

# Marcelo Marcos Piva Demarzo

## List of Publications by Year in descending order

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Version: 2024-02-01

118  
papers

2,962  
citations

172457

29  
h-index

197818

49  
g-index

138  
all docs

138  
docs citations

138  
times ranked

3580  
citing authors

#	ARTICLE	IF	CITATIONS
1	A Randomized Clinical Trial to Assess the Efficacy of Online-Treatment with Trial-Based Cognitive Therapy, Mindfulness-Based Health Promotion and Positive Psychotherapy for Post-Traumatic Stress Disorder during the COVID-19 Pandemic: A Study Protocol. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 819.	2.6	2
2	Efeitos de programas baseados em mindfulness oferecidos pela internet para pacientes com c�ncel: revis�o integrativa de ensaios cl�nicos randomizados.. <i>Research, Society and Development</i> , 2022, 11, e42311125110.	0.1	0
3	Exploring perceptions about Mindfulness and Mindful Eating Programs for low-income women with overweight in primary health care. <i>Nutrition and Health</i> , 2022, , 026010602210755.	1.5	0
4	Feasibility and the effects of an online mindfulness-based health promotion program on college students' sleep, circadian rhythms, and well-being: protocol for a randomized trial [CIRCAMIND study]. <i>European Journal of Integrative Medicine</i> , 2022, , 102127.	1.7	1
5	Fostering emotional self-regulation in female teachers at the public teaching network: A mindfulness-based intervention improving psychological measures and inflammatory biomarkers. <i>Brain, Behavior, &amp; Immunity - Health</i> , 2022, 21, 100427.	2.5	2
6	Comparative effects of abbreviated mindfulness or acupuncture protocols in Healthy People: a non-randomized feasibility study with one-month follow-up. <i>Research, Society and Development</i> , 2022, 11, e34611830748.	0.1	0
7	Comparative effectiveness of mindfulness and mindful eating programmes among low-income overweight women in primary health care: A randomised controlled pragmatic study with psychological, biochemical, and anthropometric outcomes. <i>Appetite</i> , 2022, 177, 106131.	3.7	8
8	Psychometric Properties of the 15-Item Five Facet Mindfulness Questionnaire in a Large Sample of Spanish Pilgrims. <i>Mindfulness</i> , 2021, 12, 852-862.	2.8	8
9	Mindfulness for the Development of Relational Therapeutic Skills for Health Professionals. , 2021, , 179-188.		0
10	Brief Mindfulness Therapy and Mental Health in People Exposed to a Recent Stressful Event: A Study of Multiple Cases with Follow-Up. <i>Journal of Contemporary Psychotherapy</i> , 2021, 51, 117-124.	1.2	0
11	Mindfulness Training Improves Quality of Life and Reduces Depression and Anxiety Symptoms Among Police Officers: Results From the POLICE Study��A Multicenter Randomized Controlled Trial. <i>Frontiers in Psychiatry</i> , 2021, 12, 624876.	2.6	23
12	Effects of Mindfulness-Based Relapse Prevention on the Chronic use of Hypnotics in Treatment-Seeking Women with Insomnia: a Randomized Controlled Trial. <i>International Journal of Behavioral Medicine</i> , 2021, , 1.	1.7	1
13	Automation of Article Selection Process in Systematic Reviews Through Artificial Neural Network Modeling and Machine Learning: Protocol for an Article Selection Model. <i>JMIR Research Protocols</i> , 2021, 10, e26448.	1.0	1
14	Evaluation of Mindfulness State for the Students Using a Wearable Measurement System. <i>Journal of Medical and Biological Engineering</i> , 2021, 41, 1-14.	1.8	3
15	Mindfulness Training for Primary Care for Portuguese-Speaking Immigrants: A Pilot Study. <i>Frontiers in Psychiatry</i> , 2021, 12, 664381.	2.6	4
16	Mindfulness meditation training effects on quality of life, immune function and glutathione metabolism in service healthy female teachers: A randomized pilot clinical trial. <i>Brain, Behavior, &amp; Immunity - Health</i> , 2021, 18, 100372.	2.5	5
17	Decentering, Acceptance, and Non-Attachment: Challenging the Question ��Is It Me?��. <i>Frontiers in Psychiatry</i> , 2021, 12, 659835.	2.6	2
18	Mindful eating for overweight and obese women in Brazil: An exploratory mixed-methods pilot study. <i>Nutrition and Health</i> , 2021, , 026010602110527.	1.5	2

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19	Protocol for a Nested Randomized Controlled Trial to Evaluate the Feasibility and Preliminary Efficacy of the Mindfulness Based Health Promotion Program on the Quality of Life of Older Adults Assisted in Primary Care—The MBHP-Elderly Study. <i>Frontiers in Medicine</i> , 2020, 7, 563099.	2.6	4
20	Feasibility and Effectiveness of a Mindfulness-Based Program Vs. Relaxation in the Treatment of Burnout in Brazilian Primary Care Providers: a Mixed-Methods Pragmatic Controlled Study. <i>Mindfulness</i> , 2020, 11, 2573-2588.	2.8	4
21	Frenetic, under-Challenged, and Worn-out Burnout Subtypes among Brazilian Primary Care Personnel: Validation of the Brazilian Burnout Clinical Subtype Questionnaire (BCSQ-36/BCSQ-12). <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1081.	2.6	13
22	Effects of Mindfulness-Based Interventions on Biomarkers and Low-Grade Inflammation in Patients with Psychiatric Disorders: A Meta-Analytic Review. <i>International Journal of Molecular Sciences</i> , 2020, 21, 2484.	4.1	49
23	Níveis de Burnout e Bem-Estar de Estudantes de Medicina: um Estudo Transversal. <i>Revista Brasileira De Educacao Medica</i> , 2020, 44, .	0.2	6
24	Burnout and Well-Being Levels of Medical Students: a Cross-Sectional Study. <i>Revista Brasileira De Educacao Medica</i> , 2020, 44, .	0.2	4
25	Terapia cognitiva baseada em mindfulness no atendimento clínico individual de depressão. <i>SMAD Revista Eletrônica Saude Mental Alcohol E Drogas (Edição Em Português)</i> , 2020, 16, 55-63.	0.2	0
26	Mindfulness, promoção da saúde e semiótica: bases para modelos comunicacionais em saúde online. <i>SMAD Revista Eletrônica Saude Mental Alcohol E Drogas (Edição Em Português)</i> , 2020, 16, 14-22.	0.2	0
27	Effectiveness of a Mindfulness-Based Intervention in the Management of Musculoskeletal Pain in Nursing Workers. <i>Pain Management Nursing</i> , 2019, 20, 32-38.	0.9	19
28	Evaluation of Breathworks™ Mindfulness for Stress 8-week course: Effects on depressive symptoms, psychiatric symptoms, affects, self-compassion, and mindfulness facets in Brazilian health professionals. <i>Journal of Clinical Psychology</i> , 2019, 75, 970-984.	1.9	18
29	Effects of mindfulness-based interventions on biomarkers in psychiatric disorders: a systematic review. <i>European Neuropsychopharmacology</i> , 2019, 29, S247-S248.	0.7	0
30	Religiosity and Meditation Practice: Exploring Their Explanatory Power on Psychological Adjustment. <i>Frontiers in Psychology</i> , 2019, 10, 630.	2.1	9
31	Attachment-based compassion therapy and adapted mindfulness-based stress reduction for the treatment of depressive, anxious and adjustment disorders in mental health settings: a randomised controlled clinical trial protocol. <i>BMJ Open</i> , 2019, 9, e029909.	1.9	8
32	Contribuições da Prática de mindfulness para o desenvolvimento de habilidades terapêuticas. <i>Revista Brasileira De Terapia Comportamental E Cognitiva</i> , 2019, 20, 81-92.	0.1	1
33	Evaluation of the quality of Primary Health Care services for children: reflections on the feasibility of using the Brazilian version of the Primary Care Assessment Tool as a routine assessment tool. <i>Einstein (Sao Paulo, Brazil)</i> , 2019, 17, eAO4333.	0.7	0
34	Homeopathy for Perennial Asthma in Adolescents: Pilot Feasibility Study Testing a Randomised Withdrawal Design. <i>Homeopathy</i> , 2018, 107, 143-149.	1.0	0
35	Impact of a Blended Web-Based Mindfulness Programme for General Practitioners: a Pilot Study. <i>Mindfulness</i> , 2018, 9, 129-139.	2.8	11
36	How Does Mindfulness Work? Exploring a Theoretical Model Using Samples of Meditators and Non-meditators. <i>Mindfulness</i> , 2018, 9, 860-870.	2.8	29

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37	Subjective, behavioral, and physiological responses to the rubber hand illusion do not vary with age in the adult phase. <i>Consciousness and Cognition</i> , 2018, 58, 90-96.	1.5	21
38	Evidência de Validade da Medida de Atenção Plena pela Relação com Outras Variáveis. <i>Psico-USF</i> , 2018, 23, 513-526.	0.2	1
39	MINDFULNESS AND THEORY U FOR THE PROFESSIONAL SENSE OF PURPOSE. <i>Revista De Administracao Mackenzie</i> , 2018, 19, .	0.5	0
40	Study protocol of a multicenter randomized controlled trial of mindfulness training to reduce burnout and promote quality of life in police officers: the POLICE study. <i>BMC Psychiatry</i> , 2018, 18, 151.	2.6	18
41	Mindfulness as a complementary intervention in the treatment of overweight and obesity in primary health care: study protocol for a randomised controlled trial. <i>Trials</i> , 2018, 19, 277.	1.6	15
42	Dispositional mindfulness, anticipation and abstinence symptoms related to hypnotic dependence among insomniac women who seek treatment: A cross-sectional study. <i>PLoS ONE</i> , 2018, 13, e0194035.	2.5	6
43	Exploring relations among mindfulness facets and various meditation practices: Do they work in different ways?. <i>Consciousness and Cognition</i> , 2017, 49, 172-180.	1.5	30
44	Effects of mindfulness-based interventions on biomarkers in healthy and cancer populations: a systematic review. <i>BMC Complementary and Alternative Medicine</i> , 2017, 17, 125.	3.7	46
45	Meditation Practice Is Associated with a Values-Oriented Life: the Mediating Role of Decentering and Mindfulness. <i>Mindfulness</i> , 2017, 8, 1259-1268.	2.8	24
46	Meditation awareness training for the treatment of workaholism: A controlled trial. <i>Journal of Behavioral Addictions</i> , 2017, 6, 212-220.	3.7	108
47	How Do Cultural Factors Influence the Teaching and Practice of Mindfulness and Compassion in Latin Countries?. <i>Frontiers in Psychology</i> , 2017, 8, 1161.	2.1	20
48	Efficacy of 8- and 4-Session Mindfulness-Based Interventions in a Non-clinical Population: A Controlled Study. <i>Frontiers in Psychology</i> , 2017, 8, 1343.	2.1	68
49	Unwanted effects: Is there a negative side of meditation? A multicentre survey. <i>PLoS ONE</i> , 2017, 12, e0183137.	2.5	106
50	Uma agenda de pesquisa para a Atenção Primária à Saúde no estado de São Paulo, Brasil: o estudo ELECT. <i>Interface: Communication, Health, Education</i> , 2017, 21, 349-361.	0.5	7
51	Subtipos de burnout e implicaciones clínicas: Una propuesta teórica basada en abordajes terapéuticos específicos. <i>Revista De Psicopatologia Y Psicologia Clinica</i> , 2017, 21, 231.	0.2	7
52	Effects of Mindfulness on Diabetes Mellitus: Rationale and Overview. <i>Current Diabetes Reviews</i> , 2017, 13, 141-147.	1.3	20
53	Qualificação e provimento de médicos no contexto da Política Nacional de Atenção Integral às Pessoas com Doenças Raras no Sistema Único de Saúde (SUS). <i>Interface: Communication, Health, Education</i> , 2017, 21, 1205-1216.	0.5	5
54	Instruments for assessing the construct mindfulness: A review. <i>Avaliacao Psicologica</i> , 2016, 14, 329-338.	0.1	4

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55	Burnout Subtypes and Absence of Self-Compassion in Primary Healthcare Professionals: A Cross-Sectional Study. PLoS ONE, 2016, 11, e0157499.	2.5	75
56	Effects of Mindfulness-Based Interventions on Salivary Cortisol in Healthy Adults: A Meta-Analytical Review. Frontiers in Physiology, 2016, 7, 471.	2.8	67
57	Self-Criticism: A Measure of Uncompassionate Behaviors Toward the Self, Based on the Negative Components of the Self-Compassion Scale. Frontiers in Psychology, 2016, 7, 1281.	2.1	45
58	Psychological Effects of a 1-Month Meditation Retreat on Experienced Meditators: The Role of Non-attachment. Frontiers in Psychology, 2016, 7, 1935.	2.1	38
59	Psychometric Properties of the Spanish Version of the Nonattachment Scale (NAS) and Its Relationship with Mindfulness, Decentering, and Mental Health. Mindfulness, 2016, 7, 1156-1169.	2.8	23
60	Attachment-based compassion therapy. Mindfulness & Compassion, 2016, 1, 68-74.	0.5	31
61	Virtual Body Swap: A New Feasible Tool to Be Explored in Health and Education. , 2016, , .		35
62	Embodiment and Body Awareness in Meditators. Mindfulness, 2016, 7, 1297-1305.	2.8	24
63	Implementation of integration strategies between primary care units and a regional general hospital in Brazil to update and connect health care professionals: a quasi-experimental study protocol. BMC Health Services Research, 2016, 16, 380.	2.2	5
64	The Pemberton Happiness Index. Medicine (United States), 2016, 95, e4915.	1.0	15
65	Assessment of Visual Function and Structural Retinal Changes in Zen Meditators: Potential Effect of Mindfulness on Visual Ability. Mindfulness, 2016, 7, 979-987.	2.8	5
66	Zen meditation, Length of Telomeres, and the Role of Experiential Avoidance and Compassion. Mindfulness, 2016, 7, 651-659.	2.8	55
67	Meditation and happiness: Mindfulness and self-compassion may mediate the meditation-happiness relationship. Personality and Individual Differences, 2016, 93, 80-85.	2.9	90
68	Compaixão e medicina centrada na pessoa: convergências entre o Dalai Lama Tenzin Gyatso e Ian McWhinney. Revista Brasileira De Medicina De Família E Comunidade, 2016, 11, 1-10.	0.4	2
69	Mindfulness, perceived stress, and subjective well-being: a correlational study in primary care health professionals. BMC Complementary and Alternative Medicine, 2015, 15, 303.	3.7	88
70	Tipologia das regiões de saúde: condicionantes estruturais para a regionalização no Brasil. Saude E Sociedade, 2015, 24, 413-422.	0.3	43
71	Effortless Attention as a Biomarker for Experienced Mindfulness Practitioners. PLoS ONE, 2015, 10, e0138561.	2.5	10
72	Mindfulness, Resilience, and Burnout Subtypes in Primary Care Physicians: The Possible Mediating Role of Positive and Negative Affect. Frontiers in Psychology, 2015, 6, 1895.	2.1	81

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73	Lifestyle change recommendations in major depression: Do they work?. <i>Journal of Affective Disorders</i> , 2015, 183, 221-228.	4.1	24
74	The Efficacy of Mindfulness-Based Interventions in Primary Care: A Meta-Analytic Review. <i>Annals of Family Medicine</i> , 2015, 13, 573-582.	1.9	118
75	The implementation of mindfulness in healthcare systems: a theoretical analysis. <i>General Hospital Psychiatry</i> , 2015, 37, 166-171.	2.4	69
76	Genetics in primary health care and the National Policy on Comprehensive Care for People with Rare Diseases in Brazil: opportunities and challenges for professional education. <i>Journal of Community Genetics</i> , 2015, 6, 231-240.	1.2	31
77	Effects of non-pharmacological interventions on inflammatory biomarker expression in patients with fibromyalgia: a systematic review. <i>Arthritis Research and Therapy</i> , 2015, 17, 272.	3.5	29
78	PARENTAL AWARENESS OF OVERWEIGHT AND OBESITY: AN EXPLORATORY STUDY ADDRESSING LOW-INCOME ADOLESCENTS IN BRAZIL. <i>Journal of Human Growth and Development</i> , 2015, 25, 287.	0.6	0
79	Coping with Stress and Types of Burnout: Explanatory Power of Different Coping Strategies. <i>PLoS ONE</i> , 2014, 9, e89090.	2.5	74
80	Reassessment of the Psychometric Characteristics and Factor Structure of the "Perceived Stress Questionnaire"™ (PSQ): Analysis in a Sample of Dental Students. <i>PLoS ONE</i> , 2014, 9, e87071.	2.5	44
81	Mindfulness may both moderate and mediate the effect of physical fitness on cardiovascular responses to stress: a speculative hypothesis. <i>Frontiers in Physiology</i> , 2014, 5, 105.	2.8	29
82	Mindfulness-Based Stress Reduction (MBSR) in Perceived Stress and Quality of Life: An Open, Uncontrolled Study in a Brazilian Healthy Sample. <i>Explore: the Journal of Science and Healing</i> , 2014, 10, 118-120.	1.0	23
83	Validation of the Spanish versions of the long (26 items) and short (12 items) forms of the Self-Compassion Scale (SCS). <i>Health and Quality of Life Outcomes</i> , 2014, 12, 4.	2.4	178
84	Healthcare integration strategy implementation based on distance education and communication for health professionals in São Paulo City, Brazil: study protocol. <i>BMC Health Services Research</i> , 2014, 14, .	2.2	0
85	Assessing Decentering: Validation, Psychometric Properties, and Clinical Usefulness of the Experiences Questionnaire in a Spanish Sample. <i>Behavior Therapy</i> , 2014, 45, 863-871.	2.4	68
86	Relationship between Meditative Practice and Self-Reported Mindfulness: The MINDSENS Composite Index. <i>PLoS ONE</i> , 2014, 9, e86622.	2.5	96
87	Perceived Stress Latent Factors and the Burnout Subtypes: A Structural Model in Dental Students. <i>PLoS ONE</i> , 2014, 9, e99765.	2.5	24
88	Psychometric properties of the Spanish version of the mindful attention awareness scale (MAAS) in patients with fibromyalgia. <i>Health and Quality of Life Outcomes</i> , 2013, 11, 6.	2.4	26
89	Can the London 2012 Olympics "inspire a generation"™ to do more physical or sporting activities? An overview of systematic reviews. <i>BMJ Open</i> , 2013, 3, e002058.	1.9	74
90	Mindfulness-Based Mobile Applications: Literature Review and Analysis of Current Features. <i>JMIR MHealth and UHealth</i> , 2013, 1, e24.	3.7	156

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91	Quality of child health care in the family Health strategy. Journal of Human Growth and Development, 2013, 23, 151.	0.6	2
92	Tackling NCDs: a different approach is needed. Lancet, The, 2012, 379, 1860-1861.	13.7	57
93	Tackling NCDs: a different approach is needed – Authors' reply. Lancet, The, 2012, 379, 1873-1874.	13.7	6
94	Construct validity of a figure rating scale for Brazilian adolescents. Nutrition Journal, 2012, 11, 24.	3.4	24
95	The effects of high-intensity resistance exercise on the blood lipid profile and liver function in hypercholesterolemic hamsters. Applied Physiology, Nutrition and Metabolism, 2012, 37, 448-454.	1.9	7
96	Mental Stress and Exercise Training Response: Stress-sleep Connection may be Involved. Frontiers in Physiology, 2012, 3, 178.	2.8	4
97	Designing an ubiquitous computing environment for monitoring physical activity. , 2012, , .		1
98	Diretrizes para o ensino na atenção primária – Saúde na graduação em medicina. Revista Brasileira De Educação Médica, 2012, 36, 143-148.	0.2	25
99	On the Occasion of the World Mental Health Day Minding the Gap in Mental Health: The Health Promotion-Primary Care-based Solution. International Journal of Preventive Medicine, 2012, 3, 670-1.	0.4	2
100	Transforming health professionals' education. Lancet, The, 2011, 377, 1235.	13.7	0
101	Depressão infantil e desenvolvimento psicocognitivo: descrição das relações de causalidade. Journal of Human Growth and Development, 2011, 21, 894.	0.6	5
102	Os usuários de álcool, Atenção Primária – Saúde e o que é "perdido na tradução". Interface: Communication, Health, Education, 2011, 15, 573-585.	0.5	3
103	Diretrizes para o ensino na Atenção Primária – Saúde na graduação em Medicina. Revista Brasileira De Medicina De Família E Comunidade, 2011, 6, 145-150.	0.4	12
104	Dinâmica familiar, morte dos pais e saúde da criança. Journal of Human Growth and Development, 2011, 21, 755.	0.6	1
105	Combatendo as DCNT: uma abordagem diferente é necessária*. Revista Brasileira De Medicina De Família E Comunidade, 2011, 6, 108-109.	0.4	0
106	Nova etapa da RBMFC. Revista Brasileira De Medicina De Família E Comunidade, 2011, 6, 7-8.	0.4	1
107	Internato Longitudinal. Revista Brasileira De Educação Médica, 2010, 34, 430-437.	0.2	5
108	Avaliação de programa: a experiência da UFSCar no curso de Medicina. Revista Brasileira De Educação Médica, 2010, 34, 446-451.	0.2	1

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109	Mã©dico de famÃlia: ser ou nÃ£o ser? Dilemas envolvidos na escolha desta carreira. Revista Brasileira De Educacao Medica, 2009, 33, 464-471.	0.2	17
110	Exercise Reduces Inflammation and Cell Proliferation in Rat Colon Carcinogenesis. Medicine and Science in Sports and Exercise, 2008, 40, 618-621.	0.4	63
111	PercepÃ§Ã£o da sÃndrome de dependÃancia por pacientes em tratamento. Jornal Brasileiro De Psiquiatria, 2008, 57, 196-202.	0.7	6
112	AmbulatÃ³rio de genÃ©tica mÃ©dica na Apae: experiÃancia no ensino mÃ©dico de graduaÃ§Ã£o. Revista Brasileira De Educacao Medica, 2008, 32, 396-402.	0.2	3
113	A Medicina de FamÃlia e Comunidade, a AtenÃ§Ã£o PrimÃria Ã SaÃde e o Ensino de GraduaÃ§Ã£o: recomendaÃ§Ãµes e potencialidades. Revista Brasileira De Medicina De FamÃlia E Comunidade, 2007, 3, 157-172.	0.4	13
114	A especializaÃ§Ã£o em MFC e o desafio da qualificaÃ§Ã£o mÃ©dica para a EstratÃ©gia SaÃde da FamÃlia: proposta de especializaÃ§Ã£o, em larga escala, via educaÃ§Ã£o Ã distÃncia. Revista Brasileira De Medicina De FamÃlia E Comunidade, 2007, 3, 199-209.	0.4	7
115	Exhaustive physical exercise increases the number of colonic preneoplastic lesions in untrained rats treated with a chemical carcinogen. Cancer Letters, 2004, 216, 31-34.	7.2	40
116	No reduction with ageing of the number of myenteric neurons in benzalkonium chloride treated rats. Neuroscience Letters, 2002, 331, 66-68.	2.1	13
117	Validity Evidence of an Instrument for Mindfulness Assessment (MA) Based on its Internal Structure and External Criterion. Psicologia: CiÃncia E ProfissÃ£o, 0, 40, .	0.1	0
118	Mindfulness in Education and Paulo Freire: a reflective approach. Interface: Communication, Health, Education, 0, 24, .	0.5	4