

Estefania Toledo

List of Publications by Year in descending order

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Version: 2024-02-01

255
papers

14,003
citations

20817

60
h-index

26613

107
g-index

266
all docs

266
docs citations

266
times ranked

18061
citing authors

#	ARTICLE	IF	CITATIONS
1	Dietary diversity and depression: cross-sectional and longitudinal analyses in Spanish adult population with metabolic syndrome. Findings from PREDIMED-Plus trial. Public Health Nutrition, 2023, 26, 598-610.	2.2	2
2	Exploratory dietary patterns and cognitive function in the "Seguimiento Universidad de Navarra" (SUN) Prospective Cohort. European Journal of Clinical Nutrition, 2022, 76, 48-55.	2.9	3
3	Pro-vegetarian food patterns and cardiometabolic risk in the PREDIMED-Plus study: a cross-sectional baseline analysis. European Journal of Nutrition, 2022, 61, 357-372.	3.9	13
4	Factors associated with successful dietary changes in an energy-reduced Mediterranean diet intervention: a longitudinal analysis in the PREDIMED-Plus trial. European Journal of Nutrition, 2022, 61, 1457-1475.	3.9	8
5	Left atrial strain improves echocardiographic classification of diastolic function in patients with metabolic syndrome and overweight-obesity. International Journal of Cardiology, 2022, 348, 169-174.	1.7	8
6	Physicians' characteristics and practices associated with the provision of cancer screening advice to their patients: the Spanish SUN cohort study. BMJ Open, 2022, 12, e048498.	1.9	1
7	Adopting a High-Polyphenolic Diet Is Associated with an Improved Glucose Profile: Prospective Analysis within the PREDIMED-Plus Trial. Antioxidants, 2022, 11, 316.	5.1	5
8	Prospective associations between a priori dietary patterns adherence and kidney function in an elderly Mediterranean population at high cardiovascular risk. European Journal of Nutrition, 2022, 61, 3095-3108.	3.9	3
9	Contribution of cardio-vascular risk factors to depressive status in the PREDIMED-PLUS Trial. A cross-sectional and a 2-year longitudinal study. PLoS ONE, 2022, 17, e0265079.	2.5	3
10	Effect of Dietary Phenolic Compounds on Incidence of Cardiovascular Disease in the SUN Project; 10 Years of Follow-Up. Antioxidants, 2022, 11, 783.	5.1	12
11	Arginine catabolism metabolites and atrial fibrillation or heart failure risk: two case-control studies within the PREDIMED trial. American Journal of Clinical Nutrition, 2022, , .	4.7	2
12	Vitamin D and Risk of Obesity-Related Cancers: Results from the SUN ("Seguimiento Universidad de) Tj ETQq0 0 0 rgBT /Overlock 10 1	4.1	2
13	Association of ideal cardiovascular health with cardiovascular events and risk advancement periods in a Mediterranean population-based cohort. BMC Medicine, 2022, 20, .	5.5	7
14	Association between coffee consumption and total dietary caffeine intake with cognitive functioning: cross-sectional assessment in an elderly Mediterranean population. European Journal of Nutrition, 2021, 60, 2381-2396.	3.9	22
15	Association between ankle-brachial index and cognitive function in participants in the PREDIMED-Plus study: cross-sectional assessment. Revista Espanola De Cardiologia (English Ed), 2021, 74, 846-853.	0.6	2
16	Caffeinated coffee consumption and risk of atrial fibrillation in two Spanish cohorts. European Journal of Preventive Cardiology, 2021, 28, 648-657.	1.8	23
17	Body shape trajectories and risk of breast cancer: results from the SUN ("Seguimiento Universidad De) Tj ETQq1 1 0.784314 rgBT /Ov	2.2	4
18	Choline Metabolism and Risk of Atrial Fibrillation and Heart Failure in the PREDIMED Study. Clinical Chemistry, 2021, 67, 288-297.	3.2	31

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19	Lipid Profiles and Heart Failure Risk. <i>Circulation Research</i> , 2021, 128, 309-320.	4.5	40
20	Plasma Metabolomic Profiles of Glycemic Index, Glycemic Load, and Carbohydrate Quality Index in the PREDIMED Study. <i>Journal of Nutrition</i> , 2021, 151, 50-58.	2.9	10
21	Polyphenol intake and cognitive decline in the Seguimiento Universidad de Navarra (SUN) Project. <i>British Journal of Nutrition</i> , 2021, 126, 43-52.	2.3	10
22	Association of carbohydrate quality and all-cause mortality in the SUN Project: A prospective cohort study. <i>Clinical Nutrition</i> , 2021, 40, 2364-2372.	5.0	12
23	Dietary folate intake and metabolic syndrome in participants of PREDIMED-Plus study: a cross-sectional study. <i>European Journal of Nutrition</i> , 2021, 60, 1125-1136.	3.9	12
24	Egg consumption and cardiovascular risk: a dose-response meta-analysis of prospective cohort studies. <i>European Journal of Nutrition</i> , 2021, 60, 1833-1862.	3.9	40
25	Carbohydrate quality index and breast cancer risk in a Mediterranean cohort: The SUN project. <i>Clinical Nutrition</i> , 2021, 40, 137-145.	5.0	18
26	Mediterranean diet and antihypertensive drug use: a randomized controlled trial. <i>Journal of Hypertension</i> , 2021, 39, 1230-1237.	0.5	3
27	Dietary Antioxidant Vitamins and Minerals and Breast Cancer Risk: Prospective Results from the SUN Cohort. <i>Antioxidants</i> , 2021, 10, 340.	5.1	14
28	Dairy Consumption and Incidence of Breast Cancer in the "Seguimiento Universidad de Navarra" (SUN) Project. <i>Nutrients</i> , 2021, 13, 687.	4.1	5
29	An Active Lifestyle Is Associated with Better Cognitive Function Over Time in APOE ϵ 4 Non-Carriers. <i>Journal of Alzheimer's Disease</i> , 2021, 79, 1257-1268.	2.6	9
30	Dairy consumption, plasma metabolites, and risk of type 2 diabetes. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 163-174.	4.7	29
31	High Fruit and Vegetable Consumption and Moderate Fat Intake Are Associated with Higher Carotenoid Concentration in Human Plasma. <i>Antioxidants</i> , 2021, 10, 473.	5.1	7
32	Milk and Dairy Products Intake Is Related to Cognitive Impairment at Baseline in Predimed Plus Trial. <i>Molecular Nutrition and Food Research</i> , 2021, 65, e2000728.	3.3	8
33	Mediterranean Diet and Physical Activity Decrease the Initiation of Cardiovascular Drug Use in High Cardiovascular Risk Individuals: A Cohort Study. <i>Antioxidants</i> , 2021, 10, 397.	5.1	1
34	Consumption of caffeinated beverages and kidney function decline in an elderly Mediterranean population with metabolic syndrome. <i>Scientific Reports</i> , 2021, 11, 8719.	3.3	13
35	Dietary calcium, vitamin D, and breast cancer risk in women: findings from the SUN cohort. <i>European Journal of Nutrition</i> , 2021, 60, 3783-3797.	3.9	4
36	Energy Balance and Risk of Mortality in Spanish Older Adults. <i>Nutrients</i> , 2021, 13, 1545.	4.1	3

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37	Dietary vitamin D intake and colorectal cancer risk: a longitudinal approach within the PREDIMED study. <i>European Journal of Nutrition</i> , 2021, 60, 4367-4378.	3.9	5
38	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2021, 40, 2825-2836.	5.0	24
39	Glycolysis Metabolites and Risk of Atrial Fibrillation and Heart Failure in the PREDIMED Trial. <i>Metabolites</i> , 2021, 11, 306.	2.9	4
40	Sugar-Sweetened Beverages, Artificially Sweetened Beverages, and Breast Cancer Risk: Results From 2 Prospective US Cohorts. <i>Journal of Nutrition</i> , 2021, 151, 2768-2779.	2.9	13
41	Fruit consumption and cardiometabolic risk in the PREDIMED-plus study: A cross-sectional analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 1702-1713.	2.6	14
42	Sugar-Sweetened Beverages, Artificially Sweetened Beverages, and Breast Cancer Risk: Results From Two Prospective US Cohorts. <i>Current Developments in Nutrition</i> , 2021, 5, 276.	0.3	1
43	Associations Between an Overall, Healthful and Unhealthful Low-Fat Dietary Patterns and Breast Cancer Risk in a Mediterranean Cohort: The SUN Project. <i>Current Developments in Nutrition</i> , 2021, 5, 259.	0.3	0
44	Use of Different Food Classification Systems to Assess the Association between Ultra-Processed Food Consumption and Cardiometabolic Health in an Elderly Population with Metabolic Syndrome (PREDIMED-Plus Cohort). <i>Nutrients</i> , 2021, 13, 2471.	4.1	46
45	Polyphenol intake and cardiovascular risk in the PREDIMED-Plus trial. A comparison of different risk equations. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2021, , .	0.6	2
46	Leisure-time physical activity, sedentary behavior, and risk of breast cancer: Results from the SUN (â€“Seguimiento Universidad De Navarraâ€“™) project. <i>Preventive Medicine</i> , 2021, 148, 106535.	3.4	7
47	Metabolomics of the tryptophanâ€“kynurenine degradation pathway and risk of atrial fibrillation and heart failure: potential modification effect of Mediterranean diet. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 1646-1654.	4.7	20
48	Healthful and Unhealthful Plant-Based Diets and Risk of Breast Cancer in U.S. Women: Results from the Nurses' Health Studies. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2021, 30, 1921-1931.	2.5	22
49	Increased Adiposity Appraised with CUN-BAE Is Highly Predictive of Incident Hypertension. The SUN Project. <i>Nutrients</i> , 2021, 13, 3309.	4.1	1
50	Diet Quality Indices in the SUN Cohort: Observed Changes and Predictors of Changes in Scores Over a 10-Year Period. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2021, 121, 1948-1960.e7.	0.8	8
51	AsociaciÃ³n entre Ãndice tobillo-brazo y rendimiento cognitivo en participantes del estudio PREDIMED-Plus: estudio transversal. <i>Revista Espanola De Cardiologia</i> , 2021, 74, 846-853.	1.2	0
52	Association of calprotectin with other inflammatory parameters in the prediction of mortality for ischemic stroke. <i>Journal of Neuroinflammation</i> , 2021, 18, 3.	7.2	20
53	Egg consumption and cardiovascular risk: a doseâ€“response meta-analysis of prospective cohort studies. , 2021, 60, 1833.		1
54	Walnut Consumption, Plasma Metabolomics, and Risk of Type 2 Diabetes and Cardiovascular Disease. <i>Journal of Nutrition</i> , 2021, 151, 303-311.	2.9	20

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55	Tricarboxylic acid cycle related-metabolites and risk of atrial fibrillation and heart failure. <i>Metabolism: Clinical and Experimental</i> , 2021, 125, 154915.	3.4	19
56	Final results regarding the addition of dendritic cell vaccines to neoadjuvant chemotherapy in early HER2-negative breast cancer patients: clinical and translational analysis. <i>Therapeutic Advances in Medical Oncology</i> , 2021, 13, 175883592110646.	3.2	14
57	Mediterranean, DASH, and MIND Dietary Patterns and Cognitive Function: The 2-Year Longitudinal Changes in an Older Spanish Cohort. <i>Frontiers in Aging Neuroscience</i> , 2021, 13, 782067.	3.4	21
58	Plasma acylcarnitines and risk of incident heart failure and atrial fibrillation: the Prevenci3n con dieta mediterr3nea study. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2021, , .	0.6	2
59	Sugar-sweetened and artificially-sweetened beverages and changes in cognitive function in the SUN project. <i>Nutritional Neuroscience</i> , 2020, 23, 946-954.	3.1	19
60	Adherence to a priori dietary indexes and baseline prevalence of cardiovascular risk factors in the PREDIMED-Plus randomised trial. <i>European Journal of Nutrition</i> , 2020, 59, 1219-1232.	3.9	24
61	High sleep variability predicts a blunted weight loss response and short sleep duration a reduced decrease in waist circumference in the PREDIMED-Plus Trial. <i>International Journal of Obesity</i> , 2020, 44, 330-339.	3.4	22
62	Longitudinal changes in Mediterranean diet and transition between different obesity phenotypes. <i>Clinical Nutrition</i> , 2020, 39, 966-975.	5.0	16
63	Nutrient adequacy and diet quality in a Mediterranean population with metabolic syndrome: A cross-sectional study. <i>Clinical Nutrition</i> , 2020, 39, 853-861.	5.0	3
64	Impact of Life's Simple 7 on the incidence of major cardiovascular events in high-risk Spanish adults in the PREDIMED study cohort. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2020, 73, 205-211.	0.6	9
65	Psychometric properties of the Weight Locus of Control Scale (MWLCS): study with Spanish individuals of different anthropometric nutritional status. <i>Eating and Weight Disorders</i> , 2020, 25, 1533-1542.	2.5	3
66	3 priori Dietary Patterns and Cognitive Function in the SUN Project. <i>Neuroepidemiology</i> , 2020, 54, 45-57.	2.3	28
67	Association between dairy product consumption and hyperuricemia in an elderly population with metabolic syndrome. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020, 30, 214-222.	2.6	14
68	Influence of lifestyle factors and staple foods from the Mediterranean diet on non-alcoholic fatty liver disease among older individuals with metabolic syndrome features. <i>Nutrition</i> , 2020, 71, 110620.	2.4	28
69	Carbohydrate quality changes and concurrent changes in cardiovascular risk factors: a longitudinal analysis in the PREDIMED-Plus randomized trial. <i>American Journal of Clinical Nutrition</i> , 2020, 111, 291-306.	4.7	50
70	Urinary Resveratrol Metabolites Output: Differential Associations with Cardiometabolic Markers and Liver Enzymes in House-Dwelling Subjects Featuring Metabolic Syndrome. <i>Molecules</i> , 2020, 25, 4340.	3.8	6
71	Relationship between olive oil consumption and ankle-brachial pressure index in a population at high cardiovascular risk. <i>Atherosclerosis</i> , 2020, 314, 48-57.	0.8	6
72	Adherence to the 2018 World Cancer Research Fund/American Institute for Cancer Research Recommendations and Breast Cancer in the SUN Project. <i>Nutrients</i> , 2020, 12, 2076.	4.1	21

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73	Cured ham consumption and incidence of hypertension: The "Seguimiento Universidad de Navarra" (SUN) cohort. <i>Medicina Clínica (English Edition)</i> , 2020, 155, 9-17.	0.2	0
74	Risk for cardiovascular disease associated with metabolic syndrome and its components: a 13-year prospective study in the RIVANA cohort. <i>Cardiovascular Diabetology</i> , 2020, 19, 195.	6.8	98
75	High Plasma Glutamate and a Low Glutamine-to-Glutamate Ratio Are Associated with Increased Risk of Heart Failure but Not Atrial Fibrillation in the Prevención con Dieta Mediterránea (PREDIMED) Study. <i>Journal of Nutrition</i> , 2020, 150, 2882-2889.	2.9	14
76	Reader response: Dietary patterns during adulthood and cognitive performance in midlife: The CARDIA study. <i>Neurology</i> , 2020, 94, 635-636.	1.1	0
77	Relationship of visceral adipose tissue with surrogate insulin resistance and liver markers in individuals with metabolic syndrome chronic complications. <i>Therapeutic Advances in Endocrinology and Metabolism</i> , 2020, 11, 204201882095829.	3.2	17
78	Association between Polyphenol Intake and Gastric Cancer Risk by Anatomic and Histologic Subtypes: MCC-Spain. <i>Nutrients</i> , 2020, 12, 3281.	4.1	7
79	Plasma Metabolomics Profiles are Associated with the Amount and Source of Protein Intake: A Metabolomics Approach within the PREDIMED Study. <i>Molecular Nutrition and Food Research</i> , 2020, 64, e2000178.	3.3	17
80	Healthful and unhealthful vegetarian food patterns and the incidence of breast cancer: Results from a Mediterranean cohort. <i>Nutrition</i> , 2020, 79-80, 110884.	2.4	11
81	The Mediterranean diet, plasma metabolome, and cardiovascular disease risk. <i>European Heart Journal</i> , 2020, 41, 2645-2656.	2.2	138
82	Fine tuning of the unfolded protein response by ISRIB improves neuronal survival in a model of amyotrophic lateral sclerosis. <i>Cell Death and Disease</i> , 2020, 11, 397.	6.3	56
83	Binge Drinking and Risk of Breast Cancer: Results from the SUN ("Seguimiento Universidad de Navarra"™) Project. <i>Nutrients</i> , 2020, 12, 731.	4.1	5
84	Hypertension and changes in cognitive function in a Mediterranean population. <i>Nutritional Neuroscience</i> , 2020, , 1-9.	3.1	2
85	Circulating TIMP-1 is associated with hematoma volume in patients with spontaneous intracranial hemorrhage. <i>Scientific Reports</i> , 2020, 10, 10329.	3.3	5
86	Association Between Lifestyle and Hypertriglyceridemic Waist Phenotype in the PREDIMED+ Study. <i>Obesity</i> , 2020, 28, 537-543.	3.0	18
87	Mediterranean dietary pattern is associated with lower incidence of premenopausal breast cancer in the Seguimiento Universidad de Navarra (SUN) Project. <i>Public Health Nutrition</i> , 2020, 23, 3148-3159.	2.2	5
88	Glycolysis/gluconeogenesis- and tricarboxylic acid cycle-related metabolites, Mediterranean diet, and type 2 diabetes. <i>American Journal of Clinical Nutrition</i> , 2020, 111, 835-844.	4.7	56
89	Phenolic Acid Subclasses, Individual Compounds, and Breast Cancer Risk in a Mediterranean Cohort: The SUN Project. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2020, 120, 1002-1015.e5.	0.8	25
90	Coffee consumption and breast cancer risk in the SUN project. <i>European Journal of Nutrition</i> , 2020, 59, 3461-3471.	3.9	25

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91	Association between the 2018 WCRF/AICR and the Low-Risk Lifestyle Scores with Colorectal Cancer Risk in the Predimed Study. <i>Journal of Clinical Medicine</i> , 2020, 9, 1215.	2.4	19
92	Cured ham consumption and incidence of hypertension: The "Seguimiento Universidad de Navarra" (SUN) cohort. <i>Medicina Clínica</i> , 2020, 155, 9-17.	0.6	5
93	Impacto de Life's Simple 7 en la incidencia de eventos cardiovasculares mayores en adultos españoles con alto riesgo de la cohorte del estudio PREDIMED. <i>Revista Espanola De Cardiologia</i> , 2020, 73, 205-211.	1.2	25
94	Health-related quality of life in individuals with metabolic syndrome: A cross-sectional study. <i>Semergen</i> , 2020, 46, 524-537.	0.5	9
95	The Effect of Physical Activity and High Body Mass Index on Health-Related Quality of Life in Individuals with Metabolic Syndrome. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3728.	2.6	7
96	Abstract P5-08-04: Physical activity, sedentary behaviour, and risk of breast cancer: Results from the SUN ("Seguimiento Universidad de Navarra"™) project. , 2020, , .		0
97	Effect of a Lifestyle Intervention Program With Energy-Restricted Mediterranean Diet and Exercise on Weight Loss and Cardiovascular Risk Factors: One-Year Results of the PREDIMED-Plus Trial. <i>Diabetes Care</i> , 2019, 42, 777-788.	8.6	239
98	MMP10 Promotes Efficient Thrombolysis After Ischemic Stroke in Mice with Induced Diabetes. <i>Translational Stroke Research</i> , 2019, 10, 389-401.	4.2	21
99	Dietary inflammatory index and all-cause mortality in large cohorts: The SUN and PREDIMED studies. <i>Clinical Nutrition</i> , 2019, 38, 1221-1231.	5.0	87
100	Changes in arginine are inversely associated with type 2 diabetes: A case-cohort study in the PREDIMED trial. <i>Diabetes, Obesity and Metabolism</i> , 2019, 21, 397-401.	4.4	16
101	Body adiposity indicators and cardiometabolic risk: Cross-sectional analysis in participants from the PREDIMED-Plus trial. <i>Clinical Nutrition</i> , 2019, 38, 1883-1891.	5.0	34
102	High plasma glutamate and low glutamine-to-glutamate ratio are associated with type 2 diabetes: Case-cohort study within the PREDIMED trial. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019, 29, 1040-1049.	2.6	58
103	Plasma Metabolites Associated with Frequent Red Wine Consumption: A Metabolomics Approach within the PREDIMED Study. <i>Molecular Nutrition and Food Research</i> , 2019, 63, e1900140.	3.3	20
104	A Mediterranean Diet Rich in Extra-Virgin Olive Oil Is Associated with a Reduced Prevalence of Nonalcoholic Fatty Liver Disease in Older Individuals at High Cardiovascular Risk. <i>Journal of Nutrition</i> , 2019, 149, 1920-1929.	2.9	59
105	Long Daytime Napping Is Associated with Increased Adiposity and Type 2 Diabetes in an Elderly Population with Metabolic Syndrome. <i>Journal of Clinical Medicine</i> , 2019, 8, 1053.	2.4	21
106	Total and Subtypes of Dietary Fat Intake and Its Association with Components of the Metabolic Syndrome in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , 2019, 11, 1493.	4.1	41
107	Effect of a Nutritional and Behavioral Intervention on Energy-Reduced Mediterranean Diet Adherence Among Patients With Metabolic Syndrome. <i>JAMA - Journal of the American Medical Association</i> , 2019, 322, 1486.	7.4	100
108	Lysine pathway metabolites and the risk of type 2 diabetes and cardiovascular disease in the PREDIMED study: results from two case-cohort studies. <i>Cardiovascular Diabetology</i> , 2019, 18, 151.	6.8	34

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109	Virgin Olive Oil and Health: Summary of the III International Conference on Virgin Olive Oil and Health Consensus Report, JAEN (Spain) 2018. <i>Nutrients</i> , 2019, 11, 2039.	4.1	116
110	Extra-virgin olive oil for potential prevention of Alzheimer disease. <i>Revue Neurologique</i> , 2019, 175, 705-723.	1.5	51
111	Lifestyle factors and visceral adipose tissue: Results from the PREDIMED-PLUS study. <i>PLoS ONE</i> , 2019, 14, e0210726.	2.5	14
112	Association of lifestyle factors and inflammation with sarcopenic obesity: data from the PREDIMED-Plus trial. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2019, 10, 974-984.	7.3	40
113	Plasma Metabolites Associated with Coffee Consumption: A Metabolomic Approach within the PREDIMED Study. <i>Nutrients</i> , 2019, 11, 1032.	4.1	16
114	Naturally Lignan-Rich Foods: A Dietary Tool for Health Promotion?. <i>Molecules</i> , 2019, 24, 917.	3.8	204
115	Nut Consumptions as a Marker of Higher Diet Quality in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , 2019, 11, 754.	4.1	11
116	Longitudinal association of changes in diet with changes in body weight and waist circumference in subjects at high cardiovascular risk: the PREDIMED trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 139.	4.6	25
117	Total polyphenol intake and breast cancer risk in the Seguimiento Universidad de Navarra (SUN) cohort. <i>British Journal of Nutrition</i> , 2019, 122, 542-551.	2.3	21
118	Cohort Profile: Design and methods of the PREDIMED-Plus randomized trial. <i>International Journal of Epidemiology</i> , 2019, 48, 387-388o.	1.9	179
119	Plasma Acylcarnitines and Risk of Type 2 Diabetes in a Mediterranean Population at High Cardiovascular Risk. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2019, 104, 1508-1519.	3.6	60
120	Diastolic dysfunction and exercise capacity in patients with metabolic syndrome and overweight/obesity. <i>IJC Heart and Vasculature</i> , 2019, 22, 67-72.	1.1	8
121	Dieta mediterránea hipocalórica y factores de riesgo cardiovascular: análisis transversal de PREDIMED-Plus. <i>Revista Espanola De Cardiología</i> , 2019, 72, 925-934.	1.2	28
122	Dietary fiber intake and mortality in a Mediterranean population: the "Seguimiento Universidad de Navarra" (SUN) project. <i>European Journal of Nutrition</i> , 2019, 58, 3009-3022.	3.9	17
123	Validation study of a Spanish version of the modified Telephone Interview for Cognitive Status (STICS-m). <i>Gaceta Sanitaria</i> , 2019, 33, 415-420.	1.5	16
124	Dietary inflammatory index and incidence of breast cancer in the SUN project. <i>Clinical Nutrition</i> , 2019, 38, 2259-2268.	5.0	15
125	Sugar-sweetened beverage consumption and incidence of breast cancer: the Seguimiento Universidad de Navarra (SUN) Project. <i>European Journal of Nutrition</i> , 2019, 58, 2875-2886.	3.9	32
126	Adherence to an Energy-restricted Mediterranean Diet Score and Prevalence of Cardiovascular Risk Factors in the PREDIMED-Plus: A Cross-sectional Study. <i>Revista Espanola De Cardiología (English Ed)</i> , 2019, 72, 925-934.	0.6	26

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127	Dairy products intake and the risk of incident cataracts surgery in an elderly Mediterranean population: results from the PREDIMED study. <i>European Journal of Nutrition</i> , 2019, 58, 619-627.	3.9	7
128	Coffee consumption and risk of hypertension in the SUN Project. <i>Clinical Nutrition</i> , 2019, 38, 389-397.	5.0	24
129	Comparative effects of different dietary approaches on blood pressure in hypertensive and pre-hypertensive patients: A systematic review and network meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 2674-2687.	10.3	93
130	1574-P: Plasma Glycolysis/Gluconeogenesis and TCA-Related Metabolites, Mediterranean Dietary Pattern, and Risk of Type 2 Diabetes. <i>Diabetes</i> , 2019, 68, .	0.6	0
131	Dairy product consumption and risk of colorectal cancer in an older mediterranean population at high cardiovascular risk. <i>International Journal of Cancer</i> , 2018, 143, 1356-1366.	5.1	25
132	Plasma branched chain/aromatic amino acids, enriched Mediterranean diet and risk of type 2 diabetes: case-cohort study within the PREDIMED Trial. <i>Diabetologia</i> , 2018, 61, 1560-1571.	6.3	89
133	Plasma lipidome patterns associated with cardiovascular risk in the PREDIMED trial: A case-cohort study. <i>International Journal of Cardiology</i> , 2018, 253, 126-132.	1.7	52
134	Effects of the Ser326Cys Polymorphism in the DNA Repair OGG1 Gene on Cancer, Cardiovascular, and All-Cause Mortality in the PREDIMED Study: Modulation by Diet. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2018, 118, 589-605.	0.8	20
135	Olive oil and prevention of chronic diseases: Summary of an International conference. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018, 28, 649-656.	2.6	113
136	Legume consumption is inversely associated with type 2 diabetes incidence in adults: A prospective assessment from the PREDIMED study. <i>Clinical Nutrition</i> , 2018, 37, 906-913.	5.0	108
137	Plasma trimethylamine-N-oxide and related metabolites are associated with type 2 diabetes risk in the Prevención con Dieta Mediterránea (PREDIMED) trial. <i>American Journal of Clinical Nutrition</i> , 2018, 108, 163-173.	4.7	37
138	Dietary Intake in Population with Metabolic Syndrome: Is the Prevalence of Inadequate Intake Influenced by Geographical Area? Cross-Sectional Analysis from PREDIMED-Plus Study. <i>Nutrients</i> , 2018, 10, 1661.	4.1	9
139	Coffee consumption and total mortality in a Mediterranean prospective cohort. <i>American Journal of Clinical Nutrition</i> , 2018, 108, 1113-1120.	4.7	17
140	Effectiveness of the physical activity intervention program in the PREDIMED-Plus study: a randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 110.	4.6	32
141	Lipid metabolic networks, Mediterranean diet and cardiovascular disease in the PREDIMED trial. <i>International Journal of Epidemiology</i> , 2018, 47, 1830-1845.	1.9	19
142	Seafood Consumption, Omega-3 Fatty Acids Intake, and Life-Time Prevalence of Depression in the PREDIMED-Plus Trial. <i>Nutrients</i> , 2018, 10, 2000.	4.1	43
143	Coffee Consumption and the Risk of Depression in a Middle-Aged Cohort: The SUN Project. <i>Nutrients</i> , 2018, 10, 1333.	4.1	29
144	Type 2 diabetes and cognitive impairment in an older population with overweight or obesity and metabolic syndrome: baseline cross-sectional analysis of the PREDIMED-plus study. <i>Scientific Reports</i> , 2018, 8, 16128.	3.3	64

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