

Michael R Lowe

List of Publications by Year in descending order

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Version: 2024-02-01

104
papers

5,181
citations

87888

38
h-index

91884

69
g-index

107
all docs

107
docs citations

107
times ranked

4077
citing authors

#	ARTICLE	IF	CITATIONS
1	Hedonic hunger: A new dimension of appetite?. <i>Physiology and Behavior</i> , 2007, 91, 432-439.	2.1	515
2	The Power of Food Scale. A new measure of the psychological influence of the food environment. <i>Appetite</i> , 2009, 53, 114-118.	3.7	404
3	The effects of dieting on eating behavior: A three-factor model.. <i>Psychological Bulletin</i> , 1993, 114, 100-121.	6.1	395
4	Are Dietary Restraint Scales Valid Measures of Acute Dietary Restriction? Unobtrusive Observational Data Suggest Not.. <i>Psychological Assessment</i> , 2004, 16, 51-59.	1.5	296
5	A comparison of acceptance- and control-based strategies for coping with food cravings: An analog study. <i>Behaviour Research and Therapy</i> , 2007, 45, 2372-2386.	3.1	239
6	Eating Motives and the Controversy over Dieting: Eating Less Than Needed versus Less Than Wanted. <i>Obesity</i> , 2005, 13, 797-806.	4.0	232
7	Multiple types of dieting prospectively predict weight gain during the freshman year of college. <i>Appetite</i> , 2006, 47, 83-90.	3.7	183
8	Self-Regulation of Energy Intake in the Prevention and Treatment of Obesity: Is It Feasible?. <i>Obesity</i> , 2003, 11, 44S-59S.	4.0	155
9	Are dietary restraint scales valid measures of moderate- to long-term dietary restriction? Objective biological and behavioral data suggest not.. <i>Psychological Assessment</i> , 2007, 19, 449-458.	1.5	137
10	Dieting and restrained eating as prospective predictors of weight gain. <i>Frontiers in Psychology</i> , 2013, 4, 577.	2.1	118
11	Weight suppression is a robust predictor of outcome in the cognitive-behavioral treatment of bulimia nervosa.. <i>Journal of Abnormal Psychology</i> , 2006, 115, 62-67.	1.9	88
12	Ecological Momentary Assessment of Obesogenic Eating Behavior: Combining Person-Specific and Environmental Predictors. <i>Obesity</i> , 2011, 19, 1574-1579.	3.0	86
13	Cognitive restraint, weight suppression, and the regulation of eating. <i>Appetite</i> , 1988, 10, 159-168.	3.7	81
14	Restraint, dieting, and the continuum model of bulimia nervosa.. <i>Journal of Abnormal Psychology</i> , 1996, 105, 508-517.	1.9	74
15	Stress-induced eating in restrained eaters may not be caused by stress or restraint. <i>Appetite</i> , 2006, 46, 16-21.	3.7	73
16	The relation of weight suppression and body mass index to symptomatology and treatment response in anorexia nervosa.. <i>Journal of Abnormal Psychology</i> , 2013, 122, 694-708.	1.9	71
17	Eating regulation: The role of restraint, dieting, and weight. <i>International Journal of Eating Disorders</i> , 1991, 10, 461-471.	4.0	67
18	Hedonic hunger and binge eating among women with eating disorders. <i>International Journal of Eating Disorders</i> , 2014, 47, 273-280.	4.0	66

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19	Can evaluative conditioning decrease soft drink consumption?. <i>Appetite</i> , 2016, 105, 60-70.	3.7	66
20	Weight suppression predicts weight gain during inpatient treatment of bulimia nervosa. <i>Physiology and Behavior</i> , 2006, 87, 487-492.	2.1	57
21	The relationship of weight suppression and dietary restraint to binge eating in bulimia nervosa. <i>International Journal of Eating Disorders</i> , 2007, 40, 640-644.	4.0	56
22	Binge eating in obesity: Toward the specification of predictors. <i>International Journal of Eating Disorders</i> , 1991, 10, 49-55.	4.0	54
23	Weight Suppression in Eating Disorders: a Research and Conceptual Update. <i>Current Psychiatry Reports</i> , 2018, 20, 80.	4.5	53
24	Dieting: really harmful, merely ineffective or actually helpful?. <i>British Journal of Nutrition</i> , 2004, 92, S19-S22.	2.3	52
25	Neural correlates of individual differences related to appetite. <i>Physiology and Behavior</i> , 2009, 97, 561-571.	2.1	51
26	Motivations for dieting: Drive for thinness is different from drive for objective thinness.. <i>Journal of Abnormal Psychology</i> , 2010, 119, 276-281.	1.9	51
27	Hedonic hunger prospectively predicts onset and maintenance of loss of control eating among college women.. <i>Health Psychology</i> , 2016, 35, 238-244.	1.6	50
28	Implementation of transdiagnostic treatment for emotional disorders in residential eating disorder programs: A preliminary pre-post evaluation. <i>Psychotherapy Research</i> , 2019, 29, 1045-1061.	1.8	49
29	Applying novel technologies and methods to inform the ontology of self-regulation. <i>Behaviour Research and Therapy</i> , 2018, 101, 46-57.	3.1	48
30	Weight suppression predicts weight change over 5years in bulimia nervosa. <i>Psychiatry Research</i> , 2010, 177, 330-334.	3.3	45
31	Efficacy of environmental and acceptance-based enhancements to behavioral weight loss treatment: The ENACT trial. <i>Obesity</i> , 2017, 25, 866-872.	3.0	45
32	The relation of weight suppression and BMI to bulimic symptoms. <i>International Journal of Eating Disorders</i> , 2011, 44, 612-617.	4.0	44
33	The independent and interacting effects of hedonic hunger and executive function on binge eating. <i>Appetite</i> , 2015, 89, 16-21.	3.7	44
34	Restrained Eating and Dieting: Replication of their Divergent Effects on Eating Regulation. <i>Appetite</i> , 1995, 25, 115-118.	3.7	43
35	What a difference a diet makes: Towards an understanding of differences between restrained dieters and restrained nondieters. <i>Eating Behaviors</i> , 2004, 5, 199-208.	2.0	43
36	An Initial Evaluation of a Commercial Weight Loss Program: Short-Term Effects on Weight, Eating Behavior, and Mood. <i>Obesity</i> , 1999, 7, 51-59.	4.0	41

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37	On the relation of dieting and bingeing in bulimia nervosa.. Journal of Abnormal Psychology, 1998, 107, 263-271.	1.9	40
38	Weight suppression predicts time to remission from bulimia nervosa.. Journal of Consulting and Clinical Psychology, 2011, 79, 772-776.	2.0	39
39	Elevated reward response to receipt of palatable food predicts future weight variability in healthy-weight adolescents. American Journal of Clinical Nutrition, 2017, 105, 781-789.	4.7	39
40	The Effect of Training in Reduced Energy Density Eating and Food Selfâ€monitoring Accuracy on Weight Loss Maintenance. Obesity, 2008, 16, 2016-2023.	3.0	37
41	Childhood body mass index in adolescentâ€onset anorexia nervosa. International Journal of Eating Disorders, 2016, 49, 1002-1009.	4.0	33
42	Behind binge eating: A review of food-specific adaptations of neurocognitive and neuroimaging tasks. Physiology and Behavior, 2017, 176, 59-70.	2.1	33
43	Meal replacements, reduced energy density eating, and weight loss maintenance in primary care patients: A randomized controlled trial. Obesity, 2014, 22, 94-100.	3.0	29
44	Do hunger and exposure to food affect scores on a measure of hedonic hunger? An experimental study. Appetite, 2014, 74, 1-5.	3.7	29
45	Correlates of subjective and objective binge eating in binge-purge syndromes. International Journal of Eating Disorders, 2002, 31, 220-228.	4.0	27
46	Putting restrained and unrestrained nondieters on short-term diets: Effects on eating. Addictive Behaviors, 1994, 19, 349-356.	3.0	26
47	Differential reward response to palatable food cues in past and current dieters: A fMRI study. Obesity, 2014, 22, E38-45.	3.0	25
48	Delayed discounting and hedonic hunger in the prediction of lab-based eating behavior. Eating Behaviors, 2015, 19, 72-75.	2.0	25
49	Assessing the three types of dieting in the Three-Factor Model of dieting. The Dieting and Weight History Questionnaire. Appetite, 2013, 63, 24-30.	3.7	24
50	Short-term variability in body weight predicts long-term weight gain. American Journal of Clinical Nutrition, 2015, 102, 995-999.	4.7	24
51	Weight-loss maintenance 1, 2 and 5 years after successful completion of a weight-loss programme. British Journal of Nutrition, 2008, 99, 925-930.	2.3	22
52	Elevated preâ€morbidity weights in bulimic individuals are usually surpassed postâ€morbidity: Implications for perpetuation of the disorder. International Journal of Eating Disorders, 2012, 45, 512-523.	4.0	22
53	Perceived deprivation, restrained eating and susceptibility to weight gain. Appetite, 2008, 51, 720-722.	3.7	20
54	Variability in Weight Change Early in Behavioral Weight Loss Treatment: Theoretical and Clinical Implications. Obesity, 2017, 25, 1509-1515.	3.0	20

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55	Weight suppression uniquely predicts body fat gain in first-year female college students. <i>Eating Behaviors</i> , 2019, 32, 60-64.	2.0	19
56	A prospective test of the relation between weight change and risk for bulimia nervosa. <i>International Journal of Eating Disorders</i> , 2011, 44, 295-303.	4.0	18
57	Associations between weight suppression and dimensions of eating disorder psychopathology in a multisite sample. <i>Journal of Psychiatric Research</i> , 2015, 69, 87-93.	3.1	18
58	Evidence-based implementation practices applied to the intensive treatment of eating disorders: Summary of research and illustration of principles using a case example. <i>Clinical Psychology: Science and Practice</i> , 2018, 25, e12221.	0.9	18
59	An investigation of counterregulatory eating in obese clinic attenders. <i>International Journal of Eating Disorders</i> , 1992, 12, 161-169.	4.0	17
60	Acceptance and Commitment Therapy for eating disorders: Clinical applications of a group treatment. <i>Journal of Contextual Behavioral Science</i> , 2013, 2, 85-94.	2.6	16
61	Examination of central body fat deposition as a risk factor for loss-of-control eating. <i>American Journal of Clinical Nutrition</i> , 2015, 102, 736-744.	4.7	16
62	Menstrual cycle loss and resumption among patients with anorexia nervosa spectrum eating disorders: Is relative or absolute weight more influential?. <i>International Journal of Eating Disorders</i> , 2017, 50, 442-446.	4.0	16
63	The generation and inhibition of hedonically-driven food intake: Behavioral and neurophysiological determinants in healthy weight individuals. <i>Physiology and Behavior</i> , 2013, 121, 25-34.	2.1	15
64	Daily self-weighing and weight gain prevention: a longitudinal study of college-aged women. <i>Journal of Behavioral Medicine</i> , 2017, 40, 846-853.	2.1	15
65	Evaluating the real-world effectiveness of cognitive-behavior therapy efficacy research on eating disorders: A case study from a community-based clinical setting. <i>International Journal of Eating Disorders</i> , 2011, 44, 9-18.	4.0	14
66	Evaluation of meal replacements and a home food environment intervention for long-term weight loss: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2018, 107, 12-19.	4.7	14
67	Relationships Among Dietary Cognitive Restraint, Food Preferences, and Reaction Times. <i>Frontiers in Psychology</i> , 2019, 10, 2256.	2.1	14
68	Weight variability during self-monitored weight loss predicts future weight loss outcome. <i>International Journal of Obesity</i> , 2020, 44, 1360-1367.	3.4	14
69	Predicting Change in Physical Activity: a Longitudinal Investigation Among Weight-Concerned College Women. <i>Annals of Behavioral Medicine</i> , 2016, 50, 629-641.	2.9	13
70	Premorbid BMI predicts binge-purge symptomatology among individuals with anorexia nervosa. <i>International Journal of Eating Disorders</i> , 2017, 50, 852-855.	4.0	13
71	Dieting in bulimia nervosa is associated with increased food restriction and psychopathology but decreased binge eating. <i>Eating Behaviors</i> , 2013, 14, 342-347.	2.0	12
72	Body concerns and BMI as predictors of disordered eating and body mass in girls: An 18-year longitudinal investigation.. <i>Journal of Abnormal Psychology</i> , 2019, 128, 32-43.	1.9	12

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73	Comparison of Verbal and Pictorial Measures of Hunger During Fasting in Normal Weight and Obese Subjects. <i>Obesity</i> , 2000, 8, 566-574.	4.0	11
74	An investigation of two dimensions of impulsivity as predictors of loss-of-control eating severity and frequency. <i>Appetite</i> , 2017, 117, 9-16.	3.7	11
75	The Renfrew Unified Treatment for Eating Disorders and Comorbidity: Long-Term Effects of an Evidence-Based Practice Implementation in Residential Treatment. <i>Frontiers in Psychiatry</i> , 2021, 12, 641601.	2.6	11
76	An investigation of weight suppression in a population-based sample of female twins. <i>International Journal of Eating Disorders</i> , 2011, 44, 44-49.	4.0	10
77	Addressing Weight Suppression to Improve Treatment Outcome for Bulimia Nervosa. <i>Cognitive and Behavioral Practice</i> , 2018, 25, 391-401.	1.5	10
78	Individual differences in within-subject weight variability: There's a signal in the noise. <i>Physiology and Behavior</i> , 2020, 226, 113112.	2.1	10
79	Prediction of eating disorder treatment response trajectories via machine learning does not improve performance versus a simpler regression approach. <i>International Journal of Eating Disorders</i> , 2021, 54, 1250-1259.	4.0	10
80	The food restriction wars: Proposed resolution of a primary battle. <i>Physiology and Behavior</i> , 2021, 240, 113530.	2.1	10
81	Commentary on: "Neurobehavioral Inhibition of Reward-driven Feeding: Implications for Dieting and Obesity". <i>Obesity</i> , 2009, 17, 622-624.	3.0	9
82	The impact of early body-weight variability on long-term weight maintenance: exploratory results from the NoHoW weight-loss maintenance intervention. <i>International Journal of Obesity</i> , 2021, 45, 525-534.	3.4	9
83	The independent and interacting effects of weight suppression and admission body mass index on treatment weight change in patients with anorexia nervosa or bulimia nervosa. <i>International Journal of Eating Disorders</i> , 2019, 52, 1301-1309.	4.0	8
84	Latent trajectories of eating disorder treatment response among female patients in residential care. <i>International Journal of Eating Disorders</i> , 2020, 53, 1647-1656.	4.0	8
85	A new, developmentally-sensitive measure of weight suppression. <i>Appetite</i> , 2021, 163, 105231.	3.7	8
86	Development and validation of a progress monitoring tool tailored for use in intensive eating disorder treatment. <i>European Eating Disorders Review</i> , 2020, 28, 223-236.	4.1	7
87	Energy intake highs and lows: how much does consistency matter in weight control?. <i>Clinical Obesity</i> , 2016, 6, 193-201.	2.0	6
88	The relationship of weight suppression to treatment outcomes during behavioral weight loss. <i>Journal of Behavioral Medicine</i> , 2019, 42, 365-375.	2.1	6
89	Implicit Mental Motor Imagery Task Demonstrates a Distortion of the Body Schema in Patients With Eating Disorders. <i>Journal of the International Neuropsychological Society</i> , 2018, 24, 715-723.	1.8	5
90	Why is premorbid BMI consistently elevated in clinical samples, but not in risk factor samples, of individuals with eating disorders?. <i>International Journal of Eating Disorders</i> , 2019, 52, 117-120.	4.0	5

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91	Weight suppression is a risk factor for eating disorders: Implications for etiology, maintenance, and treatment. <i>American Journal of Clinical Nutrition</i> , 2020, 112, 907-908.	4.7	5
92	Commentary on: "What is restrained eating and how do we identify it?" Unveiling the elephant in the room. <i>Appetite</i> , 2022, 168, 105221.	3.7	5
93	Human Eating Motivation in Times of Plenty. , 2008, , 95-112.		4
94	The importance of behavioral anchoring in neuroimaging studies of obesity. <i>American Journal of Clinical Nutrition</i> , 2013, 97, 451-452.	4.7	3
95	The way to her heart? Response to romantic cues is dependent on hunger state and dieting history: An fMRI pilot study. <i>Appetite</i> , 2015, 95, 126-131.	3.7	3
96	Weight Dysregulation, Positive Energy Balance, and Binge Eating in Eating Disorders. , 2020, , 59-67.		3
97	The effect of weight suppression on eating behavior: Does the intentionality of weight loss matter?. <i>Appetite</i> , 2022, 174, 106017.	3.7	3
98	Traditional versus developmental measures of weight suppression: Exploring their relationships with bulimic psychopathology. <i>European Eating Disorders Review</i> , 2022, , .	4.1	2
99	Relation of dieting to eating pathology. , 2001, , 45-56.		1
100	Eating patterns, diet quality and energy balance: From the macro- to the microscopic. <i>Physiology and Behavior</i> , 2014, 134, 123-125.	2.1	1
101	Within-subject weight variability in bulimia nervosa: Correlates and consequences. <i>International Journal of Eating Disorders</i> , 2021, 54, 898-902.	4.0	1
102	Word selection and weight bias. <i>Obesity</i> , 2021, 29, 1238-1238.	3.0	1
103	Preface. <i>Physiology and Behavior</i> , 2010, 100, 417-418.	2.1	0
104	Greater within-person weight variability during infancy predicts future increases in BMI. <i>Obesity</i> , 2021, 29, 1684-1688.	3.0	0