

# Joanna J Arch

## List of Publications by Year in descending order

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Version: 2024-02-01

71  
papers

4,664  
citations

147801

31  
h-index

102487

66  
g-index

76  
all docs

76  
docs citations

76  
times ranked

4907  
citing authors

#	ARTICLE	IF	CITATIONS
1	Mechanisms of mindfulness: Emotion regulation following a focused breathing induction. <i>Behaviour Research and Therapy</i> , 2006, 44, 1849-1858.	3.1	695
2	Randomized clinical trial of cognitive behavioral therapy (CBT) versus acceptance and commitment therapy (ACT) for mixed anxiety disorders.. <i>Journal of Consulting and Clinical Psychology</i> , 2012, 80, 750-765.	2.0	343
3	Self-compassion training modulates alpha-amylase, heart rate variability, and subjective responses to social evaluative threat in women. <i>Psychoneuroendocrinology</i> , 2014, 42, 49-58.	2.7	226
4	Acceptance and commitment therapy and cognitive behavioral therapy for anxiety disorders: Different treatments, similar mechanisms?. <i>Clinical Psychology: Science and Practice</i> , 2008, 15, 263-279.	0.9	197
5	Acceptance and Commitment Therapy: A Transdiagnostic Behavioral Intervention for Mental Health and Medical Conditions. <i>Neurotherapeutics</i> , 2017, 14, 546-553.	4.4	187
6	Heart rate and heart rate variability in panic, social anxiety, obsessive-compulsive, and generalized anxiety disorders at baseline and in response to relaxation and hyperventilation. <i>International Journal of Psychophysiology</i> , 2013, 87, 19-27.	1.0	181
7	Longitudinal treatment mediation of traditional cognitive behavioral therapy and acceptance and commitment therapy for anxiety disorders. <i>Behaviour Research and Therapy</i> , 2012, 50, 469-478.	3.1	170
8	Moderators and non-specific predictors of treatment outcome for anxiety disorders: A comparison of cognitive behavioral therapy to acceptance and commitment therapy.. <i>Journal of Consulting and Clinical Psychology</i> , 2012, 80, 786-799.	2.0	169
9	Randomized controlled trial of cognitive behavioral therapy and acceptance and commitment therapy for social phobia: Outcomes and moderators.. <i>Journal of Consulting and Clinical Psychology</i> , 2014, 82, 1034-1048.	2.0	164
10	First-line Treatment: A Critical Appraisal of Cognitive Behavioral Therapy Developments and Alternatives. <i>Psychiatric Clinics of North America</i> , 2009, 32, 525-547.	1.3	162
11	Neural correlates of focused attention during a brief mindfulness induction. <i>Social Cognitive and Affective Neuroscience</i> , 2013, 8, 40-47.	3.0	153
12	Laboratory stressors in clinically anxious and non-anxious individuals: The moderating role of mindfulness. <i>Behaviour Research and Therapy</i> , 2010, 48, 495-505.	3.1	134
13	Randomized clinical trial of adapted mindfulness-based stress reduction versus group cognitive behavioral therapy for heterogeneous anxiety disorders. <i>Behaviour Research and Therapy</i> , 2013, 51, 185-196.	3.1	117
14	Considering Meta-Analysis, Meaning, and Metaphor: A Systematic Review and Critical Examination of "Third Wave" Cognitive and Behavioral Therapies. <i>Behavior Therapy</i> , 2016, 47, 886-905.	2.4	99
15	The state of personalized treatment for anxiety disorders: A systematic review of treatment moderators. <i>Clinical Psychology Review</i> , 2015, 38, 39-54.	11.4	97
16	Strategies for Improving Long-Term Outcomes in Cognitive Behavioral Therapy for Obsessive-Compulsive Disorder: Insights From Learning Theory. <i>Cognitive and Behavioral Practice</i> , 2014, 21, 20-31.	1.5	85
17	Has evidence-based psychosocial treatment for anxiety disorders permeated usual care in community mental health settings?. <i>Behaviour Research and Therapy</i> , 2015, 72, 9-17.	3.1	85
18	Pregnancy-specific anxiety: which women are highest and what are the alcohol-related risks?. <i>Comprehensive Psychiatry</i> , 2013, 54, 217-228.	3.1	79

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19	Enjoying food without caloric cost: The impact of brief mindfulness on laboratory eating outcomes. <i>Behaviour Research and Therapy</i> , 2016, 79, 23-34.	3.1	77
20	Acceptance and Commitment Therapy for Anxiety Disorders: Three Case Studies Exemplifying a Unified Treatment Protocol. <i>Cognitive and Behavioral Practice</i> , 2009, 16, 368-385.	1.5	75
21	Cognitive Mediators of Treatment for Social Anxiety Disorder: Comparing Acceptance and Commitment Therapy and Cognitive-Behavioral Therapy. <i>Behavior Therapy</i> , 2014, 45, 664-677.	2.4	74
22	Social anxiety is characterized by biased learning about performance and the self.. <i>Emotion</i> , 2017, 17, 1144-1155.	1.8	72
23	An Acceptance and Commitment Therapy (ACT) group intervention for cancer survivors experiencing anxiety at re-entry. <i>Psycho-Oncology</i> , 2016, 25, 610-615.	2.3	71
24	Which treatment worked better for whom? Moderators of group cognitive behavioral therapy versus adapted mindfulness based stress reduction for anxiety disorders. <i>Behaviour Research and Therapy</i> , 2013, 51, 434-442.	3.1	69
25	Exposure therapy for obsessive-compulsive disorder: An optimizing inhibitory learning approach. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2015, 6, 174-182.	1.5	65
26	Cognitive behavioral therapy and pharmacotherapy for anxiety: Treatment preferences and credibility among pregnant and non-pregnant women. <i>Behaviour Research and Therapy</i> , 2014, 52, 53-60.	3.1	60
27	Are exposure-based cognitive behavioral therapies safe during pregnancy?. <i>Archives of Women's Mental Health</i> , 2012, 15, 445-457.	2.6	54
28	Physiological and behavioral indices of emotion dysregulation as predictors of outcome from cognitive behavioral therapy and acceptance and commitment therapy for anxiety. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2015, 46, 35-43.	1.2	49
29	Predictors and moderators of biopsychological social stress responses following brief self-compassion meditation training. <i>Psychoneuroendocrinology</i> , 2016, 69, 35-40.	2.7	47
30	The Longitudinal Effect of Emotion Regulation Strategies on Anxiety Levels in Children and Adolescents. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2018, 47, 978-991.	3.4	47
31	The credibility of exposure therapy: Does the theoretical rationale matter?. <i>Behaviour Research and Therapy</i> , 2015, 72, 81-92.	3.1	37
32	Safety behaviors, experiential avoidance, and anxiety: A path analysis approach. <i>Journal of Anxiety Disorders</i> , 2019, 64, 9-15.	3.2	33
33	Addressing Relapse in Cognitive Behavioral Therapy for Panic Disorder: Methods for Optimizing Long-Term Treatment Outcomes. <i>Cognitive and Behavioral Practice</i> , 2011, 18, 306-315.	1.5	30
34	A closer lens: Cancer survivors' supportive intervention preferences and interventions received. <i>Psycho-Oncology</i> , 2018, 27, 1434-1441.	2.3	30
35	Case study: A novel application of mindfulness- and acceptance-based components to treat misophonia. <i>Journal of Contextual Behavioral Science</i> , 2017, 6, 221-225.	2.6	27
36	A Preliminary Exploration of the Barriers to Delivering (and Receiving) Exposure-Based Cognitive Behavioral Therapy for Anxiety Disorders in Adult Community Mental Health Settings. <i>Community Mental Health Journal</i> , 2018, 54, 899-911.	2.0	27

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37	Using Mechanical Turk for research on cancer survivors. <i>Psycho-Oncology</i> , 2017, 26, 1593-1603.	2.3	26
38	Acceptance and commitment therapy for the treatment of anxiety disorders: a concise review. <i>Current Opinion in Psychology</i> , 2015, 2, 70-74.	4.9	24
39	Applying a novel statistical method to advance the personalized treatment of anxiety disorders: A composite moderator of comparative drop-out from CBT and ACT. <i>Behaviour Research and Therapy</i> , 2017, 91, 13-23.	3.1	21
40	Stakeholder Perceptions of the Barriers to Receiving and Delivering Exposure-Based Cognitive Behavioral Therapy for Anxiety Disorders in Adult Community Mental Health Settings. <i>Community Mental Health Journal</i> , 2019, 55, 83-99.	2.0	21
41	Self-compassion induction enhances recovery from social stressors: Comparing adults with social anxiety disorder and healthy controls. <i>Anxiety, Stress and Coping</i> , 2018, 31, 594-609.	2.9	20
42	Acceptability, Feasibility, and Efficacy Potential of a Multimodal Acceptance and Commitment Therapy Intervention to Address Psychosocial and Advance Care Planning Needs among Anxious and Depressed Adults with Metastatic Cancer. <i>Journal of Palliative Medicine</i> , 2020, 23, 1380-1385.	1.1	20
43	Letter to the editor: Potential treatment targets for misophonia. <i>General Hospital Psychiatry</i> , 2015, 37, 370-371.	2.4	19
44	Implications of naturalistic use of pharmacotherapy in CBT treatment for panic disorder. <i>Behaviour Research and Therapy</i> , 2007, 45, 1435-1447.	3.1	18
45	Randomized trial of acceptance and commitment therapy for anxious cancer survivors in community clinics: Outcomes and moderators. <i>Journal of Consulting and Clinical Psychology</i> , 2021, 89, 327-340.	2.0	18
46	DEFICITS IN DISENGAGING ATTENTION FROM THREAT PREDICT IMPROVED RESPONSE TO COGNITIVE BEHAVIORAL THERAPY FOR ANXIETY. <i>Depression and Anxiety</i> , 2015, 32, 892-899.	4.1	17
47	The relationship between stressful events, emotion dysregulation, and anxiety symptoms among youth: longitudinal support for stress causation but not stress generation. <i>Anxiety, Stress and Coping</i> , 2021, 34, 157-172.	2.9	16
48	Acceptance and Commitment Therapy Processes and Mediation: Challenges and How to Address Them. <i>Behavior Therapy</i> , 2023, 54, 971-988.	2.4	16
49	Correlates of alcohol use among anxious and depressed primary care patients. <i>General Hospital Psychiatry</i> , 2006, 28, 37-42.	2.4	14
50	Randomized Controlled Pilot Trial of a Low-Touch Remotely-Delivered Values Intervention to Promote Adherence to Adjuvant Endocrine Therapy Among Breast Cancer Survivors. <i>Annals of Behavioral Medicine</i> , 2022, 56, 856-871.	2.9	13
51	Psychological flexibility in older adulthood: a scoping review. <i>Aging and Mental Health</i> , 2023, 27, 453-465.	2.8	12
52	Off-task thinking among adults with and without social anxiety disorder: an ecological momentary assessment study. <i>Cognition and Emotion</i> , 2021, 35, 269-281.	2.0	11
53	Examining the "usual" in usual care: a critical review and recommendations for usual care conditions in psycho-oncology. <i>Supportive Care in Cancer</i> , 2019, 27, 1591-1600.	2.2	10
54	A randomized controlled trial of a group acceptance-based intervention for cancer survivors experiencing anxiety at re-entry (â€˜Valued Livingâ€™): study protocol. <i>BMC Cancer</i> , 2019, 19, 89.	2.6	9

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55	Presence and predictors of anxiety disorder onset following cancer diagnosis among anxious cancer survivors. <i>Supportive Care in Cancer</i> , 2020, 28, 4425-4433.	2.2	8
56	Treating Anxiety During Pregnancy: Patient Concerns About Pharmaceutical Treatment. <i>Maternal and Child Health Journal</i> , 2020, 24, 439-446.	1.5	8
57	Does the Theoretical Perspective of Exposure Framing Matter? Acceptance, Fear Reduction/Cognitive Reappraisal, and Values-Framing of Exposure for Social Anxiety. <i>Journal of Cognitive Psychotherapy</i> , 2016, 30, 77-93.	0.4	8
58	Cancer survivors' perceived vulnerability to COVID-19 and impacts on cognitive, affective, and behavioral responses to the pandemic. <i>Journal of Psychosocial Oncology</i> , 2021, 39, 366-384.	1.2	7
59	Beliefs about safety behaviours in the prediction of safety behaviour use. <i>Behavioural and Cognitive Psychotherapy</i> , 2019, 47, 631-644.	1.2	6
60	Lived experiences of women reporting fatigue during PARP inhibitor maintenance treatment for advanced ovarian cancer: A qualitative study. <i>Gynecologic Oncology</i> , 2021, 160, 227-233.	1.4	6
61	A Randomized Trial of Brief Online Interventions to Facilitate Treatment Seeking for Social Anxiety. <i>Behavior Modification</i> , 2021, , 014544552110400.	1.6	6
62	The Questionnaire on Self-Transcendence (QUEST): A Measure of Trait Self-Transcendence Informed by Contextual Cognitive Behavioral Therapies. <i>Assessment</i> , 2022, 29, 508-526.	3.1	5
63	An Integrative Framework of Appraisal and Adaptation in Serious Medical Illness. <i>Journal of Pain and Symptom Management</i> , 2020, 60, 657-677.e6.	1.2	4
64	Intervention and mediation effects of target processes in a randomized controlled trial of Acceptance and Commitment Therapy for anxious cancer survivors in community oncology clinics. <i>Behaviour Research and Therapy</i> , 2022, 153, 104103.	3.1	4
65	VA-Academic Partnerships: Challenges and Rewards for New VA Mental Health Investigators. <i>Community Mental Health Journal</i> , 2013, 49, 709-713.	2.0	2
66	A Taxometric Analysis of Experiential Avoidance. <i>Behavior Therapy</i> , 2021, 52, 208-220.	2.4	2
67	Evaluating the efficacy of common humanity-enhanced exposure for socially anxious young adults. <i>Journal of Anxiety Disorders</i> , 2022, 87, 102542.	3.2	2
68	Response to Nadler's Commentary on Arch and Craske's (2011) "Addressing Relapse in Cognitive Behavioral Therapy for Panic Disorder: Methods for Optimizing Long-Term Treatment Outcomes" Cognitive and Behavioral Practice, 2012, 19, 384-385.	1.5	1
69	Anxiety and its correlates among young adults with a history of parental cancer. <i>Journal of Psychosocial Oncology</i> , 2017, 35, 597-613.	1.2	1
70	Is acceptance and commitment therapy effective in addressing critical outcomes associated with cancer survivorship?. <i>Evidence-Based Practice</i> , 2020, 23, 8-9.	0.0	1
71	Examining the effects of prior Acceptance and Commitment Therapy (ACT) treatment among anxious cancer survivors during the COVID-19 pandemic: Evidence from a randomized controlled trial. <i>Journal of Contextual Behavioral Science</i> , 2022, 24, 31-37.	2.6	1