

# Paula Ravasco

## List of Publications by Year in descending order

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Version: 2024-02-01

67  
papers

10,277  
citations

185998

28  
h-index

114278

63  
g-index

70  
all docs

70  
docs citations

70  
times ranked

11345  
citing authors

#	ARTICLE	IF	CITATIONS
1	Definition and classification of cancer cachexia: an international consensus. <i>Lancet Oncology</i> , The, 2011, 12, 489-495.	5.1	4,015
2	ESPEN guidelines on nutrition in cancer patients. <i>Clinical Nutrition</i> , 2017, 36, 11-48.	2.3	1,855
3	ESPEN practical guideline: Clinical Nutrition in cancer. <i>Clinical Nutrition</i> , 2021, 40, 2898-2913.	2.3	472
4	Dietary Counseling Improves Patient Outcomes: A Prospective, Randomized, Controlled Trial in Colorectal Cancer Patients Undergoing Radiotherapy. <i>Journal of Clinical Oncology</i> , 2005, 23, 1431-1438.	0.8	464
5	Impact of nutrition on outcome: A prospective randomized controlled trial in patients with head and neck cancer undergoing radiotherapy. <i>Head and Neck</i> , 2005, 27, 659-668.	0.9	444
6	Increased Homocysteine and S-Adenosylhomocysteine Concentrations and DNA Hypomethylation in Vascular Disease. <i>Clinical Chemistry</i> , 2003, 49, 1292-1296.	1.5	365
7	Cancer: disease and nutrition are key determinants of patients' quality of life. <i>Supportive Care in Cancer</i> , 2004, 12, 246-252.	1.0	274
8	ESPEN guidelines on nutritional support for polymorbid internal medicine patients. <i>Clinical Nutrition</i> , 2018, 37, 336-353.	2.3	238
9	Individualized nutrition intervention is of major benefit to colorectal cancer patients: long-term follow-up of a randomized controlled trial of nutritional therapy. <i>American Journal of Clinical Nutrition</i> , 2012, 96, 1346-1353.	2.2	200
10	Nutrition in Cancer Patients. <i>Journal of Clinical Medicine</i> , 2019, 8, 1211.	1.0	171
11	Does nutrition influence quality of life in cancer patients undergoing radiotherapy?. <i>Radiotherapy and Oncology</i> , 2003, 67, 213-220.	0.3	153
12	Aspects of taste and compliance in patients with cancer. <i>European Journal of Oncology Nursing</i> , 2005, 9, S84-S91.	0.9	130
13	Validation of the Malnutrition Universal Screening Tool (MUST) in cancer. <i>British Journal of Nutrition</i> , 2012, 108, 343-348.	1.2	116
14	Cancer wasting and quality of life react to early individualized nutritional counselling!. <i>Clinical Nutrition</i> , 2007, 26, 7-15.	2.3	86
15	Eicosapentaenoic acid in cancer improves body composition and modulates metabolism. <i>Nutrition</i> , 2015, 31, 549-555.	1.1	86
16	The Diversity of Nutritional Status in Cancer: New Insights. <i>Oncologist</i> , 2010, 15, 523-530.	1.9	81
17	Blood oxidative stress markers in non-alcoholic steatohepatitis and how it correlates with diet. <i>Scandinavian Journal of Gastroenterology</i> , 2008, 43, 95-102.	0.6	79
18	Nutritional risk screening in surgery: Valid, feasible, easy!. <i>Clinical Nutrition</i> , 2012, 31, 206-211.	2.3	72

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19	Cachexia at diagnosis is associated with poor survival in head and neck cancer patients. <i>Acta Oto-Laryngologica</i> , 2017, 137, 778-785.	0.3	71
20	Trends of food intake in Portugal, 1987-1999: results from the National Health Surveys. <i>European Journal of Clinical Nutrition</i> , 2006, 60, 1414-1422.	1.3	64
21	The Effect of Flaxseed in Breast Cancer: A Literature Review. <i>Frontiers in Nutrition</i> , 2018, 5, 4.	1.6	62
22	NRS-2002 for pre-treatment nutritional risk screening and nutritional status assessment in head and neck cancer patients. <i>Supportive Care in Cancer</i> , 2015, 23, 1495-1502.	1.0	53
23	Foodstuffs and colorectal cancer risk: A review. <i>Clinical Nutrition</i> , 2006, 25, 14-36.	2.3	52
24	Colorectal Cancer: Intrinsic Characteristics Modulate Cancer Energy Expenditure and the Risk of Cachexia. <i>Cancer Investigation</i> , 2007, 25, 308-314.	0.6	36
25	What is the relevance of percutaneous endoscopic gastrostomy on the survival of patients with amyotrophic lateral sclerosis?. <i>Amyotrophic Lateral Sclerosis and Other Motor Neuron Disorders</i> , 2012, 13, 550-554.	2.3	35
26	Nutritional Counseling for Head and Neck Cancer Patients Undergoing (Chemo) Radiotherapy: A Prospective Randomized Trial. <i>Frontiers in Nutrition</i> , 2019, 6, 22.	1.6	35
27	NF- $\kappa$ B and apoptosis in colorectal tumorigenesis. <i>European Journal of Clinical Investigation</i> , 2007, 37, 416-424.	1.7	33
28	Body Composition Evaluation in Head and Neck Cancer Patients: A Review. <i>Frontiers in Oncology</i> , 2019, 9, 1112.	1.3	33
29	Body composition changes in patients with head and neck cancer under active treatment: a scoping review. <i>Supportive Care in Cancer</i> , 2020, 28, 4613-4625.	1.0	31
30	Should omega-3 fatty acids be used for adjuvant treatment of cancer cachexia?. <i>Clinical Nutrition ESPEN</i> , 2018, 25, 18-25.	0.5	30
31	The importance of protein sources to support muscle anabolism in cancer: An expert group opinion. <i>Clinical Nutrition</i> , 2022, 41, 192-201.	2.3	30
32	A longitudinal study of hospital undernutrition in the elderly: Comparison of four validated methods. <i>Journal of Nutrition, Health and Aging</i> , 2009, 13, 159-164.	1.5	29
33	How Relevant Are Cytokines in Colorectal Cancer Wasting?. <i>Cancer Journal (Sudbury, Mass )</i> , 2007, 13, 392-398.	1.0	28
34	Nutritional approaches in cancer: Relevance of individualized counseling and supplementation. <i>Nutrition</i> , 2015, 31, 603-604.	1.1	28
35	Length of stay in surgical patients: nutritional predictive parameters revisited. <i>British Journal of Nutrition</i> , 2013, 109, 322-328.	1.2	27
36	The TCN2 776C>G polymorphism correlates with vitamin B12 cellular delivery in healthy adult populations. <i>Clinical Biochemistry</i> , 2010, 43, 645-649.	0.8	26

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37	Nutritional support in head and neck cancer. <i>Anti-Cancer Drugs</i> , 2011, 22, 639-646.	0.7	23
38	Iron homeostasis and H63D mutations in alcoholics with and without liver disease. <i>World Journal of Gastroenterology</i> , 2009, 15, 106.	1.4	23
39	Students of dietetics & nutrition; a high risk group for eating disorders?. <i>Nutricion Hospitalaria</i> , 2013, 28, 1558-66.	0.2	22
40	Protein intake and muscle mass maintenance in patients with cancer types with high prevalence of sarcopenia: a systematic review. <i>Supportive Care in Cancer</i> , 2022, 30, 3007-3015.	1.0	19
41	Weight changes in Portuguese patients with depression: which factors are involved?. <i>Nutrition Journal</i> , 2014, 13, 117.	1.5	18
42	Differing trends in the association between obesity and self-reported health in Portugal and Switzerland. Data from national health surveys 1992-2007. <i>BMC Public Health</i> , 2012, 12, 588.	1.2	16
43	Teaching Nutrition Integration: MUST Screening in Cancer. <i>Oncologist</i> , 2011, 16, 239-245.	1.9	15
44	Ten-year trends in overweight and obesity in the adult Portuguese population, 1995 to 2005. <i>BMC Public Health</i> , 2011, 11, 772.	1.2	13
45	Survey on the current practice of nutritional therapy in Portugal. <i>Clinical Nutrition</i> , 2004, 23, 113-119.	2.3	12
46	Body fat levels in children and adolescents: Effects on the prevalence of obesity. <i>European E-journal of Clinical Nutrition and Metabolism</i> , 2008, 3, e321-e327.	0.4	12
47	Increased body fat is independently and negatively related with cardiorespiratory fitness levels in children and adolescents with normal weight. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2010, 17, 649-654.	3.1	12
48	The impact of fluid therapy on nutrient delivery: a prospective evaluation of practice in respiratory intensive care. <i>Clinical Nutrition</i> , 2003, 22, 87-92.	2.3	11
49	Cancer and nutrition: Key determinants of quality of life. <i>European Journal of Cancer</i> , 2009, 45, 409.	1.3	9
50	Colorectal cancer: Can nutrients modulate NF- $\kappa$ B and apoptosis?. <i>Clinical Nutrition</i> , 2010, 29, 42-46.	2.3	8
51	Tube Feeding in Mechanically Ventilated Critically Ill Patients: A Prospective Clinical Audit. <i>Nutrition in Clinical Practice</i> , 2003, 18, 427-433.	1.1	7
52	Impact of Body Composition on Prognosis and Dose-Limiting Toxicities on Metastatic Colorectal Cancer. <i>Frontiers in Nutrition</i> , 2021, 8, 671547.	1.6	7
53	Dairy Products: Is There an Impact on Promotion of Prostate Cancer? A Review of the Literature. <i>Frontiers in Nutrition</i> , 2019, 6, 62.	1.6	6
54	Nutritional risk and status of surgical patients; the relevance of nutrition training of medical students. <i>Nutricion Hospitalaria</i> , 2012, 27, 1086-91.	0.2	6

#	ARTICLE	IF	CITATIONS
55	The impact of nutrition on the lives of patients with digestive cancers: a position paper. Supportive Care in Cancer, 2022, 30, 7991-7996.	1.0	6
56	Nutrition Information in Oncology – Extending the Electronic Patient-Record Data Set. Journal of Medical Systems, 2020, 44, 191.	2.2	5
57	Nutrition in Cancer. Nestle Nutrition Institute Workshop Series, 2015, 82, 91-102.	1.5	4
58	Underdiagnosed and Undertreated: Obesity in the Portuguese Population. Archives of Internal Medicine, 2011, 171, 1511.	4.3	3
59	Patient-Centered Outcomes in Cancer: Nutrition Makes a Real Difference!. Current Nutrition and Food Science, 2006, 2, 193-203.	0.3	2
60	Undernutrition and nutritional supplements in Oncology: What do health professionals and caregivers know? – A pilot survey. E-SPEN Journal, 2012, 7, e46-e49.	0.5	2
61	Excessive adiposity and sedentary lifestyles are prevalent in cancer patients; a pilot study. Nutricion Hospitalaria, 2013, 28, 1468-74.	0.2	1
62	Reply to Dr. Piquet et al.'s letter. Clinical Nutrition, 2004, 23, 438.	2.3	0
63	Adjuvant Nutritional Support. Journal of Geriatric Oncology, 2012, 3, S16.	0.5	0
64	Reply to AG Longhi. American Journal of Clinical Nutrition, 2013, 98, 246-258.	2.2	0
65	Do inflammatory cytokines influence colorectal cancer wasting?. FASEB Journal, 2006, 20, A1013.	0.2	0
66	Cancer characteristics modulate the risk of cachexia. FASEB Journal, 2006, 20, A1012.	0.2	0
67	The central role of nutritional therapy in cancer: the input of an experts committee of Chinese Society of Clinical Oncology. Chinese Clinical Oncology, 2013, 2, 21.	0.4	0