

Marcelo Marcos Piva Demarzo

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5959434/publications.pdf>

Version: 2024-02-01

118
papers

2,962
citations

172457

29
h-index

197818

49
g-index

138
all docs

138
docs citations

138
times ranked

3580
citing authors

#	ARTICLE	IF	CITATIONS
1	Validation of the Spanish versions of the long (26 items) and short (12 items) forms of the Self-Compassion Scale (SCS). <i>Health and Quality of Life Outcomes</i> , 2014, 12, 4.	2.4	178
2	Mindfulness-Based Mobile Applications: Literature Review and Analysis of Current Features. <i>JMIR MHealth and UHealth</i> , 2013, 1, e24.	3.7	156
3	The Efficacy of Mindfulness-Based Interventions in Primary Care: A Meta-Analytic Review. <i>Annals of Family Medicine</i> , 2015, 13, 573-582.	1.9	118
4	Meditation awareness training for the treatment of workaholism: A controlled trial. <i>Journal of Behavioral Addictions</i> , 2017, 6, 212-220.	3.7	108
5	Unwanted effects: Is there a negative side of meditation? A multicentre survey. <i>PLoS ONE</i> , 2017, 12, e0183137.	2.5	106
6	Relationship between Meditative Practice and Self-Reported Mindfulness: The MINDSENS Composite Index. <i>PLoS ONE</i> , 2014, 9, e86622.	2.5	96
7	Meditation and happiness: Mindfulness and self-compassion may mediate the meditationâ€™happiness relationship. <i>Personality and Individual Differences</i> , 2016, 93, 80-85.	2.9	90
8	Mindfulness, perceived stress, and subjective well-being: a correlational study in primary care health professionals. <i>BMC Complementary and Alternative Medicine</i> , 2015, 15, 303.	3.7	88
9	Mindfulness, Resilience, and Burnout Subtypes in Primary Care Physicians: The Possible Mediating Role of Positive and Negative Affect. <i>Frontiers in Psychology</i> , 2015, 6, 1895.	2.1	81
10	Burnout Subtypes and Absence of Self-Compassion in Primary Healthcare Professionals: A Cross-Sectional Study. <i>PLoS ONE</i> , 2016, 11, e0157499.	2.5	75
11	Can the London 2012 Olympics â€™inspire a generationâ€™™ to do more physical or sporting activities? An overview of systematic reviews. <i>BMJ Open</i> , 2013, 3, e002058.	1.9	74
12	Coping with Stress and Types of Burnout: Explanatory Power of Different Coping Strategies. <i>PLoS ONE</i> , 2014, 9, e89090.	2.5	74
13	The implementation of mindfulness in healthcare systems: a theoretical analysis. <i>General Hospital Psychiatry</i> , 2015, 37, 166-171.	2.4	69
14	Assessing Decentering: Validation, Psychometric Properties, and Clinical Usefulness of the Experiences Questionnaire in a Spanish Sample. <i>Behavior Therapy</i> , 2014, 45, 863-871.	2.4	68
15	Efficacy of 8- and 4-Session Mindfulness-Based Interventions in a Non-clinical Population: A Controlled Study. <i>Frontiers in Psychology</i> , 2017, 8, 1343.	2.1	68
16	Effects of Mindfulness-Based Interventions on Salivary Cortisol in Healthy Adults: A Meta-Analytical Review. <i>Frontiers in Physiology</i> , 2016, 7, 471.	2.8	67
17	Exercise Reduces Inflammation and Cell Proliferation in Rat Colon Carcinogenesis. <i>Medicine and Science in Sports and Exercise</i> , 2008, 40, 618-621.	0.4	63
18	Tackling NCDs: a different approach is needed. <i>Lancet</i> , The, 2012, 379, 1860-1861.	13.7	57

#	ARTICLE	IF	CITATIONS
19	Zen meditation, Length of Telomeres, and the Role of Experiential Avoidance and Compassion. <i>Mindfulness</i> , 2016, 7, 651-659.	2.8	55
20	Effects of Mindfulness-Based Interventions on Biomarkers and Low-Grade Inflammation in Patients with Psychiatric Disorders: A Meta-Analytic Review. <i>International Journal of Molecular Sciences</i> , 2020, 21, 2484.	4.1	49
21	Effects of mindfulness-based interventions on biomarkers in healthy and cancer populations: a systematic review. <i>BMC Complementary and Alternative Medicine</i> , 2017, 17, 125.	3.7	46
22	Self-Criticism: A Measure of Uncompassionate Behaviors Toward the Self, Based on the Negative Components of the Self-Compassion Scale. <i>Frontiers in Psychology</i> , 2016, 7, 1281.	2.1	45
23	Reassessment of the Psychometric Characteristics and Factor Structure of the "Perceived Stress Questionnaire"™ (PSQ): Analysis in a Sample of Dental Students. <i>PLoS ONE</i> , 2014, 9, e87071.	2.5	44
24	Tipologia das regiões de saúde: condicionantes estruturais para a regionalização no Brasil. <i>Saude E Sociedade</i> , 2015, 24, 413-422.	0.3	43
25	Exhaustive physical exercise increases the number of colonic preneoplastic lesions in untrained rats treated with a chemical carcinogen. <i>Cancer Letters</i> , 2004, 216, 31-34.	7.2	40
26	Psychological Effects of a 1-Month Meditation Retreat on Experienced Meditators: The Role of Non-attachment. <i>Frontiers in Psychology</i> , 2016, 7, 1935.	2.1	38
27	Virtual Body Swap: A New Feasible Tool to Be Explored in Health and Education. , 2016, , .		35
28	Genetics in primary health care and the National Policy on Comprehensive Care for People with Rare Diseases in Brazil: opportunities and challenges for professional education. <i>Journal of Community Genetics</i> , 2015, 6, 231-240.	1.2	31
29	Attachment-based compassion therapy. <i>Mindfulness & Compassion</i> , 2016, 1, 68-74.	0.5	31
30	Exploring relations among mindfulness facets and various meditation practices: Do they work in different ways?. <i>Consciousness and Cognition</i> , 2017, 49, 172-180.	1.5	30
31	Mindfulness may both moderate and mediate the effect of physical fitness on cardiovascular responses to stress: a speculative hypothesis. <i>Frontiers in Physiology</i> , 2014, 5, 105.	2.8	29
32	Effects of non-pharmacological interventions on inflammatory biomarker expression in patients with fibromyalgia: a systematic review. <i>Arthritis Research and Therapy</i> , 2015, 17, 272.	3.5	29
33	How Does Mindfulness Work? Exploring a Theoretical Model Using Samples of Meditators and Non-meditators. <i>Mindfulness</i> , 2018, 9, 860-870.	2.8	29
34	Psychometric properties of the Spanish version of the mindful attention awareness scale (MAAS) in patients with fibromyalgia. <i>Health and Quality of Life Outcomes</i> , 2013, 11, 6.	2.4	26
35	Diretrizes para o ensino na atenção primária à saúde na graduação em medicina. <i>Revista Brasileira De Educacao Medica</i> , 2012, 36, 143-148.	0.2	25
36	Construct validity of a figure rating scale for Brazilian adolescents. <i>Nutrition Journal</i> , 2012, 11, 24.	3.4	24

#	ARTICLE	IF	CITATIONS
37	Lifestyle change recommendations in major depression: Do they work?. <i>Journal of Affective Disorders</i> , 2015, 183, 221-228.	4.1	24
38	Embodiment and Body Awareness in Meditators. <i>Mindfulness</i> , 2016, 7, 1297-1305.	2.8	24
39	Meditation Practice Is Associated with a Values-Oriented Life: the Mediating Role of Decentering and Mindfulness. <i>Mindfulness</i> , 2017, 8, 1259-1268.	2.8	24
40	Perceived Stress Latent Factors and the Burnout Subtypes: A Structural Model in Dental Students. <i>PLoS ONE</i> , 2014, 9, e99765.	2.5	24
41	Mindfulness-Based Stress Reduction (MBSR) in Perceived Stress and Quality of Life: An Open, Uncontrolled Study in a Brazilian Healthy Sample. <i>Explore: the Journal of Science and Healing</i> , 2014, 10, 118-120.	1.0	23
42	Psychometric Properties of the Spanish Version of the Nonattachment Scale (NAS) and Its Relationship with Mindfulness, Decentering, and Mental Health. <i>Mindfulness</i> , 2016, 7, 1156-1169.	2.8	23
43	Mindfulness Training Improves Quality of Life and Reduces Depression and Anxiety Symptoms Among Police Officers: Results From the POLICE Study—A Multicenter Randomized Controlled Trial. <i>Frontiers in Psychiatry</i> , 2021, 12, 624876.	2.6	23
44	Subjective, behavioral, and physiological responses to the rubber hand illusion do not vary with age in the adult phase. <i>Consciousness and Cognition</i> , 2018, 58, 90-96.	1.5	21
45	How Do Cultural Factors Influence the Teaching and Practice of Mindfulness and Compassion in Latin Countries?. <i>Frontiers in Psychology</i> , 2017, 8, 1161.	2.1	20
46	Effects of Mindfulness on Diabetes Mellitus: Rationale and Overview. <i>Current Diabetes Reviews</i> , 2017, 13, 141-147.	1.3	20
47	Effectiveness of a Mindfulness-Based Intervention in the Management of Musculoskeletal Pain in Nursing Workers. <i>Pain Management Nursing</i> , 2019, 20, 32-38.	0.9	19
48	Study protocol of a multicenter randomized controlled trial of mindfulness training to reduce burnout and promote quality of life in police officers: the POLICE study. <i>BMC Psychiatry</i> , 2018, 18, 151.	2.6	18
49	Evaluation of Breathworks™ Mindfulness for Stress 8-week course: Effects on depressive symptoms, psychiatric symptoms, affects, self-compassion, and mindfulness facets in Brazilian health professionals. <i>Journal of Clinical Psychology</i> , 2019, 75, 970-984.	1.9	18
50	MÃ©dico de famÃ­lia: ser ou nÃ£o ser? Dilemas envolvidos na escolha desta carreira. <i>Revista Brasileira De Educacao Medica</i> , 2009, 33, 464-471.	0.2	17
51	The Pemberton Happiness Index. <i>Medicine (United States)</i> , 2016, 95, e4915.	1.0	15
52	Mindfulness as a complementary intervention in the treatment of overweight and obesity in primary health care: study protocol for a randomised controlled trial. <i>Trials</i> , 2018, 19, 277.	1.6	15
53	No reduction with ageing of the number of myenteric neurons in benzalkonium chloride treated rats. <i>Neuroscience Letters</i> , 2002, 331, 66-68.	2.1	13
54	Frenetic, under-Challenged, and Worn-out Burnout Subtypes among Brazilian Primary Care Personnel: Validation of the Brazilian "Burnout Clinical Subtype Questionnaire" (BCSQ-36/BCSQ-12). <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1081.	2.6	13

#	ARTICLE	IF	CITATIONS
55	A Medicina de Família e Comunidade, a Atenção Primária e o Ensino de Graduação: recomendações e potencialidades. Revista Brasileira De Medicina De Família E Comunidade, 2007, 3, 157-172.	0.4	13
56	Diretrizes para o ensino na Atenção Primária e Secundária na graduação em Medicina. Revista Brasileira De Medicina De Família E Comunidade, 2011, 6, 145-150.	0.4	12
57	Impact of a Blended Web-Based Mindfulness Programme for General Practitioners: a Pilot Study. Mindfulness, 2018, 9, 129-139.	2.8	11
58	Effortless Attention as a Biomarker for Experienced Mindfulness Practitioners. PLoS ONE, 2015, 10, e0138561.	2.5	10
59	Religiosity and Meditation Practice: Exploring Their Explanatory Power on Psychological Adjustment. Frontiers in Psychology, 2019, 10, 630.	2.1	9
60	Attachment-based compassion therapy and adapted mindfulness-based stress reduction for the treatment of depressive, anxious and adjustment disorders in mental health settings: a randomised controlled clinical trial protocol. BMJ Open, 2019, 9, e029909.	1.9	8
61	Psychometric Properties of the 15-Item Five Facet Mindfulness Questionnaire in a Large Sample of Spanish Pilgrims. Mindfulness, 2021, 12, 852-862.	2.8	8
62	Comparative effectiveness of mindfulness and mindful eating programmes among low-income overweight women in primary health care: A randomised controlled pragmatic study with psychological, biochemical, and anthropometric outcomes. Appetite, 2022, 177, 106131.	3.7	8
63	The effects of high-intensity resistance exercise on the blood lipid profile and liver function in hypercholesterolemic hamsters. Applied Physiology, Nutrition and Metabolism, 2012, 37, 448-454.	1.9	7
64	Uma agenda de pesquisa para a Atenção Primária e Secundária no estado de São Paulo, Brasil: o estudo ELECT. Interface: Communication, Health, Education, 2017, 21, 349-361.	0.5	7
65	Subtipos de burnout e implicaciones clínicas: Una propuesta teórica basada en abordajes terapéuticos específicos. Revista De Psicopatología Y Psicología Clínica, 2017, 21, 231.	0.2	7
66	A especialização em MFC e o desafio da qualificação médica para a Estratégia Saúde da Família: proposta de especialização, em larga escala, via educação a distância. Revista Brasileira De Medicina De Família E Comunidade, 2007, 3, 199-209.	0.4	7
67	Tackling NCDs: a different approach is needed – Authors' reply. Lancet, The, 2012, 379, 1873-1874.	13.7	6
68	Dispositional mindfulness, anticipation and abstinence symptoms related to hypnotic dependence among insomniac women who seek treatment: A cross-sectional study. PLoS ONE, 2018, 13, e0194035.	2.5	6
69	Níveis de Burnout e Bem-Estar de Estudantes de Medicina: um Estudo Transversal. Revista Brasileira De Educacao Medica, 2020, 44, .	0.2	6
70	Percepção da síndrome de dependência por pacientes em tratamento. Jornal Brasileiro De Psiquiatria, 2008, 57, 196-202.	0.7	6
71	Internato Longitudinal. Revista Brasileira De Educacao Medica, 2010, 34, 430-437.	0.2	5
72	Depressão infantil e desenvolvimento psicocognitivo: descrição das relações de causalidade. Journal of Human Growth and Development, 2011, 21, 894.	0.6	5

#	ARTICLE	IF	CITATIONS
73	Implementation of integration strategies between primary care units and a regional general hospital in Brazil to update and connect health care professionals: a quasi-experimental study protocol. BMC Health Services Research, 2016, 16, 380.	2.2	5
74	Assessment of Visual Function and Structural Retinal Changes in Zen Meditators: Potential Effect of Mindfulness on Visual Ability. Mindfulness, 2016, 7, 979-987.	2.8	5
75	Qualificação e provimento de médicos no contexto da Política Nacional de Atenção Integral às Pessoas com Doenças Raras no Sistema Único de Saúde (SUS). Interface: Communication, Health, Education, 2017, 21, 1205-1216.	0.5	5
76	Mindfulness meditation training effects on quality of life, immune function and glutathione metabolism in service healthy female teachers: A randomized pilot clinical trial. Brain, Behavior, & Immunity - Health, 2021, 18, 100372.	2.5	5
77	Mental Stress and Exercise Training Response: Stress-sleep Connection may be Involved. Frontiers in Physiology, 2012, 3, 178.	2.8	4
78	Instruments for assessing the construct mindfulness: A review. Avaliação Psicológica, 2016, 14, 329-338.	0.1	4
79	Protocol for a Nested Randomized Controlled Trial to Evaluate the Feasibility and Preliminary Efficacy of the Mindfulness Based Health Promotion Program on the Quality of Life of Older Adults Assisted in Primary Care – The MBHP-Elderly Study. Frontiers in Medicine, 2020, 7, 563099.	2.6	4
80	Feasibility and Effectiveness of a Mindfulness-Based Program Vs. Relaxation in the Treatment of Burnout in Brazilian Primary Care Providers: a Mixed-Methods Pragmatic Controlled Study. Mindfulness, 2020, 11, 2573-2588.	2.8	4
81	Mindfulness Training for Primary Care for Portuguese-Speaking Immigrants: A Pilot Study. Frontiers in Psychiatry, 2021, 12, 664381.	2.6	4
82	Burnout and Well-Being Levels of Medical Students: a Cross-Sectional Study. Revista Brasileira De Educação Médica, 2020, 44, .	0.2	4
83	Mindfulness in Education and Paulo Freire: a reflective approach. Interface: Communication, Health, Education, 0, 24, .	0.5	4
84	Os usuários de Ajlcool, Atenção Primária e Saúde e o que é "perdido na tradução". Interface: Communication, Health, Education, 2011, 15, 573-585.	0.5	3
85	Evaluation of Mindfulness State for the Students Using a Wearable Measurement System. Journal of Medical and Biological Engineering, 2021, 41, 1-14.	1.8	3
86	Ambulatório de genética médica na Apae: experiência no ensino médico de graduação. Revista Brasileira De Educação Médica, 2008, 32, 396-402.	0.2	3
87	Compaixão e medicina centrada na pessoa: convergências entre o Dalai Lama Tenzin Gyatso e Ian McWhinney. Revista Brasileira De Medicina De Família E Comunidade, 2016, 11, 1-10.	0.4	2
88	Quality of child health care in the family Health strategy. Journal of Human Growth and Development, 2013, 23, 151.	0.6	2
89	On the Occasion of the World Mental Health Day Minding the Gap in Mental Health: The Health Promotion-Primary Care-based Solution. International Journal of Preventive Medicine, 2012, 3, 670-1.	0.4	2
90	Decentering, Acceptance, and Non-Attachment: Challenging the Question "Who Am I?". Frontiers in Psychiatry, 2021, 12, 659835.	2.6	2

#	ARTICLE	IF	CITATIONS
91	A Randomized Clinical Trial to Assess the Efficacy of Online-Treatment with Trial-Based Cognitive Therapy, Mindfulness-Based Health Promotion and Positive Psychotherapy for Post-Traumatic Stress Disorder during the COVID-19 Pandemic: A Study Protocol. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 819.	2.6	2
92	Mindful eating for overweight and obese women in Brazil: An exploratory mixed-methods pilot study. <i>Nutrition and Health</i> , 2021, , 026010602110527.	1.5	2
93	Fostering emotional self-regulation in female teachers at the public teaching network: A mindfulness-based intervention improving psychological measures and inflammatory biomarkers. <i>Brain, Behavior, & Immunity - Health</i> , 2022, 21, 100427.	2.5	2
94	AvaliaÃ§Ã£o de programa: a experiÃªncia da UFSCar no curso de Medicina. <i>Revista Brasileira De Educacao Medica</i> , 2010, 34, 446-451.	0.2	1
95	Designing an ubiquitous computing environment for monitoring physical activity. , 2012, , .		1
96	EvidÃªncia de Validade da Medida de AtenÃ§Ã£o Plena pela RelaÃ§Ã£o com Outras VariÃ¡veis. <i>Psico-USF</i> , 2018, 23, 513-526.	0.2	1
97	Effects of Mindfulness-Based Relapse Prevention on the Chronic use of Hypnotics in Treatment-Seeking Women with Insomnia: a Randomized Controlled Trial. <i>International Journal of Behavioral Medicine</i> , 2021, , 1.	1.7	1
98	Automation of Article Selection Process in Systematic Reviews Through Artificial Neural Network Modeling and Machine Learning: Protocol for an Article Selection Model. <i>JMIR Research Protocols</i> , 2021, 10, e26448.	1.0	1
99	ContribuiÃ§Ães da PrÃ¡tica de mindfulness para o desenvolvimento de habilidades terapÃauticas. <i>Revista Brasileira De Terapia Comportamental E Cognitiva</i> , 2019, 20, 81-92.	0.1	1
100	DinÃ¢mica familiar, morte dos pais e saÃºde da crianÃ§a. <i>Journal of Human Growth and Development</i> , 2011, 21, 755.	0.6	1
101	Nova etapa da RBMFC. <i>Revista Brasileira De Medicina De FamÃlia E Comunidade</i> , 2011, 6, 7-8.	0.4	1
102	Feasibility and the effects of an online mindfulness-based health promotion program on college students' sleep, circadian rhythms, and well-being: protocol for a randomized trial [CIRCAMIND study]. <i>European Journal of Integrative Medicine</i> , 2022, , 102127.	1.7	1
103	Transforming health professionals' education. <i>Lancet, The</i> , 2011, 377, 1235.	13.7	0
104	Healthcare integration strategy implementation based on distance education and communication for health professionals in SÃ£o Paulo City, Brazil: study protocol. <i>BMC Health Services Research</i> , 2014, 14, .	2.2	0
105	Homeopathy for Perennial Asthma in Adolescents: Pilot Feasibility Study Testing a Randomised Withdrawal Design. <i>Homeopathy</i> , 2018, 107, 143-149.	1.0	0
106	MINDFULNESS AND THEORY U FOR THE PROFESSIONAL SENSE OF PURPOSE. <i>Revista De Administracao Mackenzie</i> , 2018, 19, .	0.5	0
107	Effects of mindfulness-based interventions on biomarkers in psychiatric disorders: a systematic review. <i>European Neuropsychopharmacology</i> , 2019, 29, S247-S248.	0.7	0
108	Mindfulness for the Development of Relational Therapeutic Skills for Health Professionals. , 2021, , 179-188.		0

#	ARTICLE	IF	CITATIONS
109	Brief Mindfulness Therapy and Mental Health in People Exposed to a Recent Stressful Event: A Study of Multiple Cases with Follow-Up. <i>Journal of Contemporary Psychotherapy</i> , 2021, 51, 117-124.	1.2	0
110	Combatendo as DCNT: uma abordagem diferente Ã© necessÃ¡ria*. <i>Revista Brasileira De Medicina De FamÃlia E Comunidade</i> , 2011, 6, 108-109.	0.4	0
111	PARENTAL AWARENESS OF OVERWEIGHT AND OBESITY: AN EXPLORATORY STUDY ADDRESSING LOW-INCOME ADOLESCENTS IN BRAZIL. <i>Journal of Human Growth and Development</i> , 2015, 25, 287.	0.6	0
112	Evaluation of the quality of Primary Health Care services for children: reflections on the feasibility of using the Brazilian version of the Primary Care Assessment Tool as a routine assessment tool. <i>Einstein (Sao Paulo, Brazil)</i> , 2019, 17, eAO4333.	0.7	0
113	Validity Evidence of an Instrument for Mindfulness Assessment (MA) Based on its Internal Structure and External Criterion. <i>Psicologia: CiÃªncia E ProfissÃ£o</i> , 0, 40, .	0.1	0
114	Terapia cognitiva baseada em mindfulness no atendimento clÃnico individual de depressÃ£o. <i>SMAD Revista EletrÃnica SaÃde Mental Ãcool E Drogas (EdiÃ§Ã£o Em PortuguÃs)</i> , 2020, 16, 55-63.	0.2	0
115	Mindfulness, promoÃ§Ã£o da saÃde e semiÃ³tica: bases para modelos comunicacionais em saÃde online. <i>SMAD Revista EletrÃnica SaÃde Mental Ãcool E Drogas (EdiÃ§Ã£o Em PortuguÃs)</i> , 2020, 16, 14-22.	0.2	0
116	Efeitos de programas baseados em mindfulness oferecidos pela internet para pacientes com cÃncer: revisÃ£o integrativa de ensaios clÃnicos randomizados.. <i>Research, Society and Development</i> , 2022, 11, e42311125110.	0.1	0
117	Exploring perceptions about Mindfulness and Mindful Eating Programs for low-income women with overweight in primary health care. <i>Nutrition and Health</i> , 2022, , 026010602210755.	1.5	0
118	Comparative effects of abbreviated mindfulness or acupuncture protocols in Healthy People: a non-randomized feasibility study with one-month follow-up. <i>Research, Society and Development</i> , 2022, 11, e34611830748.	0.1	0