## David R Sinacore Pt,, Fapta

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Weight Loss, Exercise, or Both and Physical Function in Obese Older Adults. New England Journal of Medicine, 2011, 364, 1218-1229.	27.0	869
2	Effects of Exercise Training on Frailty in Communityâ€Dwelling Older Adults: Results of a Randomized, Controlled Trial. Journal of the American Geriatrics Society, 2002, 50, 1921-1928.	2.6	476
3	Aerobic or Resistance Exercise, or Both, in Dieting Obese Older Adults. New England Journal of Medicine, 2017, 376, 1943-1955.	27.0	433
4	Physical Frailty and Body Composition in Obese Elderly Men and Women. Obesity, 2004, 12, 913-920.	4.0	373
5	Fish oil–derived nâ^'3 PUFA therapy increases muscle mass and function in healthy older adults. American Journal of Clinical Nutrition, 2015, 102, 115-122.	4.7	336
6	Effects of Extended Outpatient Rehabilitation After Hip Fracture. JAMA - Journal of the American Medical Association, 2004, 292, 837.	7.4	322
7	EFFECT OF ACHILLES TENDON LENGTHENING ON NEUROPATHIC PLANTAR ULCERSâ~†. Journal of Bone and Joint Surgery - Series A, 2003, 85, 1436-1445.	3.0	317
8	Total Contact Casting in Treatment of Diabetic Plantar Ulcers: Controlled Clinical Trial. Diabetes Care, 1989, 12, 384-388.	8.6	305
9	Physical and Performance Measures for the Identification of Mild to Moderate Frailty. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2000, 55, M350-M355.	3.6	288
10	Time course of loss of adaptations after stopping prolonged intense endurance training. Journal of Applied Physiology, 1984, 57, 1857-1864.	2.5	286
11	Excessive Adipose Tissue Infiltration in Skeletal Muscle in Individuals With Obesity, Diabetes Mellitus, and Peripheral Neuropathy: Association With Performance and Function. Physical Therapy, 2008, 88, 1336-1344.	2.4	283
12	Effect of Weight Loss and Exercise on Frailty in Obese Older Adults. Archives of Internal Medicine, 2006, 166, 860.	3.8	245
13	Effects of Progressive Resistance Training on Body Composition in Frail Older Adults: Results of a Randomized, Controlled Trial. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2005, 60, 1425-1431.	3.6	212
14	Insensitivity, Limited Joint Mobility, and Plantar Ulcers in Patients with Diabetes Mellitus. Physical Therapy, 1989, 69, 453-459.	2.4	197
15	Effect of lifestyle intervention on metabolic coronary heart disease risk factors in obese older adults. American Journal of Clinical Nutrition, 2006, 84, 1317-1323.	4.7	194
16	The Relationship of Strength to Function in the Older Adult. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 1995, 50A, 55-59.	3.6	173
17	Low-Intensity exercise as a modifier of physical frailty in older adults. Archives of Physical Medicine and Rehabilitation, 2000, 81, 960-965.	0.9	172
18	Exercise Attenuates the Weight-Loss-Induced Reduction in Muscle Mass in Frail Obese Older Adults. Medicine and Science in Sports and Exercise, 2008, 40, 1213-1219.	0.4	167

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19	Reliability of a Diabetic Foot Evaluation. Physical Therapy, 1989, 69, 797-802.	2.4	162
20	Diet and Exercise Interventions Reduce Intrahepatic Fat Content and Improve Insulin Sensitivity in Obese Older Adults. Obesity, 2009, 17, 2162-2168.	3.0	159
21	Exercise training in obese older adults prevents increase in bone turnover and attenuates decrease in hip bone mineral density induced by weight loss despite decline in bone-active hormones. Journal of Bone and Mineral Research, 2011, 26, 2851-2859.	2.8	149
22	Blood lactate threshold in some well-trained ischemic heart disease patients. Journal of Applied Physiology, 1983, 54, 18-23.	2.5	148
23	Intermuscular Adipose Tissue Is Muscle Specific and Associated with Poor Functional Performance. Journal of Aging Research, 2012, 2012, 1-7.	0.9	144
24	Effect of Weight Loss and Exercise Therapy on Bone Metabolism and Mass in Obese Older Adults: A One-Year Randomized Controlled Trial. Journal of Clinical Endocrinology and Metabolism, 2008, 93, 2181-2187.	3.6	131
25	Resistance exercise training increases mixed muscle protein synthesis rate in frail women and men ≥76 yr old. American Journal of Physiology - Endocrinology and Metabolism, 1999, 277, E118-E125.	3.5	128
26	Effect of weight loss, exercise, or both on cognition and quality of life in obese older adults. American Journal of Clinical Nutrition, 2014, 100, 189-198.	4.7	127
27	Unilateral Hip Rotation Range of Motion Asymmetry in Patients With Sacroiliac Joint Regional Pain. Spine, 1998, 23, 1009-1015.	2.0	126
28	Hip and ankle walking strategies: Effect on peak plantar pressures and implications for neuropathic ulceration. Archives of Physical Medicine and Rehabilitation, 1994, 75, 1196-1200.	0.9	125
29	Weight loss, exercise or both and cardiometabolic risk factors in obese older adults: results of a randomized controlled trial. International Journal of Obesity, 2014, 38, 423-431.	3.4	124
30	Weight loss in obese older adults increases serum sclerostin and impairs hip geometry but both are prevented by exercise training. Journal of Bone and Mineral Research, 2012, 27, 1215-1221.	2.8	119
31	Diabetic Plantar Ulcers Treated by Total Contact Casting. Physical Therapy, 1987, 67, 1543-1549.	2.4	113
32	Regular Multicomponent Exercise Increases Physical Fitness and Muscle Protein Anabolism in Frail, Obese, Older Adults. Obesity, 2011, 19, 312-318.	3.0	104
33	Weight-Bearing Versus Nonweight-Bearing Exercise for Persons With Diabetes and Peripheral Neuropathy: A Randomized Controlled Trial. Archives of Physical Medicine and Rehabilitation, 2013, 94, 829-838.	0.9	104
34	Type II Fiber Activation with Electrical Stimulation: A Preliminary Report. Physical Therapy, 1990, 70, 416-422.	2.4	103
35	Effect of weight training on blood pressure and hemodynamics in hypertensive adolescents. Journal of Pediatrics, 1984, 104, 147-151.	1.8	102
36	Hamstring Muscle Strain Treated by Mobilizing the Sacroiliac Joint. Physical Therapy, 1986, 66, 1220-1223.	2.4	97

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37	Lower Physical Activity Is Associated With Higher Intermuscular Adipose Tissue in People With Type 2 Diabetes and Peripheral Neuropathy. Physical Therapy, 2011, 91, 923-930.	2.4	88
38	Acute Charcot Arthropathy in Patients with Diabetes Mellitus. Journal of Diabetes and Its Complications, 1998, 12, 287-293.	2.3	83
39	Total Contact Casting for Diabetic Neuropathic Ulcers. Physical Therapy, 1996, 76, 296-301.	2.4	75
40	Persistent Pain in Frail Older Adults After Hip Fracture Repair. Journal of the American Geriatrics Society, 2004, 52, 2062-2068.	2.6	75
41	Electromyographic, Peak Torque, and Power Relationships During Isokinetic Movement. Physical Therapy, 1983, 63, 926-933.	2.4	73
42	Effects of a Tendo-Achilles Lengthening Procedure on Muscle Function and Gait Characteristics in a Patient With Diabetes Mellitus. Journal of Orthopaedic and Sports Physical Therapy, 2000, 30, 85-90.	3.5	72
43	Incidence of skin breakdown and higher amputation after transmetatarsal amputation: Implications for rehabilitation. Archives of Physical Medicine and Rehabilitation, 1995, 76, 50-54.	0.9	71
44	Effects of Exercise Training Added to Ongoing Hormone Replacement Therapy on Bone Mineral Density in Frail Elderly Women. Journal of the American Geriatrics Society, 2003, 51, 985-990.	2.6	71
45	Physical Training and Activity in People With Diabetic Peripheral Neuropathy: Paradigm Shift. Physical Therapy, 2017, 97, 31-43.	2.4	68
46	Progression of Foot Deformity in Charcot Neuropathic Osteoarthropathy. Journal of Bone and Joint Surgery - Series A, 2013, 95, 1206-1213.	3.0	66
47	Removable cast walker boots yield greater forefoot off-loading than total contact casts. Clinical Biomechanics, 2011, 26, 649-654.	1.2	65
48	The Role of Skeletal Muscle in Glucose Transport, Glucose Homeostasis, and Insulin Resistance: Implications for Physical Therapy. Physical Therapy, 1993, 73, 878-891.	2.4	64
49	Impact of Achilles Tendon Lengthening on Functional Limitations and Perceived Disability in People With a Neuropathic Plantar Ulcer. Diabetes Care, 2004, 27, 1559-1564.	8.6	55
50	Plantar Stresses on the Neuropathic Foot During Barefoot Walking. Physical Therapy, 2008, 88, 1375-1384.	2.4	54
51	Effect of Achilles Tendon Lengthening on Ankle Muscle Performance in People With Diabetes Mellitus and a Neuropathic Plantar Ulcer. Physical Therapy, 2005, 85, 34-43.	2.4	53
52	Changes in thigh muscle volume predict bone mineral density response to lifestyle therapy in frail, obese older adults. Osteoporosis International, 2014, 25, 551-558.	3.1	52
53	Adipose tissue content, muscle performance and physical function in obese adults with type 2 diabetes mellitus and peripheral neuropathy. Journal of Diabetes and Its Complications, 2015, 29, 250-257.	2.3	51
54	Recognition and Management of Acute Neuropathic (Charcot) Arthropathies of the Foot and Ankle. Journal of Orthopaedic and Sports Physical Therapy, 1999, 29, 736-746.	3.5	48

David R Sinacore Pt,, Fapta

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55	Effect of Achilles tendon lengthening on neuropathic plantar ulcers. A randomized clinical trial. Journal of Bone and Joint Surgery - Series A, 2003, 85, 1436-45.	3.0	48
56	Muscle Protein Synthesis Response to Exercise Training in Obese, Older Men and Women. Medicine and Science in Sports and Exercise, 2012, 44, 1259-1266.	0.4	44
57	Muscle function in rheumatic disease patients treated with corticosteroids. Muscle and Nerve, 1983, 6, 128-135.	2.2	42
58	Healing Times of Diabetic Ulcers in the Presence of Fixed Deformities of the Foot Using Total Contact Casting. Foot and Ankle International, 1998, 19, 613-618.	2.3	42
59	Training-Induced Strength and Functional Adaptations After Hip Fracture. Physical Therapy, 2007, 87, 292-303.	2.4	42
60	Inflammatory Osteolysis in Diabetic Neuropathic (Charcot) Arthropathies of the Foot. Physical Therapy, 2008, 88, 1399-1407.	2.4	42
61	Interactive Separation of Segmented Bones in CT Volumes Using Graph Cut. Lecture Notes in Computer Science, 2008, 11, 296-304.	1.3	40
62	Reliability of clinically relevant 3D foot bone angles from quantitative computed tomography. Journal of Foot and Ankle Research, 2013, 6, 38.	1.9	39
63	Effects of exercise training on bone mineral density in frail older women and men: a randomised controlled trial. Age and Ageing, 2004, 33, 309-312.	1.6	37
64	Precision of Foot Alignment Measures in Charcot Arthropathy. Foot and Ankle International, 2011, 32, 867-872.	2.3	37
65	Bone Mineral Density During Total Contact Cast Immobilization for a Patient With Neuropathic (Charcot) Arthropathy. Physical Therapy, 2005, 85, 249-256.	2.4	35
66	Rehabilitation Factors Following Transmetatarsal Amputation. Physical Therapy, 1994, 74, 1027-1033.	2.4	34
67	Tarsal and Metatarsal Bone Mineral Density Measurement Using Volumetric Quantitative Computed Tomography. Journal of Digital Imaging, 2009, 22, 492-502.	2.9	33
68	Experimental and computational analysis of composite ankle-foot orthosis. Journal of Rehabilitation Research and Development, 2014, 51, 1525-1536.	1.6	33
69	Outcomes of the Bridle Procedure for the Treatment of Foot Drop. Foot and Ankle International, 2015, 36, 1287-1296.	2.3	32
70	Effect of Damp on Isokinetic Measurements. Physical Therapy, 1983, 63, 1248-1250.	2.4	31
71	Mid foot kinetics characterize structural polymorphism in diabetic foot disease. Clinical Biomechanics, 2008, 23, 653-661.	1.2	31
72	Relationship Between Changes in Activity and Plantar Ulcer Recurrence in a Patient With Diabetes Mellitus. Physical Therapy, 2005, 85, 579-588.	2.4	29

DAVID R SINACORE PT,, FAPTA

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73	Foot progression angle and medial loading in individuals with diabetes mellitus, peripheral neuropathy, and a foot ulcer. Gait and Posture, 2010, 32, 237-241.	1.4	29
74	Acquired midfoot deformity and function in individuals with diabetes and peripheral neuropathy. Clinical Biomechanics, 2016, 32, 261-267.	1.2	29
75	High-voltage galvanic stimulation on wound healing in guinea pigs: Longer-term effects. Archives of Physical Medicine and Rehabilitation, 1995, 76, 1134-1137.	0.9	27
76	Neuropathic midfoot deformity: associations with ankle and subtalar joint motion. Journal of Foot and Ankle Research, 2013, 6, 11.	1.9	27
77	Sarcopenic Indices in Community-Dwelling Older Adults. Journal of Geriatric Physical Therapy, 2012, 35, 118-125.	1.1	25
78	Timing of peak plantar pressure during the stance phase of walking. A study of patients with diabetes mellitus and transmetatarsal amputation. Journal of the American Podiatric Medical Association, 2000, 90, 18-23.	0.3	22
79	Kinetics and kinematics after the Bridle procedure for treatment of traumatic foot drop. Clinical Biomechanics, 2013, 28, 555-561.	1.2	22
80	Persistent inflammation with pedal osteolysis 1 year after Charcot neuropathic osteoarthropathy. Journal of Diabetes and Its Complications, 2017, 31, 1014-1020.	2.3	20
81	Effect of Aerobic or Resistance Exercise, or Both, on Intermuscular and Visceral Fat and Physical and Metabolic Function in Older Adults With Obesity While Dieting. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2022, 77, 131-139.	3.6	20
82	Volumetric Quantitative Computed Tomography Measurement Precision for Volumes and Densities of Tarsal and Metatarsal Bones. Journal of Clinical Densitometry, 2011, 14, 313-320.	1.2	19
83	Electrically Elicited Fatigue Test of the Quadriceps Femoris Muscle. Physical Therapy, 1987, 67, 941-945.	2.4	18
84	Bone mineral density during total contact cast immobilization for a patient with neuropathic (Charcot) arthropathy. Physical Therapy, 2005, 85, 249-56.	2.4	18
85	Kinematics and kinetics of single-limb heel rise in diabetes related medial column foot deformity. Clinical Biomechanics, 2014, 29, 1016-1022.	1.2	17
86	Histochemical and Physiological Correlates of Training- and Detraining-Induced Changes in the Recovery From a Fatigue Test. Physical Therapy, 1993, 73, 661-667.	2.4	16
87	Healing times of pedal ulcers in diabetic immunosuppressed patients after transplantation. Archives of Physical Medicine and Rehabilitation, 1999, 80, 935-940.	0.9	16
88	Shin Splints and Forefoot Contact Running: A Case Report. Journal of Orthopaedic and Sports Physical Therapy, 1994, 20, 98-102.	3.5	14
89	Assessment of technical and biological parameters of volumetric quantitative computed tomography of the foot: a phantom study. Osteoporosis International, 2012, 23, 1977-1985.	3.1	14
90	Predicting ex vivo failure loads in human metatarsals using bone strength indices derived from volumetric quantitative computed tomography. Journal of Biomechanics, 2013, 46, 745-750.	2.1	14

#	Article	IF	CITATIONS
91	Impact of Charcot neuroarthropathy on metatarsal bone mineral density and geometric strength indices. Bone, 2013, 52, 407-413.	2.9	14
92	Molded Double-Rocker Plaster Shoe for Healing a Diabetic Plantar Ulcer. Physical Therapy, 1987, 67, 1550-1552.	2.4	12
93	Early-Onset Physical Frailty in Adults With Diabesity and Peripheral Neuropathy. Canadian Journal of Diabetes, 2018, 42, 478-483.	0.8	11
94	Failure of endurance training to alter the cardiovascular response to static contraction. Clinical Physiology, 1983, 3, 219-226.	0.7	10
95	Recovery From a 1-Minute Bout of Fatiguing Exercise: Characteristics, Reliability, and Responsiveness. Physical Therapy, 1994, 74, 234-241.	2.4	9
96	Weight Loss, Exercise, or Both and Physical Function in Obese Older Adults. Obstetrical and Gynecological Survey, 2011, 66, 488-489.	0.4	9
97	Pedal Bone Density, Strength, Orientation, and Plantar Loads Preceding Incipient Metatarsal Fracture After Charcot Neuroarthropathy: 2 Case Reports. Journal of Orthopaedic and Sports Physical Therapy, 2013, 43, 744-751.	3.5	9
98	Explanators of Sarcopenia in Individuals With Diabesity: A Cross-Sectional Analysis. Journal of Geriatric Physical Therapy, 2017, 40, 86-94.	1.1	9
99	Immobilization-induced osteolysis and recovery in neuropathic foot impairments. Bone, 2017, 105, 237-244.	2.9	9
100	Relationship between changes in activity and plantar ulcer recurrence in a patient with diabetes mellitus. Physical Therapy, 2005, 85, 579-88.	2.4	9
101	Bone Mineral Density of the Tarsals and Metatarsals With Reloading. Physical Therapy, 2008, 88, 766-779.	2.4	8
102	Windlass Mechanism in Individuals With Diabetes Mellitus, Peripheral Neuropathy, and Low Medial Longitudinal Arch Height. Foot and Ankle International, 2014, 35, 816-824.	2.3	7
103	Radiographic-directed local coordinate systems critical in kinematic analysis of walking in diabetes-related medial column foot deformity. Gait and Posture, 2014, 40, 128-133.	1.4	7
104	Quadriceps Femoris Muscle Resistance to Fatigue Using an Electrically Elicited Fatigue Test Following Intense Endurance Exercise Training. Physical Therapy, 1994, 74, 930-939.	2.4	6
105	Developing a biomarker for neuropathic arthropathy in diabetic patients. , 2007, , .		6
106	A multi-center trial of exercise and testosterone therapy in women after hip fracture: Design, methods and impact of the COVID-19 pandemic. Contemporary Clinical Trials, 2021, 104, 106356.	1.8	6
107	Severe sensory neuropathy need not precede Charcot arthropathies of the foot or ankle: implications for the rehabilitation specialist. Physiotherapy Theory and Practice, 2001, 17, 39-50.	1.3	5
108	Botulinum Toxin Effects on Gasatrocnemius Strength and Plantar Pressure in Diabetics with Peripheral Neuropathy and Forefoot Ulceration. Foot and Ankle International, 2012, 33, 363-370.	2.3	5

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109	Automated, Foot-Bone Registration Using Subdivision-Embedded Atlases for Spatial Mapping of Bone Mineral Density. Journal of Digital Imaging, 2013, 26, 554-562.	2.9	5
110	Reliability of analysis of the bone mineral density of the second and fifth metatarsals using dualâ€energy xâ€ray absorptiometry (DXA). Journal of Foot and Ankle Research, 2017, 10, 52.	1.9	5
111	A Candidate Imaging Marker for Early Detection of Charcot Neuroarthropathy. Journal of Clinical Densitometry, 2018, 21, 485-492.	1.2	5
112	Deficits in the Skeletal Muscle Transcriptome and Mitochondrial Coupling in Progressive Diabetes-Induced CKD Relate to Functional Decline. Diabetes, 2021, 70, 1130-1144.	0.6	5
113	Effect of Achilles Tendon Lengthening on Neuropathic Plantar Ulcers. Journal of Bone and Joint Surgery - Series A, 2004, 86, 870-871.	3.0	5
114	Dual-energy X-ray absorptiometry of human metatarsals: Precision, least significant change and association to ex vivo fracture force. Foot, 2013, 23, 63-69.	1.1	4
115	Variability in Activity May Precede Diabetic Foot Ulceration: Response to Armstrong et al Diabetes Care, 2004, 27, 3028-3028.	8.6	4
116	OFF-LOADING FOR DIABETIC FOOT DISEASE. , 2008, , 287-304.		3
117	Skeletal Muscle Regeneration in Advanced Diabetic Peripheral Neuropathy. Foot and Ankle International, 2020, 41, 536-548.	2.3	3
118	Qualitative study of musculoskeletal tissues and their radiographic correlates in diabetic neuropathic foot deformity. Foot, 2021, 47, 101777.	1.1	3
119	Pedal Ulcers in Older Adults with Diabetes Mellitus. Topics in Geriatric Rehabilitation, 2000, 16, 11-23.	0.4	3
120	Impact of foot progression angle modification on plantar loading in individuals with diabetes mellitus and peripheral neuropathy. , 2016, 2, 15-23.		2
121	Accelerated Cortical Osteolysis of Metatarsals in Charcot Neuroarthropathy: A Crossâ€5ectional Observational Study. JBMR Plus, 2019, 3, e10243.	2.7	1
122	Factoren die een rol spelen bij revalidatie na transmetatarsale amputatie. Stimulus, 1996, 15, 22-27.	0.0	0
123	Special Issue on the Ankle and Foot. Journal of Orthopaedic and Sports Physical Therapy, 1999, 29, 701-702.	3.5	0
124	Plantar Loading During Gait Significantly Correlates To Metatarsal Bone Density. Medicine and Science in Sports and Exercise, 2016, 48, 727.	0.4	0
125	Intra- And Inter-rater Reliability Of Proximal, Shaft, Distal, And Total Metatarsal Bone Mineral Density. Medicine and Science in Sports and Exercise, 2016, 48, 185.	0.4	0
126	Static and Dynamic Predictors of Foot Progression Angle in Individuals with and without Diabetes Mellitus and Peripheral Neuropathy. , 2016, 3, .		0