

# MoÅra Mikolajczak

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5904930/publications.pdf>

Version: 2024-02-01

109  
papers

8,472  
citations

53794

45  
h-index

49909

87  
g-index

124  
all docs

124  
docs citations

124  
times ranked

5727  
citing authors

#	ARTICLE	IF	CITATIONS
1	Aiming to be perfect parents increases the risk of parental burnout, but emotional competence mitigates it. <i>Current Psychology</i> , 2023, 42, 1362-1370.	2.8	24
2	Disentangling the effects of intrapersonal and interpersonal emotional competence on parental burnout. <i>Current Psychology</i> , 2023, 42, 8718-8721.	2.8	3
3	The role of cognitive appraisals in parental burnout: a preliminary analysis during the COVID-19 quarantine. <i>Current Psychology</i> , 2023, 42, 30585-30598.	2.8	8
4	Burnout across boundaries: Can parental burnout directly or indirectly influence work outcomes?. <i>Current Psychology</i> , 2023, 42, 14065-14075.	2.8	4
5	Emotional exhaustion and feeling fed up as the driving forces of parental burnout and its consequences on children: insights from a network approach. <i>Current Psychology</i> , 2023, 42, 22278-22289.	2.8	4
6	Emotion regulation during the COVID-19 pandemic: risk and resilience factors for parental burnout (IIPB). <i>Cognition and Emotion</i> , 2022, 36, 100-105.	2.0	20
7	Gender Equality and Maternal Burnout: A 40-Country Study. <i>Journal of Cross-Cultural Psychology</i> , 2022, 53, 157-178.	1.6	14
8	The Cult of the Child: A Critical Examination of Its Consequences on Parents, Teachers and Children. <i>Social Sciences</i> , 2022, 11, 141.	1.4	9
9	Parental Burnout Assessment (PBA) in Different Hispanic Countries: An Exploratory Structural Equation Modeling Approach. <i>Frontiers in Psychology</i> , 2022, 13, 827014.	2.1	7
10	Parental Burnout and Its Antecedents among Same-Sex and Different-Sex Families. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 7601.	2.6	3
11	Reappraisal, social support, and parental burnout. <i>British Journal of Clinical Psychology</i> , 2022, 61, 1089-1102.	3.5	11
12	Are all Burned Out Parents Neglectful and Violent? A Latent Profile Analysis. <i>Journal of Child and Family Studies</i> , 2021, 30, 158-168.	1.3	29
13	A network approach to parental burnout. <i>Child Abuse and Neglect</i> , 2021, 111, 104826.	2.6	46
14	When Emotional Intelligence Backfires. <i>Journal of Individual Differences</i> , 2021, 42, 1-8.	1.0	9
15	Parental Burnout Around the Globe: a 42-Country Study. <i>Affective Science</i> , 2021, 2, 58-79.	2.6	112
16	Parenting with a smile: Display rules, regulatory effort, and parental burnout. <i>Journal of Social and Personal Relationships</i> , 2021, 38, 2701-2721.	2.3	19
17	Beyond Job Burnout: Parental Burnout!. <i>Trends in Cognitive Sciences</i> , 2021, 25, 333-336.	7.8	39
18	Development and validation of the Brief Parental Burnout Scale (BPBS).. <i>Psychological Assessment</i> , 2021, 33, 1125-1137.	1.5	13

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19	An Instrument to Operationalize the Balance between Risks and Resources and Predict Job Burnout. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 9416.	2.6	3
20	The slippery slope of parental exhaustion: A process model of parental burnout. <i>Journal of Applied Developmental Psychology</i> , 2021, 77, 101354.	1.7	15
21	Mindfulness and Empathy: Differential Effects of Explicit and Implicit Buddhist Teachings. <i>Mindfulness</i> , 2020, 11, 5-17.	2.8	23
22	A meta-analysis of the possible behavioural and biological variables linking trait emotional intelligence to health. <i>Health Psychology Review</i> , 2020, 14, 220-244.	8.6	54
23	Validation of the Turkish version of the Parental Burnout Assessment (PBA). <i>New Directions for Child and Adolescent Development</i> , 2020, 2020, 15-32.	2.2	28
24	Psychoneuroendocrinology research is needed on parental burnout: A response to Walther, Walther, and Heald's comment on Hair cortisol concentration as a biomarker of parental burnout. <i>Psychoneuroendocrinology</i> , 2020, 119, 104786.	2.7	3
25	Parental burnout in Romania: Validity of the Romanian version of the parental burnout assessment (PBA-RO). <i>New Directions for Child and Adolescent Development</i> , 2020, 2020, 119-136.	2.2	11
26	Validation of the Polish version of the Parental Burnout Assessment (PBA). <i>New Directions for Child and Adolescent Development</i> , 2020, 2020, 137-158.	2.2	45
27	Parental burnout in Iran: Psychometric properties of the Persian (Farsi) version of the Parental Burnout Assessment (PBA). <i>New Directions for Child and Adolescent Development</i> , 2020, 2020, 85-100.	2.2	22
28	The Brazilian-Portuguese version of the Parental Burnout Assessment: Transcultural adaptation and initial validity evidence. <i>New Directions for Child and Adolescent Development</i> , 2020, 2020, 67-83.	2.2	16
29	Parental burnout: Moving the focus from children to parents. <i>New Directions for Child and Adolescent Development</i> , 2020, 2020, 7-13.	2.2	43
30	Parental burnout in Lebanon: Validation psychometric properties of the Lebanese Arabic version of the Parental Burnout Assessment. <i>New Directions for Child and Adolescent Development</i> , 2020, 2020, 51-65.	2.2	15
31	New perspectives on the praise literature: towards a conceptual model of compliment. <i>Current Psychology</i> , 2020, , 1.	2.8	0
32	Is Parental Burnout Distinct From Job Burnout and Depressive Symptoms?. <i>Clinical Psychological Science</i> , 2020, 8, 673-689.	4.0	69
33	Treating Parental Burnout: Impact of Two Treatment Modalities on Burnout Symptoms, Emotions, Hair Cortisol, and Parental Neglect and Violence. <i>Psychotherapy and Psychosomatics</i> , 2020, 89, 330-332.	8.8	70
34	How Can Intranasal Oxytocin Research Be Trusted? A Systematic Review of the Interactive Effects of Intranasal Oxytocin on Psychosocial Outcomes. <i>Perspectives on Psychological Science</i> , 2020, 15, 1228-1242.	9.0	33
35	Gender Differences in the Nature, Antecedents and Consequences of Parental Burnout. <i>Sex Roles</i> , 2020, 83, 485-498.	2.4	69
36	Hair cortisol concentration as a biomarker of parental burnout. <i>Psychoneuroendocrinology</i> , 2020, 117, 104681.	2.7	41

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37	Extrinsic emotion regulation.. <i>Emotion</i> , 2020, 20, 10-15.	1.8	48
38	Evaluating the higher-order structure of the Profile of Emotional Competence (PEC): Confirmatory factor analysis and Bayesian structural equation modeling. <i>PLoS ONE</i> , 2019, 14, e0225070.	2.5	5
39	Parental Burnout: What Is It, and Why Does It Matter?. <i>Clinical Psychological Science</i> , 2019, 7, 1319-1329.	4.0	218
40	Improving Emotional Intelligence: A Systematic Review of Existing Work and Future Challenges. <i>Emotion Review</i> , 2019, 11, 151-165.	3.4	135
41	Title is missing!. , 2019, 14, e0225070.		0
42	Title is missing!. , 2019, 14, e0225070.		0
43	Title is missing!. , 2019, 14, e0225070.		0
44	Title is missing!. , 2019, 14, e0225070.		0
45	Title is missing!. , 2019, 14, e0225070.		0
46	Title is missing!. , 2019, 14, e0225070.		0
47	Consequences of parental burnout: Its specific effect on child neglect and violence. <i>Child Abuse and Neglect</i> , 2018, 80, 134-145.	2.6	220
48	OP VIII " 4" Type of physical activity, diet, bmi and tobacco/alcohol consumption relationship: which of them affect more our health?. , 2018, , .		1
49	The role of trait emotional intelligence in diabetes self-management behaviors: The mediating effect of diabetes-related distress. <i>Personality and Individual Differences</i> , 2018, 131, 124-131.	2.9	13
50	Exhausted Parents: Sociodemographic, Child-Related, Parent-Related, Parenting and Family-Functioning Correlates of Parental Burnout. <i>Journal of Child and Family Studies</i> , 2018, 27, 602-614.	1.3	207
51	When knowing is not enough: Emotional distress and depression reduce the positive effects of health literacy on diabetes self-management. <i>Patient Education and Counseling</i> , 2018, 101, 324-330.	2.2	42
52	Emotional Intelligence Buffers the Effects of Negative Emotions on Job Burnout in Nursing. <i>Frontiers in Psychology</i> , 2018, 9, 2649.	2.1	68
53	A Step Forward in the Conceptualization and Measurement of Parental Burnout: The Parental Burnout Assessment (PBA). <i>Frontiers in Psychology</i> , 2018, 9, 758.	2.1	213
54	Is It Enough to Be an Extrovert to Be Liked? Emotional Competence Moderates the Relationship Between Extraversion and Peer-Rated Likeability. <i>Frontiers in Psychology</i> , 2018, 9, 804.	2.1	21

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55	A Theoretical and Clinical Framework for Parental Burnout: The Balance Between Risks and Resources (BR2). <i>Frontiers in Psychology</i> , 2018, 9, 886.	2.1	184
56	Robust, replicable, and theoretically-grounded: A response to Brown and Coyne's (2017) commentary on the relationship between emodiversity and health.. <i>Journal of Experimental Psychology: General</i> , 2018, 147, 451-458.	2.1	11
57	Increasing emotional intelligence to decrease healthcare expenditures: How profitable would it be?. <i>Personality and Individual Differences</i> , 2017, 116, 343-347.	2.9	37
58	Why are people high in emotional intelligence happier? They make the most of their positive emotions. <i>Personality and Individual Differences</i> , 2017, 117, 177-181.	2.9	67
59	The big five personality traits and parental burnout: Protective and risk factors. <i>Personality and Individual Differences</i> , 2017, 119, 216-219.	2.9	67
60	Exhausted Parents: Development and Preliminary Validation of the Parental Burnout Inventory. <i>Frontiers in Psychology</i> , 2017, 8, 163.	2.1	194
61	Helpers' Self-Assessment Biases Before and after Helping Skills Training. <i>Frontiers in Psychology</i> , 2017, 8, 1377.	2.1	12
62	Burn-out parental. , 2017, NÂ° 88, 76-82.		1
63	Is there a Publication Bias in Behavioural Intranasal Oxytocin Research on Humans? Opening the File Drawer of One Laboratory. <i>Journal of Neuroendocrinology</i> , 2016, 28, .	2.6	100
64	Developments in Trait Emotional Intelligence Research. <i>Emotion Review</i> , 2016, 8, 335-341.	3.4	303
65	A nationally representative study of emotional competence and health.. <i>Emotion</i> , 2015, 15, 653-667.	1.8	96
66	Positive interventions: An emotion regulation perspective.. <i>Psychological Bulletin</i> , 2015, 141, 655-693.	6.1	294
67	Encounter groups: do they foster psychology students's psychological development and therapeutic attitudes?. <i>Person-Centered and Experiential Psychotherapies</i> , 2015, 14, 83-99.	0.2	8
68	Integrating emotion regulation and emotional intelligence traditions: a meta-analysis. <i>Frontiers in Psychology</i> , 2015, 6, 160.	2.1	297
69	Failed Replication of Oxytocin Effects on Trust: The Envelope Task Case. <i>PLoS ONE</i> , 2015, 10, e0137000.	2.5	50
70	An Integrative Theory-Driven Positive Emotion Regulation Intervention. <i>PLoS ONE</i> , 2014, 9, e95677.	2.5	57
71	What Is the Ability Emotional Intelligence Test (MSCEIT) Good for? An Evaluation Using Item Response Theory. <i>PLoS ONE</i> , 2014, 9, e98827.	2.5	62
72	Emodiversity and the emotional ecosystem.. <i>Journal of Experimental Psychology: General</i> , 2014, 143, 2057-2066.	2.1	138

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73	Factor Structure, Evolution, and Predictive Power of Emotional Competencies on Physical and Emotional Health in the Elderly. <i>Journal of Aging and Health</i> , 2014, 26, 993-1014.	1.7	14
74	Measuring intrapersonal and interpersonal EQ: The Short Profile of Emotional Competence (S-PEC). <i>Personality and Individual Differences</i> , 2014, 65, 42-46.	2.9	38
75	Oxytocin increases willingness to socially share one's emotions. <i>International Journal of Psychology</i> , 2013, 48, 676-681.	2.8	72
76	Psychoendocrinologie sociale de l'ocytocine: revue d'une littérature en pleine expansion. <i>Année Psychologique</i> , 2013, 113, 255-285.	0.3	3
77	The Profile of Emotional Competence (PEC): Development and Validation of a Self-Reported Measure that Fits Dimensions of Emotional Competence Theory. <i>PLoS ONE</i> , 2013, 8, e62635.	2.5	216
78	Measuring Individual Differences in Emotion Regulation: The Emotion Regulation Profile-Revised (ERP-R). <i>Psychologica Belgica</i> , 2013, 51, 49.	1.9	100
79	Resisting the sirens of temptation while studying: Using reappraisal to increase focus, enthusiasm, and performance. <i>Learning and Individual Differences</i> , 2012, 22, 263-268.	2.7	40
80	Role of intestinal permeability and inflammation in the biological and behavioral control of alcohol-dependent subjects. <i>Brain, Behavior, and Immunity</i> , 2012, 26, 911-918.	4.1	237
81	Sensitive but not sentimental: Emotionally intelligent people can put their emotions aside when necessary. <i>Personality and Individual Differences</i> , 2012, 52, 537-540.	2.9	20
82	Lead Me Not into Temptation: Using Cognitive Reappraisal to Reduce Goal Inconsistent Behavior. <i>PLoS ONE</i> , 2012, 7, e39493.	2.5	7
83	Personality-dependent effects of oxytocin: Greater social benefits for high alexithymia scorers. <i>Biological Psychology</i> , 2011, 87, 401-406.	2.2	95
84	Emotional plasticity: Conditions and effects of improving emotional competence in adulthood.. <i>Journal of Applied Psychology</i> , 2011, 96, 827-839.	5.3	243
85	Increasing emotional competence improves psychological and physical well-being, social relationships, and employability.. <i>Emotion</i> , 2011, 11, 354-366.	1.8	328
86	Cross-validation of the Emotion Awareness Questionnaire for Children in Three Populations. <i>Journal of Psychoeducational Assessment</i> , 2011, 29, 418-427.	1.5	21
87	Moderating effect of emotional intelligence on the role of negative affect in the motivation to drink in alcohol-dependent subjects undergoing protracted withdrawal. <i>Personality and Individual Differences</i> , 2010, 48, 16-21.	2.9	42
88	Association between frontal EEG asymmetries and emotional intelligence among adults. <i>Personality and Individual Differences</i> , 2010, 48, 177-181.	2.9	48
89	Positive emotion regulation and well-being: Comparing the impact of eight savoring and dampening strategies. <i>Personality and Individual Differences</i> , 2010, 49, 368-373.	2.9	420
90	Cortisol awakening response (CAR)'s flexibility leads to larger and more consistent associations with psychological factors than CAR magnitude. <i>Psychoneuroendocrinology</i> , 2010, 35, 752-757.	2.7	49

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91	Money Giveth, Money Taketh Away. <i>Psychological Science</i> , 2010, 21, 759-763.	3.3	106
92	Psychometric Properties of the Emotion Awareness Questionnaire for Children in a French-Speaking Population. <i>Journal of Personality Assessment</i> , 2010, 92, 317-326.	2.1	35
93	Oxytocin Makes People Trusting, Not Gullible. <i>Psychological Science</i> , 2010, 21, 1072-1074.	3.3	161
94	Oxytocin not only increases trust when money is at stake, but also when confidential information is in the balance. <i>Biological Psychology</i> , 2010, 85, 182-184.	2.2	110
95	Increasing emotional intelligence: (How) is it possible?. <i>Personality and Individual Differences</i> , 2009, 47, 36-41.	2.9	368
96	An exploration of the moderating effect of trait emotional intelligence on memory and attention in neutral and stressful conditions. <i>British Journal of Psychology</i> , 2009, 100, 699-715.	2.3	49
97	Adolescents choosing self-harm as an emotion regulation strategy: The protective role of trait emotional intelligence. <i>British Journal of Clinical Psychology</i> , 2009, 48, 181-193.	3.5	171
98	Chapter 11 Using an emotion regulation framework to predict the outcomes of emotional labor. <i>Research on Emotion in Organizations</i> , 2009, , 245-273.	0.1	32
99	If you can regulate sadness, you can probably regulate shame: Associations between trait emotional intelligence, emotion regulation and coping efficiency across discrete emotions. <i>Personality and Individual Differences</i> , 2008, 44, 1356-1368.	2.9	186
100	Trait emotional intelligence and the cognitive appraisal of stressful events: An exploratory study. <i>Personality and Individual Differences</i> , 2008, 44, 1445-1453.	2.9	173
101	Relationship between alexithymia, alexithymia factors and salivary cortisol in men exposed to a social stress test. <i>Psychoneuroendocrinology</i> , 2008, 33, 1160-1164.	2.7	74
102	Resilience and hypothalamic-pituitary-adrenal axis reactivity under acute stress in young men. <i>Stress</i> , 2008, 11, 477-482.	1.8	40
103	Psychometric Properties of the Trait Emotional Intelligence Questionnaire: Factor Structure, Reliability, Construct, and Incremental Validity in a French-Speaking Population. <i>Journal of Personality Assessment</i> , 2007, 88, 338-353.	2.1	265
104	The moderating impact of emotional intelligence on free cortisol responses to stress. <i>Psychoneuroendocrinology</i> , 2007, 32, 1000-1012.	2.7	204
105	Explaining the protective effect of trait emotional intelligence regarding occupational stress: Exploration of emotional labour processes. <i>Journal of Research in Personality</i> , 2007, 41, 1107-1117.	1.7	286
106	Is alexithymia affected by situational stress or is it a stable trait related to emotion regulation?. <i>Personality and Individual Differences</i> , 2006, 40, 1399-1408.	2.9	73
107	Predicting resistance to stress: incremental validity of trait emotional intelligence over alexithymia and optimism. <i>Psicothema</i> , 2006, 18 Suppl, 79-88.	0.9	20
108	Comparer la tentation en situation d'apprentissage: comparaison de la évaluation cognitive avec l'obéissance à un ordre. <i>Revue Des Sciences De L'Éducation</i> , 0, 37, 489-506.	0.2	1

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109	I am not the parent I should be: Cross-sectional and prospective associations between parental self-discrepancies and parental burnout. <i>Self and Identity</i> , 0, , 1-26.	1.6	7