

Samir El Alaoui

List of Publications by Year in descending order

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Version: 2024-02-01

91
papers

4,881
citations

109321

35
h-index

102487

66
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95
all docs

95
docs citations

95
times ranked

4107
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 1 | Cognitive behavior therapy via the Internet: a systematic review of applications, clinical efficacy and cost-effectiveness. <i>Expert Review of Pharmacoeconomics and Outcomes Research</i> , 2012, 12, 745-764. | 1.4 | 556 |
| 2 | Internet-Based Cognitive Behavior Therapy vs. Cognitive Behavioral Group Therapy for Social Anxiety Disorder: A Randomized Controlled Non-inferiority Trial. <i>PLoS ONE</i> , 2011, 6, e18001. | 2.5 | 223 |
| 3 | Internet-delivered exposure and mindfulness based therapy for irritable bowel syndrome – A randomized controlled trial. <i>Behaviour Research and Therapy</i> , 2010, 48, 531-539. | 3.1 | 210 |
| 4 | Internet administration of self-report measures commonly used in research on social anxiety disorder: A psychometric evaluation. <i>Computers in Human Behavior</i> , 2010, 26, 736-740. | 8.5 | 184 |
| 5 | Effectiveness of Internet-based cognitive behaviour therapy for depression in routine psychiatric care. <i>Journal of Affective Disorders</i> , 2014, 155, 49-58. | 4.1 | 181 |
| 6 | Internet-Delivered Exposure-Based Treatment vs. Stress Management for Irritable Bowel Syndrome: A Randomized Trial. <i>American Journal of Gastroenterology</i> , 2011, 106, 1481-1491. | 0.4 | 170 |
| 7 | Internet-based cognitive-behavioural therapy for severe health anxiety: randomised controlled trial. <i>British Journal of Psychiatry</i> , 2011, 198, 230-236. | 2.8 | 167 |
| 8 | Internet-versus group-administered cognitive behaviour therapy for panic disorder in a psychiatric setting: a randomised trial. <i>BMC Psychiatry</i> , 2010, 10, 54. | 2.6 | 153 |
| 9 | Cost-effectiveness of Internet-based cognitive behavior therapy vs. cognitive behavioral group therapy for social anxiety disorder: Results from a randomized controlled trial. <i>Behaviour Research and Therapy</i> , 2011, 49, 729-736. | 3.1 | 150 |
| 10 | Effectiveness of Internet-based cognitive behaviour therapy for panic disorder in routine psychiatric care. <i>Acta Psychiatrica Scandinavica</i> , 2013, 128, 457-467. | 4.5 | 114 |
| 11 | A 5-Year Follow-up of Internet-Based Cognitive Behavior Therapy for Social Anxiety Disorder. <i>Journal of Medical Internet Research</i> , 2011, 13, e39. | 4.3 | 107 |
| 12 | Guided internet cognitive behavioral therapy for insomnia compared to a control treatment – A randomized trial. <i>Behaviour Research and Therapy</i> , 2015, 71, 90-100. | 3.1 | 104 |
| 13 | Acceptability, effectiveness, and cost-effectiveness of internet-based exposure treatment for irritable bowel syndrome in a clinical sample: a randomized controlled trial. <i>BMC Gastroenterology</i> , 2011, 11, 110. | 2.0 | 102 |
| 14 | Provoking symptoms to relieve symptoms: A randomized controlled dismantling study of exposure therapy in irritable bowel syndrome. <i>Behaviour Research and Therapy</i> , 2014, 55, 27-39. | 3.1 | 102 |
| 15 | Internet-Delivered Cognitive Behavior Therapy for Adolescents With Irritable Bowel Syndrome: A Randomized Controlled Trial. <i>American Journal of Gastroenterology</i> , 2017, 112, 152-162. | 0.4 | 96 |
| 16 | Long-term follow-up of internet-delivered exposure and mindfulness based treatment for irritable bowel syndrome. <i>Behaviour Research and Therapy</i> , 2011, 49, 58-61. | 3.1 | 87 |
| 17 | Internet-delivered exposure-based cognitive-behavioural therapy and behavioural stress management for severe health anxiety: randomised controlled trial. <i>British Journal of Psychiatry</i> , 2014, 205, 307-314. | 2.8 | 87 |
| 18 | Exposure-based cognitive-behavioural therapy via the internet and as bibliotherapy for somatic symptom disorder and illness anxiety disorder: randomised controlled trial. <i>British Journal of Psychiatry</i> , 2016, 209, 407-413. | 2.8 | 83 |

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|----|--|------|-----------|
| 19 | Predictors of Symptomatic Change and Adherence in Internet-Based Cognitive Behaviour Therapy for Social Anxiety Disorder in Routine Psychiatric Care. PLoS ONE, 2015, 10, e0124258. | 2.5 | 80 |
| 20 | Therapist guided internet based cognitive behavioural therapy for body dysmorphic disorder: single blind randomised controlled trial. BMJ, The, 2016, 352, i241. | 6.0 | 78 |
| 21 | Effectiveness of Internet-based cognitive behavior therapy for social anxiety disorder in clinical psychiatry.. Journal of Consulting and Clinical Psychology, 2015, 83, 902-914. | 2.0 | 75 |
| 22 | Mechanisms of change in an exposure-based treatment for irritable bowel syndrome.. Journal of Consulting and Clinical Psychology, 2013, 81, 1113-1126. | 2.0 | 74 |
| 23 | Clinical effectiveness and cost-effectiveness of Internet- vs. group-based cognitive behavior therapy for social anxiety disorder: 4-Year follow-up of a randomized trial. Behaviour Research and Therapy, 2014, 59, 20-29. | 3.1 | 68 |
| 24 | Exposure and mindfulness based therapy for irritable bowel syndrome – An open pilot study. Journal of Behavior Therapy and Experimental Psychiatry, 2010, 41, 185-190. | 1.2 | 64 |
| 25 | Effect of Internet vs Face-to-Face Cognitive Behavior Therapy for Health Anxiety. JAMA Psychiatry, 2020, 77, 915. | 11.0 | 64 |
| 26 | A Rome Working Team Report on Brain-Gut Behavior Therapies for Disorders of Gut-Brain Interaction. Gastroenterology, 2022, 162, 300-315. | 1.3 | 64 |
| 27 | Cost-effectiveness of internet-based cognitive behavior therapy for irritable bowel syndrome: results from a randomized controlled trial. BMC Public Health, 2011, 11, 215. | 2.9 | 62 |
| 28 | Telephone Versus Internet Administration of Self-Report Measures of Social Anxiety, Depressive Symptoms, and Insomnia: Psychometric Evaluation of a Method to Reduce the Impact of Missing Data. Journal of Medical Internet Research, 2013, 15, e229. | 4.3 | 59 |
| 29 | Optimal Cut-Off Points on the Health Anxiety Inventory, Illness Attitude Scales and Whiteley Index to Identify Severe Health Anxiety. PLoS ONE, 2015, 10, e0123412. | 2.5 | 55 |
| 30 | Clinical and Cost Effectiveness of Online Cognitive Behavioral Therapy in Children With Functional Abdominal Pain Disorders. Clinical Gastroenterology and Hepatology, 2019, 17, 2236-2244.e11. | 4.4 | 48 |
| 31 | Effectiveness and Cost Offset Analysis of Group CBT for Hypochondriasis Delivered in a Psychiatric Setting: An Open Trial. Cognitive Behaviour Therapy, 2010, 39, 239-250. | 3.5 | 45 |
| 32 | Predictors in Internet-delivered cognitive behavior therapy and behavioral stress management for severe health anxiety. Behaviour Research and Therapy, 2015, 64, 49-55. | 3.1 | 44 |
| 33 | Cost effectiveness of internet-based cognitive behaviour therapy and behavioural stress management for severe health anxiety. BMJ Open, 2016, 6, e009327. | 1.9 | 39 |
| 34 | Internet-Delivered Exposure-Based Cognitive-Behavioral Therapy for Adolescents With Functional Abdominal Pain or Functional Dyspepsia: A Feasibility Study. Behavior Therapy, 2019, 50, 177-188. | 2.4 | 39 |
| 35 | Internet-delivered treatment to promote health. Current Opinion in Psychiatry, 2011, 24, 1. | 6.3 | 39 |
| 36 | Predictors of outcome in Internet-based cognitive behavior therapy for severe health anxiety. Behaviour Research and Therapy, 2013, 51, 711-717. | 3.1 | 38 |

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 37 | Predicting Outcome in Internet-Based Cognitive Behaviour Therapy for Major Depression: A Large Cohort Study of Adult Patients in Routine Psychiatric Care. <i>PLoS ONE</i> , 2016, 11, e0161191. | 2.5 | 38 |
| 38 | Emotion regulation individual therapy for adolescents with nonsuicidal self-injury disorder: a feasibility study. <i>BMC Psychiatry</i> , 2017, 17, 411. | 2.6 | 37 |
| 39 | Internet-delivered acceptance and commitment therapy as microlearning for chronic pain: A randomized controlled trial with 1-year follow-up. <i>European Journal of Pain</i> , 2021, 25, 1012-1030. | 2.8 | 37 |
| 40 | Using Early Change to Predict Outcome in Cognitive Behaviour Therapy: Exploring Timeframe, Calculation Method, and Differences of Disorder-Specific versus General Measures. <i>PLoS ONE</i> , 2014, 9, e100614. | 2.5 | 36 |
| 41 | Mediators in Internet-Based Cognitive Behavior Therapy for Severe Health Anxiety. <i>PLoS ONE</i> , 2013, 8, e77752. | 2.5 | 36 |
| 42 | A genome-wide association meta-analysis of prognostic outcomes following cognitive behavioural therapy in individuals with anxiety and depressive disorders. <i>Translational Psychiatry</i> , 2019, 9, 150. | 4.8 | 35 |
| 43 | Therapist-guided, Internet-based cognitive-behavioural therapy for body dysmorphic disorder (BDD-NET): a feasibility study. <i>BMJ Open</i> , 2014, 4, e005923-e005923. | 1.9 | 34 |
| 44 | Emotion regulation group therapy for deliberate self-harm: a multi-site evaluation in routine care using an uncontrolled open trial design. <i>BMJ Open</i> , 2017, 7, e016220. | 1.9 | 33 |
| 45 | The role of avoidance behavior in the treatment of adolescents with irritable bowel syndrome: A mediation analysis. <i>Behaviour Research and Therapy</i> , 2018, 105, 27-35. | 3.1 | 33 |
| 46 | Predictors and Moderators of Internet- and Group-Based Cognitive Behaviour Therapy for Panic Disorder. <i>PLoS ONE</i> , 2013, 8, e79024. | 2.5 | 33 |
| 47 | Personality Change following Internet-Based Cognitive Behavior Therapy for Severe Health Anxiety. <i>PLoS ONE</i> , 2014, 9, e113871. | 2.5 | 31 |
| 48 | Development and Feasibility Testing of Internet-Delivered Acceptance and Commitment Therapy for Severe Health Anxiety: Pilot Study. <i>JMIR Mental Health</i> , 2018, 5, e28. | 3.3 | 30 |
| 49 | Sudden gains in internet-based cognitive behaviour therapy for severe health anxiety. <i>Behaviour Research and Therapy</i> , 2014, 54, 22-29. | 3.1 | 29 |
| 50 | Psychometric properties of Internet-administered measures of health anxiety: An investigation of the Health Anxiety Inventory, the Illness Attitude Scales, and the Whiteley Index. <i>Journal of Anxiety Disorders</i> , 2015, 31, 32-37. | 3.2 | 29 |
| 51 | Long-term outcomes and predictors of internet-delivered cognitive behavioral therapy for childhood anxiety disorders. <i>Behaviour Research and Therapy</i> , 2017, 90, 67-75. | 3.1 | 27 |
| 52 | Internet-Delivered Cognitive Behavioral Therapy for Children With Pain-Related Functional Gastrointestinal Disorders: Feasibility Study. <i>JMIR Mental Health</i> , 2017, 4, e32. | 3.3 | 27 |
| 53 | Stepped care in primary care "guided self-help and face-to-face cognitive behavioural therapy for common mental disorders: a randomized controlled trial. <i>Psychological Medicine</i> , 2018, 48, 1644-1654. | 4.5 | 26 |
| 54 | Genetics of response to cognitive behavior therapy in adults with major depression: a preliminary report. <i>Molecular Psychiatry</i> , 2019, 24, 484-490. | 7.9 | 26 |

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| 55 | Internet-delivered cognitive behavior therapy for adolescents with functional gastrointestinal disorders – An open trial. <i>Internet Interventions</i> , 2014, 1, 141-148. | 2.7 | 24 |
| 56 | Mediators of Change in Cognitive Behavior Therapy for Clinical Burnout. <i>Behavior Therapy</i> , 2019, 50, 475-488. | 2.4 | 24 |
| 57 | Long-term effectiveness and outcome predictors of therapist-guided internet-based cognitive-behavioural therapy for social anxiety disorder in routine psychiatric care. <i>BMJ Open</i> , 2015, 5, e007902. | 1.9 | 20 |
| 58 | The effect of user interface on treatment engagement in a self-guided digital problem-solving intervention: A randomized controlled trial. <i>Internet Interventions</i> , 2021, 26, 100448. | 2.7 | 20 |
| 59 | Cost-Effectiveness and Cost-Utility of Internet-Delivered Exposure Therapy for Fibromyalgia: Results From a Randomized, Controlled Trial. <i>Journal of Pain</i> , 2019, 20, 47-59. | 1.4 | 18 |
| 60 | Exposure-based cognitive behavioral therapy for irritable bowel syndrome. A single-case experimental design across 13 subjects. <i>Cognitive Behaviour Therapy</i> , 2016, 45, 415-430. | 3.5 | 17 |
| 61 | Exposure-Based Therapy for Symptom Preoccupation in Atrial Fibrillation: An Uncontrolled Pilot Study. <i>Behavior Therapy</i> , 2017, 48, 808-819. | 2.4 | 17 |
| 62 | Cost-effectiveness and long-term follow-up of three forms of minimal-contact cognitive behaviour therapy for severe health anxiety: Results from a randomised controlled trial. <i>Behaviour Research and Therapy</i> , 2018, 107, 95-105. | 3.1 | 17 |
| 63 | Cost-effectiveness of internet-delivered cognitive-behavioural therapy for adolescents with irritable bowel syndrome. <i>BMJ Open</i> , 2019, 9, e023881. | 1.9 | 17 |
| 64 | Internet-delivered acceptance and commitment therapy (iACT) for chronic pain – feasibility and preliminary effects in clinical and self-referred patients. <i>MHealth</i> , 2020, 6, 27-27. | 1.6 | 16 |
| 65 | Improvement in indices of cellular protection after psychological treatment for social anxiety disorder. <i>Translational Psychiatry</i> , 2019, 9, 340. | 4.8 | 15 |
| 66 | Internet-based cognitive behavior therapy for depression, social anxiety disorder, and panic disorder: Effectiveness and predictors of response in a teaching clinic. <i>Behaviour Research and Therapy</i> , 2021, 136, 103767. | 3.1 | 15 |
| 67 | Effects of Baseline Problematic Alcohol and Drug Use on Internet-Based Cognitive Behavioral Therapy Outcomes for Depression, Panic Disorder and Social Anxiety Disorder. <i>PLoS ONE</i> , 2014, 9, e104615. | 2.5 | 14 |
| 68 | Does internet-based cognitive behaviour therapy reduce healthcare costs and resource use in treatment of social anxiety disorder? A cost-minimisation analysis conducted alongside a randomised controlled trial. <i>BMJ Open</i> , 2017, 7, e017053. | 1.9 | 14 |
| 69 | The mediating effect of mindful non-reactivity in exposure-based cognitive behavior therapy for severe health anxiety. <i>Journal of Anxiety Disorders</i> , 2017, 50, 15-22. | 3.2 | 13 |
| 70 | Health anxiety in obsessive compulsive disorder and obsessive compulsive symptoms in severe health anxiety: An investigation of symptom profiles. <i>Journal of Anxiety Disorders</i> , 2017, 45, 80-86. | 3.2 | 12 |
| 71 | Combining Time-Driven Activity-Based Costing with Clinical Outcome in Cost-Effectiveness Analysis to Measure Value in Treatment of Depression. <i>PLoS ONE</i> , 2016, 11, e0165389. | 2.5 | 11 |
| 72 | Predictors of outcome in guided self-help cognitive behavioural therapy for common mental disorders in primary care. <i>Cognitive Behaviour Therapy</i> , 2020, 49, 455-474. | 3.5 | 11 |

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|----|--|-----|-----------|
| 73 | Behavioral avoidance moderates the effect of exposure therapy for irritable bowel syndrome: A secondary analysis of results from a randomized component trial. <i>Behaviour Research and Therapy</i> , 2021, 141, 103862. | 3.1 | 10 |
| 74 | Internet-Based Biofeedback-Assisted Relaxation Training in the Treatment of Hypertension: A Pilot Study. <i>Applied Psychophysiology Biofeedback</i> , 2010, 35, 163-170. | 1.7 | 9 |
| 75 | The impact of exposure-based cognitive behavior therapy for severe health anxiety on self-rated health: Results from a randomized trial. <i>Journal of Psychosomatic Research</i> , 2017, 103, 9-14. | 2.6 | 9 |
| 76 | Face-to-Face Cognitive-Behavioral Therapy for Irritable Bowel Syndrome: The Effects on Gastrointestinal and Psychiatric Symptoms. <i>Gastroenterology Research and Practice</i> , 2017, 2017, 1-9. | 1.5 | 9 |
| 77 | Internet-Delivered Exposure-Based Therapy for Symptom Preoccupation in Atrial Fibrillation: Uncontrolled Pilot Trial. <i>JMIR Cardio</i> , 2021, 5, e24524. | 1.7 | 8 |
| 78 | Cognitive behavioral therapy for irritable bowel syndrome: the effects on state and trait anxiety and the autonomic nervous system during induced rectal distensions – An uncontrolled trial. <i>Scandinavian Journal of Pain</i> , 2018, 18, 81-91. | 1.3 | 7 |
| 79 | What are the mechanisms of psychological treatments for irritable bowel syndrome?. <i>Journal of Psychosomatic Research</i> , 2019, 118, 9-11. | 2.6 | 7 |
| 80 | Mediators of treatment effect in minimal-contact cognitive behaviour therapy for severe health anxiety: A theory-driven analysis based on a randomised controlled trial. <i>Journal of Anxiety Disorders</i> , 2020, 69, 102172. | 3.2 | 7 |
| 81 | Targeting excessive worry with internet-based extinction therapy: a randomised controlled trial with mediation analysis and economical evaluation. <i>Psychological Medicine</i> , 2021, 51, 2023-2033. | 4.5 | 5 |
| 82 | Online Education Is Non-Inferior to Group Education for Irritable Bowel Syndrome: A Randomized Trial and Patient Preference Trial. <i>Clinical Gastroenterology and Hepatology</i> , 2021, 19, 743-751.e1. | 4.4 | 5 |
| 83 | A self-guided and monitored digital problem-solving intervention for patients with symptoms of depression or anxiety on the waiting list for treatment in routine psychiatric care: feasibility study. <i>BJPsych Open</i> , 2022, 8, e43. | 0.7 | 5 |
| 84 | Predictors of improvement in an open-trial multisite evaluation of emotion regulation group therapy. <i>Cognitive Behaviour Therapy</i> , 2019, 48, 322-336. | 3.5 | 4 |
| 85 | Review article: exclude or expose? The paradox of conceptually opposite treatments for irritable bowel syndrome. <i>Alimentary Pharmacology and Therapeutics</i> , 2022, 56, 592-605. | 3.7 | 4 |
| 86 | Practical and Emotional Problems Reported by Users of a Self-guided Digital Problem-solving Intervention During the COVID-19 Pandemic: Content Analysis. <i>JMIR Formative Research</i> , 2021, 5, e31722. | 1.4 | 3 |
| 87 | Return on investment of internet delivered exposure therapy for irritable bowel syndrome: a randomized controlled trial. <i>BMC Gastroenterology</i> , 2021, 21, 289. | 2.0 | 2 |
| 88 | Validation of child-adapted short scales for measuring gastrointestinal-specific avoidance and anxiety. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2022, , . | 1.5 | 2 |
| 89 | Exposure based cognitive behavioral group therapy for IBS at a gastroenterological clinic – a clinical effectiveness study. <i>Scandinavian Journal of Gastroenterology</i> , 2022, 57, 904-911. | 1.5 | 1 |
| 90 | A unified Internet-delivered exposure treatment for undifferentiated somatic symptom disorder: single-group prospective feasibility trial. <i>Pilot and Feasibility Studies</i> , 2022, 8, . | 1.2 | 1 |

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|----|--|----|-----------|
| 91 | ICBT for Severe Health Anxiety. , 2016, , 163-173. | | 0 |