

Sona Dimidjian

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5493563/publications.pdf>

Version: 2024-02-01

89
papers

8,981
citations

71102

41
h-index

49909

87
g-index

97
all docs

97
docs citations

97
times ranked

9163
citing authors

#	ARTICLE	IF	CITATIONS
1	Antidepressant Drug Effects and Depression Severity. JAMA - Journal of the American Medical Association, 2010, 303, 47.	7.4	1,616
2	Randomized trial of behavioral activation, cognitive therapy, and antidepressant medication in the acute treatment of adults with major depression.. Journal of Consulting and Clinical Psychology, 2006, 74, 658-670.	2.0	1,287
3	Behavioral activation treatment for depression: Returning to contextual roots.. Clinical Psychology: Science and Practice, 2001, 8, 255-270.	0.9	685
4	The Origins and Current Status of Behavioral Activation Treatments for Depression. Annual Review of Clinical Psychology, 2011, 7, 1-38.	12.3	554
5	Randomized trial of behavioral activation, cognitive therapy, and antidepressant medication in the prevention of relapse and recurrence in major depression.. Journal of Consulting and Clinical Psychology, 2008, 76, 468-477.	2.0	427
6	The Healthy Activity Program (HAP), a lay counsellor-delivered brief psychological treatment for severe depression, in primary care in India: a randomised controlled trial. Lancet, The, 2017, 389, 176-185.	13.7	292
7	Prospects for a clinical science of mindfulness-based intervention.. American Psychologist, 2015, 70, 593-620.	4.2	223
8	How would we know if psychotherapy were harmful?. American Psychologist, 2010, 65, 21-33.	4.2	199
9	Defining an agenda for future research on the clinical application of mindfulness practice.. Clinical Psychology: Science and Practice, 2003, 10, 166-171.	0.9	192
10	Treatment preference, engagement, and clinical improvement in pharmacotherapy versus psychotherapy for depression. Behaviour Research and Therapy, 2010, 48, 799-804.	3.1	167
11	Baseline Depression Severity as Moderator of Depression Outcomes Between Cognitive Behavioral Therapy vs Pharmacotherapy. JAMA Psychiatry, 2015, 72, 1102.	11.0	155
12	Staying well during pregnancy and the postpartum: A pilot randomized trial of mindfulness-based cognitive therapy for the prevention of depressive relapse/recurrence.. Journal of Consulting and Clinical Psychology, 2016, 84, 134-145.	2.0	144
13	Empathic Care and Distress: Predictive Brain Markers and Dissociable Brain Systems. Neuron, 2017, 94, 1263-1273.e4.	8.1	140
14	Two aspects of the therapeutic alliance: Differential relations with depressive symptom change.. Journal of Consulting and Clinical Psychology, 2011, 79, 279-283.	2.0	131
15	GENDER AS PREDICTOR AND MODERATOR OF OUTCOME IN COGNITIVE BEHAVIOR THERAPY AND PHARMACOTHERAPY FOR ADULT DEPRESSION: AN "INDIVIDUAL PATIENT DATA" META-ANALYSIS. Depression, Anxiety and Anger, 2014, 31, 941-951.	4.1	122
16	Extreme nonresponse in cognitive therapy: Can behavioral activation succeed where cognitive therapy fails?. Journal of Consulting and Clinical Psychology, 2007, 75, 531-541.	2.0	117
17	The Healthy Activity Program lay counsellor delivered treatment for severe depression in India: Systematic development and randomised evaluation. British Journal of Psychiatry, 2016, 208, 381-388.	2.8	115
18	A penny for your thoughts: dimensions of self-generated thought content and relationships with individual differences in emotional wellbeing. Frontiers in Psychology, 2013, 4, 900.	2.1	111

#	ARTICLE	IF	CITATIONS
19	Considering Meta-Analysis, Meaning, and Metaphor: A Systematic Review and Critical Examination of “Third Wave” Cognitive and Behavioral Therapies. <i>Behavior Therapy</i> , 2016, 47, 886-905.	2.4	99
20	Effect of Pain Reprocessing Therapy vs Placebo and Usual Care for Patients With Chronic Back Pain. <i>JAMA Psychiatry</i> , 2022, 79, 13.	11.0	85
21	A pragmatic randomized clinical trial of behavioral activation for depressed pregnant women.. <i>Journal of Consulting and Clinical Psychology</i> , 2017, 85, 26-36.	2.0	84
22	Outcomes of Online Mindfulness-Based Cognitive Therapy for Patients With Residual Depressive Symptoms. <i>JAMA Psychiatry</i> , 2020, 77, 563.	11.0	77
23	The Adolescent Behavioral Activation Program: Adapting Behavioral Activation as a Treatment for Depression in Adolescence. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2016, 45, 291-304.	3.4	76
24	A randomized controlled trial of yoga for pregnant women with symptoms of depression and anxiety. <i>Complementary Therapies in Clinical Practice</i> , 2015, 21, 166-172.	1.7	75
25	Negative effects in psychotherapy: commentary and recommendations for future research and clinical practice. <i>BJPsych Open</i> , 2018, 4, 307-312.	0.7	75
26	Nonpharmacologic Intervention and Prevention Strategies for Depression During Pregnancy and the Postpartum. <i>Clinical Obstetrics and Gynecology</i> , 2009, 52, 498-515.	1.1	71
27	Web-based Mindfulness-based Cognitive Therapy for reducing residual depressive symptoms: An open trial and quasi-experimental comparison to propensity score matched controls. <i>Behaviour Research and Therapy</i> , 2014, 63, 83-89.	3.1	71
28	An open trial of mindfulness-based cognitive therapy for the prevention of perinatal depressive relapse/recurrence. <i>Archives of Women's Mental Health</i> , 2015, 18, 85-94.	2.6	71
29	Segmented mixed models with random changepoints: a maximum likelihood approach with application to treatment for depression study. <i>Statistical Modelling</i> , 2014, 14, 293-313.	1.1	70
30	The symptom-specific efficacy of antidepressant medication vs. cognitive behavioral therapy in the treatment of depression: results from an individual patient data meta-analysis. <i>World Psychiatry</i> , 2019, 18, 183-191.	10.4	68
31	Sustained effectiveness and cost-effectiveness of the Healthy Activity Programme, a brief psychological treatment for depression delivered by lay counsellors in primary care: 12-month follow-up of a randomised controlled trial. <i>PLoS Medicine</i> , 2017, 14, e1002385.	8.4	68
32	A Pilot Study of Mindfulness-Based Cognitive Therapy for Bipolar Disorder. <i>International Journal of Cognitive Therapy</i> , 2009, 2, 373-382.	2.2	66
33	Effects of compassion meditation on a psychological model of charitable donation.. <i>Emotion</i> , 2016, 16, 691-705.	1.8	58
34	Relapse prevention in major depressive disorder: Mindfulness-based cognitive therapy versus an active control condition.. <i>Journal of Consulting and Clinical Psychology</i> , 2015, 83, 964-975.	2.0	56
35	Initial severity of depression and efficacy of cognitive-behavioural therapy: Individual-participant data meta-analysis of pill-placebo-controlled trials. <i>British Journal of Psychiatry</i> , 2017, 210, 190-196.	2.8	56
36	Web-Based Intervention in Mindfulness Meditation for Reducing Residual Depressive Symptoms and Relapse Prophylaxis: A Qualitative Study. <i>Journal of Medical Internet Research</i> , 2014, 16, e87.	4.3	56

#	ARTICLE	IF	CITATIONS
37	Are exposure-based cognitive behavioral therapies safe during pregnancy?. Archives of Women's Mental Health, 2012, 15, 445-457.	2.6	54
38	Predictors of patient cognitive therapy skills and symptom change in two randomized clinical trials: The role of therapist adherence and the therapeutic alliance.. Journal of Consulting and Clinical Psychology, 2012, 80, 373-381.	2.0	50
39	Preferences and attitudes toward approaches to depression relapse/recurrence prevention among pregnant women. Behaviour Research and Therapy, 2014, 54, 7-11.	3.1	47
40	Cross-sectional networks of depressive symptoms before and after antidepressant medication treatment. Social Psychiatry and Psychiatric Epidemiology, 2018, 53, 617-627.	3.1	46
41	Couple discord and depression in couples during couple therapy and in depressed individuals during depression treatment.. Journal of Consulting and Clinical Psychology, 2009, 77, 1089-1099.	2.0	44
42	Role of self-compassion in psychological well-being among perinatal women. Archives of Women's Mental Health, 2016, 19, 687-690.	2.6	43
43	Divergent Outcomes in Cognitive-Behavioral Therapy and Pharmacotherapy for Adult Depression. American Journal of Psychiatry, 2016, 173, 481-490.	7.2	41
44	Translating the BDI and BDI-II into the HAMD and vice versa with equipercentile linking. Epidemiology and Psychiatric Sciences, 2020, 29, e24.	3.9	39
45	Designing a Resilience Program for Critical Care Nurses. AACN Advanced Critical Care, 2017, 28, 359-365.	1.1	38
46	Newer variations of cognitive-behavioral therapy: Behavioral activation and mindfulness-based cognitive therapy. Current Psychiatry Reports, 2009, 11, 453-458.	4.5	36
47	An Open Trial of Web-Based Mindfulness-Based Cognitive Therapy for Perinatal Women at Risk for Depressive Relapse. Cognitive and Behavioral Practice, 2017, 24, 26-37.	1.5	31
48	Dwell or Decenter? Rumination and Decentering Predict Working Memory Updating After Interpersonal Criticism. Cognitive Therapy and Research, 2015, 39, 744-753.	1.9	29
49	Mindfulness-Based Cognitive Therapy for Perinatal Women with Depression or Bipolar Spectrum Disorder. Cognitive Therapy and Research, 2015, 39, 590-600.	1.9	26
50	Mindfulness-based cognitive therapy for psychological distress in pregnancy: study protocol for a randomized controlled trial. Trials, 2016, 17, 498.	1.6	26
51	Postpartum Depression Among Adolescent Mothers: A Comprehensive Review of Prevalence, Course, Correlates, Consequences, and Interventions. Clinical Psychology: Science and Practice, 2014, 21, 48-66.	0.9	25
52	Design and Development of a Digital Program for Training Non-specialist Health Workers to Deliver an Evidence-Based Psychological Treatment for Depression in Primary Care in India. Journal of Technology in Behavioral Science, 2020, 5, 402-415.	2.3	24
53	Pregnant African American women's attitudes toward perinatal depression prevention.. Cultural Diversity and Ethnic Minority Psychology, 2013, 19, 50-57.	2.0	23
54	Extensions and Mechanisms of Mindfulness-Based Cognitive Therapy: A Review of the Evidence. Australian Psychologist, 2014, 49, 271-279.	1.6	23

#	ARTICLE	IF	CITATIONS
55	Melancholic and atypical depression as predictor and moderator of outcome in cognitive behavior therapy and pharmacotherapy for adult depression. <i>Depression and Anxiety</i> , 2017, 34, 246-256.	4.1	23
56	Training to Use Motivational Interviewing Techniques for Depression: A Cluster Randomized Trial. <i>Journal of the American Board of Family Medicine</i> , 2014, 27, 621-636.	1.5	22
57	A maturing mindfulness-based cognitive therapy reflects on two critical issues. <i>Current Opinion in Psychology</i> , 2019, 28, 218-222.	4.9	20
58	Mindfulness-Based Stress Reduction in an Integrated Care Delivery System: One-Year Impacts on Patient-Centered Outcomes and Health Care Utilization. , 2014, 18, 4-9.		19
59	The Developmental Psychopathology of Perinatal Depression: Implications for Psychosocial Treatment Development and Delivery in Pregnancy. <i>Canadian Journal of Psychiatry</i> , 2012, 57, 530-536.	1.9	16
60	Digital training for non-specialist health workers to deliver a brief psychological treatment for depression in India: Protocol for a three-arm randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2021, 102, 106267.	1.8	16
61	The relationship between physical activity and mood across the perinatal period: A review of naturalistic and clinical research to guide future investigation of physical activity-based interventions for perinatal depression.. <i>Clinical Psychology: Science and Practice</i> , 2012, 19, 27-48.	0.9	15
62	Effects of Mindfulness-Based Cognitive Therapy in Pregnancy on Psychological Distress and Gestational Age: Outcomes of a Randomized Controlled Trial. <i>Mindfulness</i> , 2021, 12, 1173-1184.	2.8	15
63	Convergence and divergence in the delivery of cognitive therapy in two randomized clinical trials. <i>Behaviour Research and Therapy</i> , 2013, 51, 493-498.	3.1	13
64	Treating Depression Among Adolescent Perinatal Women With a Dialectical Behavior Therapy-Informed Skills Group. <i>Cognitive and Behavioral Practice</i> , 2017, 24, 416-427.	1.5	13
65	The Roles of Early Response and Sudden Gains on Depression Outcomes: Findings From a Randomized Controlled Trial of Behavioral Activation in Goa, India. <i>Clinical Psychological Science</i> , 2019, 7, 768-777.	4.0	13
66	Disseminating Behavioural Activation for Depression via Online Training: Preliminary Steps. <i>Behavioural and Cognitive Psychotherapy</i> , 2015, 43, 224-238.	1.2	11
67	Being Mindful About the Use of Mindfulness in Clinical Contexts. <i>Cognitive and Behavioral Practice</i> , 2013, 20, 57-59.	1.5	10
68	Treatment of anxiety during pregnancy: room to grow. <i>Archives of Women's Mental Health</i> , 2015, 18, 569-570.	2.6	10
69	Psychotherapeutic Treatments for Depression During Pregnancy. <i>Clinical Obstetrics and Gynecology</i> , 2018, 61, 562-572.	1.1	9
70	Fat talk frequency in high school women: Changes associated with participation in the Body Project. <i>Body Image</i> , 2020, 34, 196-200.	4.3	9
71	Preventing eating disorders in young women: An RCT and mixed-methods evaluation of the peer-delivered Body Project.. <i>Journal of Consulting and Clinical Psychology</i> , 2020, 88, 1105-1118.	2.0	9
72	Mindful Mood Balance: A Case Report of Web-Based Treatment of Residual Depressive Symptoms. , 2014, 18, 58-62.		9

#	ARTICLE	IF	CITATIONS
73	Effects of compassion training on brain responses to suffering others. <i>Social Cognitive and Affective Neuroscience</i> , 2021, 16, 1036-1047.	3.0	8
74	Modular, scalable, and personalized: Priorities for behavioral interventions for adolescent depression.. <i>Clinical Psychology: Science and Practice</i> , 2016, 23, 58-61.	0.9	7
75	Temporal pathways of change in two randomized controlled trials for depression and harmful drinking in Goa, India. <i>Psychological Medicine</i> , 2020, 50, 68-76.	4.5	7
76	Protocol for a mechanistic study of mindfulness based cognitive therapy during pregnancy.. <i>Health Psychology</i> , 2020, 39, 758-766.	1.6	6
77	Adapting behavioral activation for perinatal depression and anxiety in response to the COVID-19 pandemic and racial injustice. <i>Journal of Affective Disorders</i> , 2022, 299, 180-187.	4.1	6
78	The Promise of a Participatory Approach in Clinical Psychology. <i>Clinical Psychological Science</i> , 2019, 7, 60-62.	4.0	5
79	A Mindfulness-Based Cognitive Therapy (MBCT) Intervention to Improve Resilience and Mitigate Symptoms of Burnout Syndrome in Critical Care Nurses: Results of a Randomized Trial. <i>Open Journal of Nursing</i> , 2021, 11, 653-667.	0.4	5
80	Breastfeeding Support and Messaging: A Call to Integrate Public Health and Psychological Perspectives. <i>Maternal and Child Health Journal</i> , 2015, 19, 2545-2547.	1.5	4
81	Lessons learned from training peer-leaders to conduct Body Project workshops. <i>Eating Disorders</i> , 2017, 25, 358-374.	3.0	4
82	The Role of Engagement in Mindfulness-Based Cognitive Therapy for the Prevention of Depressive Relapse/Recurrence in Perinatal Women. <i>Mindfulness</i> , 2021, 12, 61-67.	2.8	4
83	Cost-Effectiveness of a Web-Based Program for Residual Depressive Symptoms: Mindful Mood Balance. <i>Psychiatric Services</i> , 2022, 73, 158-164.	2.0	4
84	Pharmacotherapy or Untreated Antenatal Depression. <i>Journal of Clinical Psychiatry</i> , 2009, 70, 1321-1322.	2.2	4
85	Public Attitudes and Feelings of Warmth Toward Women and Men Experiencing Depression During the Perinatal Period. <i>Psychiatric Services</i> , 2017, 68, 796-802.	2.0	3
86	In a mother's voice: Observing social-emotional aspects of postpartum daily life.. <i>Journal of Family Psychology</i> , 2020, 34, 269-278.	1.3	3
87	Impact of online Mindfulness-Based Cognitive Therapy on suicidal ideation: A secondary analysis of a randomized trial of Mindful Mood Balance. <i>Journal of Affective Disorders</i> , 2022, 301, 472-477.	4.1	3
88	<i>Nuestra Escuela, Nuestras Voces</i> (Our School, Our Voices): Using Photovoice to Understand and Promote Compassion in Schools. <i>Journal of Latinos and Education</i> , 2023, 22, 1475-1491.	1.0	1
89	Teaching as Mediation: The Influence of Professional Development on Teacher Identity in Mexico City Public Schools. <i>Teacher Educator</i> , 2021, 56, 372-398.	1.2	0