Islam Afzal

List of Publications by Year in descending order

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1937685 2272923 4 269 4 4 citations h-index g-index papers 4 4 4 487 citing authors docs citations times ranked all docs

#	Article	IF	CITATIONS
1	Randomised trial of coconut oil, olive oil or butter on blood lipids and other cardiovascular risk factors in healthy men and women. BMJ Open, 2018, 8, e020167.	1.9	129
2	Exercise, or exercise and diet for the management of polycystic ovary syndrome: a systematic review and meta-analysis. Systematic Reviews, 2019, 8, 51.	5. 3	72
3	Plasma irisin is elevated in type 2 diabetes and is associated with increased E-selectin levels. Cardiovascular Diabetology, 2017, 16, 147.	6.8	46
4	Asprosin, a novel pleiotropic adipokine implicated in fasting and obesity-related cardio-metabolic disease: Comprehensive review of preclinical and clinical evidence. Cytokine and Growth Factor Reviews, 2021, 60, 120-132.	7.2	22