List of Publications by Year in descending order

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		117625	82547
104	5,667	34	72
papers	citations	h-index	g-index
115	115	115	6703
all docs	docs citations	times ranked	citing authors

#	Article	IF	CITATIONS
1	The Hawthorne Effect: a randomised, controlled trial. BMC Medical Research Methodology, 2007, 7, 30.	3.1	1,180
2	How effective are cognitive and behavioral treatments for obsessive–compulsive disorder? A clinical significance analysis. Behaviour Research and Therapy, 2005, 43, 1543-1558.	3.1	295
3	Recovery rates in generalized anxiety disorder following psychological therapy: an analysis of clinically significant change in the STAI-T across outcome studies since 1990. Psychological Medicine, 1999, 29, 1425-1434.	4.5	274
4	Doctors' communication of trust, care, and respect in breast cancer: qualitative study. BMJ: British Medical Journal, 2004, 328, 864.	2.3	224
5	Prediction of breast cancer using volatile biomarkers in the breath. Breast Cancer Research and Treatment, 2006, 99, 19-21.	2.5	192
6	Creativity in clinical communication: from communication skills to skilled communication. Medical Education, 2011, 45, 217-226.	2.1	164
7	Imagery rescripting as a brief stand-alone treatment for depressed patients with intrusive memories. Behaviour Research and Therapy, 2009, 47, 569-576.	3.1	155
8	Metacognitive therapy for obsessive–compulsive disorder: A case series. Journal of Behavior Therapy and Experimental Psychiatry, 2008, 39, 117-132.	1.2	154
9	Belief domains of the Obsessive Beliefs Questionnaire-44 (OBQ-44) and their specific relationship with obsessive–compulsive symptoms. Journal of Anxiety Disorders, 2008, 22, 475-484.	3.2	153
10	Intrusive images and memories in major depression. Behaviour Research and Therapy, 2007, 45, 2573-2580.	3.1	137
11	Metacognitive Therapy in Recurrent and Persistent Depression: A Multiple-Baseline Study of a New Treatment. Cognitive Therapy and Research, 2009, 33, 291-300.	1.9	137
12	Metacognitive therapy in treatment-resistant depression: A platform trial. Behaviour Research and Therapy, 2012, 50, 367-373.	3.1	120
13	Experimental modification of beliefs in obsessive–compulsive disorder: a test of the metacognitive model. Behaviour Research and Therapy, 2005, 43, 821-829.	3.1	110
14	"l'll believe it when I can see it― Imagery rescripting of intrusive sensory memories in depression. Journal of Behavior Therapy and Experimental Psychiatry, 2007, 38, 371-385.	1.2	102
15	Dependence and caring in clinical communication: The relevance of attachment and other theories. Patient Education and Counseling, 2009, 74, 331-338.	2.2	93
16	Predictors of emotional distress a year or more after diagnosis of cancer: A systematic review of the literature. Psycho-Oncology, 2018, 27, 791-801.	2.3	91
17	What is the prevalence of fear of cancer recurrence in cancer survivors and patients? A systematic review and individual participant data metaâ€analysis. Psycho-Oncology, 2022, 31, 879-892.	2.3	85
18	Adequacy of laser diffraction for soil particle size analysis. PLoS ONE, 2017, 12, e0176510.	2.5	81

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19	Sulfites inhibit the growth of four species of beneficial gut bacteria at concentrations regarded as safe for food. PLoS ONE, 2017, 12, e0186629.	2.5	78
20	Core assumptions and research opportunities in clinical communication. Patient Education and Counseling, 2005, 58, 225-234.	2.2	73
21	A randomised controlled trial of cognitive behaviour therapy for psychosis in a routine clinical service. Acta Psychiatrica Scandinavica, 2010, 122, 302-318.	4.5	71
22	Metacognitive Therapy. , 0, , .		66
23	Screening for psychological distress in cancer: renewing the research agenda. Psycho-Oncology, 2015, 24, 262-268.	2.3	60
24	An empirical test of the metacognitive model of obsessive-compulsive symptoms: Fusion beliefs, beliefs about rituals, and stop signals. Journal of Anxiety Disorders, 2009, 23, 436-442.	3.2	59
25	Insight in psychosis: influence of cognitive ability and self-esteem. British Journal of Psychiatry, 2007, 191, 234-237.	2.8	56
26	Metacognitive Therapy for Depression in Adults: A Waiting List Randomized Controlled Trial with Six Months Follow-Up. Frontiers in Psychology, 2017, 8, 31.	2.1	54
27	An empirical test of the metacognitive model of obsessive-compulsive symptoms: Replication and extension. Journal of Anxiety Disorders, 2010, 24, 79-86.	3.2	50
28	Metacognitions, worry and attentional control in predicting OSCE performance test anxiety. Medical Education, 2013, 47, 562-568.	2.1	48
29	The association of metacognitive beliefs with emotional distress after diagnosis of cancer Health Psychology, 2015, 34, 207-215.	1.6	44
30	A Prospective Study of the Association of Metacognitive Beliefs and Processes with Persistent Emotional Distress After Diagnosis of Cancer. Cognitive Therapy and Research, 2015, 39, 51-60.	1.9	44
31	Improving the Effectiveness of Psychological Interventions for Depression and Anxiety in Cardiac Rehabilitation: PATHWAY—A Single-Blind, Parallel, Randomized, Controlled Trial of Group Metacognitive Therapy. Circulation, 2021, 144, 23-33.	1.6	44
32	Metacognition and Cognition as Predictors of Obsessive-Compulsive Symptoms: A Prospective Study. International Journal of Cognitive Therapy, 2009, 2, 132-142.	2.2	43
33	Measuring Metacognition in Cancer: Validation of the Metacognitions Questionnaire 30 (MCQ-30). PLoS ONE, 2014, 9, e107302.	2.5	39
34	†You're putting thoughts into my head': a qualitative study of the readiness of patients with breast, lung or prostate cancer to address emotional needs through the first 18 months after diagnosis. Psycho-Oncology, 2013, 22, 1402-1410.	2.3	37
35	Improving the effectiveness of psychological interventions for depression and anxiety in the cardiac rehabilitation pathway using group-based metacognitive therapy (PATHWAY Group MCT): study protocol for a randomised controlled trial. Trials, 2018, 19, 215.	1.6	37
36	Patient-reported Outcomes and Quality of Life After Treatment of Choroidal Melanoma: A Comparison of Enucleation Versus Radiotherapy in 1596 Patients. American Journal of Ophthalmology, 2018, 193, 230-251.	3.3	37

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37	The contribution of illness perceptions and metacognitive beliefs to anxiety and depression in adults with diabetes. Diabetes Research and Clinical Practice, 2018, 136, 16-22.	2.8	34
38	Cognitive-behavioural therapy does not meaningfully reduce depression in most people with epilepsy: a systematic review of clinically reliable improvement. Journal of Neurology, Neurosurgery and Psychiatry, 2018, 89, 1129-1137.	1.9	34
39	The efficacy of interventions for test-anxious university students: A meta-analysis of randomized controlled trials. Journal of Anxiety Disorders, 2019, 63, 36-50.	3.2	34
40	The role of child abuse and age in vulnerability to emotional problems after surgery for breast cancer. European Journal of Cancer, 2006, 42, 2517-2523.	2.8	33
41	Cognitive behaviour therapy for good and poor prognosis generalized anxiety disorder: a clinical effectiveness study. Clinical Psychology and Psychotherapy, 2004, 11, 145-157.	2.7	32
42	Anxiety and depression in people with epilepsy: The contribution of metacognitive beliefs. Seizure: the Journal of the British Epilepsy Association, 2017, 50, 153-159.	2.0	32
43	Obsessive Compulsive Disorder: A Comparison of CBT and the Metacognitive Approach. International Journal of Cognitive Therapy, 2009, 2, 107-122.	2.2	31
44	LUCAS: a theoretically informed instrument to assess clinical communication in objective structured clinical examinations. Medical Education, 2012, 46, 267-276.	2.1	30
45	Examining the role of positive and negative metacognitive beliefs in depression. Scandinavian Journal of Psychology, 2016, 57, 446-452.	1.5	29
46	Metacognitions in obsessive-compulsive disorder: A psychometric study of the Metacognitions Questionnaire-30. Journal of Obsessive-Compulsive and Related Disorders, 2016, 11, 82-90.	1.5	27
47	ONE YEAR FOLLOW-UP OF COGNITIVE THERAPY, ANALYTIC PSYCHOTHERAPY AND ANXIETY MANAGEMENT TRAINING FOR GENERALIZED ANXIETY DISORDER: SYMPTOM CHANGE, MEDICATION USAGE AND ATTITUDES TO TREATMENT. Behavioural and Cognitive Psychotherapy, 1999, 27, 19-35.	1.2	26
48	Cardiac Rehabilitation Patients' Accounts of Their Emotional Distress and Psychological Needs: A Qualitative Study. Journal of the American Heart Association, 2019, 8, e011117.	3.7	26
49	Brief Metacognitive Therapy for Emotional Distress in Adult Cancer Survivors. Frontiers in Psychology, 2019, 10, 162.	2.1	26
50	The validity of education and guidance for clinical communication in cancer care: Evidence-based practice will depend on practice-based evidence. Patient Education and Counseling, 2013, 90, 193-199.	2.2	25
51	Metacognitive Therapy for Emotional Distress in Adult Cancer Survivors: A Case Series. Cognitive Therapy and Research, 2017, 41, 891-901.	1.9	25
52	Clinical utility of the Metacognitions Questionnaire 30 in people with epilepsy. Epilepsy and Behavior, 2016, 57, 185-191.	1.7	21
53	Qualitative Analysis of Emotional Distress in Cardiac Patients From the Perspectives of Cognitive Behavioral and Metacognitive Theories: Why Might Cognitive Behavioral Therapy Have Limited Benefit, and Might Metacognitive Therapy Be More Effective?. Frontiers in Psychology, 2018, 9, 2288.	2.1	21
54	Alleviating Emotional Distress in Adolescent and Young Adult Cancer Survivors: An Open Trial of Metacognitive Therapy. Journal of Adolescent and Young Adult Oncology, 2015, 4, 64-69.	1.3	20

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55	Qualitative methods can test and challenge what we think we know about clinical communication – if they are not too constrained by methodological â€~brands'. Patient Education and Counseling, 2018, 101, 1515-1517.	2.2	19
56	Predictors of emotional distress in people with multiple sclerosis: A systematic review of prospective studies. Journal of Affective Disorders, 2020, 276, 752-764.	4.1	19
57	How do patients with uveal melanoma experience and manage uncertainty? A qualitative study. Psycho-Oncology, 2015, 24, 1485-1491.	2.3	18
58	Uncertainty and test anxiety: Psychometric properties of the Intolerance of Uncertainty Scale – 12 (IUS-12) among university students. International Journal of Educational Research, 2020, 104, 101672.	2.2	18
59	Further development and testing of the metacognitive model of procrastination: Self-reported academic performance. Journal of Affective Disorders, 2018, 240, 1-5.	4.1	17
60	Predictors of anxiety and depression 2Âyears following treatment in uveal melanoma survivors. Psycho-Oncology, 2018, 27, 1727-1734.	2.3	16
61	Predictors of longâ€ŧerm anxiety and depression in uveal melanoma survivors: A crossâ€lagged fiveâ€year analysis. Psycho-Oncology, 2020, 29, 1864-1873.	2.3	16
62	Complexity and collaboration in routine practice of CBT: What doesn't work with whom and how might it work better?. Journal of Mental Health, 2000, 9, 429-444.	1.9	16
63	Metacognitive Therapy Applications in Social Anxiety Disorder: An Exploratory Study of the Individual and Combined Effects of the Attention Training Technique and Situational Attentional Refocusing. Journal of Experimental Psychopathology, 2016, 7, 608-618.	0.8	14
64	The clinical utility of metacognitive beliefs and processes in emotional distress in people with multiple sclerosis. Journal of Psychosomatic Research, 2018, 104, 88-94.	2.6	14
65	Testing relationships between metacognitive beliefs, anxiety and depression in cardiac and cancer patients: Are they transdiagnostic?. Journal of Psychosomatic Research, 2019, 124, 109738.	2.6	14
66	Factors Associated With Fear of Cancer Recurrence in Family Caregivers of Cancer Survivors: A Systematic Review. Frontiers in Psychology, 2021, 12, 625654.	2.1	14
67	Metacognitive therapy home-based self-help for cardiac rehabilitation patients experiencing anxiety and depressive symptoms: study protocol for a feasibility randomised controlled trial (PATHWAY) Tj ETQq1 1 0.7	784B å 4 rg	BT 10 verlock
68	Cancer and <scp>COVID</scp> â€19: Patients' and psychologists' reflections regarding psychoâ€oncology service changes. Psycho-Oncology, 2020, 29, 1402-1403.	2.3	13
69	Group Metacognitive Therapy for Generalized Anxiety Disorder: A Pilot Feasibility Trial. Frontiers in Psychology, 2019, 10, 290.	2.1	12
70	People with obsessive-compulsive disorder often remain symptomatic following psychological treatment: A clinical significance analysis of manualised psychological interventions. Journal of Affective Disorders, 2020, 275, 94-108.	4.1	12
71	Complexity and collaboration in routine practice of CBT: What doesn't work with whom and how might it work better?. Journal of Mental Health, 2000, 9, 429-444.	1.9	11
72	Alleviating Emotional Distress in a Young Adult Survivor of Adolescent Cancer. Clinical Case Studies, 2013, 12, 22-38.	0.8	11

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73	The â€~information spectrum': a qualitative study of how breast cancer surgeons give information and of how their patients experience it. Psycho-Oncology, 2013, 22, 2364-2371.	2.3	10
74	Qualitative Evaluation of Cancer Survivors' Experiences of Metacognitive Therapy: A New Perspective on Psychotherapy in Cancer Care. Frontiers in Psychology, 2019, 10, 949.	2.1	10
75	Meta-Cognitive Therapy Without Metacognition: A Case of ADHD. American Journal of Psychiatry, 2011, 168, 327-327.	7.2	9
76	The efficacy of interventions for test anxiety in university students: A protocol for a systematic review and meta-analysis. International Journal of Educational Research, 2016, 77, 92-98.	2.2	9
77	Metacognitive beliefs and illness perceptions are associated with emotional distress in people with epilepsy. Epilepsy and Behavior, 2018, 86, 9-14.	1.7	9
78	Establishing the Feasibility of Group Metacognitive Therapy for Anxiety and Depression in Cardiac Rehabilitation: A Single-Blind Randomized Pilot Study. Frontiers in Psychiatry, 2020, 11, 582.	2.6	9
79	Perfectionism, depression and anxiety in chronic fatigue syndrome: A systematic review. Journal of Psychosomatic Research, 2021, 140, 110322.	2.6	8
80	A systematic review of the quality of randomized controlled trials of psychological treatments for emotional distress in breast cancer. Journal of Psychosomatic Research, 2018, 108, 22-31.	2.6	7
81	The association of metacognitive beliefs with emotional distress and trauma symptoms in adolescent and young adult survivors of cancer. Journal of Psychosocial Oncology, 2018, 36, 545-556.	1.2	7
82	Reflections on a Health Psychology Service for Patients with Uveal Melanoma: The Challenge of Psychological Screening and Intervention When Distress is â€~Normal'. Journal of Clinical Psychology in Medical Settings, 2019, 26, 421-429.	1.4	7
83	The questionable efficacy of manualized psychological treatments for distressed breast cancer patients: An individual patient data meta-analysis. Clinical Psychology Review, 2020, 80, 101883.	11.4	7
84	Assessing metacognitive beliefs in test anxiety: Psychometric properties of the metacognitions questionnaire, 30 (MCQ-30) among university students. Current Psychology, 2022, 41, 1425-1433.	2.8	7
85	Testing times: the association of intolerance of uncertainty and metacognitive beliefs to test anxiety in college students. BMC Psychology, 2022, 10, 6.	2.1	7
86	Predictive Validity of Two Prognostic Indices for Generalized Anxiety Disorder. International Journal of Cognitive Therapy, 2009, 2, 383-399.	2.2	6
87	Predictors of distress in amyotrophic lateral sclerosis: A systematic review. Cogent Psychology, 2019, 6, .	1.3	6
88	Is accurate routine cancer prognostication psychologically harmful? 5-year outcomes of life expectancy prognostication in uveal melanoma survivors. Journal of Cancer Survivorship, 2022, 16, 408-420.	2.9	6
89	Conceptual Models of Generalized Anxiety Disorder. Psychiatric Annals, 2011, 41, 127-132.	0.1	6
90	Evaluating Metacognitive Therapy to Improve Treatment of Anxiety and Depression in Cardiovascular Disease: The NIHR Funded PATHWAY Research Programme. Frontiers in Psychiatry, 0, 13, .	2.6	6

#	Article	IF	CITATIONS
91	Psychopathology of generalized anxiety disorder. Psychiatry (Abingdon, England), 2007, 6, 171-175.	0.2	5
92	Fear of cancer recurrence and adverse cancer treatment outcomes: predicting 2- to 5-year fear of recurrence from post-treatment symptoms and functional problems in uveal melanoma survivors. Journal of Cancer Survivorship, 2023, 17, 187-196.	2.9	4
93	Metacognitive therapy self-help for anxiety-depression: Single-blind randomized feasibility trial in cardiovascular disease Health Psychology, 2022, 41, 366-377.	1.6	4
94	Psychological Models of Worry and Generalized Anxiety Disorder. , 2008, , .		3
95	Ockham's Razor or Procrustes' Axe? Why we should reject philosophical speculation that ignores fact. Journal of Evaluation in Clinical Practice, 2010, 16, 282-283.	1.8	3
96	A case study of the challenges for an integrative practitioner learning a new psychological therapy. Counselling and Psychotherapy Research, 2018, 18, 369-376.	3.2	3
97	Psychopathology of generalized anxiety disorder. Psychiatry (Abingdon, England), 2004, 3, 26-30.	0.2	2
98	The Association Between Maladaptive Metacognitive Beliefs and Emotional Distress in People Living With Amyotrophic Lateral Sclerosis. Frontiers in Psychology, 2021, 12, 609068.	2.1	2
99	Prediction of all-cause mortality from 24Âmonth trajectories in patient-reported psychological, clinical and quality of life outcomes in uveal melanoma patients. Journal of Behavioral Medicine, 2022, 45, 115-123.	2.1	1
100	The limited efficacy of psychological interventions for depression in people with Type 1 or Type 2 diabetes: An Individual Participant Data Meta-Analysis (IPD-MA). Journal of Affective Disorders, 2022, 310, 25-31.	4.1	1
101	Generalized anxiety disorder. , 2010, , 32-43.		0
102	Clinical Psychology: An Information Processing Approach. , 2012, , 510-516.		0
103	A clinical significance analysis of manualised psychological interventions for obsessive-compulsive disorder. BJPsych Open, 2021, 7, S285-S285.	0.7	0
104	Metacognitive Therapy. , 0, , 115-139.		0