

Estefania Toledo

List of Publications by Year in descending order

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Version: 2024-02-01

255
papers

14,003
citations

20817

60
h-index

26613

107
g-index

266
all docs

266
docs citations

266
times ranked

18061
citing authors

#	ARTICLE	IF	CITATIONS
1	A 14-Item Mediterranean Diet Assessment Tool and Obesity Indexes among High-Risk Subjects: The PREDIMED Trial. PLoS ONE, 2012, 7, e43134.	2.5	704
2	Relative validity of a semi-quantitative food-frequency questionnaire in an elderly Mediterranean population of Spain. British Journal of Nutrition, 2010, 103, 1808-1816.	2.3	666
3	Metabolomics in Prediabetes and Diabetes: A Systematic Review and Meta-analysis. Diabetes Care, 2016, 39, 833-846.	8.6	642
4	Mediterranean diet improves cognition: the PREDIMED-NAVARRA randomised trial. Journal of Neurology, Neurosurgery and Psychiatry, 2013, 84, 1318-1325.	1.9	534
5	Mediterranean Diet and Invasive Breast Cancer Risk Among Women at High Cardiovascular Risk in the PREDIMED Trial. JAMA Internal Medicine, 2015, 175, 1752.	5.1	391
6	<i>In vivo</i> nutrigenomic effects of virgin olive oil polyphenols within the frame of the Mediterranean diet: a randomized controlled trial. FASEB Journal, 2010, 24, 2546-2557.	0.5	243
7	Effect of a Lifestyle Intervention Program With Energy-Restricted Mediterranean Diet and Exercise on Weight Loss and Cardiovascular Risk Factors: One-Year Results of the PREDIMED-Plus Trial. Diabetes Care, 2019, 42, 777-788.	8.6	239
8	Mediterranean diets and metabolic syndrome status in the PREDIMED randomized trial. Cmaj, 2014, 186, E649-E657.	2.0	235
9	Effect of the Mediterranean diet on blood pressure in the PREDIMED trial: results from a randomized controlled trial. BMC Medicine, 2013, 11, 207.	5.5	227
10	Plasma Ceramides, Mediterranean Diet, and Incident Cardiovascular Disease in the PREDIMED Trial (Prevalencia con Dieta Mediterránea). Circulation, 2017, 135, 2028-2040.	1.6	227
11	Dietary fat intake and risk of cardiovascular disease and all-cause mortality in a population at high risk of cardiovascular disease. American Journal of Clinical Nutrition, 2015, 102, 1563-1573.	4.7	219
12	Virgin olive oil supplementation and long-term cognition: the Predimed-Navarra randomized, trial. Journal of Nutrition, Health and Aging, 2013, 17, 544-552.	3.3	216
13	Naturally Lignan-Rich Foods: A Dietary Tool for Health Promotion?. Molecules, 2019, 24, 917.	3.8	204
14	Plasma Branched-Chain Amino Acids and Incident Cardiovascular Disease in the PREDIMED Trial. Clinical Chemistry, 2016, 62, 582-592.	3.2	203
15	Fast-food and commercial baked goods consumption and the risk of depression. Public Health Nutrition, 2012, 15, 424-432.	2.2	201
16	Extravirgin Olive Oil Consumption Reduces Risk of Atrial Fibrillation. Circulation, 2014, 130, 18-26.	1.6	194
17	Dietary Fat Intake and the Risk of Depression: The SUN Project. PLoS ONE, 2011, 6, e16268.	2.5	191
18	Mediterranean Diet Reduces 24-Hour Ambulatory Blood Pressure, Blood Glucose, and Lipids. Hypertension, 2014, 64, 69-76.	2.7	184

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19	Cohort Profile: Design and methods of the PREDIMED-Plus randomized trial. <i>International Journal of Epidemiology</i> , 2019, 48, 387-388o.	1.9	179
20	Adherence to the Mediterranean diet, long-term weight change, and incident overweight or obesity: the Seguimiento Universidad de Navarra (SUN) cohort. <i>American Journal of Clinical Nutrition</i> , 2010, 92, 1484-1493.	4.7	178
21	Factors affecting AÎ² plasma levels and their utility as biomarkers in ADNI. <i>Acta Neuropathologica</i> , 2011, 122, 401-13.	7.7	151
22	The effectiveness of a fertility awareness based method to avoid pregnancy in relation to a couple's sexual behaviour during the fertile time: a prospective longitudinal study. <i>Human Reproduction</i> , 2007, 22, 1310-1319.	0.9	149
23	Plasma Lipidomic Profiling and Risk of Type 2 Diabetes in the PREDIMED Trial. <i>Diabetes Care</i> , 2018, 41, 2617-2624.	8.6	138
24	The Mediterranean diet, plasma metabolome, and cardiovascular disease risk. <i>European Heart Journal</i> , 2020, 41, 2645-2656.	2.2	138
25	Mediterranean diet and the incidence of cardiovascular disease: A Spanish cohort. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2010, 21, 237-44.	2.6	133
26	The Mediterranean Diet and Incidence of Hypertension: The Seguimiento Universidad de Navarra (SUN) Study. <i>American Journal of Epidemiology</i> , 2008, 169, 339-346.	3.4	132
27	Dietary Inflammatory Index and Incidence of Cardiovascular Disease in the SUN Cohort. <i>PLoS ONE</i> , 2015, 10, e0135221.	2.5	125
28	A longitudinal analysis of diet quality scores and the risk of incident depression in the SUN Project. <i>BMC Medicine</i> , 2015, 13, 197.	5.5	121
29	Virgin Olive Oil and Health: Summary of the III International Conference on Virgin Olive Oil and Health Consensus Report, JAEN (Spain) 2018. <i>Nutrients</i> , 2019, 11, 2039.	4.1	116
30	Cardiovascular risk factors, cortisol, and amyloidâ€² deposition in Alzheimer's Disease Neuroimaging Initiative. <i>Alzheimer's and Dementia</i> , 2012, 8, 483-489.	0.8	113
31	Olive oil and prevention of chronic diseases: Summary of an International conference. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018, 28, 649-656.	2.6	113
32	Intake of Total Polyphenols and Some Classes of Polyphenols Is Inversely Associated with Diabetes in Elderly People at High Cardiovascular Disease Risk. <i>Journal of Nutrition</i> , 2016, 146, 767-777.	2.9	108
33	Legume consumption is inversely associated with type 2 diabetes incidence in adults: A prospective assessment from the PREDIMED study. <i>Clinical Nutrition</i> , 2018, 37, 906-913.	5.0	108
34	Mediterranean diet and quality of life: Baseline cross-sectional analysis of the PREDIMED-PLUS trial. <i>PLoS ONE</i> , 2018, 13, e0198974.	2.5	100
35	Effect of a Nutritional and Behavioral Intervention on Energy-Reduced Mediterranean Diet Adherence Among Patients With Metabolic Syndrome. <i>JAMA - Journal of the American Medical Association</i> , 2019, 322, 1486.	7.4	100
36	Risk for cardiovascular disease associated with metabolic syndrome and its components: a 13-year prospective study in the RIVANA cohort. <i>Cardiovascular Diabetology</i> , 2020, 19, 195.	6.8	98

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37	Plasma Metabolites From Choline Pathway and Risk of Cardiovascular Disease in the PREDIMED (Prevention With Mediterranean Diet) Study. <i>Journal of the American Heart Association</i> , 2017, 6, .	3.7	95
38	Comparative effects of different dietary approaches on blood pressure in hypertensive and pre-hypertensive patients: A systematic review and network meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 2674-2687.	10.3	93
39	Dietary patterns and difficulty conceiving: a nested case-control study. <i>Fertility and Sterility</i> , 2011, 96, 1149-1153.	1.0	92
40	Dietary Marine ω -3 Fatty Acids and Incident Sight-Threatening Retinopathy in Middle-Aged and Older Individuals With Type 2 Diabetes. <i>JAMA Ophthalmology</i> , 2016, 134, 1142.	2.5	92
41	Plasma branched chain/aromatic amino acids, enriched Mediterranean diet and risk of type 2 diabetes: case-cohort study within the PREDIMED Trial. <i>Diabetologia</i> , 2018, 61, 1560-1571.	6.3	89
42	A Mediterranean diet supplemented with extra virgin olive oil or nuts improves endothelial markers involved in blood pressure control in hypertensive women. <i>European Journal of Nutrition</i> , 2017, 56, 89-97.	4.6	87
43	Dietary inflammatory index and all-cause mortality in large cohorts: The SUN and PREDIMED studies. <i>Clinical Nutrition</i> , 2019, 38, 1221-1231.	5.0	87
44	The Mediterranean Diet Pattern and Its Main Components Are Associated with Lower Plasma Concentrations of Tumor Necrosis Factor Receptor 60 in Patients at High Risk for Cardiovascular Disease. <i>Journal of Nutrition</i> , 2012, 142, 1019-1025.	2.9	86
45	Low-fat dairy products and blood pressure: follow-up of 2290 older persons at high cardiovascular risk participating in the PREDIMED study. <i>British Journal of Nutrition</i> , 2009, 101, 59-67.	2.3	85
46	Inflammatory potential of diet, weight gain, and incidence of overweight/obesity: The SUN cohort. <i>Obesity</i> , 2017, 25, 997-1005.	3.0	85
47	Dietary indexes, food patterns and incidence of metabolic syndrome in a Mediterranean cohort: The SUN project. <i>Clinical Nutrition</i> , 2015, 34, 508-514.	5.0	83
48	A systematic review of socioeconomic differences in food habits in Europe: consumption of cheese and milk. <i>European Journal of Clinical Nutrition</i> , 2003, 57, 917-929.	2.9	81
49	Carotid intima-media thickness changes with Mediterranean diet: A randomized trial (PREDIMED-Navarra). <i>Atherosclerosis</i> , 2011, 219, 158-162.	0.8	79
50	Plasma lipidomic profiles and cardiovascular events in a randomized intervention trial with the Mediterranean diet. <i>American Journal of Clinical Nutrition</i> , 2017, 106, 973-983.	4.7	79
51	Fiber intake and all-cause mortality in the Prevención con Dieta Mediterránea (PREDIMED) study. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 1498-1507.	4.7	78
52	Lifestyles and Risk Factors Associated with Adherence to the Mediterranean Diet: A Baseline Assessment of the PREDIMED Trial. <i>PLoS ONE</i> , 2013, 8, e60166.	2.5	77
53	Prospective study of self-reported usual snacking and weight gain in a Mediterranean cohort: The SUN project. <i>Clinical Nutrition</i> , 2010, 29, 323-330.	5.0	76
54	Mediterranean alcohol-drinking pattern and mortality in the SUN (Seguimiento Universidad de) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 62	2.3	76

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55	Association of Tryptophan Metabolites with Incident Type 2 Diabetes in the PREDIMED Trial: A Case-Cohort Study. <i>Clinical Chemistry</i> , 2018, 64, 1211-1220.	3.2	76
56	Metabolites of Glutamate Metabolism Are Associated With Incident Cardiovascular Events in the PREDIMED PREVENCIÓN con Dieta MEDITERRÁNEA (PREDIMED) Trial. <i>Journal of the American Heart Association</i> , 2016, 5, .	3.7	73
57	Television Viewing, Computer Use, Time Driving and All-Cause Mortality: The SUN Cohort. <i>Journal of the American Heart Association</i> , 2014, 3, e000864.	3.7	67
58	Association between dietary fibre intake and fruit, vegetable or whole-grain consumption and the risk of CVD: results from the PREVENCIÓN con Dieta MEDITERRÁNEA (PREDIMED) trial. <i>British Journal of Nutrition</i> , 2016, 116, 534-546.	2.3	67
59	The Mediterranean Diet Is Associated with a Reduction in Premature Mortality among Middle-Aged Adults. <i>Journal of Nutrition</i> , 2012, 142, 1672-1678.	2.9	66
60	Mediterranean diet and cognitive function: The sun project. <i>Journal of Nutrition, Health and Aging</i> , 2015, 19, 305-312.	3.3	66
61	Increases in Plasma Tryptophan Are Inversely Associated with Incident Cardiovascular Disease in the PREVENCIÓN con Dieta MEDITERRÁNEA (PREDIMED) Study. <i>Journal of Nutrition</i> , 2017, 147, jn241711.	2.9	64
62	Type 2 diabetes and cognitive impairment in an older population with overweight or obesity and metabolic syndrome: baseline cross-sectional analysis of the PREDIMED-plus study. <i>Scientific Reports</i> , 2018, 8, 16128.	3.3	64
63	Dietary ω -3 Fatty Acids, Marine ω -3 Fatty Acids, and Mortality in a Population With High Fish Consumption: Findings From the PREVENCIÓN con Dieta MEDITERRÁNEA (PREDIMED) Study. <i>Journal of the American Heart Association</i> , 2016, 5, .	3.7	60
64	Plasma Acylcarnitines and Risk of Type 2 Diabetes in a Mediterranean Population at High Cardiovascular Risk. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2019, 104, 1508-1519.	3.6	60
65	A Mediterranean Diet Rich in Extra-Virgin Olive Oil Is Associated with a Reduced Prevalence of Nonalcoholic Fatty Liver Disease in Older Individuals at High Cardiovascular Risk. <i>Journal of Nutrition</i> , 2019, 149, 1920-1929.	2.9	59
66	Dietary Patterns and Total Mortality in a Mediterranean Cohort: The SUN Project. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2014, 114, 37-47.	0.8	58
67	Genotype patterns at CLU, CR1, PICALM and APOE, cognition and Mediterranean diet: the PREDIMED-NAVARRA trial. <i>Genes and Nutrition</i> , 2014, 9, 393.	2.5	58
68	High plasma glutamate and low glutamine-to-glutamate ratio are associated with type 2 diabetes: Case-cohort study within the PREDIMED trial. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019, 29, 1040-1049.	2.6	58
69	Fine tuning of the unfolded protein response by ISRIB improves neuronal survival in a model of amyotrophic lateral sclerosis. <i>Cell Death and Disease</i> , 2020, 11, 397.	6.3	56
70	Glycolysis/gluconeogenesis- and tricarboxylic acid cycle-related metabolites, Mediterranean diet, and type 2 diabetes. <i>American Journal of Clinical Nutrition</i> , 2020, 111, 835-844.	4.7	56
71	Similar prediction of total mortality, diabetes incidence and cardiovascular events using relative- and absolute-component Mediterranean diet score: The SUN cohort. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2013, 23, 451-458.	2.6	55
72	Pro12Ala variant of the <i>PPARG2</i> gene increases body mass index: An updated meta-analysis encompassing 49,092 subjects. <i>Obesity</i> , 2013, 21, 1486-1495.	3.0	53

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73	Replacing red meat and processed red meat for white meat, fish, legumes or eggs is associated with lower risk of incidence of metabolic syndrome. <i>Clinical Nutrition</i> , 2016, 35, 1442-1449.	5.0	53
74	Concentrations and correlations of disinfection by-products in municipal drinking water from an exposure assessment perspective. <i>Environmental Research</i> , 2012, 114, 1-11.	7.5	52
75	Smoking and incidence of glaucoma. <i>Medicine (United States)</i> , 2017, 96, e5761.	1.0	52
76	Plasma lipidome patterns associated with cardiovascular risk in the PREDIMED trial: A case-cohort study. <i>International Journal of Cardiology</i> , 2018, 253, 126-132.	1.7	52
77	Extra-virgin olive oil for potential prevention of Alzheimer disease. <i>Revue Neurologique</i> , 2019, 175, 705-723.	1.5	51
78	Carbohydrate quality changes and concurrent changes in cardiovascular risk factors: a longitudinal analysis in the PREDIMED-Plus randomized trial. <i>American Journal of Clinical Nutrition</i> , 2020, 111, 291-306.	4.7	50
79	Childhood and Young Adult Overweight/Obesity and Incidence of Depression in the SUN Project. <i>Obesity</i> , 2010, 18, 1443-1448.	3.0	47
80	Effect of a Mediterranean Diet Intervention on Dietary Glycemic Load and Dietary Glycemic Index: The PREDIMED Study. <i>Journal of Nutrition and Metabolism</i> , 2014, 2014, 1-10.	1.8	46
81	Use of Different Food Classification Systems to Assess the Association between Ultra-Processed Food Consumption and Cardiometabolic Health in an Elderly Population with Metabolic Syndrome (PREDIMED-Plus Cohort). <i>Nutrients</i> , 2021, 13, 2471.	4.1	46
82	Food intake of individuals with and without diabetes across different countries and ethnic groups. <i>European Journal of Clinical Nutrition</i> , 2011, 65, 635-641.	2.9	44
83	Seafood Consumption, Omega-3 Fatty Acids Intake, and Life-Time Prevalence of Depression in the PREDIMED-Plus Trial. <i>Nutrients</i> , 2018, 10, 2000.	4.1	43
84	A longitudinal assessment of alcohol intake and incident depression: the SUN project. <i>BMC Public Health</i> , 2012, 12, 954.	2.9	42
85	Predictors of adherence to a Mediterranean-type diet in the PREDIMED trial. <i>European Journal of Nutrition</i> , 2010, 49, 91-99.	3.9	41
86	Hypothesis-oriented food patterns and incidence of hypertension: 6-year follow-up of the SUN (Seguimiento Universidad de Navarra) prospective cohort. <i>Public Health Nutrition</i> , 2010, 13, 338-349.	2.2	41
87	Total and Subtypes of Dietary Fat Intake and Its Association with Components of the Metabolic Syndrome in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , 2019, 11, 1493.	4.1	41
88	Egg consumption and cardiovascular disease according to diabetic status: The PREDIMED study. <i>Clinical Nutrition</i> , 2017, 36, 1015-1021.	5.0	40
89	Association of lifestyle factors and inflammation with sarcopenic obesity: data from the PREDIMED-Plus trial. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2019, 10, 974-984.	7.3	40
90	Lipid Profiles and Heart Failure Risk. <i>Circulation Research</i> , 2021, 128, 309-320.	4.5	40

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91	Egg consumption and cardiovascular risk: a dose-response meta-analysis of prospective cohort studies. <i>European Journal of Nutrition</i> , 2021, 60, 1833-1862.	3.9	40
92	Mediterranean Alcohol-Drinking Pattern and the Incidence of Cardiovascular Disease and Cardiovascular Mortality: The SUN Project. <i>Nutrients</i> , 2015, 7, 9116-9126.	4.1	39
93	Empirically-derived food patterns and the risk of total mortality and cardiovascular events in the PREDIMED study. <i>Clinical Nutrition</i> , 2015, 34, 859-867.	5.0	38
94	Plasma trimethylamine-N-oxide and related metabolites are associated with type 2 diabetes risk in the Prevenci3n con Dieta Mediterr3nea (PREDIMED) trial. <i>American Journal of Clinical Nutrition</i> , 2018, 108, 163-173.	4.7	37
95	Matrix metalloproteinase-10 plays an active role in microvascular complications in type 1 diabetic patients. <i>Diabetologia</i> , 2013, 56, 2743-2752.	6.3	36
96	Consumo de alcohol e incidencia de hipertensi3n en una cohorte mediterr3nea: el estudio SUN. <i>Revista Espanola De Cardiologia</i> , 2009, 62, 633-641.	1.2	35
97	Advances in Integrating Traditional and Omic Biomarkers When Analyzing the Effects of the Mediterranean Diet Intervention in Cardiovascular Prevention. <i>International Journal of Molecular Sciences</i> , 2016, 17, 1469.	4.1	35
98	Risk of type 2 diabetes according to traditional and emerging anthropometric indices in Spain, a Mediterranean country with high prevalence of obesity: results from a large-scale prospective cohort study. <i>BMC Endocrine Disorders</i> , 2013, 13, 7.	2.2	34
99	Body adiposity indicators and cardiometabolic risk: Cross-sectional analysis in participants from the PREDIMED-Plus trial. <i>Clinical Nutrition</i> , 2019, 38, 1883-1891.	5.0	34
100	Lysine pathway metabolites and the risk of type 2 diabetes and cardiovascular disease in the PREDIMED study: results from two case-cohort studies. <i>Cardiovascular Diabetology</i> , 2019, 18, 151.	6.8	34
101	Adherence to the Mediterranean Diet in Patients with Type 2 Diabetes Mellitus and HbA1c Level. <i>Annals of Nutrition and Metabolism</i> , 2011, 58, 74-78.	1.9	32
102	Effectiveness of the physical activity intervention program in the PREDIMED-Plus study: a randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 110.	4.6	32
103	Sugar-sweetened beverage consumption and incidence of breast cancer: the Seguimiento Universidad de Navarra (SUN) Project. <i>European Journal of Nutrition</i> , 2019, 58, 2875-2886.	3.9	32
104	Choline Metabolism and Risk of Atrial Fibrillation and Heart Failure in the PREDIMED Study. <i>Clinical Chemistry</i> , 2021, 67, 288-297.	3.2	31
105	Hsp70 protects from stroke in atrial fibrillation patients by preventing thrombosis without increased bleeding risk. <i>Cardiovascular Research</i> , 2016, 110, 309-318.	3.8	30
106	Coffee Consumption and the Risk of Depression in a Middle-Aged Cohort: The SUN Project. <i>Nutrients</i> , 2018, 10, 1333.	4.1	29
107	Dairy consumption, plasma metabolites, and risk of type 2 diabetes. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 163-174.	4.7	29
108	Better Adherence to the Mediterranean Diet Could Mitigate the Adverse Consequences of Obesity on Cardiovascular Disease: The SUN Prospective Cohort. <i>Nutrients</i> , 2015, 7, 9154-9162.	4.1	28

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109	Dieta mediterránea hipocalórica y factores de riesgo cardiovascular: análisis transversal de PREDIMED-Plus. Revista Espanola De Cardiologia, 2019, 72, 925-934.	1.2	28
110	¿Prioridad? Dietary Patterns and Cognitive Function in the SUN Project. Neuroepidemiology, 2020, 54, 45-57.	2.3	28
111	Influence of lifestyle factors and staple foods from the Mediterranean diet on non-alcoholic fatty liver disease among older individuals with metabolic syndrome features. Nutrition, 2020, 71, 110620.	2.4	28
112	Increasing Trend in the Prevalence of Morbid Obesity in Spain: From 1.8 to 6.1 per Thousand in 14 Years. Revista Espanola De Cardiologia (English Ed), 2011, 64, 424-426.	0.6	27
113	Obesity Indexes and Total Mortality among Elderly Subjects at High Cardiovascular Risk: The PREDIMED Study. PLoS ONE, 2014, 9, e103246.	2.5	27
114	Does the Mediterranean diet counteract the adverse effects of abdominal adiposity?. Nutrition, Metabolism and Cardiovascular Diseases, 2015, 25, 569-574.	2.6	27
115	Short Leukocyte Telomere Length Is Associated With Cardioembolic Stroke Risk in Patients With Atrial Fibrillation. Stroke, 2016, 47, 863-865.	2.0	26
116	Adherence to an Energy-restricted Mediterranean Diet Score and Prevalence of Cardiovascular Risk Factors in the PREDIMED-Plus: A Cross-sectional Study. Revista Espanola De Cardiologia (English Ed), 2019, 72, 925-934.	0.6	26
117	Association between dietary and beverage consumption patterns in the SUN (Seguimiento Universidad) Tj ETQq1 1,0784314 rgBT /C 2.2 25	1.0	25
118	Association between metabolic syndrome or its components and asymptomatic cardiovascular disease in the RIVANA-study. Atherosclerosis, 2010, 211, 612-617.	0.8	25
119	Dairy product consumption and risk of colorectal cancer in an older mediterranean population at high cardiovascular risk. International Journal of Cancer, 2018, 143, 1356-1366.	5.1	25
120	Longitudinal association of changes in diet with changes in body weight and waist circumference in subjects at high cardiovascular risk: the PREDIMED trial. International Journal of Behavioral Nutrition and Physical Activity, 2019, 16, 139.	4.6	25
121	Phenolic Acid Subclasses, Individual Compounds, and Breast Cancer Risk in a Mediterranean Cohort: The SUN Project. Journal of the Academy of Nutrition and Dietetics, 2020, 120, 1002-1015.e5.	0.8	25
122	Coffee consumption and breast cancer risk in the SUN project. European Journal of Nutrition, 2020, 59, 3461-3471.	3.9	25
123	Impacto de Life's Simple 7 en la incidencia de eventos cardiovasculares mayores en adultos españoles con alto riesgo de la cohorte del estudio PREDIMED. Revista Espanola De Cardiologia, 2020, 73, 205-211.	1.2	25
124	Omega 3:6 ratio intake and incidence of glaucoma: The SUN cohort. Clinical Nutrition, 2014, 33, 1041-1045.	5.0	24
125	Squalene Stimulates a Key Innate Immune Cell to Foster Wound Healing and Tissue Repair. Evidence-based Complementary and Alternative Medicine, 2018, 2018, 1-9.	1.2	24
126	Coffee consumption and risk of hypertension in the SUN Project. Clinical Nutrition, 2019, 38, 389-397.	5.0	24

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127	Adherence to a priori dietary indexes and baseline prevalence of cardiovascular risk factors in the PREDIMED-Plus randomised trial. <i>European Journal of Nutrition</i> , 2020, 59, 1219-1232.	3.9	24
128	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2021, 40, 2825-2836.	5.0	24
129	Consumption of Fruit or Fiber-Fruit Decreases the Risk of Cardiovascular Disease in a Mediterranean Young Cohort. <i>Nutrients</i> , 2017, 9, 295.	4.1	23
130	Caffeinated coffee consumption and risk of atrial fibrillation in two Spanish cohorts. <i>European Journal of Preventive Cardiology</i> , 2021, 28, 648-657.	1.8	23
131	Sleep Structure in Patients With Periodic Limb Movements and Obstructive Sleep Apnea Syndrome. <i>Journal of Clinical Neurophysiology</i> , 2009, 26, 267-271.	1.7	22
132	High sleep variability predicts a blunted weight loss response and short sleep duration a reduced decrease in waist circumference in the PREDIMED-Plus Trial. <i>International Journal of Obesity</i> , 2020, 44, 330-339.	3.4	22
133	Association between coffee consumption and total dietary caffeine intake with cognitive functioning: cross-sectional assessment in an elderly Mediterranean population. <i>European Journal of Nutrition</i> , 2021, 60, 2381-2396.	3.9	22
134	Healthful and Unhealthful Plant-Based Diets and Risk of Breast Cancer in U.S. Women: Results from the Nurses' Health Studies. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2021, 30, 1921-1931.	2.5	22
135	Risk of peripheral artery disease according to a healthy lifestyle score: The PREDIMED study. <i>Atherosclerosis</i> , 2018, 275, 133-140.	0.8	21
136	MMP10 Promotes Efficient Thrombolysis After Ischemic Stroke in Mice with Induced Diabetes. <i>Translational Stroke Research</i> , 2019, 10, 389-401.	4.2	21
137	Long Daytime Napping Is Associated with Increased Adiposity and Type 2 Diabetes in an Elderly Population with Metabolic Syndrome. <i>Journal of Clinical Medicine</i> , 2019, 8, 1053.	2.4	21
138	Total polyphenol intake and breast cancer risk in the Seguimiento Universidad de Navarra (SUN) cohort. <i>British Journal of Nutrition</i> , 2019, 122, 542-551.	2.3	21
139	Adherence to the 2018 World Cancer Research Fund/American Institute for Cancer Research Recommendations and Breast Cancer in the SUN Project. <i>Nutrients</i> , 2020, 12, 2076.	4.1	21
140	Mediterranean, DASH, and MIND Dietary Patterns and Cognitive Function: The 2-Year Longitudinal Changes in an Older Spanish Cohort. <i>Frontiers in Aging Neuroscience</i> , 2021, 13, 782067.	3.4	21
141	Plasma Arginine/Asymmetric Dimethylarginine Ratio and Incidence of Cardiovascular Events: A Case-Cohort Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2017, 102, 1879-1888.	3.6	20
142	The Effect of a Mediterranean Diet on the Incidence of Cataract Surgery. <i>Nutrients</i> , 2017, 9, 453.	4.1	20
143	Effects of the Ser326Cys Polymorphism in the DNA Repair OGG1 Gene on Cancer, Cardiovascular, and All-Cause Mortality in the PREDIMED Study: Modulation by Diet. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2018, 118, 589-605.	0.8	20
144	Plasma Metabolites Associated with Frequent Red Wine Consumption: A Metabolomics Approach within the PREDIMED Study. <i>Molecular Nutrition and Food Research</i> , 2019, 63, e1900140.	3.3	20

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145	Metabolomics of the tryptophan→kynurenine degradation pathway and risk of atrial fibrillation and heart failure: potential modification effect of Mediterranean diet. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 1646-1654.	4.7	20
146	Association of calprotectin with other inflammatory parameters in the prediction of mortality for ischemic stroke. <i>Journal of Neuroinflammation</i> , 2021, 18, 3.	7.2	20
147	Walnut Consumption, Plasma Metabolomics, and Risk of Type 2 Diabetes and Cardiovascular Disease. <i>Journal of Nutrition</i> , 2021, 151, 303-311.	2.9	20
148	Lipid metabolic networks, Mediterranean diet and cardiovascular disease in the PREDIMED trial. <i>International Journal of Epidemiology</i> , 2018, 47, 1830-1845.	1.9	19
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