

# Helena Frawley

## List of Publications by Year in descending order

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Version: 2024-02-01

71  
papers

2,522  
citations

257450

24  
h-index

214800

47  
g-index

73  
all docs

73  
docs citations

73  
times ranked

2247  
citing authors

#	ARTICLE	IF	CITATIONS
1	Urinary and anal incontinence among female gymnasts and cheerleadersâ€”bother and associated factors. A cross-sectional study. <i>International Urogynecology Journal</i> , 2022, 33, 955-964.	1.4	10
2	Prevalence of Pelvic Floor Dysfunction, Bother, and Risk Factors and Knowledge of the Pelvic Floor Muscles in Norwegian Male and Female Powerlifters and Olympic Weightlifters. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 2800-2807.	2.1	16
3	Pelvic floor muscle function in the standing position in women with pelvic floor dysfunction. <i>International Urogynecology Journal</i> , 2022, 33, 2435-2444.	1.4	2
4	Pelvic Floor Symptoms Are an Overlooked Barrier to Exercise Participation: A Cross-Sectional Online Survey of 4556 Women Who Are Symptomatic. <i>Physical Therapy</i> , 2022, 102, .	2.4	5
5	The 2018 annual cost burden for children under five years of age hospitalised with respiratory syncytial virus in Australia. <i>Communicable Diseases Intelligence (2018)</i> , 2022, 46, .	0.7	3
6	Patient and clinician perspectives of pelvic floor dysfunction after gynaecological cancer. <i>Gynecologic Oncology Reports</i> , 2022, 41, 101007.	0.6	4
7	Factors associated with pelvic floor dysfunction in women with breast cancer. , 2022, , 100494.		2
8	Prevalence and impact of bladder and bowel disorders in women with breast cancer: A systematic review with metaâ€”analysis. <i>Neurourology and Urodynamics</i> , 2021, 40, 15-27.	1.5	10
9	An International Continence Society (ICS) report on the terminology for pelvic floor muscle assessment. <i>Neurourology and Urodynamics</i> , 2021, 40, 1217-1260.	1.5	98
10	Group-based pelvic floor muscle training for all women during pregnancy is more cost-effective than postnatal training for women with urinary incontinence: cost-effectiveness analysis of a systematic review. <i>Journal of Physiotherapy</i> , 2021, 67, 105-114.	1.7	19
11	Effect of Pelvic Floor Symptoms on Women's Participation in Exercise: A Mixed-Methods Systematic Review With Meta-analysis. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2021, 51, 345-361.	3.5	21
12	Pelvic floor disorders stop women exercising: A survey of 4556 symptomatic women. <i>Journal of Science and Medicine in Sport</i> , 2021, 24, 1211-1217.	1.3	18
13	Comprehensive reporting of pelvic floor muscle training for urinary incontinence: CERT-PFMT. <i>Physiotherapy</i> , 2021, 112, 103-112.	0.4	7
14	Peripheral, Central, and Cross Sensitization in Endometriosis-Associated Pain and Comorbid Pain Syndromes. <i>Frontiers in Reproductive Health</i> , 2021, 3, .	1.9	13
15	Attributes of physiotherapy continence clinicians: a qualitative perspective. <i>Physiotherapy</i> , 2020, 106, 119-127.	0.4	5
16	An allied health rehabilitation program for patients following surgery for abdomino-pelvic cancer: a feasibility and pilot clinical study. <i>Supportive Care in Cancer</i> , 2020, 28, 1335-1350.	2.2	7
17	Implementing pelvic floor muscle training in women's childbearing years: A critical interpretive synthesis of individual, professional, and service issues. <i>Neurourology and Urodynamics</i> , 2020, 39, 863-870.	1.5	32
18	Reconsideration of pelvic floor muscle training to prevent and treat incontinence after radical prostatectomy. <i>Urologic Oncology: Seminars and Original Investigations</i> , 2020, 38, 354-371.	1.6	45

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19	A consumer co-created infographic improves short-term knowledge about physical activity and self-efficacy to exercise in women with gestational diabetes mellitus: a randomised trial. <i>Journal of Physiotherapy</i> , 2020, 66, 243-248.	1.7	10
20	Establishing measurement properties in the assessment of inter-recti distance of the abdominal muscles in a postnatal women. <i>Musculoskeletal Science and Practice</i> , 2020, 49, 102202.	1.3	12
21	The Effect of Pelvic Floor Muscle Interventions on Pelvic Floor Dysfunction After Gynecological Cancer Treatment: A Systematic Review. <i>Physical Therapy</i> , 2020, 100, 1357-1371.	2.4	25
22	An argument for competency-based training in pelvic floor physiotherapy practice. <i>Physiotherapy Theory and Practice</i> , 2019, 35, 1117-1130.	1.3	18
23	The impact of pelvic organ prolapse and/or continence surgery on pelvic floor muscle function in women: A systematic review. <i>Neurourology and Urodynamics</i> , 2019, 38, 1467-1481.	1.5	4
24	The Consensus on Exercise Reporting Template (CERT) in a systematic review of exercise-based rehabilitation effectiveness: completeness of reporting, rater agreement, and utility. <i>European Journal of Physical and Rehabilitation Medicine</i> , 2019, 55, 342-352.	2.2	11
25	Program evaluation within the research translation framework. <i>Journal of Physiotherapy</i> , 2019, 65, 63-64.	1.7	3
26	Comment and Questions to Mottola et al. (2018): 2018 Canadian Guideline for Physical Activity Throughout Pregnancy. <i>Journal of Obstetrics and Gynaecology Canada</i> , 2019, 41, 1404-1405.	0.7	0
27	Relationship between diastasis of the rectus abdominis muscle (DRAM) and musculoskeletal dysfunctions, pain and quality of life: a systematic review. <i>Physiotherapy</i> , 2019, 105, 24-34.	0.4	81
28	Trigger Point Manual Therapy for the Treatment of Chronic Noncancer Pain in Adults: A Systematic Review and Meta-analysis. <i>Archives of Physical Medicine and Rehabilitation</i> , 2019, 100, 562-577.	0.9	12
29	Women with gestational diabetes mellitus want clear and practical messages from credible sources about physical activity during pregnancy: a qualitative study. <i>Journal of Physiotherapy</i> , 2019, 65, 37-42.	1.7	28
30	The impact of gynaecological cancer treatment on physical activity levels: a systematic review of observational studies. <i>Brazilian Journal of Physical Therapy</i> , 2019, 23, 79-92.	2.5	32
31	Pelvic floor outcomes in patients who have undergone general rehabilitation following surgery for colorectal cancer: A pilot study. <i>Physiotherapy Theory and Practice</i> , 2019, 35, 206-218.	1.3	1
32	International Continence Society supported pelvic physiotherapy education guideline. <i>Neurourology and Urodynamics</i> , 2018, 37, 869-876.	1.5	9
33	Pelvic floor symptoms, physical, and psychological outcomes of patients following surgery for colorectal cancer. <i>Physiotherapy Theory and Practice</i> , 2018, 34, 442-452.	1.3	11
34	Attitudes, barriers and enablers to physical activity in pregnant women: a systematic review. <i>Journal of Physiotherapy</i> , 2018, 64, 24-32.	1.7	140
35	Does pelvic floor muscle maximum voluntary contraction improve after vaginal pelvic organ prolapse surgery? A prospective study. <i>Neurourology and Urodynamics</i> , 2018, 37, 1744-1750.	1.5	5
36	Response to comment on the <sc>IUGA/ICS</sc> joint report on the terminology for the conservative and nonpharmacological management of female pelvic floor dysfunction. <i>Neurourology and Urodynamics</i> , 2018, 37, 877-878.	1.5	1

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37	Strategies to assist uptake of pelvic floor muscle training for people with urinary incontinence: A clinician viewpoint. <i>Neurourology and Urodynamics</i> , 2018, 37, 2658-2668.	1.5	10
38	Effect of early and intensive nutrition care, delivered via telephone or mobile application, on quality of life in people with upper gastrointestinal cancer: study protocol of a randomised controlled trial. <i>BMC Cancer</i> , 2018, 18, 707.	2.6	24
39	An International Urogynecological Association (IUGA)/International Continence Society (ICS) joint report on the terminology for the conservative and nonpharmacological management of female pelvic floor dysfunction. <i>International Urogynecology Journal</i> , 2017, 28, 191-213.	1.4	233
40	Response to comment on the IUGA/ICS joint report on the terminology for the conservative and nonpharmacological management of female pelvic floor dysfunction. <i>International Urogynecology Journal</i> , 2017, 28, 1269-1270.	1.4	1
41	Is Pelvic-Floor Muscle Training a Physical Therapy or a Behavioral Therapy? A Call to Name and Report the Physical, Cognitive, and Behavioral Elements. <i>Physical Therapy</i> , 2017, 97, 425-437.	2.4	39
42	An International Urogynecological Association (IUGA)/International Continence Society (ICS) joint report on the terminology for the conservative and nonpharmacological management of female pelvic floor dysfunction. <i>Neurourology and Urodynamics</i> , 2017, 36, 221-244.	1.5	190
43	The Australian Pelvic Floor Questionnaire is a valid measure of pelvic floor symptoms in patients following surgery for colorectal cancer. <i>Neurourology and Urodynamics</i> , 2017, 36, 1395-1402.	1.5	5
44	A standard for terminology in chronic pelvic pain syndromes: A report from the chronic pelvic pain working group of the international continence society. <i>Neurourology and Urodynamics</i> , 2017, 36, 984-1008.	1.5	142
45	Myotonometry Reliably Measures Muscle Stiffness in the Thenar and Perineal Muscles. <i>Physiotherapy Canada</i> <i>Physiotherapie Canada</i> , 2017, 69, 104-112.	0.6	41
46	Exercise interventions for patients with gynaecological cancer: a systematic review and meta-analysis. <i>Physiotherapy</i> , 2016, 102, 309-319.	0.4	25
47	Exercise improves glycaemic control in women diagnosed with gestational diabetes mellitus: a systematic review. <i>Journal of Physiotherapy</i> , 2016, 62, 188-196.	1.7	65
48	Exercise adherence: integrating theory, evidence and behaviour change techniques. <i>Physiotherapy</i> , 2016, 102, 7-9.	0.4	28
49	Health professionals' and patients' perspectives on pelvic floor muscle training adherence" <i>2011 ICS State of the Science Seminar research paper IV of IV</i>. <i>Neurourology and Urodynamics</i> , 2015, 34, 632-639.	1.5	33
50	Pelvic floor muscle training adherence modifiers: A review of primary qualitative studies" <i>2011 ICS State of the Science Seminar research paper III of IV</i>. <i>Neurourology and Urodynamics</i> , 2015, 34, 622-631.	1.5	55
51	Pelvic Floor Muscle Training Adherence: Tools, Measurements and Strategies" <i>2011 ICS State of the Science Seminar Research Paper II of IV</i>. <i>Neurourology and Urodynamics</i> , 2015, 34, 615-621.	1.5	44
52	2014 consensus statement on improving pelvic floor muscle training adherence: International Continence Society 2011 State of the Science Seminar. <i>Neurourology and Urodynamics</i> , 2015, 34, 600-605.	1.5	85
53	Scoping review of adherence promotion theories in pelvic floor muscle training " 2011 ics state of the science seminar research paper i of iv. <i>Neurourology and Urodynamics</i> , 2015, 34, 606-614.	1.5	31
54	Does pelvic floor muscle training improve female sexual function? A systematic review. <i>International Urogynecology Journal</i> , 2015, 26, 1735-1750.	1.4	68

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55	Pelvic floor muscle training for bowel dysfunction following colorectal cancer surgery: A systematic review. <i>Neurourology and Urodynamics</i> , 2015, 34, 703-712.	1.5	30
56	Pelvic floor muscle training as an adjunct to prolapse surgery: a randomised feasibility study. <i>International Urogynecology Journal</i> , 2014, 25, 883-891.	1.4	38
57	Individualised pelvic floor muscle training in women with pelvic organ prolapse (POPPY): a multicentre randomised controlled trial. <i>Lancet, The</i> , 2014, 383, 796-806.	13.7	201
58	Persistent pelvic pain: Rising to the challenge. <i>Australian and New Zealand Journal of Obstetrics and Gynaecology</i> , 2012, 52, 502-507.	1.0	8
59	A process of informed consent for student learning through peer physical examination in pelvic floor physiotherapy practice. <i>Physiotherapy</i> , 2012, 98, 33-39.	0.4	11
60	Biofeedback Treatment for Overactive Bladder. <i>Current Bladder Dysfunction Reports</i> , 2012, 7, 7-13.	0.5	5
61	Perioperative Physiotherapy as an Adjunct to Prolapse Surgery: An In-Depth Analysis of a Study With a Negative Result. <i>Current Bladder Dysfunction Reports</i> , 2010, 5, 48-55.	0.5	3
62	Physiotherapy as an adjunct to prolapse surgery: An assessor-blinded randomized controlled trial. <i>Neurourology and Urodynamics</i> , 2010, 29, 719-725.	1.5	39
63	Authors' response to Sapsford et al.. <i>Neurourology and Urodynamics</i> , 2010, 29, 802-803.	1.5	4
64	Pelvic floor muscle training can improve symptoms in women with pelvic organ prolapse and may help to reverse prolapse. <i>Journal of Physiotherapy</i> , 2010, 56, 276.	1.7	1
65	Evidence for benefit of transversus abdominis training alone or in combination with pelvic floor muscle training to treat female urinary incontinence: A systematic review. <i>Neurourology and Urodynamics</i> , 2009, 28, 368-373.	1.5	86
66	Pelvic floor muscle strength testing. <i>Australian Journal of Physiotherapy</i> , 2006, 52, 307.	0.9	22
67	Effect of test position on pelvic floor muscle assessment. <i>International Urogynecology Journal</i> , 2006, 17, 365-371.	1.4	45
68	Reliability of pelvic floor muscle strength assessment using different test positions and tools. <i>Neurourology and Urodynamics</i> , 2006, 25, 236-242.	1.5	179
69	Survey of clinical practice: pre- and postoperative physiotherapy for pelvic surgery. <i>Acta Obstetrica Et Gynecologica Scandinavica</i> , 2005, 84, 412-418.	2.8	6
70	Survey of clinical practice: pre- and postoperative physiotherapy for pelvic surgery. <i>Acta Obstetrica Et Gynecologica Scandinavica</i> , 2005, 84, 412-418.	2.8	2
71	Experiences of pelvic floor dysfunction and treatment in women with breast cancer: a qualitative study. <i>Supportive Care in Cancer</i> , 0, , .	2.2	1