudinal Test in Types 1 and 2 Diabetes Samples. Annals of Behavioral Medicine, 2010, 40, 138-149.	2.9	30
153	Risk perception moderates how intentions are translated into sunscreen use. Journal of Behavioral Medicine, 2010, 33, 392-398.	2.1	15
154	Testing Stage-Specific Effects of a Stage-Matched Intervention: A Randomized Controlled Trial Targeting Physical Exercise and Its Predictors. Health Education and Behavior, 2010, 37, 533-546.	2.5	113
155	Planning bridges the intention–behaviour gap: Age makes a difference and strategy use explains why. Psychology and Health, 2010, 25, 873-887.	2.2	70
156	Changes in Intentions, Planning, and Self-efficacy Predict Changes in Behaviors. Journal of Health Psychology, 2010, 15, 935-947.	2.3	76
157	Synergistic effects of intention and depression on action control: Longitudinal predictors of exercise after rehabilitation. Mental Health and Physical Activity, 2010, 3, 78-84.	1.8	11
158	Stage-Matched Minimal Interventions to Enhance Physical Activity in Chinese Adolescents. Journal of Adolescent Health, 2010, 47, 533-539.	2.5	33
159	When weight management lasts. Lower perceived rule complexity increases adherence. Appetite, 2010, 54, 37-43.	3.7	27
160	Differential effects of planning and self-efficacy on fruit and vegetable consumption. Appetite, 2010, 54, 611-614.	3.7	49
161	Physical activity and diabetes: An application of the theory of planned behaviour to explain physical activity for Type 1 and Type 2 diabetes in an adult population sample. Psychology and Health, 2010, 25, 7-23.	2.2	70
162	Comparison of Individual Criteria and Externally Imposed Criteria for Stage Allocation: Findings from an Internet Study Addressing Physical Activity. Measurement in Physical Education and Exercise Science, 2010, 14, 225-240.	1.8	1

#	Article	IF	Citations
163	Introduction to the Special Section. European Psychologist, 2009, 14, 3-6.	3.1	7
164	Prediction of stage transitions in fruit and vegetable intake. Health Education Research, 2009, 24, 596-607.	1.9	43
165	Self-efficacy Moderates the Mediation of Intentions Into Behavior via Plans. American Journal of Health Behavior, 2009, 33, 521-9.	1.4	94
166	The protection motivation theory within the stages of the transtheoretical model – Stageâ€specific interplay of variables and prediction of exercise stage transitions. British Journal of Health Psychology, 2009, 14, 211-229.	3.5	34
167	Factorial invariance of the theory of planned behavior applied to physical activity across gender, age, and ethnic groups. Psychology of Sport and Exercise, 2009, 10, 219-225.	2.1	55
168	Applying the stages of change to multiple low-fat dietary behavioral contexts. An examination of stage occupation and discontinuity. Appetite, 2009, 53, 345-353.	3.7	13
169	Selfâ€Efficacy and Planning Predict Dietary Behaviors in Costa Rican and South Korean Women: Two Moderated Mediation Analyses. Applied Psychology: Health and Well-Being, 2009, 1, 91-104.	3.0	24
170	Validity of stage assessment in the adoption and maintenance of physical activity and fruit and vegetable consumption Health Psychology, 2009, 28, 183-193.	1.6	114
171	Long-term relations between intentions, planning, and exercise: A 3-year longitudinal study after orthopedic rehabilitation Rehabilitation Psychology, 2009, 54, 363-371.	1.3	44
172	Beyond behavioural intentions: Planning mediates between intentions and physical activity. British Journal of Health Psychology, 2008, 13, 479-494.	3.5	195
173	Health Behavior and Health Behavior Change—Theories and Evidence. Applied Psychology, 2008, 57, 541-543.	7.1	5
174	Theoryâ€Based Health Behavior Change: Developing, Testing, and Applying Theories for Evidenceâ€Based Interventions. Applied Psychology, 2008, 57, 698-716.	7.1	154
175	Physical Activity and Social Cognitive Theory: A Test in a Population Sample of Adults with Type 1 or Type 2 Diabetes. Applied Psychology, 2008, 57, 628-643.	7.1	101
176	Dietary Planning as a Mediator of the Intention–Behavior Relation: An Experimental ausal hain Design. Applied Psychology, 2008, 57, 194-207.	7.1	43
177	Social-cognitive predictors of physical exercise adherence: Three longitudinal studies in rehabilitation Health Psychology, 2008, 27, S54-S63.	1.6	194
178	The Theory of Planned Behavior Within the Stages of the Transtheoretical Model: Latent Structural Modeling of Stage-Specific Prediction Patterns in Physical Activity. Structural Equation Modeling, 2007, 14, 649-670.	3.8	34
179	Use of Selection, Optimization, and Compensation Strategies in Health Self-Regulation. Journal of Aging and Health, 2007, 19, 500-518.	1.7	38
180	Are goal intentions or implementation intentions better predictors of health behavior? A longitudinal study in orthopedic rehabilitation Rehabilitation Psychology, 2007, 52, 97-102.	1.3	71

#	Article	IF	Citations
181	Demographic, Health, and Behavioral Factors Associated With Smoking in Adults with Type 1 or Type 2 Diabetes. American Journal of Health Behavior, 2007, 31, 13-23.	1.4	7
182	Co-morbidity, functionality and time since diagnosis as predictors of physical activity in individuals with type 1 or type 2 diabetes. Diabetes Research and Clinical Practice, 2007, 78, 115-122.	2.8	20
183	Assessing the Validity of a Stage Measure on Physical Activity in a Population-Based Sample of Individuals With Type 1 or Type 2 Diabetes. Measurement in Physical Education and Exercise Science, 2007, 11 , 73 - 91 .	1.8	33
184	Dynamic online surveys and experiments with the free open-source softwaredynQuest. Behavior Research Methods, 2007, 39, 415-426.	4.0	27
185	Adoption and maintenance of four health behaviors: Theory-guided longitudinal studies on dental flossing, seat belt use, dietary behavior, and physical activity. Annals of Behavioral Medicine, 2007, 33, 156-166.	2.9	311
186	Planning and strategy use in health behavior change: a life span view. International Journal of Behavioral Medicine, 2007, 14, 30-39.	1.7	57
187	The 8th International Congress on SLE. Applied Psychology: Health and Well-Being, 2007, 10, 167-167.	3.0	45
188	Demographic, health, and behavioral factors associated with smoking in adults with type 1 or type 2 diabetes. American Journal of Health Behavior, 2007, 31 , 13 - 23 .	1.4	1
189	Adoption and maintenance of physical activity: Planning interventions in young, middle-aged, and older adults. Psychology and Health, 2006, 21, 145-163.	2.2	214
190	Subjective Residual Life Expectancy in Health Self-Regulation. Journals of Gerontology - Series B Psychological Sciences and Social Sciences, 2006, 61, P195-P201.	3.9	62
191	Reducing obesity indicators through brief physical activity counseling (pace) in italian primary care settings. Annals of Behavioral Medicine, 2006, 31, 179-185.	2.9	33
192	Stages of Change in Physical Exercise: A Test of Stage Discrimination and Nonlinearity. American Journal of Health Behavior, 2006, 30, .	1.4	25
193	Understanding and Modeling Health Behavior. Journal of Health Psychology, 2006, 11, 37-50.	2.3	32
194	Sport und körperliche AktivitÃĦ Springer-Lehrbuch, 2006, , 195-216.	0.0	14
195	Theorien und Modelle des Gesundheitsverhaltens. Springer-Lehrbuch, 2006, , 35-60.	0.0	29
196	Stages of change in physical exercise: a test of stage discrimination and nonlinearity. American Journal of Health Behavior, 2006, 30, 290-301.	1.4	17
197	Discontinuity patterns in stages of the precaution adoption process model: Meat consumption during a livestock epidemic. British Journal of Health Psychology, 2005, 10, 221-235.	3.5	25
198	Stage-specific adoption and maintenance of physical activity: testing a three-stage model. Psychology of Sport and Exercise, 2005, 6, 585-603.	2.1	102

SONIA LIPPKE

#	Article	IF	CITATIONS
199	Initiation and Maintenance of Physical Exercise: Stage-Specific Effects of a Planning Intervention. Research in Sports Medicine, 2004, 12, 221-240.	1.3	111
200	Behavioral Intentions and Action Plans Promote Physical Exercise: A Longitudinal Study with Orthopedic Rehabilitation Patients. Journal of Sport and Exercise Psychology, 2004, 26, 470-483.	1.2	103
201	Subjective theories of exercise course instructors: causal attributions for dropout in health and leisure exercise programmes. Psychology of Sport and Exercise, 2003, 4, 155-173.	2.1	2