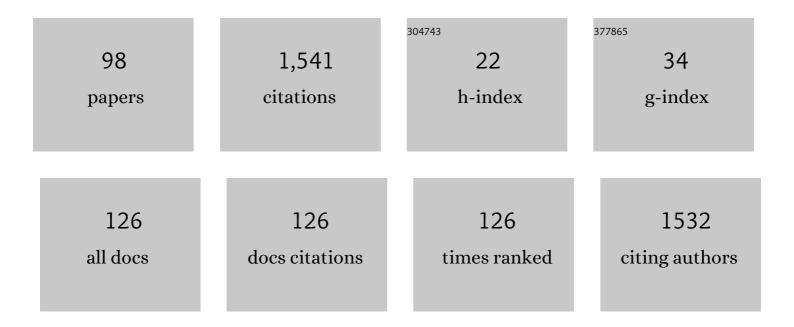
List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	The flows of compassion in adolescents as measured by the compassionate engagement and action scales. Current Psychology, 2023, 42, 7737-7751.	2.8	4
2	Adaptation of the European Portuguese Version of the Nomophobia Questionnaire for Adolescents, Factor Structure and Psychometric Properties. International Journal of Mental Health and Addiction, 2023, 21, 2795-2812.	7.4	5
3	Development and initial validation of athletes' perceptions of coach-related critical attitudes scale. Current Psychology, 2022, 41, 7512-7521.	2.8	7
4	Compassionate Coach and Psychological Quality of Life in Portuguese Athletes: Effect of Mediating Variables. Journal of Clinical Sport Psychology, 2022, 16, 182-198.	1.0	5
5	The compassionate coach scale as perceived by the athlete: development and initial validation in Portuguese athletes. International Journal of Sport and Exercise Psychology, 2022, 20, 794-812.	2.1	8
6	The emotional impact of the Covid-19 pandemic in women facing infertility. Psychology, Health and Medicine, 2022, 27, 389-395.	2.4	4
7	Which self-compassion components mediate the relationship between adverse experiences in childhood and borderline features in adolescents?. European Journal of Developmental Psychology, 2022, 19, 847-868.	1.8	3
8	Challenges, burden and emotional impact on Portuguese athletes during COVID-19 pandemic. Cuadernos De Psicologia Del Deporte, 2022, 22, 44-56.	0.4	3
9	Experiential avoidance, uncompassionate selfâ€responding, and peritraumatic depersonalization/derealization: A novel mediation model for warâ€related PTSD symptomatology. Journal of Clinical Psychology, 2022, 78, 1074-1092.	1.9	2
10	Nurturing compassion in schools: A randomized controlled trial of the effectiveness of a Compassionate Mind Training program for teachers. PLoS ONE, 2022, 17, e0263480.	2.5	15
11	Trajectories of borderline features in adolescents: A three-wave longitudinal study testing the effect of gender and self-disgust over 12Âmonths. Personality and Individual Differences, 2022, 191, 111577.	2.9	2
12	Validação da versão portuguesa da Social-Emotional Expertise Scale. Revista Portuguesa De Investigação Comportamental E Social, 2022, 8, .	0.1	0
13	PLAYwithHEART. Psychologica, 2022, 64, 65-86.	0.6	1
14	Assessing teacher-related experiential avoidance: Factor structure and psychometric properties of the Teachers Acceptance and Action Questionnaire (TAAQ-PT). International Journal of School and Educational Psychology, 2021, 9, S132-S141.	1.6	1
15	Socioeconomic inequalities in children's healthâ€related quality of life according to weight status. American Journal of Human Biology, 2021, 33, e23453.	1.6	9
16	Measuring Shame in Adolescents: Validation Studies of the External and Internal Shame Scale in a Community Sample. Child and Youth Care Forum, 2021, 50, 971-989.	1.6	6
17	Desenvolvimento de uma versão exploratória do Questionário de Atitudes em Relação à População em Situação de Sem-Abrigo: Estudo da estrutura fatorial e caracterÃsticas psicométricas. Revista Portuguesa De Investigação Comportamental E Social, 2021, 7, .	0.1	Ο
18	Infertility-related stress and depressive symptoms – the role of experiential avoidance: a cross-sectional study. Journal of Reproductive and Infant Psychology, 2020, 38, 139-150.	1.8	14

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19	Children mental health after the 2008 global economic crisis: Assessing the impact of austerity in Portugal. Children and Youth Services Review, 2020, 118, 105332.	1.9	2
20	Validation of the Borderline Personality Features Scale for Children (BPFS-C) and for Parents (BPFS-P) for the Portuguese Population. Journal of Child and Family Studies, 2020, 29, 3265-3275.	1.3	7
21	Assessing psychological inflexibility in infertility: The development and validation study of the Psychological Inflexibility Scale – Infertility (PIS-I). Journal of Contextual Behavioral Science, 2020, 18, 239-246.	2.6	4
22	Assessing Nomophobia: Validation Study of the European Portuguese Version of the Nomophobia Questionnaire. Community Mental Health Journal, 2020, 56, 1521-1530.	2.0	22
23	Self-reported symptoms of depression, anxiety and stress in Portuguese primary school-aged children. BMC Psychiatry, 2020, 20, 87.	2.6	7
24	InventÃįrio Obsessivo de Coimbra – versão reduzida (IOC-R). Psychologica, 2020, 63, 101-118.	0.6	0
25	Validation of the Risk-Taking and Self-Harm Inventory for Adolescents in a Portuguese Community Sample. Measurement and Evaluation in Counseling and Development, 2019, 52, 1-14.	2.3	4
26	Association study of variants in genes FTO, SLC6A4, DRD2, BDNF and GHRL with binge eating disorder (BED) in Portuguese women. Psychiatry Research, 2019, 273, 309-311.	3.3	14
27	A 7â€year followâ€up study of the Mindfulnessâ€Based Program for Infertility: Are there longâ€ŧerm effects?. Clinical Psychology and Psychotherapy, 2019, 26, 409-417.	2.7	10
28	The role of self-disgust in eating psychopathology in overweight and obesity: Can self-compassion be useful?. Journal of Health Psychology, 2019, 24, 1807-1816.	2.3	18
29	Processes of change in quality of life, weight self-stigma, body mass index and emotional eating after an acceptance-, mindfulness- and compassion-based group intervention (Kg-Free) for women with overweight and obesity. Journal of Health Psychology, 2019, 24, 1056-1069.	2.3	57
30	Incorporating psychoeducation, mindfulness and self-compassion in a new programme for binge eating (BEfree): Exploring processes of change. Journal of Health Psychology, 2019, 24, 466-479.	2.3	28
31	How Does the Mindfulness-Based Program for Infertility (MBPI) Work in Reducing Depressive Symptoms?. Mindfulness, 2018, 9, 629-635.	2.8	6
32	Development of a measure for the assessment of peerâ€related positive emotional memories. Psychology and Psychotherapy: Theory, Research and Practice, 2018, 91, 79-94.	2.5	6
33	Daily Peer Hassles and Non-Suicidal Self-Injury in Adolescence: Gender Differences in Avoidance-Focused Emotion Regulation Processes. Journal of Child and Family Studies, 2018, 27, 59-68.	1.3	18
34	The weight of weight self-stigma in unhealthy eating behaviours: the mediator role of weight-related experiential avoidance. Eating and Weight Disorders, 2018, 23, 785-796.	2.5	19
35	Model comparison and structural invariance of the Peritraumatic Dissociative Experiences Questionnaire in Portuguese colonial war veterans Traumatology, 2018, 24, 62-72.	2.4	2
36	Exploring the efficacy of an acceptance, mindfulness & compassionate-based group intervention for women struggling with their weight (Kg-Free): A randomized controlled trial. Appetite, 2017, 112, 107-116.	3.7	95

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#	Article	IF	CITATIONS
37	Finding the link between internalized weight-stigma and binge eating behaviors in Portuguese adult women with overweight and obesity: The mediator role of self-criticism and self-reassurance. Eating Behaviors, 2017, 26, 50-54.	2.0	22
38	BEfree: A new psychological program for binge eating that integrates psychoeducation, mindfulness, and compassion. Clinical Psychology and Psychotherapy, 2017, 24, 1090-1098.	2.7	33
39	Longitudinal Pathways for the Maintenance of Non-Suicidal Self-Injury in Adolescence: The Pernicious Blend of Depressive Symptoms and Self-Criticism. Child and Youth Care Forum, 2017, 46, 841-856.	1.6	12
40	Psychological Flexibility and Self-Compassion in Gay and Heterosexual Men: How They Relate to Childhood Memories, Shame, and Depressive Symptoms. Journal of LGBT Issues in Counseling, 2017, 11, 88-105.	1.0	34
41	Self-compassion, Well-being and Health in Elderly: Are there Related?. European Psychiatry, 2017, 41, S648-S648.	0.2	2
42	Assessment of test anxiety in Portuguese adolescents: Psychometric properties of the Cognitive Test Anxiety Revised. European Psychiatry, 2017, 41, S434-S434.	0.2	1
43	Validation of the delusional ideation inventory for the Portuguese population. European Psychiatry, 2017, 41, s809-s809.	0.2	0
44	Assessing Obsessive-compulsive Symptoms: The Portuguese Version of the Padua Inventory. European Psychiatry, 2017, 41, S70-S70.	0.2	0
45	Compassionate Attributes and Action Scale for adolescents: Adaptation and validation. European Psychiatry, 2017, 41, S434-S434.	0.2	3
46	Sperm donation and surrogacy from a male perspective. European Psychiatry, 2017, 41, s848-s848.	0.2	0
47	Assessing Discomfort and Avoidance of Social Situations Due to Weight and Physical Appearance in Adolescents: An Exploratory Factor Analysis of a New Measure. European Psychiatry, 2017, 41, S126-S126.	0.2	0
48	Assessing positive emotional memories with peers: The Early Memories of Warmth and Safeness with Peers Scale for adolescents. Journal of Adolescence, 2017, 54, 73-81.	2.4	4
49	Avaliação da Vergonha em Adolescentes: â€~The Other as Shamer Scale'. Psicologia: Teoria E Pesquisa, 2017, 33, .	0.1	7
50	Avaliação do impacto de acontecimentos traumáticos na adolescência: validação da Impact of Event Scale-Revised. Estudos De Psicologia (Campinas), 2017, 34, 249-260.	0.8	2
51	SURROGACY FOR INFERTILITY: PSYCHOLOGICAL ASPECTS - A REVIEW OF THE LITERATURE. Psicologia, Saúde & Doenças, 2017, 18, 248-262.	0.1	1
52	The infertility trap: how defeat and entrapment affect depressive symptoms. Human Reproduction, 2016, 31, dev311.	0.9	17
53	MindfulSpot: A mindfulness mobile app for people dealing with infertility. European Psychiatry, 2016, 33, S609-S610.	0.2	1
54	A longitudinal approach to the contribution of trauma and external shame on depressive symptoms in adolescence. European Psychiatry, 2016, 33, S129-S130.	0.2	1

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55	Experiential avoidance, self-compassion, self-judgment and coping styles in infertility. Sexual and Reproductive Healthcare, 2016, 10, 41-47.	1.2	30
56	The Protective Role of Self-Compassion on Risk Factors for Non-suicidal Self-Injury in Adolescence. School Mental Health, 2016, 8, 476-485.	2.1	48
57	Self-Criticism and Depressive Symptoms Mediate the Relationship Between Emotional Experiences With Family and Peers and Self-Injury in Adolescence. Journal of Psychology: Interdisciplinary and Applied, 2016, 150, 1046-1061.	1.6	16
58	Rumination in Adolescence: the Distinctive Impact of Brooding and Reflection on Psychopathology. Spanish Journal of Psychology, 2016, 19, E37.	2.1	14
59	The role of weight self-stigma on the quality of life of women with overweight and obesity: A multi-group comparison between binge eaters and non-binge eaters. Appetite, 2016, 105, 782-789.	3.7	41
60	What Young Adults Know About The Factors That Affect Fertility?. European Psychiatry, 2016, 33, S435-S435.	0.2	1
61	Acceptability and Feasibility of the Mindfulness Based Program for Infertility (PBMI). European Psychiatry, 2016, 33, S519-S519.	0.2	3
62	Non-suicidal Self-Injury in Adolescence: The Role of Shame, Self-Criticism and Fear of Self-Compassion. Child and Youth Care Forum, 2016, 45, 571-586.	1.6	60
63	New developments in the assessment of weight-related experiential avoidance (AAQW-Revised). Journal of Contextual Behavioral Science, 2016, 5, 193-200.	2.6	27
64	Assessing Early Memories of Threat and Subordination: Confirmatory Factor Analysis of the Early Life Experiences Scale for Adolescents. Journal of Child and Family Studies, 2016, 25, 54-64.	1.3	8
65	The Indirect Effect of Early Experiences on Deliberate Self-Harm in Adolescence: Mediation by Negative Emotional States and Moderation by Daily Peer Hassles. Journal of Child and Family Studies, 2016, 25, 1451-1460.	1.3	10
66	Understanding self-compassion in adolescents: Validation study of the Self-Compassion Scale. Personality and Individual Differences, 2016, 93, 56-62.	2.9	69
67	Portuguese version of the PTSD Checklist-Military Version (PCL-M) - II: diagnostic utility. Revista Brasileira De Psiquiatria, 2015, 37, 55-62.	1.7	4
68	Autolesión deliberada en la adolescencia: el impacto de experiencias en la niñez, el afecto negativo y los temores de la compasión. Revista De Psicopatologia Y Psicologia Clinica, 2015, 1, .	0.2	13
69	Portuguese version of the PTSD Checklist-Military Version (PCL-M)-I: Confirmatory Factor Analysis and reliability. Psychiatry Research, 2015, 226, 53-60.	3.3	5
70	Development of the Combat Distress Scale of the Combat Experiences Questionnaire (CEQ). Journal of Affective Disorders, 2015, 174, 602-610.	4.1	1
71	Psychometric properties of the Portuguese version of the Acceptance and Action Questionnaire–Trauma Specific (AAQ-TS): A study with Portuguese Colonial War Veterans. Journal of Affective Disorders, 2015, 185, 81-89.	4.1	8
72	O impacto das memórias de vergonha na adolescência: A escala de Centralidade do Acontecimento (CES). Analise Psicologica, 2015, 33, 425-438.	0.2	2

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73	Evaluating social fears in late adolescence: Study with a Portuguese sample. European Journal of Developmental Psychology, 2014, 11, 373-385.	1.8	7
74	Development of Exposure to Combat Severity Scale of the Combat Experiences Questionnaire (CEQ). Journal of Anxiety Disorders, 2014, 28, 938-946.	3.2	4
75	EPA-1700 – The role of childhood positive memories, mindfulness, and hope, in emotional states in adolescence. European Psychiatry, 2014, 29, 1.	0.2	1
76	EPA-1703 – Hope and well-being in the elderly. European Psychiatry, 2014, 29, 1.	0.2	0
77	Versão portuguesa da escala de auto-avaliação retrospectiva da inibição comportamental: Estudo psicométrico da RSRI numa amostra de adolescentes da comunidade. Psicologia, 2014, 24, 97.	0.3	0
78	The Mediator Role of Emotion Regulation Processes on Infertility-Related Stress. Journal of Clinical Psychology in Medical Settings, 2013, 20, 497-507.	1.4	51
79	Mindfulness-Based Program for Infertility: efficacy study. Fertility and Sterility, 2013, 100, 1059-1067.	1.0	78
80	1405 – Early memories of positive emotions and its relationships to attachment styles, self-compassion and psychopathology in adolescence. European Psychiatry, 2013, 28, 1.	0.2	23
81	Measuring selfâ€efficacy to deal with infertility: Psychometric properties and confirmatory factor analysis of the portuguese version of the infertility selfâ€efficacy scale. Research in Nursing and Health, 2013, 36, 65-74.	1.6	18
82	2164 – The role of parental rearing styles in the perception of college adolescents' anxiety symptoms. European Psychiatry, 2013, 28, 1.	0.2	0
83	1213 – Parental rearing styles, eating habits/behaviours and eating disorders symptoms, in a sample of adolescents. European Psychiatry, 2013, 28, 1.	0.2	0
84	1225 – Sex differences in eating habits/behaviours and eating disorders symptoms, in a sample of adolescents. European Psychiatry, 2013, 28, 1.	0.2	3
85	Child and adolescent mindfulness measure (CAMM): estudo das caracterÃsticas psicométricas da versão portuguesa. Psicologia: Reflexao E Critica, 2013, 26, 459-468.	0.9	30
86	Estudo das qualidades psicométricas da versão portuguesa do Avoidance and Fusion Questionnaire for Youth (AFQ-Y). Laboratâ^šâ‰¥rio De Psicologia, 2013, 9, .	0.2	7
87	Escala de PreocupaçÃues durante a Procriação Medicamente Assistida: Estudo exploratório das caracterÃsticas psicométricas da versão portuguesa. Laboratâ^ŝ≥rio De Psicologia, 2013, 10, .	0.2	0
88	Text Anxiety in Adolescents: The Role of Self-Criticism and Acceptance and Mindfulness Skills. Spanish Journal of Psychology, 2012, 15, 533-543.	2.1	47
89	Protective emotional regulation processes towards adjustment in infertile patients. Human Fertility, 2012, 15, 27-34.	1.7	28
90	Psychological aspects in couples with infertility. Sexologies, 2011, 20, 224-228.	0.8	48

#	Article	IF	CITATIONS
91	Aspects psychologiques des couples infertiles. Sexologies, 2011, 20, 255-260.	0.8	4
92	The impact of shame and self-judgment on psychopathology in infertile patients. Human Reproduction, 2011, 26, 2408-2414.	0.9	70
93	Social Fears in Adolescence. European Psychologist, 2008, 13, 197-213.	3.1	26
94	Early Maladaptive Schemas and Social Phobia. Cognitive Therapy and Research, 2006, 30, 571-584.	1.9	107
95	Assessment Of Social Phobia By Self-Report Questionnaires: The Social Interaction And Performance Anxiety And Avoidance Scale And The Social Phobia Safety Behaviours Scale. Behavioural and Cognitive Psychotherapy, 2003, 31, 291-311.	1.2	38
96	Building Compassionate Schools: Pilot Study of a Compassionate Mind Training Intervention to Promote Teachers' Well-being. Mindfulness, 0, , 1.	2.8	11
97	Assessing Psychological Inflexibility in Adolescents: A Validation Study of the Portuguese Short Version of the Avoidance and Fusion Questionnaire for Youth. Child and Youth Care Forum, 0, , 1.	1.6	1
98	How athletes' perception of coach-related critical attitudes affect their mental health? The role of self-criticism. Current Psychology, 0, , 1.	2.8	0