

Denise T D De Ridder

List of Publications by Year in descending order

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Version: 2024-02-01

92
papers

5,171
citations

126907

33
h-index

91884

69
g-index

96
all docs

96
docs citations

96
times ranked

5398
citing authors

#	ARTICLE	IF	CITATIONS
1	Nudgeability: Mapping Conditions of Susceptibility to Nudge Influence. Perspectives on Psychological Science, 2022, 17, 346-359.	9.0	44
2	Make it a habit: how habit strength, goal importance and self-control predict hand washing behaviour over time during the COVID-19 pandemic. Psychology and Health, 2022, 37, 1528-1546.	2.2	8
3	How food overconsumption has hijacked our notions about eating as a pleasurable activity. Current Opinion in Psychology, 2022, 46, 101324.	4.9	7
4	“Keep your distance for me”: A field experiment on empathy prompts to promote distancing during the COVID-19 pandemic. Journal of Community and Applied Social Psychology, 2022, 32, 755-766.	2.4	2
5	The influence of nudge transparency on the experience of autonomy. Comprehensive Results in Social Psychology, 2021, 5, 49-63.	1.8	24
6	Eating behavior and food purchases during the COVID-19 lockdown: A cross-sectional study among adults in the Netherlands. Appetite, 2021, 157, 105002.	3.7	208
7	Evaluating the Potential Benefit of a Combined Weight Loss Program in Dogs and Their Owners. Frontiers in Veterinary Science, 2021, 8, 653920.	2.2	7
8	Under pressure: Nudging increases healthy food choice in a virtual reality supermarket, irrespective of system 1 reasoning. Appetite, 2021, 160, 105116.	3.7	20
9	Discussing overweight in dogs during a regular consultation in general practice in the Netherlands. Journal of Animal Physiology and Animal Nutrition, 2021, 105 Suppl 1, 56-64.	2.2	5
10	The effect of nudges on autonomy in hypothetical and real life settings. PLoS ONE, 2021, 16, e0256124.	2.5	8
11	Study Protocol of the Ten Years Up Project: Mapping the Development of Self-Regulation Strategies in Young Adults Over Time. Frontiers in Psychology, 2021, 12, 729609.	2.1	0
12	Who accepts nudges? nudge acceptability from a self-regulation perspective. PLoS ONE, 2021, 16, e0260531.	2.5	13
13	Simple nudges that are not so easy. Behavioural Public Policy, 2020, , 1-19.	2.4	19
14	And How Would That Make You Feel? How People Expect Nudges to Influence Their Sense of Autonomy. Frontiers in Psychology, 2020, 11, 607894.	2.1	8
15	Snacks and The City: Unexpected Low Sales of an Easy-Access, Tasty, and Healthy Snack at an Urban Snacking Hotspot. International Journal of Environmental Research and Public Health, 2020, 17, 7538.	2.6	3
16	Beyond Discrete Choices “ Investigating the Effectiveness of a Proximity Nudge With Multiple Alternative Options. Frontiers in Psychology, 2020, 11, 1211.	2.1	7
17	When in Doubt, Follow the Crowd? Responsiveness to Social Proof Nudges in the Absence of Clear Preferences. Frontiers in Psychology, 2020, 11, 1385.	2.1	13
18	The snack that has it all: People's associations with ideal snacks. Appetite, 2020, 152, 104722.	3.7	16

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19	How to Form Good Habits? A Longitudinal Field Study on the Role of Self-Control in Habit Formation. <i>Frontiers in Psychology</i> , 2020, 11, 560.	2.1	28
20	The (bitter) sweet taste of nudge effectiveness: The role of habits in a portion size nudge, a proof of concept study. <i>Appetite</i> , 2020, 151, 104699.	3.7	12
21	Discussing overweight in children during a regular consultation in general practice: a qualitative study. <i>BMC Family Practice</i> , 2020, 21, 18.	2.9	2
22	The Explanations People Give for Going to Bed Late: A Qualitative Study of the Varieties of Bedtime Procrastination. <i>Behavioral Sleep Medicine</i> , 2019, 17, 753-762.	2.1	56
23	Cueing healthier alternatives for take-away: a field experiment on the effects of (disclosing) three nudges on food choices. <i>BMC Public Health</i> , 2019, 19, 974.	2.9	21
24	Distinguishing between self-control and perceived control over the environment to understand disadvantaged neighbourhood health and lifestyle outcomes. <i>Psychology and Health</i> , 2019, 34, 1282-1293.	2.2	5
25	Unraveling the Relationship Between Trait Self-Control and Subjective Well-Being: The Mediating Role of Four Self-Control Strategies. <i>Frontiers in Psychology</i> , 2019, 10, 706.	2.1	26
26	Justified indulgence: self-licensing effects on caloric consumption. <i>Psychology and Health</i> , 2019, 34, 24-43.	2.2	21
27	Introducing functional and dysfunctional self-licensing: Associations with indices of (un)successful dietary regulation. <i>Journal of Personality</i> , 2019, 87, 934-947.	3.2	15
28	Imm still standing: A longitudinal study on the effect of a default nudge. <i>Psychology and Health</i> , 2018, 33, 669-681.	2.2	87
29	How highlighted utensils influence consumption in a dark setting. <i>Psychology and Health</i> , 2018, 33, 1302-1314.	2.2	1
30	Improving cardiometabolic health through nudging dietary behaviours and physical activity in low SES adults: design of the Supreme Nudge project. <i>BMC Public Health</i> , 2018, 18, 899.	2.9	25
31	Too Depleted to Turn In: The Relevance of End-of-the-Day Resource Depletion for Reducing Bedtime Procrastination. <i>Frontiers in Psychology</i> , 2018, 9, 252.	2.1	24
32	Commentary: Why Don't You Go to Bed on Time? A Daily Diary Study on the Relationships Between Chronotype, Self-Control Resources and the Phenomenon of Bedtime Procrastination. <i>Frontiers in Psychology</i> , 2018, 9, 915.	2.1	7
33	Healthy diet: Health impact, prevalence, correlates, and interventions. <i>Psychology and Health</i> , 2017, 32, 907-941.	2.2	172
34	The Hunger Games: Using hunger to promote healthy choices in self-control conflicts. <i>Appetite</i> , 2017, 116, 401-409.	3.7	19
35	Lessons learned from trait self-control in well-being: making the case for routines and initiation as important components of trait self-control. <i>Health Psychology Review</i> , 2017, 11, 89-99.	8.6	86
36	Defying Food "How Distance Determines Monkeys' Ability to Inhibit Reaching for Food. <i>Frontiers in Psychology</i> , 2016, 7, 158.	2.1	8

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37	Investigating sex differences in psychological predictors of snack intake among a large representative sample. <i>Public Health Nutrition</i> , 2016, 19, 625-632.	2.2	7
38	Self-Control Success Revealed: Greater Approach Motivation Towards Healthy versus Unhealthy Food. <i>Applied Cognitive Psychology</i> , 2016, 30, 846-853.	1.6	0
39	What's in a nudge?. <i>TSG: Tijdschrift Voor Gezondheidswetenschappen</i> , 2016, 94, 261-265.	0.1	4
40	Health behaviour procrastination: a novel reasoned route towards self-regulatory failure. <i>Health Psychology Review</i> , 2016, 10, 313-325.	8.6	41
41	The potential of peer social norms to shape food intake in adolescents and young adults: a systematic review of effects and moderators. <i>Health Psychology Review</i> , 2016, 10, 326-340.	8.6	93
42	Nudging healthy food choices: a field experiment at the train station. <i>Journal of Public Health</i> , 2016, 38, e133-e137.	1.8	173
43	Hungry for an intervention? Adolescents' ratings of acceptability of eating-related intervention strategies. <i>BMC Public Health</i> , 2015, 16, 5.	2.9	43
44	Improving HIV prevention programs: the role of identity in shaping healthy sexual behavior of rural adolescents in South Africa. <i>Vulnerable Children and Youth Studies</i> , 2015, 10, 93-103.	1.1	5
45	Communicating eating-related rules. Suggestions are more effective than restrictions. <i>Appetite</i> , 2015, 86, 45-53.	3.7	27
46	UnAdulterated "Children and adults' visual attention to healthy and unhealthy food. <i>Eating Behaviors</i> , 2015, 17, 90-93.	2.0	11
47	The proof is in the eating: subjective peer norms are associated with adolescents' eating behaviour. <i>Public Health Nutrition</i> , 2015, 18, 1044-1051.	2.2	48
48	Navigating the obesogenic environment: How psychological sensitivity to the food environment and self-regulatory competence are associated with adolescent unhealthy snacking. <i>Eating Behaviors</i> , 2015, 17, 19-22.	2.0	45
49	It's my party and I eat if I want to. Reasons for unhealthy snacking. <i>Appetite</i> , 2015, 84, 20-27.	3.7	61
50	Sweet lies: neural, visual, and behavioral measures reveal a lack of self-control conflict during food choice in weight-concerned women. <i>Frontiers in Behavioral Neuroscience</i> , 2014, 8, 184.	2.0	32
51	Activation in inhibitory brain regions during food choice correlates with temptation strength and self-regulatory success in weight-concerned women. <i>Frontiers in Neuroscience</i> , 2014, 8, 308.	2.8	38
52	Why are people with high self-control happier? The effect of trait self-control on happiness as mediated by regulatory focus. <i>Frontiers in Psychology</i> , 2014, 5, 722.	2.1	141
53	Bedtime procrastination: introducing a new area of procrastination. <i>Frontiers in Psychology</i> , 2014, 5, 611.	2.1	175
54	When the going gets tough, who keeps going? Depletion sensitivity moderates the ego-depletion effect. <i>Frontiers in Psychology</i> , 2014, 5, 647.	2.1	41

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55	Personality moderates the links of social identity with work motivation and job searching. <i>Frontiers in Psychology</i> , 2014, 5, 1044.	2.1	12
56	Effortless inhibition: habit mediates the relation between self-control and unhealthy snack consumption. <i>Frontiers in Psychology</i> , 2014, 5, 444.	2.1	165
57	Thinking before sinning: reasoning processes in hedonic consumption. <i>Frontiers in Psychology</i> , 2014, 5, 1268.	2.1	21
58	Confabulating reasons for behaving bad: The psychological consequences of unconsciously activated behaviour that violates one's standards. <i>European Journal of Social Psychology</i> , 2014, 44, 255-266.	2.4	9
59	“Because I Am Worth It”: <i>Personality and Social Psychology Review</i> , 2014, 18, 119-138.	6.0	145
60	Health on impulse: When low self-control promotes healthy food choices. <i>Health Psychology</i> , 2014, 33, 103-109.	1.6	107
61	The role of pre-treatment proactive coping skills in successful weight management. <i>Eating Behaviors</i> , 2014, 15, 515-518.	2.0	2
62	Who diets? Most people and especially when they worry about food. <i>Appetite</i> , 2014, 80, 103-108.	3.7	46
63	Always Gamble on an Empty Stomach: Hunger Is Associated with Advantageous Decision Making. <i>PLoS ONE</i> , 2014, 9, e111081.	2.5	35
64	Double trouble: restrained eaters do not eat less and feel worse. <i>Psychology and Health</i> , 2013, 28, 686-700.	2.2	23
65	Eating by example. Effects of environmental cues on dietary decisions. <i>Appetite</i> , 2013, 70, 1-5.	3.7	87
66	Appropriateness standards can help to curb the epidemic of overweight: response to Dewitte and to Herman and Polivy. <i>Health Psychology Review</i> , 2013, 7, 173-176.	8.6	0
67	Obesity, overconsumption and self-regulation failure: the unsung role of eating appropriateness standards. <i>Health Psychology Review</i> , 2013, 7, 146-165.	8.6	49
68	Eat Me If You Can: Cognitive Mechanisms Underlying the Distance Effect. <i>PLoS ONE</i> , 2013, 8, e84643.	2.5	12
69	Themed issue: Plans, norms, motivation, and cheating a little “ The curious case of healthy eating. <i>Psychology and Health</i> , 2012, 27, 1-6.	2.2	5
70	Patient-oriented interventions to improve antibiotic prescribing practices in respiratory tract infections: a meta-analysis. <i>Health Psychology Review</i> , 2012, 6, 92-112.	8.6	17
71	Taking Stock of Self-Control. <i>Personality and Social Psychology Review</i> , 2012, 16, 76-99.	6.0	1,186
72	The power of habits: Unhealthy snacking behaviour is primarily predicted by habit strength. <i>British Journal of Health Psychology</i> , 2012, 17, 758-770.	3.5	97

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73	Looking Fat or Being Bad? Effects of Body Size and Eating Style on Peer Evaluation in Adolescents. <i>Journal of Applied Social Psychology</i> , 2011, 41, 579-587.	2.0	3
74	Hot or not: Visceral influences on coping planning for weight loss attempts. <i>Psychology and Health</i> , 2011, 26, 501-516.	2.2	6
75	Making plans for healthy diet: The role of motivation and action orientation. <i>European Journal of Social Psychology</i> , 2009, 39, 622-630.	2.4	14
76	Cool and independent or foolish and undisciplined? Adolescents' prototypes of (un)healthy eaters and their association with eating behaviour. <i>Appetite</i> , 2009, 53, 407-413.	3.7	43
77	The characteristics of a potential goal threat predict attention and information-seeking in middle-aged and older adults. <i>Motivation and Emotion</i> , 2008, 32, 90-99.	1.3	8
78	Psychological adjustment to chronic disease. <i>Lancet, The</i> , 2008, 372, 246-255.	13.7	490
79	No worries, no impact? A systematic review of emotional, cognitive, and behavioural responses to the diagnosis of type 2 diabetes. <i>Health Psychology Review</i> , 2008, 2, 65-93.	8.6	27
80	Who Participates in Diabetes Self-management Interventions?. <i>The Diabetes Educator</i> , 2007, 33, 465-474.	2.5	45
81	Current issues and new directions in Psychology and Health: Back to the future: What good are health goals in the presence of immediate interests?. <i>Psychology and Health</i> , 2007, 22, 513-516.	2.2	6
82	Does confrontation with potential goal failure promote self-regulation? Examining the role of distress in the pursuit of weight goals. <i>Psychology and Health</i> , 2007, 22, 677-698.	2.2	5
83	Effects of a short self-management intervention for patients with asthma and diabetes: Evaluating health-related quality of life using then-test methodology. <i>Psychology and Health</i> , 2007, 22, 387-411.	2.2	10
84	Does training general practitioners to elicit patients' illness representations and action plans influence their communication as a whole?. <i>Patient Education and Counseling</i> , 2007, 66, 327-336.	2.2	101
85	Situational aspects are more important in shaping proactive coping behaviour than individual characteristics: A vignette study among adults preparing for ageing. <i>Psychology and Health</i> , 2006, 21, 809-825.	2.2	29
86	Is spousal support always helpful to patients with asthma or diabetes? A prospective study. <i>Psychology and Health</i> , 2005, 20, 497-508.	2.2	40
87	Does optimism affect symptom report in chronic disease?. <i>Journal of Psychosomatic Research</i> , 2004, 56, 341-350.	2.6	62
88	Is Optimism Sensitive to the Stressors of Chronic Disease? The Impact of Type 1 Diabetes Mellitus and Multiple Sclerosis on Optimistic Beliefs. <i>Psychology and Health</i> , 2003, 18, 277-294.	2.2	18
89	Owing to the Force of Circumstances? The Impact of Situational Features and Personal Characteristics on Coping Patterns Across Situations. <i>Psychology and Health</i> , 2003, 18, 217-236.	2.2	29
90	Stress in chronic disease: Do the perceptions of patients and their general practitioners match?. <i>British Journal of Health Psychology</i> , 2001, 6, 229-242.	3.5	28

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91	The relative benefits of being optimistic: Optimism as a coping resource in multiple sclerosis and Parkinson's disease. <i>British Journal of Health Psychology</i> , 2000, 5, 141-155.	3.5	82
92	What is wrong with coping assessment? A review of conceptual and methodological issues. <i>Psychology and Health</i> , 1997, 12, 417-431.	2.2	92