

Wendy Hardeman

List of Publications by Year in descending order

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Version: 2024-02-01

92
papers

16,000
citations

134610

34
h-index

60403

85
g-index

96
all docs

96
docs citations

96
times ranked

21720
citing authors

#	ARTICLE	IF	CITATIONS
1	The Behavior Change Technique Taxonomy (v1) of 93 Hierarchically Clustered Techniques: Building an International Consensus for the Reporting of Behavior Change Interventions. <i>Annals of Behavioral Medicine</i> , 2013, 46, 81-95.	1.7	4,927
2	Process evaluation of complex interventions: Medical Research Council guidance. <i>BMJ</i> , The, 2015, 350, h1258-h1258.	3.0	3,602
3	From Theory to Intervention: Mapping Theoretically Derived Behavioural Determinants to Behaviour Change Techniques. <i>Applied Psychology</i> , 2008, 57, 660-680.	4.4	1,303
4	Systematic review of reviews of intervention components associated with increased effectiveness in dietary and physical activity interventions. <i>BMC Public Health</i> , 2011, 11, 119.	1.2	929
5	Application of the Theory of Planned Behaviour in Behaviour Change Interventions: A Systematic Review. <i>Psychology and Health</i> , 2002, 17, 123-158.	1.2	635
6	Behaviour change techniques: the development and evaluation of a taxonomic method for reporting and describing behaviour change interventions (a suite of five studies involving consensus methods). <i>Tj ETQq0 0 0 rgBT /Overlock 10 Tf</i> 19, 1-188.	1.3	458
7	Family involvement in weight control, weight maintenance and weight-loss interventions: a systematic review of randomised trials. <i>International Journal of Obesity</i> , 2003, 27, 987-1005.	1.6	375
8	A causal modelling approach to the development of theory-based behaviour change programmes for trial evaluation. <i>Health Education Research</i> , 2005, 20, 676-687.	1.0	240
9	Process evaluation in complex public health intervention studies: the need for guidance. <i>Journal of Epidemiology and Community Health</i> , 2014, 68, 101-102.	2.0	228
10	Strengthening evaluation and implementation by specifying components of behaviour change interventions: a study protocol. <i>Implementation Science</i> , 2011, 6, 10.	2.5	226
11	Interventions to prevent weight gain: a systematic review of psychological models and behaviour change methods. <i>International Journal of Obesity</i> , 2000, 24, 131-143.	1.6	224
12	A systematic review of just-in-time adaptive interventions (JITAs) to promote physical activity. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 31.	2.0	183
13	Efficacy of a theory-based behavioural intervention to increase physical activity in an at-risk group in primary care (ProActive UK): a randomised trial. <i>Lancet</i> , The, 2008, 371, 41-48.	6.3	172
14	The Importance of Affective Beliefs and Attitudes in the Theory of Planned Behavior: Predicting Intention to Increase Physical Activity. <i>Journal of Applied Social Psychology</i> , 2005, 35, 1824-1848.	1.3	169
15	Fidelity of delivery of a physical activity intervention: Predictors and consequences. <i>Psychology and Health</i> , 2008, 23, 11-24.	1.2	166
16	A systematic review of school-based interventions targeting physical activity and sedentary behaviour among older adolescents. <i>International Review of Sport and Exercise Psychology</i> , 2016, 9, 22-44.	3.1	118
17	Eliciting salient beliefs in research on the theory of planned behaviour: The effect of question wording. <i>Current Psychology</i> , 2003, 22, 234-251.	0.4	116
18	The compendium of self-enactable techniques to change and self-manage motivation and behaviour v.1.0. <i>Nature Human Behaviour</i> , 2020, 4, 215-223.	6.2	116

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19	Which Behavior Change Techniques are Associated with Changes in Physical Activity, Diet and Body Mass Index in People with Recently Diagnosed Diabetes?. <i>Annals of Behavioral Medicine</i> , 2015, 49, 7-17.	1.7	103
20	Focusing on fidelity: narrative review and recommendations for improving intervention fidelity within trials of health behaviour change interventions. <i>Health Psychology and Behavioral Medicine</i> , 2020, 8, 132-151.	0.8	101
21	A randomised controlled trial of three very brief interventions for physical activity in primary care. <i>BMC Public Health</i> , 2016, 16, 1033.	1.2	81
22	Applying the behaviour change technique (BCT) taxonomy v1: a study of coder training. <i>Translational Behavioral Medicine</i> , 2015, 5, 134-148.	1.2	74
23	Are brief interventions to increase physical activity cost-effective? A systematic review. <i>British Journal of Sports Medicine</i> , 2016, 50, 408-417.	3.1	74
24	Overestimation of physical activity level is associated with lower BMI: a cross-sectional analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2010, 7, 68.	2.0	73
25	What do we know about brief interventions for physical activity that could be delivered in primary care consultations? A systematic review of reviews. <i>Preventive Medicine</i> , 2017, 99, 152-163.	1.6	69
26	Development and feasibility study of very brief interventions for physical activity in primary care. <i>BMC Public Health</i> , 2015, 15, 333.	1.2	67
27	The ProActive trial protocol – a randomised controlled trial of the efficacy of a family-based, domiciliary intervention programme to increase physical activity among individuals at high risk of diabetes [ISRCTN61323766]. <i>BMC Public Health</i> , 2004, 4, 48.	1.2	61
28	Does Electronic Monitoring Influence Adherence to Medication? Randomized Controlled Trial of Measurement Reactivity. <i>Annals of Behavioral Medicine</i> , 2014, 48, 293-299.	1.7	58
29	Communication of behaviour change interventions: Can they be recognised from written descriptions?. <i>Psychology and Health</i> , 2018, 33, 713-723.	1.2	57
30	Peer-led walking programme to increase physical activity in inactive 60- to 70-year-olds: Walk with Me pilot RCT. <i>Public Health Research</i> , 2019, 7, 1-124.	0.5	55
31	Reliability of Identification of Behavior Change Techniques in Intervention Descriptions. <i>Annals of Behavioral Medicine</i> , 2015, 49, 885-900.	1.7	51
32	Investigating theoretical explanations for behaviour change: The case study of ProActive. <i>Psychology and Health</i> , 2008, 23, 25-39.	1.2	50
33	An explanatory randomised controlled trial of a nurse-led, consultation-based intervention to support patients with adherence to taking glucose lowering medication for type 2 diabetes. <i>BMC Family Practice</i> , 2012, 13, 30.	2.9	49
34	Impact of a physical activity intervention program on cognitive predictors of behaviour among adults at risk of Type 2 diabetes (ProActive randomised controlled trial). <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009, 6, 16.	2.0	40
35	A systematic review of behaviour change techniques within interventions to prevent return to smoking postpartum. <i>Addictive Behaviors</i> , 2019, 92, 236-243.	1.7	35
36	Theory of planned behaviour cognitions do not predict self-reported or objective physical activity levels or change in the ProActive trial. <i>British Journal of Health Psychology</i> , 2011, 16, 135-150.	1.9	34

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37	Reporting behaviour change interventions: do the behaviour change technique taxonomy v1, and training in its use, improve the quality of intervention descriptions?. <i>Implementation Science</i> , 2015, 11, 84.	2.5	34
38	A Text-Messaging and Pedometer Program to Promote Physical Activity in People at High Risk of Type 2 Diabetes: The Development of the PROPELS Follow-On Support Program. <i>JMIR MHealth and UHealth</i> , 2015, 3, e105.	1.8	34
39	Multiple behaviour change intervention and outcomes in recently diagnosed type 2 diabetes: the ADDITION-Plus randomised controlled trial. <i>Diabetologia</i> , 2014, 57, 1308-1319.	2.9	32
40	Development of a questionnaire to assess maternal attitudes towards infant growth and milk feeding practices. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011, 8, 35.	2.0	29
41	Objectively measured sedentary time, physical activity and kidney function in people with recently diagnosed Type 2 diabetes: a prospective cohort analysis. <i>Diabetic Medicine</i> , 2016, 33, 1222-1229.	1.2	27
42	Differences in objectively measured physical activity and sedentary behaviour between white Europeans and south Asians recruited from primary care: cross-sectional analysis of the PROPELS trial. <i>BMC Public Health</i> , 2019, 19, 95.	1.2	24
43	Trials to Improve Blood Pressure Through Adherence to Antihypertensives in Stroke/TIA: Systematic Review and Meta-Analysis. <i>Journal of the American Heart Association</i> , 2013, 2, e000251.	1.6	23
44	Using the Medical Research Council Framework for the Development and Evaluation of Complex Interventions in a Theory-Based Infant Feeding Intervention to Prevent Childhood Obesity: The Baby Milk Intervention and Trial. <i>Journal of Obesity</i> , 2014, 2014, 1-10.	1.1	22
45	Promotion Of Physical activity through structured Education with differing Levels of ongoing Support for people at high risk of type 2 diabetes (PROPELS): study protocol for a randomized controlled trial. <i>Trials</i> , 2015, 16, 289.	0.7	22
46	Protocol for the ADDITION-Plus study: a randomised controlled trial of an individually-tailored behaviour change intervention among people with recently diagnosed type 2 diabetes under intensive UK general practice care. <i>BMC Public Health</i> , 2011, 11, 211.	1.2	21
47	A scoping review of evaluation frameworks and their applicability to real-world physical activity and dietary change programme evaluation. <i>BMC Public Health</i> , 2020, 20, 1000.	1.2	21
48	Protocol for SAMS (Support and Advice for Medication Study): A randomised controlled trial of an intervention to support patients with type 2 diabetes with adherence to medication. <i>BMC Family Practice</i> , 2008, 9, 20.	2.9	19
49	A systematic review of the physical activity assessment tools used in primary care. <i>Family Practice</i> , 2017, 34, 384-391.	0.8	19
50	A systematic review of the use and reporting of evaluation frameworks within evaluations of physical activity interventions. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 107.	2.0	18
51	Results of a Community-Based Campaign to Reduce Fat Intake. <i>Nutrition and Health</i> , 1997, 11, 207-218.	0.6	17
52	Cost-Effectiveness and Value of Information Analysis of Brief Interventions to Promote Physical Activity in Primary Care. <i>Value in Health</i> , 2018, 21, 18-26.	0.1	17
53	Determinants of intentions to practise safe sex among 16-25 year-olds. <i>Journal of Community and Applied Social Psychology</i> , 1997, 7, 345-360.	1.4	16
54	Who will increase their physical activity? Predictors of change in objectively measured physical activity over 12 months in the ProActive cohort. <i>BMC Public Health</i> , 2010, 10, 226.	1.2	16

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55	Randomised controlled trial of a theory-based behavioural intervention to reduce formula milk intake. Archives of Disease in Childhood, 2018, 103, archdischild-2018-314784.	1.0	16
56	Fat Watch: A Nationwide Campaign in the Netherlands to Reduce Fat Intake – Process Evaluations. Nutrition and Health, 1998, 12, 107-117.	0.6	15
57	Effectiveness of a behavioural intervention to prevent excessive weight gain during infancy (The Baby) Tj ETQq1 1 0.784314 rgBT /Over	0.7	15
58	Realist review protocol for understanding the real-world barriers and enablers to practitioners implementing self-management support to people living with and beyond cancer. BMJ Open, 2020, 10, e037636.	0.8	15
59	Systematic review of techniques to monitor remission of acute Charcot neuroarthropathy in people with diabetes. Diabetes/Metabolism Research and Reviews, 2020, 36, e3328.	1.7	15
60	Promoting physical activity in a multi-ethnic population at high risk of diabetes: the 48-month PROPELS randomised controlled trial. BMC Medicine, 2021, 19, 130.	2.3	14
61	The effect of a brief action planning intervention on adherence to double-blind study medication, compared to a standard trial protocol, in the Atorvastatin in Factorial with Omega EE90 Risk Reduction in Diabetes (AFORRD) clinical trial: A cluster randomised sub-study. Diabetes Research and Clinical Practice, 2016, 120, 56-64.	1.1	12
62	Implementation of a nurse-led behaviour change intervention to support medication taking in type 2 diabetes: beyond hypothesised active ingredients (SAMS Consultation Study). Implementation Science, 2014, 9, 70.	2.5	11
63	Evaluation of a very brief pedometer-based physical activity intervention delivered in NHS Health Checks in England: The VBI randomised controlled trial. PLoS Medicine, 2020, 17, e1003046.	3.9	11
64	Addressing Intervention Fidelity Within Physical Therapy Research and Clinical Practice. Journal of Orthopaedic and Sports Physical Therapy, 2017, 47, 895-898.	1.7	10
65	Systematic Review of Behaviour Change Techniques within Interventions to Reduce Environmental Tobacco Smoke Exposure for Children. International Journal of Environmental Research and Public Health, 2020, 17, 7731.	1.2	10
66	Feasibility and acceptability of a multi-domain intervention to increase Mediterranean diet adherence and physical activity in older UK adults at risk of dementia: protocol for the MedEx-UK randomised controlled trial. BMJ Open, 2021, 11, e042823.	0.8	9
67	Constructing multiplicative measures of beliefs in the theory of planned behaviour. British Journal of Health Psychology, 2013, 18, 122-138.	1.9	8
68	Developing Behavior Change Interventions. , 2020, , 300-317.		8
69	Assessing the acceptability of a text messaging service and smartphone app to support patient adherence to medications prescribed for high blood pressure: a pilot study. Pilot and Feasibility Studies, 2020, 6, 134.	0.5	7
70	A systematic review of interventions to increase physical activity and reduce sedentary behaviour following bariatric surgery. Physiotherapy, 2022, 115, 1-17.	0.2	7
71	Behavioural interventions to promote physical activity in a multiethnic population at high risk of diabetes: PROPELS three-arm RCT. Health Technology Assessment, 2021, 25, 1-190.	1.3	7
72	A systematic review of the characteristics of interventions that promote physical activity in adults with asthma. Journal of Health Psychology, 2022, 27, 2777-2796.	1.3	7

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73	Facilitating healthcare practitioners to deliver self-management support in adult cancer survivors: A realist review. <i>Research in Social and Administrative Pharmacy</i> , 2022, 18, 3870-3883.	1.5	7
74	Predictors of change in objectively measured and self-reported health behaviours among individuals with recently diagnosed type 2 diabetes: longitudinal results from the ADDITION-Plus trial cohort. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 118.	2.0	6
75	Walk with Me: a protocol for a pilot RCT of a peer-led walking programme to increase physical activity in inactive older adults. <i>Pilot and Feasibility Studies</i> , 2018, 4, 117.	0.5	6
76	A qualitative study to understand people's experiences of living with Charcot neuroarthropathy. <i>Diabetic Medicine</i> , 2022, 39, e14784.	1.2	6
77	Do increases in physical activity encourage positive beliefs about further change in theProActivecohort?. <i>Psychology and Health</i> , 2011, 26, 899-914.	1.2	4
78	Effectiveness and cost-effectiveness of a very brief physical activity intervention delivered in NHS Health Checks (VBI Trial): study protocol for a randomised controlled trial. <i>Trials</i> , 2016, 17, 303.	0.7	4
79	Development of a Complex Intervention for the Maintenance of Postpartum Smoking Abstinence: Process for Defining Evidence-Based Intervention. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 1968.	1.2	4
80	Re-Configuring Identity Postpartum and Sustained Abstinence or Relapse to Tobacco Smoking. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3139.	1.2	4
81	Exploring influences on evaluation practice: a case study of a national physical activity programme. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 31.	2.0	4
82	A randomised feasibility study of serial magnetic resonance imaging to reduce treatment times in Charcot neuroarthropathy in people with diabetes (CADOM): a protocol. <i>Pilot and Feasibility Studies</i> , 2020, 6, 85.	0.5	3
83	Patient and practitioner views on a combined face-to-face and digital intervention to support medication adherence in hypertension: a qualitative study within primary care. <i>BMJ Open</i> , 2022, 12, e053183.	0.8	2
84	The feasibility of theÂPAM intervention to support treatment-adherence in people with hypertension in primary care: a randomised clinical controlled trial. <i>Scientific Reports</i> , 2021, 11, 8897.	1.6	1
85	PARIS: protocol for a prospective single arm, theory-based, group-based feasibility intervention study to increase Physical Activity and reduce sedentary behaviour after bariatric Surgery. <i>BMJ Open</i> , 2021, 11, e051638.	0.8	1
86	Development of a Smoke-Free Home Intervention for Families of Babies Admitted to Neonatal Intensive Care. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3670.	1.2	0
87	Title is missing!. , 2020, 17, e1003046.		0
88	Title is missing!. , 2020, 17, e1003046.		0
89	Title is missing!. , 2020, 17, e1003046.		0
90	Title is missing!. , 2020, 17, e1003046.		0

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91	Title is missing!. , 2020, 17, e1003046.		0
92	A model for effective partnership working to support programme evaluation. Evaluation, 0, , 135638902210961.	0.7	0