Francesco Paolo Cappuccio

List of Publications by Year in descending order

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Version: 2024-02-01

291 papers

31,613 citations

75 h-index 169 g-index

304 all docs

304 docs citations

304 times ranked 38434 citing authors

#	Article	IF	Citations
1	Association analyses of 249,796 individuals reveal 18 new loci associated with body mass index. Nature Genetics, 2010, 42, 937-948.	21.4	2,634
2	Meta-Analysis of Short Sleep Duration and Obesity in Children and Adults. Sleep, 2008, 31, 619-626.	1.1	1,687
3	Sleep duration predicts cardiovascular outcomes: a systematic review and meta-analysis of prospective studies. European Heart Journal, 2011, 32, 1484-1492.	2.2	1,592
4	Sleep Duration and All-Cause Mortality: A Systematic Review and Meta-Analysis of Prospective Studies. Sleep, 2010, 33, 585-592.	1.1	1,577
5	Quantity and Quality of Sleep and Incidence of Type 2 Diabetes. Diabetes Care, 2010, 33, 414-420.	8.6	1,359
6	Salt intake, stroke, and cardiovascular disease: meta-analysis of prospective studies. BMJ: British Medical Journal, 2009, 339, b4567-b4567.	2.3	1,216
7	Genome-wide association study identifies 74 loci associated with educational attainment. Nature, 2016, 533, 539-542.	27.8	1,204
8	Effect of lower sodium intake on health: systematic review and meta-analyses. BMJ, The, 2013, 346, f1326-f1326.	6.0	931
9	Panethnic Differences in Blood Pressure in Europe: A Systematic Review and Meta-Analysis. PLoS ONE, 2016, 11, e0147601.	2.5	882
10	Effect of increased potassium intake on cardiovascular risk factors and disease: systematic review and meta-analyses. BMJ, The, 2013, 346, f1378-f1378.	6.0	650
11	Effects of Long-Term Selenium Supplementation on the Incidence of Type 2 Diabetes. Annals of Internal Medicine, 2007, 147, 217.	3.9	614
12	Genome-wide association analyses of risk tolerance and risky behaviors in over 1 million individuals identify hundreds of loci and shared genetic influences. Nature Genetics, 2019, 51, 245-257.	21.4	536
13	Variant of SCN5A Sodium Channel Implicated in Risk of Cardiac Arrhythmia. Science, 2002, 297, 1333-1336.	12.6	506
14	A Prospective Study of Change in Sleep Duration: Associations with Mortality in the Whitehall II Cohort. Sleep, 2007, 30, 1659-1666.	1.1	440
15	Gender-Specific Associations of Short Sleep Duration With Prevalent and Incident Hypertension. Hypertension, 2007, 50, 693-700.	2.7	430
16	Blood pressure control by home monitoring: meta-analysis of randomised trials. BMJ: British Medical Journal, 2004, 329, 145.	2.3	427
17	Excess Body Weight and Incidence of Stroke. Stroke, 2010, 41, e418-26.	2.0	393
18	Association between circadian rhythms and neurodegenerative diseases. Lancet Neurology, The, 2019, 18, 307-318.	10.2	384

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19	Genome-Wide Association Identifies Nine Common Variants Associated With Fasting Proinsulin Levels and Provides New Insights Into the Pathophysiology of Type 2 Diabetes. Diabetes, 2011, 60, 2624-2634.	0.6	335
20	High blood pressure and bone-mineral loss in elderly white women: a prospective study. Lancet, The, 1999, 354, 971-975.	13.7	317
21	SLC2A9 Is a High-Capacity Urate Transporter in Humans. PLoS Medicine, 2008, 5, e197.	8.4	305
22	Correlates of Short and Long Sleep Duration: A Cross-Cultural Comparison Between the United Kingdom and the United States: The Whitehall II Study and the Western New York Health Study. American Journal of Epidemiology, 2008, 168, 1353-1364.	3.4	290
23	Does potassium supplementation lower blood pressure? A meta-analysis of published trials. Journal of Hypertension, 1991, 9, 465-473.	0.5	287
24	Habitual salt intake and risk of gastric cancer: A meta-analysis of prospective studies. Clinical Nutrition, 2012, 31, 489-498.	5.0	283
25	Sleep duration and incidence of obesity in infants, children, and adolescents: a systematic review and meta-analysis of prospective studies. Sleep, 2018, 41, .	1.1	263
26	Association of hypertension with T594M mutation in \hat{l}^2 subunit of epithelial sodium channels in black people resident in London. Lancet, The, 1998, 351, 1388-1392.	13.7	246
27	Potassium Intake, Stroke, and Cardiovascular Disease. Journal of the American College of Cardiology, 2011, 57, 1210-1219.	2.8	244
28	Renal artery stenosis: A common and important problem in patients with peripheral vascular disease. American Journal of Medicine, 1994, 96, 10-14.	1.5	228
29	Prevalence, Detection, Management, and Control of Hypertension in Ashanti, West Africa. Hypertension, 2004, 43, 1017-1022.	2.7	218
30	Do Statins Reduce Blood Pressure?. Hypertension, 2007, 49, 792-798.	2.7	211
31	Sleep and Cardio-Metabolic Disease. Current Cardiology Reports, 2017, 19, 110.	2.9	211
32	May Measurement Month 2018: a pragmatic global screening campaign to raise awareness of blood pressure by the International Society of Hypertension. European Heart Journal, 2019, 40, 2006-2017.	2.2	193
33	Sleep duration and risk of fatal and nonfatal stroke. Neurology, 2015, 84, 1072-1079.	1.1	192
34	Systematic review of dietary salt reduction policies: Evidence for an effectiveness hierarchy?. PLoS ONE, 2017, 12, e0177535.	2.5	187
35	Inflammation, Sleep, Obesity and Cardiovascular Disease Current Vascular Pharmacology, 2007, 5, 93-102.	1.7	180
36	Double-blind randomised trial of modest salt restriction in older people. Lancet, The, 1997, 350, 850-854.	13.7	178

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37	Malnutrition among children under the age of five in the Democratic Republic of Congo (DRC): does geographic location matter?. BMC Public Health, 2011, 11, 261.	2.9	169
38	Ethnicity-specific BMI cutoffs for obesity based on type 2 diabetes risk in England: a population-based cohort study. Lancet Diabetes and Endocrinology,the, 2021, 9, 419-426.	11.4	158
39	Cardiovascular disease and hypertension in sub-Saharan Africa: burden, risk and interventions. Internal and Emergency Medicine, 2016, 11, 299-305.	2.0	157
40	Cross-sectional versus Prospective Associations of Sleep Duration with Changes in Relative Weight and Body Fat Distribution. American Journal of Epidemiology, 2008, 167, 321-329.	3.4	150
41	A population-based study of reduced sleep duration and hypertension: the strongest association may be in premenopausal women. Journal of Hypertension, 2010, 28, 896-902.	0.5	150
42	Genetic Variation in the Renin–Angiotensin System and Abdominal Adiposity in Men: The Olivetti Prospective Heart Study. Annals of Internal Medicine, 2003, 138, 17.	3.9	144
43	Genomewide Association Study Using a High-Density Single Nucleotide Polymorphism Array and Case-Control Design Identifies a Novel Essential Hypertension Susceptibility Locus in the Promoter Region of Endothelial NO Synthase. Hypertension, 2012, 59, 248-255.	2.7	144
44	Gender differences in the cross-sectional relationships between sleep duration and markers of inflammation: Whitehall II study. Sleep, 2009, 32, 857-64.	1.1	143
45	Uric Acid Metabolism and Tubular Sodium Handling. JAMA - Journal of the American Medical Association, 1993, 270, 354.	7.4	142
46	Association Between the C825T Polymorphism of the G Protein \hat{l}^2 3-Subunit Gene and Hypertension in Blacks. Hypertension, 1999, 34, 1193-1196.	2.7	135
47	A community programme to reduce salt intake and blood pressure in Ghana [ISRCTN88789643]. BMC Public Health, 2006, 6, 13.	2.9	134
48	Behavioural counselling to increase consumption of fruit and vegetables in low income adults: randomised trial. BMJ: British Medical Journal, 2003, 326, 855-855.	2.3	133
49	Higher Selenium Status is Associated with Adverse Blood Lipid Profile in British Adults. Journal of Nutrition, 2010, 140, 81-87.	2.9	132
50	Systematic review of studies comparing 24-hour and spot urine collections for estimating population salt intake. Revista Panamericana De Salud Publica/Pan American Journal of Public Health, 2012, 32, 307-315.	1,1	132
51	Common variants in the TCF7L2 gene and predisposition to type 2 diabetes in UK European Whites, Indian Asians and Afro-Caribbean men and women. Journal of Molecular Medicine, 2006, 84, 1005-1014.	3.9	131
52	Nonpharmacological Treatments of Insomnia for Long-Term Painful Conditions: A Systematic Review and Meta-analysis of Patient-Reported Outcomes in Randomized Controlled Trials. Sleep, 2015, 38, 1751-1764.	1.1	129
53	Dietary magnesium intake and blood pressure: a qualitative overview of the observational studies. Journal of Human Hypertension, 1998, 12, 447-453.	2.2	121
54	Application of Framingham risk estimates to ethnic minorities in United Kingdom and implications for primary prevention of heart disease in general practice: cross sectional population based study. BMJ: British Medical Journal, 2002, 325, 1271-1271.	2.3	119

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55	Assessment of GFR by four methods in adults in Ashanti, Ghana: the need for an eGFR equation for lean African populations. Nephrology Dialysis Transplantation, 2010, 25, 2178-2187.	0.7	119
56	Ethnicity and cardiovascular disease prevention in the United Kingdom: a practical approach to management. Journal of Human Hypertension, 2007, 21, 183-211.	2.2	113
57	Genetic variants linked to education predict longevity. Proceedings of the National Academy of Sciences of the United States of America, 2016, 113, 13366-13371.	7.1	110
58	Altered renal sodium handling in men with abdominal adiposity: a link to hypertension. Journal of Hypertension, 2001, 19, 2157-2164.	0.5	108
59	Abnormalities of renal sodium handling in the metabolic syndrome. Results of the Olivetti Heart Study. Journal of Hypertension, 2006, 24, 1633-1639.	0.5	104
60	Policy options to reduce population salt intake. BMJ: British Medical Journal, 2011, 343, d4995-d4995.	2.3	103
61	Daytime Napping and the Risk of All-Cause and Cause-Specific Mortality: A 13-Year Follow-up of a British Population. American Journal of Epidemiology, 2014, 179, 1115-1124.	3.4	103
62	A systematic review of COVID-19 and obstructive sleep apnoea. Sleep Medicine Reviews, 2021, 55, 101382.	8.5	102
63	Psychological and Social Predictors of Changes in Fruit and Vegetable Consumption Over 12 Months Following Behavioral and Nutrition Education Counseling Health Psychology, 2004, 23, 574-581.	1.6	101
64	The International Consortium for Quality Research on Dietary Sodium/Salt (TRUE) position statement on the use of 24â€hour, spot, and short duration (<24Âhours) timed urine collections to assess dietary sodium intake. Journal of Clinical Hypertension, 2019, 21, 700-709.	2.0	100
65	A population study of ethnic variations in the angiotensin-converting enzyme I/D polymorphism. Journal of Hypertension, 1999, 17, 657-664.	0.5	99
66	The kidney and essential hypertension: a link to osteoporosis?. Journal of Hypertension, 1993, 11, 781-785.	0.5	97
67	Genetic Variations at the Endocannabinoid Type 1 Receptor Gene (CNR1) Are Associated with Obesity Phenotypes in Men. Journal of Clinical Endocrinology and Metabolism, 2007, 92, 2382-2386.	3.6	96
68	Alcohol consumption and n–3 polyunsaturated fatty acids in healthy men and women from 3 European populations. American Journal of Clinical Nutrition, 2009, 89, 354-362.	4.7	94
69	Psychological factors associated with fruit and vegetable intake and with biomarkers in adults from a low-income neighborhood Health Psychology, 2003, 22, 148-155.	1.6	92
70	High-Circulating Leptin Levels Are Associated with Greater Risk of Hypertension in Men Independently of Body Mass and Insulin Resistance: Results of an Eight-Year Follow-Up Study. Journal of Clinical Endocrinology and Metabolism, 2008, 93, 3922-3926.	3.6	88
71	A prospective study of hypertension and the incidence of kidney stones in men. Journal of Hypertension, 1999, 17, 1017-1022.	0.5	82
72	The relationship of waist circumference to blood pressure: the Olivetti heart study1. American Journal of Hypertension, 2002, 15, 780-786.	2.0	81

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73	Risk assessment and lipid modification for primary and secondary prevention of cardiovascular disease: summary of NICE guidance. BMJ: British Medical Journal, 2008, 336, 1246-1248.	2.3	81
74	Associations of selenium status with cardiometabolic risk factors: An 8-year follow-up analysis of the Olivetti Heart Study. Atherosclerosis, 2011, 217, 274-278.	0.8	81
75	Relationship of the Trp64Arg polymorphism of the beta3-adrenoceptor gene to central adiposity and high blood pressure: interaction with age. Cross-sectional and longitudinal findings of the Olivetti Prospective Heart Study. Journal of Hypertension, 2001, 19, 399-406.	0.5	76
76	Estimation of fruit and vegetable intake using a two-item dietary questionnaire: a potential tool for primary health care workers. Nutrition, Metabolism and Cardiovascular Diseases, 2003, 13, 12-19.	2.6	76
77	Primary prevention of cardiovascular disease: a web-based risk score for seven British black and minority ethnic groups. Heart, 2006, 92, 1595-1602.	2.9	76
78	Implementing a 48 h EWTD-compliant rota for junior doctors in the UK does not compromise patients' safety: assessor-blind pilot comparison. QJM - Monthly Journal of the Association of Physicians, 2009, 102, 271-282.	0.5	76
79	Comparisons of spot vs 24-h urine samples for estimating population salt intake: Validation study in two independent samples of adults in Britain and Italy. Nutrition, Metabolism and Cardiovascular Diseases, 2014, 24, 140-147.	2.6	76
80	Ethnic and sex differences in circulating endotoxin levels: A novel marker of atherosclerotic and cardiovascular risk in a British multi-ethnic population. Atherosclerosis, 2009, 203, 494-502.	0.8	75
81	Cardiovascular risk assessment in low-resource settings. Journal of Hypertension, 2014, 32, 951-960.	0.5	73
82	Ethnic Differences in Blood Pressure Response to First and Second-Line Antihypertensive Therapies in Patients Randomized in the ASCOT Trial. American Journal of Hypertension, 2010, 23, 1023-1030.	2.0	72
83	Circulating leptin levels predict the development of metabolic syndrome in middle-aged men: an 8-year follow-up study. Journal of Hypertension, 2007, 25, 1671-1677.	0.5	71
84	The effect of plant-based dietary patterns on blood pressure: a systematic review and meta-analysis of controlled intervention trials. Journal of Hypertension, 2021, 39, 23-37.	0.5	70
85	Population dietary salt reduction and the risk of cardiovascular disease. A scientific statement from the European Salt Action Network. Nutrition, Metabolism and Cardiovascular Diseases, 2019, 29, 107-114.	2.6	68
86	Ancestry as a Determinant of Mean Population C-Reactive Protein Values. Circulation: Cardiovascular Genetics, 2010, 3, 436-444.	5.1	67
87	Aldosterone synthase gene (CYP11B2) C-344T polymorphism, plasma aldosterone, renin activity and blood pressure in a multi-ethnic population. Journal of Hypertension, 2004, 22, 1895-1901.	0.5	64
88	Cardiovascular and other effects of salt consumption. Kidney International Supplements, 2013, 3, 312-315.	14.2	64
89	Ethnic Differences in Fibrinogen Levels: The Role of Environmental Factors and the beta-Fibrinogen Gene. American Journal of Epidemiology, 2001, 153, 799-806.	3.4	62
90	Gender differences in copper, zinc and selenium status in diabetic-free metabolic syndrome European population – The IMMIDIET study. Nutrition, Metabolism and Cardiovascular Diseases, 2012, 22, 517-524.	2.6	62

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91	New evidence relating to the health impact of reducing salt intake. Nutrition, Metabolism and Cardiovascular Diseases, 2011, 21, 617-619.	2.6	61
92	Spatial Analysis of Risk Factors for Childhood Morbidity in Nigeria. American Journal of Tropical Medicine and Hygiene, 2007, 77, 770-779.	1.4	58
93	Hypertension and renal failure in Kumasi, Ghana. Journal of Human Hypertension, 1999, 13, 37-40.	2.2	57
94	Homocysteine levels in men and women of different ethnic and cultural background living in England. Atherosclerosis, 2002, 164, 95-102.	0.8	57
95	Telomere Length Attrition, a Marker of Biological Senescence, Is Inversely Correlated with Triglycerides and Cholesterol in South Asian Males with Type 2 Diabetes Mellitus. Experimental Diabetes Research, 2012, 2012, 1-7.	3.8	56
96	Sodium Restriction Lowers High Blood Pressure Through a Decreased Response of the Renin System ??? Direct Evidence Using Saralasin. Journal of Hypertension, 1985, 3, 243-247.	0.5	55
97	Caffeine intake and CYP1A2 variants associated with high caffeine intake protect non-smokers from hypertension. Human Molecular Genetics, 2012, 21, 3283-3292.	2.9	55
98	Daytime napping, sleep duration and serum C reactive protein: a population-based cohort study. BMJ Open, 2014, 4, e006071.	1.9	55
99	Ethnic differences in circulating soluble adhesion molecules: the Wandsworth Heart and Stroke Study. Clinical Science, 2003, 104, 591-598.	4.3	54
100	Does Oral Calcium Supplementation Lower High Blood Pressure? A Double Blind Study. Journal of Hypertension, 1987, 5, 67-71.	0.5	53
101	Metabolic syndrome and renal sodium handling in three ethnic groups living in England. Diabetologia, 2004, 47, 40-46.	6.3	53
102	Past history of nephrolithiasis and incidence of hypertension in men: a reappraisal based on the results of the Olivetti Prospective Heart Study. Nephrology Dialysis Transplantation, 2001, 16, 2232-2235.	0.7	51
103	Quality of life and self-rated health in relation to changes in fruit and vegetable intake and in plasma vitamins C and E in a randomised trial of behavioural and nutritional education counselling. British Journal of Nutrition, 2004, 92, 177-184.	2.3	51
104	Body Size and Blood Pressure. Epidemiology, 2008, 19, 38-46.	2.7	51
105	Renal Function and Blood Pressure Response to Dietary Salt Restriction in Normotensive Men. Hypertension, 1996, 27, 1160-1164.	2.7	51
106	Incidence of hypertension in individuals with different blood pressure salt-sensitivity: results of a 15-year follow-up study. Journal of Hypertension, 2007, 25, 1465-1471.	0.5	50
107	Systematic review and metaâ€analyses of the relationship between short sleep and incidence of obesity and effectiveness of sleep interventions on weight gain in preschool children. Obesity Reviews, 2021, 22, e13113.	6.5	50
108	Variable effects of the APOC3 -482C > T variant on insulin, glucose and triglyceride concentrations in different ethnic groups. Diabetologia, 2001, 44, 245-248.	6.3	49

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109	Interaction between the C(â^344)T polymorphism of CYP11B2 and age in the regulation of blood pressure and plasma aldosterone levels: cross-sectional and longitudinal findings of the Olivetti Prospective Heart Study. Journal of Hypertension, 2002, 20, 1785-1792.	0.5	49
110	Prevalence, awareness, treatment and control of hypertension in healthy unrelated male–female pairs of European regions: the dietary habit profile in European communities with different risk of myocardial infarction – the impact of migration as a model of gene–environment interaction project. Journal of Hypertension, 2008, 26, 2303-2311.	0.5	49
111	Salt intake of the Slovene population assessed by 24 h urinary sodium excretion. Public Health Nutrition, 2010, 13, 1803-1809.	2.2	49
112	LEISURE TIME PHYSICAL ACTIVITY AND BLOOD PRESSURE IN SCHOOLCHILDREN. American Journal of Epidemiology, 1988, 127, 726-733.	3.4	48
113	Acute and sustained changes in sodium balance during nifedipine treatment in essential hypertension. American Journal of Medicine, 1991, 91, 233-238.	1.5	47
114	Geographic and socioeconomic variation of sodium and potassium intake in Italy: results from the MINISAL-GIRCSI programme. BMJ Open, 2015, 5, e007467.	1.9	47
115	Urinary calcium excretion, sodium intake and blood pressure in a multi-ethnic population: results of the Wandsworth Heart and Stroke Study. Journal of Human Hypertension, 2001, 15, 229-237.	2.2	45
116	Ethnicity and Inflammatory Pathways - Implications for Vascular Disease, Vascular Risk and Therapeutic Intervention. Current Medicinal Chemistry, 2007, 14, 1409-1425.	2.4	45
117	Plant-Based Dietary Patterns for Human and Planetary Health. Nutrients, 2022, 14, 1614.	4.1	45
118	Salt and cardiovascular disease. BMJ: British Medical Journal, 2007, 334, 859-860.	2.3	44
119	Biomarkers of cardiovascular risk in sleep-deprived people. Journal of Human Hypertension, 2013, 27, 583-588.	2.2	44
120	Self-reported sleep patterns in a British population cohort. Sleep Medicine, 2014, 15, 295-302.	1.6	44
121	Cellular adhesion molecules and their relationship with measures of obesity and metabolic syndrome in a multiethnic population. International Journal of Obesity, 2006, 30, 1176-1182.	3.4	43
122	Polymorphisms in the WNK1 Gene Are Associated with Blood Pressure Variation and Urinary Potassium Excretion. PLoS ONE, 2009, 4, e5003.	2.5	43
123	Socioeconomic inequality in salt intake in Britain 10 years after a national salt reduction programme. BMJ Open, 2014, 4, e005683-e005683.	1.9	43
124	Cross-Sectional Study of Sleep Quantity and Quality and Amnestic and Non-Amnestic Cognitive Function in an Ageing Population: The English Longitudinal Study of Ageing (ELSA). PLoS ONE, 2014, 9, e100991.	2.5	43
125	Combination of Renin-Angiotensin System Polymorphisms Is Associated With Altered Renal Sodium Handling and Hypertension. Hypertension, 2004, 43, 598-602.	2.7	42
126	Diarrhoea, acute respiratory infection, and fever among children in the Democratic Republic of Congo. Social Science and Medicine, 2009, 68, 1728-1736.	3.8	41

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127	Reduction of Salt Intake During Converting Enzyme Inhibitor Treatment Compared With Addition of a Thiazide. Hypertension, 1995, 25, 1042-1044.	2.7	41
128	Association of sleep duration and quality with blood lipids: a systematic review and meta-analysis of prospective studies. BMJ Open, 2017, 7, e018585.	1.9	40
129	T594M and G442V polymorphisms of the sodium channel \hat{l}^2 subunit and hypertension in a black population. Journal of Human Hypertension, 2001, 15, 425-430.	2.2	38
130	Commentary: Epidemiological transition, migration, and cardiovascular disease. International Journal of Epidemiology, 2004, 33, 387-388.	1.9	38
131	Proposed Nomenclature for Salt Intake and for Reductions in Dietary Salt. Journal of Clinical Hypertension, 2015, 17, 247-251.	2.0	38
132	Spatial variation of salt intake in Britain and association with socioeconomic status. BMJ Open, 2013, 3, e002246.	1.9	37
133	Diagnostic criteria for metabolic syndrome: a comparative analysis in an unselected sample of adult male population. Metabolism: Clinical and Experimental, 2008, 57, 355-361.	3.4	36
134	Dietary sodium intake in a sample of adult male population in southern Italy: results of the Olivetti Heart Study. European Journal of Clinical Nutrition, 2010, 64, 518-524.	2.9	36
135	Frequency and allelic association of common variants in the lipoprotein lipase gene in different ethnic groups: The Wandsworth Heart and Stroke Study. , 2000, 18, 203-216.		35
136	Prevention of hypertension and stroke in Africa. Lancet, The, 2000, 356, 677-678.	13.7	35
137	Calcium Urolithiasis, Blood Pressure and Salt Intake. Blood Pressure, 2003, 12, 122-127.	1.5	35
138	Increased proximal sodium reabsorption is associated with increased cardiovascular risk in men. Journal of Hypertension, 1996, 14, 909-914.	0.5	33
139	Plasma vitamin C levels in men and women from different ethnic backgrounds living in England. International Journal of Epidemiology, 1999, 28, 450-455.	1.9	33
140	A Call for Quality Research on Salt Intake and Health: From the World Hypertension League and Supporting Organizations. Journal of Clinical Hypertension, 2014, 16, 469-471.	2.0	33
141	Association between the Thr715Pro P-selectin gene polymorphism and soluble P-selectin levels in a multiethnic population in South London. Thrombosis and Haemostasis, 2004, 92, 1060-1065.	3.4	32
142	Race-Specific Differences in Antioxidant Enzyme Activity in Patients With Type 2 Diabetes: A potential association with the risk of developing nephropathy. Diabetes Care, 2005, 28, 1698-1703.	8.6	32
143	Low Serum Adiponectin Predicts 10-Year Risk of Type 2 Diabetes and HbA1c Independently of Obesity, Lipids, and Inflammation: Whitehall II Study. Hormone and Metabolic Research, 2009, 41, 626-629.	1.5	32
144	Sodium and Health: Old Myths and a Controversy Based on Denial. Current Nutrition Reports, 2022, 11, 172-184.	4.3	32

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145	Altered renal sodium handling and hypertension in men carrying the glucagon receptor gene (Gly40Ser) variant. Journal of Molecular Medicine, 2001, 79, 574-580.	3.9	31
146	Cellular adhesion molecules and blood pressure. Journal of Hypertension, 2004, 22, 705-711.	0.5	31
147	Does reducing salt intake increase cardiovascular mortality?. Kidney International, 2011, 80, 696-698.	5.2	31
148	Renal Handling of Calcium and Phosphate during Mineralocorticoid Administration in Normal Subjects. Nephron, 1988, 48, 280-283.	1.8	30
149	Hyperleptinemia is associated with hypertension, systemic inflammation and insulin resistance in overweight but not in normal weight men. Nutrition, Metabolism and Cardiovascular Diseases, 2012, 22, 300-306.	2.6	30
150	Folate intake and folate serum levels in men and women from two European populations: The IMMIDIET project. Nutrition, 2014, 30, 822-830.	2.4	30
151	Health consequences of circadian disruption. Sleep, 2020, 43, .	1.1	30
152	Cardiovascular risk factors and global risk of fatal cardiovascular disease are positively correlated between partners of 802 married couples from different European countries. Thrombosis and Haemostasis, 2007, 98, 648-655.	3.4	29
153	Covid-19 and cardiovascular risk: Susceptibility to infection to SARS-CoV-2, severity and prognosis of Covid-19 and blockade of the renin-angiotensin-aldosterone system. An evidence-based viewpoint. Nutrition, Metabolism and Cardiovascular Diseases, 2020, 30, 1227-1235.	2.6	29
154	Rural and semi-urban differences in salt intake, and its dietary sources, in Ashanti, West Africa. Ethnicity and Disease, 2005, 15, 33-9.	2.3	29
155	Systematic review and meta-analysis of randomised controlled trials on the effects of potassium supplements on serum potassium and creatinine. BMJ Open, 2016, 6, e011716.	1.9	28
156	Spatial analysis of risk factors for childhood morbidity in Nigeria. American Journal of Tropical Medicine and Hygiene, 2007, 77, 770-9.	1.4	27
157	â~344C/T Variant in the Promoter of the Aldosterone Synthase Gene (CYP11B2) Is Associated With Metabolic Syndrome in Men. American Journal of Hypertension, 2007, 20, 218-222.	2.0	25
158	Collaboration to optimize dietary intakes of salt and iodine: a critical but overlooked public health issue. Bulletin of the World Health Organization, 2012, 90, 73-74.	3.3	25
159	Day-to-day variations in sleep quality affect standing balance in healthy adults. Scientific Reports, 2018, 8, 17504.	3.3	25
160	Red Blood Cell Sodium-Lithium Countertransport and Risk of Future Hypertension. Hypertension, 1998, 31, 1284-1289.	2.7	24
161	Does the effect of behavioral counseling on fruit and vegetable intake vary with stage of readiness to change?. Preventive Medicine, 2005, 40, 314-320.	3.4	24
162	Joint UK societies' 2019 consensus statement on renal denervation. Heart, 2019, 105, 1456-1463.	2.9	24

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163	The relationship of erythrocyte sodium-lithium countertransport to blood pressure and metabolic abnormalities in a sample of untreated middle-aged male workers. Journal of Hypertension, 1993, 11, 815-822.	0.5	23
164	Morbidity from diarrhoea, cough and fever among young children in Nigeria. Annals of Tropical Medicine and Parasitology, 2008, 102, 427-445.	1.6	23
165	Potassium Intake and Stroke Risk. Stroke, 2014, 45, 1519-1522.	2.0	23
166	Sodium and Potassium Intake in Healthy Adults in Thessaloniki Greater Metropolitan Areaâ€"The Salt Intake in Northern Greece (SING) Study. Nutrients, 2017, 9, 417.	4.1	23
167	Need for coordinated programs to improve global health by optimizing salt and iodine intake. Revista Panamericana De Salud Publica/Pan American Journal of Public Health, 2012, 32, 281-286.	1.1	23
168	Prevention of cardiovascular disease in clinical practice: The Joint British Societies' (JBS 2) guidelines. Journal of Human Hypertension, 2006, 20, 641-645.	2.2	22
169	C reactive protein and its determinants in healthy men and women from European regions at different risk of coronary disease: the IMMIDIET Project. Journal of Thrombosis and Haemostasis, 2008, 6, 436-443.	3.8	22
170	Relationships Between Sleep Duration and von Willebrand Factor, Factor VII, and Fibrinogen. Arteriosclerosis, Thrombosis, and Vascular Biology, 2010, 30, 2032-2038.	2.4	22
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172	Is there a role for nurse-led blood pressure management in primary care?. Family Practice, 2003, 20, 469-473.	1.9	21
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