

# Paul A Gardiner

## List of Publications by Year in descending order

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Version: 2024-02-01

94  
papers

7,574  
citations

81900

39  
h-index

53230

85  
g-index

96  
all docs

96  
docs citations

96  
times ranked

8248  
citing authors

#	ARTICLE	IF	CITATIONS
1	Predicting the progressive resistance and balance training response of community-dwelling older adults accessing aged care support services: A stepped-wedge randomised controlled trial. <i>Australasian Journal on Ageing</i> , 2022, , .	0.9	0
2	Active Aging and Public Health: Evidence, Implications, and Opportunities. <i>Annual Review of Public Health</i> , 2022, 43, 439-459.	17.4	42
3	Sitting less and moving more for improved metabolic and brain health in type 2 diabetes: â€œOPTIMISE your healthâ€™™ trial protocol. <i>BMC Public Health</i> , 2022, 22, 929.	2.9	4
4	Community-Based Approaches to Reducing Health Inequities and Fostering Environmental Justice through Global Youth-Engaged Citizen Science. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 892.	2.6	57
5	Association between sedentary behaviour and risk of dementia: an evidence gap. <i>Translational Psychiatry</i> , 2021, 11, 195.	4.8	6
6	Sedentary time in people with obstructive airway diseases. <i>Respiratory Medicine</i> , 2021, 181, 106367.	2.9	5
7	Interventions for reducing sedentary behaviour in community-dwelling older adults. <i>The Cochrane Library</i> , 2021, 2021, CD012784.	2.8	20
8	Light-Intensity Physical Activity and Life Expectancy: National Health and Nutrition Survey. <i>American Journal of Preventive Medicine</i> , 2021, 61, 428-433.	3.0	21
9	Validity of the occupational sitting and physical activity questionnaire (OSPAQ) for home-based office workers during the COVID-19 global pandemic: A secondary analysis. <i>Applied Ergonomics</i> , 2021, 97, 103551.	3.1	11
10	Mortality Effects of Hypothetical Interventions on Physical Activity and TV Viewing. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 316-323.	0.4	4
11	The Association of Sedentary Behaviour and Cognitive Function in People Without Dementia: A Coordinated Analysis Across Five Cohort Studies from COSMIC. <i>Sports Medicine</i> , 2020, 50, 403-413.	6.5	39
12	Worldwide surveillance of self-reported sitting time: a scoping review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 111.	4.6	52
13	The short-term effects of sedentary behaviour on cerebral hemodynamics and cognitive performance in older adults: a cross-over design on the potential impact of mental and/or physical activity. <i>Alzheimer's Research and Therapy</i> , 2020, 12, 76.	6.2	33
14	Objectively-Measured Activity Patterns are Associated with Home Blood Pressure in Memory Clinic Patients. <i>Journal of Alzheimer's Disease</i> , 2020, 74, 691-697.	2.6	4
15	Device-measured sedentary behavior and physical activity in older adults differ by demographic and health-related factors. <i>European Review of Aging and Physical Activity</i> , 2020, 17, 8.	2.9	46
16	Employing Participatory Citizen Science Methods to Promote Age-Friendly Environments Worldwide. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1541.	2.6	61
17	Progressive Resistance Plus Balance Training for Older Australians Receiving In-Home Care Services: Cost-Effectiveness Analyses Alongside the Muscling Up Against Disability Stepped-Wedge Randomized Control Trial. <i>Journal of Aging and Physical Activity</i> , 2020, 28, 352-359.	1.0	5
18	Reducing Sitting Time in Obese Older Adults: The I-STAND Randomized Controlled Trial. <i>Journal of Aging and Physical Activity</i> , 2020, 28, 864-874.	1.0	14

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19	Approaches to Improve Causal Inference in Physical Activity Epidemiology. <i>Journal of Physical Activity and Health</i> , 2020, 17, 80-84.	2.0	8
20	Extrapulmonary associations of health status in severe asthma and bronchiectasis: Comorbidities and functional outcomes. <i>Respiratory Medicine</i> , 2019, 154, 93-101.	2.9	16
21	Controversies in the Science of Sedentary Behaviour and Health: Insights, Perspectives and Future directions from the 2018 Queensland Sedentary Behaviour Think Tank. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4762.	2.6	27
22	Physical activity associates with disease characteristics of severe asthma, bronchiectasis and COPD. <i>Respirology</i> , 2019, 24, 352-360.	2.3	27
23	Effects of replacing sitting time with physical activity on lung function: An analysis of the Canadian Longitudinal Study on Aging. <i>Health Reports</i> , 2019, 30, 12-23.	0.8	12
24	Sarc-F and muscle function in community dwelling adults with aged care service needs: baseline and post-training relationship. <i>PeerJ</i> , 2019, 7, e8140.	2.0	6
25	Association of sitting time and breaks in sitting with muscle mass, strength, function, and inflammation in community-dwelling older adults. <i>Osteoporosis International</i> , 2018, 29, 1341-1350.	3.1	53
26	Can a Lifestyle Intervention Increase Active Transportation in Women Aged 55â€“70 years? Secondary Outcomes From a Pilot Randomized Controlled Trial. <i>Journal of Physical Activity and Health</i> , 2018, 15, 411-416.	2.0	1
27	Engineering Improved Balance Confidence in Older Adults With Complex Health Care Needs: Learning From the Muscling Up Against Disability Study. <i>Archives of Physical Medicine and Rehabilitation</i> , 2018, 99, 1525-1532.	0.9	2
28	A Systematic Review of Associations of Physical Activity and Sedentary Time with Asthma Outcomes. <i>Journal of Allergy and Clinical Immunology: in Practice</i> , 2018, 6, 1968-1981.e2.	3.8	77
29	Associations of objectively assessed physical activity and sedentary time with health-related quality of life among lung cancer survivors: A quantile regression approach. <i>Lung Cancer</i> , 2018, 119, 78-84.	2.0	22
30	Psychosocial health is associated with objectively assessed sedentary time and light intensity physical activity among lung cancer survivors. <i>Mental Health and Physical Activity</i> , 2018, 14, 61-65.	1.8	6
31	Sitting Time and Physical Function in Australian Retirees: An Analysis of Bidirectional Relationships. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2018, 73, 1675-1681.	3.6	8
32	The Association of Sitting Time With Sarcopenia Status and Physical Performance at Baseline and 18-Month Follow-Up in the Residential Aged Care Setting. <i>Journal of Aging and Physical Activity</i> , 2018, 26, 445-450.	1.0	10
33	Validity and Responsiveness of the FRAIL Scale in Middle-Aged Women. <i>Journal of the American Medical Directors Association</i> , 2018, 19, 65-69.	2.5	30
34	Physical Activity and Exercise Capacity in Severe Asthma: Key Clinical Associations. <i>Journal of Allergy and Clinical Immunology: in Practice</i> , 2018, 6, 814-822.	3.8	65
35	Associations between physical activity, medical costs and hospitalisations in older Australian women: Results from the Australian Longitudinal Study on Womenâ€™s Health. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 604-608.	1.3	13
36	Older Adults Using Our Voice Citizen Science to Create Change in Their Neighborhood Environment. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2685.	2.6	29

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37	Associations of context-specific sitting time with markers of cardiometabolic risk in Australian adults. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 114.	4.6	47
38	Evaluating the Evidence on Sitting, Smoking, and Health: Is Sitting Really the New Smoking?. <i>American Journal of Public Health</i> , 2018, 108, 1478-1482.	2.7	41
39	Association of 12-Year Trajectories of Sitting Time With Frailty in Middle-Aged Women. <i>American Journal of Epidemiology</i> , 2018, 187, 2387-2396.	3.4	6
40	Measurement of Sitting Time in Older Adults With and Without Alzheimer's Disease. <i>Journal for the Measurement of Physical Behaviour</i> , 2018, 1, 70-78.	0.8	1
41	Physical activity and sedentary time are related to clinically relevant health outcomes among adults with obstructive lung disease. <i>BMC Pulmonary Medicine</i> , 2018, 18, 98.	2.0	24
42	Movement behaviours are associated with lung function in middle-aged and older adults: a cross-sectional analysis of the Canadian longitudinal study on aging. <i>BMC Public Health</i> , 2018, 18, 818.	2.9	11
43	Television Viewing Time and 13-Year Mortality in Adults With Cardiovascular Disease: Data From the Australian Diabetes, Obesity and Lifestyle Study (AusDiab). <i>Heart Lung and Circulation</i> , 2017, 26, e98-e99.	0.4	2
44	Sedentary behavior as a risk factor for cognitive decline? A focus on the influence of glycemic control in brain health. <i>Alzheimer's and Dementia: Translational Research and Clinical Interventions</i> , 2017, 3, 291-300.	3.7	111
45	Twelve-Year Television Viewing Time Trajectories and Physical Function in Older Adults. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 1359-1365.	0.4	16
46	Sedentary time in older adults: a critical review of measurement, associations with health, and interventions. <i>British Journal of Sports Medicine</i> , 2017, 51, 1539-1539.	6.7	155
47	Sedentary time in older men and women: an international consensus statement and research priorities. <i>British Journal of Sports Medicine</i> , 2017, 51, 1526-1532.	6.7	84
48	Examining evidence based resistance plus balance training in community-dwelling older adults with complex health care needs: Trial protocol for the Muscling Up Against Disability project. <i>Archives of Gerontology and Geriatrics</i> , 2017, 68, 97-105.	3.0	7
49	Interventions for reducing sedentary behaviour in community-dwelling older adults. <i>The Cochrane Library</i> , 2017, , .	2.8	11
50	Citizen science applied to building healthier community environments: advancing the field through shared construct and measurement development. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 133.	4.6	44
51	Associations of Monitor-Assessed Activity with Performance-Based Physical Function. <i>PLoS ONE</i> , 2016, 11, e0153398.	2.5	28
52	Moderating effects of social engagement on driving cessation in older women. <i>International Psychogeriatrics</i> , 2016, 28, 1237-1244.	1.0	13
53	Depression, anxiety and risk of hypertension in mid-aged women. <i>Journal of Hypertension</i> , 2016, 34, 1959-1966.	0.5	31
54	Small Steps: Preliminary effectiveness and feasibility of an incremental goal-setting intervention to reduce sitting time in older adults. <i>Maturitas</i> , 2016, 85, 64-70.	2.4	62

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55	Correlates of General and Domain-Specific Sitting Time among Older Adults. <i>American Journal of Health Behavior</i> , 2016, 40, 362-370.	1.4	4
56	Changing physical activity and sedentary behaviour in people with <scp>COPD</scp>. <i>Respirology</i> , 2016, 21, 419-426.	2.3	54
57	Evaluation of an international educational programme for health care professionals on best practice in the management of a perinatal death: IMproving Perinatal mortality Review and Outcomes Via Education (IMPROVE). <i>BMC Pregnancy and Childbirth</i> , 2016, 16, 376.	2.4	30
58	Television Viewing Time and 13-year Mortality in Adults with Cardiovascular Disease: Data from the Australian Diabetes, Obesity and Lifestyle Study (AusDiab). <i>Heart Lung and Circulation</i> , 2016, 25, 829-836.	0.4	26
59	Associations of Daily Pedometer Steps and Self-Reported Physical Activity With Health-Related Quality of Life. <i>Journal of Aging and Health</i> , 2016, 28, 661-674.	1.7	12
60	Sedentary behavior, gestational diabetes mellitus, and type 2 diabetes risk: where do we stand?. <i>Endocrine</i> , 2016, 52, 5-10.	2.3	7
61	The Effect of Socioeconomic Status Across Adulthood on Trajectories of Frailty in Older Women. <i>Journal of the American Medical Directors Association</i> , 2016, 17, 372.e1-372.e3.	2.5	22
62	Late-Life Exercise and Difficulty with Activities of Daily Living: an 8-Year Nationwide Follow-up Study in Taiwan. <i>Annals of Behavioral Medicine</i> , 2016, 50, 237-246.	2.9	15
63	Independent Associations Between Sedentary Behaviors and Mental, Cognitive, Physical, and Functional Health Among Older Adults in Retirement Communities. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2016, 71, 78-83.	3.6	116
64	Validity of a multi-context sitting questionnaire across demographically diverse population groups: AusDiab3. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 148.	4.6	50
65	Do Factors That Predict Attrition Change Across Waves in a Longitudinal Study of Older Women?. <i>Journal of the American Geriatrics Society</i> , 2015, 63, 2627-2629.	2.6	8
66	Financial capacity in older adults: a growing concern for clinicians. <i>Medical Journal of Australia</i> , 2015, 202, 82-85.	1.7	15
67	“Not just another walking program”: Everyday Activity Supports You (EASY) model—a randomized pilot study for a parallel randomized controlled trial. <i>Pilot and Feasibility Studies</i> , 2015, 1, 4.	1.2	75
68	Validity and Responsiveness of the FRAIL Scale in a Longitudinal Cohort Study of Older Australian Women. <i>Journal of the American Medical Directors Association</i> , 2015, 16, 781-783.	2.5	66
69	The Feasibility of Reducing Sitting Time in Overweight and Obese Older Adults. <i>Health Education and Behavior</i> , 2015, 42, 669-676.	2.5	83
70	Sensitivity to Change of Objectively-Derived Measures of Sedentary Behavior. <i>Measurement in Physical Education and Exercise Science</i> , 2015, 19, 138-147.	1.8	56
71	Physical activity and sedentary behaviour: applying lessons to chronic obstructive pulmonary disease. <i>Internal Medicine Journal</i> , 2015, 45, 474-482.	0.8	84
72	Reallocating Time to Sleep, Sedentary Behaviors, or Active Behaviors: Associations With Cardiovascular Disease Risk Biomarkers, NHANES 2005–2006. <i>American Journal of Epidemiology</i> , 2014, 179, 323-334.	3.4	317

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73	Utility of telephone survey methods in population-based health studies of older adults: an example from the Alberta Older Adult Health Behavior (ALERT) study. <i>BMC Public Health</i> , 2014, 14, 486.	2.9	18
74	Letter to the Editor: Standardized use of the terms "sedentary" and "sedentary behaviours". <i>Mental Health and Physical Activity</i> , 2013, 6, 55-56.	1.8	33
75	Adults' Past-Day Recall of Sedentary Time. <i>Medicine and Science in Sports and Exercise</i> , 2013, 45, 1198-1207.	0.4	65
76	Objectively Measured Activity Patterns among Adults in Residential Aged Care. <i>International Journal of Environmental Research and Public Health</i> , 2013, 10, 6783-6798.	2.6	65
77	Identifying sedentary time using automated estimates of accelerometer wear time. <i>British Journal of Sports Medicine</i> , 2012, 46, 436-442.	6.7	77
78	Prolonged sedentary time and physical activity in workplace and non-work contexts: a cross-sectional study of office, customer service and call centre employees. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012, 9, 128.	4.6	347
79	Letter to the Editor: Standardized use of the terms "sedentary" and "sedentary behaviours". <i>Applied Physiology, Nutrition and Metabolism</i> , 2012, 37, 540-542.	1.9	1,500
80	Feasibility of Reducing Older Adults' Sedentary Time. <i>American Journal of Preventive Medicine</i> , 2011, 41, 174-177.	3.0	213
81	Measurement of Adults' Sedentary Time in Population-Based Studies. <i>American Journal of Preventive Medicine</i> , 2011, 41, 216-227.	3.0	506
82	Adults' Sedentary Behavior. <i>American Journal of Preventive Medicine</i> , 2011, 41, 189-196.	3.0	691
83	Associations Between Television Viewing Time and Overall Sitting Time with the Metabolic Syndrome in Older Men and Women: The Australian Diabetes Obesity and Lifestyle Study. <i>Journal of the American Geriatrics Society</i> , 2011, 59, 788-796.	2.6	142
84	Associations of objectively-assessed physical activity and sedentary time with depression: NHANES (2005-2006). <i>Preventive Medicine</i> , 2011, 53, 284-288.	3.4	187
85	Relationship of Television Time with Accelerometer-Derived Sedentary Time. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 822-828.	0.4	107
86	Validity of Self-Reported Measures of Workplace Sitting Time and Breaks in Sitting Time. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 1907-1912.	0.4	98
87	Measuring Older Adults' Sedentary Time. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 2127-2133.	0.4	143
88	Occupational Sitting and Health Risks. <i>American Journal of Preventive Medicine</i> , 2010, 39, 379-388.	3.0	423
89	Distinguishing True Sedentary From Accelerometer Non-wearing Time: Accuracy Of Two Automated Wear-time Estimations. <i>Medicine and Science in Sports and Exercise</i> , 2009, 41, 171-172.	0.4	8
90	Associations of Leisure-Time Internet and Computer Use With Overweight and Obesity, Physical Activity and Sedentary Behaviors: Cross-Sectional Study. <i>Journal of Medical Internet Research</i> , 2009, 11, e28.	4.3	155

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91	Every Family: A Population Approach to Reducing Behavioral and Emotional Problems in Children Making the Transition to School. <i>Journal of Primary Prevention</i> , 2008, 29, 197-222.	1.6	160
92	Paying research participants: a study of current practices in Australia. <i>Journal of Medical Ethics</i> , 2005, 31, 542-547.	1.8	52
93	Comparative expression and purification of human glutamic acid decarboxylase from <i>Saccharomyces cerevisiae</i> and <i>Pichia pastoris</i> . <i>Enzyme and Microbial Technology</i> , 2000, 26, 645-652.	3.2	11
94	Indoor Built Environment and Older Adults's Activity: A Systematic Review. <i>Canadian Journal on Aging</i> , 0, , 1-18.	1.1	2