

Sonia Lippke

List of Publications by Year in descending order

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Version: 2024-02-01

201
papers

7,224
citations

66343

42
h-index

82547

72
g-index

261
all docs

261
docs citations

261
times ranked

6048
citing authors

#	ARTICLE	IF	CITATIONS
1	Mechanisms of health behavior change in persons with chronic illness or disability: The Health Action Process Approach (HAPA).. <i>Rehabilitation Psychology</i> , 2011, 56, 161-170.	1.3	514
2	Adoption and maintenance of four health behaviors: Theory-guided longitudinal studies on dental flossing, seat belt use, dietary behavior, and physical activity. <i>Annals of Behavioral Medicine</i> , 2007, 33, 156-166.	2.9	311
3	Adoption and maintenance of physical activity: Planning interventions in young, middle-aged, and older adults. <i>Psychology and Health</i> , 2006, 21, 145-163.	2.2	214
4	Beyond behavioural intentions: Planning mediates between intentions and physical activity. <i>British Journal of Health Psychology</i> , 2008, 13, 479-494.	3.5	195
5	Social-cognitive predictors of physical exercise adherence: Three longitudinal studies in rehabilitation.. <i>Health Psychology</i> , 2008, 27, S54-S63.	1.6	194
6	Self-efficacy as a moderator of the planning-behaviour relationship in interventions designed to promote physical activity. <i>Psychology and Health</i> , 2011, 26, 151-166.	2.2	171
7	Theory-Based Health Behavior Change: Developing, Testing, and Applying Theories for Evidence-Based Interventions. <i>Applied Psychology</i> , 2008, 57, 698-716.	7.1	154
8	Health-Promoting and Health-Risk Behaviors: Theory-Driven Analyses of Multiple Health Behavior Change in Three International Samples. <i>International Journal of Behavioral Medicine</i> , 2012, 19, 1-13.	1.7	149
9	Intervention effects of exercise self-regulation on physical exercise and eating fruits and vegetables: A longitudinal study in orthopedic and cardiac rehabilitation. <i>Preventive Medicine</i> , 2011, 53, 182-187.	3.4	118
10	Validity of stage assessment in the adoption and maintenance of physical activity and fruit and vegetable consumption.. <i>Health Psychology</i> , 2009, 28, 183-193.	1.6	114
11	Testing Stage-Specific Effects of a Stage-Matched Intervention: A Randomized Controlled Trial Targeting Physical Exercise and Its Predictors. <i>Health Education and Behavior</i> , 2010, 37, 533-546.	2.5	113
12	Initiation and Maintenance of Physical Exercise: Stage-Specific Effects of a Planning Intervention. <i>Research in Sports Medicine</i> , 2004, 12, 221-240.	1.3	111
13	Future directions of multiple behavior change research. <i>Journal of Behavioral Medicine</i> , 2017, 40, 194-202.	2.1	110
14	Web-Based Intervention for Physical Activity and Fruit and Vegetable Intake Among Chinese University Students: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2017, 19, e106.	4.3	109
15	Behavioral Intentions and Action Plans Promote Physical Exercise: A Longitudinal Study with Orthopedic Rehabilitation Patients. <i>Journal of Sport and Exercise Psychology</i> , 2004, 26, 470-483.	1.2	103
16	From intentions via planning and behavior to physical exercise habits. <i>Psychology of Sport and Exercise</i> , 2013, 14, 632-639.	2.1	103
17	Stage-specific adoption and maintenance of physical activity: testing a three-stage model. <i>Psychology of Sport and Exercise</i> , 2005, 6, 585-603.	2.1	102
18	Physical Activity and Social Cognitive Theory: A Test in a Population Sample of Adults with Type 1 or Type 2 Diabetes. <i>Applied Psychology</i> , 2008, 57, 628-643.	7.1	101

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19	Self-efficacy Moderates the Mediation of Intentions Into Behavior via Plans. <i>American Journal of Health Behavior</i> , 2009, 33, 521-9.	1.4	94
20	Promoting exercise maintenance: How interventions with booster sessions improve long-term rehabilitation outcomes.. <i>Rehabilitation Psychology</i> , 2013, 58, 323-333.	1.3	88
21	Planning and self-efficacy can increase fruit and vegetable consumption: a randomized controlled trial. <i>Journal of Behavioral Medicine</i> , 2012, 35, 443-451.	2.1	80
22	Changes in Intentions, Planning, and Self-efficacy Predict Changes in Behaviors. <i>Journal of Health Psychology</i> , 2010, 15, 935-947.	2.3	76
23	Future Time Perspective and Health Behaviors: Temporal Framing of Self-Regulatory Processes in Physical Exercise and Dietary Behaviors. <i>Annals of Behavioral Medicine</i> , 2012, 43, 208-218.	2.9	75
24	Evaluating brief motivational and self-regulatory hand hygiene interventions: a cross-over longitudinal design. <i>BMC Public Health</i> , 2015, 15, 79.	2.9	74
25	Are goal intentions or implementation intentions better predictors of health behavior? A longitudinal study in orthopedic rehabilitation.. <i>Rehabilitation Psychology</i> , 2007, 52, 97-102.	1.3	71
26	Planning bridges the intentionâ€“behaviour gap: Age makes a difference and strategy use explains why. <i>Psychology and Health</i> , 2010, 25, 873-887.	2.2	70
27	Physical activity and diabetes: An application of the theory of planned behaviour to explain physical activity for Type 1 and Type 2 diabetes in an adult population sample. <i>Psychology and Health</i> , 2010, 25, 7-23.	2.2	70
28	Evaluation of a Web-Based Intervention for Multiple Health Behavior Changes in Patients With Coronary Heart Disease in Home-Based Rehabilitation: Pilot Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2018, 20, e12052.	4.3	70
29	Cross-behavior associations and multiple health behavior change: A longitudinal study on physical activity and fruit and vegetable intake. <i>Journal of Health Psychology</i> , 2015, 20, 525-534.	2.3	68
30	Physical activity among adults with obesity: Testing the health action process approach.. <i>Rehabilitation Psychology</i> , 2014, 59, 42-49.	1.3	64
31	Subjective Residual Life Expectancy in Health Self-Regulation. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2006, 61, P195-P201.	3.9	62
32	Protection motivation theory and the prediction of physical activity among adults with type 1 or type 2 diabetes in a large population sample. <i>British Journal of Health Psychology</i> , 2010, 15, 643-661.	3.5	60
33	Planning and strategy use in health behavior change: a life span view. <i>International Journal of Behavioral Medicine</i> , 2007, 14, 30-39.	1.7	57
34	Positive experience, selfâ€“efficacy, and action control predict physical activity changes: A moderated mediation analysis. <i>British Journal of Health Psychology</i> , 2013, 18, 395-406.	3.5	56
35	Factorial invariance of the theory of planned behavior applied to physical activity across gender, age, and ethnic groups. <i>Psychology of Sport and Exercise</i> , 2009, 10, 219-225.	2.1	55
36	â€“Sticking to a healthy diet is easier for me when I exercise regularlyâ€™: Cognitive transfer between physical exercise and healthy nutrition. <i>Psychology and Health</i> , 2014, 29, 1361-1372.	2.2	55

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37	Efficacy of a text messaging (SMS) based smoking cessation intervention for adolescents and young adults: Study protocol of a cluster randomised controlled trial. <i>BMC Public Health</i> , 2012, 12, 51.	2.9	53
38	MODELLING AND SUPPORTING COMPLEX BEHAVIOR CHANGE RELATED TO OBESITY AND DIABETES PREVENTION AND MANAGEMENT WITH THE COMPENSATORY CARRY-OVER ACTION MODEL. <i>Journal of Diabetes and Obesity</i> , 2014, 1, 1-5.	0.2	50
39	Differential effects of planning and self-efficacy on fruit and vegetable consumption. <i>Appetite</i> , 2010, 54, 611-614.	3.7	49
40	How to Tackle Key Challenges in the Promotion of Physical Activity among Older Adults (65+): The AEQUIPA Network Approach. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 379.	2.6	49
41	A Mediator Model of Sunscreen Use: A Longitudinal Analysis of Social-Cognitive Predictors and Mediators. <i>International Journal of Behavioral Medicine</i> , 2012, 19, 65-72.	1.7	48
42	Effectiveness of a Web-Based Computer-Tailored Multiple-Lifestyle Intervention for People Interested in Reducing their Cardiovascular Risk: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2016, 18, e78.	4.3	46
43	The 8th International Congress on SLE. <i>Applied Psychology: Health and Well-Being</i> , 2007, 10, 167-167.	3.0	45
44	Physical Activity, Loneliness, and Meaning of Friendship in Young Individuals – A Mixed-Methods Investigation Prior to and During the COVID-19 Pandemic With Three Cross-Sectional Studies. <i>Frontiers in Psychology</i> , 2021, 12, 617267.	2.1	45
45	Long-term relations between intentions, planning, and exercise: A 3-year longitudinal study after orthopedic rehabilitation.. <i>Rehabilitation Psychology</i> , 2009, 54, 363-371.	1.3	44
46	Assessing physical activity through questionnaires – A consensus of best practices and future directions. <i>Psychology of Sport and Exercise</i> , 2020, 50, 101715.	2.1	44
47	Dietary Planning as a Mediator of the Intention–Behavior Relation: An Experimental Causal Chain Design. <i>Applied Psychology</i> , 2008, 57, 194-207.	7.1	43
48	Prediction of stage transitions in fruit and vegetable intake. <i>Health Education Research</i> , 2009, 24, 596-607.	1.9	43
49	How planning facilitates behaviour change: Additive and interactive effects of a randomized controlled trial. <i>European Journal of Social Psychology</i> , 2011, 41, 42-51.	2.4	42
50	The More the Better? The Number of Plans Predicts Health Behaviour Change. <i>Applied Psychology: Health and Well-Being</i> , 2011, 3, 87-106.	3.0	41
51	Understanding the Positive Associations of Sleep, Physical Activity, Fruit and Vegetable Intake as Predictors of Quality of Life and Subjective Health Across Age Groups: A Theory Based, Cross-Sectional Web-Based Study. <i>Frontiers in Psychology</i> , 2018, 9, 977.	2.1	41
52	A combined planning and self-efficacy intervention to promote physical activity: A multiple mediation analysis. <i>Psychology, Health and Medicine</i> , 2012, 17, 488-498.	2.4	40
53	Synergistic Effects of Planning and Self-Efficacy on Physical Activity. <i>Health Education and Behavior</i> , 2012, 39, 152-158.	2.5	39
54	Multiple plans and memory performance: results of a randomized controlled trial targeting fruit and vegetable intake. <i>Journal of Behavioral Medicine</i> , 2012, 35, 387-392.	2.1	39

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55	The Importance of Team Health Climate for Health-Related Outcomes of White-Collar Workers. <i>Frontiers in Psychology</i> , 2017, 08, 74.	2.1	39
56	Use of Selection, Optimization, and Compensation Strategies in Health Self-Regulation. <i>Journal of Aging and Health</i> , 2007, 19, 500-518.	1.7	38
57	Exercise maintenance after rehabilitation: How experience can make a difference. <i>Psychology of Sport and Exercise</i> , 2011, 12, 293-299.	2.1	38
58	Effects of two web-based interventions promoting physical activity among older adults compared to a delayed intervention control group in Northwestern Germany: Results of the PROMOTE community-based intervention trial. <i>Preventive Medicine Reports</i> , 2019, 15, 100958.	1.8	38
59	Validity of a stage algorithm for physical activity in participants recruited from orthopedic and cardiac rehabilitation clinics.. <i>Rehabilitation Psychology</i> , 2010, 55, 398-408.	1.3	37
60	What contributes to action plan enactment? Examining characteristics of physical activity plans. <i>British Journal of Health Psychology</i> , 2017, 22, 940-957.	3.5	37
61	Facilitating Sunscreen Use in Women by a Theory-Based Online Intervention: A Randomized Controlled Trial. <i>Journal of Health Psychology</i> , 2012, 17, 207-216.	2.3	36
62	Obstetric Healthcare Workersâ€™ Adherence to Hand Hygiene Recommendations during the COVIDâ€™19 Pandemic: Observations and Socialâ€™Cognitive Determinants. <i>Applied Psychology: Health and Well-Being</i> , 2020, 12, 1286-1305.	3.0	35
63	The Theory of Planned Behavior Within the Stages of the Transtheoretical Model: Latent Structural Modeling of Stage-Specific Prediction Patterns in Physical Activity. <i>Structural Equation Modeling</i> , 2007, 14, 649-670.	3.8	34
64	The protection motivation theory within the stages of the transtheoretical model â€™ Stageâ€™specific interplay of variables and prediction of exercise stage transitions. <i>British Journal of Health Psychology</i> , 2009, 14, 211-229.	3.5	34
65	â€™I do not need a flu shot because I lead a healthy lifestyleâ€™: Compensatory health beliefs make vaccination less likely. <i>Journal of Health Psychology</i> , 2013, 18, 825-836.	2.3	34
66	Testing two principles of the Health Action Process Approach in individuals with type 2 diabetes.. <i>Health Psychology</i> , 2014, 33, 77-84.	1.6	34
67	Communication and patient safety in gynecology and obstetrics - study protocol of an intervention study. <i>BMC Health Services Research</i> , 2019, 19, 908.	2.2	34
68	Reducing obesity indicators through brief physical activity counseling (pace) in italian primary care settings. <i>Annals of Behavioral Medicine</i> , 2006, 31, 179-185.	2.9	33
69	Assessing the Validity of a Stage Measure on Physical Activity in a Population-Based Sample of Individuals With Type 1 or Type 2 Diabetes. <i>Measurement in Physical Education and Exercise Science</i> , 2007, 11, 73-91.	1.8	33
70	Stage-Matched Minimal Interventions to Enhance Physical Activity in Chinese Adolescents. <i>Journal of Adolescent Health</i> , 2010, 47, 533-539.	2.5	33
71	Development and evaluation of two web-based interventions for the promotion of physical activity in older adults: study protocol for a community-based controlled intervention trial. <i>BMC Public Health</i> , 2017, 17, 512.	2.9	33
72	Understanding and Modeling Health Behavior. <i>Journal of Health Psychology</i> , 2006, 11, 37-50.	2.3	32

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73	Physical Activity and Stages of Change: A Longitudinal Test in Types 1 and 2 Diabetes Samples. <i>Annals of Behavioral Medicine</i> , 2010, 40, 138-149.	2.9	30
74	A mediator model to predict workplace influenza vaccination behaviour – an application of the health action process approach. <i>Psychology and Health</i> , 2013, 28, 579-592.	2.2	30
75	A Computerized Lifestyle Application to Promote Multiple Health Behaviors at the Workplace: Testing Its Behavioral and Psychological Effects. <i>Journal of Medical Internet Research</i> , 2015, 17, e225.	4.3	30
76	Self-regulation prompts can increase fruit consumption: A one-hour randomised controlled online trial. <i>Psychology and Health</i> , 2013, 28, 533-545.	2.2	29
77	Theorien und Modelle des Gesundheitsverhaltens. Springer-Lehrbuch, 2006, , 35-60.	0.0	29
78	Generating and predicting high quality action plans to facilitate physical activity and fruit and vegetable consumption: results from an experimental arm of a randomised controlled trial. <i>BMC Public Health</i> , 2016, 16, 317.	2.9	28
79	Dynamic online surveys and experiments with the free open-source software dynQuest. <i>Behavior Research Methods</i> , 2007, 39, 415-426.	4.0	27
80	When weight management lasts. Lower perceived rule complexity increases adherence. <i>Appetite</i> , 2010, 54, 37-43.	3.7	27
81	Effects of a self-regulation intervention on exercise are moderated by depressive symptoms: A quasi-experimental study. <i>International Journal of Clinical and Health Psychology</i> , 2013, 13, 1-8.	5.1	26
82	Problematic Internet Use and Perceived Quality of Life: Findings from a Cross-Sectional Study Investigating Work-Time and Leisure-Time Internet Use. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4056.	2.6	26
83	Discontinuity patterns in stages of the precaution adoption process model: Meat consumption during a livestock epidemic. <i>British Journal of Health Psychology</i> , 2005, 10, 221-235.	3.5	25
84	Stages of Change in Physical Exercise: A Test of Stage Discrimination and Nonlinearity. <i>American Journal of Health Behavior</i> , 2006, 30, .	1.4	25
85	Self-Efficacy and Planning Predict Dietary Behaviors in Costa Rican and South Korean Women: Two Moderated Mediation Analyses. <i>Applied Psychology: Health and Well-Being</i> , 2009, 1, 91-104.	3.0	24
86	Distress, loneliness, and mental health during the COVID-19 pandemic: Test of the extension of the Evolutionary Theory of Loneliness. <i>Applied Psychology: Health and Well-Being</i> , 2023, 15, 24-48.	3.0	24
87	A web-based lifestyle intervention program for Chinese college students: study protocol and baseline characteristics of a randomized placebo-controlled trial. <i>BMC Public Health</i> , 2019, 19, 1097.	2.9	23
88	To What Extent is Internet Activity Predictive of Psychological Well-Being?. <i>Psychology Research and Behavior Management</i> , 2021, Volume 14, 207-219.	2.8	23
89	Effects of Two Web-Based Interventions and Mediating Mechanisms on Stage of Change Regarding Physical Activity in Older Adults. <i>Applied Psychology: Health and Well-Being</i> , 2020, 12, 77-100.	3.0	22
90	Effectiveness of Communication Interventions in Obstetrics – A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2616.	2.6	22

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91	Awareness of Canada's Physical Activity Guide to Healthy Active Living in a Large Community Sample. <i>American Journal of Health Promotion</i> , 2011, 25, 294-297.	1.7	21
92	Barriers and Facilitators of Safe Communication in Obstetrics: Results from Qualitative Interviews with Physicians, Midwives and Nurses. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 915.	2.6	21
93	Co-morbidity, functionality and time since diagnosis as predictors of physical activity in individuals with type 1 or type 2 diabetes. <i>Diabetes Research and Clinical Practice</i> , 2007, 78, 115-122.	2.8	20
94	Designing a theory- and evidence-based tailored eHealth rehabilitation aftercare program in Germany and the Netherlands: study protocol. <i>BMC Public Health</i> , 2013, 13, 1081.	2.9	20
95	Positive Exercise Experience Facilitates Behavior Change via Self-Efficacy. <i>Health Education and Behavior</i> , 2014, 41, 414-422.	2.5	20
96	Changes in social-cognitive variables are associated with stage transitions in physical activity. <i>Health Education Research</i> , 2012, 27, 129-140.	1.9	19
97	Enhancing planning strategies for sunscreen use at different stages of change. <i>Health Education Research</i> , 2012, 27, 857-867.	1.9	19
98	Requirements for (web-based) physical activity interventions targeting adults above the age of 65 years – qualitative results regarding acceptance and needs of participants and non-participants. <i>BMC Public Health</i> , 2020, 20, 907.	2.9	19
99	Depressive symptoms interfere with post-rehabilitation exercise: Outcome expectancies and experience as mediators. <i>Psychology, Health and Medicine</i> , 2012, 17, 698-708.	2.4	17
100	Investigating patients with an immigration background in Canada: relationships between individual immigrant attitudes, the doctor-patient relationship, and health outcomes. <i>BMC Public Health</i> , 2015, 16, 23.	2.9	17
101	Direct effects of a domain-specific subjective age measure on self-reported physical activity – Is it more important how old you are or how old you feel?. <i>Health Psychology Report</i> , 2015, 3, 131-139.	0.9	17
102	Future orientation buffers depression in daily and specific stress. <i>PsyCh Journal</i> , 2019, 8, 342-352.	1.1	17
103	Stages of change in physical exercise: a test of stage discrimination and nonlinearity. <i>American Journal of Health Behavior</i> , 2006, 30, 290-301.	1.4	17
104	Adherence With Online Therapy vs Face-to-Face Therapy and With Online Therapy vs Care as Usual: Secondary Analysis of Two Randomized Controlled Trials. <i>Journal of Medical Internet Research</i> , 2021, 23, e31274.	4.3	17
105	Who Participates in Seasonal Influenza Vaccination? Past Behavior Moderates the Prediction of Adherence. <i>Advances in Preventive Medicine</i> , 2011, 2011, 1-6.	2.7	16
106	Testing principle working mechanisms of the health action process approach for subjective physical age groups. <i>Research in Sports Medicine</i> , 2016, 24, 67-83.	1.3	16
107	Brief report: Compensatory health beliefs are negatively associated with intentions for regular fruit and vegetable consumption when self-efficacy is low. <i>Journal of Health Psychology</i> , 2017, 22, 1094-1100.	2.3	16
108	Risk perception moderates how intentions are translated into sunscreen use. <i>Journal of Behavioral Medicine</i> , 2010, 33, 392-398.	2.1	15

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109	Testing two stage assessments in a Chinese college student sample: Correspondences and discontinuity patterns across stages. <i>Psychology of Sport and Exercise</i> , 2011, 12, 306-313.	2.1	15
110	Sport und körperliche Aktivität. Springer-Lehrbuch, 2006, , 195-216.	0.0	14
111	Applying the stages of change to multiple low-fat dietary behavioral contexts. An examination of stage occupation and discontinuity. <i>Appetite</i> , 2009, 53, 345-353.	3.7	13
112	Latent user groups of an eHealth physical activity behaviour change intervention for people interested in reducing their cardiovascular risk. <i>Research in Sports Medicine</i> , 2019, 27, 34-49.	1.3	13
113	Social-cognitive factors of long-term physical exercise 7 years after orthopedic treatment.. <i>Rehabilitation Psychology</i> , 2017, 62, 89-99.	1.3	13
114	Implementation and Effects of Information Technology-Based and Print-Based Interventions to Promote Physical Activity Among Community-Dwelling Older Adults: Protocol for a Randomized Crossover Trial. <i>JMIR Research Protocols</i> , 2020, 9, e15168.	1.0	13
115	Web-Based Versus Print-Based Physical Activity Intervention for Community-Dwelling Older Adults: Crossover Randomized Trial. <i>JMIR MHealth and UHealth</i> , 2022, 10, e32212.	3.7	13
116	Interventionâ€“Engagement and Its Role in the Effectiveness of Stage-Matched Interventions Promoting Physical Exercise. <i>Research in Sports Medicine</i> , 2011, 19, 145-161.	1.3	12
117	The interplay of intention, autonomy, and sex with dietary planning: A conditional process model to predict fruit and vegetable intake. <i>British Journal of Health Psychology</i> , 2015, 20, 859-876.	3.5	12
118	Physical activity across the life-span: Does feeling physically younger help you to plan physical activities?. <i>Journal of Health Psychology</i> , 2017, 22, 324-335.	2.3	12
119	Fruit and Vegetable Intake: the Interplay of Planning, Social Support, and Sex. <i>International Journal of Behavioral Medicine</i> , 2018, 25, 421-430.	1.7	12
120	Temporary Disability Pension, RTW-Intentions, and RTW-Behavior: Expectations and Experiences of Disability Pensioners over 17 Months. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 238.	2.6	12
121	Self-Efficacy Theory. , 2020, , 4722-4727.		12
122	Using Visual Analogue Scales in eHealth: Non-Response Effects in a Lifestyle Intervention. <i>Journal of Medical Internet Research</i> , 2016, 18, e126.	4.3	12
123	The Effectiveness of Sequentially Delivered Web-Based Interventions on Promoting Physical Activity and Fruit-Vegetable Consumption Among Chinese College Students: Mixed Methods Study. <i>Journal of Medical Internet Research</i> , 2022, 24, e30566.	4.3	12
124	Birthing under the Condition of the COVID-19 Pandemic in Germany: Interviews with Mothers, Partners, and Obstetric Health Care Workers. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1486.	2.6	12
125	Synergistic effects of intention and depression on action control: Longitudinal predictors of exercise after rehabilitation. <i>Mental Health and Physical Activity</i> , 2010, 3, 78-84.	1.8	11
126	Physical exercise, sickness absence and subjective employability: An 8-year longitudinal observational study among musculoskeletal patients. <i>Journal of Rehabilitation Medicine</i> , 2016, 48, 541-546.	1.1	11

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127	A Rolling Stone Gathers No Mossâ€”The Long Way from Good Intentions to Physical Activity Mediated by Planning, Social Support, and Self-Regulation. <i>Frontiers in Psychology</i> , 2016, 7, 1024.	2.1	11
128	Intervention Engagement Moderates the Doseâ€”Response Relationships in a Dietary Intervention. <i>Dose-Response</i> , 2016, 14, 155932581663751.	1.6	11
129	Social Participation during the Transition to Retirement: Findings on Work, Health and Physical Activity beyond Retirement from an Interview Study over the Course of 3 Years. <i>Activities, Adaptation and Aging</i> , 2021, 45, 135-158.	2.4	11
130	Hygiene Behaviors and SARS-CoV-2-Preventive Behaviors in the Face of the COVID-19 Pandemic: Self-Reported Compliance and Associations with Fear, SARS-CoV-2 Risk, and Mental Health in a General Population vs. a Psychosomatic Patients Sample in Germany. <i>Hygiene</i> , 2022, 2, 28-43.	1.7	11
131	Promoting action control and coping planning to improve hand hygiene. <i>BMC Public Health</i> , 2015, 15, 964.	2.9	10
132	A WeChat Mini Program-Based Intervention for Physical Activity, Fruit and Vegetable Consumption Among Chinese Cardiovascular Patients in Home-Based Rehabilitation: A Study Protocol. <i>Frontiers in Public Health</i> , 2022, 10, 739100.	2.7	10
133	Physical Activity Behavior and Competing Activities: Interrelations in 55- to 70-Year-Old Germans. <i>Journal of Aging and Physical Activity</i> , 2017, 25, 576-586.	1.0	9
134	Put two (and two) together to make the most of physical activity and healthy nutrition â€” A longitudinal online study examining cross-behavioural mechanisms in multiple health behaviour change. <i>Research in Sports Medicine</i> , 2017, 25, 357-372.	1.3	9
135	Restoring meaning in life by meaningâ€”focused coping: The role of selfâ€”distancing. <i>PsyCh Journal</i> , 2019, 8, 386-396.	1.1	9
136	Relationship between health climate and affective commitment in the workplace. <i>International Journal of Health Promotion and Education</i> , 2013, 51, 172-179.	0.9	8
137	Testing the validity of a stage assessment on health enhancing physical activity in a chinese university student sample. <i>BMC Public Health</i> , 2016, 16, 260.	2.9	8
138	Health Education and Health Promotion: Key Concepts and Exemplary Evidence to Support Them. , 2018, , 489-532.		8
139	Associations among Sleep, Diet, Quality of Life, and Subjective Health. <i>Health Behavior and Policy Review</i> , 2018, 5, 46-58.	0.4	8
140	Development of the perceptions of preventable adverse events assessment tool (PPAEAT): measurement properties and patientsâ€™ mental health status. <i>International Journal for Quality in Health Care</i> , 2021, 33, .	1.8	8
141	Health-related lifestyle and dropout from a web-based physical activity intervention trial in older adults: A latent profile analysis.. <i>Health Psychology</i> , 2021, 40, 481-490.	1.6	8
142	Rehabilitantsâ€™ conscientiousness as a moderator of the intentionâ€”planning-behavior chain.. <i>Rehabilitation Psychology</i> , 2018, 63, 460-467.	1.3	8
143	Acting Instead of Reactingâ€”Ensuring Employee Retention during Successful Introduction of i4.0. <i>Applied System Innovation</i> , 2021, 4, 97.	4.6	8
144	Psychological Intervention to Improve Communication and Patient Safety in Obstetrics: Examination of the Health Action Process Approach. <i>Frontiers in Psychology</i> , 2022, 13, 771626.	2.1	8

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145	Demographic, Health, and Behavioral Factors Associated With Smoking in Adults with Type 1 or Type 2 Diabetes. <i>American Journal of Health Behavior</i> , 2007, 31, 13-23.	1.4	7
146	Introduction to the Special Section. <i>European Psychologist</i> , 2009, 14, 3-6.	3.1	7
147	Translating intentions into sunscreen use: An interaction of self-efficacy and appearance norms. <i>Psychology, Health and Medicine</i> , 2012, 17, 447-456.	2.4	7
148	Sex differential mediation effects of planning within the health behavior change process. <i>Social Science and Medicine</i> , 2018, 211, 137-146.	3.8	7
149	Pace of life and perceived stress in international students. <i>PsyCh Journal</i> , 2021, 10, 425-436.	1.1	7
150	Psychosomatic Rehabilitation Patients and the General Population During COVID-19: Online Cross-sectional and Longitudinal Study of Digital Trainings and Rehabilitation Effects. <i>JMIR Mental Health</i> , 2021, 8, e30610.	3.3	7
151	Multiple Health Behaviors across Age: Physical Activity and Internet Use. <i>American Journal of Health Behavior</i> , 2020, 44, 333-344.	1.4	7
152	Health Behaviors and Behavior Change during Pregnancy: Theory-Based Investigation of Predictors and Interrelations. <i>Sexes</i> , 2022, 3, 351-366.	1.0	7
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