

Giuseppe De Vito

List of Publications by Year in descending order

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147
papers

5,718
citations

81900

39
h-index

91884

69
g-index

148
all docs

148
docs citations

148
times ranked

7348
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of a Vitamin D and Leucine-Enriched Whey Protein Nutritional Supplement on Measures of Sarcopenia in Older Adults, the PROVIDE Study: A Randomized, Double-Blind, Placebo-Controlled Trial. <i>Journal of the American Medical Directors Association</i> , 2015, 16, 740-747.	2.5	485
2	Muscle strength, power and adaptations to resistance training in older people. <i>European Journal of Applied Physiology</i> , 2004, 91, 450-472.	2.5	422
3	Impact of sedentarism due to the COVID-19 home confinement on neuromuscular, cardiovascular and metabolic health: Physiological and pathophysiological implications and recommendations for physical and nutritional countermeasures. <i>European Journal of Sport Science</i> , 2021, 21, 614-635.	2.7	287
4	Contractile muscle volume and agonist-antagonist coactivation account for differences in torque between young and older women. <i>Muscle and Nerve</i> , 2002, 25, 858-863.	2.2	262
5	Muscle function in elite master weightlifters. <i>Medicine and Science in Sports and Exercise</i> , 2002, 34, 1199-1206.	0.4	149
6	Enhancing cognitive functioning in the elderly: multicomponent vs resistance training. <i>Clinical Interventions in Aging</i> , 2013, 8, 19.	2.9	125
7	Skeletal muscle ATP turnover and muscle fiber conduction velocity are elevated at higher muscle temperatures during maximal power output development in humans. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2006, 290, R376-R382.	1.8	104
8	The effectiveness of two novel techniques in establishing the mechanical and contractile responses of biceps femoris. <i>Physiological Measurement</i> , 2011, 32, 1315-1326.	2.1	101
9	Exercise Prescription in the Treatment of Type 2 Diabetes Mellitus. <i>Sports Medicine</i> , 2013, 43, 39-49.	6.5	95
10	Divergence of intracellular and extracellular HSP72 in type 2 diabetes: does fat matter?. <i>Cell Stress and Chaperones</i> , 2012, 17, 293-302.	2.9	94
11	Determinants of maximal instantaneous muscle power in women aged 50-75 years. <i>European Journal of Applied Physiology</i> , 1998, 78, 59-64.	2.5	92
12	Exercise and possible molecular mechanisms of protection from vascular disease and diabetes: the central role of ROS and nitric oxide. <i>Clinical Science</i> , 2010, 118, 341-349.	4.3	88
13	The effects of aerobic exercise training at two different intensities in obesity and type 2 diabetes: implications for oxidative stress, low-grade inflammation and nitric oxide production. <i>European Journal of Applied Physiology</i> , 2014, 114, 251-260.	2.5	87
14	Cycling as a novel approach to resistance training increases muscle strength, power, and selected functional abilities in healthy older women. <i>Journal of Applied Physiology</i> , 2003, 95, 2544-2553.	2.5	81
15	The effect of an active warm-up on surface EMG and muscle performance in healthy humans. <i>European Journal of Applied Physiology</i> , 2003, 89, 509-513.	2.5	79
16	Six weeks of a polarized training-intensity distribution leads to greater physiological and performance adaptations than a threshold model in trained cyclists. <i>Journal of Applied Physiology</i> , 2013, 114, 461-471.	2.5	79
17	Effect of power, pedal rate, and force on average muscle fiber conduction velocity during cycling. <i>Journal of Applied Physiology</i> , 2004, 97, 2035-2041.	2.5	77
18	Coupling between skeletal muscle fiber size and capillarization is maintained during healthy aging. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2017, 8, 647-659.	7.3	71

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19	Effects of age and limb dominance on upper and lower limb muscle function in healthy males and females aged 40â€“80 years. <i>Journal of Sports Sciences</i> , 2010, 28, 667-677.	2.0	70
20	Comparison between young and older women in explosive power output and its determinants during a single leg-press action after optimisation of load. <i>European Journal of Applied Physiology</i> , 2003, 90, 458-463.	2.5	69
21	Differences between young and older women in maximal force, force fluctuations, and surface emg during isometric knee extension and elbow flexion. <i>Muscle and Nerve</i> , 2004, 30, 626-635.	2.2	69
22	The Role of Mineral and Trace Element Supplementation in Exercise and Athletic Performance: A Systematic Review. <i>Nutrients</i> , 2019, 11, 696.	4.1	69
23	Effects of central sympathetic inhibition on heart rate variability during steady-state exercise in healthy humans. <i>Clinical Physiology and Functional Imaging</i> , 2002, 22, 32-38.	1.2	66
24	Temperature dependence of soleus H-reflex and M wave in young and older women. <i>European Journal of Applied Physiology</i> , 2005, 94, 491-499.	2.5	66
25	Elevated levels of extracellular heat-shock protein 72 (eHSP72) are positively correlated with insulin resistance <i>in vivo</i> and cause pancreatic Î²-cell dysfunction and death <i>in vitro</i> . <i>Clinical Science</i> , 2014, 126, 739-752.	4.3	66
26	Nordic hamstring exercise training alters knee joint kinematics and hamstring activation patterns in young men. <i>European Journal of Applied Physiology</i> , 2016, 116, 663-672.	2.5	66
27	Kinematic and electromyographic analysis of the Nordic Hamstring Exercise. <i>Journal of Electromyography and Kinesiology</i> , 2013, 23, 1111-1118.	1.7	62
28	Amplitude and spectral characteristics of biceps Brachii sEMG depend upon speed of isometric force generation. <i>Journal of Electromyography and Kinesiology</i> , 2003, 13, 139-147.	1.7	61
29	Anthropometric and Strength Variables to Predict Freestyle Performance Times in Elite Master Swimmers. <i>Journal of Strength and Conditioning Research</i> , 2008, 22, 1298-1307.	2.1	61
30	Effects of age and sex on neuromuscular-mechanical determinants of muscle strength. <i>Age</i> , 2016, 38, 57.	3.0	59
31	Analysis and Biophysics of Surface EMG for Physiotherapists and Kinesiologists: Toward a Common Language With Rehabilitation Engineers. <i>Frontiers in Neurology</i> , 2020, 11, 576729.	2.4	59
32	Structure and function of human muscle fibres and muscle proteome in physically active older men. <i>Journal of Physiology</i> , 2017, 595, 4823-4844.	2.9	52
33	Effects of aldosterone receptor blockade in patients with mild-moderate heart failure taking a beta-blocker. <i>European Journal of Heart Failure</i> , 2007, 9, 429-434.	7.1	50
34	Decrease of Endurance Performance During Olympic Triathlon. <i>International Journal of Sports Medicine</i> , 1995, 16, 24-28.	1.7	49
35	Differential nitric oxide levels in the blood and skeletal muscle of type 2 diabetic subjects may be consequence of adiposity: a preliminary study. <i>Metabolism: Clinical and Experimental</i> , 2012, 61, 1528-1537.	3.4	49
36	The relationship between aerobic fitness level and metabolic profiles in healthy adults. <i>Molecular Nutrition and Food Research</i> , 2013, 57, 1246-1254.	3.3	48

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37	Genetic Associations with Aging Muscle: A Systematic Review. <i>Cells</i> , 2020, 9, 12.	4.1	48
38	Nutrition, Behavior Change and Physical Activity Outcomes From the PEARS RCT—An mHealth-Supported, Lifestyle Intervention Among Pregnant Women With Overweight and Obesity. <i>Frontiers in Endocrinology</i> , 2019, 10, 938.	3.5	44
39	Electromyogram changes during sustained contraction after resistance training in women in their 3rd and 8th decades. <i>European Journal of Applied Physiology</i> , 2000, 82, 418-424.	2.5	43
40	Correlation of average muscle fiber conduction velocity measured during cycling exercise with myosin heavy chain composition, lactate threshold, and VO2max. <i>Journal of Electromyography and Kinesiology</i> , 2007, 17, 393-400.	1.7	43
41	Physiological Responses to Fitness Activities: A Comparison Between Land-Based and Water Aerobics Exercise. <i>Journal of Strength and Conditioning Research</i> , 2004, 18, 719.	2.1	40
42	Effects of altered muscle temperature on neuromuscular properties in young and older women. <i>European Journal of Applied Physiology</i> , 2010, 108, 451-458.	2.5	38
43	Human skeletal muscle fibre contractile properties and proteomic profile: adaptations to 3 weeks of unilateral lower limb suspension and active recovery. <i>Journal of Physiology</i> , 2015, 593, 5361-5385.	2.9	37
44	Health and Quality of Life Perception in Older Adults: The Joint Role of Cognitive Efficiency and Functional Mobility. <i>International Journal of Environmental Research and Public Health</i> , 2015, 12, 11328-11344.	2.6	37
45	The effects of a combined bodyweight-based and elastic bands resistance training, with or without protein supplementation, on muscle mass, signaling and heat shock response in healthy older people. <i>Experimental Gerontology</i> , 2019, 115, 104-113.	2.8	36
46	Speed training with body weight unloading improves walking energy cost and maximal speed in 75- to 85-year-old healthy women. <i>Journal of Applied Physiology</i> , 2007, 103, 1598-1603.	2.5	34
47	Effect of active warm-up on metabolism prior to and during intense dynamic exercise. <i>Medicine and Science in Sports and Exercise</i> , 2002, 34, 2091-2096.	0.4	33
48	Cardiovascular autonomic control in endurance-trained and sedentary young women. <i>Clinical Physiology and Functional Imaging</i> , 2005, 25, 83-89.	1.2	33
49	Grip strength performance from 9431 participants of the GenoFit study: normative data and associated factors. <i>GeroScience</i> , 2021, 43, 2533-2546.	4.6	33
50	The physiological demands of sail pumping in Olympic level windsurfers. <i>European Journal of Applied Physiology</i> , 2002, 86, 450-454.	2.5	32
51	Age-related changes in the function and structure of the peripheral sensory pathway in mice. <i>Neurobiology of Aging</i> , 2016, 45, 136-148.	3.1	30
52	A comparison of muscle stiffness and musculoarticular stiffness of the knee joint in young athletic males and females. <i>Journal of Electromyography and Kinesiology</i> , 2015, 25, 495-500.	1.7	29
53	Effects of Self-directed Exercise Programmes on Individuals with Type 2 Diabetes Mellitus: A Systematic Review Evaluating Their Effect on HbA1c and Other Metabolic Outcomes, Physical Characteristics, Cardiorespiratory Fitness and Functional Outcomes. <i>Sports Medicine</i> , 2017, 47, 717-733.	6.5	29
54	Heat-induced extracellular HSP72 release is blunted in elderly diabetic people compared with healthy middle-aged and older adults, but it is partially restored by resistance training. <i>Experimental Gerontology</i> , 2018, 111, 180-187.	2.8	29

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55	Effects of dynamic resistance training on heart rate variability in healthy older women. <i>European Journal of Applied Physiology</i> , 2003, 89, 85-89.	2.5	28
56	Long-term resistance training improves force and unloaded shortening velocity of single muscle fibres of elderly women. <i>European Journal of Applied Physiology</i> , 2008, 104, 885-893.	2.5	28
57	Non-invasive assessment of muscle fiber conduction velocity during an incremental maximal cycling test. <i>Journal of Electromyography and Kinesiology</i> , 2009, 19, e380-e386.	1.7	28
58	Measures of static postural control moderate the association of strength and power with functional dynamic balance. <i>Aging Clinical and Experimental Research</i> , 2014, 26, 645-653.	2.9	28
59	Neuromuscular Junction Aging: A Role for Biomarkers and Exercise. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, 76, 576-585.	3.6	28
60	Intra- and inter-session reliability of vertical jump performance in healthy middle-aged and older men and women. <i>Journal of Sports Sciences</i> , 2011, 29, 1675-1682.	2.0	27
61	Effect of Knee Joint Angle and Contraction Intensity on Hamstrings Coactivation. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 1668-1676.	0.4	27
62	Different Effect of Cadence on Cycling Efficiency between Young and Older Cyclists. <i>Medicine and Science in Sports and Exercise</i> , 2010, 42, 2128-2133.	0.4	26
63	The acute effect of Quercetin on muscle performance following a single resistance training session. <i>European Journal of Applied Physiology</i> , 2018, 118, 1021-1031.	2.5	26
64	The influence of skeletal muscle on appetite regulation. <i>Expert Review of Endocrinology and Metabolism</i> , 2019, 14, 267-282.	2.4	26
65	Muscle temperature has a different effect on force fluctuations in young and older women. <i>Clinical Neurophysiology</i> , 2007, 118, 762-769.	1.5	25
66	EFFECTS OF A SIX-MONTH MULTI-INGREDIENT NUTRITION SUPPLEMENT INTERVENTION OF OMEGA-3 POLYUNSATURATED FATTY ACIDS, VITAMIN D, RESVERATROL, AND WHEY PROTEIN ON COGNITIVE FUNCTION IN OLDER ADULTS: A RANDOMISED, DOUBLE-BLIND, CONTROLLED TRIAL. <i>Journal of prevention of Alzheimer's disease, The</i> , 2018, 5, 1-9.	2.7	25
67	Developing a toolkit for the assessment and monitoring of musculoskeletal ageing. <i>Age and Ageing</i> , 2018, 47, iv1-iv19.	1.6	25
68	Physiological costs and temporo-spatial parameters of walking on a treadmill vary with body weight unloading and speed in both healthy young and older women. <i>European Journal of Applied Physiology</i> , 2007, 100, 293-299.	2.5	24
69	Effect of mental fatigue on induced tremor in human knee extensors. <i>Journal of Electromyography and Kinesiology</i> , 2014, 24, 412-418.	1.7	24
70	Does supplementation with leucine-enriched protein alone and in combination with fish-oil-derived n-3 PUFA affect muscle mass, strength, physical performance, and muscle protein synthesis in well-nourished older adults? A randomized, double-blind, placebo-controlled trial. <i>American Journal of Clinical Nutrition</i> , 2021, 113, 1411-1427.	4.7	24
71	Is the Olympic Boardsailor an Endurance Athlete?. <i>International Journal of Sports Medicine</i> , 1997, 18, 281-284.	1.7	23
72	Assessment of post-competition peak blood lactate in male and female master swimmers aged 40-79 years and its relationship with swimming performance. <i>European Journal of Applied Physiology</i> , 2007, 99, 685-693.	2.5	23

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73	Assessing Musculo-Articular Stiffness Using Free Oscillations. <i>Sports Medicine</i> , 2011, 41, 1019-1032.	6.5	23
74	Effects of Fatigue on Muscle Stiffness and Intermittent Sprinting during Cycling. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 837-845.	0.4	23
75	Assessment of musculo-articular and muscle stiffness in young and older men. <i>Muscle and Nerve</i> , 2012, 46, 559-565.	2.2	23
76	Effects of a low-intensity conditioning programme on $\dot{V}\dot{E}^{\text{TM}}\text{O}_2\text{max}$ and maximal instantaneous peak power in elderly women. <i>European Journal of Applied Physiology and Occupational Physiology</i> , 1999, 80, 227-232.	1.2	22
77	Low dosage monophasic oral contraceptive use and intermittent exercise performance and metabolism in humans. <i>European Journal of Applied Physiology</i> , 2001, 84, 296-301.	2.5	21
78	Moderate alterations in lower limbs muscle temperature do not affect postural stability during quiet standing in both young and older women. <i>Journal of Electromyography and Kinesiology</i> , 2007, 17, 292-298.	1.7	21
79	Age-related Changes in Motor Function (I). Mechanical and Neuromuscular Factors. <i>International Journal of Sports Medicine</i> , 2020, 41, 709-719.	1.7	21
80	Alpha Band Cortico-Muscular Coherence Occurs in Healthy Individuals during Mechanically-Induced Tremor. <i>PLoS ONE</i> , 2014, 9, e115012.	2.5	21
81	Is the coactivation of biceps femoris during isometric knee extension affected by adiposity in healthy young humans?. <i>Journal of Electromyography and Kinesiology</i> , 2003, 13, 425-431.	1.7	20
82	PHYSIOLOGICAL RESPONSES TO FITNESS ACTIVITIES. <i>Journal of Strength and Conditioning Research</i> , 2004, 18, 719-722.	2.1	19
83	The body fat-cognition relationship in healthy older individuals: Does gynoid vs android distribution matter?. <i>Journal of Nutrition, Health and Aging</i> , 2017, 21, 284-292.	3.3	19
84	The effect of induced alkalosis and submaximal cycling on neuromuscular response during sustained isometric contraction. <i>Journal of Sports Sciences</i> , 2009, 27, 1261-1269.	2.0	17
85	Muscle fibre conduction velocity and cardiorespiratory response during incremental cycling exercise in young and older individuals with different training status. <i>Journal of Electromyography and Kinesiology</i> , 2010, 20, 566-571.	1.7	17
86	Effects of $\hat{\Gamma}$ -lipoic Acid on mtDNA Damage after Isolated Muscle Contractions. <i>Medicine and Science in Sports and Exercise</i> , 2013, 45, 1469-1477.	0.4	17
87	Effect of exercise training on neuromuscular function of elbow flexors and knee extensors of type 2 diabetic patients. <i>Journal of Electromyography and Kinesiology</i> , 2015, 25, 815-823.	1.7	17
88	Plasma C-Terminal Agrin Fragment as an Early Biomarker for Sarcopenia: Results From the GenoFit Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, 76, 2090-2096.	3.6	17
89	Executive function moderates the role of muscular fitness in determining functional mobility in older adults. <i>Aging Clinical and Experimental Research</i> , 2013, 25, 291-298.	2.9	16
90	Comparative effect of a 1 h session of electrical muscle stimulation and walking activity on energy expenditure and substrate oxidation in obese subjects. <i>Applied Physiology, Nutrition and Metabolism</i> , 2013, 38, 57-65.	1.9	16

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91	Neuromuscular Electrical Stimulation Can Elicit Aerobic Exercise Response Without Undue Discomfort in Healthy Physically Active Adults. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 208-215.	2.1	16
92	Dexterity Training Improves Manual Precision in Patients Affected by Essential Tremor. <i>Archives of Physical Medicine and Rehabilitation</i> , 2014, 95, 705-710.	0.9	16
93	Different Effect of Local and General Fatigue on Knee Joint Stiffness. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 173-182.	0.4	16
94	Effects of repeated ankle plantar-flexions on H-reflex and body sway during standing. <i>Journal of Electromyography and Kinesiology</i> , 2009, 19, 85-92.	1.7	15
95	Comparison of the effect of multicomponent and resistance training programs on metabolic health parameters in the elderly. <i>Archives of Gerontology and Geriatrics</i> , 2015, 60, 412-417.	3.0	15
96	The Impact of Exercise Intervention with Rhythmic Auditory Stimulation to Improve Gait and Mobility in Parkinson Disease: An Umbrella Review. <i>Brain Sciences</i> , 2021, 11, 685.	2.3	15
97	Plasma neurofilament light levels associate with muscle mass and strength in middle-aged and older adults: findings from GenoFit. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2022, 13, 1811-1820.	7.3	15
98	Reliability of quantitative TUG measures of mobility for use in falls risk assessment. , 2011, 2011, 466-9.		14
99	Effects of Aging and Training Status on Ventilatory Response During Incremental Cycling Exercise. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 1326-1332.	2.1	14
100	Effect of sex and fatigue on muscle stiffness and musculoarticular stiffness of the knee joint in a young active population. <i>Journal of Sports Sciences</i> , 2017, 35, 1-10.	2.0	14
101	Age Related Changes in Motor Function (II). Decline in Motor Performance Outcomes. <i>International Journal of Sports Medicine</i> , 2021, 42, 215-226.	1.7	14
102	Physiological assessment of Olympic windsurfers. <i>European Journal of Sport Science</i> , 2015, 15, 228-234.	2.7	13
103	Validity and inter-day reliability of a free-oscillation test to measure knee extensor and knee flexor musculo-articular stiffness. <i>Journal of Electromyography and Kinesiology</i> , 2011, 21, 492-498.	1.7	12
104	Effects of acute aerobic, resistance and combined exercises on 24-h glucose variability and skeletal muscle signalling responses in type 1 diabetics. <i>European Journal of Applied Physiology</i> , 2020, 120, 2677-2691.	2.5	12
105	Effects of a Long Chain n-3 Polyunsaturated Fatty Acid-rich Multi-ingredient Nutrition Supplement on Body Composition and Physical Function in Older Adults with Low Skeletal Muscle Mass. <i>Journal of Dietary Supplements</i> , 2022, 19, 499-514.	2.6	12
106	Neuro-muscular electrical stimulation training enhances maximal aerobic capacity in healthy physically active adults. , 2009, 2009, 2137-40.		10
107	Benefits of a worksite or home-based bench stepping intervention for sedentary middle-aged adults – a pilot study. <i>Clinical Physiology and Functional Imaging</i> , 2014, 34, 10-17.	1.2	10
108	Co-ingestion of protein or a protein hydrolysate with carbohydrate enhances anabolic signaling, but not glycogen resynthesis, following recovery from prolonged aerobic exercise in trained cyclists. <i>European Journal of Applied Physiology</i> , 2018, 118, 349-359.	2.5	10

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109	Neuromechanics of repeated stepping with external loading in young and older women. <i>European Journal of Applied Physiology</i> , 2014, 114, 983-994.	2.5	9
110	An investigation into the relationship between heart rate variability and the ventilatory threshold in healthy moderately trained males. <i>Clinical Physiology and Functional Imaging</i> , 2018, 38, 455-461.	1.2	9
111	Low Volume, Home-Based Weighted Step Exercise Training Can Improve Lower Limb Muscle Power and Functional Ability in Community-Dwelling Older Women. <i>Journal of Clinical Medicine</i> , 2019, 8, 41.	2.4	9
112	Altered muscle mitochondrial, inflammatory and trophic markers, and reduced exercise training adaptations in type 1 diabetes. <i>Journal of Physiology</i> , 2022, 600, 1405-1418.	2.9	9
113	Mineral rich algae with pine bark improved pain, physical function and analgesic use in mild-knee joint osteoarthritis, compared to Glucosamine: A randomized controlled pilot trial. <i>Complementary Therapies in Medicine</i> , 2020, 50, 102349.	2.7	8
114	Self-directed exercise programmes in sedentary middle-aged individuals in good overall health; a systematic review. <i>Preventive Medicine</i> , 2018, 114, 156-163.	3.4	7
115	Physiological profile comparison between high intensity functional training, endurance and power athletes. <i>European Journal of Applied Physiology</i> , 2022, 122, 531-539.	2.5	7
116	Effects of a Low-Volume, Vigorous Intensity Step Exercise Program on Functional Mobility in Middle-Aged Adults. <i>Annals of Biomedical Engineering</i> , 2013, 41, 1748-1757.	2.5	6
117	Analysis of the effects of mechanically induced tremor on EEG-EMG coherence using wavelet and partial directed coherence. , 2013, , .		6
118	Torque steadiness and neuromuscular responses following fatiguing concentric exercise of the knee extensor and flexor muscles in young and older individuals. <i>Experimental Gerontology</i> , 2019, 124, 110636.	2.8	6
119	Cardiovascular response during low-intensity step-aerobic dance in middle-aged subjects. <i>European Journal of Sport Science</i> , 2001, 1, 1-7.	2.7	5
120	Influence of angular velocity on <i>Vastus Lateralis</i> and <i>Rectus Femoris</i> oxygenation dynamics during knee extension exercises. <i>Clinical Physiology and Functional Imaging</i> , 2011, 31, 352-357.	1.2	5
121	Reliability of walking speed in basic and complex conditions in healthy, older community-dwelling individuals. <i>Aging Clinical and Experimental Research</i> , 2021, 33, 311-317.	2.9	5
122	Semi-automated Tracing of Hamstring Muscle Architecture for B-mode Ultrasound Images. <i>International Journal of Sports Medicine</i> , 2022, 43, 23-28.	1.7	5
123	Innovative pAnt Protein fibre and Physical activity solutions to address poor appEtite and prevenT undernutriTion in oldEr adults â€“ APPETITE. <i>Nutrition Bulletin</i> , 2021, 46, 486-496.	1.8	5
124	Assessment of aerobic endurance: a comparison between CDâ€™ROM and laboratoryâ€™based instruction. <i>British Journal of Educational Technology</i> , 2002, 33, 159-172.	6.3	4
125	Sources of Variability in Musculo-Articular Stiffness Measurement. <i>PLoS ONE</i> , 2013, 8, e63719.	2.5	4
126	Personalised Prescription of Scalable High Intensity Interval Training to Inactive Female Adults of Different Ages. <i>PLoS ONE</i> , 2016, 11, e0148702.	2.5	4

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127	Changes in knee joint angle affect torque steadiness differently in young and older individuals. <i>Journal of Electromyography and Kinesiology</i> , 2019, 47, 49-56.	1.7	4
128	Strength training and gross-motor skill exercise as interventions to improve postural control, dynamic functional balance and strength in older individuals. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, 61, 1570-1577.	0.7	4
129	Low intensity physical training in older subjects. <i>Journal of Sports Medicine and Physical Fitness</i> , 1997, 37, 72-7.	0.7	4
130	Effects of central sympathetic inhibition on heart rate variability during steady-state exercise in healthy humans. <i>Clinical Physiology</i> , 2002, 22, 32-38.	0.7	3
131	Effects of acute exercise on glucose control in type 1 diabetes: A systematic review. <i>Translational Sports Medicine</i> , 2019, 2, 49-57.	1.1	3
132	Age-related fatigability in knee extensors and knee flexors during dynamic fatiguing contractions. <i>Journal of Electromyography and Kinesiology</i> , 2022, 62, 102626.	1.7	3
133	Effect of oral glucose supplementation on surface EMG during fatiguing dynamic exercise. , 2016, 2016, 3498-3502.		2
134	Is it feasible to combine non-standard exercise prescriptions with novel smartphone adaptive coaching systems to improve physical activity and health related outcomes in type 2 diabetes mellitus?. , 2018, , .		2
135	Physical Activity and Glycemic Control Status in Chinese Patients with Type 2 Diabetes: A Secondary Analysis of a Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4292.	2.6	2
136	NEUROMUSCULAR TRAINING EFFECTS ON THE STIFFNESS PROPERTIES OF THE KNEE JOINT AND LANDING BIOMECHANICS OF YOUNG FEMALE RECREATIONAL ATHLETES. <i>British Journal of Sports Medicine</i> , 2017, 51, 405.2-405.	6.7	1
137	SUN-LB651: Prevalence of Sarcopenia in Community-Dwelling Older Adults in Ireland: Comparison of EWGSOP1 and EWGSOP2 Definitions. <i>Clinical Nutrition</i> , 2019, 38, S301.	5.0	1
138	Prevalence of sarcopenia in community-dwelling older adults in Ireland: comparison of EWGSOP1 and EWGSOP2 definitions. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	1.0	1
139	Effects of sympathetic inhibition on exertional dyspnoea, ventilatory and metabolic responses to exercise in normotensive humans. <i>Clinical Science</i> , 2000, 99, 223.	4.3	0
140	Corrigendum to "Effects of aldosterone receptor blockade in patients with mild-moderate heart failure taking a beta-blocker" [European Journal of Heart Failure 9/4 (2007) 429-434]. <i>European Journal of Heart Failure</i> , 2007, 9, 1074-1074.	7.1	0
141	The relationship between fitness levels and metabolomic profiles in healthy adults. <i>Proceedings of the Nutrition Society</i> , 2011, 70, .	1.0	0
142	THE EFFECTS OF FATIGUE ON PEAK TORQUE, MUSCLE STIFFNESS, AND MUSCULOARTICULAR STIFFNESS OF THE KNEE JOINT IN YOUNG MALE ATHLETES. <i>British Journal of Sports Medicine</i> , 2014, 48, 670.2-670.	6.7	0
143	Lipid Oxidation At Rest And During Exercise In Athletes With A Locomotor Impairment. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 825.	0.4	0
144	Plasma Creatine Kinetics After Ingestion of Microencapsulated Creatine Monohydrate with Enhanced Stability in Aqueous Solutions. <i>Journal of Dietary Supplements</i> , 2017, 14, 433-445.	2.6	0

#	ARTICLE	IF	CITATIONS
145	An examination of the determinants of low muscle mass and low muscle strength in older adults in Ireland. Proceedings of the Nutrition Society, 2017, 76, .	1.0	0
146	Comparison of Neuromotor and Progressive Resistance Exercise Training to Improve Mobility and Fitness in Community-Dwelling Older Women. Journal of Science in Sport and Exercise, 2019, 1, 124-131.	1.0	0
147	An investigation into the feasibility of an adaptive coaching smartphone application used in conjunction with a novel exercise programme in sedentary individuals with type 2 diabetes mellitus. , 2018, , .		0