

Sona Dimidjian

List of Publications by Year in descending order

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89
papers

8,981
citations

71102

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49909

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97
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97
times ranked

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citing authors

#	ARTICLE	IF	CITATIONS
1	<i>Nuestra Escuela, Nuestras Voces</i> (Our School, Our Voices): Using Photovoice to Understand and Promote Compassion in Schools. <i>Journal of Latinos and Education</i> , 2023, 22, 1475-1491.	1.0	1
2	Cost-Effectiveness of a Web-Based Program for Residual Depressive Symptoms: Mindful Mood Balance. <i>Psychiatric Services</i> , 2022, 73, 158-164.	2.0	4
3	Effect of Pain Reprocessing Therapy vs Placebo and Usual Care for Patients With Chronic Back Pain. <i>JAMA Psychiatry</i> , 2022, 79, 13.	11.0	85
4	Adapting behavioral activation for perinatal depression and anxiety in response to the COVID-19 pandemic and racial injustice. <i>Journal of Affective Disorders</i> , 2022, 299, 180-187.	4.1	6
5	Impact of online Mindfulness-Based Cognitive Therapy on suicidal ideation: A secondary analysis of a randomized trial of Mindful Mood Balance. <i>Journal of Affective Disorders</i> , 2022, 301, 472-477.	4.1	3
6	The Role of Engagement in Mindfulness-Based Cognitive Therapy for the Prevention of Depressive Relapse/Recurrence in Perinatal Women. <i>Mindfulness</i> , 2021, 12, 61-67.	2.8	4
7	Effects of Mindfulness-Based Cognitive Therapy in Pregnancy on Psychological Distress and Gestational Age: Outcomes of a Randomized Controlled Trial. <i>Mindfulness</i> , 2021, 12, 1173-1184.	2.8	15
8	Digital training for non-specialist health workers to deliver a brief psychological treatment for depression in India: Protocol for a three-arm randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2021, 102, 106267.	1.8	16
9	Teaching as Mediation: The Influence of Professional Development on Teacher Identity in Mexico City Public Schools. <i>Teacher Educator</i> , 2021, 56, 372-398.	1.2	0
10	Effects of compassion training on brain responses to suffering others. <i>Social Cognitive and Affective Neuroscience</i> , 2021, 16, 1036-1047.	3.0	8
11	A Mindfulness-Based Cognitive Therapy (MBCT) Intervention to Improve Resilience and Mitigate Symptoms of Burnout Syndrome in Critical Care Nurses: Results of a Randomized Trial. <i>Open Journal of Nursing</i> , 2021, 11, 653-667.	0.4	5
12	Temporal pathways of change in two randomized controlled trials for depression and harmful drinking in Goa, India. <i>Psychological Medicine</i> , 2020, 50, 68-76.	4.5	7
13	Translating the BDI and BDII into the HAMD and vice versa with equipercentile linking. <i>Epidemiology and Psychiatric Sciences</i> , 2020, 29, e24.	3.9	39
14	Design and Development of a Digital Program for Training Non-specialist Health Workers to Deliver an Evidence-Based Psychological Treatment for Depression in Primary Care in India. <i>Journal of Technology in Behavioral Science</i> , 2020, 5, 402-415.	2.3	24
15	Fat talk frequency in high school women: Changes associated with participation in the Body Project. <i>Body Image</i> , 2020, 34, 196-200.	4.3	9
16	Outcomes of Online Mindfulness-Based Cognitive Therapy for Patients With Residual Depressive Symptoms. <i>JAMA Psychiatry</i> , 2020, 77, 563.	11.0	77
17	Preventing eating disorders in young women: An RCT and mixed-methods evaluation of the peer-delivered Body Project.. <i>Journal of Consulting and Clinical Psychology</i> , 2020, 88, 1105-1118.	2.0	9
18	Protocol for a mechanistic study of mindfulness based cognitive therapy during pregnancy.. <i>Health Psychology</i> , 2020, 39, 758-766.	1.6	6

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19	In a mother's voice: Observing social-emotional aspects of postpartum daily life.. Journal of Family Psychology, 2020, 34, 269-278.	1.3	3
20	The Roles of Early Response and Sudden Gains on Depression Outcomes: Findings From a Randomized Controlled Trial of Behavioral Activation in Goa, India. Clinical Psychological Science, 2019, 7, 768-777.	4.0	13
21	A maturing mindfulness-based cognitive therapy reflects on two critical issues. Current Opinion in Psychology, 2019, 28, 218-222.	4.9	20
22	The symptom-specific efficacy of antidepressant medication vs. cognitive behavioral therapy in the treatment of depression: results from an individual patient data meta-analysis. World Psychiatry, 2019, 18, 183-191.	10.4	68
23	The Promise of a Participatory Approach in Clinical Psychology. Clinical Psychological Science, 2019, 7, 60-62.	4.0	5
24	Cross-sectional networks of depressive symptoms before and after antidepressant medication treatment. Social Psychiatry and Psychiatric Epidemiology, 2018, 53, 617-627.	3.1	46
25	Psychotherapeutic Treatments for Depression During Pregnancy. Clinical Obstetrics and Gynecology, 2018, 61, 562-572.	1.1	9
26	Negative effects in psychotherapy: commentary and recommendations for future research and clinical practice. BJPsych Open, 2018, 4, 307-312.	0.7	75
27	An Open Trial of Web-Based Mindfulness-Based Cognitive Therapy for Perinatal Women at Risk for Depressive Relapse. Cognitive and Behavioral Practice, 2017, 24, 26-37.	1.5	31
28	Treating Depression Among Adolescent Perinatal Women With a Dialectical Behavior Therapy-Informed Skills Group. Cognitive and Behavioral Practice, 2017, 24, 416-427.	1.5	13
29	Initial severity of depression and efficacy of cognitive-behavioural therapy: Individual-participant data meta-analysis of pill-placebo-controlled trials. British Journal of Psychiatry, 2017, 210, 190-196.	2.8	56
30	The Healthy Activity Program (HAP), a lay counsellor-delivered brief psychological treatment for severe depression, in primary care in India: a randomised controlled trial. Lancet, The, 2017, 389, 176-185.	13.7	292
31	Public Attitudes and Feelings of Warmth Toward Women and Men Experiencing Depression During the Perinatal Period. Psychiatric Services, 2017, 68, 796-802.	2.0	3
32	Lessons learned from training peer-leaders to conduct Body Project workshops. Eating Disorders, 2017, 25, 358-374.	3.0	4
33	Empathic Care and Distress: Predictive Brain Markers and Dissociable Brain Systems. Neuron, 2017, 94, 1263-1273.e4.	8.1	140
34	Melancholic and atypical depression as predictor and moderator of outcome in cognitive behavior therapy and pharmacotherapy for adult depression. Depression and Anxiety, 2017, 34, 246-256.	4.1	23
35	Designing a Resilience Program for Critical Care Nurses. AACN Advanced Critical Care, 2017, 28, 359-365.	1.1	38
36	A pragmatic randomized clinical trial of behavioral activation for depressed pregnant women.. Journal of Consulting and Clinical Psychology, 2017, 85, 26-36.	2.0	84

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37	Sustained effectiveness and cost-effectiveness of the Healthy Activity Programme, a brief psychological treatment for depression delivered by lay counsellors in primary care: 12-month follow-up of a randomised controlled trial. <i>PLoS Medicine</i> , 2017, 14, e1002385.	8.4	68
38	Modular, scalable, and personalized: Priorities for behavioral interventions for adolescent depression.. <i>Clinical Psychology: Science and Practice</i> , 2016, 23, 58-61.	0.9	7
39	The Healthy Activity Program lay counsellor delivered treatment for severe depression in India: Systematic development and randomised evaluation. <i>British Journal of Psychiatry</i> , 2016, 208, 381-388.	2.8	115
40	Staying well during pregnancy and the postpartum: A pilot randomized trial of mindfulness-based cognitive therapy for the prevention of depressive relapse/recurrence.. <i>Journal of Consulting and Clinical Psychology</i> , 2016, 84, 134-145.	2.0	144
41	Effects of compassion meditation on a psychological model of charitable donation.. <i>Emotion</i> , 2016, 16, 691-705.	1.8	58
42	Considering Meta-Analysis, Meaning, and Metaphor: A Systematic Review and Critical Examination of "Third Wave" Cognitive and Behavioral Therapies. <i>Behavior Therapy</i> , 2016, 47, 886-905.	2.4	99
43	Mindfulness-based cognitive therapy for psychological distress in pregnancy: study protocol for a randomized controlled trial. <i>Trials</i> , 2016, 17, 498.	1.6	26
44	Role of self-compassion in psychological well-being among perinatal women. <i>Archives of Women's Mental Health</i> , 2016, 19, 687-690.	2.6	43
45	The Adolescent Behavioral Activation Program: Adapting Behavioral Activation as a Treatment for Depression in Adolescence. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2016, 45, 291-304.	3.4	76
46	Divergent Outcomes in Cognitive-Behavioral Therapy and Pharmacotherapy for Adult Depression. <i>American Journal of Psychiatry</i> , 2016, 173, 481-490.	7.2	41
47	Relapse prevention in major depressive disorder: Mindfulness-based cognitive therapy versus an active control condition.. <i>Journal of Consulting and Clinical Psychology</i> , 2015, 83, 964-975.	2.0	56
48	Prospects for a clinical science of mindfulness-based intervention.. <i>American Psychologist</i> , 2015, 70, 593-620.	4.2	223
49	Mindfulness-Based Cognitive Therapy for Perinatal Women with Depression or Bipolar Spectrum Disorder. <i>Cognitive Therapy and Research</i> , 2015, 39, 590-600.	1.9	26
50	An open trial of mindfulness-based cognitive therapy for the prevention of perinatal depressive relapse/recurrence. <i>Archives of Women's Mental Health</i> , 2015, 18, 85-94.	2.6	71
51	Treatment of anxiety during pregnancy: room to grow. <i>Archives of Women's Mental Health</i> , 2015, 18, 569-570.	2.6	10
52	Disseminating Behavioural Activation for Depression via Online Training: Preliminary Steps. <i>Behavioural and Cognitive Psychotherapy</i> , 2015, 43, 224-238.	1.2	11
53	Dwell or Decenter? Rumination and Decentering Predict Working Memory Updating After Interpersonal Criticism. <i>Cognitive Therapy and Research</i> , 2015, 39, 744-753.	1.9	29
54	A randomized controlled trial of yoga for pregnant women with symptoms of depression and anxiety. <i>Complementary Therapies in Clinical Practice</i> , 2015, 21, 166-172.	1.7	75

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55	Baseline Depression Severity as Moderator of Depression Outcomes Between Cognitive Behavioral Therapy vs Pharmacotherapy. <i>JAMA Psychiatry</i> , 2015, 72, 1102.	11.0	155
56	Breastfeeding Support and Messaging: A Call to Integrate Public Health and Psychological Perspectives. <i>Maternal and Child Health Journal</i> , 2015, 19, 2545-2547.	1.5	4
57	GENDER AS PREDICTOR AND MODERATOR OF OUTCOME IN COGNITIVE BEHAVIOR THERAPY AND PHARMACOTHERAPY FOR ADULT DEPRESSION: AN "INDIVIDUAL PATIENT DATA" META-ANALYSIS. <i>Depression and Anxiety</i> , 2014, 31, 941-951.		122
58	Training to Use Motivational Interviewing Techniques for Depression: A Cluster Randomized Trial. <i>Journal of the American Board of Family Medicine</i> , 2014, 27, 621-636.	1.5	22
59	Postpartum Depression Among Adolescent Mothers: A Comprehensive Review of Prevalence, Course, Correlates, Consequences, and Interventions. <i>Clinical Psychology: Science and Practice</i> , 2014, 21, 48-66.	0.9	25
60	Extensions and Mechanisms of Mindfulness-based Cognitive Therapy: A Review of the Evidence. <i>Australian Psychologist</i> , 2014, 49, 271-279.	1.6	23
61	Segmented mixed models with random changepoints: a maximum likelihood approach with application to treatment for depression study. <i>Statistical Modelling</i> , 2014, 14, 293-313.	1.1	70
62	Preferences and attitudes toward approaches to depression relapse/recurrence prevention among pregnant women. <i>Behaviour Research and Therapy</i> , 2014, 54, 7-11.	3.1	47
63	Web-based Mindfulness-based Cognitive Therapy for reducing residual depressive symptoms: An open trial and quasi-experimental comparison to propensity score matched controls. <i>Behaviour Research and Therapy</i> , 2014, 63, 83-89.	3.1	71
64	Web-Based Intervention in Mindfulness Meditation for Reducing Residual Depressive Symptoms and Relapse Prophylaxis: A Qualitative Study. <i>Journal of Medical Internet Research</i> , 2014, 16, e87.	4.3	56
65	Mindfulness-Based Stress Reduction in an Integrated Care Delivery System: One-Year Impacts on Patient-Centered Outcomes and Health Care Utilization. , 2014, 18, 4-9.		19
66	Mindful Mood Balance: A Case Report of Web-Based Treatment of Residual Depressive Symptoms. , 2014, 18, 58-62.		9
67	Convergence and divergence in the delivery of cognitive therapy in two randomized clinical trials. <i>Behaviour Research and Therapy</i> , 2013, 51, 493-498.	3.1	13
68	Being Mindful About the Use of Mindfulness in Clinical Contexts. <i>Cognitive and Behavioral Practice</i> , 2013, 20, 57-59.	1.5	10
69	Pregnant African American women's attitudes toward perinatal depression prevention.. <i>Cultural Diversity and Ethnic Minority Psychology</i> , 2013, 19, 50-57.	2.0	23
70	A penny for your thoughts: dimensions of self-generated thought content and relationships with individual differences in emotional wellbeing. <i>Frontiers in Psychology</i> , 2013, 4, 900.	2.1	111
71	The Developmental Psychopathology of Perinatal Depression: Implications for Psychosocial Treatment Development and Delivery in Pregnancy. <i>Canadian Journal of Psychiatry</i> , 2012, 57, 530-536.	1.9	16
72	Predictors of patient cognitive therapy skills and symptom change in two randomized clinical trials: The role of therapist adherence and the therapeutic alliance.. <i>Journal of Consulting and Clinical Psychology</i> , 2012, 80, 373-381.	2.0	50

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73	Are exposure-based cognitive behavioral therapies safe during pregnancy?. Archives of Women's Mental Health, 2012, 15, 445-457.	2.6	54
74	The relationship between physical activity and mood across the perinatal period: A review of naturalistic and clinical research to guide future investigation of physical activity-based interventions for perinatal depression.. Clinical Psychology: Science and Practice, 2012, 19, 27-48.	0.9	15
75	The Origins and Current Status of Behavioral Activation Treatments for Depression. Annual Review of Clinical Psychology, 2011, 7, 1-38.	12.3	554
76	Two aspects of the therapeutic alliance: Differential relations with depressive symptom change.. Journal of Consulting and Clinical Psychology, 2011, 79, 279-283.	2.0	131
77	Antidepressant Drug Effects and Depression Severity. JAMA - Journal of the American Medical Association, 2010, 303, 47.	7.4	1,616
78	How would we know if psychotherapy were harmful?. American Psychologist, 2010, 65, 21-33.	4.2	199
79	Treatment preference, engagement, and clinical improvement in pharmacotherapy versus psychotherapy for depression. Behaviour Research and Therapy, 2010, 48, 799-804.	3.1	167
80	Newer variations of cognitive-behavioral therapy: Behavioral activation and mindfulness-based cognitive therapy. Current Psychiatry Reports, 2009, 11, 453-458.	4.5	36
81	A Pilot Study of Mindfulness-Based Cognitive Therapy for Bipolar Disorder. International Journal of Cognitive Therapy, 2009, 2, 373-382.	2.2	66
82	Couple discord and depression in couples during couple therapy and in depressed individuals during depression treatment.. Journal of Consulting and Clinical Psychology, 2009, 77, 1089-1099.	2.0	44
83	Nonpharmacologic Intervention and Prevention Strategies for Depression During Pregnancy and the Postpartum. Clinical Obstetrics and Gynecology, 2009, 52, 498-515.	1.1	71
84	Pharmacotherapy or Untreated Antenatal Depression. Journal of Clinical Psychiatry, 2009, 70, 1321-1322.	2.2	4
85	Randomized trial of behavioral activation, cognitive therapy, and antidepressant medication in the prevention of relapse and recurrence in major depression.. Journal of Consulting and Clinical Psychology, 2008, 76, 468-477.	2.0	427
86	Extreme nonresponse in cognitive therapy: Can behavioral activation succeed where cognitive therapy fails?. Journal of Consulting and Clinical Psychology, 2007, 75, 531-541.	2.0	117
87	Randomized trial of behavioral activation, cognitive therapy, and antidepressant medication in the acute treatment of adults with major depression.. Journal of Consulting and Clinical Psychology, 2006, 74, 658-670.	2.0	1,287
88	Defining an agenda for future research on the clinical application of mindfulness practice.. Clinical Psychology: Science and Practice, 2003, 10, 166-171.	0.9	192
89	Behavioral activation treatment for depression: Returning to contextual roots.. Clinical Psychology: Science and Practice, 2001, 8, 255-270.	0.9	685