Benjamin AllÃ¨s

List of Publications by Year
in descending order

91 papers	5,014 citations	117625 34 h-index	98798 67 g-index
94 all docs	94 docs citations	94 times ranked	5379 citing authors

#	Article	IF	Citations
1	Consumption of ultra-processed foods and cancer risk: results from NutriNet-SantÃ© prospective cohort. BMJ: British Medical Journal, 2018, 360, k322.	2.3	605
2	Ultra-processed food intake and risk of cardiovascular disease: prospective cohort study (NutriNet-SantÃ©). BMJ: British Medical Journal, 2019, 365, l1451.	2.3	512
3	Diet and physical activity during the coronavirus disease 2019 (COVID-19) lockdown (Marchâ€“May 2020): results from the French NutriNet-SantÃ© cohort study. American Journal of Clinical Nutrition, 2021, 113, 924-938.	4.7	284
4	Ultraprocessed Food Consumption and Risk of Type 2 Diabetes Among Participants of the NutriNet-SantÃ© Prospective Cohort. JAMA Internal Medicine, 2020, 180, 283.	5.1	257
5	Association Between Ultraprocessed Food Consumption and Risk of Mortality Among Middle-aged Adults in France. JAMA Internal Medicine, 2019, 179, 490.	5.1	246
6	Comparison of Sociodemographic and Nutritional Characteristics between Self-Reported Vegetarians, Vegans, and Meat-Eaters from the NutriNet-SantÃ© Study. Nutrients, 2017, 9, 1023.	4.1	203
7	Contribution of ultra-processed foods in the diet of adults from the French NutriNet-SantÃ© study. Public Health Nutrition, 2018, 21, 27-37.	2.2	163
8	Dietary patterns: a novel approach to examine the link between nutrition and cognitive function in older individuals. Nutrition Research Reviews, 2012, 25, 207-222.	4.1	143
9	Ultra-processed food intake in association with BMI change and risk of overweight and obesity: AÂprospective analysis of the French NutriNet-SantÃ© cohort. PLoS Medicine, 2020, 17, e1003256.	8.4	140
10	Potential benefits of adherence to the Mediterranean diet on cognitive health. Proceedings of the Nutrition Society, 2013, 72, 140-152.	1.0	130
11	Association of Frequency of Organic Food Consumption With Cancer Risk. JAMA Internal Medicine, 2018, 178, 1597.	5.1	119
12	Prospective association between ultra-processed food consumption and incident depressive symptoms in the French NutriNet-SantÃ© cohort. BMC Medicine, 2019, 17, 78.	5.5	113
13	Artificial sweeteners and cancer risk: Results from the NutriNet-SantÃ© population-based cohort study. PLoS Medicine, 2022, 19, e1003950.	8.4	108
14	Association Between Ultra-Processed Food Consumption and Functional Gastrointestinal Disorders: Results From the French NutriNet-SantÃ© Cohort. American Journal of Gastroenterology, 2018, 113, 1217-1228.	0.4	106
15	Consumption of Ultra-Processed Foods by Pesco-Vegetarians, Vegetarians, and Vegans: Associations with Duration and Age at Diet Initiation. Journal of Nutrition, 2021, 151, 120-131.	2.9	100
16	Red and processed meat intake and cancer risk: Results from the prospective NutriNetâ€SantÃ© cohort study. International Journal of Cancer, 2018, 142, 230-237.	5.1	96
17	Food Choice Motives When Purchasing in Organic and Conventional Consumer Clusters: Focus on Sustainable Concerns (The NutriNet-SantÃ© Cohort Study). Nutrients, 2017, 9, 88.	4.1	93
18	Food additives: distribution and co-occurrence in 126,000 food products of the French market. Scientific Reports, 2020, 10, 3980.	3.3	89

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19	Objective understanding of Nutri-Score Front-Of-Package nutrition label according to individual characteristics of subjects: Comparisons with other format labels. PLoS ONE, 2018, 13, e0202095.	2.5	84
20	Contribution of Organic Food to the Diet in a Large Sample of French Adults (the NutriNet-SantÃ©) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 5	4.1	73
21	Impact of the front-of-pack 5-colour nutrition label (5-CNL) on the nutritional quality of purchases: an experimental study. International Journal of Behavioral Nutrition and Physical Activity, 2016, 13, 101.	4.6	64
22	Meal planning is associated with food variety, diet quality and body weight status in a large sample of French adults. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 12.	4.6	64
23	Environmental Impacts of Plant-Based Diets: How Does Organic Food Consumption Contribute to Environmental Sustainability?. Frontiers in Nutrition, 2018, 5, 8.	3.7	63
24	Food choice motives including sustainability during purchasing are associated with a healthy dietary pattern in French adults. Nutrition Journal, 2017, 16, 58.	3.4	57
25	Greenhouse gas emissions, energy demand and land use associated with omnivorous, pesco-vegetarian, vegetarian, and vegan diets accounting for farming practices. Sustainable Production and Consumption, 2020, 22, 138-146.	11.0	48
26	Improvement of diet sustainability with increased level of organic food in the diet: findings from the BioNutriNet cohort. American Journal of Clinical Nutrition, 2019, 109, 1173-1188.	4.7	45
27	Association between organic food consumption and metabolic syndrome: cross-sectional results from the NutriNet-SantÃ© study. European Journal of Nutrition, 2018, 57, 2477-2488.	3.9	44
28	Dietary intakes and diet quality according to levels of organic food consumption by French adults: cross-sectional findings from the NutriNet-SantÃ© Cohort Study. Public Health Nutrition, 2017, 20, 638-648.	2.2	42
29	Assessment of the Sustainability of the Mediterranean Diet Combined with Organic Food Consumption: An Individual Behaviour Approach. Nutrients, 2017, 9, 61.	4.1	42
30	Comparing nutritional, economic, and environmental performances of diets according to their levels of greenhouse gas emissions. Climatic Change, 2018, 148, 155-172.	3.6	42
31	Nutrient patterns and risk of fracture in older subjects: results from the Three-City Study. Osteoporosis International, 2013, 24, 1295-1305.	3.1	38
32	Development and validation of an individual sustainable diet index in the NutriNet-SantÃ© study cohort. British Journal of Nutrition, 2019, 121, 1166-1177.	2.3	38
33	Consumption of Ultra-Processed Food and Its Association with Sociodemographic Characteristics and Diet Quality in a Representative Sample of French Adults. Nutrients, 2021, 13, 682.	4.1	38
34	Exposure to food additive mixtures in 106,000 French adults from the NutriNet-SantÃ© cohort. Scientific Reports, 2021, 11, 19680.	3.3	37
35	Adherence to a Mediterranean diet and energy, macro-, and micronutrient intakes in older persons. Journal of Physiology and Biochemistry, 2012, 68, 691-700.	3.0	36
36	Typology of eaters based on conventional and organic food consumption: results from the NutriNet-SantÃ© cohort study. British Journal of Nutrition, 2016, 116, 700-709.	2.3	36

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37	Sustainability analysis of French dietary guidelines using multiple criteria. Nature Sustainability, 2020, 3, 377-385.	23.7	36
38	Nutrient Patterns and Their Food Sources in Older Persons from France and Quebec: Dietary and Lifestyle Characteristics. Nutrients, 2016, 8, 225.	4.1	29
39	Association between a pro plantâ€based dietary score and cancer risk in the prospective <scp>N</scp>utri<scp>N</scp>etâ€santÃ© cohort. International Journal of Cancer, 2018, 143, 2168-2176.	5.1	29
40	Environmental and nutritional analysis of the EAT-Lancet diet at the individual level: insights from the NutriNet-SantÃ© study. Journal of Cleaner Production, 2021, 296, 126555.	9.3	29
41	Gluten-free diet in French adults without coeliac disease: sociodemographic characteristics, motives and dietary profile. British Journal of Nutrition, 2019, 122, 231-239.	2.3	27
42	Nitrites and nitrates from food additives and natural sources and cancer risk: results from the NutriNet-SantÃ© cohort. International Journal of Epidemiology, 2022, 51, 1106-1119.	1.9	27
43	Nutritional risk factors for SARS-CoV-2 infection: a prospective study within the NutriNet-SantÃ© cohort. BMC Medicine, 2021, 19, 290.	5.5	26
44	Sex-Specific Sociodemographic Correlates of Dietary Patterns in a Large Sample of French Elderly Individuals. Nutrients, 2016, 8, 484.	4.1	24
45	Motives for dish choices during home meal preparation: results from a large sample of the NutriNet-SantÃ© study. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 120.	4.6	21
46	Prospective association between organic food consumption and the risk of type 2 diabetes: findings from the NutriNet-SantÃ© cohort study. International Journal of Behavioral Nutrition and Physical Activity, 2020, 17, 136.	4.6	21
47	Socio-economic indicators are independently associated with intake of animal foods in French adults. Public Health Nutrition, 2016, 19, 3146-3157.	2.2	19
48	Association between sustainable dietary patterns and body weight, overweight, and obesity risk in the NutriNet-SantÃ© prospective cohort. American Journal of Clinical Nutrition, 2020, 112, 138-149.	4.7	19
49	The 5-CNL Front-of-Pack Nutrition Label Appears an Effective Tool to Achieve Food Substitutions towards Healthier Diets across Dietary Profiles. PLoS ONE, 2016, 11, e0157545.	2.5	18
50	Nutrient Patterns, Cognitive Function, and Decline in Older Persons: Results from the Three-City and NuAge Studies. Nutrients, 2019, 11, 1808.	4.1	18
51	Dilemma between health and environmental motives when purchasing animal food products: sociodemographic and nutritional characteristics of consumers. BMC Public Health, 2017, 17, 876.	2.9	17
52	Adherence to the French Eating Model is inversely associated with overweight and obesity: results from a large sample of French adults. British Journal of Nutrition, 2018, 120, 231-239.	2.3	17
53	Socioeconomic inequalities in metabolic syndrome in the French West Indies. BMC Public Health, 2019, 19, 1620.	2.9	17
54	Exposure to contaminants and nutritional intakes in a French vegetarian population. Food and Chemical Toxicology, 2017, 109, 218-229.	3.6	16

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55	Key Findings of the French BioNutriNet Project on Organic Foodâ€“Based Diets: Description, Determinants, and Relationships to Health and the Environment. Advances in Nutrition, 2022, 13, 208-224.	6.4	16
56	Estimated dietary exposure to pesticide residues based on organic and conventional data in omnivores, pesco-vegetarians, vegetarians and vegans. Food and Chemical Toxicology, 2021, 153, 112179.	3.6	15
57	Lessons Learned From Methodological Validation Research in E-Epidemiology. JMIR Public Health and Surveillance, 2016, 2, e160.	2.6	13
58	Association between self-reported vegetarian diet and the irritable bowel syndrome in the French NutriNet cohort. PLoS ONE, 2017, 12, e0183039.	2.5	12
59	Halving food-related greenhouse gas emissions can be achieved by redistributing meat consumption: Progressive optimization results of the NutriNet-SantÃ© cohort. Science of the Total Environment, 2021, 789, 147901.	8.0	12
60	Prospective associations between sustainable dietary pattern assessed with the Sustainable Diet Index (SDI) and risk of cancer and cardiovascular diseases in the French NutriNet-SantÃ© cohort. European Journal of Epidemiology, 2020, 35, 471-481.	5.7	11
61	Dietary and Alcohol Intake and Central Nervous System Tumors in Adults: Results of the CERENAT Multicenter Case-Control Study. Neuroepidemiology, 2016, 47, 145-154.	2.3	10
62	Identification of sustainable dietary patterns by a multicriteria approach in the NutriNet-SantÃ© cohort. Journal of Cleaner Production, 2018, 196, 1256-1265.	9.3	10
63	Conservative to disruptive diets for optimizing nutrition, environmental impacts and cost in French adults from the NutriNet-SantÃ© cohort. Nature Food, 2021, 2, 174-182.	14.0	10
64	Is organic food consumption associated with life satisfaction? A cross-sectional analysis from the NutriNet-SantÃ© study. Preventive Medicine Reports, 2017, 8, 190-196.	1.8	9
65	Are recent dietary changes observed in the NutriNet-SantÃ© participants healthier and more sustainable?. European Journal of Nutrition, 2022, 61, 141-155.	3.9	9
66	Association between Motives for Dish Choices during Home Meal Preparation and Weight Status in the NutriNet-SantÃ© Study. Nutrients, 2016, 8, 413.	4.1	8
67	DÃ©terminants et corrÃ©lats de la consommation dâ€™aliments issus de lâ€™agriculture biologique. RÃ©sultats du projet BioNutriNet. Cahiers De Nutrition Et De Dietetique, 2018, 53, 43-52.	0.3	8
68	Serum Omega-3 Fatty Acids and Cognitive Domains in Community-Dwelling Older Adults From the Nuage Study: Exploring the Associations with Other Fatty Acids and Sex. Journal of Nutrition, 2022, , .	2.9	7
69	Dispositional optimism is associated with weight status, eating behavior, and eating disorders in a general populationâ€based study. International Journal of Eating Disorders, 2020, 53, 1696-1708.	4.0	6
70	Do individual sustainable food purchase motives translate into an individual shift towards a more sustainable diet? A longitudinal analysis in the NutriNet-SantÃ© cohort. Cleaner and Responsible Consumption, 2022, 5, 100062.	3.0	6
71	Individual characteristics associated with changes in the contribution of plant foods to dietary intake in a French prospective cohort. European Journal of Nutrition, 2019, 58, 1991-2002.	3.9	5
72	Organic food consumption and gluten-free diet, is there a link? Results in French adults without coeliac disease. British Journal of Nutrition, 2021, 125, 1067-1078.	2.3	5

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73	Associations between motives for dish choice during home-meal preparation and diet quality in French adults: findings from the NutriNet-SantÃ© study. British Journal of Nutrition, 2017, 117, 851-861.	2.3	4
74	The key roles of economic and social organization and producer and consumer behaviour towards a health-agriculture-food-environment nexus: recent advances and future prospects. Review of Agricultural Food and Environmental Studies, 2020, 101, 23-46.	0.7	4
75	Consumption of ultra-processed foods and the risk of overweight and obesity, and weight trajectories in the French cohort NutriNet-SantÃ©. Proceedings of the Nutrition Society, 2020, 79, .	1.0	3
76	Association between Self-Reported Gluten Avoidance and Irritable Bowel Syndrome: Findings of the NutriNet-SantÃ© Study. Nutrients, 2021, 13, 4147.	4.1	3
77	Ultra-processed food intake and eating disorders: Cross-sectional associations among French adults. Journal of Behavioral Addictions, 2022, 11, 588-599.	3.7	3
78	Association between sustainable food choice motives during purchasing and dietary patterns in French adults. Proceedings of the Nutrition Society, 2015, 74, .	1.0	2
79	Les dÃ©terminants de la transition nutritionnelle dans les Antilles franÃ§aises. Cahiers De Nutrition Et De Dietetique, 2022, 57, 37-58.	0.3	2
80	Abstract P1-09-01: Breast and prostate cancer risk associated with nitrites and nitrates from food additives: Results from the NutriNet-SantÃ© cohort. Cancer Research, 2022, 82, P1-09-01-P1-09-01.	0.9	2
81	Exposure to Pesticide Residues and Contaminants of the Vegetarian Populationâ€"French data. , 2017, , 837-851.		0
82	Ultra-processed food intake and risk of type 2 diabetes in a French cohort of middle-aged adults. Proceedings of the Nutrition Society, 2020, 79, .	1.0	0
83	Aliments ultra-transformÃ©s, maladies chroniques, et mortalitÃ©Â: rÃ©sultats de la cohorte prospective NutriNet-SantÃ©. Cahiers De Nutrition Et De Dietetique, 2021, , .	0.3	0
84	Ultra-processed food consumption and NCD-related dietary nutrient profile in a national sample of French children and adolescents. Zeitschrift Fur Gesundheitswissenschaften, 0, , 1.	1.6	0
85	Abstract P1-09-02: Risk of breast and other cancers associated with the consumption of artificial sweeteners: Results from the prospective NutriNet-SantÃ© cohort. Cancer Research, 2022, 82, P1-09-02-P1-09-02.	0.9	0
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